BEST FOR SPORT, SKY & STREAMING

MORE CHANNELS THAN ANY OTHER TV MAG!

10-16 MAY 2025

TV & Satellite week

LAST ONE
ANDOR
It's the shocking, explosive finale!

TV TO GET EXCITED ABOUT!

NEW

MURDERBOT

Alexander Skarsgård is a rebellious robot in a sci-fi action comedy

NEW
THE GAME
Robson Green and **Jason Watkins** star in a serial-killer thriller

HotList This week's 28

Saturday 10

Challenge Cup semi-final

RUGBY LEAGUE *BBC 1, kick-off 2.30pm*

The road to Wembley continues, with Hull KR and Catalans Dragons first up to fight for a place in next month's final. Warrington Wolves v Leigh Leopards follows tomorrow (BBC2, k-o 4.15pm).

Premier League

FOOTBALL *Sky Sports Main Event & Sky Sports Premier League, kick-off 5.30pm*

Qualification for Europe will be the focus today as Aston Villa visit Bournemouth knowing that the top five are guaranteed a Champions League slot next season.

Doctor Who

SCI-FI *BBC 1, 7.10pm*

In Lagos, Nigeria, The Barber (Ariyon Bakare) reigns supreme. But the Doctor and Belinda also discover a dangerous entity known as the Spider spinning a deadly web of revenge... *See feature, p12*

The Handmaid's Tale

DRAMA *C4, 9pm; & Prime Video*

As the final season of the dystopian drama continues, Serena plans her next move, June is reunited with her mother, and Luke takes a risk to try to rescue Hannah. *See feature, page 7*

Full listings start on **p35**

Sunday 11

Long Bright River

CRIME DRAMA *Channel 4 Streaming*

Amanda Seyfried stars in this eight-part thriller as a Philadelphia police officer, Mickey, who realises her past may have links to a series of murders in her neighbourhood. *See feature, page 11*

BAFTA Television Awards

AWARDS *BBC 1, 7pm*

Actor Alan Cumming takes on hosting duties for the first time at the awards held at London's Royal Festival Hall. Nominees include *Baby Reindeer* and *Mr Bates Vs The Post Office*. *See feature, page 6*

Elaine Paige: 60 Years on Stage

FACTUAL *BBC4, 7.50pm*

The musical-theatre legend talks to Zoe Ball about her life in show business, as part of an evening of programmes to celebrate her glittering career.

Unforgotten: The Bradford City Fire

DOCUMENTARY *BBC2, 9pm*

On the 40th anniversary of the tragedy, this special looks back at the disaster that killed 56 people during a football match. *See Documentaries, page 20*

Full listings start on **p45**

Monday 12

Haaland Conquers England

DOCUMENTARY *Viaplay*

Man City's Erling Haaland (above) tells football legend Jan Mølby about his impact on the Premier League. Also available today is sister documentary *Haaland – Breaking Ground*. *See Your Watchlist, p16*

Inside Our ADHD Minds

DOCUMENTARY *BBC2, 9pm (box set, BBC iPlayer)*

In a two-parter on ADHD and – next week – dyslexia, Chris Packham (above) meets people who open up about their neurodiversity. *See Documentaries, p21*

The Game

THRILLER *5, 9pm*

Robson Green and Jason Watkins star in this thriller about a retired detective who believes that his neighbour is the killer he couldn't catch. Continues to Thursday. *See feature, page 8*

Elsbeth

CRIME DRAMA *Sky Witness, 9pm*

The return of the *Good Wife* spin-off series starring Carrie Preston as Elsbeth Tascioni, an unconventional attorney who helps the NYPD solve murder cases. *See feature, page 12*

Full listings start on **p55**

Tuesday 13

Untold: The Liver King

DOCUMENTARY *Netflix*

The astonishing story of Brian Johnson (above) – the self-styled Liver King – who rose to fame advocating a raw-meat diet and 'ancestral living', but who was then dogged by a scandal involving steroids.

Eurovision Song Contest semi-final

MUSIC *BBC 1, 8pm*

This first semi-final features countries including previous winners Sweden (2023) and Ukraine (2022) performing as they hope to make it to 17 May's final.

Shock & Awe: Trump's Return

DOCUMENTARY *ITV 1, 9pm*

Journalist Robert Moore looks back at the first 100 days of US President Donald Trump's headline-grabbing second term in office.

Change Your Mind, Change Your Life

DOCUMENTARY *BBC 1, 10.50pm & 11.40pm (times vary) (box set, BBC iPlayer)*

Emma and Matt Willis explore how therapy is able to help navigate the challenges of modern life.

Full listings start on **p65**

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Wednesday 14

Fred and Rose West: A British Horror Story

***DOCUMENTARY** Netflix*

The horrific case of serial killers Fred and Rose West is recounted here, focusing on the victims' families and with previously unseen footage from the investigation.

25 Years of Location, Location, Location

***FACTUAL** C4, 9pm*

Kirstie Allsopp and Phil Spencer look at a quarter of a century of property-hunting. Followed by out-takes special *Kirstie & Phil: Bleeps, Bloops & Best Bits* (10pm).

David Frost Vs

***DOCUMENTARY** Sky Documentaries & Sky Showcase, 9pm (box set, Sky Box Sets & NOW)*

The new run starts with a focus on David Frost's 1977 series of interviews with ex-US President Richard Nixon.

Garbo: Where Did You Go?

***DOCUMENTARY** Sky Arts, 9pm*

Actor Noomi Rapace narrates this feature-length profile of Hollywood legend Greta Garbo (above), who retired in 1941 at the age of 36, when she was at the peak of her career.

■ Full listings start on **p75**

Thursday 15

Secrets We Keep

***THRILLER** Netflix*

Set in an affluent suburb of Copenhagen, this Danish thriller follows the mysterious disappearance of Filipino au pair Ruby. With the case low on the police's agenda, two women decide to investigate.

Overcompensating

***COMEDY** Prime Video*

Benny (Benito Skinner) is a former American football player who is keeping his sexuality a secret. Can a new friend – the outsider Carmen (Wally Baram) – help guide him through life's struggles?

PGA Championship

***GOLF** Sky Sports Main Event & Sky Sports Golf, from 1pm*

The second Major of the year tees off in North Carolina, and all eyes are sure to be on Masters champ Rory McIlroy (above). Continues tomorrow. *See Sport Week, p28*

Eurovision Song Contest semi-final

***MUSIC** BBC 1, 8pm*

Nations including Ireland and Australia compete tonight, while the UK's hope, Remember Monday (above), showcase their entry, *What the Hell Just Happened?*

■ Full listings start on **p85**

Friday 16

Murderbot

***SCI-FI** Apple TV+*

Alexander Skarsgård (above) stars in this sci-fi action comedy as a cyborg with the ability for free thought who is disgusted by the weakness of humans and dubs itself 'Murderbot'. *See feature, page 4*

Welcome to Wrexham

***DOCUMENTARY** Disney+*

As the docuseries returns, the 2024-25 season kicks off with Wrexham in League One, having secured back-to-back promotions – and the Championship is in their sights... *See Your Watchlist, page 14*

Deaf President Now!

***DOCUMENTARY** Apple TV+*

The story of the greatest civil-rights movement most people have never heard of: when students at Washington's Gallaudet University for the deaf protested after a hearing president was appointed.

Beetlejuice Beetlejuice

***FANTASY COMEDY** Sky Premiere, 12.25pm & 8pm*

Michael Keaton (above) reprises his role as creepy ghoul Betelgeuse, who again sets his sights on Lydia (Winona Ryder), in this spirited sequel. *See review, page 22*

■ Full listings start on **p95**

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PARANOID ANDROID

Alexander Skarsgård stars as an anxious robot hired to protect a group of space scientists...

NEW SCI-FI

Murderbot

From Fri 16 May, Apple TV+ (first two eps from Fri 16 May, then weekly)

It may have a sinister-sounding name, but there's nothing to fear from Alexander Skarsgård's tough-looking cyborg Murderbot in Apple TV+'s action-packed sci-fi comedy.

Based on the novels by Martha Wells, the 10-part series is set in the distant future when humans have colonised the solar system and interstellar travel is common. It's a time where cyborgs are used for all kinds of tasks, including security, construction and moving cargo.

But when a security cyborg – or SecUnit – manages to secretly override a piece of programming that ensures it obeys orders, a whole new world opens up to the bot…

Calling itself Murderbot, the android is acutely aware of what will happen if its freedom is revealed, so it decides to hide its free will as it tries to navigate the human world.

However, when it's sent off on a mission with a group of 'hippy scientists', it's horrified to find itself drawn into the emotional labyrinth of the human condition.

'Murderbot just doesn't get humans at all – humans are idiots,' explains *Succession* and *Big Little Lies* star Skarsgård, 48. 'It's not a deep hatred, it's just zero curiosity. It's kind of appalled by humans and wants to get away from them.

'It's been treated horribly by all its clients up until this moment. But then it ends up on this weird planet with this weird group of humans that are outside the corporate system. They don't believe in indentured servitude; they want to talk to Murderbot and invite Murderbot in, instead of storing it in the tool shed, like other clients have done. And that freaks Murderbot out.'

The scientists in question are part of the Preservation Alliance, who hail from an independent group of planets with an ethos of consensus, egalitarianism and respect.

The Preservation Alliance team

BENEATH THE SURFACE

In this week's opening double bill, the team is tasked with a mining survey on a planet in the Corporation Rim, governed by a loose association of companies that don't share their idealistic beliefs. The Corporation Rim insists the group take a SecUnit along for their protection and when they select Murderbot, it's not long before they notice some unusual behaviour.

'*Murderbot* is a story of social anxiety hidden, like a Trojan Horse, inside an action-packed sci-fi show,' explains Skarsgård. 'We've all been in situations where there's a high level of anxiety and you want to extract yourself but you don't know how.

'Ironically, I found Murderbot more relatable than most characters I've ever played. It's a show about social awkwardness, or just trying to figure out how to fit into a group.'

Despite its menacing moniker, the rogue cyborg is actually very good at its job but would rather spend its free time slacking off and watching a sci-fi soap opera, *The Rise & Fall of Sanctuary Moon*.

'Murderbot tries to not engage with the humans, or as little as possible,' says Skarsgård. 'But they're working so hard to connect with Murderbot and are starting to chip away at its armour, in a way where it's slowly starting to care about them – which it finds disgusting!'

The survey team's leader, Dr Mensah (Noma Dumezweni), is the first to reach out to Murderbot after the team is attacked by a fearsome monster. She notices the SecUnit showing empathy when colleague Professor Bharadwaj (Tamara Podemski) is badly injured and the incident starts a discussion among the team about whether their robot companion is malfunctioning.

For the show's creators, brothers Chris and Paul Weitz, this uneasy balance between human and cyborg is a central part of the show.

'I'm often quite socially anxious and shy,' says Chris. 'So Murderbot as a character appeals to me. As do the characters of the Preservation Alliance team because they remind me a lot of friends of mine. There is a gentle satire directed at these space hippies that I found really amusing, but they're good people and lovable.

'This is a story of people who care about one another. It was great to be able to depict that, especially in science fiction where often things are so serious, grim and dreary.'

WHO'S WHO IN *MURDERBOT*

Dr Mensah
Noma Dumezweni
The leader of the survey team is initially reluctant to hire Murderbot, as she's against enslavement.

Dr Gurathin
David Dastmalchian
The augmented human has implants that allow him to interface with data systems.

Pin-Lee
Sabrina Wu
The survey team's lawyer has concerns about Murderbot and wonders whether they can turn it off.

Ratthi
Akshay Khanna
The scientist is an expert on wormhole travel and has a romantic attraction to Pin-Lee.

Arada
Tattiawna Jones
Saved from death by Murderbot, the biologist is married to Pin-Lee, but has a crush on Ratthi.

Professor Bharadwaj
Tamara Podemski
The team's geo-chemist is attacked by a fearsome monster in the opening episode.

WORDS: SEAN MARLAND. PHOTOS: APPLE TV+

Murderbot
Alexander Skarsgård
The cyborg finds a way to override its programming before being hired by the Preservation Alliance's survey team.

BEST OF BRITISH

Alan Cumming hosts this year's star-studded TV BAFTAs...

NEW AWARDS

BAFTA Television Awards

Sunday, 7pm, BBC1

With a host of top shows including *Mr Bates Vs The Post Office*, *One Day*, *Baby Reindeer* and *Rivals*, 2024 was a brilliant year for TV.

This year's BAFTA Television Awards celebrates the best of the best, with actor and *The Traitors US* star Alan Cumming hosting the event for the first time from London's Royal Festival Hall.

Here, Cumming, 60, tells *TV&Satellite Week* more about his hopes for the big night…

This is your first time hosting the TV BAFTAs. Are you excited or nervous? Both! Initially you think, 'Oh, that's so fun, what an honour,' then you realise it's with a crowd of people who are all your peers. But it's like throwing a party, and I like having gatherings and making people feel relaxed.

Are you planning a few outfit changes? I'll be wearing a few different looks, and there will be a nod to *The Traitors* at some point!

The UK version of *The Traitors* is up for three awards, but is it true the BAFTAs will be the first time you'll meet its host Claudia Winkleman? Yes, isn't it nuts? I feel like we might be the same person – you never see us in the same room. Maybe they just put lots of fake tan and a big wig on me and I am actually Claudia…

Will you be rooting for fellow Scot Richard Gadd, who's up for the Leading Actor award for *Baby Reindeer*? I'm excited to see Richard again. We were both at the Emmys – we were both in kilts, and between us, we won five awards. It was a good night for Scotland!

WORDS: HANNAH DAVIES, REBECCA MAHONEY, CHLOE THOMAS-EVANS. PHOTOS: ADOBE STOCK, BAFTA/RACHELL SMITH, BBC, ©2025 DISNEY & ITS RELATED ENTITIES, ITV, NETFLIX, C4, PRIME VIDEO

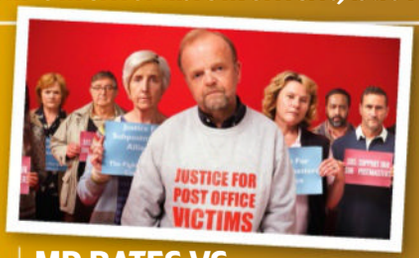
MAGIC MOMENTS *The public voted for this year's Memorable Moment, but which will be victorious?*

BRIDGERTON Netflix

Fans of the Regency drama got the romance they wanted as Colin Bridgerton confessed his true feelings to Penelope Featherington. Rushing to Penelope's carriage, Colin begged her to tell him that she hadn't accepted a proposal from Lord Debling. She hadn't, and they shared a passionate kiss...

GAVIN & STACEY: THE FINALE BBC1

In a tear-jerking wedding scene, Smithy is having second thoughts about marrying Sonia. As his family and friends stand up one by one to show they think the marriage is a bad idea, Smithy turns to Mick, who is the only one still sitting. Mick stands up – and the wedding's off...



MR BATES VS THE POST OFFICE ITV1

In the gut-wrenching drama about the Post Office scandal, sub-postmistress Jo Hamilton called a helpline – only to look on in horror as her shortfall doubles before her eyes as she is told that she's responsible for the £36,000 loss.

RIVALS Disney+

This racy adaptation of Dame Jilly Cooper's risqué novel wasn't short of saucy moments – not least Tory MP Rupert and wannabe TV presenter Sarah playing tennis naked before being interrupted by a mortified Taggie. As Rupert so succinctly put it, 'Don't be shy, darling.'

'I'll be wearing a few different looks – there'll be a nod to *The Traitors*!'
ALAN CUMMING

STRICTLY COME DANCING BBC1

Comedian Chris McCausland made history as the first blind contestant and wowed the nation when he performed a graceful waltz with dance partner Dianne Buswell to *You'll Never Walk Alone*. The pair went on to win the famous Glitterball trophy.

THE TRAITORS BBC1

Viewers of the hit reality show were gobsmacked when contestant Diane Carson revealed that one of her fellow Faithfuls was her son. In a dramatic montage, Diane denied being related to Paul before confessing, 'Paul isn't my son... but Ross is!'

Healing power

Will Serena find peace at a religious refuge?

June helps new mother Serena

DRAMA

The Handmaid's Tale

Saturday, 9pm, C4; & Prime Video

After leaping from a train to escape a vengeful mob in last week's opener to the final season of *The Handmaid's Tale*, Serena Joy Waterford appears to have landed well and truly on her feet.

This week, the once-powerful figure in Gilead miraculously finds shelter at a remote settlement for women and children in a place called Canaan, where she and her baby boy, Noah, are welcomed with open arms. Going by the name of Rachel, Serena, played by Yvonne Strahovski, finds a chance to rediscover herself in this faith-based community built on empathy and care.

SPLIT LOYALTIES

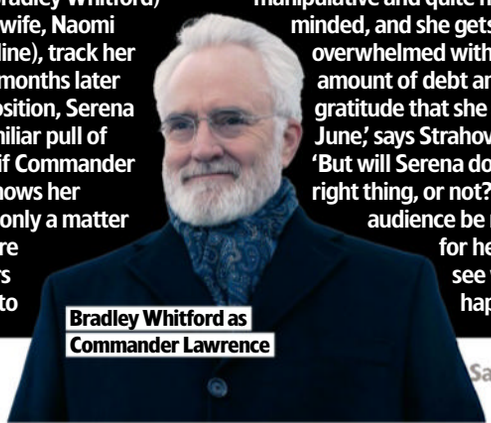
But when Commander Joseph Lawrence (Bradley Whitford) and his new wife, Naomi (Ever Carradine), track her down a few months later with a proposition, Serena feels the familiar pull of Gilead. And if Commander Lawrence knows her location, it's only a matter of time before the Wheelers – who tried to steal Noah – will do, too.

Believing her calling is to 'heal the world', does Serena have any other choice but to accept Commander Lawrence's offer and lead his reformist community called New Bethlehem?

'Viewers enjoyed hating Serena to begin with,' says Strahovski, 42. 'She's made a lot of bad choices in her life, but she's also tried to make better ones. For better or worse, she makes choices based on the need to survive. That's been her ebb and flow, and it's an amazing reflection of humanity and how complex life can be.'

Serena knows that she and Noah owe their lives to June (Elisabeth Moss), who not only delivered her baby but also helped her escape from the train. But how will June react when she sees Serena back in the spotlight as the face of New Bethlehem?

'Serena is somewhat narcissistic, manipulative and quite narrow-minded, and she gets overwhelmed with the amount of debt and gratitude that she owes June,' says Strahovski. 'But will Serena do the right thing, or not? Will the audience be rooting for her? We'll see what happens...'



Bradley Whitford as Commander Lawrence

Patrick Harbottle
Robson Green
Patrick arouses Huw's suspicions, and the newcomer enjoys teasing him psychologically – but is he really the killer?

Suspicious minds

Robson Green and Jason Watkins star in a cat-and-mouse thriller about a notorious killer

NEW THRILLER
The Game
Monday-Thursday, 9pm, 5

A retired detective suspects his new neighbour is a serial killer he failed to catch in 5's latest psychological thriller *The Game*.

Airing over consecutive nights this week, the four-parter follows former DI Huw Miller (Jason Watkins), who can't settle into retirement because he remains haunted by the memories of a case he couldn't solve – that of a murderer dubbed The Ripton Stalker, who toyed with his victims before killing them.

When the enigmatic Patrick Harbottle (Robson Green) moves into a house on his street following the previous occupier's apparent suicide, Huw is startled when Patrick utters the phrase, 'Catch you later' – the sinister sign-off that the killer used to taunt Huw.

Huw is confident he's got his man, and as an intense game of psychological chess ensues, will the former cop finally be able to bring down his most-feared opponent?

Here, Watkins and Green, give us the low-down…

Robson Green and Jason Watkins as Patrick and Huw

Amber James as DS Jenny Atkins

What headspace is Huw in as *The Game* begins?

Watkins Huw's retiring from the police force as a senior detective but he leaves with one unsolved case of this serial killer, The Ripton Stalker – a case in which he was blamed for messing up. While he's looking forward to not working, his retirement and reputation are tainted by the knowledge that he's not solved this particular case. And that's bugging him.

How does Patrick come into the story? And what's the dynamic like between him and Huw?

Green When Patrick moves into the house that was once occupied by a man who died

WORDS: ALISON SLADE, VICTORIA WILSON. PHOTOS: 5, BBC, ITV

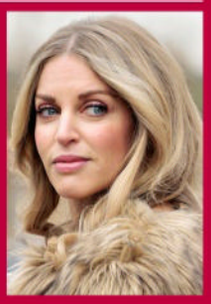
WHO'S WHO IN *THE GAME*

Alice Miller
Sunetra Sarker
Huw's wife watched The Ripton Stalker case drive her husband to a mental breakdown, and she won't let it happen again.

DS Jenny Atkins
Amber James
Huw was ostracised by his team over his handling of the case, but Jenny knows he's a good detective.

Paul Oakley
Scott Karim
With the entire street seemingly enamoured by captivating new neighbour Patrick, will Huw's friend Paul fall for his charms?

Liz Maguire
Amy Huberman
Despite being happily married, party girl Liz finds newcomer Patrick very 'easy on the eye'.



Huw Miller
Jason Watkins
The retired detective is haunted by the one case that he failed to solve – and suspects new neighbour Patrick is the killer.

in suspicious circumstances, this immediately sets alarm bells ringing for Huw. Over time, Patrick befriends the locals, but he likes playing mind games and enjoys the fact that Huw's been haunted by this case.

Robson, did you enjoy playing someone as cunning as Patrick?
Green It was a lovely role for me to play. Patrick recognises that Huw lives for the hunt. He knows Huw doesn't want the secure life at home; he wants to be doing what he's good at, and that's being a brilliant cop. So it's almost like Patrick's saying to Huw: 'You don't want to be doing this, you want to be going after me. So come on, let's play the game…'

***The Game* was actually filmed in Spain. What was that like?**
Watkins It was a lovely place to film. We had warm weather, but I don't think I ever got to see the sun because we were filming such long days. We managed to find a location that could work as a suburban, modern housing estate, and the art team worked hard to ensure it looked suitably British.

Have you two ever worked together before?
Green We both starred in the third series of BBC3's *Being Human*, in which I played a werewolf and Jason was a vampire leader.
Watkins That's right. I actually found one of my vampire teeth yesterday while sorting out my loft!

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Outed: Will Kathy and Harvey now become official?

EASTENDERS

Kathy and Harvey's affair is exposed… by Cindy

» **The Slaters are** forced to ditch their plans for a holiday when a camper van they were hoping to borrow is no longer available. But for Harvey, there are bigger problems to deal with when, out of the blue, Jean proposes.

The shell-shocked cabby fails to give his partner an answer, and she flees in tears and confides in Kathy, whom Harvey is having an affair with. Later, when he tries to apologise to Jean for upsetting her, the gran mistakes his words for an acceptance.

In a right two and eight, Harvey heads out to see his lover, but as he and Kathy share a kiss, Cindy spots them and records the intimate moment. She then gatecrashes a 'welcome home' do at The Vic for Peter and Lauren's new baby – at which George and Elaine have asked Jean and Harvey to officially announce their news – and, angry at being shunned by her family, she plays the footage for all to see.

Cindy catches the couple kissing

Understandably, Jean is reeling. Will Harvey admit that Kathy is the woman he loves?

» **PLUS** Ravi's gunning for Joel after discovering he slept with Avani, Linda urges Phil to build bridges with Sharon, Harry's upset after misreading Gina's signals, and Stacey and Lily finally make amends.

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ALSO IN THE SOAPS THIS WEEK…

CORONATION STREET

» Kit's history with Mick is revealed (above), Lauren has a confession for Bobby, Eileen gets news about Julie's post-mortem results, Carla makes Glenda manager of the Rovers, and Debbie struggles with her dementia secret.

EMMERDALE

» Ross discovers he has a half-brother called Lewis (above), John's revenge for Mackenzie puts Harry in serious danger, a slurry leak causes danger, Liam moves into The Woolpack with Chas, and newly single Ryan is urged to play the field.

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TVSAT06/05/25q

NEW FROM 4

Streets of Philadelphia

Amanda Seyfried is a cop searching for her drug-addict sister

NEW CRIME DRAMA

Long Bright River

From Sunday 11 May, Channel 4 Streaming

Mickey (left) goes looking for a killer

Known for bubbly roles in *Mean Girls* and *Mamma Mia!*, Amanda Seyfried won a new army of fans with her Emmy-winning performance as real-life tech fraudster Elizabeth Holmes in 2022's *The Dropout*.

Now, the 39-year-old star is diving into much darker territory with a gritty crime thriller that's being hailed as the next *Mare of Easttown*.

Adapted from Liz Moore's 2020 novel, eight-parter *Long Bright River* – which is also due to air weekly on C4 from next week – follows Mickey Fitzpatrick (Seyfried), a tenacious, compassionate beat cop who patrols the blue-collar, high-crime Philadelphia neighbourhood of Kensington, which is grappling with the opioid crisis.

In the first episode, Mickey is called to the scene of an overdose death, which she determines as suspicious. But when multiple sex workers mysteriously turn up dead, she senses a sinister pattern and immediately worries for her drug-addict sister, Kacey (Ashleigh Cummings), who has gone missing. Is a serial killer targeting Kensington's most vulnerable?

JUGGLING ACT

'I always wanted to play a cop, and bringing it home to Philly was really attractive,' says Seyfried, who grew up in Allentown, in eastern Pennsylvania. 'This is not really a cop show; it's about family, human beings and trauma. Mickey has a lot of issues. She's a cop, she has a kid, she's a single mother, and she's trying to get by. It seems like chaos for her.'

Mickey is also newly partnered up with inexperienced officer Eddie Lafferty (Dash Mihok), while flashbacks reveal her tight bond with her ex-police partner and mentor Truman Dawes (Nicholas Pinnock), who she turns to for help with the investigation.

The series was filmed mainly in Brooklyn, but to ensure an authentic portrayal of the effects of the opioid crisis and of the Kensington community, producers consulted with local residents and cast actors from the area.

'We wanted to do this right,' says Seyfried. 'These aren't just stories, they're reflections of real lives. Show me someone who hasn't got a relationship to addiction. It tears people apart. We need to learn what people suffering from substance-use disorder really need, not what we think they need. It's a disease. It's godawful, but you can also recover.'

Amanda Seyfried as Mickey

WORDS: REBECCA MAHONEY PHOTOS: C4, PEACOCK

Look Who's Back...

A familiar face appearing in a new show this week

Elaine Paige

NEW **Elaine Paige: 60 Years on Stage**

Sunday, 7.50pm, BBC4

Born in Hertfordshire in 1948, singer Elaine Paige is known as the 'First Lady of British Musical Theatre' thanks to her memorable stage roles as Eva Perón in *Evita* in 1978 and as Grizabella (inset) in *Cats* in 1981. She's also presented a long-running show on BBC Radio 2, had guest acting roles in *Father Brown* and *Midsomer Murders*, and hosted *The Elaine Paige Show* on Sky Arts in 2014.

HER NEW SHOW

In a special tribute programme marking her six decades in showbiz, Paige, 77, will be joining Zoe Ball to recall her favourite performances and share memories from her career, including her 1985 chart-topping hit with Barbara Dickson, *I Know Him so Well*. 'It's gone by in the blink of an eye,' reveals Paige. 'I knew from my schooldays what I wanted to do and it has never felt like work. My career has been so diverse. I've been very lucky and I've loved every minute.'

Elaine Paige

Danger awaits Belinda and the Doctor in Lagos

Blade runners

The TARDIS lands at a **mysterious Nigerian barbershop**

There's a new slate of cases for Elsbeth (Carrie Preston, centre)

Family affair

Carrie Preston locks horns with her real-life husband...

NEW CRIME DRAMA

Elsbeth

Monday, 9pm, Sky Witness

Elsbeth Tascioni proved such a fan favourite over several seasons of US drama *The Good Wife* and its sister show *The Good Fight* that it was only right that the quirky lawyer, who ends up working alongside the NYPD, was given her own dedicated spin-off.

Elsbeth returns for a second outing this week and Emmy-winning star

WORDS: STEVEN PERKINS, VICTORIA WILSON, CAREN CLARK. TESS LAMACRAFT. PHOTOS: BBC, C4, ITV, SHUTTERSTOCK, SKY, CBS, SKY, HBO

SCI-FI

Doctor Who

Saturday, 7.10pm, BBC1

An adventure steeped in the power of the spoken word awaits in this week's *Doctor Who* as the TARDIS lands in Nigeria.

After arriving in Lagos, the Doctor (Ncuti Gatwa) and Belinda (Varada Sethu) meet The Barber (Ariyon Bakare), whose shop is at the heart of the local community. But as they learn of an entity called the Spider, it's clear that all is not peaceful there.

'This was my favourite location of the season,' says Gatwa, 32. 'Lagos is where the Doctor goes to get his hair cut – which is also my favourite thing to do! Also, the TARDIS in Africa is a great thing.'

Ariyon Bakare (left) as The Barber

WORD POWER

This week's episode, *The Story & the Engine*, is written by Nigeria-born British playwright Inua Ellams, and Bakare was delighted to be part of a story that felt deeply authentic.

'What I love about this episode is its cultural depth,' says the star of *His Dark Materials*. 'It's about storytelling and the origins of stories, and the power they hold to heal, educate and inspire. The barbershop serves as a hub of conversation where these stories are shared, and Inua employs old Nigerian folk tales and creates a timeless piece that is Nigerian in essence but universal in appeal.'

NEW ROLE

This isn't Bakare's first time in the Whoniverse, as he originally appeared opposite Peter Capaldi's Twelfth Doctor in 2015, playing an alien called Leandro – but the experience of playing The Barber was very different.

'It was a wonderful surprise,' he recalls. 'I was worried they had forgotten I had been part of the franchise before, but then they remembered I was in full prosthetics as Leandro! I was delighted to step back into that world; it was an instant yes.'

Bakare, 53, grew up as a huge fan of the series, and remembers collecting *Doctor Who* cards from cereal boxes as a child.

'*Doctor Who* always stays fresh with new faces, companions and creative teams,' he says. 'But what makes the show stand out is its hopefulness about people. At its heart, it believes we can be better, and that compassion and intellect matter more than violence.'

Carrie Preston couldn't be happier.

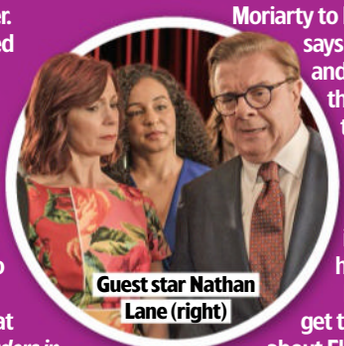
'Before, I would only get to play Elsbeth maybe once or twice a year; this time I get to play her every day – I often don't know the line between me and her. I've definitely started carrying around more tote bags,' laughs Preston.

SUSPECT

Season 2 opens with the murder of a businessman, who is found stabbed to death after a night at the opera. *Only Murders in the Building* star Nathan Lane plays an obsessed opera lover, whom Elsbeth believes was driven to murder by a ringing mobile...

Later episodes feature cameos from Tracey Ullman, Vanessa Williams and Jack Davenport, while Preston's real-life husband, *Lost*'s Michael Emerson, has a recurring role as a judge, Milton Crawford, who may be involved in murder.

'Let's think of his character as the Moriarty to Elsbeth's Sherlock,' says Preston. 'Michael and I don't talk about the show away from the set. We try to keep our work and home lives separate – not giving notes is the key to a happy marriage.'



Guest star Nathan Lane (right)

Elsewhere, fans will get to discover more about Elsbeth's private life.

'We learn exactly why Elsbeth left the legal world and went into the police department,' reveals Preston, 57. 'And after Elsbeth's son Teddy [Ben Levi Ross] is introduced later in the run, we're also going to get to know her more as a mother.'

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

NEW 25 Years of Location, Location, Location

Wednesday, 9pm, C4

Phil Spencer and Kirstie Allsopp take over C4 on Wednesday as they celebrate 25 years of their property show. They also reunite for a new series of *Location, Location, Location* (8pm), a collection of out-takes, *Kirstie & Phil: Bleeps, Bloops & Best Bits* (10pm), and a showing of the first-ever episode (10.30pm). 'We are genuinely great friends,' says Spencer. 'That's why we've done the show for so long.'

LIVE

Eurovision Semi-Finals

Tuesday & Thursday, 8pm, BBC1

Scott Mills and Rylan Clark are on commentary duties in Basel, Switzerland, as this year's contest gets under way. Across the two preliminary heats, 31 countries are competing for 20 available spots in the grand final on Saturday 17 May, where they'll join pre-qualified 'Big Five' countries France, Germany, Italy, Spain and the United Kingdom, plus host nation Switzerland.

The Last of Us

Monday, 9pm, Sky Atlantic

On their second day in Seattle, Ellie (Bella Ramsey, left) and Dina (Isabela Merced) are still on a mission to get revenge for Joel's death. Having established that Nora (Tati Gabrielle) is stationed in a nearby hospital, they attempt to plan a stealthy route to find her that won't leave them exposed to attack – but an encounter with a group of Stalkers leaves them outnumbered...

LAST ONE

The Assembly

Sunday, 10pm, ITV1

Match of the Day host Gary Lineker (left) isn't afraid of voicing his opinions, and the ex-England international is in the hot seat for a grilling from a group of autistic, neurodivergent and/or learning-disabled interviewers in the last of the series. He's asked about the worst person he's ever worked with and his fear of heights, while he gets emotional when he opens up about his son George's cancer diagnosis as a baby.

Rob McElhenney and Ryan Reynolds with their promotion trophy

Wrexham in wonderland

There's no stopping the Red Dragons in the behind-the-scenes football docuseries

Manager Phil Parkinson

Jubilant scenes at the Racecourse Ground

Team captain James McClean lifts the cup

Disney+ Welcome to Wrexham

NEW *Available: Friday 16 May*
Genre: Factual Season: 4 Episodes: 8 (first two eps from Fri 16 May, then weekly)

When screen superstars Ryan Reynolds and Rob McElhenney first took over at the Racecourse Ground in 2020, Wrexham AFC had just recorded their lowest league position in the club's 150-year history.

But even Hollywood couldn't have written the script for what happened next – as cameras followed the football club's meteoric rise up the league in the Emmy-winning show *Welcome to Wrexham*.

Now, the show's fourth season – kicking off with a double bill this week – promises to be the most emotional yet, as it captures the Red Dragons' latest league campaign and their bid to become the first club to gain three promotions in consecutive seasons.

As football fans will know, Wrexham achieved that goal last month when the side sealed second place in League One, ensuring they will be playing in England's second tier, the Championship, next season.

Deadpool's Reynolds and *It's Always Sunny in Philadelphia*'s McElhenney – who spent £2 million to buy the club – were in the stands, along with Reynolds' actor wife Blake Lively, as Wrexham clinched promotion and the pair joined jubilant players and fans on the pitch to celebrate.

HIGHER AND HIGHER

This eight-part series takes viewers into the changing rooms, boardroom and dugout to follow the 2024-25 season, which saw manager Phil Parkinson boost his squad by bringing in new signings Ollie Rathbone and Sam Smith, the club's record signing.

It will also follow the progress of Wrexham's women's team as they bid to repeat the success of the men's team. Elsewhere, executive director Humphrey Ker is seen training for his first-ever marathon to raise funds to help preserve the community's rich mining heritage.

Mythic Quest star McElhenney admits that he has been taken aback by the events of the past five years.

'I have the greatest job in sports,' he says. 'All I have to do is sit back, watch the game and be eternally grateful. I've been blessed to meet the greatest people in the world.'

'I'm so pleased for the owners,' adds Parkinson. 'They've done an amazing job and they deserve this success. The public doesn't see what we see – their humbleness as people. I love it when they are over here, because it spreads through the club. The support they give the lads and ourselves as staff is second to none.

'They are invested in all the decisions, but they trust us in our decision-making. That's why we've had success these past three years.'

What we're watching...

The shows being enjoyed by the *TVSW* team

Netflix Oklahoma City Bombing: American Terror

Genre: Documentary Episodes: One-off

Thirty years on from the devastating bombing of the Oklahoma City federal building on 19 April 1995, this moving documentary revisits the horrific event, which claimed the lives of 168 people, including 19 children. Survivors, rescue workers, reporters and those involved in catching the bombers share their harrowing memories. The public was shocked when the perpetrators turned out to be Americans – anti-government extremists Timothy McVeigh and Terry Nichols – and it remains the deadliest act of domestic terrorism in US history.

Disney+ The Stolen Girl

Genre: Thriller
Season: 1 Episodes: 5

In this twisty, fast-paced psychological thriller, a mother (Denise Gough) allows her daughter to have a sleepover at her new pal's house, but the next day she discovers that no one is there, including her little girl.

Apple tv+ Government Cheese

Genre: Comedy drama
Season: 1 Episodes: 10 (released weekly)

David Oyelowo stars in a quirky series set in 1969 California. He plays a fraudster, newly released from prison, who plans to make a fortune from his invention – a self-sharpening drill.

Now in production...

Three upcoming shows to look out for soon

Apple tv+ Prodigies

Will Sharpe (above) will star in, write and direct Apple TV+'s romantic comedy about Ren, who is in a long-term relationship with fellow ex-child prodigy Didi (Ayo Edebiri). But the couple face doubts over whether they've achieved everything that was expected of them.

Netflix The Mosquito Bowl

Nicholas Galitzine (above) is among the cast for Netflix's version of Buzz Bissinger's book about US college football stars who join the Marines during World War Two, playing a memorable match before the devastating Battle of Okinawa.

Disney+ Holes

In Disney+'s pilot – a new adaptation of Louis Sachar's novel – Greg Kinnear (above) will play the uncompromising warden at a detention camp who makes the teenage campmates dig holes. But what is his mysterious motivation? Aidy Bryant and Shay Rudolph co-star.

WORDS: CAREN CLARK; JUDY EWENS, SEAN MARLAND. PHOTOS: ©2025 DISNEY & ITS RELATED ENTITIES, GETTY, NETFLIX, SHUTTERSTOCK, APPLE TV+

Diego Luna as Cassian Andor

Final showdown

Cassian and the rebels **take on the Death Star**

Andor

LAST ONE *Available:* ***Wednesday 14 May***
Genre: ***Sci-fi*** *Season:* ***2*** *Eps:* ***10-12***

An explosive final three episodes move events on a year as the massacre on Ghorman continues to send shock waves around the galaxy, leading to even greater rebellion against the Empire's evil grip.

With the help of flashbacks to explain their meaningful history, the first action-packed episode follows the subversive work of antiques dealer Luthen Rael (Stellan Skarsgård) and his assistant Kleya Marki (Elizabeth Dulau) on Coruscant, as Kleya is forced into a particularly important and dangerous mission.

Kleya Marki

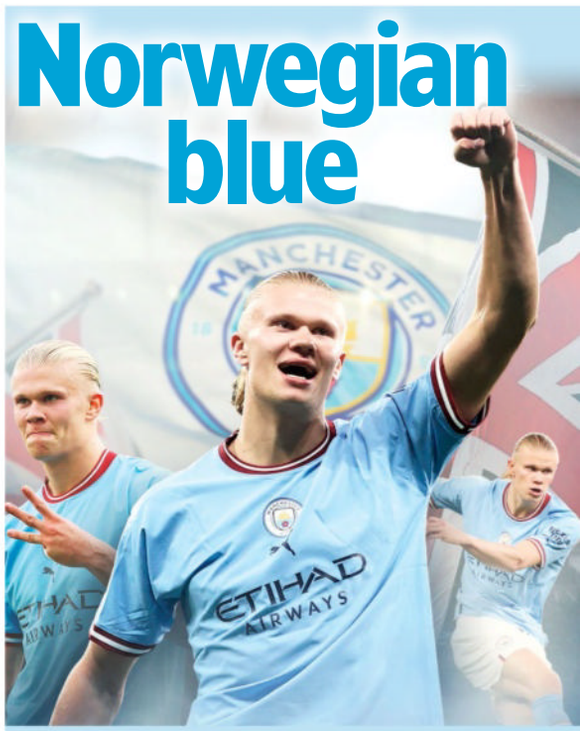
With his lover Bix Caleen (Adria Arjona) leaving him in last week's episodes, Cassian Andor (Diego Luna) is feeling lonely but also more willing to take risks to strike at the Empire – and he now has the newly reprogrammed droid K-2SO by his side to help battle stormtroopers and Imperial guards.

The other rebels, meanwhile, are busy plotting from their base on Yavin, having been joined by Mon Mothma (Genevieve O'Reilly) and statesman Bail Organa (Benjamin Bratt). The rebels have now learnt about the Death Star and they are weighing up what needs to be done to stop its completion by the Empire's military leader Orson Krennic (Ben Mendelsohn), aided and abetted by security chief Dedra Meero (Denise Gough) and project leader Major Partagaz (Anton Lesser).

Ben Mendelsohn as Orson Krennic

'The Death Star has really loomed over *Andor* this season – it's what Krennic is up to in many of his scenes,' says executive producer Tony Gilroy. 'It's given this second season momentum to take us into *Rogue One*, then on to the original Star Wars movie *A New Hope*. Cassian is a true hero. It's been an honour to take a character this far and through such an incredible journey.'

Norwegian blue



How **Erling Haaland** became a Manchester City hero

Haaland Conquers England & Haaland – Breaking Ground

NEW *Available:* ***Monday 12 May***
Genre: ***Documentary***

Since joining Manchester City in 2022, Erling Haaland has helped his team win a historic treble of the Premier League, FA Cup and Champions League trophies while becoming the quickest player ever to reach 50 Premier League goals, taking just 48 matches to hit the half-century.

Now fans can enjoy a double bill of Viaplay documentaries about the Norwegian striker as he discusses how English football has changed his life.

The first documentary, *Haaland Conquers England*, sees the 24-year-old sit down with former Liverpool star Jan Mølby to discuss his relationship with Man City manager Pep Guardiola and his life in the public eye.

'I try to live as normally as possible,' he tells Mølby. 'Of course, there are things I cannot do any more because I am who I am. I'm a big, tall, blond guy with long hair, so everyone sees me wherever I go.'

JOURNEY TO GLORY

The second documentary, *Haaland – Breaking Ground*, sees the striker take a trip back to his home town of Bryne in Norway to talk about lifting the treble and his move to England.

'The first season at City couldn't have been better. In my first game, in the Community Shield against Liverpool, I missed an open goal and everyone was talking about the biggest flop of the year. So, to win everything was unreal,' he says.

Former England strikers Gary Lineker and Alan Shearer also feature in the documentary.

WORDS: NICK CANNON, CAREN CLARK, NATASHA HOLT, RICHARD MCCLURE. PHOTOS: C4, ITV, PARAMOUNT+, U&W, VIAPLAY, ©2025 DISNEY & ITS RELATED ENTITIES, PEACOCK, ©2025 LUCASFILM LTD ™ – ALL RIGHTS RESERVED

Satanic panic

A teen heavy-metal band is **caught up in a macabre killing**

Bruce Campbell (left) as police chief Ben Dandridge

Julie Bowen as Linda

Paramount+ Hysteria!

NEW *Available: Friday 16 May Genre: Comedy horror Season: 1 Episodes: 8 (first three episodes from Friday 16 May, then weekly)*

If you like *Stranger Things*, you might want to check out Paramount+'s supernatural comedy-horror series *Hysteria!*, which follows a group of teenage metalheads caught up in a demonic killing in the late 1980s.

Set in the fictional town of Happy Hollow, the eight-parter focuses on outsiders Dylan (Emjay Anthony), Spud (Kezii Curtis) and Jordy (Chiara Aurelia). Bullied and teased by the cool kids at their high school, the trio put all their energies into their rock band.

After the ritualistic killing of the town's star quarterback, the local community is terrified that a satanic cult is responsible. As police chief Ben Dandridge (*The Evil Dead*'s Bruce Campbell) tries to keep everyone calm, Dylan seeks to benefit from the tragedy by rebranding their band, Dethkrunch, as a satanic heavy-metal group.

RAISING HELL

The band is an instant hit with their peers, but the trio are targeted by fiercely religious mother Tracy Whitehead (*Pitch Perfect*'s Anna Camp), who warns of their negative influence, while Dylan's mother, Linda (Julie Bowen), is afraid her son is a Devil worshipper and wonders where she went wrong as a parent.

Bowen is best known for her Emmy-winning performance as Claire Dunphy in US sitcom *Modern Family*, and the 55-year-old jumped at the chance to play a very different role.

'I never want to escape Claire Dunphy, but I also wanted to try to do something different. And boy, is this different,' she explains, 'Linda is a woman whose sanity is on the line. That wasn't something I'd done before.'

Bowen says she remembers the 'satanic panic' of the 1980s when metal bands were accused of using demonic messages.

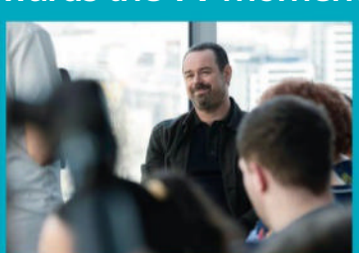
'It was like, if you play this record by Slayer or Megadeth backwards, this scary thing will happen,' she recalls. 'I remember the era well. I remember all those pentagrams and flaming skulls. They really played into people's fears of wild teenagers somehow tapping into the occult – and that's just what happens in *Hysteria!*'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

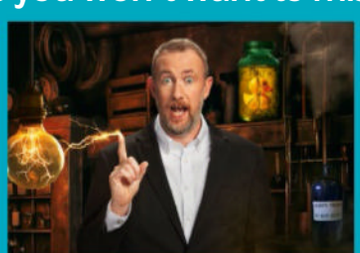
U Katie Piper: Locked up in Louisiana

U&W's docuseries sees the presenter (above) spend time in a New Orleans jail, where she meets female inmates, including Tonica, who is accused of killing her abusive husband.



itvX The Assembly

The opener of ITV1's series finds Danny Dyer (above) being grilled by autistic, neurodivergent and/or learning-disabled people. He speaks about discovering that his father had a second family and is moved by a musical performance.



4 Taskmaster

As the quirky comedy game show returns on C4, Alex Horne (above) charges the contestants with finding a fish tank and filling it with vinegar, and Rosie Ramsey swiftly sparks a debate over what exactly constitutes a fish tank.

itvX Martin Clunes' Islands of the Atlantic

In his latest island-hopping trip on ITV1, Martin Clunes (above) begins off the coast of West Africa in São Tomé, where he helps conduct a health check on a sea turtle and marvels at the giant Obô snail.

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Pick of the new releases

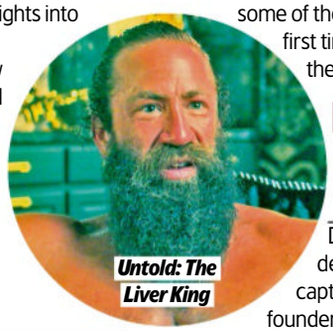
The best new shows to enjoy this week on streaming services...

4 Long Bright River
Sunday 11 May

Crime drama. A Philadelphia cop (Amanda Seyfried) working in a neighbourhood hit hard by the opioid crisis investigates the murder of three women while seeking information about her own sister's disappearance. See feature, page 11.

viaplay Haaland Conquers England
Monday 12 May

Documentary about Manchester City and Norway footballer Erling Haaland. The striker shares insights into his hugely successful career in an interview with former Liverpool and Denmark player Jan Mølby. See feature, page 16.


Untold: The Liver King

viaplay Haaland – Breaking Ground
Monday 12 May

In a sister documentary, Erling Haaland retraces his journey from playing for Norwegian teams to lifting multiple trophies with Manchester City. He reflects on life on the pitch and living in the media glare. See feature, p16.

Paramount+ Gladiator II
Monday 12 May

Sir Ridley Scott's sequel to his 2000 epic set in Ancient Rome. Years after the death of warrior Maximus, Lucius (Paul Mescal) is forced to enter the brutal Colosseum after his home is conquered by the tyrannical Emperors who rule Rome with an iron fist. See review, page 23.

NETFLIX Untold: The Liver King
Tuesday 13 May

Documentary about American fitness influencer Brian Johnson, AKA the Liver King, who built an online business empire by devouring raw meat and promoting the virtues of 'ancestral living'. He gained millions of followers until accusations of hypocrisy surfaced.

NETFLIX Fred and Rose West: A British Horror Story
Wednesday 14 May

Docuseries about Fred and Rose West that uses previously unseen police video and unheard audio recordings to tell the story of the notorious husband-and-wife serial killers. Family members of some of the victims speak for the first time about the torment they went through.

NETFLIX American Manhunt: Osama bin Laden
Wednesday 14 March

Docuseries about the decade-long mission to capture Osama bin Laden, founder of al-Qaeda, the group behind the attacks on America on 11 September 2001. It features rare footage and interviews with CIA insiders.

Disney+ Abbott Elementary
Wednesday 14 May

More new episodes in the fourth season of the mockumentary set in a Philadelphia elementary school. The teachers are facing a budget crisis while the principal, Ava (Janelle James), is now a sought-after motivational speaker.

NETFLIX Secrets We Keep
Thursday 15 May

Danish crime drama. When a Filipino au pair disappears from one of Denmark's wealthiest neighbourhoods, resident Cecilie (Marie Bach Hansen) becomes convinced something has happened – and she and her own au pair, Angel (Excel Busano), begin to investigate.

Disney+ The Secret Lives of Mormon Wives
Thursday 15 May

The second series of the reality series following a group of Utah-based Mormon TikTok influencers known as MomTok. There are rocky relationships and dramas ahead as the women navigate life in the spotlight.

Paramount+ SkyMed
Friday 16 May

The third season of the Canadian medical drama centring on the nurses and pilots working for an air-ambulance service in a remote northern province. The arrival of a new chief nurse throws the whole SkyMed flight crew off balance, until an accident leads to a shocking loss.

prime Overcompensating
Thursday 15 May

College-set comedy about the wild, chaotic journey of Benny (Benito Skinner), a closeted former football player who finds himself overcompensating as he tries to appear to be someone he's not.

NETFLIX Love, Death & Robots
Thursday 15 May

The fourth run of the adult animated anthology series created by *Deadpool* director Tim Miller and executive-produced by David Fincher.

Disney+ Welcome to Wrexham
Friday 16 May

The fourth run of the sports docuseries on the Welsh football club owned by Hollywood stars Ryan Reynolds and Rob McElhenney. Now in League One, can the team continue its rapid rise? See feature, page 14.

tv+ Murderbot
Friday 16 May

Sci-fi action comedy. A self-hacking security cyborg that privately calls itself Murderbot must hide that it has free will and complete a dangerous assignment while being simultaneously drawn to humans and appalled by their weakness. Alexander Skarsgård stars. See feature, page 4.

Paramount+ Hysteria!
Friday 16 May

Comedy horror. In 1989, as 'satanic panic' grips America, a high-school heavy-metal band decide to capitalise on their town's interest in the occult by rebranding themselves as a Devil-worshipping group. But then a series of murders, kidnappings and reported supernatural activity makes them the target of a witch hunt. See feature, p17.

Paramount+ The Prank
Friday 16 May

Comedy thriller. After being failed on a high-school physics test, Ben (Connor Kalopsis) and his pal (Ramona Young) falsely accuse their teacher (Rita Moreno) of murder on social media.

NETFLIX The Quilters
Friday 16 May

Documentary short about the male inmates of a Missouri maximum-security prison who design and sew personalised quilts for foster children.

tv+ Deaf President Now!
Friday 16 May

Documentary about the protests at Gallaudet University in Washington DC in 1988 after the board of trustees at the institution, which is exclusively for deaf and hard-of-hearing students, appointed a hearing president over several qualified deaf candidates.

WORDS: JUDY EWENS. PHOTOS: NETFLIX, PARAMOUNT+, ©2025 DISNEY & ITS RELATED ENTITIES

Documentaries

The fire took hold quickly

Day of disaster

British football's **deadliest fire tragedy** is remembered 40 years on

NEW FACTUAL

Unforgotten: The Bradford City Fire

Sunday, 9pm, BBC2

A day of celebration became a day of devastation on 11 May 1985 when newly promoted Third Division champions Bradford City took on Lincoln City in their last home match of the season at their Valley Parade stadium.

Just before half-time, a small fire was spotted in the stadium's wooden main stand. Within minutes, it had grown into a raging inferno, trapping hundreds of fans inside.

'I remember looking at the back of my hands and seeing the skin bubbling up,' recalls Bradford City supporter Matthew Wildman, who was 17 years old at the time of the disaster and suffered 50% burns.

'I collapsed on the floor and this lad carried me towards the pitch, and I threw myself over the wall. I was the last one out who survived.'

Bradford City with their trophy

Valley Parade's memorial

AWFUL TOLL

In all, 56 men, women and children lost their lives in the fire. Many victims were burnt to death at the stadium's turnstile gates, which had been locked once the match had begun.

This 90-minute documentary to commemorate the 40th anniversary hears from the police, firefighters, survivors and the bereaved, including Hazel Greenwood, whose husband Peter and sons Felix, 13, and Rupert, 11, died that day.

'There were about six boys on our road and they all came home. But my husband and my boys didn't,' says Greenwood. 'Eventually the police came to see me and told me that my husband had done the logical thing and gone back to the turnstiles. But the doors were locked and they couldn't get out. That's where they were found, trapped.'

AFTERMATH

An inquiry later ruled that the disaster was an accident and had most likely been started by a discarded match or cigarette end. It also recommended new fire-safety regulations at all football clubs, including the immediate closure of wooden stands, a ban on new wooden stands being constructed, and stewards at every gate.

However, for Greenwood, the grief goes on.

'It isn't like you get over it,' she says. 'You get used to it. But you never get over a trauma like that.'

WORDS: HANNAH DAVIES, IAN MACEWAN. PHOTOS: ALAMY, BBC, C4, SHUTTERSTOCK, SKY

Bibaa & Nicole: Murder in the Park

Sun, 9pm & 10pm, Sky Documentaries & Sky Showcase (box set, Sky Box Sets & NOW)

Sisters Bibaa Henry, 46, and Nicole Smallman, 27, (both pictured) were stabbed to death in a London park in 2020. Teenager Danyal Hussein was later sentenced to life, but the family faced more heartache when it was revealed two police officers had shared photos of the bodies.

Who Do You Think You Are?

Monday, 9pm (Wales, BBC2), BBC1

Bury-born *Strictly* and *Bad Education* star Layton Williams (above) traces his ancestors back to his six-times great-grandfather, who was a piano tuner in London. He also learns more about his dad's Jamaican heritage, and uncovers a tragic tale of slavery during a visit to the island.

A Life Among Elephants

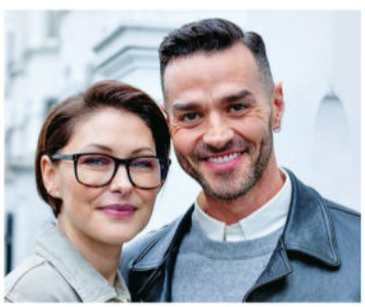
Saturday, 4.25pm, C4

Naturalist and conservationist Iain Douglas-Hamilton (above) looks back on a life dedicated to African elephants, from pioneering research in Tanzania in the 1960s to setting up charity Save the Elephants. Contributors include fellow conservationist Dame Jane Goodall and Douglas-Hamilton's daughter Saba.

Hidden Treasures of the National Trust

Friday, 9pm (times vary), BBC2 (box set, BBC iPlayer)

As the series returns, cameras visit Beatrix Potter's Lake District retreat, Hill Top, to meet gardener Pete Tasker (above), who is often mistaken for Peter Rabbit's Mr McGregor. Also featured are the homes of writer Henry James and Army officer T.E. Lawrence.



Change Your Mind, Change Your Life

Tuesday, 11pm & 11.50pm (times vary), BBC1 (box set, BBC iPlayer)

In this four-parter, Emma and Matt Willis (both pictured) follow the experiences of people who are undergoing therapy, some of them for the first time, and meet up with some of the country's leading therapists to find out how we can improve our mental health.

Chris Packham

Changing minds

Chris Packham helps people with ADHD and dyslexia tell their stories

NEW FACTUAL

Inside Our ADHD Minds

Monday, 9pm (times vary), BBC2 (box set, BBC iPlayer)

Packham meets Jo

Two years ago, Chris Packham gave TV viewers a vivid and moving insight into the experiences of people who, like him, have autism, in the award-winning documentary *Inside Our Autistic Minds*.

Now, the 64-year-old is back with a two-part series that explores the experiences of people with the conditions ADHD and dyslexia.

In the opener, he meets Henry and Jo, who both have attention deficit hyperactivity disorder (ADHD), which is characterised by an inability to focus, as well as impulsive and hyperactive behaviour.

Jo, 51, is a council employee from Hertfordshire, and only received her diagnosis two years ago after finding the symptoms had been amplified by the menopause. After years of chopping and changing careers, getting diagnosed was a life-changing experience.

'I had decades of thinking that I was a bad person,' explains Jo. 'You forget to text somebody or miss a birthday and feel so bad, because there are all these people thinking that you're rubbish.'

Henry, 23, who was diagnosed aged 17, works as a tour guide in London, where he shares a flat with a friend, and struggles to prioritise tasks.

While he got his diagnosis earlier in life, he admits he has still struggled.

'The medication didn't work for me,' explains Henry. 'It felt like they were trying to fit a square peg into a round hole.'

REVELATIONS

In the second episode, we meet site manager Lee, 53, psychotherapist Suiki, 35, and Packham's 30-year-old stepdaughter Megan, all of whom are dyslexic. Packham reveals that, initially, he and his partner Charlotte were not fully aware of her neurodivergence.

'At home, there were so many diverse things that Megan had an aptitude for, so we thought she was doing OK,' he recalls. 'It was only in the classroom situation that it became clear what she was struggling with, and then we got the diagnosis.'

Psychotherapist Suiki opens up

Films Our picks this

MOVIE OF THE WEEK

A raucous, welcome return for **Michael Keaton**'s devilishly delightful demon

Beetlejuice Beetlejuice

FANTASY COMEDY

Friday, 12.25pm & 8pm, Sky Premiere ★★★★

Michael Keaton's sleazy supernatural trickster is still full of demonic zest in Tim Burton's hugely pleasurable sequel to his 1988 horror comedy favourite. A misfit teenage goth in the original film, Winona Ryder's Lydia Deetz is back, too, although she is now the middle-aged, tightly wound mom of a resentful teenage daughter, Astrid (wonderfully played by *Wednesday*'s Jenna Ortega).

Circumstances take the pair back to the family's haunted New England home, where Keaton's Beetlejuice is soon causing spooky mayhem. With further plot strands involving Beetlejuice's soul-sucking centuries-dead wife Delores (Monica Bellucci) and a hard-boiled afterlife police detective played by Willem Dafoe, it is no wonder that the film's narrative veers all over the place, but the film's visual and verbal gags flow so thick and fast that it's hard to mind too much.

Best of all, Burton honours the original movie's B-movie aesthetic, not over-relying on CGI but deploying practical effects such as stop-motion animation, animatronics, puppetry and prosthetics to conjure up the film's gloriously grotesque and surreal world. 2024, 12, 100MIN

WORDS: JASON BEST, JAMIE GRAHAM, LIZ MILROY, NIGEL PIZEY

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

More premieres and Day by Day planner >>>

week's Best Movies

THRILLER

Drop

From Saturday, to buy or rent from digital stores including Sky Store and Prime Video ★★★★

Widowed mum Meghann Fahy leaves her sister (Violet Beane) and young son at home for her first date in years, but when she arrives at the posh restaurant with-a-view where she's meeting Henry (Brandon Sklenar) she starts receiving strange messages on her mobile. Then her home security cameras reveal there's a masked gunman in her house and she must do exactly what the messages say – without telling anyone – or her son will die. The twist is, the messages are coming from someone in the restaurant... Director Christopher Landon's clever thriller stokes up the suspense to brilliant effect and Fahy is excellent as she realises that her enemy can see and hear every move she makes. A fun, sweaty-palmed thrill ride to savour. 2025, 15, 95MIN

Listen in: Meghann

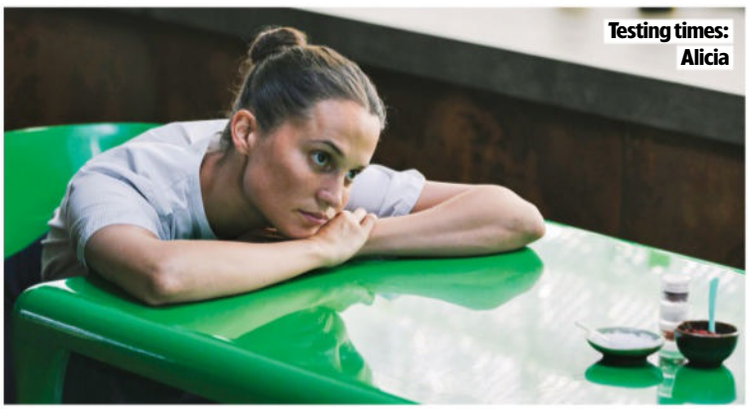
Fight to live: Paul and co

HISTORICAL EPIC

Gladiator II

From Monday, Paramount+ ★★★

Paul Mescal certainly looks impressively ripped in this blockbuster sequel to Ridley Scott's multi-Oscar-winning sword-and-sandal epic, but he can't match Russell Crowe's commanding presence in the original – his voice just doesn't have the same muscular heft. That said, Scott piles on the action to spectacular effect in a story that is effectively a remake of the first film, thrusting Mescal's noble warrior into the Roman arena and pitting him against all manner of human and animal foes, including ferocious baboons, a battle rhino and, yes, in a flooded Colosseum, even sharks. Amid the brutally violent fights to the death, Denzel Washington steals the film as the wily gladiator owner who is using Mescal's hero for his own ends. 2024, 15, 155MIN



Testing times: Alicia

SCI-FI DRAMA

The Assessment

Available now, Prime Video ★★★

In a future world where people can have children only if the state allows it, couple Elizabeth Olsen and Himesh Patel agree to the seven-day assessment to see whether they are suitable parents. Alicia Vikander is their assessor, and she slowly unravels and disassembles the pair's cosy (if sterile) existence, as this serpentine, absorbing drama morphs into a psychological thriller about the world we are heading for – if we're not careful. While the actors are all excellent, Vikander delivers something extra, something difficult to predict that elevates this intelligent, sadly relevant tale even further. From 8 May. 2025, 15, 114MIN

THRILLER

Conclave

Available now, Prime Video ★★★★

The election of a Pope turns into a battle for the soul of the Catholic Church in this gripping thriller based on Robert Harris' bestseller. Ralph Fiennes is at his best as the principled man in charge of the voting, who is forced to turn sleuth amid all the conspiracy and chicanery. There are fine turns from Stanley Tucci, John Lithgow and Sergio Castellitto as rival candidates, but it's Isabella Rossellini as a sternly vigilant nun who almost steals the film. Director Edward Berger creates nail-biting suspense out of the conflict between conservatives and progressives, but the ending's a twist too far. 2024, 12, 120MIN

Holy matters: Isabella, John, Ralph and Stanley

Films

Dark and light: Gal and Rachel

MUSICAL FANTASY

Snow White

From Tuesday, to buy or rent from digital stores ★★★

Released in 1937 to immense critical acclaim and even greater box-office success, the original *Snow White* was Disney's very first animated feature film. This live-action remake, however, seems to have been under a fairy-tale curse – hit by writers' and actors' strikes, lambasted for using CGI to portray the seven dwarves, and attacked for its revisionist approach to the story (either too PC or not PC enough).

Happily, the movie, though far from a classic, has much to enjoy. The new Snow White, played by Latina actor Rachel Zegler (her casting itself the subject of much controversy), is less of a passive princess than a feisty social justice warrior on the side of the poor – which gives additional edge to her persecution by the evil queen (Gal Gadot).

When Snow White takes refuge with the dwarves, their scenes supply charm and humour, while the CGI rendering of the dwarves is a lot less creepy than advance reports made out. On the debit side, Gadot is more wooden than the Enchanted Forest and the new songs are bland. No one will be whistling any of these numbers in 80-plus-years time. Fortunately, three of the original tunes – including *Whistle While You Work* – get a lively reworking here. 2025, PG, 109MIN

Hidden gems Great movies you might have missed...

ROMANTIC COMEDY

The Idea of You

Prime Video ★★★★

Anne Hathaway lights up this delightful tale about the surprise love between a 40-year-old divorced mum and the 24-year-old boy-band singer, played by Nicholas Galitzine. The pair accidentally meet when Hathaway takes her 16-year-old daughter (Ella Rubin) to a music festival and mistakes Galitzine's trailer for the bathroom. Sparks fly, as the stars' chemistry and charisma make this romcom work incredibly well. The songs aren't bad, either. 2024, 12, 115MIN

MYSTERY COMEDY

See How They Run

Disney+ ★★★★

This comedy murder-mystery set in 1950s London Theatreland boasts a terrific screen duo in Inspector Stoppard (Sam Rockwell) and Constable Stalker (Saoirse Ronan). Just as Agatha Christie's *The Mousetrap* racks up its 100th performance on stage, Leo Kopernick (Adrien Brody), the US movie director poised to adapt it, is murdered. Everyone, naturally, becomes a suspect. A captivating movie, chock-a-block with chuckles. 2022, 12, 98MIN

CHILLER

Talk to Me

Netflix ★★★★

Mia (Sophie Wilde) is at a party when fellow revellers unveil the embalmed hand of a late medium. She has to grip the hand and say 'Talk to me' in order to bear lone witness to a dank spectre. If she adds 'I let you in', the full possession trip follows... With a commanding performance from Wilde, this Australian chiller delivers shocks and surprises to rattle and repulse all the way to a masterfully sure-footed climax. 2022, 15, 95MIN

Saturday 10 May

MUSICAL

In the Heights

4.35pm, BBC2 (not Northern Ireland, 4.50pm Wales) ★★★

Sex ●●● Violence ●●● Language ●●●

Director Jon M Chu's ebullient big-screen adaptation of Lin-Manuel Miranda's Tony-award-winning 2007 musical about young Latino New Yorkers chasing their dreams in a tough neighborhood is a jolly pick-me-up, if not a world-beater. Pumping up Miranda's sweet and simple story of corner-shop owner Usnavi (a tender Anthony Ramos) striving to regain his dad's bar in the Dominican Republic, Chu opens out this small stage show into a restless, neighborhood-roaming, heatwave-fuelled good time. It's a fun, family-friendly, big-energy outing, although it never quite hits *Hamilton*'s heights. 2021, PG, 137MIN

New York story: Anthony and co

MUSICAL

High Society

2.50pm, BBC2 (3.05pm Wales) ★★★★★

Sex ●●● Violence ●●● Language ●●●

It was never going to be an easy job to fill the shoes of Katharine Hepburn, James Stewart and Cary Grant in this musical remake of *The Phildelphia Story*, but Grace Kelly, Frank Sinatra and Bing Crosby give it their very best shot and the results are delightful. In this, the stars are given a huge helping hand from a peerless catalogue of classic songs by Cole Porter, including *Who Wants to be a Millionaire?*, *True Love* and *Well, Did You Evah!*, and Louis Armstrong playing himself as a jazz band leader. 1956, U, 107MIN

HORROR COMEDY

Little Monsters

11.20pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This enjoyably scrappy Australian zombie movie stands out from the crowd thanks to its knockabout humour and sweet core. Alexander England's slacker and Lupita Nyong'o's kindergarten teacher team up when a school trip to the local petting zoo is beset by a horde of the living dead. As the outbreak grows ever more gory, Nyong'o proves the hero of the hour, fighting fearlessly to protect her charges and keep them oblivious of the grisly horrors going on around them. She's also the one who gives the movie its heart. 2019, 15, 94MIN

ACTION THRILLER

Speed

11.10pm, ITV1 ★★★★★

Sex ●●● Violence ●●● Language ●●●

As with all the best action films, this thriller revolves around a simple plot: mad bomber Dennis Hopper wires a city bus to explode if it slows to under 50mph and challenges maverick cop Keanu Reeves to defuse it. It is Sandra Bullock who is the real star of the show, though, as the dippy non-driver thrust behind the wheel of the runaway vehicle. Perfectly plotted and breathlessly paced, the story builds up an amazing momentum but, mixed in with all that screeching kinetic energy, there's also winning strands of comedy and romance. 1994, 15, 116MIN

SCI-FI THRILLER

Oblivion

12.40am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Tom Cruise flexes his action-hero muscles in this dazzling sci-fi adventure set in 2077. With the Earth now an irradiated wasteland and abandoned by humanity following a devastating war with aliens, Cruise's lone repairman remains behind to maintain the high-tech drones that patrol the skies. The intelligent plot piles on the twists and turns while Cruise is strongly supported by former Bond girl Olga Kurylenko, Andrea Riseborough and Morgan Freeman. 2013, 12,125MIN

■ Full listings start on p35

Sunday 11 May

ACTION THRILLER

Mission: Impossible - Dead Reckoning

Netflix ★★★★

Sex ●●● Violence ●●● Language ●●●

In his seventh outing as Ethan Hunt, Tom Cruise faces his most dangerous enemy yet: AI. His mission is to retrieve both halves of a mysterious key that controls the untold power. There are a lot of people milling about, including the usual gang – Ving Rhames, Simon Pegg, Rebecca Ferguson and Vanessa Kirby – plus new additions Hayley Atwell and Pom Klementieff in a big, busy, unwieldy film but there are some delightful set pieces – including a car chase in Rome – stunning fight scenes and a satisfying ending. 2023, 12, 163MIN

I-spy trouble: Tom and co

BIOPIC

Molly's Game

3.40pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

You will need your wits about you to keep up with *Social Network* creator Aaron Sorkin's smart and slick biopic starring Jessica Chastain as notorious 'Poker Princess' Molly Bloom. A one-time Olympic-level skier, she ran high-stakes underground poker games for Hollywood A-listers and Wall Street titans for more than a decade – until she fell foul of the FBI. Chastain's command of the quick-fire dialogue is sensational, while Michael Cera as 'Player X', Idris Elba as Molly's lawyer and Kevin Costner as her dad lend sharp support. 2017, 15, 140MIN

FAMILY

Paddington 2

3.55pm, BBC1 (2.55pm Wales) ★★★★★

Sex ●●● Violence ●●● Language ●●●

The marmalade-loving bear (delightfully voiced by Ben Whishaw) is back for his second big-screen adventure and it is every bit as joyously uplifting as the first. Indeed, director Paul King's irresistibly charming sequel is even better than its predecessor and an instant family classic. The engaging and exciting story finds Paddington banged up in prison for theft while his family try to unmask the true culprit – a washed-up actor, played with scene-stealing gusto by Hugh Grant in a career renaissance. 2017, PG, 103MIN

COMIC FANTASY

Matilda

3.45pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

Although actor Danny DeVito also directed this deliciously wicked adaptation of author Roald Dahl's best-selling children's fantasy, he is generous enough not to hog the screen as Matilda's mean, stupid dad. Instead, the film rests on the tiny shoulders of Mara Wilson, who provides more than enough charm as the telekinetic title character. Pam Ferris also shines as her ogre of a school principal Miss Trunchbull, even if she is unrecognisable beneath layers of prosthetic make-up, while Embeth Davidz is the nice Miss Honey. 1996, PG, 98MIN

DRAMA

Brooklyn

10.30pm, BBC2 (not NI) ★★★★

Sex ●●● Violence ●●● Language ●●●

An Oscar-nominated Saoirse Ronan gives a deeply affecting portrayal of a young Irishwoman torn between countries and lovers in this romantic drama, based on Colm Tóibín's bestselling novel. Ronan is an Irish emigré in 1950s New York who is wooed by Emory Cohen's plumber, before circumstances take her back to Ireland, where the attentions of Domhnall Gleeson's eligible suitor present her with a heart-wrenching choice. 2015, 12, 112MIN

■ Full listings start on p45

Weekday movies over page

Monday 12 May

BIOPIC

Oppenheimer

8pm, Sky Mega Hits ★★★★★

Sex ●●● Violence ●●● Language ●●●

Writer-director Christopher Nolan's biopic is a colossal achievement: an old-school epic executed with blockbuster verve. We first see J Robert Oppenheimer (Cillian Murphy) in the rain, gaunt and haunted. Swiftly, periods of his life criss-cross. Between his student years and the 1950s when he's accused of Communist sympathies, after creating the atom bomb. Murphy's never been better, but there are stand-out turns, too, from Robert Downey Jr, Emily Blunt, Matt Damon and Florence Pugh. 2022, 15, 180MIN

Atomic man: Cillian

CYBER THRILLER

Blackhat

7.15am & 10.25pm, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Michael Mann's stylish, globe-trotting cyber thriller will have you gripped and intrigued. Chris Hemsworth stars as a convicted hacker who becomes a player in the film's labyrinthine plot after being temporarily sprung from prison to join a Chinese-US task force that is striving to catch a computer terrorist. Cue devious cat-and-mouse tech games interspersed with blistering shootouts. 2015, 15, 133MIN

ACTION ADVENTURE

Beast

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Idris Elba takes his daughters (Iyana Halley and Leah Jeffries) to visit the African savanna where their late mother once took captivating photos. 'It's only the lion that matters out here,' remarks Sharlto Copley's game reserve warden. Elba discovers how true that is after one lion goes on the rampage. Scenes of the animal attacking are spectacular and Elba is convincing in a more vulnerable role but the final confrontation is overblown. 2022, 15, 93MIN

CRIME DRAMA

The Bikeriders

11.30am, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

A brooding Tom Hardy heads a Chicago motorcycle crew at the tailpipe of the 1960s. Austin Butler is the softly spoken loner earmarked as his successor, while Jodie Comer provides most of the narration as Butler's pillion plus-one. This elegiac drama creates a fictional story from the photos in Danny Lyon's seminal 1968 book, *The Bikeriders*, and the result is a lovingly crafted, well-acted tale that exudes authenticity. 2023, 15, 116MIN

DRAMA

True Things

11.40pm, BBC2 ★★★

Sex ●●● Violence ●●● Language ●●●

Ruth Wilson plays an unhappy benefits clerk whose future looks as bleak as the coastal town where she lives. So when a charming ex-con (Tom Burke) rocks up at her desk, she's only too ready to embark upon a reckless love affair. As toxic relationships go, this is virtually corrosive, but it comes with a passionate intensity that's all too easy to succumb to as well. 2021, 15, 102MIN

■ Full listings start on p55

Tuesday 13 May

COMEDY

Babes

7.05am & 12.10am, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

A raucous, in-your-face comedy about pregnancy that leaves nothing to the imagination, this gets up-close-and-personal throughout the event. After single New York yoga instructor Ilana Glazer decides to keep the baby after a one-night stand, she falls back on her very best friend and mother-of-two Michelle Buteau to help her through the process. This is not a gentle, quiet comedy (Glazer is constantly dialled to 11), but it's refreshingly honest and the women's relationship is a blast. 2024, 15, 104MIN

Belly laughs: Ilana and Michelle

ACTION ADVENTURE

Rampage

4.05pm, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

Dwayne Johnson's gruff primatologist has to save the day when a rogue genetic experiment turns a gentle silverback gorilla into a raging giant, and does the same to a wolf in Wyoming and an alligator in the Florida Everglades, too. Based on the 1980s arcade game, this creature feature is gleefully ridiculous, but Johnson supplies plenty of charm and humour, and the effects-laden mayhem is top-notch. 2018, 12, 107MIN

CRIME DRAMA

Bad Lieutenant

10.50pm, Legend Xtra ★★★★

Sex ●●● Violence ●●● Language ●●●

As an ultra-sleazy New York cop, Harvey Keitel gives a raw, searing and uncompromising performance. A walking disaster of a man, his degenerate detective is a wallowing mess of twisted desires. Kietel's extraordinary star turn is matched by director Abel Ferrara's mesmerising eye for detail, which shows the Big Apple rotten to the core. Squalid, for sure, but this is also a film with a genuine moral focus. 1992, 18, 98MIN

THRILLER

The Royal Hotel

10.10pm, Sky Thriller ★★★

Sex ●●● Violence ●●● Language ●●●

Kitty Green's potent follow-up to *The Assistant* evinces similar disdain for toxic masculinity by featuring the most loathsome collection of supporting male characters imaginable. Canadian backpackers Hanna (Julia Garner) and Liv (Jessica Henwick) take up a gig at a pub in a remote Australian mining community. Soon we're engulfed in a nightmare of booze, bad vibes and misogyny, played out over a harrowing 91 minutes. 2023, 18, 91MIN

MYSTERY DRAMA

The Illusionist

4.25am, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

You should keep your wits about you at all times during this delicious romantic thriller set in 19th-century Vienna, because it is a fiendishly constructed puzzle box that begins dropping surreptitious clues to resolving its mystery almost from the opening scene. Edward Norton is a stage magician under investigation for murder who uses trickery to avoid arrest. 2006, PG, 104MIN

■ Full listings start on p65

Wednesday

ROMANCE

Carol

11.20pm, Film4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Director Todd Haynes' adaptation of Patricia Highsmith's 1952 novel *The Price of Salt* is truly superb, a coolly restrained yet deeply romantic story of forbidden love and a dazzling showcase for stars Cate Blanchett and Rooney

Forbidden love: Rooney and Cate

COMEDY

Swede Caroline

7.55am & 1.45am, Sky Cinema Comedy ★★★

Sex ●●● Violence ●●● Language ●●●

An amusing, quintessentially British comedy starring a wonderfully laconic Jo Hartley as prize giant marrow grower Caroline. Disqualified for a hairline crack in her behemoth beast, she ends up diving into a crazy rabbit-hole when her next year's veggies are stolen. Celyn Jones, Richard Lumsden, Aisling Bea and Ray Fearon lend a hand. Belly laughs are rare, but this caper certainly entertains. 2024, 15, 97MIN

SCI-FI DRAMA

Something in the Dirt

8.50am & 1.45am, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

Justin Benson and Aaron Moorhead write, direct and star in this cosmic slacker film as neighbours who uncover paranormal activity in their basement. The documentary they create is the film's framework, complete with unreliable narrator. As LA is beset by doomsday cults and ancient conspiracies, it's the bittersweet humanity of the film's character work that entrances. 2022, 15, 115MIN

14 May

Mara. Blanchett is a wealthy suburban wife and mother who is extricating herself from a hollow marriage, and Mara is the callow Manhattan shopgirl who falls under her spell. But this is the repressive, conformist 1950s and social and personal pressures stand in the way of the women realising their true selves. 2015, 15, 119MIN

BIOPIC

Rob Peace

10am & 12.25am, Sky Drama ★★★

Sex ●●● Violence ●●● Language ●●●

Brilliant black kid Rob Peace (Jay Will) ends up at Yale, but is torn between that rarified air and the plight of his father (Chiwetel Ejiofor, who also makes his writing and directing debut), who's serving time for murders he swears he didn't commit. Will's performance is the beating heart of this sometimes clunky true-story tale and he's magnificent, aided by the superb Ejiofor and Mary J Blige, as his mum. 2024, 15, 120MIN

DRAMA

Proxima

1.45am, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This richly rewarding, absorbing drama focuses on astronaut Eva Green who's picked for a year-long mission to Mars. Put in an overwhelmingly male environment, she must cope with the dismissive chauvinism of some colleagues (notably Matt Dillon's US astronaut) as well as the punishing demands of her training. But her biggest challenge is being separated from her child. 2019, 12, 107MIN

■ Full listings start on p75

Thursday 15 May

DRAMA

She Said

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This tense, painstaking movie follows *New York Times* reporters Megan Twohey (Carey Mulligan) and Jodie Kantor (Zoe Kazan) as they uncovered Hollywood producer Harvey Weinstein's web of assaults, threats, blacklistings and payoffs. Ashley Judd plays herself while, as fellow survivors, Jennifer Ehle and Samantha Morton deliver their scenes with anguish and anger. It's a film that finds real pain, too – the audio from a police wiretap sequence will make your skin crawl. 2022, 15, 129MIN

Justice warriors: Carey and Zoe

FAMILY

The BFG

2.05pm, Sky Mega Hits ★★★★

Sex ●●● Violence ●●● Language ●●●

Steven Spielberg's adaptation of Roald Dahl's classic children's book bursts at the seams with sparkling effects. But it is the tender, whimsical charm of Mark Rylance that dazzles. In virtual form, Rylance is the titular Big Friendly Giant, a benevolent fellow who becomes the friend of an orphan (Ruby Barnhill), carrying her off to giant country after she glimpses his dream-catching expedition. 2016, PG, 117MIN

SCI-FI DRAMA

Arrival

9.55pm, Sky Sci-Fi/Horror ★★★★★

Sex ●●● Violence ●●● Language ●●●

This tense, intelligent sci-fi suggests that wonder and humility would be a smarter response than gung-ho bluster if aliens landed. Dotted about the globe are 12 extraterrestrial spacecraft and Amy Adams' linguist is brought to Montana to find out what the visitors want. But she and scientist Jeremy Renner have to race against time, as the world's military leaders have itchy trigger fingers. 2016, PG, 116MIN

CRIME DRAMA

The Drop

11.35pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

With terrific performances by Tom Hardy, Noomi Rapace, James Gandolfini (in his last film) and Matthias Schoenaerts, this gripping crime drama blends urban noir with a tale of sin and redemption. The plot revolves around a Brooklyn bar that serves as an underworld money drop, where Hardy's bartender works for his cousin (Gandolfini). But his rescue of a battered puppy fatefully draws him into the life of Rapace's waitress. 2014, 15, 106MIN

THRILLER

Heatwave

1.45am, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

Merritt Patterson's seductive femme fatale lures Kat Graham's go-getter into a tangled intrigue involving illicit liaisons, big-bucks property deals – and murder. The plot and title suggest we're in store for a throwback to 1980s erotic thrillers. Though it doesn't live up to that sultry promise, it's enjoyably overheated with good work from the stars and a nicely twisty plot. 2022, 15, 105MIN

■ Full listings start on p85

Friday 16 May

HORROR COMEDY

Bodies Bodies Bodies

11.30pm, BBC1 (12m't Wales) ★★★★

Sex ●●● Violence ●●● Language ●●●

A quintet of Gen-Zs come to regret seeing out a hurricane at one of their parent's mansions in this riotously enjoyable comedy slasher that's brimming with waspish dialogue and spiteful revelations. Amandla Stenberg and girlfriend Maria Bakalova rock up uninvited to find stoner rich kid Pete Davidson's spiky remarks have alienated his guests including Myha'la Herrold, Rachel Sennott and Lee Pace. But the tense situation worsens when they play the parlour game of the title and things get deadly. 2022, 15, 94MIN

Gen-Zeitgeist! Amandla and co

COMEDY

The Hangover

12.20pm, Sky Mega Hits ★★★★

Sex ●●● Violence ●●● Language ●●●

Following a wild stag do in Vegas, Bradley Cooper, Ed Helms and Zach Galifianakis discover they've lost groom Justin Bartha and their memories of the night before – but have gained a tiger, a chicken and a baby! The trio's bleary-eyed efforts to find their pal, get him to the church on time and return the lost property is the making of a hilarious film that gave birth to a franchise. 2009, 15, 97MIN

PERIOD ADVENTURE

Around the World in 80 Days

10.45pm, ITV1 ★★★

Sex ●●● Violence ●●● Language ●●●

Jackie Chan gets himself taken on as manservant to Steve Coogan's globe-trotting Phileas Fogg – providing the cover for him to return a stolen jade buddha to his village in China. A stop-off in Paris picks up Cécile de France. A breezy update of the Jules Verne adventure which would have the author turning in his grave but boasts some witty celebrity cameos and lots of boisterous action. 2004, PG, 115MIN

HORROR COMEDY

Scream

11.05pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Playing by and with the rules, this reboot (or, rather, 'requel' telling a new story much like the old story) is a slick joy. It boasts a new bunch of knowing teens (including Jenna Ortega, Melissa Barrera and Dylan Minnette), the film-within-the-film franchise *Stab*, familiar old faces Courteney Cox, David Arquette and Neve Campbell and a new Ghostface killer. A fun, clever and courageous outing that is a definite fan-pleaser. 2022, 18, 114MIN

MYSTERY CHILLER

The Innocents

11.10pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A nine-year-old (Rakel Lenora Fløttum) and her autistic sister (Alva Brynsmo Ramstad) move to a new estate, where they meet two outcasts (Sam Ashraf and Mina Yasmin Bremseth Asheim). But across a long, hot summer, the sisters discover their new pals have destructive powers. This Norwegian chiller beautifully captures how youth comes with nasty impulses. Subtitled. 2021, 15, 117MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the be[illegible]k's live action

Quail Hollow Club in Charlotte, North Carolina

PGA Championship

Rory McIlroy sets his sights on consecutive majors

LIVE GOLF

Thursday & Friday, from 1pm, Sky Sports Golf & Sky Sports Main Event

After taking a well-earned break following his thrilling triumph at the Masters in April, Rory McIlroy returns to the fairways this week when he tees off at the PGA Championship, the second major of the year.

Having finally claimed the green jacket at Augusta to complete a historic career grand slam, the 36-year-old will be brimming with confidence at Quail Hollow Club in Charlotte, North Carolina.

'If I keep playing the way I am, anything is possible,' says McIlroy, who has won the PGA Championship twice, in 2012 and 2014. 'If I produced the shots I needed over the last few holes at Augusta, then I am capable of doing anything in this game.'

No one has a better record at Quail Hollow than the Northern Irishman, who has won the Wells Fargo Championship four times on the course, including his first-ever Tour win in 2010, aged 20, and a storming victory in 2024. He also holds the course record, shooting a 61 on his way to winning the tournament in 2015.

England's Justin Rose

ON COURSE

'Quail Hollow is somewhere I have loved for the most part of my career. I love the people and the course,' he says. 'I feel like Charlotte has taken me in as one of their own. It's been a great journey, and I have some awesome memories. I'll be trying to make more of those.'

The course held its only previous major, the PGA Championship, in 2017 and is known for its closing three holes, dubbed the 'Green Mile', which is a difficult test for any golfer. This time, McIlroy's rivals look set to include Xander Schauffele, who won two majors last year, including the PGA Championship, and McIlroy's Ryder Cup colleague Justin Rose, who lost out in the pair's sudden-

WORDS: RICHARD MCCLURE. PHOTOS: ALAMY, GETTY

THE MAIN EVENT

Rory McIlroy claimed his first green jacket in April

McIlroy plays a shot at the Masters in Augusta

death Masters play-off.

Rose will arrive in North Carolina on the back of four top-10 finishes in the PGA Championship in the past five years, coming joint sixth in 2024, and has since finished runner-up at The Open at Royal Troon.

'The past two majors I've played, I've finished in second place, and it shows I'm doing some really good work,' says Rose, 44. 'When the big stage is there, I can bring my game and still compete with the best players in the world.'

LIVE FOOTBALL

Women's Super League

Sat, BBC2, Sky Sports Mix, Sky Sports Premier League & Sky Showcase

It's the season's final day, and all six matches kick off at 12.30pm, with BBC2 and Sky Sports yet to pick their live games as we went to press. Chelsea take on Liverpool at Stamford Bridge, where the Blues will parade the trophy, having already wrapped up their sixth successive WSL title and their first under coach Sonia Bompastor. Arsenal will have one eye on their Champions League final on 24 May when they host Manchester United at the Emirates, while Khadija Shaw will want to retain the Golden Boot as Manchester City entertain relegated Crystal Palace.

(From left) Chelsea stars Millie Bright, Guro Reiten and Erin Cuthbert

Hull KR's Mikey Lewis

LIVE RUGBY LEAGUE

Challenge Cup semi-finals

Sat & Sun, BBC1 & BBC2

York Community Stadium stages the weekend's first semi-final as Man of Steel Mikey Lewis and Hull KR continue their quest for a first Cup since 1980. The Robins take on 2018 winners Catalans Dragons (k-o 2.30pm, BBC1) after the French outfit saw off Salford in the quarter-finals. On Sunday, Warrington Wolves face 2023 winners Leigh Leopards in St Helens (4.15pm, BBC2) as the Wire try to book a place in the final for the second successive season.

Slovenian Primož Roglic (left)

LIVE CYCLING

Giro d'Italia

From Friday 9 May, TNT Sports 1 & TNT Sports 3

The 108th edition of the Italian Grand Tour begins in Albania for the first time as the three-week event holds three stages in the country, including a time trial in Tirana on Saturday. After victory in 2024, reigning champion Tadej Pogacar of Slovenia is absent this year as he focuses on the Tour de France, leaving his compatriot Primož Roglic and rising Spanish star Juan Ayuso as the favourites, with Britain's Adam Yates taking part for just the second time. As the race concludes in Rome on Sunday 1 June, the final stage will feature a start from the Vatican City as a tribute to the late Pope Francis.

Molly Caudery

LIVE ATHLETICS

Diamond League: Doha

Friday, 5pm, BBC2

The women's pole vault takes centre stage in Qatar as Paris Olympic medallists Katie Moon of the USA and Canada's Alysha Newman battle it out with Britain's 2024 world indoor champion Molly Caudery. Meanwhile, in the women's steeplechase, Olympic champion Winfred Yavi of Bahrain faces Peruth Chemutai of Uganda and Kenya's Faith Cherotich who finished second and third in Paris.

Sport A-Z and football planner »»

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Sport week A-Z GUIDE

ATHLETICS

LIVE Diamond League
Fri 5pm BBC2
The Doha meeting is the third round of the campaign. See page 29.

AUSTRALIAN RULES

LIVE Essendon Bombers v Sydney Swans
Sat 7am TNT Sports 1

LIVE Richmond Tigers v West Coast Eagles
Sat 4am TNT Sports 2

LIVE Geelong Cats v GWS Giants
Sun 6am TNT Sports 4

LIVE North Melbourne Kangaroos v Brisbane Lions
Sun 7.30am TNT Sports 1

LIVE Gold Coast Suns v Hawthorn Hawks
Thu 10.30am TNT Sports 4

LIVE Sydney Swans v Carlton Blues
Fri 10.30am TNT Sports 1

LIVE Collingwood Magpies v Adelaide Crows
Fri 4am TNT Sports 2

BASEBALL

LIVE Athletics v New York Yankees
Sat 9pm TNT Sports 3

LIVE Arizona Diamondbacks v Los Angeles Dodgers
Sat 1am TNT Sports 3

LIVE New York Mets v Chicago Cubs
Sun 4.30pm TNT Sports 2

LIVE Kansas City Royals v Boston Red Sox
Sun 7pm TNT Sports 3

LIVE Cleveland Guardians v Philadelphia Phillies
Sun 12m't TNT Sports 1

LIVE New York Mets v Pittsburgh Pirates
Mon 12m't TNT Sports 1

LIVE Detroit Tigers v Boston Red Sox
Tue 11.30pm TNT Sports 1

LIVE Philadelphia Phillies v St Louis Cardinals
Wed 6pm TNT Sports 1

LIVE Seattle Mariners v New York Yankees
Wed 9pm TNT Sports 2

LIVE Baltimore Orioles v Minnesota Twins
Thu 5.30pm TNT Sports 2

LIVE Toronto Blue Jays v Tampa Bay Rays
Thu 8pm TNT Sports 1

LIVE Chicago Cubs v Chicago White Sox
Fri 7.15pm TNT Sports 2

BASKETBALL

LIVE NBA Play-offs
Sat 8.30pm, Sun 8.30pm & 1am, Mon 2.30am TNT Sports 2; Tue 3.30am, Wed 12m't, Thu & Fri 1.30am TNT Sports 1

BOXING

LIVE Emanuel Navarrete v Charly Suarez
Sat 1am Sky Sports Main Event & Sky Sports Action

COMBAT SPORTS

LIVE UFC 315 Prelims
Sat 1am TNT Sports 1

LIVE Belal Muhammad v Jack Della Maddalena
Sat 3am TNT Sports 1
The UFC welterweight title bout.

CRICKET

LIVE Sunrisers Hyderabad v Kolkata Knight Riders
Sat 2.50pm Sky Sports Cricket

LIVE Islamabad United v Karachi Kings
Sat 3.50pm Sky Sports Mix & 7pm Sky Sports Cricket

LIVE Punjab Kings v Mumbai Indians
Sun 10.50am Sky Sports Cricket

LIVE Delhi Capitals v Gujarat Titans
Sun 3pm Sky Sports Cricket

LIVE Multan Sultans v Quetta Gladiators
Sun 5.30pm Sky Sports Mix & 7pm Sky Sports Cricket

LIVE Chennai Super Kings v Rajasthan Royals
Mon 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Royal Challengers Bengaluru v Sunrisers Hyderabad
Tue 2.50pm Sky Sports Cricket

LIVE Pakistan Super League
Tue, Wed & Fri 3.50pm Sky Sports Mix & 7pm Sky Sports Cricket

LIVE Gujarat Titans v Lucknow Super Giants
Wed 2.50pm Sky Sports Cricket

LIVE Mumbai Indians v Delhi Capitals
Thu 2.50pm Sky Sports Cricket

LIVE Rajasthan Royals v Punjab Kings
Fri 2.50pm Sky Sports Cricket

CYCLING

LIVE La Vuelta Femenina
Sat 11.45am TNT Sports 1

LIVE Giro d'Italia
Sat & Sun 12noon, Tue & Fri 11.30am, Wed 12.30pm & Thu 10.15am TNT Sports 3; Tue & Fri 11.30am, Wed 12.30pm & Thu 10.15am TNT Sports 1
Stages two to seven. See p29.

LIVE Tour of Hungary
Wed & Thu 1.30pm TNT Sports 2

DARTS

LIVE Premier League
Thu 7pm Sky Sports+

EQUESTRIAN

LIVE Badminton Horse Trials
Sun 1.45pm BBC2

GAELIC GAMES

LIVE Armagh v Donegal
Sat 4.55pm BBC2 (N Ireland only)

GOLF

LIVE Aramco Korea Championship
Sat & Sun 6.30am Sky Sports Golf; Sat 8am & Sun 6.30am Sky Sports Main Event
Days two and three in Seoul.

LIVE Turkish Open
Sat 11.30am & Sun 11am Sky Sports Golf
Days three and four in Antalya.

LIVE Truist Championship
Sat 1pm Sky Sports+; Sat & Sun 4pm Sky Sports Golf; Sat 10.30pm & Sun 9pm Sky Sports Main Event
Days three and four in Chestnut Hill.

LIVE Mizuho Americas Open
Sat 9pm Sky Sports+, 11.30pm Sky Sports Main Event & Sky Sports Golf
The third day from New Jersey.

LIVE PGA Championship
Thu 1pm & 10pm, Fri 1pm & 10.30pm Sky Sports Main Event; Thu & Fri 1pm Sky Sports Golf
Days one and two at Quail Hollow Club in North Carolina. See p28.

HORSE RACING

LIVE Lingfield
Sat 1pm ITV1

LIVE York
Wed-Fri 2pm ITV1

ICE HOCKEY

LIVE NHL Play-offs
Sat-Fri 12m't Premier Sports 2 & 2am Premier Sports 1

LIVE Finland v Sweden
Mon 7.10pm Premier Sports 2

LIVE USA v Norway
Wed 3.10pm Premier Sports 1

MOTORCYCLING

LIVE Moto2 & Moto3
Sat 7.30am & 11.45am TNT Sports 2

LIVE Grand Prix of France MotoGP qualifying session
Sat 9am TNT Sports 2

LIVE Grand Prix of France MotoGP sprint race
Sat 1.45pm TNT Sports 2

LIVE MotoGP Rookies Cup
Sat 3.45pm & Sun 7.30am TNT Sports 2

LIVE Grand Prix of France MotoGP warm-up
Sun 8.30am TNT Sports 2

LIVE Grand Prix of France Moto3 race
Sun 9am TNT Sports 2

LIVE Grand Prix of France Moto2 race
Sun 11am TNT Sports 2

LIVE Grand Prix of France MotoGP race
Sun 12.15pm TNT Sports 2
Round six of the season in Le Mans.

LIVE British Speedway
Mon 7pm TNT Sports 1

LIVE Superbike World Championship
Fri 9.30am & 12.45pm TNT Sports 2

MOTORSPORT

LIVE V8 Supercars Championship
Sat 6.45am & Sun 5.45am TNT Sports 3

LIVE The Grand Prix of France MotoE races
Sat 11am & 3pm TNT Sports 2

LIVE FIA World Endurance Championship
Sat 12.30pm TNT Sports 4

LIVE Indycar
Sat 4.30pm & 9.30pm Sky Sports F1

LIVE Indy NXT
Sat 6pm & Mon 3pm Sky Sports F1

LIVE European Rally Championship
Sun 10.30am & 4pm TNT Sports 4

LIVE British Touring Car Championship
Sun 10.40am ITV4

LIVE Motocross World Championship
Sun 12noon TNT Sports 4

LIVE Indycar
Tue-Thu 5pm & 9pm, Fri 6.15pm & 9pm Sky Sports F1

LIVE World Rally Championship
Thu 7pm TNT Sports 3; Fri 7.30am, 9am, 1pm, 5pm & 6.30pm TNT Sports 4

LIVE Formula E
Fri 8am, 12m't & 2am TNT Sports 3

LIVE Formula 3
Fri 8.50am & 2pm Sky Sports F1

LIVE Formula 2
Fri 10am & 2.55pm Sky Sports F1

LIVE Formula 1
Fri 12noon & 3:40pm Sky Sports F1
Emilia Romagna Grand Prix practice sessions from Imola in Italy.

NETBALL

LIVE London Mavericks v London Pulse
Sun 3.55pm Sky Sports Mix

POOL

LIVE UK Open Championship
Sat & Sun 12noon & 6.30pm Sky Sports Action

LIVE Ultimate Pool
Mon 6pm TNT Sports 2

RUGBY LEAGUE

LIVE Canberra Raiders v Canterbury Bulldogs
Sat 6am Sky Sports Main Event & Sky Sports Action

LIVE St George-Illawarra Dragons v NZ Warriors
Sat 8.30am Sky Sports Action

LIVE Hull Kingston Rovers v Catalans Dragons
Sat 2pm BBC1 (kick-off 2.30pm)
Challenge Cup semi-final at York Community Stadium. See p29.

LIVE Warrington Wolves v Leigh Leopards
Sun 3.45pm BBC2 (kick-off 4.15pm) The second Challenge Cup semi-final from St Helens. See page 29.

LIVE New South Wales Sky Blues v Queensland Maroons
Thu 10am Sky Sports Main Event & Sky Sports Action

LIVE St Helens v Catalans Dragons
Thu 7.30pm Sky Sports Action (kick-off 8pm) The Super League match from Totally Wicked Stadium.

LIVE Wigan Warriors v York Valkyrie
Fri 5pm Sky Sports Action & Sky Sports+ (kick-off 5.30pm)
The Women's Super League match.

LIVE Wigan Warriors v Leigh Leopards
Fri 7.30pm Sky Sports Action & Sky Sports+ (kick-off 8pm)
The Super League match from the Brick Community Stadium.

Sport A-Z and football planner >>>

Motorcycling
Álex Márquez leads the MotoGP standings going into this weekend's Grand Prix of France

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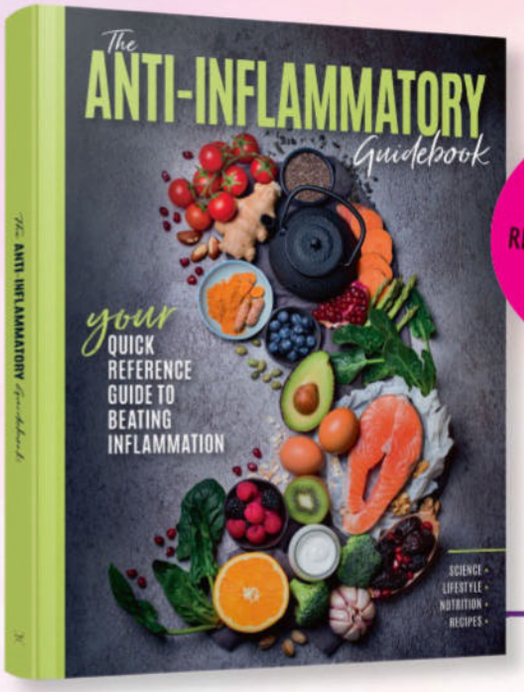

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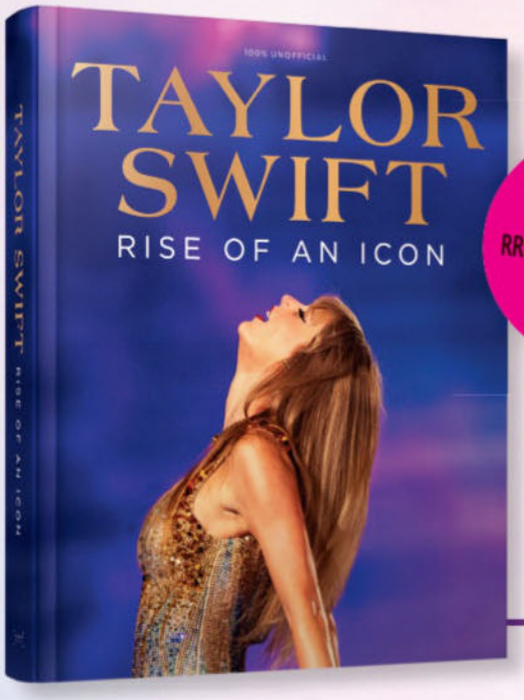

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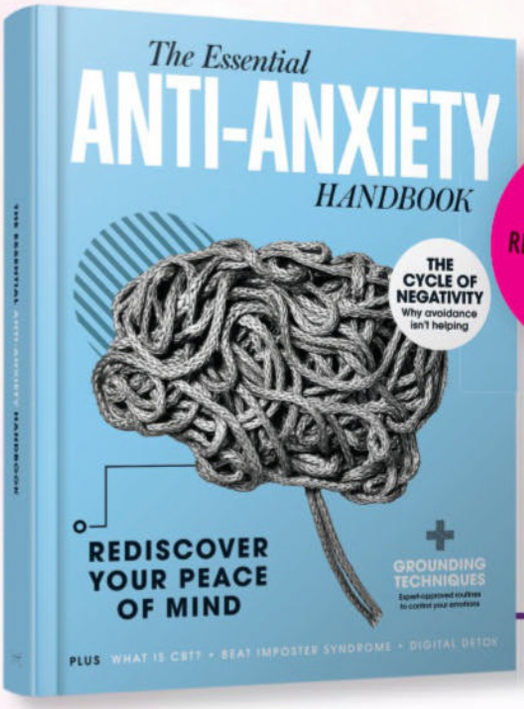

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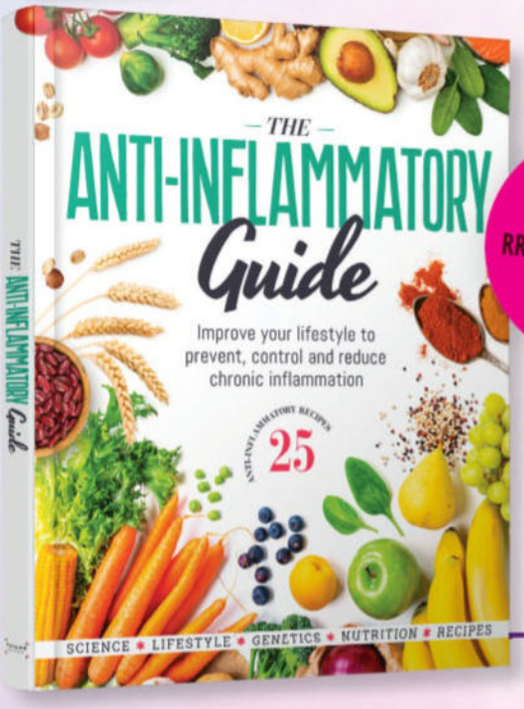

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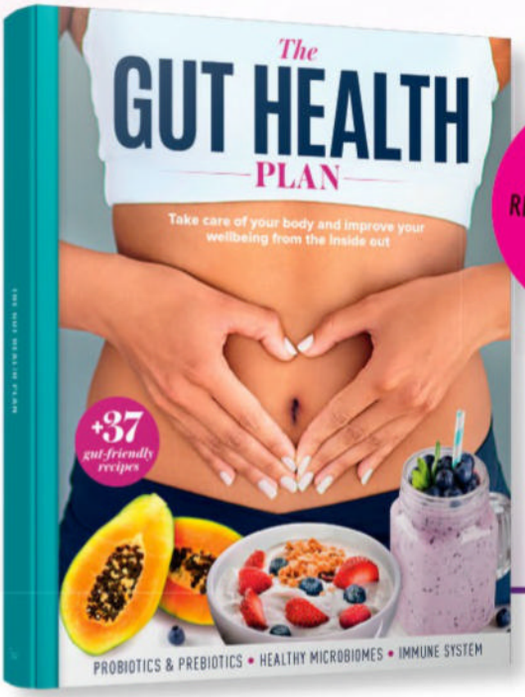

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FUTURE BOOKS

Football planner

RUGBY UNION

LIVE Crusaders v Chiefs
Sat 8am Sky Sports+

LIVE Western Force v Brumbies
Sat 10.30am Sky Sports+

LIVE Super Rygbi Cymru semi-final
Sat 12noon S4C (kick-off 12.15pm)

LIVE Bristol Bears v Bath
Sat 2.30pm TNT Sports 1 & ITV4 (kick-off 3.05pm) The Premiership match from Principality Stadium.

LIVE Bulls v Cardiff
Sat 2.45pm S4C & Premier Sports 1 (kick-off 3pm) United Rugby Championship game.

LIVE Stormers v Dragons
Sat 5pm S4C (kick-off 5.15pm) United Rugby Championship match.

LIVE Leinster v Zebre
Sat 5pm Premier Sports 1 (kick-off 5.15pm)

LIVE Benetton v Glasgow Warriors
Sat 5pm Premier Sports 2 (kick-off 5.15pm)

LIVE Harlequins v Gloucester
Sat 5.15pm TNT Sports 1 (kick-off 5.30pm) The Premiership match from Twickenham Stoop.

LIVE Connacht v Edinburgh
Sat 7.15pm Premier Sports 1 (kick-off 7.35pm)

LIVE Lions v Scarlets
Sun 1.30pm Premier Sports 2 & 1.45pm S4C (kick-off 2pm) The United Rugby Championship fixture.

LIVE Exeter Chiefs v Northampton Saints
Sun 2.30pm TNT Sports 1 (kick-off 3pm) The Premiership match staged at Sandy Park.

LIVE Top 14
Sun 8pm Premier Sports 2

LIVE Hurricanes v Highlanders
Fri 8am Sky Sports Action

LIVE NSW Waratahs v Crusaders
Fri 10.30am Sky Sports Action

LIVE Stormers v Cardiff
Fri 5.30pm Premier Sports 1 & 5.55pm BBC2 (Wales only) (kick-off 6pm) The United Rugby Championship match.

LIVE Sale Sharks v Bristol Bears
Fri 7pm TNT Sports 1 (kick-off 7.45pm) The Premiership game at Salford Community Stadium.

LIVE Edinburgh v Ulster
Fri 7pm Premier Sports 2 (kick-off 7.35pm) The United Rugby Championship fixture.

LIVE Munster v Benetton
Fri 7.55pm Premier Sports 1 (kick-off 8pm)

LIVE Fijian Drua v Western Force
Fri 4.35am Sky Sports Action

SNOOKER

LIVE World Seniors Championship
Sat & Sun 12noon 5
The semi-finals and final in Sheffield.

TENNIS

LIVE Italian Open
Sat-Tue 10am, Wed & Thu 12noon, Fri 12.30pm Sky Sports Tennis; Sun-Tue 10am Sky Sports+; Mon & Tue 10am, Wed 12noon Sky Sports Main Event

LIVE PREMIER LEAGUE

Newcastle United v Chelsea

Sun, k-o 12noon, TNT Sports 1

With the top five guaranteed a spot in the Champions League, both sides need the three points. Striker Alexander Isak's goal against Ipswich in April was his 22nd of the campaign – the most by a Magpies player in a top-flight season since Alan Shearer in 2003/04.

LIVE LA LIGA

Barcelona v Real Madrid

Sunday, kick-off 3.15pm, Premier Sports 1

Barcelona are favourites for the title and could put the matter beyond doubt in their home El Clásico. Barca sealed the Copa del Rey last month, defeating Real Madrid 3-2 with goals from Pedri, Ferran Torres (above) and Jules Koundé.

LIVE PREMIER LEAGUE

Liverpool v Arsenal

Sunday, kick-off 4.30pm, Sky Sports Main Event & Sky Sports Premier League

This fixture was once seen as a potential title decider – but Arsenal have proved second best. Mohamed Salah, who scored in the 2-2 draw at the Emirates in October, is now the highest-scoring overseas player in Premier League history.

Saturday 10

LIVE A-League
8am TNT Sports 3

LIVE League One
11.30am Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm)
The first play-off semi-final first leg, with the team who finished sixth hosting the side who finished third.

LIVE Women's Super League
12noon Sky Sports Premier League, Sky Sports Mix & Sky Showcase (kick-off 12.30pm)
Games from the concluding round of fixtures. See page 29.

LIVE Women's Super League
12.15pm BBC2 (kick-off 12.30pm)
A match from the concluding round of fixtures. See page 29.

LIVE Valencia v Getafe
12.55pm Premier Sports 2 (kick-off 1pm) The LaLiga game.

LIVE Bournemouth v Aston Villa
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm)
The Premier League match from Vitality Stadium. Evanilson scored with the last touch of the game to earn the hosts a 1-1 draw in the reverse fixture back in October.

LIVE Bayern Munich v Borussia Mönchengladbach
5.20pm Sky Sports Football & Sky Sports+ (kick-off 5.30pm)
Bundesliga match at Allianz Arena.

LIVE Chicago Red Stars v Washington Spirit
5.45pm TNT Sports 2
NWSL game at SeatGeek Stadium.

LIVE League One
7.30pm Sky Sports Football & 8pm Sky Sports Main Event (kick-off 7.45pm)
The second play-off semi-final first leg, with the team who finished fifth in the table hosting the side who finished fourth.

LIVE Serie A
7.45pm TNT Sports 1

LIVE Atlético Madrid v Real Sociedad
7.55pm Premier Sports 2 (kick-off 8pm) The LaLiga match.

Sunday 11

LIVE A-League
8am TNT Sports 3

LIVE Rangers v Aberdeen
11am Sky Sports Main Event & Sky Sports Football (kick-off 12noon)
The Scottish Premiership match.

LIVE Newcastle United v Chelsea
11am TNT Sports 1 (kick-off 12noon) The Premier League match at St James' Park.

LIVE Hibernian v Glasgow City
12noon BBC Alba (kick-off 12.10pm)
The Championship Group match in the SWPL at Meadowbank Stadium.

LIVE Leganes v Espanyol
12.55pm Premier Sports 1 (kick-off 1pm) The LaLiga match.

LIVE Nottingham Forest v Leicester City
1pm Sky Sports Premier League & 2pm Sky Sports Main Event (kick-off 2.15pm)
The Premier League match staged at The City Ground.

LIVE Bayer Leverkusen v Borussia Dortmund
2.20pm Sky Sports+ (kick-off 2.30pm)
The Bundesliga match at BayArena.

LIVE League Two
3pm Sky Sports Football (kick-off 3.30pm)
The first play-off semi-final first leg.

LIVE Barcelona v Real Madrid
3.10pm Premier Sports 1 (kick-off 3.15pm) LaLiga match at Barcelona Olympic Stadium.

LIVE Celtic v Rangers
4pm BBC Alba (kick-off 4.10pm)
The Championship Group match in the SWPL at New Douglas Park.

LIVE Liverpool v Arsenal
4.15pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm)
The Premier League match from Anfield, as the champions play their first game on home turf after winning the league in their previous home match against Tottenham.

LIVE Eintracht Frankfurt v FC St Pauli
4.30pm Sky Sports+ (kick-off 4.30pm) The Bundesliga match at Deutsche Bank Park.

LIVE JD Cymru Premier play-off semi-final
5pm S4C (kick-off 5.10pm)

LIVE Athletic Bilbao v Alavés
5.25pm Premier Sports 1 (kick-off 5.30pm)
The LaLiga match at San Mames.

LIVE League Two
6pm Sky Sports Football, 7.30pm Sky Sports Main Event (kick-off 6.30pm)
The second play-off semi-final first leg, with the team who finished sixth hosting the side who finished fifth.

LIVE Kansas City Current v Bay FC
6pm TNT Sports 4

LIVE VfB Stuttgart v FC Augsburg
6.30pm Sky Sports+ (kick-off 6.30pm) The Bundesliga match staged at MHP Arena.

LIVE Serie A
7.30pm TNT Sports 1

LIVE Real Betis v Osasuna
7.55pm Premier Sports 1 (kick-off 8pm) The LaLiga match.

Monday 12

LIVE Baller League
5.15pm Sky Sports Football & Sky Sports Mix
The eighth round of the UK-based version of the six-a-side football league at Copper Box Arena.

LIVE Championship
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The first play-off semi-final second leg, with the team who finished third in the table hosting the side who finished sixth.

Tuesday 13

LIVE Real Valladolid v Girona
5.55pm Premier Sports 1 (kick-off 6pm) The LaLiga match.

LIVE Scottish League One
7.20pm BBC Alba
The play-off final first leg.

LIVE Scottish Premiership
7.30pm BBC Scotland (kick-off 7.45pm)
The first leg of a play-off semi-final.

LIVE Championship
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The second play-off semi-final second leg, with the team who finished fourth in the table hosting the side who finished fifth.

LIVE Sevilla v Las Palmas
8.25pm Premier Sports 1 (kick-off 8.30pm) LaLiga match at Estadio Ramon Sanchez Pizjuan.

Wednesday 14

LIVE Hibernian v Celtic
5.50pm BBC Alba (kick-off 6pm)
The Championship Group match in the SWPL at Meadowbank Stadium.

LIVE Villarreal v Leganes
5.55pm Premier Sports 2 (kick-off 6pm) The LaLiga match.

LIVE League One
7.30pm Sky Sports Main Event & Sky Sports+ (kick-off 8pm)
The first play-off semi-final second leg, with the team who finished third in the table hosting the side who finished sixth.

LIVE Aberdeen v Celtic
7.30pm Sky Sports Football (kick-off 8pm)
The Scottish Premiership match.

LIVE Bologna v AC Milan
7.55pm Premier Sports 1 (kick-off 8pm) Coppa Italia final.

LIVE Scottish Championship
8pm BBC Alba

LIVE Real Madrid v Mallorca
8.25pm Premier Sports 2 (kick-off 8.30pm)
The LaLiga match from Bernabeu.

Thursday 15

LIVE Osasuna v Atlético Madrid
5.55pm Premier Sports 1 (kick-off 6pm) The LaLiga match.

LIVE Rayo Vallecano v Real Betis
5.55pm Premier Sports 2 (kick-off 6pm) The LaLiga game.

LIVE League One
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
A play-off semi-final second leg, with the team who finished fourth hosting the side who finished fifth.

LIVE Espanyol v Barcelona
8pm ITV4 & 8.25pm Premier Sports 1 (kick-off 8.30pm)
The LaLiga game at RCDE Stadium.

LIVE Getafe v Athletic Bilbao
8.25pm Premier Sports 2 (kick-off 8.30pm) LaLiga fixture.

Friday 16

LIVE Chelsea v Manchester United
7pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm)
The Premier League match staged at Stamford Bridge.

LIVE Scottish League One
7.20pm BBC Alba
A play-off final second leg.

LIVE Scottish Premiership
7.30pm BBC Scotland (kick-off 7.45pm)
A play-off semi-final second leg.

LIVE League Two
7.30pm Sky Sports Football (kick-off 8pm)
A play-off semi-final second leg.

LIVE Orlando Pride v Kansas City Current
1am TNT Sports 2 (kick-off 1am)

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Saturday

10 May

Evening Planner

Rugby League

Challenge Cup Semi-Final
BBC1, kick-off 2.30pm
Hull KR take on Catalans Dragons in York. Warrington Wolves play Leigh Leopards tomorrow (BBC2, k-o 4.15pm).

Football

Premier League
Sky Sports Main Event/PL, k-o 5.30pm
Aston Villa will be aiming for max points at Bournemouth today, as they strive for another Champions League season.

Sci-Fi

Doctor Who
BBC1, 7.10pm
The Doctor (Ncuti Gatwa, centre) arrives in Nigeria, where stories have power and the mysterious Barber reigns supreme.

Drama

The Handmaid's Tale
C4, 9pm & Prime Video
As the final season continues, June's respite away from the action draws to a close as she prepares to rejoin the cause.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.10 Doctor Who	8.00 Blankety Blank	8.35 Pointless Celebrities	9.20 Casualty		10.10 News	10.30 Match of the...
	102 BBC2	◂ 6.50 Race Across the World	7.50 Nature's Biggest Beasts	8.35 30 Hits of 1988 at the BBC				10.05 Milli Vanilli	
	103 ITV1	7.00 Britain's Got Talent: Live Semi-Final				9.00 The 1% Club		10.00 Fake	
	104 CHANNEL 4	7.00 New Zealand by Train		8.00 Two Men on a Bike		9.00 The Handmaid's Tale		10.05 Film: Mission: Impossible – Ghost...	
	105 5	◂ 6.55 Inside Windsor Castle: A Royal...		8.00 Secrets of the Royal Traditions		9.00 Fergie: Where Did All the Money Go?		10.00 The Banishing of Prince Andrew	
	106 SKY SHOWCASE		7.10 Film: Now You See Me			9.20 Film: Mission: Impossible			
ENTERTAINMENT	115 BBC3	7.00 EastEnders		8.00 Doctor Who...	8.30 Film: Divergent: Insurgent			10.15 Two Pints of Lager and a...	
	116 BBC4		7.10 All Creatures Great and Small			9.00 Families Like Ours			
	118 ITV2	◂ 6.40 Film: Indiana Jones and the Temple of Doom				9.00 Film: The Dark Knight			
	136 MORE4	◂ 6.55 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	7.00 The Simpsons				9.00 Celebrity Gogglebox		10.05 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare				9.00 The Equalizer		10.00 Blue Bloods	
	108 SKY ATLANTIC	◂ 6.50 Game of Thrones				9.00 The Penguin		10.10 Homicide: Life on the Street	
	110 U&GOLD	7.00 Only Fools and Horses							10.35 Billy...
	111 U&DAVE	7.00 Would I Lie to You?				9.00 Red Dwarf			
	119 ITV3	7.00 Midsomer Murders				9.00 Vera			
	120 ITV4	◂ 6.20 Film: MacArthur the Rebel General				9.00 Film: Ronin			
	112 COMEDY CENTRAL	7.00 Friends		8.00 Michael McIntyre's Big Christmas Show		9.00 Michael McIntyre: Happy & Glorious		10.00 Film: Ted	
	139 SKY SCI-FI	7.00 Star Trek: Voyager							
	113 SKY MAX	7.00 The Walking Dead		8.00 Rob & Romesh vs Heavy Metal		9.00 Friends: The Reunion			
	109 U&ALIBI	7.00 Father Brown		8.00 Beyond Paradise		9.00 Death in Paradise		10.00 Film: Killing Daddy	
	130 SKY ARTS	7.00 Bob Marley: Uprising! Live					9.30 Bob Marley: Up Close and Personal		
	132 U&W	7.00 Inside the Vets				9.00 The Catherine Tate Show			
DOCUMENTARY	125 DISCOVERY	7.00 Gold Rush: Mine Rescue with Freddy...		8.00 Blowing Up History		9.00 Naked and Afraid			
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Guardians of Rescue		9.00 Animal Cops Houston		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Liberation: D-Day to Berlin							
	123 SKY HISTORY	7.00 WWII's Most Daring Raids				9.00 Dunkirk		10.00 Greatest Prison Escapes with Billy...	
	155 U&YESTERDAY	7.00 Bangers & Cash: Restoring Classics		8.00 Bangers & Cash					
	121 SKY DOCS	7.00 Gary				9.00 I Am Luke Perry			
FILMS – Sky Cinema	301 PREMIERE	◂ 6.10 Trap		8.00 Speak No Evil				10.00 Cleaner	
	302 STAR TREK	◂ 6.45 Star Trek: Generations			8.50 Star Trek: First Contact				
	303 MEGA HITS	◂ 6.05 Barbie		8.00 Spider-Man				10.05 The Fall Guy	
	304 GREATS	◂ 5.50 The Apartment		8.00 Singin' in the Rain				10.00 We're No Angels	
	305 ANIMATION	◂ 5.50 Trolls Band...	7.30 Sing				9.25 Sneaks		
	306 FAMILY	◂ 6.00 IF	7.50 The Spiderwick Chronicles				9.35 Muppets from Space		
	307 ACTION	◂ 6.20 Hancock		8.00 Shazam!					10.20 The Patriot
	308 COMEDY	◂ 6.10 Wayne's World 2		8.00 The Boat That Rocked				10.15 48 Hrs	
	309 THRILLER	◂ 6.05 The Equalizer 3		8.00 Zero Dark Thirty					
	310 DRAMA	◂ 6.00 8 Mile		8.00 P.S. I Love You				10.15 Minyan	
	311 SCI-FI	◂ 6.25 Men in Black II		8.00 I Am Legend			9.45 Ouija: Origin of Evil		
	313 FILM4	◂ 6.50 Central Intelligence				9.00 Anna			
SPORT	401 MAIN EVENT	◂ 5.00 SNF – Live		8.00 EFL – Live: Coverage of the second League One play-off semi-final first-leg match (Kick-off 7.45)					10.30 Golf – Live
	402 PREMIER LEAGUE	◂ 5.00 SNF – Live: Bournemouth v Aston Villa (Kick-off 5.30)			8.30 Game of the Day				10.30 PL Highlights
	403 FOOTBALL	◂ 5.20 Bundesliga...	7.30 EFL – Live: Coverage of the second League One play-off semi-final first-leg match (Kick-off 7.45)						10.30 EFL Highlights
	404 CRICKET	7.00 Pakistan Super League – Live		8.00 Best of ICC WT20		9.00 IPL			
	410 TNT SPORTS 1	◂ 5.15 Rugby Union – Live	7.45 Serie A – Live: Football from Italy's top division				9.45 Isuzu UTE A-League		
	411 TNT SPORTS 2	◂ 5.45 NWSL – Live		8.00 MotoGP	8.30 NBA – Live: Coverage from a play-off match				

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

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6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With chefs Emily English and Niklas Ekstedt, and actor Liz Carr. (S)
11.30 **Football Focus** (S)
12.15 PM **Homes Under the Hammer** From Norwich. (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Bargain Hunt** (S)(R)
2.00 LIVE **Rugby League: Challenge Cup** Hull Kingston Rovers v Catalans Dragons: The semi-final at the LNER Community Stadium in York. Kick-off is at 2.30. (S)
4.30 **Final Score** Results round-up. (S)
5.20 **BBC News** (S)
5.30 **Local News** (S)
5.40 **Celebrity Bridge of Lies** New edition 3/10. Ross Kemp hosts as a team of *Gladiators* compete in the high stakes quiz. (S)

6.25 The Hit List

6 PM

6.25 The Hit List New edition 9/12. Ivo Graham and Emmanuel Sonubi, Toyah Willcox and Pat Nevin, and *EastEnders*' Natalie Cassidy and Jamie Borthwick compete in the music-based quiz. (S)

7 PM

7.10 Doctor Who New episode *The Story & The Engine:* 5/8. The Doctor arrives in a world where stories have power, and must prevent a complex plot of revenge. *See feature, page 12.* (S15) (S)(AD)

8 PM

8.00 Blankety Blank New edition 4/9. With panellists Josh Widdicombe, Judi Love, Aisling Bea, Jedward, Kojey Radical and Michelle Collins. (S)

8.35 Pointless Celebrities New edition A comedy special of the quiz, with contestants including Geoff Norcott, Ed Byrne, Kerry Howard, Clair Buckley and James Buckley. (S)

9 PM

9.20 Casualty *Internal Affairs:* Rida exposes misconduct within the ED, Indie dodges distractions, Rash questions Flynn's leadership, and a patient is brought in after a violent seizure. (S)(AD)

10 PM

10.10 BBC News (S)

10.30 Match of the Day Gary Lineker presents highlights from today's Premier League games, including Southampton v Man City and Bournemouth v Aston Villa. (S)
■ *Match of the Day 2* is tomorrow at 10.30pm

11.40 **The Women's Football Show** The final round of the WSL. (S)
12.30 AM **Ashley Cain: Into the Danger Zone** 6/6. The Philippines. (S)(R)
1.30 **Weather for the Week Ahead** (S)
1.35 **to 6.00** AM **BBC News** (S)

BBC2

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6.25 AM **Children's Programmes**
9.00 **Gardeners' World** (S)(R)
10.00 FILM **Believe** Sports drama with Brian Cox and Natascha McElhone. (S) (2013, PG, 90min) ★★★
11.30 **Nadiya Bakes** (S)(R)(AD)
12.00 NOON **Nigel Slater's Simple Cooking** Recipes using a sugar and spice combination. (S)(R)
12.15 PM LIVE **Football: Women's Super League** A match from the concluding round of top-flight fixtures. Kick-off is at 12.30. (S)
2.50 FILM **High Society** Classic musical comedy starring Bing Crosby, Grace Kelly and Frank Sinatra. (S) (1956, U, 105min) ★★★★★
4.35 FILM **In the Heights** Musical starring Anthony Ramos, Corey Hawkins and Leslie Grace. (S)(AD) (2021, PG, 135min) ★★★

10.05 Milli Vanilli

6.50 Race Across the World 3/9. The five pairs are challenged to race from the island of Sanya to the mysterious Shangri-La, which sits on the edge of the Tibetan plateau towards the foothills of the Himalayas. (S)(R)(AD)

7.50 Nature's Biggest Beasts A look at how being big can sometimes be a burden to some of nature's larger animals, and how they overcome the challenges of their size. Narrated by Miles Jupp. (S)(R)(AD)

8.35 NEW **30 Hits of 1988 at the BBC** A journey through the BBC's music archives for a selection of songs from the year, including hits by Kylie Minogue, Terence Trent D'Arby, Salt-N-Pepa and Glenn Medeiros. Plus, Milli Vanilli had the world at their feet in 1988, but ultimately ended up pop pariahs after the lip-synching scandal that exposed the fact that *Girl You Know It's True* was actually a big lie. (S)

10.05 NEW **Milli Vanilli** From their meteoric rise to public downfall, this documentary chronicles the circumstances surrounding the lip-synching scandal that hit the pop duo of Fab Morvan and Rob Pilatus. (S)
11.50 **TOTP 1988: Big Hits** Featuring Yazz, S'Express, Bomb the Bass, Bros, Tiffany, Enya, Maxi Priest and Everything But the Girl. (S)(R)
12.50 AM **Top of the Pops: The Story of 1988** A look back at the year in music, with Matt Goss, Jason Donovan, Wendy James, Aswad, Cold Cut and All About Eve. (S)(R)
1.50 **Sign Zone: Iolo's River Valleys** (R)
2.20 **Sign Zone: This City Is Ours** (S)(R)
3.20 **to 6.50** AM **Previews** (S)

ITV1

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6.00 AM **A Year in the Beacons** (S)(R)
6.30 **Love Your Weekend with Alan Titchmarsh** With Larry Lamb. (S)(R)
8.25 **Jimmy & Shivi's Farmhouse Breakfast** New edition (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Jodie Kidd. (S)
11.40 **Prue Leith's Cotswold Kitchen** New edition With Vin and Omi. (S)
12.40 PM **ITV News** (S)
1.00 LIVE **Racing** The Derby and Oaks Trials at Lingfield Park, plus action from Ascot and Haydock Park. (S)
4.00 **In for a Penny** (S)(R)(AD)
4.30 **ITV News** (S)
4.45 **Local News** (S)
5.00 **The Chase Celebrity Special** Jasmine Harman, Helen Lederer, Neil Delamere and Jamie Borthwick take part. (S)(R)

7.00 Britain's Got Talent: Semi-Final

6.00 99 to Beat Series finale 8/8. Adam and Ryan Thomas host the final round of the game show as the eight remaining players try to avoid being eliminated, before one wins a £25,000 prize. (S)

7.00 Britain's Got Talent: Live Semi-Final New edition 11/14. Ant and Dec host the third semi-final as more acts that made it through the auditions perform in front of judges Simon Cowell, Amanda Holden, Alesha Dixon and Bruno Tonioli and a live audience for a chance to win a place in the final. (S)

9.00 The 1% Club New edition Quiz show hosted by Lee Mack in which the questions are all about logic and common sense, with 100 contestants having a chance of winning up to £100,000. (S)(AD)

10.00 Fake New episode *Stitches:* 2/8. Birdie refuses a colleague's offer to do a background check on Joe. (S1) (S)(AD)
■ Entire series on ITVX

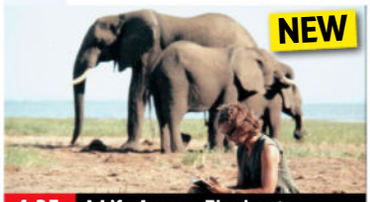
10.45 ITV News (S)
11.10 FILM **Speed** Action thriller starring Keanu Reeves, Dennis Hopper and Sandra Bullock. (S) (AD) (1994, 15, 125min) ★★★★★
1.15 AM **Teleshopping**
3.00 **The Assembly** (S)(SL)(R)
3.25 **For the Love of Dogs with Alison Hammond** (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Long Lost Family: Born Without Trace** (S)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.00 AM **Cheers** 18-20/22. (S2) (S)(R)
7.20 **Everybody Loves Raymond** (S)(R)
8.15 **Frasier** 10-12/24. (S7) (S)(R)(AD)
9.45 **The Simpsons** (S)(R)(AD)
11.45 **Come Dine with Me: The Professionals** (S)(R)
12.45 PM **Four in a Bed** (S)(R)
3.20 **The Secret Life of the Zoo** Vets at Chester Zoo treat an elephant calf for the herpes virus. (S)(R)(AD)
4.25 NEW **A Life Among Elephants** Zoologist Iain Douglas-Hamilton looks back on his life documenting the behaviour of African elephants in the wild and campaigning against the ivory trade. (S)(AD)
5.30 **The Piano** In Newcastle, Claudia Winkleman, Mika and Jon Batiste judge performances by a romantic tram driver and a teenager who hits all the right notes. (S)(R)(AD)



4.25 A Life Among Elephants

6.30 News (S)

7.00 New Zealand by Train 2/2. New Zealand's Northern Explorer scenic rail journey, which starts in the country's largest city, Auckland, and ends at the capital Wellington, 420 miles away. (S)(R)(AD)

8.00 Two Men on a Bike 4/4. On the final leg of their journey, David Baddiel and Hugh Dennis head to the Mediterranean port of Le Somail and take a boat ride along the Canal du Midi. (S)(R)(AD)

9.00 The Handmaid's Tale New episode *Exile:* 2/10. June tries to settle in a new community, Serena seeks a sanctuary, while Luke and Moira take a big risk. *See feature, page 7.* (S6) (S)(AD)

10.05 FILM **Mission: Impossible – Ghost Protocol** Action spy thriller starring Tom Cruise. Super spy Ethan Hunt and his team strive to stop a rogue Russian scientist from provoking a global nuclear war. With Jeremy Renner. (S)(AD) (2011, 12, 155min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.40 AM FILM **Oblivion** Sci-fi adventure starring Tom Cruise. A solitary drone repairman on a post-apocalyptic future Earth discovers that his world isn't what it seems. (S)(AD) (2013, 12, 125min) ★★★★
2.45 **The Dog House** (S)(R)(AD)
3.40 **A Lake District Farm Shop** (S)(R)
4.35 **to 6.10** AM **The Simpsons** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.10 **Entertainment News** (S)
9.15 **Bargain-Loving Brits in the Sun** Shane receives a visit from his mother at his new bar. (S)(R) **10.00** Colin faces a busy day as the vet visits his farm. (S)(R) **11.00** Hotel manager Grace holds a pop-up market. (S)(R)
12.00 NOON **LIVE Snooker: World Seniors Championship** Coverage of the semi-finals on day four from Sheffield's Crucible Theatre. Igor Figueiredo claimed a 4-1 win at this stage last year against Tony Drago, and Ken Doherty prevailed by the same scoreline against Barry Pinches, with Figueiredo going on to win the title. (S)

9.00 Fergie: Where Did All the...

6.00 **Inside Windsor Castle: A Royal Residence** 5/6. Xand Van Tulleken, JJ Chalmers and Raksha Dave look at Elizabeth II's time in the castle. (S)(R) **6.55** 6/6. Recollections of Windsor during the COVID-19 pandemic in terms of the Queen Elizabeth II's lockdown routine at the castle and her final journey to Windsor upon her death. (S)(R)
7.55 **News** (S)
8.00 **Secrets of the Royal Traditions** New edition 3/6. A look at coronations, examining the rituals and customs that play a crucial role in the crowning of a new monarch. (S)
9.00 **NEW Fergie: Where Did All the Money Go?** A look at the finances of Sarah, Duchess of York, who has found herself in financial turmoil several times but has always bounced back. (S)
10.00 **The Banishing of Prince Andrew** The Duke of York's descent into disgrace, featuring interviews with royal insiders, journalists, members of his social circle, and the legal teams that brought his actions to light. (S)(R)
11.35 **Most Shocking Celebrity Moments** Infamous incidents from the 1990s. (S)(R)
1.30 AM **PlayOJO Live Casino Show**
3.30 **Friends** 3/24. (S4) (S)(R)(AD)
3.50 **Autumn Gardening with Carol Klein** Seasonal changes. (S)(R)
4.40 **Me & My 10 Kids** (S)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (S)(R)
7.05 **Monkey Life** (S)(R)(AD)
8.00 **The Simpsons** (S)(R)
10.00 **FILM The Amazing Maurice** Animated adventure with the voice of Hugh Laurie. (S)(AD) (2022, PG, 93min) ★★★★
12.00 NOON **LIVE Football: WSL** Coverage of a match from the Women's Super League.
3.00 PM **Gillette Labs Soccer Saturday** Up-to-the-minute scores from today's matches.
5.00 **FILM The BFG** Steven Spielberg's fantasy adventure based on Roald Dahl's book, starring Mark Rylance, Ruby Barnhill and Penelope Wilton. (S) (2016, PG, 117min) ★★★★

5.00 The BFG

FILM The BFG (film started at 5.00pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7.10 **FILM Now You See Me** Heist thriller starring Jesse Eisenberg, Mark Ruffalo, Woody Harrelson and Isla Fisher. A quartet of Las Vegas magicians go on a crime spree, puzzling the FBI and Interpol. With Mélanie Laurent, Dave Franco, Michael Caine and Morgan Freeman. (2013, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

9.20 **FILM Mission: Impossible** Brian De Palma's action thriller based on the cult 1960s TV series, starring Tom Cruise, Jon Voight and Emmanuelle Béart. An undercover agent devises a risky plan to expose the traitor who betrayed him and his colleagues. With Jean Reno and Ving Rhames. (S) (1996, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.20 **Poker Face** 1/12. With a hit out on her, Charlie investigates the death of a friend's sister. (R)(S) **12.20** AM 2/12. Charlie uses her skills to find a missing person. With Katie Holmes. (R)(S) **1.20** 3/12. Charlie is stuck between the FBI and the Mob. With John Mulaney. (S2) (R)(S)
2.10 **An Idiot Abroad 3** (S)(R)(AD)
3.05 **Road Wars** (S)(R)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
4.30-5.20pm Sportscene: Open All Mics (S) **11.40** Sportscene: Premiership Highlights (S)(R) **12.55am** The Women's Football Show (S) **1.45** Ashley Cain: Into the Danger Zone (S)(R)(AD) **2.45** Weather for the Week Ahead (S) **2.50-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
4.35pm Barra on the Foyle (S)(R) **4.55-7.50pm LIVE** The Championship Final (S)

WALES
Sky 968, Freesat 968
2.50pm Planet Earth: A Lion's Tale (S)(R) **3.05** **FILM** High Society (S) (1956, U, 105min) ★★★★★ **4.50** **FILM** In the Heights (S)(AD) (2021, PG, 135min) ★★★ **7.05** Race Across the World (S)(R)(AD) **8.05-8.35pm** Springwatch in Wales (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Annibendod **10.10** Canu gyda Fy Arwr **11.05** Ein Llwybrau Celtaidd **11.30** Ceffylau, Sheikhs a Chowbois **12.00noon LIVE** Clwb Rygbi **2.20pm** Sgwrs Dan y Lloer **2.45 LIVE** Clwb Rygbi **5.00 LIVE** Clwb Rygbi **7.15** Newyddion a Chwaraeon **7.30** Cysgu O Gwmpas (AD) **8.00** Canu gyda Fy Arwr **9.00** Llofruddiaeth y Bwa Croes **10.00** Iolo: Natur Bregus Cymru (AD) **11.00** Strip **11.15-11.35pm** Strip

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Billy tries to reconcile with Harry. **7.30** Lauren issues Peter with an ultimatum.
8.00 **Doctor Who: Unleashed** New edition 5/8. Behind the scenes of the sci-fi series.
8.30 **FILM Divergent: Insurgent** Sci-fi adventure sequel starring Shailene Woodley and Kate Winslet. An outsider in a regimented society faces a conflict that threatens to tear her civilisation apart. With Theo James and Jai Courtney. (2015, 12, 116min) ★★
10.15 **Two Pints of Lager and a Packet of Crisps** 4/8. Louise applies for a new job. **10.45** 5/8. Gaz tries to ease his guilt by doing something special for Donna. **11.15** 6/8. Jonny receives an ultimatum. (S4)
11.45 **Man Like Mobeen** (S5)
12.35 AM **Glow Up: Britain's Next Make-Up Star**
1.35 **Charlotte in Sunderland**
2.35 **to 4.00** AM **Two Pints of Lager and a Packet of...**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Britain's Wild Places: Water Voles** A year in the life of the wild mammal.
7.10 **All Creatures Great and Small** *The Bull with the Bowler Hat:* Tristan lectures on artificial insemination. **8.05** *The Pig Man Cometh:* James diagnoses a case of swine fever.
9.00 **Families Like Ours** New episodes *The Angel's Watch:* 3/7. The nation gathers for a church service. **9.50** *Farewell, Denmark:* 4/7. The day of Fanny's departure for Romania arrives. Subtitled. (S1)
■ Entire series on BBC iPlayer
10.40 **Parkinson** With guests Dirk Bogarde, Diana Rigg and Barbara Woodhouse.
11.45 **Abi Morgan: This Cultural Life** With John Wilson.
12.15 AM **The Good Life**
12.40 **Yes, Minister**
1.10 **All Creatures Great and Small** Double bill.
3.00 **to 4.00** AM **Africa Turns the Page: The Novels That Shaped a Continent**

MORE4

136/137 127 147 18 124 15

8.55 AM **Four in a Bed**
11.35 **George Clarke's Amazing Spaces** George helps build a mobile home for a man with spinal muscular atrophy.
12.40 PM **FILM The Guns of Navarone** World War Two adventure starring Gregory Peck and David Niven. (1961, PG, 150min) ★★★★
3.50 **Come Dine with Me** Five editions from Cardiff.
6.25 **Four in a Bed** The contest begins at N'ista Boutique Rooms in Southport.
6.55 **Four in a Bed** The week's second visit is to Oakleigh Guest House in Blackpool. **7.25** The third visit is to Bay House in Scarborough. **8.00** The fourth and final visit is to The Farrier in Cayton, North Yorkshire. **8.30** The B&Bers reunite to settle some scores.
9.00 **24 Hours in A&E** A 24-year-old man is rushed to St George's after being injured in a football match. **10.00** An 88-year-old woman collapses, and doctors fear she is not getting enough blood to the brain.
11.05 **Emergency Helicopter Medics** In Cambridgeshire, the heli-medics race to treat a cyclist with a brain injury.
12.05 AM **999: On the Front Line**
1.10 **24 Hours in A&E**
3.20 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **The Goldbergs**
8.25 **Lego Masters New Zealand** The teams must build a fantastic creation suspended from a wire.
9.25 **Made in Chelsea**
10.25 **FILM Hotel Transylvania** Animated comedy featuring the voice of Adam Sandler. (2012, U, 91min) ★★★★
12.15 PM **The Big Bang Theory**
4.05 **FILM Home Alone 2: Lost in New York** Comedy sequel with Macaulay Culkin. (1992, PG, 120min) ★★
6.30 **The Simpsons** *The Book Job:* Homer becomes an author of children's books. **7.00** *The Man in the Blue Flannel Pants:* Homer is promoted to accounts manager at the power plant. **7.30** *The Ten-Per-Cent Solution:* Krusty's TV show is cancelled. With Joan Rivers. **8.00** *Wad Goals:* Bart becomes a golf caddy. **8.30** *Yokel Hero:* Cletus becomes a music sensation.
9.00 **Celebrity Gogglebox** Famous faces appraise *Big Brother: Best Shows Ever, Scarface* and *First Dates.*
10.05 **Gogglebox** Opinions on *You Bet!* and *Black Doves.* **11.05** Views on *Starstruck* and *Rick Stein's Cornwall.*
12.10 AM **First Dates**
2.15 **Gogglebox**
4.10 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hr 235/236 306 30 123 256

Saturday primetime primetime

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **UK Border Force**
8.00 **Motorway Patrol**
9.00 **Highway Patrol**
10.00 **Border Patrol**
12.00 NOON **Border Security: Canada's Front Line** Double bill following the Canada Border Services Agency.
1.00 PM **UK Border Force** An immigration officer clashes with her boss, and customs staff target travellers trying to smuggle illicit goods.
2.00 **Nothing to Declare** Ten editions of the documentary.

10.00 Blue Bloods

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **The Best of Nothing to Declare** Double bill featuring highlights from the fly-on-the-wall documentary series.

9 PM
9.00 **The Equalizer** *A Few Good Women:* 13/18. A soldier vanishes while planning to expose a secret military project. (S5)

10 PM
10.00 **Blue Bloods** *Hidden Motive:* 17/20. Danny and Baez investigate the murder of a wealthy college student. (S12)
11.00 **FBI: Most Wanted** 21/22. A wealthy East Hamptons couple are killed by a female con artist. (S3)
12.00 M'T **The Good Doctor** (S3)
1.00 AM **Caught on Dashcam**
2.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **In Treatment** (S1)
6.40 **The Newsroom** 1-3/10. (S1)
10.00 **Game of Thrones** Nine episodes, including at: **2.30** PM 5/10. A suspicious death threatens to overshadow the tournament. **3.35** 6/10. Ned investigates rumours about the Lannisters. **4.40** 7/10. Ned confronts Cersei about Jon Arryn's death. **5.45** 8/10. The Lannisters launch their bid to seize power. **6.50** 9/10. Robb seeks to prove himself in combat. (S1)

9.00 The Penguin

7.55 **Game of Thrones** *Fire and Blood:* 10/10. Robb's bannermen make a momentous declaration and Catelyn confronts Jaime Lannister about Bran's near-fatal fall. (S1)

9.00 **The Penguin** *Cent'anni:* 4/8. Sofia makes plans as she confronts the events that turned her into the Hangman. (S1)

10.10 **Homicide: Life on the Street** *Hostage – Part Two:* 2/22. The hostage crisis takes a turn for the worse. (S5)
11.10 **Homicide: Life on the Street** 3/22. A prison riot breaks out. **12.10** AM 4/22. Lewis tackles a drug-related homicide. (S5) **1.10** 5&6/22. (S5)
3.10 **The Outsider** 2/10.
4.10 **Urban Secrets**
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Supergirl** 11-13/23. (S3)
9.00 **Grimm** 17-20/22. (S3)
1.00 PM **FILM Stargate** Sci-fi adventure with Kurt Russell. (1994, PG, 125min) ★★★★
3.15 **The Walking Dead** 3/16. A group leave the prison to search for supplies. **4.10** 4/16. The group try to find supplies at a local college. **5.05** 5/16. Rick and Carl defend the prison as the fences begin to give way. **6.00** 6/16. A familiar face becomes an unlikely hero. (S4)

9.00 Friends: The Reunion

7.00 **The Walking Dead** *Dead Weight:* 7/16. Worrying events are unfolding at a camp outside the prison. (S4)

8.00 **Rob & Romesh vs Heavy Metal** The duo perform Metallica's *Enter Sandman* at the Download Festival.

9.00 **Friends: The Reunion** One-off special in which Jennifer Aniston, Lisa Kudrow, Courteney Cox, David Schwimmer, Matt LeBlanc and Matthew Perry get together to reminisce about the hit comedy.

11.00 **Poker Face** 1-3/12. Triple bill of the crime drama starring Natasha Lyonne. (S2)
2.00 AM **An Idiot Abroad 3** 1/3. Karl Pilkington goes touring again – this time accompanied by actor Warwick Davis.
3.00 **Strike Back: Silent War** (S7)
4.00 **Supergirl** 12/23. (S3)
5.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records**
9.15 **Deal or No Deal**
12.15 PM **American Ninja Warrior**
2.00 **The Masked Singer US** The show celebrates Elton John.
3.00 **FILM Scoob!** Animated comedy with the voices of Will Forte and Mark Wahlberg. (2020, PG, 93min) ★★★
4.55 **FILM Madagascar** Animated comedy featuring the voices of Ben Stiller and Chris Rock. (2005, U, 86min) ★★★

6.40 ...and the Temple of Doom

6.40 **FILM Indiana Jones and the Temple of Doom** Steven Spielberg's action adventure with Harrison Ford. The archaeologist travels to India, where he battles to retrieve sacred stones in the possession of an evil cult. (1984, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **FILM The Dark Knight** Comic-book action thriller starring Christian Bale and Heath Ledger. Masked vigilante Batman encounters a dangerous new adversary when The Joker unleashes violent anarchy on the streets of Gotham City. (2008, 12, 152min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.05 AM **Family Guy** 15/21. A girl steals Stewie's heart. **12.35** 9/21. Peter claims that Chris is dying. (S2)
1.05 **American Dad!** (S6)
2.05 **Iain Stirling's CelebAbility**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Mr Bean**
6.35 **A Touch of Frost**
10.45 **Doc Martin** 5&6/8. (S4)
12.50 PM **Agatha Christie's Poirot** *How Does Your Garden Grow?* A murder gives rise to rumours of a communist conspiracy. **1.55** *The Million Dollar Bond Robbery:* Poirot accompanies a precious cargo to New York.
3.00 **Midsomer Murders** *The Debt of Lies:* Guest stars Tom Conti. **5.00** *Harvest of Souls:* The owner of an equestrian centre is trampled by his horse.

9.00 Vera

7.00 **Midsomer Murders** *Saints and Sinners:* When the leader of an archaeological dig is found murdered, DCI Barnaby and DS Nelson are presented with a complex investigation as they hunt the perpetrator.

9.00 **Vera** *The Seagull:* The detective reopens an unsolved case when a skeleton is discovered, and suspects the bones belong to a notorious criminal who was once a friend of her father and has been missing for more than 20 years.

11.00 **Lewis** *Dark Matter:* A college master is found dead at the university's observatory.
12.40 AM **Martin Clunes: Islands of the Pacific** The Galapagos.
1.35 **Mr Bean** 9/14. (S1)
2.05 **On the Buses**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** The latest top-flight action, including Celtic v Hibernian at Celtic Park.
8.30 **Icons of Football** The life and career of former Dundee United striker Paul Sturrock.
9.00 **Scotland's Big Night Out** Iain Stirling explores the history of the Saturday night out.
10.00 **Mrs Brown's Boys** 2/7. Cathy goes to extreme lengths to impress her boyfriend. (S3)
10.30 **Two Doors Down** 6/6. A new couple on the street are invited to Beth's house. (S3)
10.55 **Mark Nelson: Live from Dumfries** The comedian performs in his home town's Theatre Royal.
11.55 PM **to 12.00** M'T **Loop**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Fantasmas** (S1)
10.05 **The Conners** (S4)
11.10 **Entourage** (S1)
1.00 PM **Insecure** (S1&2)
3.35 **Curb Your Enthusiasm**
6.35 **The Office (US)** 1/19. Part one of two. Michael hits Meredith with his car. **7.00** 2/19. Part two of two. Michael organises a charity fun run. **7.30** 3/19. Part one of two. Jim and Pam's relationship is revealed. **8.00** 4/19. Part two of two. Michael and Dwight present food gift baskets to seven former clients. **8.30** 5/19. Part one of two. The staff prepare for a launch party. (S4)
9.00 **And Just Like That...**
10.40 **Saturday Night Live**
12.10 AM **Entourage** (S8)
1.20 **Barry** 1&2/8. (S3)
2.30 **Girls** 9&10/10. (S2)
3.45 **Silicon Valley** 1/7. (S6)
4.25 **to 5.00** AM **How to Make It in America**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **La Wally**
8.25 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **FILM Ten Little Indians** Agatha Christie murder mystery. (1974, PG, 98min) ★
2.50 **Classic Movies: The Story of Kind Hearts and Coronets**
3.50 **FILM ABBA The Movie** Musical comedy. (1977, U, 93min) ★★★
5.45 **Roy Orbison Forever**
7.00 **Bob Marley: Uprising! Live** From Dortmund's Westfalenhalle in 1980.
9.30 **Bob Marley: Up Close and Personal**
10.50 **Harder Than the Rock: The Cimarons Story**
12.50 AM **Oasis: There and Then** From 1995.
2.40 **Oasis: Standing on the Edge of Noise**
4.00 **Holly Johnson at Baloise Session**
5.30 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Nothing to Declare**
8.00 **Trolls: Trollstopia**
8.25 **Let's Go, Bananas!**
8.50 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **Nothing to Declare**
11.00 **Africa's Claws and Jaws**
12.00 NOON **Africa's Wild Horizons** Documentary.
1.00 PM **Monkey Life**
2.00 **Baby Animals**
3.00 **Dogs with Extraordinary Jobs**
4.00 **Nature's Mass Attacks**
6.00 **Kalahari: Land of Secret Alliances**
7.00 **Land of Primates**
8.00 **Caught on Dashcam**
9.00 **Love You to Death** An actor is found stabbed to death surrounded by candles and rose petals.
10.00 **Sex and the City** (S4)
12.40 AM **Caught on Dashcam**
1.35 **Brit Cops: War on Crime** Documentary.
2.30 **Nothing to Declare**
4.00 **to 6.00** AM **Highway Patrol**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.45 **Be Beautiful**
7.55 **Olivia Meets Her Match**
8.55 **The Bardsley Bunch**
9.55 **Dinner Date**
1.00 PM **Project Bakeover**
2.55 **The Only Way Is Essex**
3.55 **The Bardsley Bunch**
4.55 **The Real Housewives of Cheshire**
6.00 **Celebrity Dinner Date** Reality star Jordan Davies looks for love. **7.00** With Ester Dee. **8.00** Reality star Callum Izzard takes part.
9.00 **Botched** Terry makes a breast cancer survivor feel whole again.
10.00 **Loaded in Paradise** Kieran and Zoe seal the fate of a Chaser pair. **11.00** Tensions rise between Lewis and Gio and two new Spenders.
12.00 M'T **Botched**
12.55 AM **Backyard Builds**
1.25 **to 1.30** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
1.00 PM **Highway to Heaven** Eight episodes of the drama, including at: **7.00** *The Squeaky Wheel:* 7/13. An amputee campaigns for the rights of disabled people. **8.00** *Goodbye, Mr Zelinka:* 8/13. Jonathan helps a beloved teacher avoid being forced into retirement. (S5)
9.00 **An Aurora Teagarden Mystery: The Disappearing Game** Crime drama starring Candace Cameron Bure.
10.50 **An Aurora Teagarden Mystery: Reap What You Sew** Drama starring Candace Cameron Bure.
12.45 AM **The New Avengers**
3.00 **Randall and Hopkirk (Deceased)** 20/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Highlights**
8.20 **The Professionals**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.25 **Underwater Grand Fishing Adventure** From France.
12.25 PM **FILM Carry On Don't Lose Your Head** Comedy (1966, PG, 90min) ★★★
2.30 **LIVE Rugby Union: Gallagher Premiership** Bristol Bears v Bath: Kick-off is at 3.05.
5.15 **The Best of the 90s**
5.30 **Great Racehorses**
5.50 **Made in Britain**

6.20 MacArthur the Rebel...

6.20 **FILM MacArthur the Rebel General** Epic biopic starring Gregory Peck as controversial US military leader General Douglas MacArthur. With Ed Flanders, Dan O'Herlihy and Marj Dusay. (1977, PG, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **FILM Ronin** Action thriller starring Robert De Niro and Jean Ren. A team of intelligence agents are hired to steal a well-protected briefcase, but things go wrong when they start double-crossing one another. (1998, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

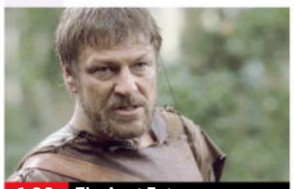
11.25 **Wrestling: AEW Dynamite** Hard-hitting, high-flying action.
1.30 AM **Underwater Grand Fishing Adventure** Ali Hamidi and Bobby Zamora's are in France, aiming to catch koi and a 50-pound plus carp.
2.30 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **FILM Treasure Guards** Adventure starring Anna Friel. (2011, PG, 90min) ★★
1.00 PM **FILM The Lost Future** Sci-fi adventure starring Sean Bean. (2010, 15, 90min) ★★
3.00 **Star Trek: Enterprise** Four episodes, including at: **5.00** 25/26. The crew encounter femmes fatales. **6.00** 26/26. Part one of two. The ship is ordered to return to Earth. (S1)

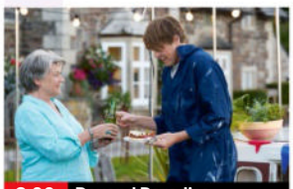

1.00 The Lost Future

7.00 **Star Trek: Voyager** *The Omega Directive:* 21/26. The crew encounter a potent and dangerous particle.
8.00 **Star Trek: Voyager** *Unforgettable:* 22/26. Chakotay finds himself suffering from a strange form of amnesia.
9.00 **Star Trek: Voyager** *Living Witness:* 23/26. The crew become the subject of a legend told by an alien museum curator.
10.00 **Star Trek: Voyager** *Demon:* 24/26. Paris and Kim face danger as they visit an unexplored planet in search of supplies. (S4)
11.00 **The Walking Dead** 1/16. Negan cements his rule by making a deadly example. **12.00** M'T 2/16. Carol and Morgan meet King Ezekiel, the leader of The Kingdom. **1.00** AM 3&4/16. (S7)
3.00 **Twin Peaks: The Return** 16/18. Mystery drama. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S13)
10.05 **Elementary** 22-24/24. (S3)
1.00 PM **Father Brown**
2.00 **Inspector George Gently** *Gently Between the Lines:* Bacchus and Gently look into the death of a man in custody.
4.00 **Father Brown** As 11.50pm. **5.00** *The Viper's Tongue:* Mrs McCarthy is threatened by a mysterious avenging angel. **6.00** *The Requiem for the Dead:* The sleuthing priest opens up old wounds when a child killer is found murdered.


8.00 Beyond Paradise

7.00 **Father Brown** *The Children of Kalon:* The priest must investigate the new chapter of the Church of Apollo.
8.00 **Beyond Paradise** 2/6. An amateur psychic's unsettling predictions begin to come true. (S2)
9.00 **Death in Paradise** *One for the Road:* 2/8. The island's governor is poisoned at a party. Guest stars Lucy Cohu. (S5)
10.00 **FILM Killing Daddy** Crime thriller starring Elizabeth Gillies. (2014, 12, 85min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.50 **Father Brown** *The Menace of Mephistopheles:* Goodfellow turns to Father Brown when he witnesses Mallory frame an innocent man.
12.55 AM **Father Brown**
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.35 AM **Hi-de-Hi!**
8.10 **Porridge**
8.50 **Only Fools and Horses**
12.05 PM **Only Fools and Horses** Nine episodes, including at: **4.20** Del's latest scheme to make a million involves a spot of salmon-poaching. **5.00** Del falls for a glamorous antiques dealer who comes to view an old cabinet. **5.40** Rodney unwittingly causes a family crisis. **6.20** Rodney tries to help a drunken woman on the street.

10.35 Billy Connolly Does...

7.00 **Only Fools and Horses** A decorating disaster befalls the Trotters. **7.35** Christmas special from 2002. Trotters Independent Traders embark on a booze cruise under new managing director Rodney.
9.15 **Only Fools and Horses** Rodney joins the residents' committee at Nelson Mandela House. **9.55** Rodney tires of being Del's dogsbody and set up a rival business.
10.35 **Billy Connolly Does...** Billy ruminates about dream locations and nightmare family holidays.
11.35 **The Outlaws** Gabby and Greg go cap-in-hand to her father. **12.50** AM Christian reveals the secrets of his past.
2.20 **Miranda**
2.50 **Avoidance**
3.20 **to 4.00** AM **Miranda**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Outback Pilots**
8.00 **Storage Hunters UK**
9.00 **James May's Toy Stories**
10.00 **Top Gear** With Will Young.
11.00 **Red Bull Soapbox Race**
1.00 PM **How Britain Worked**
3.00 **Cape Carnage: Killer Catch**
4.00 **Motorhoming with Merton & Webster** Paul Merton and Suki Webster visit Cornwall.
5.00 **Cornwall with Simon Reeve**
6.00 **Border Force: America's Gatekeepers** Officers in Eagle Pass unveil a new cartel drug-smuggling tactic.

4.00 Motorhoming with...

7.00 **Would I Lie to You?** Lorraine Kelly, Dara O Briain, Barry Cryer and Sue Perkins take part. **7.40** With Mel Giedroyc, Alex Jones, Chris Tarrant and Alexander Armstrong. **8.20** With Kate Humble Richard Madeley, Sanjeev Bhaskar and Miles Jupp.
9.00 **Red Dwarf** 4/6. Rimmer forces the crew to spend 12 weeks in quarantine. **9.40** 5/6. The crew are aghast to encounter their evil 'doppelgängers'. **10.20** 6/6. The crew discover their time on *Red Dwarf* was only a game. With Timothy Spall. (S6)
11.00 **Not Going Out** Lucy attempts to befriend posh new neighbours Toby and Anna.
11.40 **Not Going Out** Double bill.
1.00 AM **Have I Got a Bit More Old News for You** Double bill.
2.45 **to 4.00** AM **Australian Ninja Warrior**

+1 hour 211/212 327 74 259

Saturday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Location, Location, Location** Double bill.
11.00 **Narrow Escapes**
4.00 PM **A Place in the Sun** Four editions of the series, including at: **7.00** A search for a home near La Duquesa.
8.00 **George Clarke's Old House, New Home** A visit to a Georgian town house in Cheshire.
9.00 **The Piano** Claudia Winkleman, Mika and Jon Batiste head to Newcastle Station.
10.00 **That's the Way, A-Ha, A-Ha, Joe Lycett** Stand-up comedy.
11.05 **Open House: The Great Sex Experiment**
12.05 AM **Gogglebox: 10 Year Anniversary Special**
1.40 **FILM Good Boys** Comedy starring Jacob Tremblay. (2019, 15, 90min) ★★★
3.25 **Taskmaster**
4.20 **to 4.50** AM **Come Dine with Me**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Murder, She Wrote**
10.10 **Blue Bloods** (S4)
2.00 PM **NCIS** Eight episodes, of the drama, including at: **6.00** *Winter Chill:* 9/16. A man is found dead in a food truck. **7.00** *Watchdog:* 10/16. A case sends Gibbs past his breaking-point. **8.00** *Gut Punch:* 11/16. The team are assigned to compliance duties. **9.00** *Sangre:* 12/16. A case leads Torres to meet his father. (S18)
10.00 **Law & Order: Special Victims Unit** *Solving for the Unknowns:* 19/20. The team launch a hunt for a date rapist. (S21)
11.00 **Law & Order: Special Victims Unit** (S21)
1.50 M'T **Criminal Minds** (S11)
2.45 **The Good Wife** (S4)
3.35 **to 4.00** AM **NEW SERIES Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Dogs Behaving (Very) Badly** Double bill.
9.55 **FILM Miss Potter** Biopic. (2006, PG, 93min) ★★★
11.45 **Shoplifters: Caught Red Handed**
3.45 PM **Nightmare Tenants, Slum Landlords**
6.50 **FILM The Railway Children Return** Family adventure sequel. (2022, PG, 99min) ★★★
9.00 **FILM Flowers in the Attic 2: Petals on the Wind** Drama sequel with Heather Graham. (2014, 12, 85min) ★★★
10.55 **Peeping Tom: The Landlord & His Secret Cameras**
12.30 AM **Serial Killer Wives**
1.30 **Love You to Death: For Love or Money**
2.30 **Skin A&E**
3.20 **Motorway Patrol**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Shop Smart, Save Money** Barbecues.
10.00 **Police Interceptors**
3.00 PM **FILM The Man from the Alamo** Western starring Glenn Ford. (1953, U, 76min) ★★★
4.40 **FILM Sierra** Western starring Audie Murphy. (1950, PG, 83min) ★★
6.20 **FILM Waterworld** Sci-fi adventure starring Kevin Costner and Dennis Hopper. (1995, 12, 134min) ★★★
9.00 **FILM Cliffhanger** Action adventure starring Sylvester Stallone and John Lithgow. (1993, 15, 112min) ★★★★
11.10 **FILM Blood of Redemption** Adventure starring Billy Zane and Dolph Lundgren. (2013, 15, 81min) ★★★
1.00 AM **Police Interceptors**
2.00 **Motorway: Hell on the Highway** Double bill.
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
11.00 **Tipping Point**
3.00 PM **Pete Wicks: For Dogs' Sake**
5.00 **Inside the Vets** The team attend to a very unwell hedgehog. **6.00** A chameleon loses its lust for life. **7.00** A puppy needs emergency surgery. **8.00** The staff try to save a tortoise's eyesight.
9.00 **The Catherine Tate Show** Leslie Phillips and Rhona Martin guest star on the sketch show. **9.35** With Jools Holland and The Divine Comedy. **10.10** Guest stars Bonnie Langford.
10.50 **Wife Swap USA**
12.45 AM **Inside the Ambulance**
1.20 **MasterChef USA: United Tastes of America**
2.05 **to 3.00** AM **Changing Rooms Australia**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **Birds of a Feather**
8.05 **Bergerac**
11.15 **Lovejoy**
1.40 PM **Call the Midwife**
3.00 **Father Brown**
5.00 **Darby and Joan**
7.00 **The Brokenwood Mysteries** *Brokenwood-o-saurus:* 1/6. A palaeontologist is found dead shortly after dinosaur fossils are discovered in Brokenwood. (S10)
9.00 **Judge John Deed** *Exacting Justice:* Deed's daughter is arrested during a demonstration.
11.00 **Hotel Portofino** *Farewells:* 6/6. The Ainsworth family and their guests gather for a gala evening at the local casino. (S2)
12.10 AM **The Heart Guy** (S2)
1.15 **Birds of a Feather**
1.55 **to 4.00** AM **Signora Volpe**

+1 hr 243 316 60 260

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Portugal.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Double bill.
12.00 NOON **The Derbyshire Auction House**
1.00 PM **Antiques Road Trip**
6.00 **The Hotel Inspector**
8.00 **Rich House, Poor House** A millionaire swaps his penthouse for a single mother's council home.
9.00 **The Repair Shop** Items include a domino set with an amazing history. **10.00** The team try to restore a model yacht. **11.00** Items include an old school calculator.
12.00 M'T **Celebrity Help! My House Is Haunted**
1.00 AM **Help! My House Is Haunted** The team visit Chillingham Castle.
2.00 **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Bruce's Price Is Right**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **All Star Family Fortunes** Double bill.
1.00 PM **Strike It Lucky**
3.00 **Bullseye** Double bill.
4.00 **The Chase Celebrity Special** Jo Whiley, Jake Canuso, Georgia Taylor and Marcus Brigstocke compete for charity. **5.00** Chris Kamara, Greg Rutherford, Lesley Joseph and Matthew Wolfenden take part.
6.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
9.00 **The Family Chase** The Clementsons from Newcastle take part in the quiz show.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Ten editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.10 AM **The Stuka**
9.35 FILM **Jesse James** Western adventure. (1939, U, 106min) ★★★
11.55 FILM **The Ox-Bow Incident** Western. (1943, b/w, PG) ★★★★★
1.40 PM FILM **The Westerner** Western. (1940, b/w, U) ★★★★
3.55 FILM **Texas** Western with Glenn Ford. (1941, b/w, PG, 93min) ★★★
6.00 FILM **The Tin Star** Western. (1957, b/w, U, 93min) ★★★★
8.00 FILM **Hell and High Water** Thriller starring Bella Darvi. (1954, PG, 103min) ★★★
10.20 FILM **Hanover Street** Wartime romantic drama. (1979, PG, 108min) ★★
12.40 AM FILM **Bullet to Beijing** Thriller sequel. (1995, 15, 101min) ★★
2.50 **to 5.00** AM **Wild West Chronicles**

+1hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
9.30 **Saving Lives at Sea**
10.30 FILM **The Surrogacy Trap** (2013, 12) ★★
12.25 PM FILM **Lost Letter Mysteries for Christmas** (2014) ★★
2.20 FILM **Lost Letter Mysteries: From Paris with Love** (2015) ★★
4.15 FILM **Star Trek: Insurrection** Adventure. (1998, PG) ★★★
6.30 FILM **Star Trek: Nemesis** Sci-fi adventure. (2002, 12, 116min) ★★★
9.00 FILM **Predators** Sci-fi action thriller sequel. (2010, 15, 102min) ★★★
11.20 FILM **Escape Plan 3** Thriller. (2019, 15) ★
1.20 AM FILM **The Hatton Garden Job** Drama. (2017, 15, 93min) ★★★
3.20 **Air Rescue**
4.00 **to 6.00** AM FILM **Final Verdict** (2009, PG) ★★

+1hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM FILM **Love on a Limb** (2016, PG) ★★
9.55 FILM **When Love Came to Town** Comedy. (2014, PG, 90min) ★★
12.00 NOON FILM **A Feeling of Home** (2019, PG) ★★
1.55 PM FILM **Taking the Reins** Romantic comedy. (2021, PG, 84min) ★★
4.00 FILM **The Perfect Catch** Romantic drama. (2017, PG, 90min) ★★
6.05 FILM **Love in Design** Comedy. (2018, PG) ★★
8.00 FILM **Love on Harbor Island** Romantic drama. (2020, PG, 80min) ★★
9.55 FILM **Hello, It's Me** Romantic drama. (2015, PG, 85min) ★★
11.50 FILM **Mix Up in the Mediterranean** Comedy. (2021, PG, 84min) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Mid-Love Crisis** Drama. (2022, PG, 85min) ★★

+1hour 320 317 63

Rewind TV

182 92 150

6.00 AM **That's My Dog**
7.00 **Watching** 2&3/7. (S7)
8.00 **The Fantastic Journey**
9.00 **The Monkees** (S1)
11.30 **Please Sir!** 3-5/7. (S1)
1.10 PM **Auto Rewind**
1.25 **Roobarb**
1.30 **Plymouth Rock**
2.00 **Blue Thunder** (S1)
3.00 **Born Free** 10/13. (S1)
4.00 **Bubblegum & Cheese**
5.00 **Stereo Underground**
6.00 **The Fantastic Journey**
7.00 **Carry On Laughing** Five episodes, including at: **8.30** 6/6. A spoof on the Lord Peter Wimsey detective stories. (S1) **9.00** 1/7. King Arthur unites his Knights. (S2)
9.30 FILM **Mesmerised** Psychological drama. (1986, 15, 94min) ★★
11.15 **Auto Rewind**
11.30 **Please Sir!** 3-5/7. (S1)
2.00 AM **Blue Thunder** (S1)
3.00 **Stereo Underground**
4.00 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Born Free**

DMAX

159 152 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Aussie Gold Hunters**
2.00 PM **Outback Opal Hunters** Five editions of the series, including at: **6.00** Rookie Justin's second-hand excavator develops an oil leak.
7.00 **Extinct or Alive** Forrest Galante searches the Sierras for the Southern Rocky mountain wolf. **8.00** In Indonesia, Forrest seeks the Miller's grizzled langur, known as the Dracula monkey.
9.00 **The Hair Loss Clinic** Eva Proudman helps twins Tom and James, who started to lose their hair as teenagers. **10.00** Helping a woman whose hair hasn't grown back after chemotherapy.
11.00 **Body Bizarre** Triple bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Barefoot Contessa: Back to Basics**
11.00 **James Martin's Brittany**
11.30 **James Martin: Delicious** Seven editions.
3.00 PM **Ainsley's Caribbean Kitchen** Five editions of the series, including at: **7.00** Ainsley Harriott gets a masterclass in cocktail mixing in Antigua.
8.00 **Secrets of the Curry Kitchen** Chef Asma Khan celebrates being a patient cook, with slow cooked kosha mangsho and a duck bhuna.
8.30 **Nadiya Bakes** Nadiya Hussain showcases her ultimate bakes to share.
9.00 **Diners, Drive-Ins and Dives** Four editions.
11.00 **Man v Food Nation**
11.30 **Secret Eats with Adam Richman** Double bill.
12.30 AM **Man v Food Nation**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **The Twilight Zone**
8.00 FILM **True Grit: A Further Adventure** Western adventure. (1978, PG, 104min) ★★
10.00 **Knight Rider** (S1)
3.00 PM FILM **Gunsmoke: One Man's Justice** Western. (1993, PG) ★★
4.50 FILM **The Gambler, the Girl and the Gunslinger** Western comedy. (2009, PG, 95min) ★★★
6.35 FILM **Reap the Wild Wind** Drama. (1942, PG, 124min) ★★★
9.00 FILM **Highlander III: The Final Dimension** Action fantasy sequel. (1995, 15, 99min) ★★
11.00 FILM **Prince of Darkness** Grisly horror. (1987, 18, 101min) ★★★
1.00 AM FILM **The Scars of Dracula** Hammer horror. (1970, 18, 96min) ★★★
2.55 **to 4.40** AM FILM **Death Line** Horror thriller. (1972, 18, 82min) ★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM FILM **Beware! The Blob** Horror comedy. (1972, 15, 87min) ★★
8.00 FILM **2021: War of the Worlds** Sci-fi thriller. (2021, 12, 78min) ★★
10.00 FILM **Monster Island** Thriller with Eric Roberts. (2019, PG, 90min) ★★
12.00 NOON FILM **Meteor Moon** Sci-fi adventure. (2020, PG, 80min) ★★
2.00 PM FILM **Riddles of the Sphinx** Action adventure. (2008, 12, 89min) ★★
4.00 **Farscape** 16-20/22. (S4)
9.00 FILM **Out of Sight** Steven Soderbergh's romantic thriller starring George Clooney and Jennifer Lopez. (1998, 15, 122min) ★★★★
11.20 FILM **Blood and Money** Thriller with Kristen Hager. (2020, 15, 89min) ★★
1.10 **to 3.00** AM FILM **Sacrifice** Horror thriller. (2020, 15, 87min) ★★

+1hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Storage Hunters**
8.00 **Swamp People**
11.00 **Contraband: Seized at Sea** Documentary.
12.00 NOON **When Big Things Go Wrong**
2.00 PM **UFO Town**
3.00 **Ancient Aliens**
7.00 **Ancient Aliens** A look into what the God Particle reveals about the origins of the world. **8.00** How stone spheres could provide clues about humankind's past.
9.00 **Skinwalker: The Howl of the Rougarou** An ancient evil in the American South.
10.40 **The Proof Is Out There** A strange creature spotted in a Chinese river.
11.05 **Strange Evidence**
1.00 AM **Cops Who Kill with Will Mellor** The case of Karl Bluestone.
2.00 **Dog Patrol**
3.00 **to 6.00** AM **Hardcore Pawn**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside Hampton Court Palace** Triple bill.
12.00 NOON **Murder, She Wrote** Five episodes.
5.00 PM **Walking Wartime Britain** From Liverpool. **6.00** South Devon.
7.00 **Nazi Megastructures: America's War** German defence plans against the D-Day landings.
8.00 **How the Nazis Lost the War** The Nazis' racist quest to realise the Aryan ideal.
9.00 **Churchill** 1/6. Exploring the life of Winston Churchill. **10.00** 2/6. The story of the little-known drama of Churchill's World War One. **11.00** 3/6. The story of Churchill's return from the political wilderness.
12.00 M'T **The Pacific War in Colour** Four editions.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Love Your Garden**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Four editions.
7.00 **Escape to the Country** A couple search for a property in north Wales.
8.00 **Love Your Garden** Alan Titchmarsh designs a garden for two pensioners in Somerset. **9.00** Alan creates a garden for a Dorset family coping with illness.
10.00 **Escape to the Country** A couple hope to find a property with holiday business potential in rural Somerset. **11.00** A couple search for a rural retirement home in Wiltshire. **12.00** M'T A couple search for a home on the Isle of Wight.
1.00 AM **Rock the Block**
2.00 **to 4.00** AM **Flip or Flop**

+1hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress: UK** Reality series.
8.00 **Say Yes to the Dress with Tan France**
10.00 **Little People, Big World**
12.00 NOON **Extreme Cheapskates**
1.00 PM **My 600lb Life**
5.00 **sMothered**
6.00 **Say Yes to the Dress: Atlanta** Double bill.
7.00 **1000-lb Best Friends** Vannessa reveals her post-surgery body, while Meghan struggles with a stalled diet.
8.00 **Dr Pimple Popper** Four editions, including at: **11.00** Ethan suffers from an irritating rash in an awkward place.
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Cheapskates**
2.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Christmas Show**
9.00 **Friends** 17-22/25. (S3)
12.00 NOON FILM **Hook** Fantasy adventure. (1991, U, 140min) ★★★
2.45 PM **Friends** (S3&4)
8.00 **Michael McIntyre's Big Christmas Show**
9.00 **Michael McIntyre: Happy & Glorious**
10.00 FILM **Ted** Offbeat buddy comedy starring Mark Wahlberg. (2012, 15, 106min) ★★★★
12.05 AM FILM **This Is the End** Comedy starring James Franco, Jonah Hill and Seth Rogen. (2013, 15, 106min) ★★★★
2.15 **Whose Line Is It Anyway? USA**
3.05 **8 Out of 10 Cats**
3.30 **8 Out of 10 Cats: Best Bits** Series highlights.
3.55 **Reno 911!** 3/11. (S8)
4.15 **to 5.00** AM **Blockbusters**

+1hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Home Improvement**
12.00 NOON **Friends** (S4)
3.00 PM **Takeshi's Castle**
5.00 **Michael McIntyre's Big Christmas Show** With Chris Kamara and Katherine Jenkins.
6.00 **Whose Line Is It Anyway? USA** Six editions of the show.
9.00 **Friends** 12/24. Phoebe learns the result of her pregnancy test. **9.30** 13/24. Rachel develops a crush. (S4)
10.00 **Friends** 14-23/24. (S4)
3.00 AM **Beavis and Butt-Head** (S5)
3.10 **Rhod Gilbert: The Book of John**
4.25 **Al Murray: And a Glass of White Wine for the Lady** Stand-up show.
5.10 **Rosie Jones Tries to Help** With Tom Allen.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Border Patrol**
9.00 **Four Weddings**
10.00 **Celebrity Four Weddings** Reality series.
11.00 **Nothing to Declare**
2.00 PM **Supergirl** *How Does She Do It?* 5/20. Kara struggles to juggle her two lives. **3.00** *Red Faced:* 6/20. Kara's anger flares during a training exercise. **4.00** *Human for a Day:* 7/20. A huge earthquake hits the city. **5.00** *Hostile Takeover:* 8/20. Kara goes head to head with her Aunt Astra. **6.00** *Blood Bonds:* 9/20. General Lane tortures Astra. (S1)
7.00 **Motorway Patrol**
9.00 **The Flight Attendant**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** Double bill.
3.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **Teen Mom Australia**
7.10 **Teen Mom: The Next Chapter** Double bill.
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Eight editions of the series, including at: **7.00** Nev and Devyn Simone investigate elusive TikToker Elise. **8.00** After 20 years, Motherwolff, a witch, is now ready to meet her true love David.
9.00 **MTV's Greatest Cribs Ever** AJ Odudu visits some of the best houses to appear on the series.
10.00 FILM **Resident Evil: Afterlife** Sci-fi horror thriller sequel starring Milla Jovovich. (2010, 15, 96min) ★★★
12.00 M'T **Dating Naked UK**
1.00 AM **Aussie Shore**
2.00 **Catfish: The TV Show**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Salvage Hunters**
8.00 **Filthy Fortunes**
10.00 **Salvage Hunters**
12.00 NOON **Gold Divers** Six editions, including at: **3.00** PM A frozen regulator threatens Andy's life. **4.00** Shawn takes a leap of faith in a bid to save his season. **5.00** The Kellys resurrect an old piece of equipment.
6.00 **Gold Rush: White Water** Dustin suffers a possible season-ending injury, and problems with the new dredge push the crew to the brink.

6.00 Salvage Hunters

7.00 **Gold Rush: Mine Rescue with Freddy & Juan** Freddy and Juan deliver a mining masterclass and revisit their best fixes.
8.00 **Blowing Up History** Experts use cutting-edge technology to investigate the Red Pyramid.
9.00 **Naked and Afraid** Four survivalists try to endure 21 days in the ancient Mayan jungle, where humans were once sacrificed to the gods. Now, they face mosquitos and wasps.
11.00 **Expedition X** Heather and Phil track down a legendary creature that has terrorised French locals for centuries.
12.00 M'T **Moonshiners** Triple bill of the series, including at: **2.00** AM Mark and Digger recruit a bourbon maker.
3.00 **to 5.00** AM **Deadliest Catch**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** With Erika Girardi.
9.00 **Crikey! It's the Irwins**
10.00 **Bad Dog!** A cat that rides a skateboard to the beach.
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked** With Steve Aoki.
1.00 PM **Animal Cops Phoenix**
2.00 **Killer Whales** Documentary.
3.00 **Dogs 101** Double bill.
5.00 **Alaska: Homestead Rescue** The Raneys are faced with the daunting task of overhauling a faulty electrical system.
6.00 **Tanked** Wayde and Brett build two tanks for music star Akon.

7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** The hummingbird's ability to fly backwards. **7.30** What a dog is saying when it wags its tail.
8.00 **Guardians of Rescue** Rob and vet Moose investigate a claim about dogfighting, while Dori helps a homeless vet.
9.00 **Animal Cops Houston** Investigators join forces with Texas police officers to break up a large dog-fighting ring.
10.00 **Alaskan Bush People** Billy gets overambitious while conducting a late barter, as the Browns secure their winter stores.
11.00 **I Was Prey** A Florida man is attacked by an alligator. **12.00** M'T A husband and wife are attacked by an angry hippopotamus.
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101** Canine facts.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
11.00 **Destruction Decoded**
12.00 NOON **WW2: Hell Under the Sea** Double bill of editions.
2.00 PM **WW2 Heroes of the Sky**
4.00 **World War II: The Apocalypse** Haunting images of Jewish persecution. **5.00** Examining the truth behind France's defeat.
6.00 **Nazi Megastructures: Battle Ready** The stories of propaganda maestro Joseph Goebbels and Holocaust architect Heinrich Himmler.

7.00 Liberation: D-Day to Berlin

7.00 **Liberation: D-Day to Berlin** Exploring the end of World War Two in western Europe from various perspectives.
8.00 **Liberation: D-Day to Berlin** Focusing on how Belgium and the Netherlands were freed from Nazi occupation.
9.00 **Liberation: D-Day to Berlin** In late 1944, Hitler forces the Americans into the biggest and bloodiest battle of World War Two.
10.00 **Liberation: D-Day to Berlin** Exploring the final days of World War Two in western Europe.
11.00 **Drain the Oceans** A discovery in the Baltic Sea leads to a treasure hunt.
12.00 M'T **Ice Road Rescue**
2.00 AM **Lords of War**
2.55 **Food Factory** Double bill.
3.45 **Abandoned**
4.35 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **American Pickers**
7.00 **Flipping Bangers**
9.00 **The Curse of Oak Island**
10.00 **Pawn Stars** Double bill.
12.00 NOON **The Abyss: Rise & Fall of the Nazis** Five editions of the documentary, including at: **4.00** PM In 1945, it was unclear whether the Germans had broken with the Nazis.
5.00 **Greatest Escapes of WWII** The story of the largest breakout of World War Two.
6.00 **Commando Missions** A 1943 mission to liberate Rome.

6.00 Commando Missions

7.00 **WWII's Most Daring Raids** The efforts of Norwegian resistance fighters to return to their invaded homeland.
8.00 **WWII's Most Daring Raids** How a small group of British special forces made plans to destroy a vital German fuel depot.
9.00 **Dunkirk** The navy's evacuation of Allies in 1940, when the Nazi blitzkrieg threatened to wipe out the entire army.
10.00 **Greatest Prison Escapes with Billy Hayes** An escape in Turkey which was the basis for the film *Midnight Express*.
11.00 **Greatest Prison Escapes with Billy Hayes** The notorious Texas 7, a group of prisoners who escaped from the John B Connally Unit near Kenedy, Texas, in December 2000.
12.00 M'T **Forged in Fire**
2.00 AM **Pawn Stars** Double bill.
4.00 **Greatest Escapes of WWII**
5.00 **to 6.00** AM **Commando Missions**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **American Pickers**
9.00 **Find It, Fix It, Flog It**
1.00 PM **One Foot in the Grave**
3.00 **'Allo 'Allo!** Rene conceals a valuable painting. **3.40** Communist partisans capture the disguised airmen. **4.20** Rene reluctantly assists the Resistance as they set out to blow up a railway line.
5.00 **Bangers & Cash: Restoring Classics** Derek encourages the team to buy a Francis Barnett Plover at auction. **6.00** Derek thinks a Ford Capri should be kept original.

3.00 'Allo, 'Allo!

7.00 **Bangers & Cash: Restoring Classics** Derek picks out a solid-looking 1969 MGB for the team to look out for at auction.
8.00 **Bangers & Cash** Paul and Dave uncover a Ford Escort that has been untouched for 30 years.
9.00 **Bangers & Cash** A 1970s Bond Bug three-wheeler divides opinion among Mathewsons customers.
10.00 **Bangers & Cash** Mathewsons agree to sell a vintage threshing machine and large collection of tractors.
11.00 **Bangers & Cash** A Cold War Soviet classic goes under the hammer in Thornton Le Dale.
12.00 M'T **Bangers & Cash: Restoring Classics** The team fall for a Subaru pick-up, which has all the Mathewsons in agreement.
1.00 **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

Saturday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **World's Greatest Motorcycle Rides**
7.00 **British Superbikes**
8.00 **Shed and Buried: Classic Cars**
9.00 **Wheeler Dealers**
2.00 PM **Shed and Buried: Classic Cars**
3.00 **MotoGP** Action from the sprint race in the French Grand Prix.
4.00 **Shed and Buried**
6.00 **Find It, Fix It, Flog It**
7.00 **Giro D'Italia Highlights** Action from stage two.
8.00 **Find It, Fix It, Flog It** Henry Cole turns a hubcap into a clock.
9.00 **Massive Engineering Mistakes** Double bill.
11.00 **Aussie Gold Hunters**
12.00 M'T **Outback Crystal Hunters** Documentary.
1.00 AM **Treasure Quest: Snake Island**
3.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress: UK** Double bill.
9.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Lancashire** Double bill.
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Murder in the Heartland** Six editions.
9.00 NEW SERIES **The Curious Case of...** A girl vanishes, and investigators fear her stepdad may have killed the 13-year-old.
10.00 **999 Murderer Calling** New edition What seems like a routine call to the police turns out to be a deadly trap.
11.00 **Faking It: Tears of a Crime** Triple bill.
2.00 AM **Murder Comes to Town** Cindy Borton.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Fraud Squad**
7.00 **Forensic Factor** The FBI probe bombings and bank robberies. **8.00** In Bartow, Florida, four bodies are found slaughtered in a factory.
9.00 **Cult Justice** How cult leader Jeffrey Lundgren ordered a series of ritualistic killings. **10.00** Explore the dangerous cult of Dwight York, aka Dr Love. **11.00** Exploring the story of charismatic con man Daniel Perez's cult. **12.00** M'T Exploring how doomsday preacher Wayne Bent became known as The New Mexico Messiah.
1.00 AM **Interview with a Serial Killer**
2.00 **A Stranger in My Home**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder by the Sea**
10.00 **To Catch a Killer**
11.00 **Crimes That Shook Australia** Triple bill.
2.00 PM **Medical Detectives** A young woman falls from a cliff to her death. **2.30** A young woman investigates her mother's disappearance. **3.00** The murder of an elderly couple. **3.30** A street fight that took the life of a wrestling champion. **4.00** A murder is set up to look like a suicide. **4.30** A man vanishes after starting an affair.
5.00 **Evidence of Evil** Focusing on the case of Angela Kleinsorge.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Psychic Private Eyes**
4.00 **48 Hours** Documentary.
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
8.00 **Highway Patrol**
9.00 **Brit Cops: Law & Disorder** Documentary.
10.00 **The Force: Manchester**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **How I Caught the Killer** Maleha Masud.
2.00 **Murdered at First Sight**
3.00 **Murders That Shocked the Nation** Double bill.
5.00 **The Real Manhunter**
6.00 **Killer in My Village**
7.00 **Britain's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **World's Most Evil Killers**
10.00 **Murder Uncut**
11.00 **Killing Mum and Dad**
12.00 M'T **Murder Next Door**
1.00 AM **Killer Siblings**
2.00 **An Unexpected Killer**
3.00 **What the Killer Did Next** Nicola Stephenson.
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **WW2: Battle of Crete**
12.00 NOON **Edward VIII: Britain's Traitor King**
1.00 PM **A Cold War of Spies** Four editions.
5.15 **WW2: Battle of Crete** Triple bill, including at: **7.35** The massacres that occurred from both sides after the German and Italian occupation.
8.40 **Edward VIII: Britain's Traitor King** Documentary exploring evidence that Edward VIII may have collaborated with the Nazis.
9.45 **Higgins Ridge** The story of how 20 elite firefighters tackled a wildfire on a mountain ridge in fierce winds.
10.55 **Edward VIII: Britain's Traitor King** As 8.40pm.
12.00 M'T **Higgins Ridge**
1.15 **to 2.00** AM **America the Bountiful**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Ryan Gosling**
7.00 **Discovering: John Mills**
8.00 **The Directors**
9.00 **Hostages** 1-4/4. Documentary.
1.20 PM **FILM The Alpinist** Documentary about elusive climber Marc-André Leclerc. (2021, 12, 92min) ★★★★
3.10 **I Am Heath Ledger**
5.00 **The Kid Stays in the Picture** Profile of legendary Hollywood film producer Robert Evans
7.00 **Gary** A look at the life and mysterious death of actor Gary Coleman, who shot to fame in sitcom *Diff'rent Strokes*.
9.00 **I Am Luke Perry** Celebrating the life and career of the *Beverly Hills, 90210* actor.
10.45 **Val** Documentary focusing on the life of actor Val Kilmer, with never-before-seen footage.
12.45 AM **Adam Hills: Foot Fault**
2.00 **NEW SERIES Bibaa & Nicole: Murder in the Park** 1/3. Documentary about the murder of two sisters in 2020.
3.00 **I Am MLK Jr** Documentary.
5.00 **to 6.00** AM **The Directors**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **City Wildlife Rescue**
7.00 **Patrick Aryee's Wild World**
8.00 **Seasons of the Wild**
10.00 **Island of the Monsoon**
1.00 PM **Europe's Amazon**
2.00 **Survival of the Beast**
3.00 **Volcanic Odysseys**
5.00 **David Attenborough's Kingdom of Plants** Triple bill of the documentary, including at: **7.00** A look at how some species have reduced their dependence on water.
8.00 **Africa's Hunters** A female hyena must assert dominance.
9.00 **Battle of the Alphas** The alphas are ready for battle. **9.30** A sandhill crane leads a deathly dance.
10.00 **Carpathian Predators** 1/2. A look at the creatures of the Carpathian Mountains. **11.00** 2/2. The role played by the Eurasian wolf in the Carpathian mountains.
12.00 M'T **Africa's Hunters**
1.00 AM **Battle of the Alphas**
2.00 **In for the Kill**
3.00 **to 6.00** AM **Wild Family Ties**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
9.00 **Invasion: The Normans**
10.00 **Spycraft** Documentary.
11.00 **Myths & Monsters**
12.00 NOON **Ancient Aliens**
2.00 PM **Mystery Places**
3.00 **The Story of the Spitfire**
4.00 **WWII's Most Daring Raids**
5.00 **Deadman's Curse**
6.00 **How Disney Built America**
7.00 **Instruments of Death** The War of the Roses.
8.00 **History's Greatest Myths**
9.00 **Colosseum** Ignatius refuses to pledge his allegiance.
10.00 **Scary Tales of New York** The 1927 murder of Albert Snyder.
11.10 **Ancient Aliens** Theories that an ancient monolith represented an alien being. **12.05** AM Secret conduits to other worlds that could be hidden within deep caves. **1.00** Examining the evidence of alien overseers.
2.00 **Clash of the Gods**
3.00 **Hitler's Handmaidens**
4.00 **to 6.00** AM **Royal Murder Mysteries**

Crime+Investigation

156 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** Six editions.
11.45 **Taking the Stand**
12.40 PM **Killer in Plain Sight**
1.05 **Ozark Law** Double bill.
3.00 **Spring Break Murders**
4.00 **Tell Me How I Died**
5.00 **Accident, Suicide or Murder?**
7.00 **Gypsy Rose: Life After Lock Up**
8.00 **Secrets of Polygamy** Exploring the Priesthood Protection Team.
9.00 **Fatal Family Feuds** Exploring cases in which families were ruined by fatal feuds.
10.00 **Interview with a Killer** David Scott interviews people convicted of murder.
11.00 **Missing Presumed Dead**
12.00 M'T **Britain's Darkest Taboos**
2.00 AM **Gypsy Rose: Life After Lock Up** New edition Following Gypsy Rose Blanchard as she navigates life outside of prison.
3.00 **Spring Break Murders**
4.00 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Fish Tank Kings**
9.00 **Secrets of the Zoo: Tampa**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **The Last Orangutan Eden**
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Queens** The sisters of a lion pride clash with a hyena clan.
8.00 **Secrets of the Zoo** Vets rush to save a pregnant warthog's life, and it is time to celebrate when the zoo's oldest silverback gorilla turns 34. **9.00** Four wild cats take a trip to meet James Corden on *The Late, Late Show*, and a rhino's ultrasound shows up a surprise.
10.00 **Kingdom of the Polar Bears** Following polar bears on the sea ice of Hudson Bay.
11.00 **Snakes in the City** The duo catch the biggest Russell's viper they've ever seen.
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: Tampa** Double bill of editions.
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill.
6.00 **How the Universe Works** Experts explore the most astonishing discoveries of the *Voyager* spacecraft. **7.00** Some of the brightest minds on the planet explore the limits of human knowledge and explain the science behind the rules of the universe. **8.00** The search for the mysterious dark matter.
9.00 **Life After: Chernobyl** A look into how wildlife has been affected after 30 years in the contamination area.
10.00 **Aftershock: Disaster in Nepal** Exploring the geology behind the devastating earthquake that hit Nepal in 2015.
11.00 **Salvaging the Kursk**
12.00 M'T **Massive Engineering Mistakes** Double bill.
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.20 **Parkinson**
2.00 PM **Bargain Hunt**
4.00 **Parkinson**
5.20 **Doctor Who** 21-23./25. (S7)
7.00 **Parkinson** With Celine Dion, Nigel Havers and Ian Hislop. **8.20** The host chats to Martin Clunes and Michelle Collins. Plus, music from Travis.
9.35 **Bargain Hunt** Tim Wonnacott presents the antiques challenge from Barnard Castle in Co Durham, with help from experts David Harper and Paul Laidlaw. **10.35** Two teams of antiques enthusiasts set out to make valuable finds at a fair in Oswestry, Shropshire.
11.35 **Great British Railway Journeys** Michael Portillo travels from High Wycombe to Stratford-upon-Avon.
12.05 AM **Doctor Who**
2.20 **Bargain Hunt**
3.10 **Parkinson**
5.15 **to 6.00** AM **Bargain Hunt**

+1 hour 266 376

ID

154 141 166

8.00 AM **Murder Comes to Town**
10.00 **Homicide City: Charlotte**
12.00 NOON **The Wonderland Murders** Double bill.
2.00 PM **Pandora's Box: Unleashing Evil** Double bill.
4.00 **Never Say Goodbye**
6.00 **The Perfect Murder** A look into the case of 44-year-old masseuse Larissa Macriello. **7.00** A case in which a couple were shot in their home.
8.00 **People Magazine Investigates** The murder of two school girls.
9.00 **Grave Mysteries** How a transgender woman's efforts to find love went tragically wrong.
10.00 **Faking It: Tears of a Crime** The murder conviction against Russell Bishop.
11.00 **How (Not) to Get Rid of a Body** A young couple go missing in Eureka, Utah.
12.00 M'T **Body Cam**
1.00 AM **Your Worst Nightmare**
2.00 **Living a Nightmare**
4.00 **to 6.00** AM **Diabolical: Deadly Love**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Street Outlaws: Fastest in America** Four editions.
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **Massive Engineering Mistakes** Four editions.
4.00 PM **Incredible Engineering Blunders: Fixed**
5.00 **Kindig Customs** Triple bill of editions, including at: **7.00** Dave comes up with a radical way to customise parts for a 1968 Camaro.
8.00 **Mega Shippers** In Miami, six container cranes have to be unloaded in two days. **9.00** Mark has to offload 2,800 tonnes of timber. **10.00** The loading of wind turbine sections threatens to capsize a ship.
11.00 **Three Men Four Wheels** The Aston Martin Ulster. **11.30** The Porsche 911 ST. **12.00** M'T The Subaru Impreza. **12.30** AM The Bugatti T35.
1.00 **to 5.00** AM **Street Outlaws: Fastest in America**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.15 AM **The Parenting** As 3.05am.
8.55 **PREMIERE Mob Cops** (2025)
10.30 **Trap** As shown at 6.10pm.
12.20 PM **Speak No Evil** (2024)
2.20 **Cleaner** As 10.00pm.
4.05 **Twisters** Disaster drama sequel starring Daisy Edgar-Jones and Glen Powell. (2024, 12, 122min) ★★★★
6.10 **Trap** M Night Shyamalan's psychological thriller with Josh Hartnett and Ariel Donoghue. (2024, 15, 105min) ★★★★

11.45 Mob Cops

8.00 **Speak No Evil** Horror starring James McAvoy and Aisling Franciosi. A dream holiday turns into a nightmare when an American family stay at a British couple's idyllic estate. With Mackenzie Davis and Scoot McNairy. (2024, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

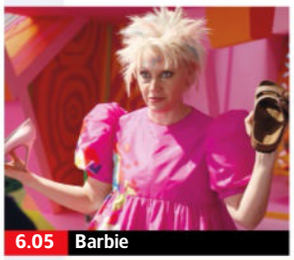
10.00 **Cleaner** Action thriller starring Daisy Ridley. Environmental activists hijack an energy company's gala and take 300 hostages. With Clive Owen and Matthew Tuck. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **PREMIERE Mob Cops** Crime drama starring David Arquette. (2025, 15, 87min) ★
1.25 AM **The Damned** Horror. (2024, 15, 89min) ★★★★
3.05 **The Parenting** Horror comedy. (2025, 15, 94min) ★★★
4.50 **to 6.50** AM **A Mistake** Drama. (2024, 15, 101min) ★★★

Sky Cinema Mega Hits

303 303 403 503 517

6.00 AM **Madame Web** Fantasy. (2024, 12, 116min) ★★★
8.10 **The Fall Guy** As 10.05pm.
10.30 **Godzilla** Thriller remake. (2014, 12, 118min) ★★★
12.35 PM **Godzilla x Kong: The New Empire** (2023, 12) ★★★
2.35 **Kung Fu Panda** Animation. (2008, PG, 92min) ★★★★
4.25 **The Secret Life of Pets** Animation. (2016, U) ★★★
6.05 **Barbie** Fantasy comedy. (2023, 12, 114min) ★★★★



6.05 Barbie

8.00 **Spider-Man** Fantasy adventure starring Tobey Maguire as a nerdy schoolboy who develops special powers after being bitten by a mutant spider and uses them to protect New York from evil forces. With Kirsten Dunst. (2002, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **The Fall Guy** Action comedy starring Ryan Gosling and Emily Blunt. A down-and-out stuntman sets out to find the missing star of his ex-girlfriend's blockbuster. (2023, 12, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Beekeeper** Action thriller starring Jason Statham. (2023, 15, 105min) ★★★
2.20 **Lee** Biopic of photographer Lee Miller, with Kate Winslet. (2023, 15, 117min) ★★★
4.30 **to 6.20** AM **Arthur's Whisky** Comedy with Diane Keaton. (2023, PG, 91min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.05 AM **Scent of a Woman** Drama. (1992, 15, 157min) ★★★★
9.50 **Minyan** As shown at 10.15pm.
11.55 **Valentine's Day** Comedy. (2010, 12, 125min) ★★★
2.05 PM **Elizabeth: The Golden Age** Historical drama sequel starring Cate Blanchett and Clive Owen. (2007, 12, 114min) ★★★
4.05 **Footloose** Teen dance drama. (1984, 12, 107min) ★★★
6.00 **8 Mile** Urban drama starring Eminem and Kim Basinger. (2002, 15, 112min) ★★★
8.00 **P.S. I Love You** Romantic comedy drama based on the novel by Cecelia Ahern, starring Hilary Swank and Gerard Butler. (2007, 12, 121min) ★★★
10.15 **Minyan** Drama starring Samuel H Levine and Ron Rifkin. (2020, 15, 130min) ★★★
12.20 AM **Beach Rats** Drama starring Harris Dickinson. (2017, 15, 98min) ★★★
2.10 **Sunset Boulevard** Classic Hollywood melodrama. (1950, b/w, PG, 110min) ★★★★★
4.10 **Cries and Whispers** Ingmar Bergman's drama. Subtitled. (1972, 18, 106min) ★★★★★
5.50 **to 7.25** AM **Monsoon** Drama. (2019, 12, 85min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.15 AM **Continuum** As 1.00am.
8.55 **Congo** Jungle adventure. (1995, 12, 108min) ★★★
10.50 **The Accursed** Horror with Mena Suvari. (2022, 15, 90min) ★★
12.40 PM **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
2.25 **Ready Player One** Adventure. (2018, 12, 140min) ★★★★
4.50 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
6.25 **Men in Black II** Sci-fi action comedy sequel starring Tommy Lee Jones and Will Smith. (2002, PG, 88min) ★★★
8.00 **I Am Legend** Sci-fi horror thriller starring Will Smith. (2007, 15, 101min) ★★★★
9.45 **Ouija: Origin of Evil** Supernatural horror prequel starring Elizabeth Reaser. When a Ouija board is introduced to a scam seance act, it does more than spice up a stale routine. (2016, 15, 99min) ★★★
11.30 **Sick** Horror starring Gideon Adlon. (2022, 18, 83min) ★★★
1.00 AM **Continuum** Sci-fi drama. (2013, 15, 89min) ★★★
2.40 **Out of Darkness** Horror. (2022, 15 ,88min) ★★★
4.15 **to 6.00** AM **Night Swim** Horror. (2024, 15, 98min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family
306 306 406 506 519

6.35 AM **Robo-Dog** As 2.15am.
8.20 **The Little Rascals** As 12.45am.
10.00 **Pan** Fantasy prequel. (2015, PG, 111 min) ★★★
11.55 **Jack the Giant Slayer** Fantasy. (2013, 12, 114min) ★★★
1.55 PM **The BFG** Adventure. (2016, PG, 117min) ★★★★
4.00 **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★
6.00 **IF** Fantasy starring Ryan Reynolds and Cailey Fleming. (2024, U, 104min) ★★★

9.35 Muppets from Space

7.50 **The Spiderwick Chronicles** Fantasy with Freddie Highmore. Three siblings find their great-great uncle's guide to the fantastical world. (2008, PG, 91 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Muppets from Space** Children's sci-fi comedy. Believing himself to be an extraterrestrial, the Great Gonzo recruits the help of the other Muppets to search for his origins. (1999, U, 85min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Step Dogs** Family comedy starring Joris Jarsky and Ryan Belleville. (2013, U, 82min) ★
12.45 AM **The Little Rascals** Family comedy starring Travis Tedford. (1994, U, 83min) ★★
2.15 **Robo-Dog** Sci-fi adventure. (2015, PG, 87min) ★★★
3.55 **Daddy Day Camp** Comedy sequel starring Cuba Gooding Jr. (2007, PG, 88min) ★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Action
307 307 407 507 521

6.15 AM **The Cinema List: Westerns**
6.35 **Iron Monkey** As 1.15am.
8.10 **Blood for Dust** As 2.55am.
9.55 **The Bricklayer** Action thriller. (2023, 15, 110min) ★★
11.50 **The Patriot** As 10.20pm.
2.35 PM **The Mechanic** Action thriller. (2011, 15, 93min) ★★
4.10 **The Mummy** Adventure. (1999, 15, 124min) ★★★★
6.20 **Hancock** Action comedy fantasy starring Will Smith. (2008, 12, 92min) ★★★

8.00 Shazam!

8.00 **Shazam!** Comedy adventure starring Zachary Levi. A young boy is chosen by the ancient wizard Shazam as his new champion, and receives various superpowers. With Mark Strong and Asher Angel. (2019, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **The Patriot** Period drama starring Mel Gibson, Heath Ledger and Jason Isaacs. A pacifist plantation owner is drawn into the American War of Independence. (2000, 15, 167min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.15 AM **Iron Monkey** Hong Kong action thriller. Subtitled. (1993, 12, 90min) ★★★
2.55 **Blood for Dust** Action thriller. (2023, 15, 98min) ★★★
4.45 **to 6.25** AM **High Heat** Action comedy with Olga Kurylenko. (2022, 15, 84min) ★★★

Sky Cinema Comedy
308 308 408 508 522

7.25 AM **Mean Girls** (2023) ★★★
9.25 **My Big Fat Greek Wedding 2** Comedy sequel. (2016, 12) ★★
11.05 **My Big Fat Greek Wedding 3** Romantic comedy sequel. (2023, 12, 92min) ★★
12.45 PM **Beverly Hills Cop** (1984)
2.40 **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
4.25 **Wayne's World** Comedy. (1992, PG, 95min) ★★★★
6.10 **Wayne's World 2** Comedy sequel. (1993, PG) ★★★

4.25 Wayne's World

8.00 **The Boat That Rocked** Richard Curtis's period comedy starring Bill Nighy, Philip Seymour Hoffman and Rhys Ifans. A teenager learns life lessons from the motley crew of DJs on board a pirate radio station in the North Sea. (2009, 15, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **48 Hrs** Action comedy thriller starring Nick Nolte and Eddie Murphy. (1982, 15, 97min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★
1.45 AM **Nutty Professor** Comedy remake starring Eddie Murphy. (1996, 12, 95min) ★★★
3.25 **Fletch Lives** Comedy thriller. (1989, PG, 95min) ★
5.15 **to 7.00** AM **Please Don't Destroy: The Treasure of Foggy Mountain** Comedy. (2023, 15, 93min) ★★★

Sky Cinema Thriller
309 309 409 509 523

6.05 AM **Out of the Blue** Romantic thriller. (2022, 15, 104min) ★★
7.55 **Dangerous Waters** (2023)
9.40 **A Sacrifice** Psychological thriller. (2024, 15, 94min) ★★★
11.25 **The Firm** Legal thriller. (1993, 15, 155min) ★★★
2.00 PM **RocknRolla** As 10.40pm.
4.00 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
6.05 **The Equalizer 3** Thriller sequel starring Denzel Washington. (2023, 15, 109min) ★★★

10.40 RocknRolla

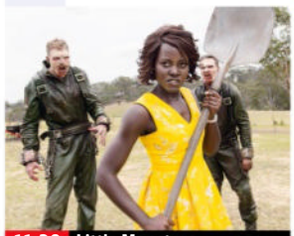
8.00 **Zero Dark Thirty** Kathryn Bigelow's fact-based drama about the quest to track down Osama bin Laden, starring Jessica Chastain. Following the 9/11 terrorist attacks, a CIA agent becomes the driving force behind the hunt for the al-Qaeda leader. With Jason Clarke and Joel Edgerton. (2012, 15, 157min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **RocknRolla** Director Guy Ritchie's crime comedy thriller starring Gerard Butler, Tom Wilkinson and Thandie Newton. (2008, 15, 110min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Dangerous Waters** Thriller. (2023, 15, 101 min) ★★★
2.30 **The Best Man** Crime thriller. (2023, 15, 93min) ★★
4.10 **to 6.00** AM **The Lesson** Thriller with Richard E Grant. (2023, 15, 103min) ★★★

Film4
313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Wonder Park** Animation. (2019, PG, 85min) ★★★★
12.45 PM **First Men in the Moon** Sci-fi. (1964, U, 99min) ★★★
2.50 **The Seeker: The Dark is Rising** Fantasy adventure. (2007, 12, 98min) ★★
4.45 **The Art of Racing in the Rain** Comedy drama. (2019, PG, 110min) ★★★
6.50 **Central Intelligence** Comedy. (2016, 12, 107min) ★★★


11.20 Little Monsters

Central Intelligence (film started at 6.50pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Anna** Action thriller written, produced and directed by Luc Besson, following a KGB assassin who becomes one of the world's most feared killers. Stars Sasha Luss, Helen Mirren, Luke Evans and Cillian Murphy. (2019, 15, 118min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.20 **Little Monsters** Horror comedy starring Lupita Nyong'o. A teacher teams up with a musician and a kids' TV personality to protect children from a zombie outbreak. (2019, 15, 93min) ★★★★ **11 PM**
1.10 **to 3.30** AM **Riders of Justice** Danish action comedy starring Mads Mikkelsen. Subtitled. (2021, 15, 116min) ★★★★

+1 hour 314 430 47 301 257

Sky Cinema Star Trek
302 302 402 502 516

6.10 AM **Star Trek The Motion Picture** As shown at 2.50am.
8.30 **Star Trek II: The Wrath of Khan** Sci-fi adventure. (1982, 12, 113min) ★★★★
10.35 **Star Trek III: The Search for Spock** Sci-fi adventure. (1984, PG, 105min) ★★
12.35 PM **Star Trek IV: The Voyage Home** Sci-fi adventure. (1986, PG, 119min) ★★★★
2.45 **Star Trek V: The Final Frontier** Sci-fi. (1989, PG, 100min) ★★
4.45 **Star Trek VI: The Undiscovered Country** Sci-fi adventure. (1991, PG, 109min) ★★★★
6.45 **Star Trek: Generations** Sci-fi adventure with Patrick Stewart. (1994, PG, 118min) ★★★
8.50 **Star Trek: First Contact** Sci-fi adventure with Patrick Stewart. (1996, 12, 110min) ★★★★
10.50 **Star Trek: Insurrection** Sci-fi adventure with Patrick Stewart. (1998, PG, 105min) ★★★
12.45 AM **Star Trek: Nemesis** Sci-fi adventure with Patrick Stewart. (2002, 12, 116min) ★★★
2.50 **Star Trek The Motion Picture** Sci-fi adventure starring William Shatner. (1979, U, 132min) ★★★
5.15 **to 7.15** AM **Star Trek II: The Wrath of Khan** As 8.30am.

Sky Cinema Greats
304 304 404 504 518

7.25 AM **Ferris Bueller's Day Off**
9.10 **Fast Times at Ridgemont High**
10.45 **Drop Dead Fred** Comedy. (1991, 12, 99min) ★★
12.30 PM **Ace Ventura Pet Detective** Comedy starring Jim Carrey. (1993, 12, 86min) ★★★★
2.10 **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey and Ian McNeice. (1995, PG, 89min) ★★★
4.00 **Twins** Action comedy starring Arnold Schwarzenegger. (1988, PG, 107min) ★★★
5.50 **The Apartment** Comedy. (1960, b/w, PG, 120min) ★★★★★
8.00 **Singin' in the Rain** Musical with Gene Kelly and Donald O'Connor. (1952, U, 102min) ★★★★★
10.00 **We're No Angels** Comedy starring Humphrey Bogart. (1954, U, 106min) ★★★★
11.50 **Ferris Bueller's Day Off** Teen comedy with Matthew Broderick. (1986, 12, 103min) ★★★★
1.45 AM **Howard the Duck** Sci-fi comedy starring Lea Thompson. (1986, PG, 104min) ★★★
3.45 **Fast Times at Ridgemont High** Comedy starring Sean Penn. (1982, 18, 90min) ★★★★★
5.30 **to 6.00** AM **The Cinema List: Unmissable Sky Originals**

Sky Cinema Animation
305 305 412 500 514

6.25 AM **Batman Unlimited: Monster Mayhem** As 12.45am.
7.55 **Barnyard** (2006, PG) ★
9.30 **Despicable Me 2** Animated sequel. (2013, U, 97min) ★★★
11.10 **Trolls Band Together** (2023)
12.45 PM **Sing** As shown at 7.30pm.
2.35 **The Rugrats Movie** Animated comedy. (1998, U, 80min) ★★★
4.00 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
5.50 **Trolls Band Together** Animated musical. (2023, U, 91min) ★★★
7.30 **Sing** Animated comedy with the voice of Matthew McConaughey. (2016, U, 108min) ★★★
9.25 **Sneaks** Animated comedy. (2025, PG, 92min) ★★
11.15 **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** Animation. (2021, PG, 78min) ★★★
12.45 AM **Batman Unlimited: Monster Mayhem** Animation. (2015, PG, 76min) ★★★
2.15 **Fox and Hare Save the Forest** Animated family adventure. (2024, U, 71min) ★★★
3.35 **The Road to El Dorado** Animated comedy adventure. (2000, U, 89min) ★★★
5.10 **to 6.00** AM **Sky Cinema Preview**

Movies 24
312 313 419

7.00 AM **Retreat to You** Romantic drama. (2023, PG, 90min) ★★
9.00 **Dare to Say Yes** Romantic drama. (2023, PG, 87min) ★★
11.00 **The Love Issue** Romantic drama. (2023, PG, 85min) ★★
1.00 PM **The Reluctant Royal** Comedy starring Andrew W Walker. (2025, PG, 84min) ★★
3.00 **The Date Whisperer** Romantic drama. (2023, PG, 87min) ★★
5.00 **Groundswell** Romantic comedy. (2022, PG, 84min) ★★
7.00 **Sparks Over Brooklyn** Drama starring AnnaMaria Demara and David Lafontaine. A chef tries to protect the feel of her family's restaurant when it is bought out by a tech entrepreneur. (2023, PG, 89min) ★★
9.00 **Love's Playlist** Comedy starring Skye Coyne. A music publishing worker is unaware her online romance is with a colleague she dislikes. (2023, PG, 85min) ★★
11.00 **Love in Wolf Creek** Romantic drama. (2022, PG, 85min) ★★
1.00 AM **Branching Out** Drama. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **Two Tickets to Paradise** (2022, PG) ★★

Movies 24+ 315 314 420

Talking Pictures
328 445 82 306 36

6.00 AM **Dick Tracy vs Crime Inc** Adventure. (1941, b/w, PG) ★★★
8.10 **Look at Life** Documentary.
8.25 **Space Patrol** 16/39. (S1)
9.00 **Batman** 16/60. (S2)
9.30 **Richard the Lionheart** (S1)
10.00 **Supercar** 3/26. (S1)
10.30 **Lionheart** (1968, U) ★★
11.30 **The Adventures of Robin Hood**
12.00 NOON **The Amazing Transparent Man** (1960) ★★
1.10 PM **A Day of One's Own 1956**
1.35 **One Step Beyond** 11/22. (S1)
2.10 **Dick Barton: Special Agent**
2.25 **Fireball XL5**
3.00 **Captain Scarlet and the Mysterons** 18/32. (S1)
3.35 **Traffic** Jacques Tati's comedy. (1970, PG, 96min) ★★
5.30 **Web of Suspicion** Crime drama. (1959, b/w, PG, 70min) ★★
7.00 **Z Cars** 3/13. (S12)
8.00 **A Family at War** 12/13. (S1)
9.05 **Rebecca** Vintage thriller. (1940, b/w, PG, 130min) ★★★★★
11.40 **The People That Time Forgot** Fantasy sequel. (1977, U) ★★
1.30 AM **The System** Comedy drama. (1964, b/w, 15, 90min) ★★★
3.15 **Dance Little Lady** (1954) ★★
5.00 **A Lifetime Ago with the Baim Collection**
5.30 **to 6.00** AM **Out of Town**

Saturday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM LIVE **NRL Canberra Raiders v Canterbury Bulldogs.** Coverage of the match at GIO Stadium. Kick-off 6.00am.
8.00 LIVE **Ladies European Tour Golf** Day two of the Aramco Korea Championship in Seoul.
10.30 **Soccer Saturday Pre-Match**
11.30 LIVE **EFL** Coverage of the first League One play-off semi-final first-leg. Kick-off 12.30pm.
3.00 PM **Gillette Soccer Saturday**
5.00 LIVE **SNF Bournemouth v Aston Villa.** Coverage of the Premier League match from the Vitality Stadium. Kick-off 5.30pm.
8.00 LIVE **EFL** Coverage of the second League One play-off semi-final first-leg. Kick-off 7.45pm.
10.30 LIVE **PGA Tour Golf** The third day of the Truist Championship.
11.30 LIVE **LPGA Tour Golf** Day three of the Mizuho Americas Open at Liberty National Golf Club.
12.00 M'T **Sky Sports News**
1.00 AM LIVE **Fight Night International Emanuel Navarrete v Charly Suarez.** Coverage of the bout for the WBO world super-featherweight title.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **The Big Interview**
9.30 **Fantasy Show** Insight and tips.
10.00 **Saturday Social**
11.00 **Premier League Stories**
12.00 NOON LIVE **WSL** Coverage of a Women's Super League match.
3.00 PM **Gillette Soccer Saturday**
5.00 LIVE **SNF Bournemouth v Aston Villa.** Coverage of the Premier League match from the Vitality Stadium. Evanilson scored with the last touch of the game to earn the hosts a 1-1 draw in the reverse fixture back in October, as his header cancelled out Ross Barkley's opener in the 96th minute. Villa are unbeaten in their last four meetings with their hosts, winning two and scoring nine goals in that run. Kick-off 5.30pm.
8.30 **Game of the Day**
10.30 **Premier League Highlights**
12.00 M'T **SNF** Action from Bournemouth v Aston Villa.
12.30 AM **Premier League Highlights**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2012/13 play-offs.
9.00 **EFL Highlights**
10.00 **Saturday Social**
11.00 **EFL Highlights** Championship.
11.30 LIVE **EFL** Coverage of the first League One play-off semi-final first-leg, with the team who finished sixth hosting the side who finished third. Kick-off 12.30pm.
3.00 PM **Gillette Soccer Saturday**
5.20 LIVE **Bundesliga Bayern Munich v Borussia Monchengladbach.** Coverage of the German top-flight match at Allianz Arena. Kick-off 5.30pm.
7.30 LIVE **EFL** Coverage of the second League One play-off semi-final first-leg, with the team who finished fifth in the table hosting the side who finished fourth. Kick-off 7.45pm.
10.30 **EFL Highlights**
11.30 **WSL** Recent action.
12.00 M'T **EFL Highlights**
12.30 AM **EFL Cup Retro**
2.30 **EFL Trophy** The 2022 final.
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **EFL Rivalries** Second City Derby.
5.30 **to 6.00** AM **Jimmy Glass: The Great Escape**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** A match replay.
10.10 **Ashes Greats** Action from 2001.
10.30 **Best of ICC WT20**
11.00 **IPL** Recent highlights from India.
2.50 PM LIVE **IPL Sunrisers Hyderabad v Kolkata Knight Riders.** Coverage of the T20 match from Rajiv Gandhi International Cricket Stadium. These two sides met just the once last season in Kolkata when the Knight Riders came out on top with a four-run victory.
7.00 LIVE **Pakistan Super League Islamabad United v Karachi Kings.** Coverage of the T20 match from Rawalpindi Cricket Stadium. The hosts won this meeting last season by five wickets in a tight affair in Rawalpindi. Karachi made 150-7 in their 20 overs with Kieron Pollard top-scoring with 39 from 28 balls, before the hosts chased down the target with eight balls to spare.
8.00 **Best of ICC WT20**
9.00 **IPL** Recent highlights from India.
11.00 **Pakistan Super League**
12.00 M'T **IPL** Recent action from India.
5.10 AM **Ashes Greats**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **My Ryder Cup**
6.30 LIVE **Ladies European Tour** Day two of the Aramco Korea Championship in Seoul.
10.30 **My Ryder Cup**
10.45 **Celebrity Kop Club**
11.00 **PGA Tour Champions Learning Centre** Expert golfing tips.
11.30 LIVE **DP World Tour** Day three of the Turkish Open at Regnum Carya Golf & Spa Resort.
4.00 PM LIVE **PGA Tour** Day three of the Truist Championship from Philadelphia Cricket Club.
6.00 LIVE **PGA Tour** Further coverage of day three of the Truist Championship in Chestnut Hill.
11.30 LIVE **LPGA Tour** Day three of the Mizuho Americas Open at Liberty National Golf Club.
12.00 M'T **PGA Champs Official Film**
1.00 AM **PGA Tour**
2.00 **Nick Dougherty's Tee Time Tips**
3.00 **PGA Tour** Highlights.
4.00 **The Open Zone**
5.00 **to 6.00** AM **LPGA Tour**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage of day five of the Internazionali BNL d'Italia staged at Foro Italico in Rome.
6.00 PM LIVE **WTA & ATP Tennis** Continued coverage of day five of the Internazionali BNL d'Italia staged at Foro Italico in Rome.
10.00 **WTA Tennis** Madrid Open.
10.30 **ATP Tour This Week**
11.00 **ATP Tennis** Madrid Open.
12.00 M'T **ATP Tennis** Recent finals.
2.00 AM **Best of Jack Draper**
2.15 **Bitesize Tennis** Highlights.
3.00 **US Open Classic Matches**
4.00 **WTA Tennis** Madrid Open.
4.30 **ATP Tour This Week**
5.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

7.00 AM LIVE **AFL Essendon Bombers v Sydney Swans.** Coverage of the match at Marvel Stadium. Bounce-up 7.15am.
10.00 **Sign Up – Into Football**
10.45 **The Ultimate Cycling Show**
11.45 LIVE **Cycling** Coverage from the women's seventh stage of the Vuelta España, a 152.6km route from La Robla to Alto de Cotobello.
2.00 PM **Premier League Preview**
2.30 LIVE **Gallagher Premiership Rugby Union Bristol Bears v Bath.** Coverage from Principality Stadium. Kick-off 3.05pm.
5.15 LIVE **Gallagher Premiership Rugby Union Harlequins v Gloucester.** From Twickenham Stoop. Kick-off 5.30pm.
7.45 LIVE **Serie A** Coverage of a game from Italy's top division.
9.45 **Isuzu UTE A-League**
10.45 **MotoGP** Grand Prix of France.
11.15 **Fight Week** UFC 315 preview.
12.00 M'T **UFC Countdown**
1.00 AM LIVE **UFC** Preliminary bouts.
3.00 **to 7.00** AM LIVE **UFC Belal Muhammad v Jack Della Maddalena.** Coverage of the welterweight title bout staged at Bell Centre in Montreal, Canada.

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP Highlights**
7.30 LIVE **MotoGP** The Grand Prix of France Moto2 and Moto3 second practice sessions from Le Mans.
9.00 LIVE **MotoGP** The Grand Prix of France MotoGP qualifying session.
11.00 LIVE **MotoE** Coverage of the Grand Prix of France first race.
11.45 LIVE **MotoGP** Grand Prix of France Moto2 & Moto3 qualifying.
1.45 PM LIVE **MotoGP** The Grand Prix of France MotoGP sprint race.
2.45 **MotoGP Rewind**
3.00 LIVE **MotoE** The Grand Prix of France second race in Le Mans.
3.45 LIVE **MotoGP Rookies Cup** Grand Prix of France first race.
4.45 **MLB Highlights**
5.45 LIVE **NWSL Chicago Red Stars v Washington Spirit.** Coverage from SeatGeek Stadium. Kick-off 5.50pm.
8.00 **MotoGP** Grand Prix of France.
8.30 LIVE **NBA** A play-off match.
11.00 **NBA on Fire** The latest news.
11.30 **NBA Action** Highlights.
12.00 M'T **UEFA Champions League**
1.00 AM **AFL** Two match replays.
4.00 **to 7.00** AM LIVE **AFL Richmond Tigers v West Coast Eagles.**

Sky Sports Action

408 408 517 507 426 446

6.00 AM LIVE **NRL Canberra Raiders v Canterbury Bulldogs.** Coverage of the match from the 10th round of fixtures at GIO Stadium. Kick-off 6.00am.
8.00 **NRL Grand Final**
8.15 **NRLW Grand Final**
8.30 LIVE **NRL St George-Illawarra Dragons v NZ Warriors.** Coverage of the match staged at WIN Stadium. Kick-off 8.30am.
10.30 **NRL Grand Final**
10.45 **NRLW Grand Final**
11.00 **My Icon** Sporting influences.
11.30 **PDC Classics** Archive action.
12.00 NOON LIVE **UK Open Pool Championship** Coverage of the World Nineball Tour ranking event.
4.30 PM **Darts Gold** Highlights.
5.30 **Fight Night International**
6.30 LIVE **UK Open Pool Championship** Coverage of the World Nineball Tour ranking event.
11.00 **Darts Gold** Archive action.
12.00 M'T **PDC Classics**
1.00 AM LIVE **Fight Night International Emanuel Navarrete v Charly Suarez.** Coverage of the bout for the WBO world super-featherweight title.
5.30 **to 6.00** AM **Darts Gold**

Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
8.00 LIVE **Super Rugby Crusaders v Chiefs.** Coverage of the match from the 13th round of fixtures staged at Apollo Projects Stadium in Christchurch, New Zealand. Kick-off 8.05am.
10.00 **Soccer Saturday Pre-Match**
10.30 LIVE **Super Rugby Western Force v Brumbies.** Coverage of the match from the 13th round of fixtures at HBF Park in Perth, Australia. Kick-off 10.35am.
12.30 PM **My Ryder Cup**
1.00 LIVE **PGA Tour Golf** Coverage of the third day of the Truist Championship at Philadelphia Cricket Club in Chestnut Hill.
5.20 LIVE **Bundesliga Bayern Munich v Borussia Monchengladbach.** Coverage of the German top-flight match at Allianz Arena. Kick-off 5.30pm.
7.30 **Sky Sports News**
9.00 LIVE **LPGA Tour Golf** Coverage of day three of the Mizuho Americas Open at Liberty National Golf Club in New Jersey.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.30 **IPL** Recent action from India.
9.30 **Pakistan Super League**
11.30 **PL Greatest Games**
12.00 NOON LIVE **WSL** Coverage of a Women's Super League match.
3.00 PM **PL Greatest Games**
3.30 **Ashes Greats** Action from 2001.
3.50 LIVE **Pakistan Super League Islamabad United v Karachi Kings.** The T20 match from Rawalpindi Cricket Stadium.
8.00 **Best of ICC WT20**
8.30 **Ashes Greats** Archive action.
9.00 **Fight Night International**
11.00 **Indycar** Highlights from Alabama.
12.00 M'T **IPL** Recent action.
1.00 AM **Fight Night International**
2.00 **Pakistan Super League**
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **LPGA Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **Discovery Golf**
6.30 **TNT Sports Reload**
6.45 LIVE **V8 Supercars Championship** The Snowy River Caravans Tasmania Super 440.
8.00 LIVE **Isuzu UTE A-League** Coverage from the latest match.
10.00 **UEFA Champions League**
11.00 **The Fantasy Show**
11.30 **Premier League Preview**
12.00 NOON LIVE **Cycling: Men's Giro d'Italia** The second stage.
5.00 PM **Cycling** Vuelta España.
6.00 **NBA** A play-off match.
7.30 **AFL** Suns v Bulldogs.
9.00 LIVE **MLB Athletics v New York Yankees.** Start-time 9.10pm.
12.15 AM **MLB: Off the Bat**
12.45 **TNT Sports Reload**
1.00 LIVE **MLB Arizona Diamondbacks v Los Angeles Dodgers.** Start-time 1.10am.
4.15 **MLB: Off the Bat**
4.45 **MotoGP** Grand Prix of France.
5.15 **to 5.45** AM **TNT Sports Reload**

TNT Sports 4

414 416 524 411 434

6.00 AM **The Fantasy Show**
6.30 **Premier League Preview**
7.00 **Women's Cycling**
8.00 **Cycling: Men's Giro d'Italia**
9.00 **The Breakaway**
9.30 **Premiership Rugby Union**
10.30 **ABB FIA Formula E World Championship Highlights**
12.30 PM LIVE **FIA World Endurance Championship** Six Hours of Spa-Francorchamps, the third round of the season from Circuit de Spa-Francorchamps.
7.30 **The WRC Magazine**
8.00 **Premiership Rugby Union** Saracens v Newcastle Falcons. **9.00** Bristol Bears v Bath. **10.00** Harlequins v Gloucester.
11.00 **Cycling: Men's Giro d'Italia**
12.00 M'T **The Breakaway**
12.30 AM **Women's Cycling**
1.30 **Serie A** Action from Italy.
2.30 **Isuzu UTE A-League**
3.30 **Premiership Rugby Union**
4.30 **to 6.00** AM **Men's Cycling**

Premier Sports 1

419 551

6.00 AM **Scottish Football Social Club**
7.00 **Transworld Sport** Magazine.
8.00 **Euro Le Mans Highlights**
9.00 **World Surf League**
10.00 **NHL Ice Hockey** A play-off.
12.00 NOON **LaLiga Specials**
12.15 PM **Michelin Le Mans Cup**
12.45 **United Rugby Championship**
2.45 LIVE **United Rugby Championship Bulls v Cardiff.**
5.00 LIVE **United Rugby Championship Leinster v Zebre.** Kick-off 5.15pm.
7.15 LIVE **United Rugby Championship Connacht v Edinburgh.** From Dexcom Stadium. Kick-off 7.35pm.
10.00 **Michelin Le Mans Cup**
10.30 **Top 14 Rugby Union**
12.30 AM **Transworld Sport** Magazine.
1.30 **NHL: This is Hockey**
2.00 LIVE **NHL Ice Hockey** Coverage of a play-off match.
5.00 **NHL: This is Hockey**
5.30 **to 6.00** AM **Temples of Sport**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
6.30 **FastZone** Motorsport highlights.
7.00 **United Rugby Championship**
9.00 **Temples of Sport**
9.30 **NHL Ice Hockey** A play-off.
11.30 **GP Confidential**
12.00 NOON LIVE **LaLiga Valencia v Getafe.** The Spanish top-flight game at Mestalla. Kick-off 1.00pm.
3.00 **Football's Greatest**
3.30 **LaLiga Specials**
4.30 **Bike World** Magazine.
5.00 LIVE **United Rugby Championship Benetton v Glasgow Warriors.** K-o 5.15pm.
7.30 LIVE **LaLiga Atlético Madrid v Real Sociedad.** The Spanish top-flight match. Kick-off 8.00pm.
11.00 **Bike World** Magazine.
11.30 **NHL: This is Hockey**
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Temples of Sport**
3.30 **Football's Greatest**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Highlights.
12.00 NOON **F1 Academy: Weekend Wrapped** A race review.
12.30 PM **Ferrari Challenge UK**
1.00 **Indy NXT** Indianapolis Grand Prix.
2.30 **Indycar** Sonsio Grand Prix.
4.30 LIVE **Indycar** The Sonsio Grand Prix warm-up session in Indiana.
5.00 **Formula 1** The Miami Grand Prix.
6.00 LIVE **Indy NXT** The Indianapolis Grand Prix race two in Indiana.
7.00 **Formula 1** Season highlights.
7.15 **Indycar** Sonsio Grand Prix.
9.15 **Formula 1** Season highlights.
9.30 LIVE **Indycar** Sonsio Grand Prix.
12.00 M'T **Formula 1** Miami Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

11 May

Evening Planner

Sunday

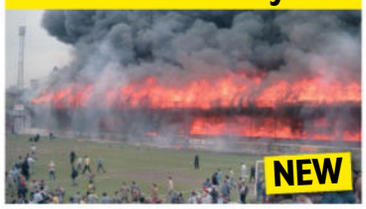
Awards

BAFTA Television Awards
BBC1, 7pm
Alan Cumming hosts the awards show, where favourites to win big tonight include *Mr Bates vs The Post Office*.

Factual

Elaine Paige: 60 Years on Stage
BBC4, 7.50pm
The musical theatre star talks to Zoe Ball about her glittering and varied career.

Documentary



Unforgotten: The Bradford City Fire
BBC2, 9pm
On the 40th anniversary of tragedy, this one-off special looks back at the disaster.

OnDemand

Long Bright River
Available today
Amanda Seyfried (right) stars as a Philadelphia cop who learns of a personal link to a series of murders.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 BAFTA TV Awards				9.00 This City Is Ours		10.00 News	10.30 Match of the...
	102 BBC2	7.00 Antiques Roadshow		8.00 Top Gear Botswana Special		9.00 Unforgotten: The Bradford City Fire			10.30 Film: Brooklyn
	103 ITV1	7.00 Celebrity Celebrity Catchphrase		8.00 Who Wants to Be a Millionaire?		9.00 Malpractice		10.00 The Assembly	10.30 News
	104 CHANNEL 4	7.00 Stacey Solomon's Renovation Rescue		8.00 The Great Celebrity Bake Off for...		9.00 The Piano		10.00 Gogglebox	
	105 5	◂ 6.00 The 1970s...	7.30 70s TV We Loved & Lost			9.00 Police: Suspect No 1		10.00 Police Code Zero: Officer Under Attack	
	106 SKY SHOWCASE	◂ 6.15 Film: Dr Seuss' The Lorax		8.00 David Attenborough's Galapagos		9.00 Bibaa & Nicole: Murder in the Park			
ENTERTAINMENT	115 BBC3	7.00 EastEnders		8.00 Stacey & Joe		9.00 I Kissed a Boy	9.50 Juice		10.35 Bad...
	116 BBC4	7.00 Showstoppers	7.50 Elaine Paige: 60 Years on Stage			9.05 A Night on the Town			
	118 ITV2	◂ 6.25 Film: Indiana Jones and the Last Crusade				9.00 Film: The Dark Knight Rises			
	136 MORE4	◂ 6.50 Four in a Bed				9.00 999: On the Front Line		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Film: The Transporter			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Fire Country		10.00 Matlock	
	108 SKY ATLANTIC	◂ 6.40 Game of Thrones				9.00 Gangs of London		10.00 The Wire	
	110 U&GOLD	7.00 Only Fools and Horses				9.00 Dad's Army	9.40 Billy Connolly Does		10.40 Only...
	111 U&DAVE	7.00 Border Force: America's Gatekeepers		8.00 Cape Carnage: Killer Catch		9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
	119 ITV3	◂ 6.05 Midsomer Murders		8.00 Doc Martin				10.00 Vera	
	120 ITV4	7.00 Film: Never Say Never Again					9.40 Film: Sudden Death		
	112 COMEDY CENTRAL	7.00 Friends				9.00 Kevin Bridges Live in Glasgow		10.00 Film: Mallrats	
	139 SKY SCI-FI	7.00 Stargate Universe							
	113 SKY MAX	7.00 Grimm		8.00 Flintoff's Road to Nowhere		9.00 Welcome to Wrexham			
	109 U&ALIBI	◂ 6.00 Death in Paradise Christmas Special		8.00 Death in Paradise				10.00 I, Jack Wright	
	130 SKY ARTS	◂ 5.45 Bowie: The Man Who...	7.45 Film: The Woman in Green			9.00 Classic Movies: The Story of Kind...		10.00 Isle of Wight...	10.30 Buddy Guy...
	132 U&W	7.00 Inside the Ambulance				9.00 Katie Piper: Locked Up in Louisiana		10.00 Inside the Operating Theatre	
DOCUMENTARY	125 DISCOVERY	7.00 Building off the Grid		8.00 Alaska: Homestead Rescue				10.00 Kindig Customs	
	162 ANIMAL PLANET	7.00 Crikey! It's the Irwins		8.00 Treetop Cat Rescue		9.00 Tanked		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Car S.O.S.		8.00 Drain the Oceans: Deep Dive		9.00 Titanic: The Final Secret		10.00 Titanic: 25 Years Later with James...	
	123 SKY HISTORY	7.00 WWII Lost Films				9.00 The Sound and the Fury			
	155 U&YESTERDAY	7.00 Villages by the Sea		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash			
	121 SKY DOCS	◂ 6.30 Film: Amy				9.00 Bibaa & Nicole: Murder in the Park			
FILMS - Sky Cinema	301 PREMIERE	◂ 6.15 Cleaner		8.00 Speak No Evil				10.00 Mob Cops	
	302 STAR TREK	7.00 Star Trek: Insurrection				9.00 Star Trek: Nemesis			
	303 MEGA HITS	◂ 6.05 E.T. The Extra Terrestrial		8.00 The Lord of the Rings: The Fellowship of the Ring					
	304 GREATS	◂ 5.35 Superman		8.00 Superman II					10.10 Superman III
	305 ANIMATION	◂ 5.50 Happy Feet Two	7.40 Home				9.30 Boonie Bears: Guardian Code		
	306 FAMILY	◂ 5.50 The Flintstones	7.30 The Flintstones in Viva Rock Vegas			9.15 Cats & Dogs: The Revenge of Kitty Galore			
	307 ACTION	◂ 5.45 Twisters		8.00 Twister				10.05 Charlie's Angels	
	308 COMEDY	◂ 6.20 The Nutty Professor		8.00 Nutty Professor II: The Klumps				9.55 Fletch Lives	
	309 THRILLER	◂ 5.55 The Bikeriders		8.00 The Da Vinci Code					
	310 DRAMA	◂ 6.10 Charlie Wilson's War		8.00 Ghost					10.15 Sunset Boulevard
	311 SCI-FI	◂ 6.05 Men in Black 3		8.00 A Quiet Place			9.35 Out of Darkness		
	313 FILM4	◂ 6.10 Independence Day				9.00 Uncharted			
SPORT	401 MAIN EVENT	◂ 4.15 Super...	7.30 EFL – Live (Kick-off 6.30)			9.00 PGA Tour Golf – Live: The Truist Championship			
	402 PREMIER LEAGUE	◂ 4.15 Super...	7.30 Gary Neville's...	8.00 Big Interview	8.30 PL Highlights	9.00 SNF	9.30 Premier League Highlights		
	403 FOOTBALL	◂ 6.00 EFL – Live: The second League Two play-off semi-final first-leg match (Kick-off 6.30)				9.00 EFL Highlights			
	404 CRICKET	7.00 Pakistan Super League – Live		8.00 IPL				10.00 Pakistan Super League Highlights	
	410 TNT SPORTS 1	◂ 6.30 Serie A	7.30 Serie A – Live: Football from Italy's top division					9.45 MotoGP	
	411 TNT SPORTS 2	◂ 4.30 MLB – Live (Start-time 4.35)		8.00 NBA Action	8.30 NBA – Live: Coverage from a play-off match				

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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Sunday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
7.45 **Match of the Day** (S)(R)
9.00 **Sunday with Laura Kuenssberg** (S)
10.00 **Politics England** (S)
10.30 **Celebration Kitchen: Wesak Day** New edition Matt Tebbutt marks the Buddhist festival. (S)
11.30 **Homes Under the Hammer** (S)(R)
12.30 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Songs of Praise: Sing Gospel!** New edition From Union Chapel. (S)
1.50 **Escape to the Country** (S)(R)(AD)
2.30 **Planet Earth III** (S)(R)(AD)
3.30 **The Gruffalo's Child** (S)(R)
3.55 FILM **Paddington 2** Family comedy adventure sequel with the voice of Ben Whishaw. (S)(AD) (2017, PG, 100min) ★★★★★
5.35 **BBC News** (S)
5.50 **Local News** (S)

9.00 This City Is Ours

6 PM
6.00 **Countryfile** New edition John Craven and Sean Fletcher explore the River Dyfi in mid-Wales, examining the hidden stories of wildlife that flock to the area at this time of year. (S)

7 PM
7.00 NEW **BAFTA TV Awards** Alan Cumming hosts the awards ceremony from the Southbank Centre's Royal Festival Hall. Nominees include *Rivals* and *Wolf Hall: The Mirror and the Light*, while performers in the running include Anna Maxwell Martin, Gary Oldman, Lennie James and Nicola Coughlan. *Mr Bates vs The Post Office* will be receiving the BAFTA TV special award. *See feature, page 6.* (S)

8 PM

9 PM
9.00 **This City Is Ours** Series finale 8/8. Jamie remains suspicious of Michael and decides to go rogue, leading to a gripping final showdown. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM
10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day 2** Mark Chapman presents the latest Premier League action, including Liverpool v Arsenal at Anfield and Newcastle United v Chelsea at St James' Park. (S)
11.50 **Doctor Who: Unleashed** 5/8. Steffan Powell shows how the drama is produced as he talks with those who make it happen. (S)(R)
12.20 AM **The Hit List** Ivo Graham, Emmanuel Sonubi, Toyah Willcox Pat Nevin, Natalie Cassidy and Jamie Borthwick take part. (S)(R)
1.05 **Weather for the Week Ahead** Seven-day forecast. (S)
1.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.50 AM **Countryfile** (S)(R)
7.45 **Breakfast** (S)
9.00 **Landward** New edition (S)
9.30 **Beechgrove Garden** (S)(R)
10.00 **Interior Design Masters with Alan Carr** 5/8. The designers create premium hospitality suites at Twickenham. (S)(R)(AD)
10.55 **John Mills: Talking Pictures** (S)(R)
11.35 FILM **Dunkirk** Documentary-style war drama starring John Mills. (S) (1958, b/w, PG, 130min) ★★★
1.45 PM LIVE **Equestrian: Badminton Horse Trials** The final day of the equestrian event at Badminton House, South Gloucestershire. (S)
3.45 LIVE **Rugby League: Challenge Cup** Warrington Wolves v Leigh Leopards: The semi-final from Totally Wicked Stadium in St Helens. Kick-off is at 4.15. (S)

6.15 Expedition with Steve Backshall

6 PM
6.15 **Expedition with Steve Backshall** 9/10. The explorer leads a team on a mission to summit a remote and unclimbed mountain in the Stauning Alps of Greenland. (S)(R)(AD)

7 PM
7.00 **Antiques Roadshow** Fiona Bruce presents from Ebrington Square, Derry-Londonderry, where treasures include a statue from Java, Olympic boxing memorabilia and 1960s jewellery. (S)(R)

8 PM
8.00 **Top Gear Botswana Special** Jeremy, James and Richard travel to Africa, where they are challenged to buy a second-hand two-wheel drive car for less than £1,500, and drive across Botswana. (S)(R)

9 PM
9.00 NEW **Unforgotten: The Bradford City Fire** Stories of people affected by the 1985 disaster in which 56 spectators died after the wooden stands of Bradford City's Valley Parade stadium caught fire. *See feature, page 20.* (S)(AD)

10 PM
10.30 FILM **Brooklyn** Drama starring Saoirse Ronan and Domhnall Gleeson. An Irish immigrant starts a new life in 1950s New York, but her past catches up with her and she faces a harsh choice. (S)(AD) (2015, 12, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.15 AM FILM **Wild Men** Norwegian comedy starring Rasmus Bjerg and Sofie Gråbøl. A man suffering from a mid-life crisis relocates his family high into the mountains to live as hunter gatherers. Subtitled. (2021, 15, 100min) ★★★
1.55 **Sign Zone: Question Time** (S)(R)
2.55 **Sign Zone: Stacey & Joe** (S)(R)
3.55 **to 6.40** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **In for a Penny** (S)(R)(AD)
6.30 **James Martin's Saturday Morning** With Jodie Kidd. (S)(R)
8.25 **Katie Piper's Weekend Escape** New edition With Prue Leith. (S)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.25 **Alan Titchmarsh's Gardening Club** Japanese maple. (S)(R)
12.25 PM **ITV News; Local News** (S)
12.35 **Prue Leith's Cotswold Kitchen** With Vin and Omi. (S)(R)(AD)
1.35 FILM **Peter Pan** Fantasy adventure starring Jeremy Sumpter. (S)(AD) (2003, PG, 130min) ★★★★
3.45 FILM **Matilda** Roald Dahl's dark fantasy starring Danny DeVito. (S) (AD) (1996, PG, 110min) ★★★★
5.35 **99 to Beat** 8/8. The eight finalists compete to win £25,000. (S)(R)

10.00 The Assembly

6 PM
6.30 **ITV News** (S)
6.45 **Local News** (S)

7 PM
7.00 **Celebrity Catchphrase** New edition Stephen Mulhern hosts a charity edition of the game show, with Darren Harriott, Laura Jackson and Will Mellor trying to win £50,000 for their chosen good causes. (S)(AD)

8 PM
8.00 **Who Wants to Be a Millionaire?** New edition Big-prize quiz hosted by Jeremy Clarkson in which another line-up of contestants answer questions that could change their lives. (S)

9 PM
9.00 **Malpractice** New episode 4/5. Kate is forced to make a decision as both Ford and the MIU race to track down midwife Maria Carter. (S2) (S)(AD)
■ Concludes tomorrow

10 PM
10.00 **The Assembly** Series finale 4/4. Gary Lineker faces the grilling of a lifetime. (S)
10.30 **ITV News** (S)
10.45 FILM **Taken 2** Action thriller sequel starring Liam Neeson. An ex-CIA agent and his family are targeted by a vengeful Albanian gang during a trip to Istanbul. (S)(AD) (2012, 12, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.20 AM **Teleshopping**
3.00 **Gary Barlow's Wine Tour: South Africa** With Mica Paris. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Prue Leith's Cotswold Kitchen** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.10 AM **Cheers** 21&22/22. (S2) (S)(R)
7.05 **Everybody Loves Raymond** 16&17/22. (S1) (S)(R)(AD)
7.55 **Frasier** 13&14/24. (S7) (S)(R)(AD)
8.55 **The Great Big Tiny Design Challenge with Sandi Toksvig** 5/8. The miniaturists tackle a two-floored rococo hallway. (S)(R)
10.00 **Sunday Brunch** New edition With guests Stephen and Anita Mangan, and Alex James. Plus, music from The Kooks. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
3.00 **Four in a Bed** Five editions. (S)(R)
5.30 **George Clarke's Old House, New Home** George helps to transform an Edwardian mock Tudor house in Stratford-upon-Avon into a modern family home and makes a 1920s Essex cottage more accessible. (S)(R)(AD)

9.00 The Piano

6 PM
6.30 **News** (S)

7 PM
7.00 **Stacey Solomon's Renovation Rescue** 4/6. Stacey helps Katie and Chris from the Forest of Dean begin a DIY renovation on their first home after a bad experience with tradespeople. (S)(R)(AD)

8 PM
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** Dermot O'Leary, Greg James, Fern Brady and Mel B are challenged to create their celebrity doppelgänger in biscuit form. (S)(R)(AD)

9 PM
9.00 **The Piano** New edition Claudia Winkleman, Mika and Jon Batiste switch trains for planes at Heathrow Airport's Terminal 5 in their quest to find the UK's best amateur pianists. (S)(AD)

10 PM
10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching on TV, with cameras capturing their instant reactions. (S)(R)(AD)
11.00 **Night Coppers** (S)(R)(AD)
12.00 M'T NEW SERIES **Walter Presents: Memento Mori** 1/6. Spanish thriller. Subtitled. (S1)
■ Entire series on C4 streaming
1.00 AM FILM PREMIERE **Rodeo** French drama starring Julie Ledru. Subtitled. (2022, 15, 110min) ★★★
2.50 **The Simpsons** (S)(R)(AD)
3.55 **A Lake District Farm Shop** (S)(R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.10 **Entertainment News** (S)
9.15 **22 Kids & Counting** Noel and Sue Radford decide to search for another house. (S)(R) **10.00** The Radfords raise money for cancer treatment for their friends' daughter. (S)(R) **11.00** Jake and Chloe face their relationship problems. (S)(R)
12.00 NOON LIVE **Snooker: World Seniors Championship** Coverage of the final on day five from the Crucible Theatre in Sheffield. Brazilian Igor Figueiredo became the first player from outside Europe to win the event when he beat Ken Doherty 5-2 in last year's showpiece match. (S)

7.30 70s TV We Loved & Lost

6.00 **The 1970s: Those Were the Days** 2/2. The documentary concludes by looking back at life in the mid to late 1970s, a time of the Silver Jubilee, the rise of punk, inflation leading to the drive to 'Buy British' and the first flush of populist feminism. (S)(R)
7.25 **News** (S)
7.30 NEW **70s TV We Loved & Lost** One-off documentary in which three modern families enjoy prime-time TV from the 1970s, to discover what people watched, how they watched it and what it says about the different eras. (S)
9.00 **Police: Suspect No 1** Hull detectives investigate when people are terrorised at home by a knife-wielding intruder, before the victims are targeted again less than 24 hours later. (S)(R)
10.00 **Police Code Zero: Officer Under Attack** 1/4. Exploring the rising number of assaults on police officers, revealing what they face, and the emotional toll these incidents take. (S)(R)
11.05 **Secrets of the Shoplifting Gangs** The fight back against the rising tide of shoplifting. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Inside British Airways: 24/7** Double bill of editions. (S)(R)
4.40 **Nick Knowles' Big House Clearout** From Marlow. (S)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (S)(R)
7.05 **Monkey Life** (S)(R)(AD)
8.30 **Sunday Morning with Trevor Phillips** Topical discussion.
10.00 **The Office (US)** (S)(R)
11.30 **David Attenborough's First Life** 1&2/2. Exploring the origins of life on Earth. (S)(R)
2.00 PM **Greatest Escapes of WWII** The story of the largest breakout of World War Two. (S)(R)
3.00 **Commando Missions** A 1943 mission to liberate Rome. (S)(R)
4.00 **The Simpsons** Five episodes of the comedy, including at: **5.50** *Dead Putting Society:* Parental rivalry between Homer and Ned Flanders adds spice to a junior golf tournament. (S)(R)

9.00 Bibaa & Nicole: Murder in...

6.15 FILM **Dr Seuss' The Lorax** Animated comedy adventure based on the children's book by Dr Seuss, featuring the voices of Danny DeVito, Ed Helms, Zac Efron and Taylor Swift. A plucky young boy sets out from a plastic city on a quest to find a real tree. (S) (2012, U, 86min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
8.00 **David Attenborough's Galapagos** 3/3. The broadcaster reveals the differences between the islands, and encounters Lonesome George, the giant Pinta Island tortoise. (S)(R)
9.00 NEW SERIES **Bibaa & Nicole: Murder in the Park** 1/3. Documentary about the murder of sisters Bibaa Henry and Nicole Smallman in a London park in 2020.
10.00 **Bibaa & Nicole: Murder in the Park** New edition 2/3. Detectives piece together the sisters' final hours, and there is a shocking incident of police misconduct with the case.
11.00 **Saturday Night Live** Satirical American sketch show. (R)
12.30 AM **Brassic** 6/8. Erin's brother Ronnie returns to Hawley claiming he has turned over a new leaf, so she persuades farmer Jim to let him stay in his spare room. (S3) (S)(R)(AD)
1.30 **The Force: Manchester** (S)(R)
2.30 **Road Wars** Double bill. (S)(R)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00-10.30am The Sunday Show (S) **11.50pm** Sportscene: Premiership Highlights (S)(R) **12.35am** Doctor Who: Unleashed (S)(R)(AD) **1.05** The Hit List (S)(R) **1.50** Weather for the Week Ahead (S) **1.55-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.00-10.30am Sunday Politics Northern Ireland (S) **10.30pm** Bikes! North West 200 (S) **11.30** Match of the Day 2 (S) **12.50am** Doctor Who: Unleashed (S)(R)(AD) **1.20-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.00-10.30am Politics Wales (S) **2.30pm** The Gruffalo's Child (S)(R)(AD) **2.55** FILM Paddington 2 (S)(AD) (2017, PG, 100min) ★★★★★ **4.35** Best of Weatherman Walking: Coastal Delights (S)(R) **5.05-5.35pm** Iolo's River Valleys (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.30pm Pilgrimage: The Road Through the Alps (S)(R)(AD) **11.30** Sunday Politics Northern Ireland (S)(R) **12.05-12.15am** Barra on the Foyle (S)(R)

WALES
Sky 968, Freesat 968
7.00pm SOS: Extreme Rescues (S)(R) **7.30-8.00pm** Anna Haugh's Big Irish Food Tour New edition (S)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Y Cosmos **10.00** Garddio a Mwy **10.30** Priodas Pum Mil **11.25** Dechrau Canu Dechrau Canmol **11.55** Iolo: Natur Bregus Cymru (AD) **12.50pm** Cefn Gwlad (AD) **1.45** LIVE Clwb Rygbi **4.00** Pobol y Cwm Omnibws **5.00** LIVE Sgorio **7.15** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol New edition **8.00** Prosiect Pum Mil New edition **9.00** Bariau New episode (AD) **9.40** Troseddau Cymru Gyda Sian Lloyd (AD) **10.40** Cartrefi Cymru **11.10-11.45pm** Bois y Rhondda

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Cindy takes matters into her own hands to get Lauren to hospital. **7.30** Jean tries to organise a last-minute party for VE Day.
8.00 **Stacey & Joe** 6/6. The family prepare for Christmas.
9.00 NEW SERIES **I Kissed a Boy** 1/10. Return of the dating show for gay men, hosted by Dannii Minogue.
9.50 **Juice** 2/6. Jamma plays therapist to his parents. **10.10** 3/6. Guy is eager to meet Jamma's parents. (S1)
10.35 **Bad Education** 3/6. Hoburn decides to give the kids and teachers a taste of what life in prison is like. **11.05** 4/6. Stephen tries to prove to Class K that he is still a trailblazer. (S4)
11.35 **Bikes! North West 200** Action from the annual motorcycle event.
12.35 AM **Ashley Cain: Into the Danger Zone**
1.35 **I Kissed a Boy**
2.25 **Bad Education**
3.25 **to 3.55** AM **Doctor Who: Unleashed**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Showstoppers** Featuring songs from West End and Broadway shows.
7.50 NEW **Elaine Paige: 60 Years on Stage** The musical theatre star chats to Zoe Ball about her career.
8.50 NEW **Elaine Paige Remembers... A Night on the Town** A look back at the 1983 musical spectacular.
9.05 **A Night on the Town** Musical starring Ann Reinking, Lewis Collins and Elaine Paige. A photographer and an advertising designer trying on clothes in a vintage clothing store find themselves transported to the 1930s.
10.50 **Elaine Paige at the BBC** Archive performances by the West End star.
11.50 **Elaine Paige: I'm Still Here** Highlights of the West End star's farewell concert at the Royal Albert Hall.
12.50 AM **Showstoppers**
1.40 **Elaine Paige: 60 Years on Stage** As 7.50pm.
2.40 **to 3.40** AM **Elaine Paige at the BBC**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
2.35 PM **A Place in the Sun: Home or Away**
3.35 PM **Come Dine with Me** Oli Delaunoy hosts the first dinner party in Cheltenham, Gloucestershire. **4.10** Jan Blomer hosts the second dinner party. **4.40** Events director Zak Roby takes his turn to host. **5.15** Kimberley Thomas hosts the fourth dinner party. **5.50** Paddy Castledine hosts the final night in Cheltenham.
6.20 **Four in a Bed** The contest begins at The Bickford Arms in Holsworthy, Devon. **6.50** From Newchester Farmhouse B&B, Somerset. **7.25** A visit to The Quay Inn in Minehead, Somerset. **7.55** The fourth and final visit is to Old Walls Vineyard Luxury Lodges in Devon. **8.30** Payment day arrives.
9.00 **999: On the Front Line** New edition Paramedics find a man experiencing a life-threatening diabetic hypoglycaemia.
10.00 **24 Hours in A&E** A 14-year-old is rushed in after a biking accident.
11.05 **Emergency Helicopter Medics** Documentary.
12.05 AM **999: On the Front Line** Medical series.
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.10 **Married at First Sight Australia** Four editions.
1.50 PM FILM **Hotel Transylvania 2** Animated comedy sequel featuring the voice of Adam Sandler. (2015, U, 89min) ★★★
3.40 **The Big Bang Theory**
4.35 FILM **Home Alone 3** Comedy sequel starring Alex D Linz. (1997, PG, 102min) ★
6.35 **The Simpsons** *Dude, Where's My Ranch?* The family spend Christmas on a ranch.
7.00 **The Simpsons** *Old Yeller Belly:* Santa's Little Helper is thrown out of the house. **7.30** *Brake My Wife, Please:* Homer is banned from driving. **8.00** *The Bart of War:* Bart gets in trouble for vandalism. **8.30** *Moe Baby Blues:* Maggie grows obsessed with unlikely babysitter Moe.
9.00 FILM **The Transporter** Action thriller starring Jason Statham. An underworld courier discovers he is transporting a kidnapped Chinese woman and uncovers an international slavery ring. (2002, 15, 88min) ★★★
10.50 **Naked Attraction**
11.50 **Gogglebox**
2.00 AM **First Dates**
3.00 **Modern Family**
3.25 **Ramsay's Kitchen Nightmares USA**
4.15 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Border Security: Canada's Front Line**
7.00 **Send in the Dogs**
8.00 **Border Security: America's Front Line** Double bill.
9.00 **Caught Red Handed** A workman who stole a truck. **9.45** The case of a deaf girl traumatised by burglars. **10.30** A burglar is caught out. **11.15** A woman endangered on the streets of Manchester.
12.00 NOON **Caught on Dashcam**
1.00 PM **Border Patrol** Double bill.
2.00 **Nothing to Declare**

9.00 Fire Country

7 PM
7.00 **Nothing to Declare** A girl is questioned by immigration officers. **7.30** An investigation into illegal fishing.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Fire Country** *Bad Guy:* 8/22. A harrowing rescue involving two children brings back difficult memories for Vince. (S1)

10 PM
10.00 **Matlock** *I Was That, Too:* 17/19. A pregnant woman seeks Olympia's assistance in divorcing her husband. (S1)
11.00 **FBI: International** 15/22. (S2)
12.00 M'T **Bull** 5/16. (S5)
1.00 AM **Chicago Fire** 4/13. (S12)
2.00 NEW SERIES **Elsbeth** 1/20. A womanising executive is killed after an opera. (S2)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
6.50 **The Newsroom** 4-6/10. (S1)
10.00 **Game of Thrones** Nine episodes, including at: **3.25** PM 6/10. Qhorin gives Jon a chance to prove himself. **4.30** 7/10. Theon embarks on a hunt as he tries to prove his Ironborn status. **5.35** 8/10. Robb Stark sees he has been betrayed by one of his closest friends. **6.40** 9/10. Tyrion defends King's Landing against Stannis Baratheon's naval assault. (S2)

10.00 The Wire

7.45 **Game of Thrones** *Valar Morghulis:* 10/10. Theon Greyjoy stirs his men into action, Daenerys enters the mysterious House of the Undying, and Jon proves his worth to Qhorin Halfhand. (S2)

9.00 **Gangs of London** 8/8. The extent of the conspiracy is revealed, and Elliot's past and present collide. (S3)

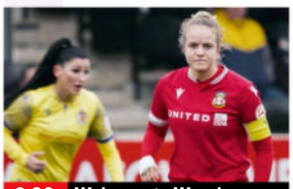
10.00 **The Wire** *That's Got His Own:* 12/13. Carcetti faces a budget deficit and is forced to seek the state governor's assistance. (S4)
11.05 **The Baby** 8/8. Natasha decides to give the baby exactly what he is after. (S1)
11.40 **Succession** 6&7/10. (S4)
2.00 AM **The Last of Us** New episode 5/7. (S2)
3.15 **The Leftovers** 4/10. (S1)
4.15 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Highway Patrol**
8.00 **Magnum P.I.** 14-17/20. (S5)
12.00 NOON **S.W.A.T.** Four episodes of the drama, including at: **3.00** PM 16/23. A hate crime sparks anger on the eve of LA's Pride festival. (S2)
4.00 **Grimm** 21/22. Nick receives a gift from a fellow Grimm. **5.00** 22/22. Adalind plots revenge on Nick. (S3) **6.00** 1/22. Nick is forced to rely on Trubel to help him track down a new creature after losing his powers. (S4)


9.00 Welcome to Wrexham

7.00 **Grimm** *Octopus Head:* 2/22. Monroe and Rosalee attempt to find a way to restore Nick's powers. (S4)

8.00 **Flintoff's Road to Nowhere** 1/2. Former cricketer Andrew Flintoff cycles along Brazil's Trans-Amazonian Highway.

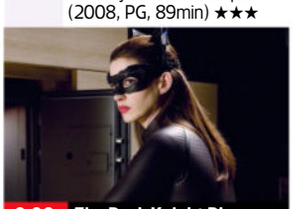
9.00 **Welcome to Wrexham** New edition Wrexham AFC risk missing out on automatic promotion.

10.00 **Welcome to Wrexham** New edition Wrexham AFC's poor away form casts doubt on their chances for promotion.
11.00 FILM **Game of Death II** Hong Kong martial arts crime adventure sequel starring Bruce Lee. Subtitled. (1980, 18, 96min) ★★★
1.00 AM **Brassic** 6/8. (S3)
2.00 **Hawaii Five-0** 6/25. (S5)
3.00 **Manifest** 13/13. (S3)
4.00 **Hawaii Five-0** 5/25. (S5)
5.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
9.25 **Totally Bonkers Guinness World Records**
9.40 **Dress to Impress**
10.40 **Deal or No Deal**
12.40 PM **The Masked Singer US**
1.35 **Celebrity Catchphrase**
2.35 **Britain's Got Talent: Live Semi-Final** Ant and Dec host the third semi-final.
4.40 FILM **Madagascar: Escape 2 Africa** Animated comedy adventure sequel. (2008, PG, 89min) ★★★


9.00 The Dark Knight Rises

6.25 FILM **Indiana Jones and the Last Crusade** Steven Spielberg's action dventure with Harrison Ford. The archaeologist sets out to find his father, who has gone missing while searching for the sacred Holy Grail. (1989, PG, 127min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **The Dark Knight Rises** Crime action drama sequel starring Christian Bale and Tom Hardy. Vigilante Batman returns to Gotham City to battle a ruthless terrorist known as Bane. (2012, 12, 164min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Family Guy** 16/21. Peter ends up getting on the wrong side of a local gangster. **12.45** 10/21. Peter and Lois compete in an election. (S2)
1.15 **American Dad!** (S6)
2.15 **World's Funniest Videos**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Mr Bean**
6.35 **A Touch of Frost**
10.40 **Agatha Christie's Poirot**
11.45 **Downton Abbey** 6/7. Bates reveals his chequered past. **12.45** PM 7/7. Robert makes an announcement. (S1) **2.15** 1/9. Bates returns from London with news for Anna. **3.45** 2/9. Shell-shocked new valet Lang arrives as William gets his call-up papers. **4.55** 3/9. Violet and Rosamund discover Lavinia's past misdeeds. (S2)

8.00 Doc Martin

6.05 **Midsomer Murders** *A Grain of Truth:* A series of incidents surrounding a new organic bakery ends in a murder.

8.00 **Doc Martin** *Do Not Disturb:* 7/8. Pauline finds out about Martin's imminent departure to London and confronts him.

9.00 **Doc Martin** *The Wrong Goodbye:* 8/8. The doctor's last day in Portwenn proves to be filled with drama. (S4)

10.00 **Vera** *Blood Will Tell:* DCI Vera Stanhope investigates the case of a murdered entrepreneur that has many suspects.
11.50 **Agatha Christie's Poirot** *The Tragedy at Marsdon Manor:* A ghostly murderer strikes.
12.50 AM **The Bay** 5/6. A new SIO leads the MIU team. **1.45** 6/6. Crucial evidence in the case is found. (S5)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** Rangers v Aberdeen.
8.00 **Paramedics on Scene** 6/10. In East Ayrshire, a crew from the special operations team attend a two-car crash.
9.00 **Scotland: The New Wild** 3/3. The wildlife of the Highlands.
10.00 **Still Game** 2/6. Jack and Victor suffer a freezing winter. (S1)
10.30 **Scot Squad** 1/6. Miekelson has his portrait painted. (S2)
11.00 **How Not to Win Eurovision** Two Scottish brothers try to enter the contest for San Marino.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files** The criminologist explores murder cases where no body was found.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Fantasmas** (S1)
10.00 **The Conners** (S4)
11.00 **Entourage** (S1)
12.40 PM **Insecure** (S2)
3.05 **Curb Your Enthusiasm**
6.00 **The Office (US)** 6/19. Dwight and Michael kidnap a delivery boy. **6.30** 7/19. Michael asks his employees for a loan. **7.00** 8/19. Michael attempts to run away. **7.30** 9/19. The Scranton branch is asked to take part in an advert. **8.00** 10/19. Karen tries to lure Stanley from the Scranton branch. **8.30** 11/19. Michael treks into the woods on a survival adventure. (S4)
9.00 **Saturday Night Live** New edition Sketch show.
10.30 **Sex and the City** (S4)
11.50 **Saturday Night Live**
1.20 AM **The Righteous Gemstones** 9/9. (S4)
2.20 **Divorce** 5&6/6. (S3)
3.40 **Silicon Valley** 2/7. (S6)
4.20 **to 5.00** AM **Dice**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **The South Bank Show Originals**
6.30 **Alfred Hitchcock Hour**
8.30 **Tales of the Unexpected**
11.00 NEW **Don Giovanni Paris Opera**
2.00 PM **Cirque du Soleil**
4.00 **Laurel and Hardy: Their Lives and Magic**
5.45 **Bowie: The Man Who Changed the World**
7.45 FILM **The Woman in Green** Mystery. (1945, b/w, PG, 70min) ★★
9.00 **Classic Movies: The Story of Kind Hearts and Coronets**
10.00 **Isle of Wight Festival Greatest Hits**
10.30 **Buddy Guy Live: The Real Deal**
11.45 **BB King: Live in Concert at the Royal Albert Hall**
1.30 AM **Classic Albums**
2.45 **Women Who Rock**
4.00 **The Great Songwriters**
5.00 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **Play Your Pets Right**
8.15 **Silly Animals**
8.25 **Trolls: Trollstopia**
8.50 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **Caught on Dashcam**
12.00 NOON **Stop, Search, Seize** Documentary.
1.00 PM **Send in the Dogs**
3.00 **Nothing to Declare**
5.00 **Stop, Search, Seize**
6.00 **Send in the Dogs**
8.00 **NCIS: Los Angeles** *Bonafides:* 13/22. Sam dons his past undercover persona of Switch. **9.00** *Pandora's Box:* 14/22. Callan and the team go undercover as art buyers. (S13)
10.00 **Britain's Most Evil Killers**
11.00 **Snapped**
12.00 M'T **Caught on Dashcam**
1.00 AM **Brit Cops: War on Crime** Documentary.
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Be Beautiful**
7.55 **Backyard Builds**
8.20 **Olivia Meets Her Match**
9.20 **Jason Atherton's Dubai Dishes**
10.20 **Dinner Date**
1.20 PM **The Real Housewives of New York City** Four editions.
4.55 **The Only Way Is Essex**
5.55 **John and Lisa's Food Trip Down Under**
7.00 **Celebrity Dinner Date** Reality star Diags chooses three dates.
8.00 **The Bardsley Bunch** Tanya and Gabriella have a night out at the Metro Pride Awards.
9.00 FILM **The Bodyguard** Romantic thriller starring Kevin Costner (1992, 15, 129min) ★★★
11.40 **The Real Housewives of Cheshire**
12.40 AM **Backyard Builds**
1.10 **to 1.30** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
11.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the drama, including at: **7.00** *No Laughing Murder:* Jessica gets caught up in a feud between a double act. **8.00** *Magnum on Ice:* Jessica puts her holiday on hold to clear a private investigator of a double murder.
9.00 **An Aurora Teagarden Mystery: A Game of Cat and Mouse** Drama with Candace Cameron Bure.
10.55 **An Aurora Teagarden Mystery: Last Scene Alive** Crime drama with Candace Cameron Bure.
12.50 AM **The New Avengers**
3.00 **Randall and Hopkirk (Deceased)** 21/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 70s**
6.15 **Motorsport Mundial**
6.45 **Auto Mundial**
7.15 **World Superbike Highlights**
8.20 FILM **Aces High** World War One drama starring Malcolm McDowell and Simon Ward. (1976, PG, 114min) ★★
10.40 LIVE **Motorsport: British Touring Car Championship** Steve Rider presents coverage of the second meeting of the season which takes place at the Brands Hatch Indy circuit.
6.00 PM **Made in Britain**

9.40 Sudden Death

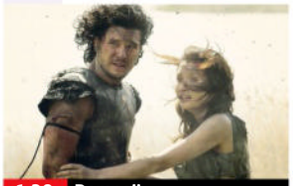
7.00 FILM **Never Say Never Again** James Bond adventure starring Sean Connery. After stealing two US cruise missiles, international crime syndicate SPECTRE holds the world to ransom – and only Bond can save the day. With Klaus Maria Brandauer. (1983, PG, 137min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.40 FILM **Sudden Death** Thriller with Jean-Claude Van Damme. A firefighter tackles terrorists that are holding the US vice president hostage in an ice hockey stadium. (1995, 18, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.50 FILM **Death Wish 4: The Crackdown** Action thriller sequel starring Charles Bronson. A vigilante sets out to wage war on LA drug dealers. (1987, 18, 96min) ★
1.40 AM **The Professionals**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 FILM **Gods of Egypt** Fantasy with Nikolaj Coster-Waldau. (2016, 12, 127min) ★★★
1.20 PM FILM **Pompeii** Disaster drama starring Kit Harington. (2014, 12, 104min) ★★
3.20 **Star Trek: The Next Generation** Four episodes of the sci-fi drama, including at: **5.00** 14/26. The crew members suffer from amnesia. **6.00** 15/26. Data and Troi are possessed by alien spirits. (S5)


1.20 Pompeii

7.00 **Stargate Universe** *Pain:* 17/20. Tamara is concerned when strange visions start to plague members of the crew.
8.00 **Stargate Universe** *Subversion:* 18/20. Rush begins to suspect Telford is a spy after a disturbing dream.
9.00 **Stargate Universe** *Incursion – Part One:* 19/20. Kiva tries to force a Rush to recreate a dialling programme.
10.00 **Stargate Universe** *Incursion – Part Two:* 20/20. Rush makes a discovery that could kill everyone on board. (S1)
11.00 **Grimm** 18/22. The spirit of a Native American inhabits the body of a troubled teenager. **12.00** M'T 19/22. While investigating a murder, Nick and Hank learn the crime is linked to a Wesen rite of passage. **1.00** AM 20&21/22. (S4)
3.00 **Twin Peaks: The Return** (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S13)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown** Four episodes, including at: **3.00** PM *The Children of Kalon:* A troubled soul from the past returns.
4.00 **Sherlock** *A Scandal in Belgravia:* 1/3. Holmes meets his match while investigating a case of blackmail. (S2)
6.00 **Death in Paradise Christmas Special** Feature-length festive special. A shipping magnate is found dead at a party.

4.00 Sherlock

Death in Paradise Christmas Special (started at 6.00pm)
8.00 **Death in Paradise** *One for the Road:* 2/8. The island's governor is poisoned at a party. Guest stars Lucy Cohu.
9.00 **Death in Paradise** *Posing in Murder:* 3/8. DI Goodman investigates when a young fashion model is strangled. (S5)
10.00 **I, Jack Wright** *A Tougher Love:* 3/6. Sally is determined to push ahead with the exhumation. (S1)
11.00 **Father Brown** *The Hidden Man:* Father Brown's friendship with Flambeau is tested to its limits. **12.00** M'T *The Royal Visit:* A royal visit is jeopardised.
1.00 AM **Pretty Hard Cases** (S2)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Only Fools and Horses**
12.30 PM **Only Fools and Horses** Ten episodes, including at: **4.30** Rodney starts going out with a police officer, much to the consternation of Del. **5.05** Del tries to sell two antique urns – but one of them contains the ashes of Trigger's late grandfather. **5.45** Del takes up cards in his latest bid to make a fortune. **6.25** Rodney finds himself a girlfriend, but unfortunately she has a husband who is about to be released from jail.

9.00 Dad's Army

7.00 **Only Fools and Horses** Del decorates the local Chinese restaurant. **7.40** Del and Rodney reluctantly agree to let Grandad accompany them on holiday. **8.20** Del launches his own chandelier-cleaning business.
9.00 **Dad's Army** Mainwaring declares martial law in Walmington-on-Sea.
9.40 **Billy Connolly Does...** Billy explains that when it comes to culture, for him, anything goes.
10.40 **Only Fools and Horses** As shown at 5.45pm.
11.20 **Only Fools and Horses**
1.20 AM **Miranda** Penny and Miranda are taken into custody and made to see a therapist.
2.00 **Avoidance** The family head to a zombie-themed hotel for Spencer's birthday.
2.30 **to 4.00** AM **Miranda**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.30 AM **How Britain Worked**
9.30 **Speed with Guy Martin**
11.00 **Top Gear** Double bill.
1.00 PM **Storage Hunters UK**
2.00 **Storage Hunters UK: Celebrity Special**
3.00 **Hairy Bikers' Best of British**
5.00 **Guy Martin: Proper Jobs** Following Guy as he gets stuck into some of the UK's most demanding jobs.
6.00 **Turkey with Simon Reeve** 2/2. The presenter travels along the Black Sea Coast to the capital of Ankara.

8.00 Cape Carnage: Killer...

7.00 **Border Force: America's Gatekeepers** New edition A man drops a marijuana joint on a customs floor in Progreso.
8.00 **Cape Carnage: Killer Catch** New edition Captain Bruce decides to go to a fishing ground that is known for its risks.
9.00 **Have I Got a Bit More News for You** Kirsty Young hosts, with guests Bob Marshall-Andrews and Dr Phil Hammond.
10.00 **QI** With guest panellists Sue Perkins, Ross Noble and Julia Zemiro.
10.40 **Mock the Week** Highlights and unseen material.
11.20 **Mock the Week** With James Acaster and Ed Gamble.
12.00 M'T **Live at the Apollo** Suzi Ruffell introduces stand-up sets by Alfie Brown and Sikisa.
1.00 AM **Red Dwarf**
2.55 **Mock the Week**
3.30 **to 4.00** AM **QI**

+1 hour 211/212 327 74 259

Sunday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Location, Location, Location** Double bill.
4.00 **A Place in the Sun**
8.00 **Millionaire Hoarders** Horse museum owner Sally seeks advice on how to raise some much-needed funds.
9.00 **Gogglebox** The households' opinions on recent TV shows.
10.00 **24 Hours in Police Custody: The Murder of Rikki Neave** 1/2. Documentary exploring the murder of a six-year-old in 1994. **11.05** 2/2. A look at how analysis of the original evidence brought up a new suspect in the case.
12.10 AM **Night Coppers**
1.15 **Murder Case: The Digital Detectives**
2.20 **999: The Critical List**
3.20 **24 Hours in A&E**
4.20 **to 4.50** AM **Come Dine with Me**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.05 **Blue Bloods** 1/22. (S2)
10.00 **Murder, She Wrote**
12.00 NOON **Blue Bloods** (S4)
4.00 PM **NCIS** 13-15/16. (S18)
7.00 **NCIS** *Rule 91:* 16/16. Bishop is implicated in an old NSA leak. (S18) **8.00** *Blood in the Water:* 1/21. The NCIS team search for Gibbs after wreckage from his boat is discovered. **9.00** *Nearly Departed:* 2/21. The agents try to find the killer Gibbs was looking for. (S19)
10.00 **Law & Order: Special Victims Unit** *Guardians and Gladiators:* 1/16. The squad attempt to solve an assault in Central Park. (S22)
11.00 **Law & Order: Special Victims Unit**
2.45 AM **The Good Wife** (S4)
3.35 **to 4.00** AM **Cops** New edition

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Traffic Cops**
12.00 NOON **Police Interceptors**
4.00 PM **Call the Bailiffs: Time to Pay Up** Five editions, including at: **8.00** A pair of agents chase a builder who owes over £10,000.
9.00 **999: Killer on the Line** A look at the story of a martial arts expert who murdered his partner.
10.00 **Lawless Britain: Caught on Camera** Cameras catch Britain on the brink and across the ages.
11.00 **Killer at the Crime Scene** Documentary.
12.00 M'T **Serial Killer Wives**
1.00 AM **Fights, Camera, Action!** Documentary.
2.00 **GPs: Behind Closed Doors** Medical series.
2.45 **Casualty 24/7: Every Second Counts**
3.35 **to 4.00** AM **Motorway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Motorway Patrol**
9.40 **Trucking Hell**
11.40 **Red Bull Soapbox Race**
12.40 PM **World's Deadliest Weather: Caught on Camera** Double bill.
2.40 FILM **The Lawless Breed** Western. (1952, PG, 83min) ★★
4.25 FILM **Rough Night in Jericho** Western starring Dean Martin. (1967, PG, 97min) ★★
6.35 FILM **Hombre** Western starring Paul Newman. (1966, PG, 111min) ★★★
9.00 **Terror at 30,000 Feet** The story of the survivors of the Andes plane crash in 1972.
10.00 **Andes Plane Crash: The Fight to Survive**
11.00 **Andes Plane Crash: Escape & Rescue**
12.00 M'T **Police Interceptors**
1.00 AM **Motorway: Hell on the Highway**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Tipping Point**
11.15 **My Family**
3.05 PM **Outnumbered**
7.00 **Inside the Ambulance** Medics respond to a case of gang violence. **8.00** The paramedics help a man with severe abdominal pain.
9.00 **Katie Piper: Locked Up in Louisiana** New edition Katie meets Kimberly, who is accused of killing a woman she was dating. ■ Entire series on U
10.00 **Inside the Operating Theatre** A woman has an investigation of her womb after a biopsy revealed abnormal cells.
11.00 **Missing Persons Investigation** Double bill.
1.00 AM **MasterChef USA: United Tastes of America** Culinary series.
1.45 **to 3.00** AM **Changing Rooms Australia**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.10 AM **The Bill**
12.05 PM **Lark Rise to Candleford** Double bill.
2.45 **Catherine Cookson's The Wingless Bird** Feature-length drama starring Claire Skinner.
6.00 **Cranford: Return to Cranford** 1/3. Miss Matty tries to help some of Cranford's troubled younger generation. (S2)
8.00 **Sister Boniface Mysteries** *Professor Y:* 3/10. Sister Boniface finds herself investigating the mysterious disappearance of a TV show's creator. (S3)
9.00 **Silent Witness** *History – Part One:* The team look into the assassination of the government's Health Secretary.
11.20 **Signora Volpe** 2/3. (S2)
1.15 AM **Gunpowder**
2.25 **to 4.00** AM **The Brokenwood Mysteries**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Devon.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **Who Do You Think You Are?**
2.00 PM **Long Lost Family**
3.00 **A Place in the Sun**
7.00 **Long Lost Family** An extraordinary search takes on twists and turns and unveils one missing relative after another. **8.00** A man whose only memento of his birth mother and siblings is an old newspaper article, and a woman searching for her only child.
9.00 **Dr Pimple Popper** Triple bill of editions.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Fantasy Homes by the Sea**

Challenge

145 159 139 48 142 43

7.00 AM **The Bidding Room**
9.00 **Friends Like These**
11.00 **Play Your Cards Right**
12.00 NOON **Dickinson's Real Deal** From Manchester.
1.00 PM **Lily Savage's Blankety Blank** Triple bill of the comedy quiz.
3.00 **Through the Keyhole** Double bill of editions.
4.00 **Friends Like These** Double bill of the game show with Ant and Dec.
6.00 **The Chase Celebrity Special** Sally Phillips, Rick Wakeman, Jenny Jones and Alistair McGowan take part.
7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
9.00 **The Family Chase** The Patels from Essex take on one of the finest quiz brains in the country.
10.00 **The Chase** Six editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.00 AM **The Panzer**
9.00 **FILM Good Day for a Hanging** Western. (1958, U, 85min) ★★
11.00 **FILM Johnny Guitar** Western. (1953, PG, 110min) ★★★★
1.25 PM **FILM Broken Lance** Western. (1954, U, 96min) ★★★★
3.35 **FILM The Lone Gun** Western. (1954, U) ★★
5.20 **FILM Seminole Uprising** Western. (1955, PG, 74min) ★★
7.05 **FILM High Noon** Western. (1952, b/w, U, 85min) ★★★★★
9.00 **FILM Big Kill** Western. (2019, 15, 126min) ★★
11.50 **FILM Texas** Western with Glenn Ford. (1941, b/w, PG, 93min) ★★★
2.05 AM **FILM Super Collider** Action thriller. (2013, PG, 90min) ★★
4.00 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.10 AM **Heathrow: Britain's Busiest Airport**
9.40 **FILM Killer Mom** Thriller. (2017, 12, 89min) ★
11.35 **FILM Martha's Vineyard Mysteries: Riddled with Deceit** Drama. (2020, PG) ★★
1.30 PM **FILM Big** Comedy with Tom Hanks. (1988, PG, 102min) ★★★★★
3.45 **FILM Cast Away** Survival drama. (2000, 12, 143min) ★★★★
6.40 **FILM Knight and Day** Comedy thriller. (2010, 12, 105min) ★★★
9.00 **FILM A Quiet Place** Horror thriller. (2018, 15, 90min) ★★★★
11.05 **FILM Hours** Thriller. (2013, 12, 93min) ★★
1.25 AM **FILM The Whistleblower** Thriller. (2010, 15, 107min) ★★★
4.00 **to 6.00** AM **FILM Seduced by Lies** Thriller. (2010, PG, 87min) ★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Love, Take Two** Drama. (2019, PG) ★★
10.05 **FILM Royally Ever After** Comedy. (2018, PG) ★★
12.00 NOON **FILM Home for Harvest** Romance. (2019, PG, 90min) ★★
2.05 PM **FILM A Country Romance** Drama. (2021, PG, 83min) ★★
4.00 **FILM Love Stories in Sunflower Valley** Romantic comedy. (2021, PG, 90min) ★★
6.05 **FILM Sweet Pecan Summer** Drama. (2021, PG, 84min) ★★
8.00 **FILM A Vineyard Romance** Drama. (2021, PG, 86min) ★★
10.05 **FILM The Baker's Son** Fantasy. (2021, PG) ★★
12.00 M'T **FILM Baking Up Love** Romantic drama. (2021, PG, 95min) ★★
2.05 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM All Yours** (2016, PG) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **FILM Trouble in Store** As 3.40pm.
7.40 **Auto Rewind**
7.55 **Roobarb**
8.00 **Watching** 4–6/7. (S7)
9.30 **Dick Turpin** (S2)
12.00 NOON **Please Sir!** (S1)
1.40 PM **Tracing the Rails**
2.10 **Secrets of the Coast**
2.40 **Mitch** 6/10. (S1)
3.40 **FILM Trouble in Store** Comedy. (1953, b/w, U, 85min) ★★★★
5.20 **Mysterious Tales**
5.30 **The Zoo Gang** 6/6. (S1)
6.30 **Mapp and Lucia** Five episodes, including at: **8.30** 3/5. An Italian countess visits Tilling. **9.30** 4/5. The house in Riseholme is sold. **10.30** 5/5. The duo disappear in a storm. (S1)
11.30 **Watching** 3–6/7. (S7)
2.00 AM **Dick Turpin** (S2)
4.30 **Plymouth Rock**
5.00 **Tracing the Rails**
5.30 **to 6.00** AM **Secrets of the Coast**

DMAX

159 152 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Junkyard Empire**
2.00 PM **Wheeler Dealers** Six editions, including at: **6.00** Mike finds one of only 1,000 Mini Cooper S MC40s ever made.
7.00 **Expedition Bigfoot** When a Bigfoot tracker is taken from Prince of Wales Island, the team decide to split up. **8.00** The team investigate mysterious tracks that lead to an icy and perilous glacier.
9.00 **Mystery at Blind Frog Ranch** Charlie investigates a mysterious death on the ranch. **10.00** The results from the radiocarbon testing are in, which will tell Duane if the box is Aztec.
11.00 **Expedition X**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Man v Food**
11.00 **James Martin: Delicious**
3.00 PM **The Great British Bake Off** The 10 remaining competitors reach Bread Week. **4.00** The competitors face Dessert Week. **5.00** The remaining home-bakers are challenged to work with alternative ingredients. **6.00** The bakers must prove their pastry skills. **7.00** The bakers tackle pies, cakes and desserts from the Victorian era. **8.00** The five remaining bakers tackle patisserie in the quarter-finals.
9.00 **Ainsley's Caribbean Kitchen** Ainsley takes a culinary tour of Grenada. **10.00** From Barbados. **11.00** From St Lucia. **12.00** M'T In Dominica.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **The Twilight Zone**
8.00 **FILM Meteorites!** Sci-fi disaster drama. (1998, PG, 85min) ★
10.00 **Six Million Dollar Man**
3.00 PM **FILM The Terrornauts** Sci-fi drama. (1967, U, 77min) ★
4.30 **FILM The Day of the Triffids** Sci-fi chiller. (1962, 12, 95min) ★★
6.30 **FILM Journey to the Centre of the Earth** Fantasy adventure starring James Mason. (1959, U, 132min) ★★★
9.00 **FILM Unlocked** Thriller starring Noomi Rapace. (2017, 15, 98min) ★★★
11.00 **FILM Rogue Hostage** Action thriller starring Tyrese Gibson. (2021, 15, 93min) ★★
12.50 AM **FILM Legacy of Lies** Action thriller. (2020, 15, 101min) ★★
2.50 **to 4.45** AM **FILM Witch Hunt** Horror thriller. (2021, 15, 98min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Apocalypse of Ice** Disaster drama. (2020, PG, 88min) ★★
8.00 **FILM The Philadelphia Experiment** Sci-fi mystery thriller remake. (2012, 15, 89min) ★★
10.00 **FILM Super Cyclone** Sci-fi disaster drama starring Ming-Na Wen. (2012, 12, 90min) ★
12.00 NOON **The Gambler V: Playing for Keeps**
4.00 PM **The A-Team** (S1)
9.00 **FILM The Sorcerers** Chiller with Boris Karloff and Catherine Lacey. (1967, 15, 85min) ★★★
10.50 **FILM The Reptile** Hammer horror starring Noel Willman and Jennifer Daniel. (1966, 15, 86min) ★★★
1.00 **to 3.00** AM **FILM Crank 2: High Voltage** Action thriller sequel starring Jason Statham. (2009, 18, 91min) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Storage Wars: Texas**
8.00 **Junk and Disorderly**
10.00 **The Proof Is Out There: Alien Edition**
11.00 **Ancient Aliens**
12.00 NOON **Close Encounters**
1.00 PM **Container Wars**
4.00 **Storage Wars**
7.00 **Cities of the Underworld**
8.00 **Curse of Skinwalker Ranch** The team have a startling encounter.
9.00 **Cursed Histories** The people, places and objects plagued by an apparent 'curse'. **10.00** A diamond with a sinister past and a beach covered in 'cursed' stones.
11.00 **Medieval Murder Mysteries** True-crime.
12.00 M'T **Weird or What? With William Shatner**
2.00 AM **MonsterQuest**
3.00 **UFOs Declassified**
4.00 **to 6.00** AM **When Big Things Go Wrong**

5SELECT

153 166 138 46 133 30

9.00 AM **The Wonderful World of Chocolate**
9.30 **Shop Smart, Save Money** Barbecues.
10.30 **Lidl: Middle Aisle Secrets & More**
11.30 **Columbo** Five episodes of the drama, including at: **7.00** PM *Last Salute to the Commodore:* The detective suspects a shipbuilder's son has murdered his father.
9.00 **Princess Anne: The Royal Rule Breaker** Exploring the life of the Princess Royal.
10.30 **The Murder of Lord Mountbatten: Crimes That Shook Britain** The events surrounding the killing of Louis Mountbatten in 1979.
12.00 M'T **Inside Hampton Court Palace**
2.00 AM **Walking Wartime Britain** Double bill.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **My Lottery Dream Home** Eight editions.
11.00 **Escape to the Country**
1.00 PM **Escape to the Country** Six editions.
7.00 **Escape to the Country** Nicki Chapman helps a couple with a budget of £600,000 to find a rural home in Wiltshire.
8.00 **A Place in the Sun** Double bill of the series offering advice on buying a second home abroad.
10.00 **A Place in the Sun: Home or Away** A look at properties in Devon and the Dordogne region of France. **11.00** Featuring properties in Cornwall and Carcassonne, France. **12.00** M'T A couple must choose between the Lake District and the French Alps.
1.00 **to 4.00** AM **Bargain Mansions**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress with Tan France**
10.00 **Little People, Big World**
12.00 NOON **Extreme Cheapskates**
12.30 PM **Extreme Couponing**
1.00 **My 600lb Life**
5.00 **sMothered**
6.00 **Sister Wives**
7.00 **Good Bones**
8.00 **7 Little Johnstons** The family celebrate Easter.
9.00 **Forbidden Love** Mohammed gives Ashley an ultimatum.
10.00 **Love & Translation**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Cheapskates**
2.00 **Love & Translation**
3.00 **Sex Sent Me to the ER**
4.00 **7 Little Johnstons**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Whose Line Is It Anyway? USA**
9.00 **Friends** (S4)
1.00 PM **Friends** (S4&5)
8.00 6/24. Emily asks Ross to move away. **8.30** 7/24. Ross moves into Chandler and Joey's flat. (S5)
9.00 **Kevin Bridges Live in Glasgow** The comedian performs at the SECC.
10.00 **FILM Mallrats** Kevin Smith's comedy starring Jeremy London and Jason Lee. (1995, 18, 97min) ★★★
11.55 **Whose Line Is It Anyway? USA**
12.55 AM **Kevin Bridges Live in Glasgow** As 9.00pm.
1.55 **Whose Line Is It Anyway? USA**
3.45 **The Ricky Gervais Show**
4.10 **Rosie Jones Tries to Help** Catherine Bohart.
4.15 **to 5.00** AM **Blockbusters**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Criminally Funny**
5.00 PM **Whose Line Is It Anyway? USA**
8.00 **Michael McIntyre: Showtime** Stand-up.
9.00 **Friends** 16/24. Phoebe finds a police badge. **9.30** 17/24. Rachel attends a job interview. **10.00** 18/24. Joey competes with Ross's son for a TV role. **10.30** 19/24. Ross flirts with a pizza-delivery woman. **11.00** 20/24. The guys ride in a police car. **11.30** 21/24. Phoebe learns that Gary plans to ask her to move in with him. (S5)
12.00 M'T **Friends** (S5&6)
2.00 AM **Impractical Jokers**
3.00 **The Daily Show**
4.55 **Beavis and Butt-Head**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Border Patrol**
9.00 **Four Weddings**
11.00 **Nothing to Declare**
2.00 PM **Supergirl** Five episodes, including at: **6.00** *Truth, Justice and the American Way:* 14/20. Kara takes on a jailer who is hunting and killing escaped Fort Rozz prisoners. (S1)
7.00 **Motorway Patrol** Four editions of the series.
9.00 **Dan Brown's The Lost Symbol** *As Above, So Below:* 1/10. Thriller starring Ashley Zukerman, Eddie Izzard and Valorie Curry. **10.00** *The Araf:* 2/10. Robert and Katherine try to decipher the most recent clue. (S1)
11.00 **The Russell Howard Hour** Topical comedy.
12.00 M'T **A League of Their Own** Triple bill.
3.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **Teen Mom Australia**
7.10 **Teen Mom: The Next Chapter** Double bill.
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Reality series.
2.00 **Catfish: Catch of the Day** Reality series.
3.00 **Catfish: The TV Show**
4.00 **Catfish: On The Run**
5.00 **Catfish: The TV Show**
6.00 **Catfish: Catch of the Day** Reality series.
7.00 **Catfish: The TV Show**
9.00 **Teen Mom: The Next Chapter** Reality show.
10.00 **Snatched and Sold for Sex** Four women who were sexually exploited.
11.00 **Dating Naked UK**
12.00 M'T **The Challenge: All Stars** The final.
1.00 AM **Beavis and Butt-Head** (S3)
1.30 **Jackass**
2.00 **Catfish: The TV Show**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers: Dream Car** Triple bill.
9.00 **Wheeler Dealers** Triple bill.
12.00 NOON **Alaska: The Last Frontier** Six editions of the documentary, including at: **3.00** PM Tensions flare between Otto and Jane. **4.00** Otto and Jane try to relocate a herd of wild buffalo. **5.00** A father-son shrimping trip takes a deadly turn.
6.00 **Border Control Sweden** In Skåne, Stefan stops a drunk driver, and Alex searches for cannabis at a party cruise.

7.00 Building Off the Grid

7.00 **Building off the Grid** New edition A Texas couple team up with tent experts to create a dream glamping experience.

8.00 **Alaska: Homestead Rescue** The Raneys look into the unexplained disappearances of a Virginia homestead's water and food sources. They work together to solve the mysteries.

10.00 **Kindig Customs** The shop is finally ready to take the Outlaw Porsche to its conclusion.

11.00 **Wheeler Dealers World Tour** In northern Italy, Mike and Elvis tackle a Ferrari 348.
12.00 M'T **Alaskan Bush People** Bam and Gabe face predators coming out from hibernation.
1.00 AM **Alaskan Bush People**
4.00 **to 5.00** AM **How Do They Do It?**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** With Akon.
9.00 **Crikey! It's the Irwins**
10.00 **Bad Dog!** A dog that keeps chasing an ice-cream van.
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked**
1.00 PM **Animal Cops Phoenix**
2.00 **Project Grizzly** Double bill.
4.00 **Dogs 101** Active companions.
5.00 **Alaska: Homestead Rescue** The Raneys attempt to save a mother and her daughter from a rampant moose.
6.00 **Tanked** The team work on a surprise gift for Jason Aldean.

8.00 Treetop Cat Rescue

7.00 **Crikey! It's the Irwins** Terri returns to her hometown of Oregon to help Brady, a cougar in need of a health check.

8.00 **Treetop Cat Rescue** Shaun battles high winds to help a repeat offender. **8.30** Cake the cat proves not to be quite so sweet.

9.00 **Tanked** *Long Island Medium*'s Theresa Caputo asks Wayde and Brett to build her a mermaid tank and a koi pond.

10.00 **Alaskan Bush People** The Browns try closing a deal to help restore a wind turbine, but they must get creative.

11.00 **Guardians of Rescue** Rob and Moose investigate a claim about dogfighting, while Dori helps a homeless vet.
12.00 M'T **Animal Cops Houston**
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101** Active companions.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Alaska: The Next Generation** Triple bill.
11.00 **Northwoods Survival**
12.00 NOON **Air Crash Investigation**
2.00 PM **Europe from Above: Spring** Series highlights.
3.00 **Billy & Molly: An Otter Love Story** The story of a man's friendship with a wild otter.
4.30 **Abandoned**
5.00 **Apocalypse: The Rise of Hitler** 1/2. The story of the dictator's rise to power. **6.00** 2/2. Hitler's rise to the position of chancellor in 1933.

10.00 Titanic: 25 Years Later...

7.00 **Car S.O.S** Tim Shaw and Fuzz Townshend restore a 2002 Suzuki Jimny, gifted to retired NHS nurse Joanna by her late father.

8.00 **Drain the Oceans: Deep Dive** New edition A 300-year-old ship and a Russian-era vessel are found in Pacific waters.

9.00 **Titanic: The Final Secret** Exploring the story of how Dr Robert Ballard inadvertently located the wreck of the ill-fated liner.

10.00 **Titanic: 25 Years Later with James Cameron** The director looks back on the making of the movie.

11.00 **Air Crash Investigation** A look into the 1979 crash of American Airlines Flight 191.
12.00 M'T **Air Crash Investigation**
2.00 AM **Lords of War**
2.55 **Food Factory** Double bill.
3.45 **Abandoned**
4.35 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **WWII's Most Daring Raids**
8.00 **Pawn Stars** Double bill.
10.00 **Storage Wars** Six editions.
1.00 PM **No Asylum: The Untold Chapter of Anne Frank's Story** Documentary.
2.15 **The Tattooist's Son: Journey to Auschwitz**
3.50 **Auschwitz: One Day**
5.00 **Hitler's Secret Bomb** A look back at the race to develop the first atomic bomb. **6.00** Evidence behind Nazi Germany's top-secret development of weapons.

9.00 The Sound and the Fury

7.00 **WWII Lost Films** The story of a sergeant who stormed the beaches of Leyte in the Philippines to liberate stranded PoWs.

8.00 **WWII Lost Films** Reporter Robert Sherrod accompanies Marines on their assault of Iwo Jima.

9.00 **The Sound and the Fury** Key events of World War Two, from the Japanese invasion of Manchuria to the siege of Stalingrad.

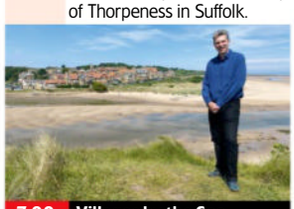
10.00 **The Sound and the Fury** More key events of World War Two, from the attack on Pearl Harbor to the battle of El Alamein.

11.00 **The Sound and the Fury** Double bill of the documentary looking back at key events of World War Two.
1.00 AM **Storage Wars** Brandi and Jarrod try to phone it in. **1.30** Rene steals the units in Rancho Palos Verdes.
2.00 **Storage Wars** Four editions.
4.00 **to 6.00** AM **Hitler's Secret Bomb**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Find It, Fix It, Flog It**
7.10 **Antiques Roadshow**
11.00 **Great Canal Journeys**
1.00 PM **Canal Boat Diaries**
4.00 **'Allo 'Allo!** Rene is captured by General Von Klinkerhoffen. **4.40** Rene faces the task of arranging a funeral for himself. **5.20** Von Strohm and Geering are captured.
6.00 **Villages by the Sea** Ben Robinson heads to Bamburgh, Northumberland. **6.30** Ben explores the history of Thorpeness in Suffolk.



7.00 Villages by the Sea

7.00 **Villages by the Sea** The history of Alnmouth in Northumberland. **7.30** Ben Robinson visits Staithes, North Yorkshire.

8.00 **Bangers & Cash: Restoring Classics** The team fall for a Subaru pick-up which has all the Mathewsons in agreement.

9.00 **Bangers & Cash** Derek auctions a Jensen Healey, a Jensen Interceptor and a one-off Wood & Pickett Triumph Dolomite Sprint.

10.00 **Bangers & Cash** A 1971 Mercedes SL and a 1989 Jaguar XJS emerge from a barn on a chicken farm.

11.00 **Bangers & Cash: Restoring Classics** The team snap up a 1970s Saab 96, but despite a stunning restoration, could it result in a record financial loss when it goes to auction.
12.00 M'T **Repair Lot**
1.00 **to 3.00** AM **Villages by the Sea**

+1 hour 255 329

Sunday

7 PM

8 PM

9 PM

10 PM

Quest

144 149 137 12 144 17

6.00 AM **Combat Dealers**
8.00 **Find It, Fix It, Flog It**
12.00 NOON **Money for Nothing** Double bill.
2.00 PM **The Repair Shop**
5.00 **The Yorkshire Auction House** The home of Alison's late parents is a fruitful hunting ground for auction-worthy items.
6.00 **The Derbyshire Auction House** A vast collection of gramophones and vintage radios get the auction buzzing.
7.00 **Giro D'Italia Highlights** Action from stage three in Valona, Albania
8.00 **The Repair Shop** Four editions, including at: **11.00** Items include a wooden trunk and a memorial trophy.
12.00 M'T **Disasters at Sea**
2.00 AM **NASA's Unexplained Files**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress: UK** Double bill.
9.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Lancashire** Double bill.
12.00 NOON **FBI Files**
3.00 PM **Diabolical: Deadly Love** Four editions.
7.00 **Diabolical: Deadly Love** A case in which a man's body was dumped in a cemetery. **8.00** The story of the disappearance of an air force veteran.
9.00 **Killer in Question** The controversial arrest of a suspected murderer.
11.00 **999 Murderer Calling**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Susan Casey.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Fraud Squad**
7.00 **Forensic Factor** The body of 22-year-old college student Linda Yalem is discovered. **8.00** Prostitutes in Spokane, Washington, are being hunted down.
9.00 **Cold Cases Reopened** Series finale Mary Hague-Kelly is found raped and strangled to death in her home.
10.00 **Murder: Fight for the Truth** Satish Sekar's investigation helps police put a killer behind bars. **11.00** A look into the death of Annie Ross. **12.00** M'T Investigating the death of a schoolgirl.
1.00 AM **Cold Cases Reopened** True-crime.
2.00 **A Stranger in My Home** Double bill.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Crimes That Shook Australia** Five editions.
2.00 PM **Medical Detectives** An investigation into the murder of a young girl. **2.30** A go-go dancer vanishes for 20 years. **3.00** A Colorado hunter is shot three times. **3.30** A flurry of arson fires in California that had authorities baffled. **4.00** A community is rocked by the death of a well-respected nurse. **4.30** A woman's disappearance is paired with another case under similar circumstances.
5.00 **Evidence of Evil** The case of Lori Hacking.
6.00 **Judge Judy** Back-to-back real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Psychic Private Eyes**
4.00 **48 Hours** Documentary.
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Motorway Patrol**
9.00 **Brit Cops: Law & Disorder** Documentary.
10.00 **The Force: Manchester**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **How I Caught the...**
2.00 **Ireland's Most Evil Killers** Catherine Nevin.
3.00 **Catching the Killer**
4.00 **Murdered at First Sight**
5.00 **The Real Manhunter**
6.00 **Killer in My Village**
7.00 **Britain's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **Family Secrets: The Disappearance of Alissa Turney**
10.50 **What the Killer Did Next** Documentary.
11.55 **An Unexpected Killer**
1.00 AM **Murders That Shocked the Nation**
2.00 **An Unexpected Killer**
3.00 **The Force: North East**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Brit Cops...**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.45 **Race to Victory**
10.40 **The Ghost Army**
11.55 **The Dambusters' Great Escape: Secret History**
1.00 PM **The Ghettos & The Holocaust** Documentary.
2.10 **Auschwitz: The Inside Man** As 9.35pm.
3.20 **Playing to Survive: Von Cramm vs Hitler**
5.25 **Race to Victory**
7.20 **The Dambusters' Great Escape: Secret History** The RAF's defeat of the German battleship *Tirpitz* in November 1944.
8.25 **The Ghettos & The Holocaust** Documentary.
9.35 **Auschwitz: The Inside Man** The untold story of Witold Pilecki.
10.45 **The Ghost Army**
12.00 M'T **The Dambusters' Great Escape: Secret History** As 7.20pm.
1.05 **to 2.00** AM **America the Bountiful**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Michelle Yeoh**
7.00 **Discovering: Kevin Bacon**
8.00 **The Directors**
9.00 **Natalie Wood: What Remains Behind** A unique insight into the movie star's life, from her daughter's perspective.
11.00 **The End of the Storm**
1.00 PM **Germanwings: What Happened on Flight 9525?**
3.00 **David Frost Vs** Triple bill.
6.00 **Chernobyl: My Promised Land**
6.30 FILM **Amy** Documentary portrait of Amy Winehouse. (2015, 15, 128min) ★★★★
9.00 NEW SERIES **Bibaa & Nicole: Murder in the Park** 1/3. Documentary about the murder of two sisters in 2020. **10.00** New edition 2/3.
11.00 **Six Silent Killings: Ireland's Vanishing Triangle** 1&/2. Examining the investigations into the disappearances of six women in the 1990s.
1.00 AM **QPR: The Four Year Plan**
2.50 **Nike's Big Bet** Documentary.
4.30 **to 6.00** AM **The Unbreakable Tatiana Suarez**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Patrick Aryee's Wild World**
9.00 **A Bee's Diary**
10.00 **Island of the Monsoon**
1.00 PM **Volcanic Odysseys**
3.00 **In for the Kill**
4.00 **Survival of the Beast** New edition Exploring the survival skills of Earth's animals.
5.00 **Europe's Amazon** New edition The great floodplains that lie along the Drava River.
6.00 **Boss Shark** Specialists hunt for the alpha shark in a school of great whites.
7.00 **Nature's Mass Attacks** The complex world of co-ordinated attacks by predators. **8.00** Using high-speed cameras to show brutal co-ordinated attacks by predators.
9.00 **Seasons of the Wild** The dry season in Florida's Everglades. **10.00** The rainy season arrives.
11.00 **Europe's Amazon**
12.00 M'T **Survival of the Beast**
1.00 AM **Kalahari: Land of Secret Alliances** Triple bill of editions.
4.00 **A Bee's Diary**
5.00 **to 6.00** AM **Wild Family Ties**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Ancient Aliens: The Ultimate Evidence**
9.00 **Ancient Skies**
10.00 **Spycraft** Documentary.
11.00 **Greatest Heists with Pierce Brosnan** A 1972 heist.
12.00 NOON **Mystery Places**
3.00 PM **Ancient Aliens**
5.00 **Weeks of War** Events of 1943.
6.00 **Ancient Superstructures** The beauty of Notre-Dame de Paris. **7.00** Exploring the church of Hagia Sophia in Istanbul.
8.00 **Ancient Aliens: The Ultimate Evidence** Puzzles that might have been left by ancient aliens.
9.00 **Myths & Monsters** Countless tales about fearsome monsters.
10.00 **Behind History** How icons exist in various forms and have done throughout history.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Ancient Aliens: The Ultimate Evidence**
2.00 **Colosseum** Documentary.
3.00 **Inside the Tower of London**
4.00 **to 6.00** AM **Medieval Murder Mysteries**

Crime+Investigation

156 142 133

6.00 AM **When Missing Turns to Murder** Double bill of editions.
8.00 **Crimes That Shook Britain**
10.00 **Murdertown** Documentary.
11.00 **999: Killer on the Line**
1.00 PM **Murder Detective**
3.00 **Fatal Family Feuds**
7.00 **When Missing Turns to Murder**
8.00 **Fatal Family Feuds**
9.00 **Gypsy Rose: Life After Lock Up** New edition Following Gypsy Rose Blanchard as she navigates life outside of prison.
10.00 **Cold Case Files** True-crime.
11.00 **The First 48 Presents: Critical Minutes** Documentary.
12.00 M'T **My Strange Arrest**
1.00 AM **Gypsy Rose: Life After Lock Up** As shown at 9.00pm.
2.00 NEW SERIES **Killer Britain with Dermot Murnaghan** Return of the true-crime series.
3.00 **Interview with a Killer** New edition Yaser Said speaks about the night he fatally shot his teenage daughters.
4.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Kingdom of the White Wolf** Triple bill of editions.
11.00 **Ice Road Rescue**
1.00 PM **Snow School**
2.00 **Canary Islands: Born of Fire**
3.00 **Babies of the Zoo**
4.00 **Built to Survive** Double bill.
5.00 **Secrets of the Zoo: Tampa**
6.00 **Secrets of the Zoo: Tampa Wild Sides** New edition Documentary following Florida zoo staff as they care for the animals and also rescue and rehabilitate creatures in need.
7.00 **Born in Africa** How wild animals learn to survive.
8.00 **Europe's New Wild** The return of bison and grey wolves to the Carpathian mountains. **9.00** How the world's rarest cat is flourishing in Iberia.
10.00 **Kingdom of the White Wolf** Ronan Donovan tries to get up close with a family of wolves.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Treasure Quest: Snake Island**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides**
6.00 **Blowing Up History** Exploring the history behind the Nazca Lines, symbols that were carved into the Atacama Desert. **7.00** Investigating Alcatraz's remarkable engineering secrets. **8.00** Revealing the secrets behind the world's most perfectly preserved mummy.
9.00 **The 1980s: The Deadliest Decade** The case of Diane Delia, whose body was found in New York's Hudson River. **10.00** The case of Hare Krishna devotee Charles St Denis, who vanished in 1983. **11.00** The case of 13-year-old Sarah Rairdon, who vanished from rural Minnesota in 1985.
12.00 M'T **Nostradamus Decoded** Examining the French apothecary's predictions.
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.20 **Parkinson**
2.00 PM **Bargain Hunt**
4.00 **Parkinson**
5.15 **Doctor Who** Four episodes of the sci-fi drama, including at: **7.00** *Terror of the Autons – Part Three:* 3/25. The Master has stolen an energy device and is creating deadly Autons. (S8)
7.30 **Bargain Hunt** Tim Wonnacott challenges two teams to pick up bargains at Ardingly International Antiques Fair. **8.35** Two teams scour the antiques shops of Barnard Castle in Co Durham for the most saleable items.
9.35 **Parkinson** With guests Ben Elton, Barry Manilow and Charlotte Uhlenbroek. **10.55** The host is joined by Tom Hanks and David Bowie, who also performs in the studio.
12.05 AM **Doctor Who**
2.25 **Bargain Hunt**
3.15 **Parkinson**
5.15 **to 6.00** AM **Bargain Hunt**

+1 hour 266 376

ID

154 141 166

8.00 AM **Murder in the Heartland**
10.00 **The Perfect Suspect**
12.00 NOON **Faking It: Tears of a Crime** Double bill of editions.
2.00 PM **Forbidden: Dying for Love**
4.00 **Murder Under the Friday Night Lights** Double bill.
6.00 **The Murder Tapes** An 82-year-old woman murdered in her garage in Wisconsin. **7.00** The fatal shooting of a high-school teacher.
8.00 **Disappeared** Investigating the case of 24-year-old escort Shannan Gilbert, who went missing in December 2010.
9.00 **What Happened to Valentino Dixon?** A young man is gunned down in his prime in front of scores of witnesses.
10.00 **They Called Him Mostly Harmless** An emaciated victim is found dead in a tent, surrounded by food and cash.
12.00 M'T **Crime Scene Confidential**
1.00 AM **The Interrogator**
2.00 **Disappeared** Double bill.
4.00 **to 6.00** AM **I'd Kill for You**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **American Chopper**
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **Last Chance Garage** Five editions, including at: **4.00** PM Tony travels to Nashville, Tennessee, to find out why a 2021 Jeep 6x6 is not running the way it was built.
5.00 **Lucky!** As the audience grows and money starts to pour in, Bernie Ecclestone fights against the odds to control Formula 1. **6.00** Bernie quietly increases his influence on the growing Formula 1 juggernaut.
7.00 **Wheeler Dealers** Mike and Elvis work on an Audi RS6. **8.00** Mike finds the perfect starter classic, an Audi Coupe. **9.00** Mike purchases a rare 2001 Audi S4 Avant. **10.00** Mike tries to track down a 2001 Saab 9-3. **11.00** Mike comes across a 1995 Volvo 850 T-5R. **12.00** M'T An Audi TT Quattro.
1.00 **to 5.00** AM **American Chopper**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.50 AM **Between the Temples**
8.50 PREMIERE **Rebellious** (2024)
10.30 **Twisters** Disaster drama sequel. (2024, 12, 122min) ★★★★
12.45 PM **Speak No Evil** As 8pm.
2.45 **Trap** As shown at 11.35pm.
4.35 PREMIERE **Rebellious** Animated fantasy adventure with the voice of Vanessa Johansson. (2024, PG, 94min)
6.15 **Cleaner** Action thriller starring Daisy Ridley and Clive Owen. (2025, 15, 97min) ★★★

4.35 Rebellious

8.00 **Speak No Evil** Horror starring James McAvoy and Aisling Franciosi. A dream holiday turns into a nightmare when an American family stay at a British couple's idyllic estate. With Mackenzie Davis and Scoot McNairy. (2024, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Mob Cops** Crime drama starring David Arquette. War breaks out between police working for a New York City crime boss and fellow officers trying to bring them to justice. (2025, 15, 87min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★
1.25 AM **Between the Temples** Comedy drama with Carol Kane. (2024, 15, 111min) ★★★★
3.20 **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★
5.20 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Mega Hits

303 303 403 503 517

6.20 AM **Lee** (2023, 15) ★★★
8.30 **The Beekeeper** Thriller. (2023, 15, 105min) ★★★
10.30 **Kung Fu Panda** Animation. (2008, PG, 92min) ★★★★
12.20 PM **The Secret Life of Pets** Animation. (2016, U) ★★★
2.00 **Spider-Man** Adventure. (2002, 12, 121min) ★★★★
4.05 **Ghostbusters: Frozen Empire** Comedy. (2023, 12) ★★★
6.05 **E.T. The Extra Terrestrial** Fantasy. (1982, U) ★★★★★

6.05 E.T. The Extra Terrestrial

8.00 **The Lord of the Rings: The Fellowship of the Ring** Peter Jackson's epic fantasy adventure based on the novel by JRR Tolkien. In the realm of Middle Earth, a young hobbit sets off on a quest to destroy a magical ring before it can fall into the hands of the powers of chaos. Stars Elijah Wood, Ian McKellen and Viggo Mortensen. (2001, PG, 178min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Blue Beetle** Adventure starring Xolo Maridueña. (2023, 12, 127min) ★★★★
1.15 AM **Django Unchained** Quentin Tarantino's Oscar-winning Western with Jamie Foxx and Christoph Waltz. (2012, 18, 165min) ★★★★
4.15 **Sky Cinema Preview**
4.50 **to 6.45** AM **Fight or Flight** Action thriller starring Josh Hartnett and Julian Kostov. (2025, 15, 98min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.25 AM **Elizabeth: The Golden Age** Historical drama sequel. (2007, 12, 114min) ★★★
9.30 **Footloose** Teen dance drama. (1984, 12, 107min) ★★★
11.25 **8 Mile** Drama starring Eminem. (2002, 15, 112min) ★★★
1.25 PM **P.S. I Love You** Comedy drama. (2007, 12, 121min) ★★★
3.40 **Molly's Game** Fact-based drama. (2017, 15, 137min) ★★★★
6.10 **Charlie Wilson's War** Political comedy starring Tom Hanks. (2007, 15, 97min) ★★★★
8.00 **Ghost** Romantic fantasy thriller starring Patrick Swayze, Demi Moore and Whoopi Goldberg. (1990, 12, 127min) ★★★★
10.15 **Sunset Boulevard** Classic melodrama with William Holden and Gloria Swanson. (1950, b/w, PG, 110min) ★★★★★
12.15 AM **Cries and Whispers** Ingmar Bergman's drama. Subtitled. (1972, 18, 106min) ★★★★★
1.50 **Monsoon** Drama starring Henry Golding and Parker Sawyers. (2019, 12, 85min) ★★★★
3.25 **Rurangi** Drama with Elz Carrad. (2020, 15, 87min) ★★★★
5.00 **to 7.05** AM **Birdy** Psychological drama starring Nicolas Cage. (1984, 15, 120min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

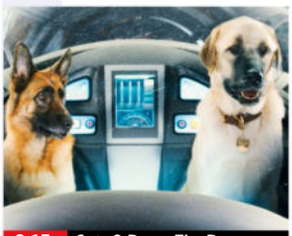
6.00 AM **Aeon Flux** As 11.10pm.
7.40 **Zombie Town** As 12.50am.
9.20 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
10.55 **Out of Darkness** As 9.35pm.
12.30 PM **Night Swim** Horror thriller. (2024, 15, 98min) ★
2.15 **I Am Legend** Sci-fi thriller. (2007, 15, 101min) ★★★★
4.00 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
6.05 **Men in Black 3** Sci-fi action comedy sequel starring Will Smith and Tommy Lee Jones. (2012, PG, 105min) ★★★★
8.00 **A Quiet Place** Horror starring Emily Blunt and John Krasinski, who also directed. A family are forced to live in silence while hiding from monsters with hypersensitive hearing. (2018, 15, 90min) ★★★★
9.35 **Out of Darkness** Prehistoric horror starring Iola Evans. (2022, 15, 88min) ★★★
11.10 **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
12.50 AM **Zombie Town** Comedy horror. (2023, 12, 92min) ★★
2.30 **Repo Men** Sci-fi action thriller. (2009, 18, 111min) ★
4.35 **to 6.05** AM **Lovely, Dark, and Deep** Drama. (2023, 15) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.00 AM **Daddy Day Camp** Comedy sequel. (2007, PG, 88min) ★★
7.35 **Muppets from Space** (1999)
9.10 **Cats & Dogs: The Revenge...**
10.35 **IF** Fantasy. (2024, U) ★★★
12.20 PM **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★
2.20 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★
4.00 **NeverEnding Story** Fantasy. (1984, U, 94min) ★★★
5.50 **The Flintstones** Comedy. (1994, U, 93min) ★★★



9.15 Cats & Dogs: The Revenge...

7.30 **The Flintstones in Viva Rock Vegas** Comedy prequel with Mark Addy and Stephen Baldwin. (2000, PG, 91 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **Cats & Dogs: The Revenge of Kitty Galore** Fantasy comedy sequel featuring the voices of James Marsden and Christina Applegate. (2010, U, 82min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

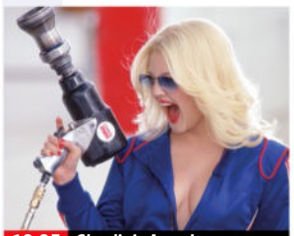
10.55 **Bicentennial Man** Romantic sci-fi drama starring Robin Williams and Embeth Davidtz. (1999, PG, 131 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.10 AM **Hot Dog Derby** Family comedy. (2013, U, 82min) ★★
2.40 **Ghost Squad** Adventure. (2015, PG, 86min) ★★★
4.15 **Sky Cinema Preview**
5.00 **to 6.45** AM **The Secret Kingdom** Fantasy adventure. (2023, PG, 98min) ★

Sky Cinema Action

307 307 407 507 521

6.25 AM **The Bricklayer** Action thriller. (2023, 15, 110min) ★★
8.20 **King of Killers** As 1.55am.
10.05 **The Mechanic** Action thriller. (2011, 15, 93min) ★★
11.50 **Snakes on a Plane** Thriller. (2006, 15, 105min) ★★★
1.45 PM **Hancock** Action comedy. (2008, 12, 92min) ★★★
3.25 **Shazam!** Comedy adventure. (2019, 12, 132min) ★★★★
5.45 **Twisters** Disaster drama sequel. (2024, 12, 122min) ★★★★



10.05 Charlie's Angels

8.00 **Twister** Disaster movie starring Helen Hunt and Bill Paxton as an estranged married couple of meteorologists who reunite to chase tornadoes across the American Midwest. With Jami Gertz and Cary Elwes. (1996, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Charlie's Angels** Comedy thriller starring Drew Barrymore, Cameron Diaz and Lucy Liu as three private eyes sent on a mission to investigate a kidnapping. (2000, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Charlie's Angels: Full Throttle** Comedy thriller sequel. (2003, 12, 106min) ★★
1.55 AM **King of Killers** Action thriller. (2023, 15, 92min) ★
3.40 **Shrapnel** Action thriller. (2023, 15, 89min) ★★
5.25 **to 6.25** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

7.00 AM **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
8.40 **Wayne's World** Comedy. (1992, PG, 95min) ★★★★
10.25 **Wayne's World 2** Comedy sequel. (1993, PG) ★★★
12.10 PM **Beverly Hills Cop II** (1987)
2.05 **The Boat That Rocked** Comedy. (2009, 15) ★★★★
4.25 **O Brother, Where Art Thou?** Comedy. (2000, 12) ★★★★
6.20 **The Nutty Professor** Comedy. (1996, 12, 95min) ★★★

9.55 Fletch Lives

8.00 **Nutty Professor II: The Klumps** Comedy sequel starring Eddie Murphy. Overweight college professor Sherman Klump decides to rid himself of his troublesome alter ego. (2000, 12, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Fletch Lives** Comedy thriller starring Chevy Chase. A wisecracking journalist becomes mixed up in a murder mystery. (1989, PG, 95min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Beverly Hills Cop II** Comedy thriller sequel starring Eddie Murphy and Brigitte Nielsen. (1987, 15, 99min) ★★★
1.30 AM **Please Don't Destroy: The Treasure of Foggy Mountain** Comedy. (2023, 15, 93min) ★★★
3.15 **Movie 43** Comedy sketches. (2013, 15, 90min) ★
5.10 **to 7.05** AM **The DUFF** Teen comedy with Mae Whitman. (2015, 12, 98min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Head Count** As 12.25am.
7.30 **The Cinema List: Thriller**
7.45 **Antebellum** As 4.05pm.
9.35 **Zero Dark Thirty** Drama. (2012, 15, 157min) ★★★★★
12.15 PM **Nightcrawler** Thriller. (2014, 15, 115min) ★★★★
2.15 **The Lesson** Romantic thriller. (2023, 15, 103min) ★★★
4.05 **Antebellum** Horror mystery. (2019, 15, 105min) ★★
5.55 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★

5.55 The Bikeriders

8.00 **The Da Vinci Code** Conspiracy thriller based on Dan Brown's novel, starring Tom Hanks and Audrey Tautou. A Harvard professor and a French cryptographer solve a series of clues about the true nature of the Holy Grail while fleeing from the police and a murderous albino monk. (2006, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **The Best Man** Crime thriller with Luke Wilson and Dolph Lundgren. (2023, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Head Count** Thriller. (2023, 15, 77min) ★★★
1.55 **Nighthawks** Action thriller. (1981, 18, 99min) ★★★
3.45 **Changing Lanes** Thriller. (2002, 15, 99min) ★★★★
5.35 **to 7.15** AM **Rashomon** Vintage Japanese period drama. Subtitled. (1950, b/w, 12, 88min) ★★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Reach for the Sky** Biopic starring Kenneth More. (1956, b/w, U, 130min) ★★★★
1.50 PM **Starman** Romantic sci-fi drama starring Jeff Bridges. (1984, PG, 115min) ★★★★
4.05 **Spies in Disguise** Animation with the voice of Will Smith. (2019, PG, 98min) ★★★★
6.10 **Independence Day** Sci-fi adventure starring Will Smith. (1996, 12, 145min) ★★★★

9.00 Uncharted

Independence Day (film started at 6.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Uncharted** Action adventure starring Mark Wahlberg and Tom Holland. A pair of treasure hunters embark on a globetrotting search for a fortune that was lost 500 years previously. With Antonio Banderas. (2022, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.15 **Salt** Action thriller starring Angelina Jolie. A CIA agent goes on the run after a Russian defector convinces her superiors that she's a double agent. With Liev Schreiber. (2010, 12, 99min) ★★★
1.10 **to 3.50** AM **Happy as Lazzaro** Italian drama starring Adriano Tardiolo. Subtitled. (2018, 12, 122min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Star Trek

302 302 402 502 516

7.15 AM **Star Trek III: The Search for Spock** As shown at 3.15am.
9.05 **Star Trek IV: The Voyage Home** Sci-fi adventure. (1986, PG, 119min) ★★★★
11.10 **Star Trek V: The Final Frontier** Sci-fi adventure starring William Shatner. (1989, PG, 100min) ★★
1.00 PM **Star Trek VI: Undiscovered Country** Sci-fi adventure. (1991, PG, 109min) ★★★★
3.00 **Star Trek: Generations** Sci-fi adventure with Patrick Stewart. (1994, PG, 118min) ★★★
5.00 **Star Trek: First Contact** Sci-fi adventure with Patrick Stewart. (1996, 12, 110min) ★★★★
7.00 **Star Trek: Insurrection** Sci-fi adventure with Patrick Stewart. (1998, PG, 105min) ★★★
9.00 **Star Trek: Nemesis** Adventure. (2002, 12, 116min) ★★★
11.00 **Star Trek The Motion Picture** Sci-fi adventure with William Shatner. (1979, U, 132min) ★★★
1.15 AM **Star Trek II: The Wrath of Khan** Sci-fi adventure. (1982, 12, 113min) ★★★★
3.15 **Star Trek III: The Search for Spock** Sci-fi adventure. (1984, PG, 105min) ★★
5.05 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Greats

304 304 404 504 518

6.00 AM **The Warriors** As 2.30am.
7.35 **Young Guns II: Blaze of Glory**
9.30 **The Apartment** Comedy. (1960, b/w, PG, 120min) ★★★★★
11.40 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
1.30 PM **We're No Angels** Comedy. (1954, U, 106min) ★★★★
3.20 **Last Action Hero** As 12.15am.
5.35 **Superman** Sci-fi adventure. (1978, PG, 143min) ★★★★
8.00 **Superman II** Fantasy adventure sequel starring Christopher Reeve and Gene Hackman. Three villains with Kryptonite challenge the Man of Steel. (1980, PG, 127min) ★★★
10.10 **Superman III** Fantasy adventure sequel starring Christopher Reeve and Richard Pryor. Clark Kent alias Superman battles against a megalomaniac tycoon who is using a computer genius to plan the crime of the century. (1983, PG, 123min) ★★★
12.15 AM **Last Action Hero** Fantasy. (1993, 15, 130min) ★★★
2.30 **The Warriors** Adventure. (1979, 15, 94min) ★★★
4.05 **Young Guns II: Blaze of Glory** Western sequel. (1990, 15) ★★★
5.50 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Sneaks** (2025, PG) ★★
7.35 **Noah's Ark** (2024, U) ★★★
9.25 **The Rugrats Movie** Animated comedy. (1998, U, 80min) ★★★
10.55 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
12.35 PM **Home** As 7.40pm.
2.15 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
4.00 **Happy Feet** Animated musical. (2006, U, 108min) ★★★★
5.50 **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
7.40 **Home** Animated comedy. (2014, U, 94min) ★★★
9.30 **Boonie Bears: Guardian Code** Animated family adventure. (2023, PG, 96min) ★★★
11.20 **Lego DC Comics Super Heroes: The Flash** Animation. (2018, U, 78min) ★★★
12.50 AM **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** Animation. (2022, PG, 79min) ★★★
2.20 **Batman: Return of the Caped Crusaders** Animated adventure. (2016, PG, 78min) ★★★★
3.50 **Tom and Jerry: A Nutcracker Tale** Animation. (2007, U) ★★★
4.50 **Sky Cinema Preview**
5.30 **to 7.10** AM **The Swan Princess** Animation. (1994, U) ★★★

Movies 24

312 313 419

7.00 AM **To Her, With Love** Drama. (2022, PG, 84min) ★★
9.00 **Planning on Forever** Romantic comedy. (2022, PG, 89min) ★★
11.00 **Love & Jane** Romantic fantasy. (2024, PG, 84min) ★★
1.00 PM **Paging Mr Darcy** Romantic drama. (2024, PG, 84min) ★★
3.00 **PREMIERE** **My Argentine Heart** Romantic comedy. (2025, PG, 84min) ★★
5.00 **The Real West** Romantic comedy. (2024, PG, 84min) ★★
7.00 **Lease on Love** Romantic comedy starring Rebecca Liddiard. A marketing manager agrees to pose as a business contact's wife to help him get the apartment of his dreams. (2022, PG, 86min) ★★
9.00 **The Proposal Spot** Drama starring Debs Howard. The owner of a cafe with a romantic reputation races to save her business. (2023, PG, 90min) ★★
11.00 **Aloha Heart** Romantic drama. (2023, PG, 90min) ★★
1.00 AM **Hidden Gems** Romantic comedy. (2022, PG, 85min) ★★
3.00 **to 5.00** AM **Modeled with Love** Drama. (2023, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Down Among the Z Men** Comedy. (1952, U, 71min) ★★★
7.25 **Target Earth** Sci-fi thriller. (1954, b/w, PG, 75min) ★★
9.00 **The Angel Who Pawned Her Harp** Fantasy comedy. (1954, U, 76min) ★★★
10.35 **The Beverly Hillbillies** (S1)
11.10 **Rage at Dawn** Western. (1955, U, 87min) ★★
12.50 PM **Worzel Gummidge** 1/7. (S1)
1.25 **Batman** 16/60. (S2)
2.00 **The Gentle Sex** War drama. (1943, b/w, U, 93min) ★★★
3.50 **Look at Life** Documentary.
4.00 **The Adventures of Robin Hood**
4.30 **Out of Town**
5.00 **The Footage Detectives**
6.00 **Confession** Crime thriller. (1955, b/w, PG, 90min) ★★
7.50 **Look at Life** Documentary.
8.00 **Gideon's Way** 19/26. (S1)
9.05 **The Wheeltappers and Shunters Social Club** 1/7. (S4)
9.40 **Harold Shipman: Doctor Death**
11.35 **Budgie** 13/13. (S1)
12.40 AM **The Heritage Chart Show**
1.45 **Salome** Drama. (1953, PG) ★★
3.50 **Big Ben Calling** Musical. (1935, b/w, U, 57min) ★★
4.40 **Cinebox Memories**
4.45 **The Texan** 28/37. (S1)
5.20 **to 6.00** AM **The Larkins**

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
6.30 **LIVE Ladies European Tour Golf** Coverage of the third day of the Aramco Korea Championship staged at New Korea Country Club in Seoul, South Korea.
10.30 **Super Sunday Matchday**
11.00 **LIVE SPFL Rangers v Aberdeen.** Coverage of the Scottish Premiership match from Ibrox. Kick-off **12.00noon**.
2.00 PM **LIVE Super Sunday Nottingham Forest v Leicester City.** Coverage of the Premier League match from the City Ground. Kick-off **2.15pm**.
4.15 **LIVE Super Sunday Liverpool v Arsenal.** Coverage of the Premier League match from Anfield. Kick-off **4.30pm**.
7.30 **LIVE EFL** The second League Two play-off semi-final first-leg, with the team who finished sixth in the table hosting the side who finished fifth. Kick-off **6.30pm**.
9.00 **LIVE PGA Tour Golf** Coverage of the fourth day of the Truist Championship at Philadelphia Cricket Club in Chestnut Hill.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **Premier League Highlights**
10.00 **Super Sunday Matchday**
12.00 NOON **Sports Sunday**
1.00 PM **LIVE Super Sunday Nottingham Forest v Leicester City.** The Premier League match staged at the City Ground. The hosts are enjoying an exceptional season and are still in with a chance of finishing in a Champions League place if they end up in the top five. Kick-off **2.15pm**.
4.15 **LIVE Super Sunday Liverpool v Arsenal.** Coverage of the Premier League match from Anfield, as the champions play their first game after winning the league in their previous home game against Tottenham. These two sides have been fighting it out all season for the title, but the Reds have enjoyed a more consistent campaign than the Gunners. Kick-off **4.30pm**.
7.30 **Gary Neville's Soccerbox**
8.00 **The Big Interview**
8.30 **Premier League Highlights**
3.00 AM **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
8.00 **WSL** Recent action.
8.30 **EFL Highlights**
10.30 **WSL** Recent highlights.
11.00 **LIVE SPFL Rangers v Aberdeen.** Coverage of the Scottish Premiership match staged at Ibrox. This is the fourth and final meeting between these two sides, with the both sides winning one of the previous three games between the clubs. Kick-off **12.00noon**.
2.30 PM **WSL** Recent action.
3.00 **LIVE EFL** Coverage of the first League Two play-off semi-final first-leg, with the team who finished seventh in the table hosting the side who finished fourth. Kick-off **3.30pm**.
6.00 **LIVE EFL** The second League Two play-off semi-final first-leg, with the team who finished sixth in the table hosting the side who finished fifth. Kick-off **6.30pm**.
9.00 **EFL Highlights**
12.00 M'T **EFL Cup Retro** Manchester City v Liverpool from 2016.
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **to 6.00** AM **EFL Rivalries**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** Recent action from India.
10.50 **LIVE IPL Punjab Kings v Mumbai Indians.** Coverage of the T20 match at HPCA Cricket Stadium. Mumbai won this meeting last year in a tight affair that saw them win by nine runs.
3.00 PM **LIVE IPL Delhi Capitals v Gujarat Titans.** Coverage of the T20 match staged at Arun Jaitley Stadium. The hosts won this fixture last year in a high-scoring thriller that saw 444 runs scored in the 40 overs played. Delhi made 224-4 in their innings with Rishabh Pant hitting 88 not out from just 43 balls before they restricted Gujarat to 220-8 in their reply to win by four runs.
7.00 **LIVE Pakistan Super League Multan Sultans v Quetta Gladiators.** Coverage of the T20 match at Multan Cricket Stadium.
8.00 **IPL** Punjab Kings v Mumbai Indians at HPCA Cricket Stadium. **9.00** Delhi Capitals v Gujarat Titans at Arun Jaitley Stadium.
10.00 **Pakistan Super League**
11.00 **IPL** Recent action from India.
5.10 AM **Ashes Greats**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour Champions Learning Centre**
6.30 **LIVE Ladies European Tour** Coverage of day three of the Aramco Korea Championship at New Korea Country Club in Seoul.
10.30 **My Ryder Cup**
11.00 **LIVE DP World Tour** Coverage of the fourth and final day of the Turkish Open from Regnum Carya Golf & Spa Resort.
4.00 PM **LIVE PGA Tour** Coverage of day four of the Truist Championship at Philadelphia Cricket Club in Chestnut Hill.
11.00 **PGA Championship Official Films** Highlights from 2024.
12.00 M'T **PGA Tour Champions**
1.00 AM **PGA Tour**
2.00 **The Open Zone**
3.00 **DP World Tour**
4.00 **Golf Academy** Expert tips.
5.00 **to 6.00** AM **DP World Tour**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **LIVE WTA & ATP Tennis** Day six of the Internazionali BNL d'Italia at Foro Italico in Rome.
6.00 PM **LIVE WTA & ATP Tennis** Continued coverage of day six of the Internazionali BNL d'Italia.
10.00 **WTA & ATP Tennis** The Indian Wells Open singles finals.
12.00 M'T **WTA All Access**
12.30 AM **ATP Tour This Week**
1.00 **ATP Tennis** A recent final.
2.00 **Bitesize Tennis** Highlights.
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

7.00 AM **PL: Big Interview**
7.30 **LIVE AFL North Melbourne Kangaroos v Brisbane Lions.** Coverage of the match from Ninja Stadium. Bounce-up **7.40am**.
10.30 **No Filter Football**
10.45 **Training Day**
11.00 **LIVE Premier League Newcastle United v Chelsea.** The top-flight match from St. James' Park. Kick-off **12.00noon**.
2.30 PM **LIVE Gallagher Premiership Rugby Union Exeter Chiefs v Northampton Saints.** Coverage of the match at Sandy Park. Kick-off **3.00pm**.
5.15 **The Rugby Review**
6.00 **UEFA Europa League & Conference League Highlights**
6.30 **Serie A** Action from Italy.
7.30 **LIVE Serie A** Coverage of a game from Italy's top division.
9.45 **MotoGP** Grand Prix of France.
10.45 **MotoGP Chequered Flag**
11.45 **TNT Sports Reload**
12.00 M'T **LIVE MLB Cleveland Guardians v Philadelphia Phillies.** The inter-league match. Start-time **12.10am**.
3.15 AM **MLB Classic** Archive action.
5.00 **to 6.00** AM **HSBC SVNS**

TNT Sports 2

411 414 522 409 431

7.00 AM **MotoGP** Highlights.
7.30 **LIVE Red Bull MotoGP Rookies Cup** The Grand Prix of France second race in Le Mans.
8.30 **LIVE MotoGP** The Grand Prix of France warm-up session.
9.00 **LIVE MotoGP** The Grand Prix of France Moto3 race from Le Mans.
11.00 **LIVE MotoGP** The Grand Prix of France Moto2 race in Le Mans.
12.15 PM **LIVE MotoGP** The Grand Prix of France MotoGP race.
2.15 **MotoGP Chequered Flag**
3.15 **TNT Sports Reload**
3.30 **MLB Highlights**
4.30 **LIVE MLB New York Mets v Chicago Cubs.** Coverage of the National League match staged at Citi Field. Start-time **4.35pm**.
7.45 **TNT Sports Reload**
8.00 **NBA Action** Highlights.
8.30 **LIVE NBA** A play-off match.
11.00 **Cycling: Men's Giro d'Italia**
12.00 M'T **The Breakaway**
12.30 AM **UEFA Champions League**
1.00 **LIVE NBA** Coverage of a game in the end-of-season play-off.
3.30 **NBA on Fire** The latest news.
4.00 **NBA Action** Highlights.
4.30 **Premiership Rugby Union**
5.30 **to 6.00** AM **TNT Sports Reload**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Premier League Darts** Another chance to see night 14 from First Direct Arena in Leeds.
10.00 **PDC Classics** Archive action.
11.00 **Darts Gold** Highlights.
12.00 NOON **LIVE UK Open Pool Championship** Coverage of the World Nineball Tour ranking event.
4.30 PM **Darts Gold** Archive action.
5.30 **Fight Night International** George Kambosos Jr v Maxi Hughes from July 2023.
6.30 **LIVE UK Open Pool Championship** Coverage of the World Nineball Tour ranking event.
10.00 **Darts Gold** Phil Taylor v Michael van Gerwen in the 2013 Premier League final at the O2 in London. **10.15** Phil Taylor v James Wade in the 2010 Premier League final. **10.30** Phil Taylor v Dennis Priestley in the 2005 Matchplay. **10.45** Phil Taylor v Chris Mason in the the 2002 World Matchplay.
11.00 **State of Origin Rugby League** New South Wales Blues v Queensland Maroons from 2024.
12.00 M'T **State of Origin Rugby League** Action from 2024.
2.00 **to 6.00** AM **The Rugby Championship**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE WTA & ATP Tennis** Coverage of day six of the Internazionali BNL d'Italia staged at Foro Italico in Rome. Alejandro Tabilo produced the shock of the third round in the men's tournament 12 months ago as he dispatched number one seed Novak Djokovic 6-2, 6-3.
2.20 PM **LIVE Bundesliga Bayer Leverkusen v Borussia Dortmund.** Coverage of the German top-flight match at BayArena. Kick-off **2.30pm**.
4.30 **LIVE Bundesliga Eintracht Frankfurt v FC St. Pauli.** Coverage of the German top-flight match at Deutsche Bank Park. Kick-off **4.30pm**.
6.30 **LIVE Bundesliga VfB Stuttgart v FC Augsburg.** Coverage of the German top-flight match at MHP Arena, as the teams meet for the third time in this campaign. Kick-off **6.30pm**.
8.30 **Sky Sports News**
12.00 M'T **Super League**
4.45 AM **My Icon** Nigel Owens.
5.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **IPL** Recent action from India.
8.00 **Indycar** Highlights from Alabama.
9.00 **Pakistan Super League**
10.00 **Best of ICC WT20**
10.15 **Ashes Greats** Glenn McGrath.
10.25 **Pakistan Super League**
11.20 **Ashes Greats** Glenn McGrath.
11.30 **IPL** Recent action from India.
1.30 PM **Pakistan Super League**
2.30 **Indycar** Action from Alabama.
3.30 **PL Greatest Games**
3.55 **LIVE Netball Super League London Mavericks v London Pulse.** The match from the ninth round of fixtures at OVO Arena Wembley. Centre-pass **4.00pm**.
5.30 **LIVE Pakistan Super League Multan Sultans v Quetta Gladiators.** Coverage of the T20 match at Multan Cricket Stadium.
8.00 **Best of ICC WT20**
8.30 **Fight Night** Jonas v Price.
9.30 **Premier League Darts**
1.30 AM **IPL** Capitals v Titans.
2.30 **WTA Tennis** Madrid Open.
3.00 **EFL Greatest Games**
4.00 **Golf Academy** Expert tips.
5.00 **to 6.00** AM **DP World Tour Golf**

TNT Sports 3

413 415 523 410 432

5.45 AM **LIVE V8 Supercars Championship** The Snowy River Caravans Tasmania Super 440.
7.15 **The WRC Magazine**
7.45 **TNT Sports Reload**
8.00 **LIVE Isuzu UTE A-League** Coverage from the latest match.
10.00 **IFSC Climbing World Cup**
11.00 **Cycling: Men's Giro d'Italia**
12.00 NOON **LIVE Cycling: Men's Giro d'Italia** Coverage of the third stage in Valona, Albania.
5.00 PM **NBA** A play-off match.
6.30 **NBA on Fire** The latest news.
7.00 **LIVE MLB Kansas City Royals v Boston Red Sox.** American League match from Kauffman Stadium. Start-time **7.10pm**.
10.15 **UFC** A replay of Belal Muhammad v Jack Della Maddalena.
1.15 AM **UFC Connected**
1.45 **Serie A** Action from Italy.
2.45 **TNT Sports Reload**
3.00 **Snooker World Championship**
4.00 **to 6.00** AM **Formula E**

TNT Sports 4

414 416 524 411 434

6.00 AM **LIVE AFL Geelong Cats v GWS Giants.** Bounce-up **6.20am**.
9.00 **Training Day** Nottingham Forest.
9.15 **Sign Up – Into Football**
10.00 **NBA on Fire** The latest news.
10.30 **LIVE European Rally Championship** Rally Hungary.
11.30 **The WRC Magazine**
12.00 NOON **LIVE Motocross World Championship** In Lugo, Spain.
2.00 PM **MLB Highlights**
3.00 **Champions League Magazine**
3.30 **UEFA Europa League & Conference League Highlights**
4.00 **LIVE European Rally Championship** Rally Hungary.
5.00 **Grand Slam Track Athletics**
6.00 **LIVE NWSL Kansas City Current v Bay FC.** Coverage of the match from CPKC Stadium.
8.15 **AFL** Three match replays.
12.45 AM **Premiership Rugby Union**
2.30 **Superbike World Championship**
3.30 **FIM Speedway Grand Prix**
4.30 **to 6.00** AM **Men's Cycling**

Premier Sports 1

419 551

6.00 AM **Top 14 Rugby Union**
8.00 **LaLiga** Celta Vigo v Sevilla.
10.00 **Top 14 Rugby Union**
12.00 NOON **LIVE LaLiga Leganes v Espanyol.** The Spanish top-flight match staged at Estadio Municipal de Butarque. Kick-off **1.00pm**.
3.00 **LIVE LaLiga Barcelona v Real Madrid.** Coverage of the Spanish top-flight match at Estadi Olimpic Lluis Companys. Kick-off **3.15pm**.
5.15 **LIVE LaLiga Athletic Bilbao v Alavés.** Spanish top-flight action from San Mames. Kick-off **5.30pm**.
7.30 **LIVE LaLiga Real Betis v Osasuna.** The Spanish top-flight match from Estadio Benito Villamarin. Kick-off **8.00pm**.
11.30 **Football's Greatest**
12.30 AM **Euro Le Mans Highlights**
1.30 **NHL: This is Hockey**
2.00 **LIVE NHL Ice Hockey** Coverage of a play-off match.
5.00 **NHL: This is Hockey**
5.30 **to 6.00** AM **Temples of Sport**

Premier Sports 2

420 552

6.00 AM **United Rugby Championship**
8.00 **LaLiga** Mallorca v Real Valladolid.
10.00 **GP Confidential**
10.30 **LaLiga** Girona v Villarreal.
12.30 PM **Bike World** Magazine.
1.00 **FastZone** Motorsport highlights.
1.30 **LIVE United Rugby Championship Lions v Scarlets.** From Emirates Airline Park. Kick-off **2.00pm**.
4.00 **Bike World** Magazine.
4.30 **GP Confidential** The latest news.
5.00 **FastZone** Motorsport highlights.
5.30 **Top 14 Rugby Union**
7.30 **Temples of Sport**
8.00 **LIVE Top 14 Rugby Union** A match in the French top flight.
10.00 **Bike World** Magazine.
10.30 **Temples of Sport**
11.30 **NHL: This is Hockey**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Temples of Sport**
3.30 **Football's Greatest**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Miami Grand Prix.
7.00 **Ferrari Challenge UK**
7.30 **F1 Academy: Weekend Wrapped** A race review.
8.00 **Formula 1** Miami Grand Prix.
12.00 NOON **Ted's Notebook**
12.30 PM **Formula 1** Miami Grand Prix.
5.00 **Formula 1** Season highlights.
5.30 **Indycar** The Sonsio Grand Prix.
8.00 **Formula 1** Action from the 2020 Emilia Romagna Grand Prix. **9.00** Highlights from the 2021 Emilia Romagna Grand Prix. **10.00** Action from the 2022 Emilia Romagna Grand Prix.
12.00 M'T **Formula 1** Highlights.
1.00 **to 6.00** AM **The Home of F1**

Monday

12 May

Evening Planner

Monday

Documentary

Inside Our Minds
BBC2, 9pm (box set, BBC iPlayer)
In a two-parter focusing on ADHD and dyslexia, Chris Packham talks to four individuals about their neurodiversity.

Thriller

The Game
5, 9pm
A retired detective (Jason Watkins) thinks his neighbour (Robson Green) is the killer he never caught, in this four-part thriller.

Crime Drama

Elsbeth
Sky Witness, 9pm
Return of *The Good Wife* spin-off, with Carrie Preston as the attorney with an unconventional way of solving murders.

OnDemand

viaplay

Haaland Conquers England
Available today
The Danish Manchester City forward talks about his impact on the Premier League.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama †		9.00 Who Do You Think You Are?		10.00 News; Local News	10.40 Have... †
	102 BBC2	7.00 Grand Tours of...	7.30 Mastermind	8.00 Only Connect...	8.30 University...	9.00 Inside Our ADHD Minds		10.00 Upstart Crow	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Malpractice		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Greggs vs McDonald's: The Fast Feud		9.00 Virgin Island		10.00 Night Coppers	
	105 5	7.00 Traffic Cops		8.00 Motorway Cops: Catching Britain's...		9.00 The Game		10.00 The Real Adolescence: Our Killer Kids	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Gladiators		9.00 Film: Mission: Impossible II			
ENTERTAINMENT	115 BBC3	7.00 Sort Your Life Out with Stacey Solomon		8.00 Dragons' Den US – Shark Tank		9.00 I Kissed a Boy	9.50 Love, Victor		
	116 BBC4	7.00 Great British...	7.30 Wainwright...	8.00 A Culture Show Special: The Art of...		9.00 World War II: A Timewatch Guide		10.00 The Sky at...	10.30 Andrew...
	118 ITV2	7.00 Deal or No Deal		8.00 Wheel of Fortune		9.00 Family Guy			
	136 MORE4	◂ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 Warplane Workshop		10.00 Film: The Guns of Navarone	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Dance Moms: A New Era		9.00 The Honesty Box		10.00 Made in Chelsea	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Elsbeth		10.00 Blue Bloods	
	108 SKY ATLANTIC	◂ 6.55 Billions		8.00 Game of Thrones		9.00 The Last of Us		10.00 The Penguin	
	110 U&GOLD	7.00 Dad's Army	7.35 Only Fools and Horses			9.00 The Fast Show	9.40 Bottom		10.20 Absolutely Fabulous
	111 U&DAVE	7.00 Would I Lie to You? at...	7.40 Richard Osman's House of Games			9.00 Silence Is Golden		10.00 QI XL	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Scott & Bailey	
	120 ITV4	7.00 The Motorbike Show		8.00 King of the Roads		9.00 Film: Mission: Impossible II			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Lee Evans Live at Her Majesty's Theatre			10.20 Dara O Briain – Voice...
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Joe Lycett's United States of...		9.00 Poker Face			
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise		9.00 Shakespeare & Hathaway: Private Investigators			
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: Dreaming			9.30 André Rieu: King's Ball		10.30 Michael...
	132 U&W	7.00 Emergency: First Time Medics		8.00 Inside the Ambulance: Coast and...		9.00 Killer Women with Piers Morgan			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Hoffman Family Gold		9.00 Alaska: Homestead Rescue			
	162 ANIMAL PLANET	7.00 Crikey! It's the Irwins		8.00 Lair of the Killer Crocs		9.00 Monster Croc Invasion		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Amsterdam Central 24/7		9.00 Air Crash Investigation		10.00 To Catch a Smuggler: Tropical...	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Storage Hunters		9.00 Mengele Unveiled		10.10 Hell on Earth: WWII	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Caribbean with Simon Reeve		9.00 Bangers & Cash		10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	7.00 The Man Who Bought Cricket				9.00 Tell Them You Love Me			
FILMS - Sky Cinema	301 PREMIERE	◂ 6.10 Trap		8.00 Cleaner			9.45 Speak No Evil		
	302 TOM CRUISE	◂ 6.20 Mission: Impossible			8.15 Mission: Impossible II				10.25 Mission...
	303 MEGA HITS	◂ 6.10 Dunkirk		8.00 Oppenheimer					
	304 GREATS	◂ 5.45 Gorillas in the Mist		8.00 Robin Hood: Prince of Thieves					10.25 The Great Gatsby
	305 ANIMATION	◂ 5.45 The Angry...	7.30 Dr Seuss' The Lorax			9.05 Teen Titans Go! & DC Super Hero Girls: Mayhem in the...			10.35 Batman...
	306 FAMILY		7.10 Big Fat Liar		8.40 The Secret Kingdom				10.25 Ghost Squad
	307 ACTION	◂ 6.00 Charlie's Angels: Full Throttle		8.00 Godzilla				10.05 Rampage	
	308 COMEDY	◂ 6.25 Nacho Libre		8.00 The First Wives Club			9.50 Movie 43		
	309 THRILLER	◂ 6.05 Serenity		8.00 Angels & Demons					10.25 Blackhat
	310 DRAMA	◂ 6.20 The Great Escaper		8.00 A Star Is Born					10.25 Birdy
	311 SCI-FI	◂ 6.25 Gravity		8.00 Star Trek Beyond				10.10 Repo Men	
	313 FILM4	◂ 6.50 The Mountain Between Us				9.00 Beast			
SPORT	401 MAIN EVENT	7.00 Sky Sports News	7.30 EFL – Live: Coverage of the first Championship play-off semi-final second-leg match (Kick-off 8.00)						
	402 PREMIER LEAGUE	7.00 PL Review		8.00 Gary Neville's Soccerbox		9.00 PL Review		10.00 PL Icons	
	403 FOOTBALL	◂ 5.15 Baller League...	7.30 EFL – Live: Coverage of the first Championship play-off semi-final second-leg match (Kick-off 8.00)						
	404 CRICKET	7.00 Ashes Greats	7.30 Best of ICC...	8.00 IPL					
	410 TNT SPORTS 1	7.00 British Speedway – Live: Including coverage of the British final						10.00 Fight Week	10.30 UFC Connected
	411 TNT SPORTS 2	◂ 6.00 Ultimate Pool – Live: Coverage from Group C of the last-16 phase of the Champions League					9.30 The Rugby Review		10.15 Snooker World...

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Scam Interceptors** (S)(R)
2.30 **Expert Witness** (S)(R)
3.00 **Escape to the Country** New edition Nicki Chapman helps a couple to find their first home together in Sussex. (S)
3.45 **The Bidding Room** New edition Items include a 19th-century home electric shock kit. (S)
4.30 **The Finish Line** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** Rav Wilding and Gaby Roslin present the topical show. (S)

7.30 **EastEnders** Harvey and the Slaters prepare for their camping trip, but find themselves faced with many obstacles. (S)(AD)

8 PM

8.00 **Panorama** New edition In-depth current affairs report covering a story behind the headlines. (S)

9 PM

9.00 **Who Do You Think You Are?** New edition 4/8. Actor Layton Williams finds generations of Londoners in his family and is delighted to find they walked the same streets as him. In Jamaica, he makes some distressing discoveries. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Have I Got a Bit More News for You** David Tennant hosts an extended edition of the satirical quiz, with comedian Miles Jupp and journalist Beth Rigby. (S)(R)
11.25 NEW TO BBC1 **I Kissed a Boy** 1/10. Dannii Minogue presents the dating show for gay men. One contender has the opportunity to unlock the Secret Garden. (S)(AD)
12.15 AM New edition 2/10. Some men are worried about making head-or-heart decisions. *Previously on BBC3.* (S)(AD)
1.05 **Blankety Blank** Panellists include Judi Love and Aisling Bea. (S)(R)
1.40 **Weather for the Week Ahead** (S)
1.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.40 AM **Sign Zone: The Repair Shop – VE Day Special** (S)(R)(AD)
7.40 **Match of the Day 2** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Lightning** Game show. (S)(R)
2.15 **Unbeatable** Quiz show. (S)(R)
3.00 **Saved and Remade** (S)(R)
3.45 **Between the Covers** (S)(R)
4.15 **Expedition Volcano** (S)(R)(AD)
5.15 **Flog It!** From Norwich. (S)(R)
6.00 **Richard Osman's House of Games** With Craig Doyle, Tanni Grey-Thompson, Anne-Marie Imafidon and Leo Reich. (S)(R)
6.30 **Anna Haugh's Big Irish Food Tour** New edition 6/15. Vanessa Feltz joins Anna in east Cork to sample local seafood. (S)
■ Entire series on BBC iPlayer

6.30 Anna Haugh's Big Irish Food...

7.00 **Grand Tours of Scotland's Rivers** Following the eastward course of the River South Esk. (S)(R)

7.30 **Mastermind** New edition Clive Myrie hosts the concluding semi-final. (S)

8.00 **Only Connect Sounds Special** The Record Collectors take on the Jukeboxers. (S)(R)

8.30 **University Challenge** Series finale Christ's College, Cambridge, take on Warwick in the Grand Final of the quiz. (S)

9.00 NEW SERIES **Inside Our ADHD Minds** 1/2. Chris Packham helps neurodivergent people explain what's going on inside their minds. *See feature, page 21.* (S)
■ Entire series on BBC iPlayer

10.00 **Upstart Crow** *Go On and I Will Follow:* 6/6. The day of Will's son Hamnet's confirmation is approaching. (S3) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 NEW **Assisted Dying: The Final Choice** Following patients in California and Canada who are planning to end their lives with medical assistance and talking to the doctors who help them. (S)(AD)
11.40 FILM **True Things** Drama starring Ruth Wilson and Tom Burke. (S) (2021, 15, 95min) ★★★
1.15 AM **Sign Zone: Countryfile** (S)(R)
2.10 **Sign Zone: Race Across the World** 3/9. (S)(R)(AD)
3.10 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Alan Titchmarsh's Gardening Club** New edition Lucy Willcox offers practical planting design tips for spring, while Camilla Bassett-Smith explores the history and horticulture of an Arts and Crafts garden in the Midlands. (S)
3.00 **Jeopardy!** Quiz show hosted by Stephen Fry. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Malpractice

7.30 **Emmerdale** Manpreet is worried, Liam is delighted by Chas's suggestion, and fingers are pointed. (S)(AD)

8.00 **Coronation Street** Ronnie's attempt to help Debbie backfires, Mick takes drastic action to try and toughen Liam up, Bobby makes a shocking discovery, while Kit and Lou come face to face in the pub. (S)(AD)

9.00 **Malpractice** Series finale 5/5. In the wake of a shocking death, Ford and the MIU discover witnesses who are unwilling to speak on record as well as hints of a wider conspiracy. (S2) (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **The Trial of Louise Woodward** A look back at the case of the British nanny accused of murdering an American baby in her care, revisiting a trial that continues to divide medical and legal opinion today. (S)(R)(AD)
11.45 **For the Love of Dogs with Alison Hammond** 6/6. Alison helps a tiny Bichon control its bark. (S)(R)(AD)
12.10 AM **Teleshopping**
3.00 **Bali 2002** 4/4. Investigators hunt for the mastermind behind the bombings. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Wheel of Fortune** Game show. (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 1-4/25. (S3) (S)(R)
8.10 **Everybody Loves Raymond** 18&19/22. (S1) (S)(R)(AD)
9.10 **Frasier** 15-18/24. (S7) (S)(R)(AD)
11.10 **Celebrity Undercover Boss USA** With former Hootie & the Blowfish frontman Darius Rucker. (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** New edition A couple begin a waterborne adventure as they cruise down the Thames. (S)(AD)
5.00 **Chateau DIY** Transforming a wing of a derelict château. (S)(R)(AD)
6.00 **A Place in the Sun** New edition Laura Hamilton helps a couple to find a home in Granada, Spain. (S)

9.00 Virgin Island

7.00 **News** (S)

7.55 **The Political Slot** Green Party Deputy Leader Zack Polanski discusses the benefits of increasing the taxes of the wealthiest in society. (S)

8.00 NEW **Greggs vs McDonald's: The Fast Feud** Dani Dyer explores the rivalry between the British and US fast food chains, examining how Greggs' subversive marketing has blinded people to its huge growth. (S)(AD)

9.00 NEW SERIES **Virgin Island** Documentary following 12 adult virgins as they embark on a unique course in intimacy at a luxury Mediterranean retreat, to see if it can help them overcome their fears. (S)(AD)
■ Continues tomorrow

10.00 **Night Coppers** New edition Jodie and Zoe are called to break up a brawl between neighbours, but while one neighbour protests his innocence, the CCTV footage says otherwise. (S)(AD)
11.05 NEW SERIES **The Sixty Million Dollar Conman** 1/2. The story of Hamish McLaren, Australia's most successful con artist. (S)(AD)
12.05 AM Series finale 2/2. (S)(AD)
1.00 **Ramsay's Kitchen Nightmares USA** From California. (S)(SL)(R)
1.50 **True Crime Investigation** (S)(R)
2.45 **Hollyoaks Omnibus** (S)(SL)(R)
3.55 **A Lake District Farm Shop** (S)(R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM PREMIERE **Jane Mysteries: The Case of the Missing Reporter** Crime drama. (S) (2024, PG, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Graham Boland hosts a Hawaiian-themed birthday party. (S)(AD)
5.00 **News** (S)
6.00 **Vigilante & Proud: Catching the Street Thieves** A former police detective helps victims of street crimes get justice. (S)(R)
6.55 **News** (S)

4.00 Bargain-Loving Brits in the...

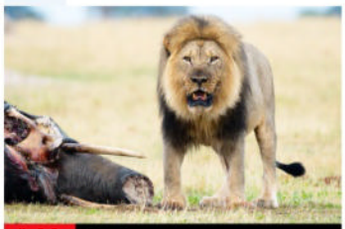
7.00 **Traffic Cops** Stuart Smith is forced into a 100-mile chase at up to 165mph in pursuit of an uninsured teenage joyrider in a suspected stolen car. (S)(R)
7.55 **News** (S)
8.00 **Motorway Cops: Catching Britain's Speeders** New edition Members of the public call in about a possible drink-driver who is all over the road, while reports come in regarding a stolen white transit van. (S)(AD)
9.00 NEW SERIES **The Game** 1/4. Thriller starring Jason Watkins and Robson Green. A retired detective thinks his new neighbour is a criminal that he failed to catch. *See feature, page 8.* (S1) (S)(AD) ■ Continues tomorrow
10.00 **The Real Adolescence: Our Killer Kids** As murder convictions for minors in England and Wales have quadrupled since 2016, this documentary investigates the disturbing rise in youth violence. (S)(R)
11.30 **Dead Man Walking: Dan Walker on Death Row** The realities of capital punishment in the US. (S)(R)
1.00 AM **PlayOJO Live Casino Show**
3.00 **Friends** (S)(R)(AD)
3.55 **Autumn Gardening with Carol Klein** Focusing on grass. (S)(R)
4.40 **Nick Knowles' Big House Clearout** In Nottingham. (S)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S7) (R)
11.00 **Africa's Hunters** (S)(R)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S5) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 17/23. (S2) (S)(R)(AD)
5.00 **The Simpsons** *Bart v Thanksgiving:* Bart runs away from home. (S)(R) **5.30** *Dancin' Homer:* Homer becomes his local baseball team's mascot by accident. With Tony Bennett. (S)(R)
6.00 **The Office (US)** 13/19. Jim and Pam visit Michael's house for dinner. (S)(R) **6.30** 14/19. Michael becomes obsessed with a chair model in a catalogue. (S4) (S)(R)


8.00 Gladiators

7.00 **The Simpsons** *Bart the Daredevil:* Bart becomes a daredevil skateboarder and tries some death-defying stunts. (S)(R) **7.30** *Itchy & Scratchy & Marge:* Marge protests about violence on TV. (S)(R)
8.00 **Gladiators** 1/4. Documentary series revealing the secrets and ingenious tactics of nature's toughest fighters in their battles for survival. Narrated by Sean Bean. (S)(R)(AD)
9.00 FILM **Mission: Impossible II** John Woo's action thriller sequel starring Tom Cruise and Dougray Scott. Special agent Ethan Hunt teams up with a cat burglar in order to track down a villain who has a deadly virus at his disposal. With Thandie Newton, Ving Rhames and Anthony Hopkins. (S)(AD) (2000, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.15 **Joe Lycett's United States of Birmingham** 3/4. Joe's quest continues into the American Midwest. (S)(R)(AD)
12.10 AM **Last Week Tonight with John Oliver** Talk show. (R)
12.55 **Curb Your Enthusiasm** 1&2/10. Double bill. (S)(R)
2.10 **Road Wars** (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 17/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
8.00pm The Travelling Auctioneers (S)(R) **8.30-9.00** Scotland's Home of the Year New edition (S) **10.40** Panorama New edition (S) **11.40** Have I Got a Bit More News for You (S)(R) **12.25am** Sportscene: SWPL Highlights (S)(R) **12.55** Scotcast (S)(R) **1.25** I Kissed a Boy (S)(R)(AD) **2.15** Weather for the Week Ahead (S) **2.20-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Bikes! North West 200 (S) **11.40** I Kissed a Boy: Double bill. (S)(R)(AD) **1.20-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
9.00-10.00pm Saving Lives in Cardiff Series finale (S) **10.40** Scrum V Highlights (S) **11.10** Have I Got a Bit More News for You (S)(R) **11.55** I Kissed a Boy (S)(R)(AD) **1.35-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm NEW SERIES Bog Amach (S)

WALES
Sky 968, Freesat 968
9.00-10.00pm Who Do You Think You Are? New edition (S)(AD)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cartrefi Cymru **12.30** Heno **1.00** Ty am Ddim **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Iaith ar Daith **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cartrefi Cymru **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Colleen Ramsey: Bywyd a Bwyd **8.25** Garddio a Mwy New edition **8.55** Newyddion a'r Tywydd **9.00** Ffermio New edition **9.30** Bwrdd i Dri (AD) **10.00** Gwesty Aduniad **11.00-11.35pm** Y Sin (AD)

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Sort Your Life Out with Stacey Solomon** 1/6. Stacey challenges the Paine family to declutter their home in seven days.
8.00 **Dragons' Den US: Shark Tank** New edition 23/24. Featuring a portable basketball shooting machine.
8.40 **The Catch Up**
8.45 **Zen Motoring** Ogmios tests out his 'gentle beep'.
9.00 **I Kissed a Boy** New edition 2/10. Some of the men are worried about making head-or-heart decisions.
9.50 **Love, Victor** 1/10. High-school drama starring Michael Cimino. **10.20** 2/10. Victor has an unexpected brush with popularity. (S1)
10.45 **Glow Up: Britain's Next Make-Up Star**
11.45 **Bikes! North West 200**
12.45 AM **Ashley Cain: Into the Danger Zone**
1.45 **Charlie Cooper's Myth Country**
2.15 **Dave's Games**
2.30 **to 4.00** AM **I Kissed a Boy**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Exploring Britain between the world wars.
7.30 **Wainwright Walks** Julia Bradbury climbs Scafell Pike.
8.00 **The Art of World War II: A Culture Show Special** The often overlooked history of the wartime art boom.
9.00 **World War II: A Timewatch Guide** Saul David charts the history of the world's most destructive war.
10.00 **The Sky at Night** New edition Exploring the latest research about Mars.
10.30 NEW **Andrew Roberts Remembers... AJP Taylor's The War Lords** Reflecting on the series about key World War Two leaders.
10.45 **The War Lords**
11.45 **Maggi Hambling: Artists on Drawing**
12.15 AM **Great British Railway Journeys** As 7.00pm.
12.45 **Wainwright Walks**
1.15 **The Art of World War II: A Culture Show Special**
2.15 **to 3.15** AM **World War II: A Timewatch Guide**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
11.00 **A New Life in the Sun**
12.00 NOON **A Place in the Sun**
2.35 PM **Come Dine with Me**
5.15 **Four in a Bed** The first visit of the week is to Nateby Inn in Cumbria. **5.45** A visit to the Outfields Farm B&B in Bedfordshire. **6.20** The third visit of the week is to At Home in Chiswick, west London **6.50** The fourth and final visit is to Ammonite Lodge in Chard, Somerset.
7.25 **Four in a Bed** The week's winners are announced.
7.55 **Kirstie and Phil's Love It or List It** Phil Spencer and Kirstie Allsopp head to Harrogate to meet the Pogsons, who are unsure whether to renovate their property or find a new home.
9.00 **Warplane Workshop** New edition 5/6. The makeover of an iconic Spitfire becomes controversial as the UK re-assesses its main military alliance.
10.00 FILM **The Guns of Navarone** World War Two adventure based on Alistair MacLean's novel, starring Gregory Peck, David Niven and Anthony Quinn. (1961, PG, 150min) ★★★★
1.05 AM **24 Hours in A&E**
2.10 **Warplane Workshop**
3.15 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons**
7.00 **Hollyoaks** Ro reaches crisis point when his plans to leave the village fall through.
7.30 **The Simpsons** *Holidays of Future Passed:* An adult Bart and Lisa return home for Christmas with their parents.
8.00 NEW SERIES **Dance Moms: A New Era** Reboot of the reality show, this time following Glo Hampton at her dance school.
9.00 **The Honesty Box** New edition 7/9. There's another split in Truetopia.
10.00 **Made in Chelsea** New edition Miles learns that Sam Prince has been insulting Yas.
11.05 **Gogglebox**
12.05 AM **First Dates**
1.10 **The Honesty Box**
2.15 **Made in Chelsea**
3.10 **Gogglebox**
4.05 **Modern Family**
4.30 **to 6.00** AM **The Goldbergs**

+1 hr 235/236 306 30 123 256

Monday primetime primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **The Real A&E**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue**
11.00 **Bull** 22/22. (S6)
12.00 NOON **The Good Doctor** (S4)
1.00 PM **The Rookie: Feds** 5/22. Elena's fashion splurge cracks open a murder mystery. (S1)
2.00 **FBI** 5/22. A safety inspector's death is investigated. (S1)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 Elsbeth

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **FBI: Most Wanted** *Appeal:* 8/22. The team investigate when three prosecutors are killed outside a bar. (S4)

9 PM
9.00 NEW SERIES **Elsbeth** *Subscription to Murder:* 1/20. A womanising executive is murdered. *See feature, page 12.* (S2)

10 PM
10.00 **Blue Bloods** *Long Lost:* 18/20. An encounter with an old rival leads Erin to look into an alleged wrongful conviction. (S12)
11.00 **Law & Order: Organized Crime** 6/13. (S4)
12.00 M'T **The Rookie** 3/10. (S6)
1.00 AM **FBI: Most Wanted** (S4)
2.00 **Matlock** New episode (S1)
3.00 **The Good Doctor** 10/20. (S4)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **UK Border Force**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
8.00 **Boardwalk Empire** (S4)
10.10 **Billions** 3&4/12. (S3)
12.20 PM **Game of Thrones** (S3)
1.25 **Das Boot** 6&7/8. (S2)
3.40 **Boardwalk Empire** 4/12. Rothstein agrees to bankroll Nucky's Tampa deal. (S4) **4.45** 5/12. Nucky heads to Philadelphia to deal with the fallout from Willie Thompson's recent liquor fiasco. (S4)
5.50 **Billions** 3/12. Chuck faces a dilemma when he is given a perverse directive. (S3)

8.00 Game of Thrones

7 PM
6.55 **Billions** *Hell of a Ride:* 4/12. Axe explores the new arena of venture philanthropy. (S3)

8 PM
8.00 **Game of Thrones** *Walk of Punishment:* 3/10. Tyrion assumes new responsibilities and Jaime strikes a deal. (S3)

9 PM
9.00 **The Last of Us** New episode 5/7. Post-apocalyptic drama starring Pedro Pascal and Bella Ramsey. (S2)

10 PM
10.00 **The Penguin** *Homecoming:* 5/8. Oz makes a move to turn the tables, while Sofia builds a new legacy for herself. (S1)
11.00 **Homicide: Life on the Street** 7/22. A child goes missing in a carjacking incident. (S5)
11.50 **The Gilded Age** (S1&2)
2.05 AM **Big Little Lies** 1/7. (S1)
3.05 **The Leftovers** 5/10. (S1)
4.05 **Game of Thrones** As 8pm.
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S5)
8.00 **The Flash** 1/18. (S7)
9.00 **Stargate SG-1** (S7)
11.00 **Supergirl** 14/23. (S3)
12.00 NOON **The Flash** 2/18. (S7)
1.00 PM **Hawaii Five-0** (S5)
3.00 **Magnum P.I.** 18/20. (S5)
4.00 **S.W.A.T.** 17/23. The team go after a carjacking ring. (S2)
5.00 **Supergirl** 13/23. J'onn, Winn and Mon-El team up to fix the Legion ship. (S3)
6.00 **Stargate SG-1** 3/22. A teenage boy claims to be Colonel O'Neill. (S7)

7.00 Stargate SG-1

7 PM
7.00 **Stargate SG-1** *Orpheus:* 4/22. A rescue mission gets under way. Guest stars Tony Amendola and Neil Denis. (S7)

8 PM
8.00 **Joe Lycett's United States of Birmingham** 3/4. The comedian's quest continues into the American Midwest.

9 PM
9.00 **Poker Face** *The Game Is a Foot:* 1/12. Crime comedy drama. With a hit out on her, Charlie investigates the death of a friend's sister. **10.10** *Last Looks:* 2/12. Charlie tries to find a missing person. Guest stars Katie Holmes. (S2)
11.15 **Poker Face** 3/12. Charlie is stuck between the FBI and the Mob. With John Mulaney. (S2)
12.15 AM **Hacks** 6/10. (S4)
1.00 **Road Wars** Documentary.
2.00 **Joe Lycett's United States of Birmingham** Series finale
3.00 **Magnum P.I.** 18/20. (S5)
4.00 **S.W.A.T.** 17/23. (S2)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
10.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Wheel of Fortune**
3.00 **Hart of Dixie** 6/22. Election day finally arrives. (S2)
4.00 **Gilmore Girls** 6/22. Lorelai visits Rory at Yale during Parents' Weekend. (S7)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With guests Lucrezia Millarini, Judi Love and Ben Miller.

11.30 American Dad!

7 PM
7.00 **Deal or No Deal** Stephen Mulhern hosts as Nay Nay takes on the Banker for the chance to win a life-changing prize.

8 PM
8.00 **Wheel of Fortune** Graham Norton invites Jess, Xhemal and Pip to spin the wheel and win a possible £50,000.

9 PM
9.00 **Family Guy** 17/21. Peter undergoes plastic surgery. **9.30** 18/21. Peter makes his own country on Spooner Street.

10 PM
10.00 **Family Guy** 19/21. Meg and Peter are sued. **10.30** 11/21. Chris's surprising artistic talents come to light. (S2)
11.00 **Family Guy** 12/21. The Griffins are offered a TV show. (S2)
11.30 **American Dad!** 14&8/19. (S6)
12.35 AM **Bob's Burgers** (S11)
1.35 **The Stand Up Sketch Show**
2.35 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.25 **The Royal** *Reckoning.*
11.30 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.45 **Downton Abbey** 4/9. Ethel's flirting with Major Bryant lands her in trouble. (S2)
6.00 **Heartbeat** *No Laughing Matter:* Geoff considers buying himself a sportier car.

10.00 Scott & Bailey

7 PM
7.00 **Heartbeat** *Out of Africa:* Lord Ashfordly's tenants are angered when his new estate manager Jimbo Brady raises their rents.

8 PM
8.00 **Midsomer Murders** *The Village That Rose from the Dead:* The 2016 Christmas special of the detective drama. A man is murdered ahead of the reopening of a village that has stood abandoned since World War Two. Guest stars Hugh Dennis.

10 PM
10.00 **Scott & Bailey** 8/8. With their friendship in tatters, Rachel and Janet struggle to work together as a team. (S3)
11.00 **Scott & Bailey** 1/8. A young man goes missing. (S4)
11.55 **Cracker** 4/9. (S2)
12.55 AM **Where the Heart Is**
1.50 **The Royal** *Reckoning.*
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: This Farming Life**
3.00 **Sign Zone: Beechgrove Garden**
3.30 **Sign Zone: Landward**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Sportscene: SWPL Highlights** Action from the latest matches.
8.00 **Tartan Tales** 1/2. Behind the scenes at the only kilt shop on the island of Ireland. **8.30** 2/2. Grahame enlists local school pupils to design a tartan for Donaghadee.
9.00 **Paranormal: Britain's Last Witch** Double bill.
10.00 **Designing the Hebrides** Double bill.
11.00 **Scotcast** New edition Topical discussion.
11.30 PM **to 12.00** M'T **Show People: Licensed to Thrill**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Silicon Valley** (S5)
9.15 **The Conners** (S5)
10.15 **Entourage** (S1)
11.25 **Insecure** (S2)
12.35 PM **Curb Your Enthusiasm** (S11&12)
2.00 **Entourage** (S1)
3.10 **Silicon Valley** (S5)
4.20 **Insecure** (S2)
5.30 **The Office (US)** (S4)
6.30 **The Conners** (S5)
7.30 **Curb Your Enthusiasm** 9/10. Larry is roped into Jeff's latest apology tour. **8.15** 10/10. Larry gives some unsolicited advice and hosts an event for an American hero. (S11)
9.00 **Last Week Tonight with John Oliver** New edition Talk show.
9.45 **Real Time with Bill Maher** New edition
10.55 **Jerrod Carmichael: 8**
12.10 AM **Last Week Tonight with John Oliver**
12.55 **Curb Your Enthusiasm**
2.15 **Silicon Valley** (S6)
3.40 **to 5.00** AM **Dice**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Cirque du Soleil**
8.05 **The Joy of Painting**
9.05 **Tales of the Unexpected**
10.05 **Alfred Hitchcock Presents** Double bill.
11.05 **The Art of Architecture**
12.00 NOON **Portrait Artist...**
1.00 PM **Tales of the...**
2.00 **David Hockney: In Normandy**
3.00 **The Art of Architecture**
4.00 **Discovering**
5.00 **Portrait Artist of the Year 2023** With Nigel Havers, Mishal Husain and Vanessa Kingori.
6.00 **Tales of the Unexpected**
7.00 **Alfred Hitchcock Presents** Double bill.
8.00 **André Rieu: Dreaming**
9.30 **André Rieu: King's Ball**
10.30 **Michael Bolton Live at the Royal Albert Hall**
12.30 AM **Berlin Live: Mike & the Mechanics**
1.50 **Shakespeare: King Lear**
5.00 **to 6.00** AM **The Art of Architecture**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Nothing to Declare**
10.00 **Send in the Dogs**
11.00 **Border Security: America's Front Line**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **Send in the Dogs**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S3)
6.00 **Stargate Atlantis** (S4)
7.00 **Star Trek: Voyager** (S6)
8.00 **Hawaii Five-0** *Nalowale i ke 'ehu o he kai (Lost in the Sea Sprays):* 18/22. McGarret and the team investigate a murder on a cargo ship. (S10)
9.00 **FBI** 15&16/22. (S1)
11.00 **Grimm** 14/22. (S2)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Backyard Builds**
8.10 **The Family Diaries**
9.10 **Taste of Ireland**
10.10 **Buying and Selling**
11.10 **The Real Housewives of Atlanta** Reality series.
12.05 PM **The Family Diaries**
1.10 **The Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Vacation House Rules**
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New York City** New edition Reality show.
6.00 **Buying and Selling**
7.00 **Culinary Cruise**
8.00 **Dinner Date**
9.00 **The Real Housewives of Cheshire** New edition
10.00 **The Real Housewives of Orange County**
11.00 **My Mum, Your Dad**
12.00 M'T **Only Way Is Essex**
1.00 AM **Backyard Builds**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S1)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 22/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 1/19. (S2)
1.00 PM **Hart to Hart** (S1)
2.00 **Father Dowling Mysteries** 5/8. (S1)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 11-14/22. (S10)
9.00 **Randall and Hopkirk (Deceased)** *You Can Always Find a Fall Guy:* 25/26. Jeff finds himself framed for breaking and entering. (S1)
10.00 **The New Avengers** *Faces:* 9/13. (S1)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S10)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Hot Shots**
6.05 **Minder**
7.05 **The Professionals**
8.10 **The Saint**
9.15 **Magnum, PI**
10.20 **Kojak**
11.25 **Giant Lobster Hunters**
12.25 PM **The Saint**
1.35 **Magnum, PI**
2.35 **Kojak**
3.40 **Minder**
4.50 **The Professionals**
5.55 **The Chase** Quiz show hosted by Bradley Walsh.

9.00 Mission: Impossible II

7.00 **The Motorbike Show** Henry Cole meets a bike builder extraordinaire who tells the story of the Triumph Bonneville.

8.00 **King of the Roads** Action from the first event of the year, the Cookstown 100, held at Orritor Circuit in Co Tyrone.

9.00 FILM **Mission: Impossible II** Action thriller sequel starring Tom Cruise. Special agent Ethan Hunt teams up with a cat burglar in order to track down a villain who has a deadly virus at his disposal. With Thandie Newton. (2000, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Wrestling: AEW Collision**
1.25 AM **Dark Side of the Ring**
2.20 **The Protectors**
2.50 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 16/26. (S5)
2.00 **Atlantis** 10/13. (S2)
3.00 **Stargate Universe** 1/20. (S2)
4.00 **Star Trek: Voyager** (S4)
5.00 **Star Trek: The Next Generation** 16/26. (S5)
6.00 **Star Trek: Enterprise** 1/26. Part two of two. Captain Archer becomes trapped in the 31st century. (S2)

7.00 Atlantis

7.00 **Atlantis** *The Dying of the Light:* 10/13. Jason's discovery leaves him vulnerable. (S2)

8.00 **Stargate Universe** *Intervention:* 1/20. The crew members suffer from a lack of supplies. (S2)

9.00 **Grimm** *Cry Havoc:* 22/22. A horrifying discovery leaves Nick stunned and makes him determined to get revenge. (S4)

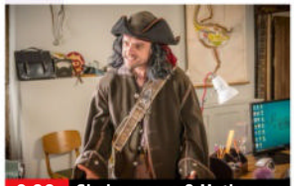
10.00 **The Walking Dead** *Go Getters:* 5/16. Maggie and Sasha seek safety at the Hilltop compound. (S7)

11.00 **Wynonna Earp** 2/12. New girl Rosita has plenty to prove. **12.00** M'T 3/12. Despite their determination to protect the town's borders, the residents of Purgatory host a homecoming. (S2)
1.00 AM **True Blood** (S3)
3.00 **Twin Peaks: The Return** (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 7/13. (S2)
11.00 **Hudson & Rex** 5/16. (S1)
12.00 NOON **The Mentalist** (S7)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S16)
4.00 **Father Brown**
5.00 **Hudson & Rex** 5/16. Charlie and Rex investigate the death of a professional pet sitter. (S1)
6.00 **Body of Proof** 18/20. Part one of two. Megan investigates a mysterious viral outbreak. (S2)



9.00 Shakespeare & Hathaway

7.00 **The Mentalist** *Nothing Gold Can Stay:* 10/13. Jane and the team are on the trail of a gang of armed robbers. (S7)

8.00 **Death in Paradise** *Beyond the Shining Sea – Part Two:* 6/8. Tragedy strikes close to home for the team. (S8)

9.00 **Shakespeare & Hathaway: Private Investigators** 5/10. The local mayor is murdered in the dead of night. (S1)

10.00 **Shakespeare & Hathaway: Private Investigators** 6/10. Death threats are made against a former soap star. (S1)

11.00 **The Mentalist** As 7pm.
12.00 M'T **Body of Proof** As 6pm.
12.55 AM **Elementary** 4/24. A financial analyst's murder draws Holmes into the field of asteroid research. (S5)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
9.15 **My Hero**
9.55 **Hi-de-Hi!**
10.30 **Porridge**
11.10 **Last of the Summer Wine**
12.30 PM **The Green Green Grass**
1.10 **My Hero**
1.50 **Dad's Army**
2.30 **Porridge**
3.05 **Hi-de-Hi!**
3.45 **Last of the Summer Wine**
5.05 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.25 **Porridge**

9.40 Bottom

7.00 **Dad's Army** The platoon take part in an exercise with the regular army.
7.35 **Only Fools and Horses** Rodney aspires to be a pop star, but Del manages to ruin his chances. **8.15** The Trotters agree to dog-sit while Boycie and Marlene go on holiday.

9.00 **The Fast Show** Dave Angel the Eco Warrior discusses global warming.
9.40 **Bottom** Richie and Eddie prepare for their holiday in sunny Doncaster.
10.20 **Absolutely Fabulous** Edina and Patsy have a bitter bust-up and set out to find new best friends.

11.00 **Not Going Out**
11.35 **Porridge**
12.15 AM **The Fast Show** As 9pm.
12.55 **Bottom** As 9.40pm.
1.35 **Absolutely Fabulous**
2.25 **Not Going Out**
2.55 **Miranda**
3.25 **to 4.00** AM **Only Fools and...**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **World's Most Dangerous Roads** The Peruvian Andes.
8.00 **Special Ops: To Catch a Criminal** Double bill.
10.00 **Guy Martin: Proper Jobs**
11.00 **Rick Stein's Cornish Christmas**
12.00 NOON **Storage Hunters UK**
2.00 PM **Speed with Guy Martin: F1 Challenge** Guy joins a Formula One pit crew.
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's Cornish Christmas** 1/2. The chef joins in the ancient tradition of wassailing.

9.00 Silence Is Golden

7.00 **Would I Lie to You? at Christmas** Guests include Victoria Coren Mitchell and Naga Munchetty.
7.40 **Richard Osman's House of Games** With Eddie Kadi and Natasha Raskin. **8.20** With Johnny Ball, Suzi Ruffell, Nina Wadia and Danny Wallace.

9.00 **Silence Is Golden** New edition The cast of *Magic Mike Live* test the studio audience's resolve.
■ Entire series on U

10.00 **QI XL** Guests Jack Dee, Chris Addison and Rich Hall join regular panellist Alan Davies and host Stephen Fry.

11.00 **8 Out of 10 Cats**
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.10 **Would I Lie to You? at Christmas** As 7.00pm.
1.50 **Australian Ninja Warrior**
3.15 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

Monday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
10.00 **A Place in the Sun**
12.00 NOON **Come Dine with Me** From Newcastle.
2.30 PM **A Place in the Sun**
3.00 **Narrow Escapes**
4.00 **Chateau DIY**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** In Weybridge.
7.00 **Stacey Solomon's Renovation Rescue**
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** With Dermot O'Leary, Greg James, Fern Brady and Mel B.
9.00 **Gogglebox: 10 Year Anniversary Special** Highlights from the first 10 years of the show.
10.35 **24 Hours in A&E**
12.40 AM **Night Coppers**
1.40 **Taskmaster**
2.40 **The Dog House**
3.40 **The Great Celebrity Bake Off for Stand Up to Cancer** As 8.00pm.
4.35 **to 5.00** AM **Come Dine with Me**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.05 **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Great Wide Open:* 4/21. The team work to uncover the serial killer conspiracy. **7.00** *Face the Strange:* 5/21. A corpse explodes before Jimmy gets the chance to examine it. **8.00** *False Start:* 6/21. The officers investigate the death of a beloved commander who trained some of the top athletes in the country. (S19)
9.00 **NCIS: Hawaii** New episode *Vanishing Act:* 7/22. The NCIS team set out to find a missing mother. (S2)
10.00 **Law & Order: Special Victims Unit** (S22&21)
1.50 AM **Blue Bloods** (S7)
2.45 **The Good Wife** (S4)
3.35 **to 4.00** AM **Cops** New edition

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **GPs: Behind Closed Doors** Medical series.
9.00 **Casualty 24/7: Every Second Counts**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Dogs Behaving (Very) Badly**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** An 82-year-old is rushed in after they were found collapsed at home.
9.00 **Ambulance: Code Red**
10.00 **A&E After Dark**
11.00 **Skin A&E**
12.00 M'T **Absentia** New episodes (S1)
2.00 AM **The Block** New edition DIY series.
3.05 **Police Interceptors**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.15 **Trucking Heavy**
10.15 **Traffic Cops**
11.20 **Police Interceptors**
12.20 PM FILM **The Yellow Mountain** Western. (1954, U, 77min) ★★
2.00 FILM **Streets of Laredo** Western adventure. (1949, U, 93min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
7.00 **Motorway Cops: Catching Britain's Speeders** PC Andy Doran chases thieves on the run from a robbery.
8.00 **Police Interceptors** Faulko is rammed off the road at 80mph.
9.00 **Warship: Life at Sea**
10.00 **Coastguard: Search & Rescue SOS**
11.00 **Yellowstone** 6/10. (S2)
12.05 AM **Outback Truckers**
2.05 **New York Undercover**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: Homes for Veterans** In Manchester.
12.00 NOON **DIY SOS: The Big Build** From Bristol.
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **Emergency: First Time Medics** Following newly-qualified doctors
8.00 **Inside the Ambulance: Coast and Country** Paramedics in Oxford treat a woman suffering from a mystery illness.
9.00 **Killer Women with Piers Morgan** Double bill.
11.00 **Emma Willis: Special Births** Double bill.
1.00 AM **MasterChef USA: United Tastes of America** Culinary show.
1.55 **to 3.00** AM **Changing Rooms Australia**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **At Home with the Braithwaites**
8.25 **Doctors**
9.35 **Holby City**
10.30 **Classic Casualty**
11.35 **The Bill**
12.35 PM **Classic EastEnders**
1.55 **Eldorado**
3.10 **Hetty Wainthropp Investigates**
4.15 **At Home with the Braithwaites**
5.20 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.45 **Last of the Summer Wine** Double bill.
8.00 **The Inspector Lynley Mysteries** *In the Presence of the Enemy:* An MP's illegitimate daughter is kidnapped.
10.00 **New Tricks** *Old and Cold.*
11.20 **Bergerac**
12.20 AM **Sister Boniface Mysteries** 5/10. (S1)
1.25 **The Last Detective**
3.00 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** Pembrokeshire.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Celebrity Antiques Road Trip** Triple bill.
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **The Derbyshire Auction House** New edition Irita Marriott and her team uncover hidden gems. **10.00** Irita supports a grieving daughter as she parts with a trainset that belonged to her father.
11.00 **The Yorkshire Auction House** An emotional house clearance in Stockton-on-Tees.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Classic Who Wants to Be a Millionaire?**
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill.
6.00 **The Bidding Room** Featuring a collection of football figures.
7.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Tenable** Five account managers from Harrogate take part.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **Wild West Chronicles** Western.
8.50 **Battle Honours**
10.00 **The Avengers** (S5)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Hellgate** Western drama. (1952, b/w, PG, 87min) ★★
2.55 **FILM Good Day for a Hanging** Western starring Fred MacMurray. (1958, U, 85min) ★★
5.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S5)
9.00 **FILM Acts of Violence** Drama with Bruce Willis. (2018, 15, 86min) ★★
11.05 **FILM The Recall** Thriller starring Wesley Snipes. (2017, 15, 90min) ★★
1.05 AM **FILM Deadly Voltage** Adventure. (2015, PG, 84min) ★★
2.50 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Coast Guard Alaska**
11.00 **Saving Lives at Sea**
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM The Rachels** Drama. (2017, PG) ★★
2.55 **FILM Stolen Innocence** Thriller with Gina Philips. (2007, PG, 90min) ★★
5.05 **FILM A Gourmet Detective Mystery: Eat, Drink and Be Buried** Drama with Dylan Neal. (2017, PG, 83min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM The Chronicles of Riddick** Sci-fi adventure sequel to *Pitch Black*, starring Vin Diesel. (2004, 15, 119min) ★★★
11.25 **FILM Extraction** Thriller. (2015, 15, 88min) ★
1.25 AM **FILM Manhattan Night** Thriller. (2016, 15, 113min) ★★★
4.00 **to 6.00** AM **FILM The House on the Hill** Thriller. (2019, 12, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM A Summer to Remember** Comedy. (2018, PG, 90min) ★★
10.00 **FILM Autumn Dreams** Comedy. (2015, PG) ★★
12.05 PM **FILM Under the Autumn Moon** Comedy. (2018, PG, 86min) ★★
2.00 **FILM Summer of Dreams** Comedy. (2016, PG, 90min) ★★
3.55 **FILM This Little Love of Mine** Romantic drama. (2021, U, 91min) ★★
6.05 **FILM Hometown Holiday** Drama. (2017, PG) ★★
8.00 **FILM You May Kiss the Bridesmaid** Comedy. (2021, PG, 90min) ★★
9.55 **FILM A Midnight Kiss** Drama. (2018, PG) ★★
12.00 M'T **FILM Love is on the Air** Romantic drama. (2021, PG, 85min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Autumn in the Vineyard** Drama. (2016, PG) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
9.00 **Stereo Underground**
10.00 **Surgical Spirit** (S4)
10.30 **Watching** 7/7. (S7)
11.00 **A Fine Romance** (S3)
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **Carry On Laughing**
1.00 **Please Sir!** (S2)
1.30 **You're Only Young Twice**
2.00 **Bramwell** 7/7. (S1)
3.00 **Shine on Harvey Moon**
4.00 **Stereo Underground**
5.00 **A Fine Romance** (S3)
5.30 **The Monkees** (S1)
6.00 **Watching** 7/7. (S7)
6.30 **Lucky Feller**
7.00 **Bramwell** 7/7. (S1)
8.00 **Please Sir!** (S2)
8.30 **You're Only Young Twice**
9.00 **Carry On Laughing**
9.30 **Thick as Thieves** (S1)
10.00 **Lucky Feller**
10.30 **The Cuckoo Waltz** (S2)
11.00 **Department S** (S2)
12.00 M'T **Sapphire and Steel**
1.00 AM **Shine on Harvey...**
2.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Jake Harris learns how to drive the *Cornelia Marie*. **8.00** A *Kodiak* crewman suffers a serious injury.
9.00 **My Feet Are Killing Me** Dr Schaeffer tries to straighten a woman's 'Z'-shaped serpentine foot to reset her life. **10.00** Dr Ebonie comes to the aid of a patient whose feet are covered in wart-like masses.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Paul Hollywood: City Bakes** Double bill.
7.00 **30 Minute Meals**
9.00 **Nigel Slater's Simple Suppers** Double bill.
10.00 **John Torode's Asia**
11.00 **Great British Bake Off**
1.00 PM **Paul Hollywood: City Bakes** Double bill.
2.00 **James Martin's French Adventure** From Paris.
3.00 **30 Minute Meals**
5.00 **Nigel Slater's Simple Suppers** Double bill.
6.00 **John Torode's Asia**
7.00 **Great British Bake Off**
9.00 **River Cottage Every Day** Cooking series.
10.00 **Secrets of the Curry Kitchen** Duck bhuna.
10.30 **Nadiya Bakes**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
1.30 **Man v Food Nation**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 7/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 15/22. (S1)
11.00 **FILM The Darwin Conspiracy** Sci-fi thriller. (1999, PG, 90min) ★
1.00 PM **FILM The 39 Steps** Adventure remake. (1959, U, 93min) ★★★
3.00 **FILM Above Us the Waves** Wartime drama. (1955, b/w, U) ★★★
5.00 **Star Trek** 5/30. (S1)
6.00 **Knight Rider** 16/22. (S1)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Officer Down** Crime drama starring Stephen Dorff. (2013, 15, 93min) ★★
11.00 **FILM Lionheart** Thriller. (1991, 18, 108min) ★★
1.05 AM **FILM Edge of the World** Adventure. (2021, 15, 104min) ★★
3.05 **to 5.00** AM **FILM What Keeps You Alive** Thriller. (2018, 15, 98min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Arctic Apocalypse** As 5.00pm.
8.00 **FILM Riddles of the Sphinx** Action adventure. (2008, 12, 89min) ★★
10.00 **Farscape** 20/22. (S4)
11.00 **The Gambler V: Playing for Keeps**
1.00 PM **FILM Malibu Shark Attack** Disaster drama. (2009, 15, 90min) ★★
3.00 **Farscape** 20/22. (S4)
4.00 **The A-Team** 12/14. (S1)
5.00 **FILM Arctic Apocalypse** Action disaster movie. (2019, PG, 90min) ★
7.00 **Farscape** 21/22. (S4)
8.00 **The A-Team** 13/14. (S1)
9.00 **FILM Hot Seat** Action adventure starring Mel Gibson and Kevin Dillon. (2022, 15, 99min) ★★
11.00 **FILM Peripheral** Sci-fi horror starring Hannah Arterton and Tom Conti. (2018, 18, 90min) ★★
1.00 **to 3.00** AM **FILM Hot Seat** As 9.00pm.

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Storage Wars: Texas**
8.00 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **UFO Files**
11.10 **Curse of Skinwalker...**
12.10 PM **Mysteries from Above** Documentary.
1.05 **Secrets in the Jungle**
2.05 **Storage Hunters**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **UFO Files**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **Curse of Skinwalker Ranch** Documentary.
10.00 **Cities of the Underworld**
11.00 **Secrets in the Sand**
12.00 M'T **Book of Secrets**
1.00 AM **UFO Files**
2.00 **Weird or What?**
3.00 **Hardcore Pawn**
3.25 **Ancient Aliens**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Underground Map of Britain**
10.00 **Big Antique Adventure with Susan Calman**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Exploring the origins of the tower.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Susan Calman's Grand Day Out** The comedian explores the South Scottish Glens.
10.00 **Jane McDonald: My Yorkshire** The singer visits the picturesque town of Knaresborough.
11.00 **Prisoner: Cell Block H**
1.00 AM **Bargain-Loving Brits in the Sun**
3.00 **Big Antique Adventure with Susan Calman**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun: Home or Away**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **Love Your Garden**
3.00 **Beach Hunters**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Love Your Garden** A garden for a former holistic practitioner.
9.00 **Unsellable Houses**
10.00 **Celebrity IOU** New edition Camryn and Milo Manheim gift their family friend with a home makeover.
11.00 **Home Town**
12.00 M'T **A Place in the Sun: Home or Away**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Curvy Brides Boutique**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish: Abe**
3.00 **Little People, Big World** Double bill.
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **7 Little Johnstons** **8.00** New edition
9.00 **NEW SERIES Polyfamily**
10.00 **Sister Wives**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Cheapskates**
2.00 **Sister Wives**
3.00 **Sex Sent Me to the ER**
4.00 **7 Little Johnstons**
5.00 **Extreme Cheapskates**
5.30 **to 6.00** AM **Extreme Couponing**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S4&5)
7.00 **Friends** 12/24. Monica is annoyed by the laugh Chandler uses at work. **7.30** 13/24. Phoebe meets her biological father for the first time. **8.00** 14/24. Chandler and Monica's relationship becomes public knowledge. **8.30** 15/24. Ross makes a bad impression on his new neighbours. (S5)
9.00 **Lee Evans Live at Her Majesty's Theatre**
10.20 **Dara O Briain: Voice of Reason** Stand-up.
11.50 **Whose Line Is It Anyway? USA**
12.50 AM **South Park** (S2)
1.50 **Your Face or Mine**
4.05 **Beavis and Butt-Head**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 11&12/22. (S1)
11.00 **Friends** (S5&6)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** 6&7/13. (S4)
4.00 **Guessable?**
5.00 **Becker** 11&12/22. (S1)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 22/23. Jess fears someone is trying to sabotage her first middle-school dance. **9.30** 23/23. The gang go on a cruise. (S3)
10.00 **Friends** (S4&5)
1.00 AM **The Ren & Stimpy Show** Double bill. (S5)
2.00 **Reno 911!** (S4)
2.55 **The Ricky Gervais Show** 1&2/13. (S1)
3.45 **Becker** 11&12/22. (S1)
4.30 **New Girl** (S3)
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with...**
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Bondi Rescue**
12.00 NOON **DC's Legends of Tomorrow** 4&5/15. (S6)
2.00 PM **Caught on Dashcam**
3.00 **Motorway Patrol**
4.00 **Bondi Rescue**
5.00 **Border Patrol**
6.00 **Supergirl** 15&16/20. (S1)
8.00 **Caught on Dashcam**
10.00 **Brit Cops: Frontline Crime UK** Documentary.
11.00 **Dan Brown's The Lost Symbol** *Murmuration:* 3/10. Katherine and Robert are forced to turn to Nunez for help. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own: Unseen**
2.00 **Last King of the Cross**
3.00 **Duck Quacks Don't Echo** Series highlights.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **Teen Mom Australia**
7.10 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **Teen Mom: The Next Chapter** Mackenzie surprises her family.
9.00 **Old School for Lazy Kids** A 22-year-old moves in with a 79-year-old handyman.
10.00 **Skin A&E**
11.00 **Aussie Shore**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Nina Agdal have fun tricking their own eyes with 'perspective play'.
12.30 AM **Ridiculousness**
1.00 **Just Tattoo of Us: The Best So Far**
2.00 **Ink Master: Revenge**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaskan Bush People**
9.00 **Mega Shippers**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Documentary.
3.00 **Gold Divers** 1&2/2. The conflict between Shawn and the Kellys becomes physical.
5.00 **Building Off the Grid** A Georgia couple tackle their watchtower guest house in the Blue Ridge Mountains.
6.00 **Junkyard Empire** Tommy gives a helicopter a makeover.

6.00 Junkyard Empire

7.00 Wheeler Dealers Mike helps a young member of the team by fixing up his four-litre V6 2007 Mustang.

8.00 Hoffman Family Gold Todd's crew attempt to modify the smaller wash plant Jack built decades ago to run more pay dirt.

9.00 Alaska: Homestead Rescue The Raneys head to Maine to help a couple whose homestead is overrun with boglands, and they build structures to help with the brutal winters.

11.00 **Border Control Sweden** At Arlanda, Alex stops a man he suspects of drug smuggling.
12.00 M'T **Expedition Bigfoot**
1.00 AM **Alaska: Homestead Rescue** As 9.00pm.
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **Crikey! It's the Irwins**
10.00 **Bad Dog!** A dog digs large ditches in its owners' garden.
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked**
1.00 PM **Crikey! It's the Irwins**
2.00 **Tanked** With Jason Aldean.
3.00 **Crikey! It's the Irwins**
4.00 **Dogs 101** The dogs that make the best family pets.
5.00 **Alaska: Homestead Rescue** Marty saves a log cabin from crumbling to the ground.
6.00 **Tanked** Documentary.

8.00 Lair of the Killer Crocs

7.00 Crikey! It's the Irwins Terri helps prepare the zoo's baby rhino for a life-saving vaccine, and Robert is on a mission.

8.00 Lair of the Killer Crocs Following attempts to relocate dangerous crocodiles in Australia.

9.00 Monster Croc Invasion An investigation into the increasing number of human deaths caused by crocodiles in Costa Rica.

10.00 Alaskan Bush People Ami's health concerns force the Browns to move, and Noah is left to look after the homestead.

11.00 **Treetop Cat Rescue** Shaun battles high winds. **11.30** Cake the cat proves not to be quite so sweet.
12.00 M'T **Tanked** Two aquariums.
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101** As 4.00pm.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Tanked**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Colossal Machines**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Roman Murder Mystery** Documentary.
1.00 PM **Drain the Ancient Empires**
2.00 **World War II: The Apocalypse** Double bill.
4.00 **Atlantis: Draining the Lost City** The fabled city of Atlantis.
5.00 **Car S.O.S** An AC Aceca.
6.00 **Air Crash Investigation** A Chinese aircraft lands at a top-secret US Air Force base.

8.00 Amsterdam Central 24/7

7.00 Air Crash Investigation Reconstructing the forced landing at sea of a plane flying from Italy to Tunisia in 2005.

8.00 NEW SERIES Amsterdam Central 24/7 Documentary following the work of staff at the station.

9.00 Air Crash Investigation Investigating the death of Poland's President Lech Kaczynski, who was killed in a plane crash in 2010.

10.00 To Catch a Smuggler: Tropical Takedown New edition AMO agents discover over 80 kilos of cocaine washed ashore.

11.00 **Air Crash Investigation**
12.00 M'T **Destruction Decoded**
1.00 AM **History: The Interesting Bits** History's great love stories.
2.00 **Food Factory**
2.30 **Bid & Destroy**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Walking Through History**
6.50 **Strangest Things**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Swamp People: Serpent Invasion**
1.00 PM **Storm Stories**
2.00 **Colosseum**
4.00 **Flipping Bangers**
5.00 **Pawn Stars** Rick checks out James Bond's credit card from the 2006 film *Casino Royale*.
6.00 **American Pickers**

9.00 Mengele Unveiled

7.00 Forged in Fire Two previous champions go head-to-head in a five-hour round making their own san mai blades.

8.00 Storage Hunters A locker loaded with hunting equipment is auctioned. **8.30** Items include old voodoo artifacts.

9.00 NEW SERIES Mengele Unveiled An analysis of the life of Josef Mengele, exposing the false narratives about the 'Angel of Death'.

10.10 Hell on Earth: WWII New edition Hitler's renewed assault on the Soviet Union.

11.10 **Encounter: UFO** Close encounters with UFOs.
12.10 AM **Ross Kemp: Mafia and Britain** Britain's deep-rooted links with the Mafia.
1.10 **Pawn Stars** As 5.00pm.
2.05 **Greatest Escapes of WWII** The story of the largest breakout of World War Two.
3.05 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nazi Hunters** Josef Mengele.
11.00 **Adolf Hitler's War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **Nazi Hunters** Josef Mengele.
5.00 **Adolf Hitler's War** A look at how Hitler planned to make Germany into a great empire by expanding eastwards.
6.00 **Antiques Roadshow** From the Eden Project in Cornwall.

8.00 Caribbean with Simon...

7.00 Canal Boat Diaries A trip down the Leeds and Liverpool Canal. **7.30** Robbie Cumming visits the village of Saltaire.

8.00 Caribbean with Simon Reeve Simon heads to Nicaragua, Honduras and Jamaica on the last leg of his journey.

9.00 Bangers & Cash A Cold War Soviet classic goes under the hammer.

10.00 Bangers & Cash: Restoring Classics The team are on the hunt for a Bugatti, but their budget proves restrictive.

11.00 **Bangers & Cash** Derek heads out to pick up a pair of Swedish models – a Saab 96L and a Volvo P1800ES.
12.00 M'T **Dream Car Fixers** Sheldon and Peter search for a Ford Capri Mark 1.
1.00 **to 3.00** AM **Abandoned Engineering**

+1hour 255 329

Monday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Salvage Hunters: Classic Cars**
7.00 **Salvage Hunters: The Restorers**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Documentary.
1.00 PM **The Repair Shop**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Shed and Buried**
9.00 **Shed and Buried: Classic Cars** New edition Henry and Fuzz explore Shane's epic collection, and a stylish Lanchester LD10 catches their eye.
10.00 **MotoGP Highlights**
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress: UK** Double bill.
9.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Lancashire**
11.00 **Disappeared**
12.00 NOON **Betrayed**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories** Helen McCourt.
8.00 **Murder on CCTV**
9.00 **Murder Chose Me**
10.00 **Nurses Who Kill**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Melissa White.
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **The Truth About My Murder** The murder of Deborah Chong.
8.00 **See No Evil** The murder of Ina Clare Richardson.
9.00 **Storm of Suspicion** New edition An unidentified body is found near the rural city of Blue Earth, Minnesota.
10.00 **Donal MacIntyre's UK Killer Evidence** New edition A grandmother is found murdered with strange marks on her face.
11.00 **Bloodline Detectives** The search for the killer of Cathy Sposito. **12.00** M'T The murder of Susan Eads in 1983.
1.00 AM **Storm of Suspicion**
2.00 **Donal MacIntyre's UK Killer Evidence**
3.00 **See No Evil**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Crimes That Shook Australia** Double bill.
11.00 **Medical Detectives**
2.00 PM **Crimes That Shook Australia** Double bill.
4.00 **Medical Detectives** A frozen body wrapped in sheets is found near Anchorage, Alaska. **4.30** A flight attendant's murder bears a striking similarity to a killing five years earlier. **5.00** A tragedy on a shrimp boat sees the captain drown. **5.30** A wealthy real-estate tycoon is killed. **6.00** An American tourist is killed in a Mexican resort. **6.30** The police struggle to solve the case when a banker's wife is taken.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Send in the Dogs**
9.00 **The Force: Manchester**
10.00 **Brit Cops: Rapid Response** Documentary.
11.00 **Killer in My Village**
12.00 NOON **How I Caught...**
1.00 PM **Catching the Killer**
2.00 **Murders That Shocked the Nation** Mary Bell.
3.00 **Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **Most Evil Killers**
9.00 **What the Killer Did Next** Michael Ryan.
10.00 **Killer in My Village**
11.00 **Catching the Killer**
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murdered at First Sight**
3.00 **Love You to Death**
4.00 **Brit Cops: Frontline Crime UK** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **Wellington v Napoleon: Aftermath of Waterloo**
9.40 **Wrecks That Changed the World** U-Boats.
10.35 **The First World War: The People's Story**
11.45 **Heroes of the Somme**
1.00 PM **Jurassic Cash**
2.05 **Wellington v Napoleon: Aftermath of Waterloo**
3.10 **Wrecks That Changed the World** U-Boats.
4.15 **The First World War: The People's Story**
5.15 **Heroes of the Somme**
6.35 **Wellington v Napoleon: Aftermath of Waterloo**
7.40 **Wrecks That Changed the World** U-Boats.
8.40 **The First World War: The People's Story**
9.50 **Heroes of the Somme**
11.00 **Wrecks That Changed the World** U-Boats.
12.00 M'T **The First World...**
1.10 **to 2.00** AM **America the Bountiful**

SKY SKY STREAM | VIRGIN HD | FREEVIEW HD | FREESAT HD | FREELY | EE HD

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Nineties**
7.00 **Discovering: Ralph Fiennes**
8.00 **The Directors**
9.00 **The Invisible Pilot**
10.00 **The Man Who Bought Cricket**
12.00 NOON **I Am Luke Perry**
1.45 PM **My Icon: Darren Campbell**
2.00 **Hatton** A profile of Ricky Hatton.
4.00 **The Directors**
5.00 **Discovering: Ralph Fiennes**
6.00 **The Invisible Pilot**
7.00 **The Man Who Bought Cricket** 1/3. The story of financial fraudster Allen Stanford. **8.00** 2/3. Now bankrupt, Allen Stanford spies a new opportunity in Montserrat.
9.00 **Tell Them You Love Me** The story of an affair between an esteemed university professor and a man with cerebral palsy.
11.00 **Manhunt: The Search for Bin Laden** Documentary about CIA investigations into al-Qaeda.
1.00 AM **The Golden Boy: Oscar De La Hoya** 1&2/2. Documentary.
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Ralph Fiennes**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Tales from Zambia**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Orangutan Jungle School**
10.00 **Arctic Secrets**
11.00 **Africa's Hunters**
12.00 NOON **Africa's Wild Horizons**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Orangutan Jungle School**
4.00 **Arctic Secrets**
5.00 **Gangs of Baboon Falls**
6.00 **Africa's Wild Horizons**
7.00 **Monkey Life** Double bill.
8.00 **Gladiators** The ingenious tactics of nature's toughest fighters.
9.00 **Europe's Amazon** The wetlands of Kopacki Rit.
10.00 **Africa's Wild Horizons** Surviving in the Namib Desert.
11.00 **Gangs of Baboon Falls**
12.00 M'T **Africa's Hunters**
1.00 AM **Into the Wild: Colombia**
2.00 **Gladiators** As 8.00pm.
3.00 **Europe's Amazon** As 9.00pm.
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Jungle**
9.00 **Bomber: Terror of WWII**
10.00 **Mystery Places**
11.00 **Ancient Aliens**
1.00 PM **Lost Relic Hunters**
2.00 **Al Murray: Why Do the Brits Win Every War?**
3.00 **Empire Builders**
4.00 **Bomber: Terror of WWII**
5.00 **Swamp Mysteries with Troy Landry** Investigating disturbing phenomena in a malevolent section of swamp.
6.00 **Mystery Places**
7.00 **Alien Files: Unsealed**
8.00 **Curse of the Ancients**
9.00 **Ross Kemp: Shipwreck Treasure Hunter** The wreck site of HMS *Amethyst*.
10.00 **Secrets in the Jungle**
11.00 **Lost Cities of the Trojans**
12.00 M'T **Ancient Aliens**
2.00 AM **Al Murray: Why Do the Brits Win Every War?**
3.00 **Empire Builders**
4.00 **Alien Files: Unsealed**
5.00 **to 6.00** AM **Swamp Mysteries with Troy Landry**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files: DNA...**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **When Missing Turns to Murder**
10.00 **Sin City Murders**
11.00 **An Hour to Kill**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **The Real Murders of Atlanta**
3.00 **When Missing Turns to Murder**
4.00 **Sin City Murders**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files: DNA Speaks**
7.00 **The First 48 Presents: Critical Minutes** Documentary.
8.00 **Imperfect Murder**
9.00 NEW SERIES **Killer Britain with Dermot Murnaghan**
10.00 **Interview with a Killer** New edition With Yaser Said.
11.00 **Jo Frost on Britain's Killer Kids**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Killer Britain with...**
2.00 **Interview with a Killer**
3.00 **Jo Frost on Britain's Killer Kids**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **An Hour to Kill**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Africa's Deadliest**
10.00 **America's National Parks**
11.00 **Exotic Animal ER**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Zebras of the Serengeti**
3.00 **Secrets of the Zoo: Tampa Wild Sides**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City: Lady and the Mamba** Siouxsie Gillet faces some of the world's deadliest serpents.
7.00 **Built to Survive** New editions Phil Breslin ventures into Australia's notorious wetlands. **7.30** A route along the cliffs and sandy flats of Australia's coast.
8.00 **Extraordinary Australia**
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom: Uprising**
1.00 AM **Lawless Island**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **The Dinosaur Feather Mystery** As 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Doing Da Vinci**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Investigating an invisible scaffold of dark matter known as the Cosmic Web.
8.00 **The Dinosaur Feather Mystery** Theories concerning the evolution of birds, explaining how feathered creatures can be traced back to winged dinosaurs.
9.00 **Secret Space Escapes**
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.20 **Parkinson**
2.00 PM **Bargain Hunt**
4.00 **Parkinson**
5.20 **Doctor Who** Four episodes of the sci-fi drama, including at: **7.00** *The Claws of Axos – Part Three:* 13/25. A lethal parasite capable of absorbing energy arrives on Earth with the Master. Stars Jon Pertwee. (S8)
7.30 **Bargain Hunt** Two couples search for bargains in the antiques shops of Lewes. **8.30** Thomas Plant and Mark Stacey help teams pick up bargains at an antiques fair near Ardingly in West Sussex.
9.30 **Parkinson** With Michael Palin, Ricky Gervais and Kate Adie. Plus, music from Norah Jones. **10.50** With guests Pierce Brosnan and Halle Berry. Plus, Natalie Cole provides the music.
12.05 AM **Doctor Who**
2.10 **Bargain Hunt**
3.10 **Parkinson**
5.15 **to 6.00** AM **Bargain Hunt**

+1 hour 266 376

ID

154 141 166

8.00 AM **Murder in the Heartland**
9.00 **Reasonable Doubt**
11.00 **Murder Under the Friday Night Lights** Double bill.
1.00 PM **Murder Chose Me**
3.00 **Never Say Goodbye**
5.00 **Murder Comes to Town**
7.00 **Living a Nightmare** A case in which a wealthy psychiatrist and his son were shot dead. **8.00** Focusing on the case of a 28-year-old man who broke up with his lover and disappeared soon after.
9.00 **Faking It: Tears of a Crime** The story of Luke Harlow, who imprisoned a schoolgirl in his flat before Stephen Beadman raped and murdered her.
10.00 **The Green River Killer: Mind of a Monster** The crimes of mass murderer Gary Ridgway, aka The Green River Killer, who was convicted of killing 49 women between 1982 and 2001.
12.00 M'T **Six Degrees of Murder**
2.00 AM **Murder Comes to Town**
4.00 **to 6.00** AM **Living a Nightmare**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **Massive Engineering Mistakes**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Incredible Engineering Blunders: Fixed**
4.00 **Last Chance Garage**
5.00 **Richard Hammond's Workshop** Motoring series.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Last Chance Garage** A 1969 Chevy Nova transitions from drag racing to being street-legal.
9.00 **Motor Pickers**
10.00 **Massive Engineering Mistakes**
11.00 **Shed and Buried**
12.00 M'T **Last Chance Garage**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **RMD Garage**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Rebellious** As 11.05am.
7.40 **A Mistake** As 3.35am.
9.30 **The Parenting** As 1.55am.
11.05 **Rebellious** Animated fantasy adventure. (2024, PG, 94min)
12.45 PM **Cleaner** As 8.00pm.
2.30 **Speak No Evil** As 9.45pm.
4.30 **Mob Cops** Crime drama with David Arquette and Kevin Connolly. (2024, 15, 87min) ★
6.10 **Trap** M Night Shyamalan's thriller starring Josh Hartnett. (2024, 15, 105min) ★★★★

8.00 Cleaner

8.00 **Cleaner** Action thriller starring Daisy Ridley. Environmental activists hijack an energy company's gala and take 300 hostages. With Clive Owen and Ray Fearon. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Speak No Evil** Horror thriller starring James McAvoy. A dream holiday turns into a nightmare when an American family stay at a British couple's idyllic estate. (2024, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Smile 2** Horror sequel with Naomi Scott and Kyle Gallner. (2024, 18, 127min) ★★★★
1.55 AM **The Parenting** Horror comedy starring Nik Dodani. (2025, 15, 94min) ★★★
3.35 **A Mistake** Medical drama starring Elizabeth Banks. (2024, 15, 101min) ★★★
5.25 **to 6.25** AM **Sky Cinema Preview**

Sky Cinema Mega Hits

303 303 403 503 517

6.45 AM **Blue Beetle** Fantasy. (2023, 12, 127min) ★★★★
9.05 **Ghostbusters: Frozen Empire** Comedy. (2023, 12) ★★★
11.10 **E.T. The Extra Terrestrial** Fantasy. (1982, U) ★★★★★
1.10 PM **Transformers One** Animation. (2024, PG) ★★★★
3.10 **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy. (2001, PG) ★★★★★
6.10 **Dunkirk** Wartime drama. (2017, 12, 106min) ★★★★★

6.10 Dunkirk

8.00 **Oppenheimer** Writer-director Christopher Nolan's epic biopic starring Cillian Murphy. J Robert Oppenheimer leads the Manhattan Project to develop an atomic weapon before Hitler and bring World War Two to an end. With Robert Downey Jr, Matt Damon, Emily Blunt and Florence Pugh. (2023, 15, 180min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Django Unchained** Quentin Tarantino's Oscar-winning Western starring Jamie Foxx, Christoph Waltz, Leonardo DiCaprio, Kerry Washington. and Samuel L Jackson. (2012, 18, 165min) ★★★★
2.00 AM **Fight or Flight** Action thriller starring Josh Hartnett. (2025, 15, 98min) ★★★
3.55 **to 6.00** AM **The Dry** Crime drama starring Eric Bana. (2020, 15, 117min) ★★★★

Sky Cinema Drama

310 310 410 510 524

7.05 AM **Molly's Game** Fact-based drama. (2017, 15, 137min) ★★★★
9.35 **Ordinary Angels** As 12.35am.
11.40 **Charlie Wilson's War** Satirical comedy starring Tom Hanks. (2007, 15, 97min) ★★★★
1.30 PM **Ghost** Romantic thriller. (1990, 12, 127min) ★★★★
3.40 **Straight Outta Compton** Biopic of hip-hop group NWA. (2015, 15, 147min) ★★★
6.20 **The Great Escaper** Drama. (2023, 12, 96min) ★★★★
8.00 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper, who also directed. A fading music star falls in love with a nightclub singer-songwriter. (2018, 15, 136min) ★★★★★
10.25 **Birdy** Drama starring Nicolas Cage and Matthew Modine as childhood friends who are reunited as Vietnam war veterans in a psychiatric hospital. (1984, 15, 120min) ★★★★
12.35 AM **Ordinary Angels** Drama starring Hilary Swank. (2024, 12, 113min) ★★★★
2.45 **A Star Is Born** As 8.00pm.
5.10 **to 7.10** AM **Nobody's Fool** Comedy drama starring Paul Newman and Melanie Griffith. (1994, 15, 111min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.05 AM **Tarot** As 12.20am.
7.40 **Biosphere** As 3.55am.
9.30 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
11.35 **Men in Black 3** Sci-fi action comedy sequel wirg Will Smith. (2012, PG, 105min) ★★★★
1.25 PM **Lovely, Dark, and Deep** Horror. (2023, 15, 87min) ★★★
3.00 **A Quiet Place** Horror thriller. (2018, 15, 90min) ★★★★
4.35 **The Crazies** Horror remake. (2010, 15, 101min) ★★★★
6.25 **Gravity** Thriller starring Sandra Bullock and George Clooney. (2013, 12, 91min) ★★★★★
8.00 **Star Trek Beyond** Sci-fi adventure starring Chris Pine and Zachary Quinto. The USS *Enterprise* is lured into a deadly trap, which leaves the crew stranded on an unexplored alien world. (2016, 12, 122min) ★★★★
10.10 **Repo Men** Sci-fi thriller starring Jude Law. (2009, 18, 111min) ★
12.20 AM **Tarot** Horror starring Harriet Slater. (2024, 15, 92min) ★★
2.00 **Thanksgiving** Horror thriller. (2023, 18, 106min) ★★★
3.55 **Biosphere** Sci-fi comedy drama. (2022, 15, 106min) ★★★
5.45 **to 7.25** AM **The Pact** Mystery thriller. (2012, 15, 85min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.45 AM **Bicentennial Man** Sci-fi drama. (1999, PG) ★★★
9.10 **The Flintstones** Comedy. (1994, U, 93min) ★★★
10.55 **The Flintstones in Viva Rock Vegas** (2000, PG) ★★
12.35 PM **The NeverEnding Story** Fantasy. (1984, U) ★★★
2.15 **Spy Kids** (2001, U) ★★★★
4.00 **Spy Kids 2: Island of Lost Dreams** (2002, U) ★★★★
5.45 **Spy Kids 3: Game Over** Action comedy. (2003, U) ★★★

7.10 Big Fat Liar

7.10 **Big Fat Liar** Teen comedy starring Frankie Muniz. (2002, PG, 88min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.40 **The Secret Kingdom** Fantasy adventure starring Sam Everingham and Alyla Browne. Two siblings embark on a series of challenges to fulfil an ancient prophecy. (2023, PG, 98min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

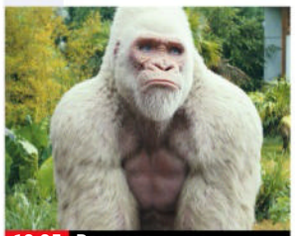
10.25 **Ghost Squad** Fantasy with Will Spencer. Three boys are dared to spend the night in a spooky house. (2015, PG, 86min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **A Tiger's Tail** Family drama. (2014, U, 81min) ★★★
1.25 AM **The Horse Dancer** Drama. (2017, PG, 114min) ★★★
3.25 **Little Vampire** Animation. (2020, PG, 85min) ★★★
5.00 **Sky Cinema Preview**
5.40 **to 7.30** AM **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy. (2005, U) ★★

Sky Cinema Action

307 307 407 507 521

6.25 AM **The Hand of Death**
8.15 **The Way of the Dragon**
10.05 **Snakes on a Plane** Thriller. (2006, 15, 105min) ★★★
12.00 NOON **Twisters** Disaster drama sequel. (2024, 12) ★★★★
2.10 PM **Twister** Disaster drama. (1996, PG, 114min) ★★★
4.15 **Charlie's Angels** Comedy thriller. (2000, 15) ★★★★
6.00 **Charlie's Angels: Full Throttle** Comedy thriller sequel. (2003, 12, 106min) ★★


10.05 Rampage

8.00 **Godzilla** Thriller remake starring Aaron Taylor-Johnson and Bryan Cranston. A giant monster may be the only hope of stopping a race of underground creatures on a deadly global rampage. With Ken Watanabe. (2014, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Rampage** Fantasy adventure with Dwayne Johnson, Naomie Harris and Malin Akerman. (2018, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Shrapnel** Action thriller starring Cam Gigandet. (2023, 15, 89min) ★★
1.30 AM **The Hand of Death** Action thriller starring Jackie Chan. (1976, 15, 95min) ★★★
3.10 **The Way of the Dragon** Martial arts action adventure. (1972, 18, 99min) ★★★
4.55 **to 6.40** AM **Once Upon a Time in Mexico** Action thriller. (2003, 15, 102min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **The Cable Guy** (1996)
8.45 **O Brother, Where Art Thou?** Comedy. (2000, 12) ★★★★
10.40 **Coming 2 America** Comedy. (2021, 12, 108min) ★★★
12.35 PM **Beverly Hills Cop 3**
2.30 **Nutty Professor II: The Klumps** (2000, 12) ★★★
4.30 **See No Evil, Hear No Evil** Comedy thriller with Richard Pryor. (1989, 15, 107min) ★★★
6.25 **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★

6.25 Nacho Libre

8.00 **The First Wives Club** Comedy starring Goldie Hawn, Bette Midler and Diane Keaton as three abandoned New York wives who begin plotting their revenge on their errant ex-husbands. (1996, PG, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Movie 43** Raunchy comedy sketch compendium starring Kate Winslet, Halle Berry, Richard Gere, Emma Stone and Hugh Jackman. (2013, 15, 90min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy and Judge Reinhold. (1994, 15, 104min) ★★
1.30 AM **The DUFF** Teen comedy. (2015, 12, 98min) ★★★★
3.20 **The Cable Guy** Black comedy. (1996, 12, 96min) ★★★★
5.05 **to 7.05** AM **Dinner for Schmucks** Comedy remake. (2010, 12, 113min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.15 AM **Blackhat** As 10.25pm.
9.35 **Serenity** As 6.05pm.
11.30 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★
1.35 PM **The Da Vinci Code** Thriller starring Tom Hanks. (2006, 12, 149min) ★★★
4.15 **Changing Lanes** Thriller starring Ben Affleck. (2002, 15, 99min) ★★★★
6.05 **Serenity** Mystery thriller with Matthew McConaughey. (2019, 15, 106min) ★★★

10.25 Blackhat

8.00 **Angels & Demons** Mystery thriller based on Dan Brown's novel, starring Tom Hanks and Ewan McGregor. Harvard professor Robert Langdon must solve a series of cryptic riddles to prevent a hidden time bomb from destroying the Vatican. (2009, 12, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

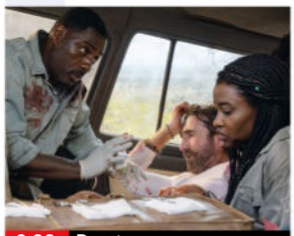
10.25 **Blackhat** Crime drama starring Chris Hemsworth. A computer hacker is enlisted by the FBI to help find a cyber terrorist. (2015, 15, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Rashomon** Japanese period drama. Subtitled. (1950, b/w, 12, 88min) ★★★★★
2.20 **The Royal Hotel** Thriller. (2023, 18, 91min) ★★★
4.00 **The Last Stop in Yuma County** Crime thriller. (2023, 15, 90min) ★★★★
5.35 **to 7.15** AM **Breakdown** Thriller. (1997, 15, 94min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Anzio** World War Two drama. (1967, PG, 117min) ★★★
1.20 PM **The Enemy Below** World War Two adventure. (1957, PG, 98min) ★★★★
3.20 **13 Rue Madeleine** Spy thriller. (1946, b/w, U, 95min) ★★★
5.15 **Sword of Sherwood Forest** Adventure. (1961, U) ★★★
6.50 **The Mountain Between Us** Romantic adventure with Idris Elba. (2017, 12, 112min) ★★


9.00 Beast

The Mountain Between Us (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Beast** Action thriller starring Idris Elba and Sharlto Copley. A recently widowed man and his teenage daughters are hunted by a huge rogue lion in the savanna. (2022, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Terminator Genisys** Sci-fi adventure sequel starring Arnold Schwarzenegger, Emilia Clarke and Jason Clarke. (2015, 12, 126min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.20 **to 3.35** AM **The Secret of Marrowbone** Horror starring George MacKay, Anya Taylor-Joy and Charlie Heaton. (2017, 15, 100min) ★★★

+1hour 314 430 47 301 257

8 PM **9 PM** **10 PM** **11 PM**

Sky Cinema Tom Cruise

302 302 402 502 516

6.00 AM **Mission: Impossible**
7.55 **Mission: Impossible II**
10.00 **Mission: Impossible III**
12.10 PM **Mission: Impossible**
2.05 **Mission: Impossible II**
4.10 **Mission: Impossible III**
6.20 **Mission: Impossible** Brian De Palma's action thriller based on the 1960s TV series, starring Tom Cruise and Jon Voight. (1996, PG, 110min) ★★★

8.15 **Mission: Impossible II** Action thriller sequel starring Tom Cruise. Special agent Ethan Hunt teams up with a cat burglar in order to track down a villain who has a deadly virus at his disposal. (2000, 15, 124min) ★★★
10.25 **Mission: Impossible III** Action spy thriller sequel starring Tom Cruise. Secret agent Ethan Hunt tries to free his kidnapped wife from the clutches of an international arms dealer. (2005, 12, 126min) ★★★★

12.35 AM **Mission: Impossible** Brian De Palma's action thriller based on the 1960s TV series, starring Tom Cruise and Jon Voight. (1996, PG, 110min) ★★★
2.30 **Mission: Impossible II**
4.40 **to 6.50** AM **Mission: Impossible III** As 10.25pm.

Sky Cinema Greats

304 304 404 504 518

6.30 AM **Avanti!** As 2.50am.
9.00 **Superman** Fantasy adventure. (1978, PG, 143min) ★★★★
11.25 **Superman II** Fantasy sequel. (1980, PG, 127min) ★★★
1.35 PM **Superman III** Fantasy sequel. (1983, PG, 123min) ★★★
3.45 **The Pink Panther** As 12.50am.
5.45 **Gorillas in the Mist** Fact-based drama with Sigourney Weaver. (1988, 12, 124min) ★★★★

8.00 **Robin Hood: Prince of Thieves** Adventure starring Kevin Costner. Robin Hood forms a band of outlaws to exact revenge on the tyrannical Sheriff of Nottingham. With Alan Rickman. (1991, PG, 138min) ★★
10.25 **The Great Gatsby** F Scott Fitzgerald's melancholy tale of a rich bootlegger and his romantic obsession with a woman from his past. Stars Robert Redford and Mia Farrow. (1974, 12, 146min) ★★★

12.50 AM **The Pink Panther** Crime caper starring Peter Sellers. (1963, PG, 113min) ★★★★★
2.50 **Avanti!** Billy Wilder's comedy. (1972, 15, 144min) ★★★
5.15 **to 7.35** AM **Kiss Me, Stupid** Billy Wilder's sex comedy. (1964, b/w, PG, 124min) ★★★

Sky Cinema Animation

305 305 412 500 514

7.10 AM **Boonie Bears: Guardian Code** (2023, PG) ★★★
9.00 **Lego DC Comics Super Heroes: The Flash** (2018, U) ★★★
10.30 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
12.15 PM **Happy Feet** Animation. (2006, U, 108min) ★★★★
2.10 **Happy Feet Two** Animated musical comedy sequel. (2011, U, 100min) ★★★

4.00 **The Angry Birds Movie** Animation. (2016, U) ★★★
5.45 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 93min) ★★★
7.30 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
9.05 **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** (2022, PG) ★★★
10.35 **Batman: Return of the Caped Crusaders** (2016, PG) ★★★★
12.05 AM **The Swan Princess** Animation. (1994, U) ★★★

1.45 **Tom and Jerry: A Nutcracker Tale** Animation. (2007, U) ★★★
2.45 **Maya the Bee** (2014, U) ★★
4.20 **The Adventures of Tom Thumb and Thumbelina** (2002, U) ★★
5.45 **to 7.20** AM **Sinbad: Legend of the Seven Seas** Animation. (2003, U, 85min) ★★★★

Movies 24

312 313 419

7.00 AM **The Marry Me Pact** Romantic comedy drama. (2023, PG, 88min) ★★
9.00 **Sweet on You** Romantic comedy. (2023, PG, 85min) ★★
11.00 **Groundswell** Romantic comedy. (2022, PG, 84min) ★★
1.00 PM **Eat, Love, London** Drama. (2024, PG, 90min) ★★
3.00 **Love Hacks** Romantic drama. (2022, PG, 90min) ★★

5.00 **Wedding of a Lifetime** Comedy. (2022, PG, 84min) ★★
7.00 **Married By Mistake** Romantic comedy starring Chloe Bennet. (2023, PG, 88min) ★★
9.00 **Two Tickets to Paradise** Drama starring Ashley Williams. After being left at the altar by their respective partners, a bride and a groom encourage each other to still go on their honeymoons. (2022, PG, 84min) ★★
11.00 **Love and Penguins** Romantic comedy. (2022, PG, 90min) ★★

1.00 AM **To Her, With Love** Romantic drama, starring Skye P Marshall. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **Planning on Forever** Romantic comedy. (2022, PG, 89min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Sheepdog of the Hills** Drama. (1941, U, 77min) ★★★
7.30 **Stage 7** 11/25. (S1)
8.00 **Account Rendered** Thriller. (1957, b/w, PG, 59min) ★★★
9.15 **The Dark Light** Thriller. (1951, b/w, PG, 70min) ★
10.35 **What's On TPTV with Noel**
10.45 **The Delavine Affair** Crime drama with Peter Reynolds. (1954, b/w, PG, 64min) ★★★

12.00 NOON **The Professionals** Drama. (1960, b/w, U) ★★★
1.15 PM **Tarnished Heroes** War drama. (1961, b/w, U) ★★★
2.45 **The Stranger Came Home** Mystery. (1954, b/w, 15) ★★★
4.25 **The Beverly Hillbillies** (S2)
4.55 **Scotland Yard** 13/39. (S1)
5.30 **Dixon of Dock Green** (S22)
6.30 **Out of Town**
7.00 **The Footage Detectives**
8.00 **Public Eye** 7/13. (S6)
9.05 **Last Holiday** Comedy drama. (1950, b/w, U, 88min) ★★★

10.50 **Pulp** Thriller. (1972, 12) ★★★
12.45 AM **The Stranger** Thriller. (1946, PG, 95min) ★★★★
2.40 **Hollow Triumph** Thriller. (1948, b/w, PG, 83min) ★★★
4.15 **Look at Life**
4.30 **Beyond the Truth**
5.30 **to 6.00** AM **Larry Adler**

Monday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 LIVE **WTA & ATP Tennis** Coverage of the seventh day of the Italian Open staged at Foro Italico in Rome. While top seed Iga Swiatek recorded a third consecutive straight-sets victory at the corresponding stage last year, second seed Aryna Sabalenka was pushed all the way in her fourth-round match against Elina Svitolina before eventually prevailing 4-6, 6-1, 7-6.
3.00 PM LIVE **IPL Chennai Super Kings v Rajasthan Royals.** Coverage of the T20 match staged at M. A. Chidambaram Stadium, Chennai. The hosts were the winners this meeting last year thanks to a five-wicket victory in a close game at this venue.
7.00 **Sky Sports News**
7.30 LIVE **EFL** Coverage of the first Championship play-off semi-final second-leg, with the team who finished third in the table hosting the side who finished the season in sixth. Kick-off **8.00pm**.
10.45 **Back Pages Tonight**
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **The Football Show**
11.00 **Ref Watch** Refereeing decisions.
12.00 NOON **The Football Show**
1.00 PM **Premier League Highlights** Action from Fulham v Everton. **1.30** Ipswich Town v Brentford. **2.00** Southampton v Manchester City staged at St Mary's Stadium. **2.30** Bournemouth v Aston Villa. **3.00** Manchester United v West Ham United from Old Trafford. **3.30** Highlights from Tottenham Hotspur v Crystal Palace. **4.00** Nottingham Forest v Leicester City at The City Ground. **4.30** Liverpool v Arsenal.
5.00 **Premier League Best Goals**
6.00 **Ref Watch** Refereeing decisions.
6.30 **Premier League 100 Club**
7.00 **Premier League Review**
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League Review**
10.00 **Premier League Icons**
11.00 **Premier League Years**
1.00 AM **PL Retro** West Ham United v Tottenham Hotspur from 2007.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2013/14 play-offs.
9.00 **Scottish Premiership Round-Up**
9.15 **SPFL Highlights**
9.30 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2013 final.
12.00 NOON **EFL** The first League Two play-off semi-final first-leg.
2.00 PM **EFL** The second League Two play-off semi-final first-leg.
4.00 **Scottish Premiership Round-Up**
4.15 **SPFL Highlights**
4.30 **WSL** Highlights of a match.
5.00 **Scottish Premiership Round-Up**
5.15 LIVE **Baller League** Coverage from the eighth round of the six-a-side football league at Copper Box Arena in London.
7.30 LIVE **EFL** The first Championship play-off semi-final second-leg, with the team who finished third hosting the side who finished in sixth place. Kick-off is at **8.00pm**.
10.45 **Bundesliga Highlights Show**
11.45 **EFL Highlights**
12.45 AM **EFL Cup Retro**
2.45 **EFL Trophy** Bolton v Plymouth.
3.15 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Old Firm Derby Best Goals**
5.30 **to 6.00** AM **Edinburgh Derby Best Goals**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** Sunrisers Hyderabad v Kolkata Knight Riders.
10.10 **Ashes Greats** Archive action.
10.30 **Best of ICC WT20**
11.00 **IPL** Highlights of recent matches.
2.50 PM LIVE **IPL Chennai Super Kings v Rajasthan Royals.** The T20 match staged at M. A. Chidambaram Stadium, Chennai. The hosts won this meeting last year thanks to a five-wicket victory. Rajasthan made a slightly below-par 141-5 in their 20 overs, before Chennai reached their target with 10 balls to spare.
7.00 **Ashes Greats** Archive action.
7.30 **Best of ICC WT20**
8.00 **IPL** Highlights of Punjab Kings v Mumbai Indians in Dharamshala. **9.00** Highlights from Chennai Super Kings v Rajasthan Royals. **10.00** Delhi Capitals v Gujarat Titans at Arun Jaitley Stadium. **11.00** Highlights from Chennai Super Kings v Rajasthan Royals. **12.00** M'T Punjab Kings v Mumbai Indians in Dharamshala.
1.00 AM **IPL** A replay of Chennai Super Kings v Rajasthan Royals.
5.10 **Ashes Greats** Archive action.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Championship Official Films** The 2024 event.
7.00 **DP World Tour** The fourth day of the Turkish Open.
12.00 NOON **PGA Tour** Day four of the Truist Championship.
5.00 PM **Golf Academy**
6.30 **DP World Tour** Highlights from the Turkish Open.
7.00 **PGA Tour** Highlights from the Truist Championship.
8.00 **LPGA Tour** Action from day four of the Americas Open.
10.00 **Asian Tour** Highlights from a recent tournament.
11.00 **DP World Tour**
11.30 **Golf Academy** Tips and advice.
12.00 M'T **PGA Championship Official Films** The 2024 event.
1.00 AM **PGA Tour**
2.00 **to 6.00** AM **PGA Championship Official Films**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage of the seventh day of the Internazionali BNL d'Italia staged at Foro Italico in Rome.
10.00 PM **ATP Tennis** Madrid Open.
11.00 **WTA Tennis** Madrid Open final.
12.00 M'T **Tie Break Tens**
1.00 AM **WTA Tennis** Stuttgart Open.
2.00 **Bitesize Tennis** Berlin Open.
2.15 **Tim Henman Podcast 2024**
2.30 **Billie Jean King: My Story**
2.45 **Martina Navratilova: Unstoppable** Player profile.
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Review**
7.00 **Premier League Stories**
8.00 **Premier League: Big Interview**
8.30 **Premier League** A replay of Newcastle United v Chelsea.
10.00 **Serie A** Highlights from Italy.
12.00 NOON **Europa League & Conference League Highlights**
12.30 PM **UEFA Champions League Magazine** The latest news.
1.00 **Premier League Review**
2.00 **A-League** Action from Australia
4.00 **UEFA Champions League Magazine** The latest news.
4.30 **Premier League: Big Interview**
5.00 **Premier League Stories**
6.00 **Premier League Review** Featuring Liverpool v Arsenal and Manchester United v West Ham.
7.00 LIVE **British Speedway** Coverage of the British final, a competition for individual riders, staged at Belle Vue in Manchester.
10.00 **Fight Week** UFC 315 review.
10.30 **UFC Connected**
11.00 **MLB Highlights**
12.00 M'T LIVE **MLB New York Mets v Pittsburgh Pirates.** Coverage from Citi Field. Start-time **12.10am**.
3.15 AM **MLB Classic** Archive action.
5.45 **to 6.00** AM **Training Day**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP** Highlights of races from the Grand Prix of France.
9.30 **MotoGP Chequered Flag**
10.30 **Motocross World Championship** Action from MX2 race one in Lugo, Spain. **11.15** MXGP race one in Lugo. **12.00** NOON Action from MX2 race two in Lugo, Spain. **12.45** PM MXGP race two.
1.30 **NBA** Play-off matches.
4.30 **NBA Originals** Bill Russell.
5.30 **The WRC Magazine** News and action from the World Rally Championship and Rally Portugal.
6.00 LIVE **Ultimate Pool** Coverage from Group C of the last-16 phase of the Champions League, as some of the country's leading eightball players battle it out for places in the next stage.
9.30 **The Rugby Review** Action from the Gallagher Premiership.
10.15 **Snooker World Championship** A look at this year's tournament.
11.15 **The Pioneers** Thierry Henry.
11.30 **NBA** Replay of a play-off match.
1.00 AM **NBA** A play-off match.
2.30 LIVE **NBA** Coverage of a game in the end-of-season play-offs.
5.00 **to 6.00** AM **NBA Originals**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Super League** A replay of Huddersfield Giants v Hull FC.
8.30 **Super League** A replay of Wigan Warriors v Warrington Wolves.
10.45 **Super League** Castleford Tigers v Wakefield Trinity staged at St James' Park in Newcastle.
1.30 PM **Super League** A replay of Leigh Leopards v Catalans Dragons at St James' Park.
4.00 **Super League** Another chance to see Hull Kingston Rovers v Salford Red Devils from the magic round of fixtures staged at St James' Park in Newcastle.
6.15 **Super League** Another chance to see St Helens v Leeds Rhinos from the magic round of fixtures at St James' Park in Newcastle.
9.00 **Super League** A replay of Huddersfield Giants v Hull FC from the magic round of fixtures at St James' Park in Newcastle.
11.30 **Super League** A replay of Wigan Warriors v Warrington Wolves from the magic round of fixtures at St James' Park in Newcastle.
1.45 AM **Super League** A replay of Castleford Tigers v Wakefield Trinity staged at St James' Park.
4.30 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 LIVE **WTA & ATP Tennis** Coverage of day seven of the Internazionali BNL d'Italia, a clay-court event staged at Foro Italico in Rome. While top seed Iga Swiatek recorded a third consecutive straight-sets victory at the corresponding stage last year, second seed Aryna Sabalenka was pushed all the way in her fourth-round match against Elina Svitolina before eventually prevailing 4-6, 6-1, 7-6. Another match to go the distance saw Rebecca Šramková and Jelena Ostapenko compete in a titanic contest, with the latter coming out on top by a score of 4-6, 6-4, 7-6.
8.00 PM **Sky Sports News** A round-up of the day's news.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 **Sky Sports News**
12.00 M'T **Super League** A chance to see St Helens v Leeds Rhinos and Huddersfield Giants v Hull FC in the magic round of fixtures.
5.15 AM **My Icon** Sporting influences.
5.45 **to 6.00** AM **Super League**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **IPL** Recent highlights from India.
9.00 **Formula 1** Action from the Miami Grand Prix sprint race. **10.00** The Miami Grand Prix.
11.00 **Fight Night** Two bout replays.
1.00 PM **IPL** Recent action from India.
3.00 **British GT Championship** The third round at Silverstone.
4.00 **EFL Greatest Games**
5.00 **PL Greatest Games**
5.15 LIVE **Baller League** Coverage from the eighth round staged at Copper Box Arena in London.
11.00 **IPL** Recent highlights from India.
3.00 AM **DP World Tour Golf**
3.30 **Golf Academy** Expert tips.
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **PGA Champs Official Film 2007**

TNT Sports 3

413 415 523 410 432

6.00 AM **Premiership Rugby Union**
11.00 **Cycling: Giro d'Italia** Action from stage three of the race.
12.00 NOON **The Breakaway**
12.30 PM **MLB Highlights**
1.30 **MotoGP** Highlights of races from the Grand Prix of France.
5.00 **MotoGP Chequered Flag**
6.00 **Playing for Our Future**
7.30 **Cycling: Giro d'Italia** Action from the third stage of the race.
8.30 **The Breakaway** Giro d'Italia.
9.00 **Fishing: On the Bank** Frank McAvennie, Paul Parker, Paul Walsh and Tony Gale compete against each other.
10.00 **FIA World Endurance Championship Highlights** The Six Hours of Spa-Franorchamps.
11.00 **UFC** A replay of Belal Muhammad v Jack Della Maddalena.
2.00 AM **Fight Week** UFC 315 review.
2.30 **UFC Connected**
3.00 **to 6.00** AM **Motocross World Championship**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** A replay of Fremantle Dockers v Collingwood Magpies.
7.30 **AFL** Another chance to see St Kilda Saints v Carlton Blues.
9.00 **AFL** A replay of Melbourne Demons v Hawthorn Hawks.
10.30 **Sign Up – Into Football**
11.15 **The WRC Magazine**
11.45 **Formula E Flashback**
12.15 PM **Premiership Rugby Union** Highlights of recent matches.
5.15 **The Rugby Review**
6.00 **MLB Highlights**
7.00 **NBA** A play-off match.
8.30 **NBA** Replay of a play-off game.
10.00 **Europa League & Conference League Highlights Show**
10.30 **Champions League Magazine**
11.00 **AFL** Replays of recent games in the Australian Football League.
3.30 AM **FIA World Endurance Championship Highlights**
4.30 **Champions League Magazine**
5.00 **to 6.00** AM **UEFA Champions League – Stories of the Finals**

Premier Sports 1

419 551

6.00 AM **Ultimate Karting Championship** Recent action.
9.00 **PSA Squash Highlights**
10.00 **World Surf League**
11.00 **British Minibikes**
1.00 PM **Transworld Sport** Magazine.
2.00 **Euro Le Mans Highlights**
3.00 **UK Independent Kart Racing**
4.30 **Le Mans Cup** From Le Castelet.
5.00 **LaLiga Highlights**
6.00 **Viva LaLiga** The latest news.
7.30 **LaLiga Specials**
8.00 **Euro Le Mans Highlights** Action from Le Castelet.
9.00 **UK Independent Kart Racing** The second round of the season.
10.30 **Le Mans Cup** From Le Castelet.
11.00 **LaLiga Highlights** Recent matches in the Spanish top-flight.
12.00 M'T **Transworld Sport**
1.00 AM **NHL Tonight**
2.00 LIVE **NHL Ice Hockey** Coverage of a play-off match.
5.00 **Sporting Countdowns**
5.30 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 552

6.00 AM **Bike World** Magazine.
6.30 **GP Confidential**
7.00 **NASCAR Trucks**
10.00 **Bike World** Magazine.
10.30 **United Rugby Championship**
12.30 PM **GP Confidential**
1.00 **Bike World** Magazine.
1.30 **Temples of Sport**
2.00 **LaLiga News**
2.30 **Football's Greatest**
3.00 **LaLiga** Barcelona v Real Madrid.
5.00 **LaLiga Specials**
5.15 **IIHF World Championships**
7.10 LIVE **IIHF World Championships Finland v Sweden.** The Group A match from Avicii Arena in Stockholm, Sweden. Face-off **7.20pm**.
10.00 **Temples of Sport**
10.30 **URC in 60** Recent action.
11.30 **NHL: This is Hockey**
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Temples of Sport**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **F1 Academy Highlights** Races at the Miami Grand Prix.
8.00 **F1 Academy: Weekend Wrapped** Miami Grand Prix.
8.30 **Ferrari Challenge UK Highlights** Round one in Spain.
9.00 **Formula 1** Highlights from the Miami Grand Prix sprint race. **10.00** The Miami Grand Prix.
11.00 **Indycar** The Sonsio Grand Prix.
1.30 PM **Indy NXT** Action from the Indianapolis Grand Prix race one. **3.00** Highlights from race two of the Indianapolis Grand Prix.
4.00 **Formula 1** Highlights from the Miami Grand Prix sprint race. **5.00** The Miami Grand Prix.
6.00 **Indycar** The Sonsio Grand Prix.
8.30 **Formula 1** The Miami Grand Prix at Miami International Autodrome in Miami Gardens, Florida.
9.30 **Formula 1** Archive highlights of Emilia Romagna Grand Prix races from 2020, 2021 and 2022.
12.30 AM **Formula 1** Race highlights.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

13 May

Evening Planner

Music

Eurovision Song Contest: Semi Final
BBC1, 8pm
Countries including Sweden and Ukraine sing for a place in Saturday's grand final.

Documentary

Shock & Awe: Trump's Return
ITV1, 9pm
Robert Moore looks at the first 100 days of Donald Trump's second term in office.

Documentary

Change Your Mind, Change Your Life
BBC1, from 10.50pm (box set, iPlayer)
Matt and Emma Willis look at ways to navigate the challenges of modern life.

OnDemand

NETFLIX

UNTOLD: The Liver King
Available today
Documentary following Brian Johnson, aka the Liver King, who advocates a raw meat lifestyle.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Eurovision Song Contest Semi-Final					10.20 News; Local News
	102 BBC2	7.00 Iolo's River...	7.30 Nigella's Cook...	8.00 Mortimer &...	8.30 Jules and...	9.00 QI XL	9.45 Hypothetical		10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Love Your Garden		9.00 Shock & Awe: Trump's Return		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 George Clarke's Remarkable...		9.00 Virgin Island		10.00 Murder Case: The Digital Detectives	
	105 5	7.00 Cumbria: The Lakes & the Coast		8.00 Inside Longleat		9.00 The Game		10.00 Ben Fogle: New Lives in the Wild	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 A League of Their Own: Mexican...		9.00 Joe Lycett's United States of...		10.00 Never Mind the Buzzcocks	
ENTERTAINMENT	115 BBC3	7.00 Sort Your Life Out with Stacey Solomon		8.00 Dragons' Den US – Shark Tank		9.00 Convicting My Ex	9.45 Him & Her		
	116 BBC4	7.00 Great British...	7.30 Wainwright...	8.00 The Good Life	8.30 Yes, Minister	9.15 Simon Schama's Power of Art		10.15 Storyville: Lockerbie...	
	118 ITV2	7.00 Deal or No Deal		8.00 Wheel of Fortune		9.00 Family Guy		10.00 Plebs	
	136 MORE4	‹ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 Our Farm Next Door: Amanda, Clive...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Dance Moms: A New Era		9.00 The Honesty Box		10.05 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Matlock		10.00 The Cleaning Lady	
	108 SKY ATLANTIC	‹ 6.55 Billions		8.00 Game of Thrones		9.00 Gangs of Milan: Blocco 181			
	110 U&GOLD	7.00 Dad's Army	7.40 Only Fools and Horses			9.00 The Fast Show	9.40 Bottom		10.20 Absolutely Fabulous
	111 U&DAVE	7.00 Would I Lie to You?	7.45 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Scott & Bailey	
	120 ITV4	‹ 6.55 The Motorbike Show		8.00 King of the Roads		9.00 The 1% Club		10.00 All Elite Wrestling: Collision	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Ted			
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own: Mexican...		9.00 Joe Lycett's United States of...		10.00 Never Mind the Buzzcocks	
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise		9.00 Father Brown		10.00 I, Jack Wright	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Michael Flatley – Lord of the Dance: Dangerous Games			9.50 The Sound of Music – Live!		
	132 U&W	7.00 Emergency: First Time Medics		8.00 Don't Hate Your House with the...		9.00 First Responders		10.00 Katie Piper: Locked Up in Louisiana	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Hoffman Family Gold		9.00 Gold Rush: White Water		10.00 Gold Rush: Mine Rescue with Freddy...	
	162 ANIMAL PLANET	7.00 Crikey! It's the Irwins		8.00 Flying Wild Alaska		9.00 Pit Bulls & Parolees: Tia's Tales		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Apocalypse: The Rise of Hitler				10.00 Hitler: The Lost Tapes of the Third...	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Storage Hunters		9.00 Greatest Escapes of WWII		10.00 Hitler's Handmaidens	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Bangers & Cash: Restoring Classics					
	121 SKY DOCS	7.00 The Man Who Bought Cricket		8.00 Bibaa & Nicole: Murder in the Park				10.00 The Body Next Door	
FILMS – Sky Cinema	301 PREMIERE	‹ 5.50 Twisters		8.00 Speak No Evil				10.00 Cleaner	
	302 TOM CRUISE	7.10 Mission: Impossible				9.05 Mission: Impossible II			
	303 MEGA HITS	‹ 5.40 A Star Is Born		8.00 Mamma Mia!				10.00 Chicago	
	304 GREATS	‹ 6.10 Beverly Hills Cop		8.00 The Naked Gun			9.40 Raiders of the Lost Ark		
	305 ANIMATION	7.10 The Garfield Movie				9.00 Maya the Bee			
	306 FAMILY	‹ 5.55 Paul Blart: Mall...	7.35 Paul Blart: Mall Cop 2			9.15 The Horse Dancer			
	307 ACTION	‹ 5.55 Justice League		8.00 Bad Boys: Ride or Die				10.00 Mad Max: Fury Road	
	308 COMEDY	‹ 6.15 David Brent: Life on the Road		8.00 School of Rock				10.05 Dinner for Schmucks	
	309 THRILLER	‹ 6.20 False Positive		8.00 Inferno				10.10 The Royal Hotel	
	310 DRAMA	‹ 6.10 Aisha		8.00 Catch Me If You Can					10.30 Whiplash
	311 SCI-FI	‹ 6.25 Paranormal Activity: The Ghost...		8.00 World War Z				10.10 Thanksgiving	
	313 FILM4	‹ 6.45 Fisherman's Friends				9.00 Men in Black: International			
SPORT	401 MAIN EVENT	‹ 2.00 Golf – Live	7.30 EFL – Live: Coverage of the second Championship play-off semi-final second-leg match (Kick-off 8.00)						
	402 PREMIER LEAGUE	7.00 PL Review		8.00 Gary Neville's Soccerbox		9.00 PL Review		10.00 PL Icons	
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Coverage of the second Championship play-off semi-final second-leg match (Kick-off 8.00)						
	404 CRICKET	7.00 Pakistan Super League – Live		8.00 Best of ICC WT20		9.00 IPL			
	410 TNT SPORTS 1	7.00 European Rally...	7.30 The WRC...	8.00 British Speedway		9.00 MotoGP Rewind	9.30 MLB Highlights		10.30 MLB Classic
	411 TNT SPORTS 2	7.00 NBA Originals	7.30 NBA			9.00 UFC			

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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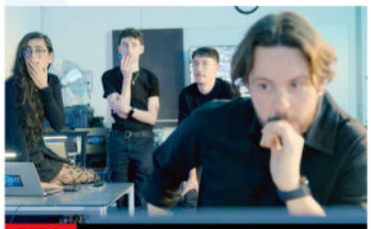
Tuesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** New edition From Ayrshire, East Sussex and south London. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Scam Interceptors** (S)(R)
2.30 **Expert Witness** (S)(R)
3.00 **Escape to the Country** A property search in rural Wiltshire. (S)(R)
3.45 **The Bidding Room** Items include a Georgian painter's box, a butter churn and a pigeon clock. (S)(R)
4.30 **The Finish Line** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)



2.00 Scam Interceptors

7 PM

7.00 **The One Show** Lauren Laverne and Roman Kemp host the topical show. (S)
7.30 **EastEnders** Cindy manages to gain an advantage over the Beales, Jean confides in Kathy, and Harry misreads Gina's signals. (S)(AD)

8 PM

8.00 LIVE **Eurovision Song Contest Semi-Final** Hazel Brugger and Sandra Studer host the opening semi-final from Basel in Switzerland, as the first 15 acts go head to head for a place in Saturday's musical extravaganza. Countries competing tonight include Iceland, Poland, Ukraine, Sweden and Cyprus, while Italy, Spain and reigning champions Switzerland – who automatically qualify for the final – also show off their songs. Commentary by Scott Mills and Rylan Clark. (S)
■ Continues on Thursday

9 PM

10 PM

10.20 **BBC News** (S)
10.50 **Local News** (S)
11.00 NEW SERIES **Change Your Mind, Change Your Life with Matt and Emma Willis** 1/4. The couple follow people as they undergo therapy, including an ex-athlete whose dreams were shattered by a stroke and a woman who wants to tackle her fear of driving. (S)(AD)
11.50 **Change Your Mind, Change Your Life with Matt and Emma Willis** New edition 2/4. Anjalee confronts the grief she buried after losing her mother as a teenager. (S)(AD)
■ Entire series on BBC iPlayer
12.35 AM **The Repair Shop: VE Day Special** (S)(R)(AD)
1.35 **Weather for the Week Ahead** (S)
1.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Bargain Hunt** (S)(R)
7.15 **The Bidding Room** (S)(R)
8.00 **Sign Zone: Motorway: The Secret Genius of Modern Life** (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Lightning** Game show. (S)(R)
2.15 **Unbeatable** Quiz show. (S)(R)
3.00 **Saved and Remade** (S)(R)
3.45 **Between the Covers** (S)(R)
4.15 **Lost Land of the Tiger** (S)(R)
5.15 **Flog It!** From Basingstoke. (S)(R)
6.00 **Richard Osman's House of Games** With Craig Doyle, Tanni Grey-Thompson, Anne-Marie Imafidon and Leo Reich. (S)(R)
6.30 **Anna Haugh's Big Irish Food Tour** New edition 7/15. Boxer Carl Frampton shows Anna around his home city of Belfast. (S)

9.45 Hypothetical

7.00 **Iolo's River Valleys** New edition 2/4. Iolo explores the Dyfi Valley, starting at Ynyslas National Nature Reserve in late spring. (S)
7.30 **Nigella's Cook, Eat, Repeat** Nigella Lawson shares her take on the bhorta. (S)(R)(AD)
8.00 **Mortimer & Whitehouse: Gone Fishing** 6/6. Bob and Paul return to the Peak District to fish in the Wye and Derwent. (S)(R)(AD)
8.30 **Jules and Greg's Wild Swim** Series finale 6/6. The couple explore Mull and Iona. (S)(AD)
9.00 **QI XL** Sandi Toksvig quizzes panellists Sally Phillips, Josh Pugh, Aaron Simmonds and Alan Davies on the topic of upbringing. (S)(R)
9.45 **Hypothetical** 7/8. Ivo Graham, Cariad Lloyd, John Robins and Katherine Ryan are posed increasingly absurd hypothetical situations. Hosted by Josh Widdicombe and James Acaster. (S)(R)
10.30 **Newsnight** (S)
11.00 **Saving Lives in Cardiff** 5/6. A man enduring excruciating facial pain undergoes surgery to transform his life. (S)(R)(AD)
12.05 AM **Sign Zone: Interior Design Masters with Alan Carr** (S)(R)(AD)
1.05 **Sign Zone: Antiques Roadshow: VE Day Special** Fiona Bruce marks the 80th anniversary of VE Day in Berlin and Bletchley Park. (S)(R)
2.05 **Sign Zone: Dad's Army at the BBC** With Toby Jones. (S)(R)(AD)
3.05 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Celebrity Catchphrase** Stephen Mulhern hosts the game show as Richard Blackwood, Julia Bradbury and Roman Kemp compete to win £50,000 for charity. (S)(R)(AD)
3.00 **Jeopardy!** Quiz show hosted by Stephen Fry. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

7.30 **Emmerdale** John enjoys all the attention, Moira finds a letter, and Tracy gets a glimpse. (S)(AD)
8.00 **Love Your Garden** Alan Titchmarsh and the team transform a garden in the Oxfordshire town of Bicester for local community heroes Adam and Alice and their two children. (S)(R)(AD)
9.00 NEW **Shock & Awe: Trump's Return** Journalist Robert Moore looks at the start of Donald Trump's second term as US President and travels from coast to coast to meet Americans whose lives are changing dramatically. (S)
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense, with 100 contestants in every show having a chance of winning up to £100,000. (S)(R)(AD)
11.40 **Martin Clunes' Islands of the Atlantic** 2/3. Martin gets a lesson in rallying on the steep mountain roads of Madeira. (S)(R)(AD)
12.30 AM **Teleshopping**
3.00 **Fake** *Stitches:* 2/8. Birdie refuses a colleague's offer to do a background check on Joe. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Alan Titchmarsh's Gardening Club** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 5-8/25. (S3) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 19-22/24. (S7) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** New edition Paul, Sami and Ren search along the River Stort in Hertfordshire for the perfect location for their towpath festival. (S)(AD)
5.00 **Chateau DIY** Tim and Rebecca prepare to host a floral retreat at Château de la Ruche. (S)(R)(AD)
6.00 **A Place in the Sun** New edition Jean Johansson helps a couple with a budget of £180,000 to find a property in Lanzarote. (S)

2.10 Countdown

7.00 **News** (S)
7.55 **The Political Slot** Reform UK's Richard Tice, MP for Skegness and Boston, discusses his party's plan to tackle the energy crisis. (S)
8.00 **George Clarke's Remarkable Renovations** George follows Marcus and Kathryn as they attempt to renovate Marcus' parents' railway goods shed to create their dream home. (S)(R)(AD)
9.00 **Virgin Island** New edition The group are introduced to touch therapy, including massage and a game to ignite their sexual impulses. Ben faces rejection when he develops feelings for a coursemate. (S)(AD)
10.00 **Murder Case: The Digital Detectives** Officers from Thames Valley Police use a phone to recreate the digital connections of a 13-year-old murder victim to investigate his death and begin building a case. (S)(R)(AD)
11.05 **Gogglebox** (S)(SL)(R)(AD)
12.05 AM **Celebrity Gogglebox** (S)(R)
1.00 **Taskmaster** (S)(SL)(R)(AD)
1.55 **Ramsay's Kitchen Nightmares USA** 1/2. Gordon Ramsay heads to a struggling Mediterranean restaurant in California. (S)(SL)(R)
2.45 **Grand Designs** (S)(SL)(R)(AD)
3.40 **Sunday Brunch Best Bits** (S)(R)
3.55 **A Cotswold Farmshop** (S)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **Murder in the Sun** Thriller starring Annika Foster. (S) (2022, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition In Benalmadena, Graham and Kaye prepare for the launch of their new bar. (S)(AD)
5.00 **News** (S)
6.00 **The Yorkshire Vet** Peter Wright operates on a pet goat that is unable to urinate because of a blockage. (S)(R)
6.55 **News** (S)

8.00 Inside Longleat

7.00 **Cumbria: The Lakes & the Coast** 1/5. Showcasing the beauty and charm of Cumbria, following the lives of some of the county's residents. (S)(R)
7.55 **News** (S)

8.00 **Inside Longleat** Series finale 3/3. Curator James and his team undertake the careful task of cleaning Longleat House, including lowering and delicately polishing the 18th-century chandelier. (S)(AD)

9.00 **The Game** New episode 2/4. Huw finds a connection linking Ruth to Patrick, and his promise to forget about Patrick and the Ripton Stalker comes under strain. (S1) (S)(AD)
■ Continues tomorrow

10.00 **Ben Fogle: New Lives in the Wild** Ben travels to the Sierra Nevada mountains in the USA to meet Mike Basich, a snowboarder who left the world of professional sport to pursue a quieter life. (S)(R)

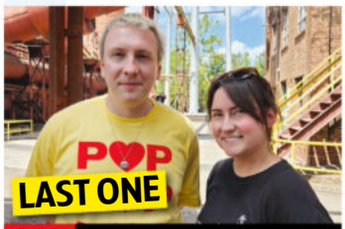
11.05 **Inside the Force** (S)(R)
12.05 AM **Motorway Cops: Catching Britain's Speeders** (S)(R)(AD)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S4) (S)(R)(AD)
3.50 **Autumn Gardening with Carol Klein** Planting bulbs. (S)(R)
4.40 **Nick Knowles' Big House Clearout** The Cotswolds. (S)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S1) (R)
11.00 **Africa's Hunters** (S)(R)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S5) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 18/23. (S2) (S)(R)(AD)
5.00 **The Simpsons** *Bart Gets Hit by a Car:* Bart is involved in a road accident. (S)(R) **5.30** *Dead Putting Society:* Parental rivalry between Homer and Ned adds spice to a junior golf tournament. (S)(R)
6.00 **The Office (US)** 15/19. Dwight and Michael pay a surprise visit to Ryan in New York. (S)(R) **6.30** 16/19. Michael tries to change Stanley's attitude after being snapped at. (S4) (S)(R)



9.00 United States of Birmingham

7.00 **The Simpsons** *One Fish, Two Fish, Blowfish, Blue Fish:* Homer fears he has only 24 hours to live. (S)(R) **7.30** *The Way We Was:* Marge recalls how she met Homer. Featuring the guest voice of Jon Lovitz. (S)(R)

8.00 **A League of Their Own: Mexican Road Trip** 1/6. Jamie Redknapp, Mo Gilligan, Jill Scott, Micah Richards and Maisie Adam travel around Mexico, competing in challenges along the way. (S)(R)(AD)

9.00 **Joe Lycett's United States of Birmingham** Series finale 4/4. Joe's mission takes him to his final Birmingham, located in Alabama, where he takes in the history and hospitality of America's Deep South. (S)

10.00 **Never Mind the Buzzcocks** Suggs, Katherine Ryan and Talia Mar join the regulars on the music quiz. (S)(R)(AD) **10.45** With guests Jordan Stephens, Ashnikko and Phil Wang. (S)(R)(AD)

11.30 **Brassic** 7/8. Chinese Dan asks Vinnie to steal some beehives, so the lads scope out a nearby village famous for its honey, while Erin presents a repayment plan to McCann. (S3) (S)(R)(AD)
12.30 AM **The Force: Manchester** (R)
1.30 **Road Wars** Double bill. (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 18/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
12.35am Scotcast **1.05** I Kissed a Boy **1.55** The Repair Shop: VE Day Special **2.55** Weather for the Week Ahead **3.00-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
11.00pm The Crime I Can't Forget Series finale **11.50** NEW SERIES Change Your Mind, Change Your Life with Matt and Emma Willis **1.25-6.00am** BBC News

WALES
Sky 965, Virgin 864, Freesat 965
7.00-7.30pm Iolo's River Valleys New edition

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
1.45pm First Minister's Questions **2.40** Lightning **3.10** Unbeatable **3.55** Saved and Remade **4.40** Between the Covers **5.10-5.15** Nigel Slater's Simple Cooking **7.00-7.30** The One Show **11.00** Detectorists **11.30pm-12.05am** Red Dwarf

ITV1

As main ITV1 except:
WALES
8.00pm Welsh Lives **8.30-9.00** Wales This Week New edition **10.45-11.40pm** Sharp End

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Colleen Ramsey: Bywyd a Bwyd **12.30** Heno **1.00** Arfordir Cymru: Sir Benfro **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Iolo: Natur Bregus Cymru **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ceffylau Cymru **6.30** Cymry ar Gynfas **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm **8.25** Rownd a Rownd **8.55** Newyddion a'r Tywydd **9.00** Y Llinell Las New edition (AD) **10.00** Clwb Rygbi New edition **10.30-11.35pm** Iaith ar Daith

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Sort Your Life Out with Stacey Solomon** 2/6. Stacey coaches members of the Patel family to declutter their home.
8.00 **Dragons' Den US: Shark Tank** Series finale 24/24. Pitches include a new way to experience art and an innovative cleaning tool.
8.45 **The Catch Up**
8.50 **Press X to Continue**
9.00 NEW **Convicting My Ex** Documentary following a woman awaiting her rapist's parole hearing.
9.45 **Him & Her** 1/6. First episode of the comedy starring Russell Tovey and Sarah Solemani. **10.15** 2/6. Steve refuses to celebrate his birthday. (S1)
10.45 **Charlotte in Sunderland**
11.45 **Convicting My Ex**
12.30 AM **Ashley Cain: Into the Danger Zone**
1.30 **Charlotte in Sunderland**
2.30 **Lazy Susan** 4/4. (S1)
2.45 **Juice** 3/6. (S1)
3.10 **to 3.55** AM **Convicting My Ex**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Michael Portillo arrives at Stoke Mandeville in Buckinghamshire.
7.30 **Wainwright Walks** The summit of Helvellyn.
8.00 **The Good Life** Tom builds himself a generator.
8.30 **Yes, Minister** Hacker spots a business opportunity.
9.00 NEW **Simon Schama Remembers... The Power of Art** The historian looks back at his series examining the works of eight artists.
9.15 **Simon Schama's Power of Art** 1/8. Caravaggio's *David with the Head of Goliath*.
10.15 **Storyville: Lockerbie – My Brother's Bomber** Ken Dorstein attempts to find those responsible for the terrorist attack in 1988.
11.45 **Living with Lockerbie**
12.45 AM **Great British Railway Journeys** As 7.00pm.
1.15 **Wainwright Walks**
1.45 **Maggi Hambling: Artists on Drawing**
2.15 **to 3.15** AM **Simon Schama's Power of Art**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
11.00 **A New Life in the Sun**
12.00 NOON **A Place in the Sun**
2.35 PM **Come Dine with Me** From Cheltenham.
5.15 **Four in a Bed** The contest begins at Abbey House in Penrith, Cumbria. **5.45** The owners stay at Compton House in Newark. **6.20** The guests visit The White Horse, a pub and B&B in Ripon, North Yorkshire. **6.50** The final visit is to The Old Farmhouse in Cheshire.
7.25 **Four in a Bed** The week's winner is announced.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer meet two newlyweds in Northampton, who have recently merged households and are unhappy in their cluttered terrace.
9.00 **Our Farm Next Door: Amanda, Clive and Kids** New edition A second Christmas during the Owens' farmhouse renovation is fast approaching, and Amanda and the kids are preparing their farm animals and pets.
10.00 **24 Hours in A&E** A 21-year-old is brought in following a suspected stroke.
11.05 **999: On the Front Line**
12.10 AM **Our Farm Next Door: Amanda, Clive and Kids**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons**
7.00 **Hollyoaks** The teenagers are caught red-handed.
7.30 **The Simpsons** *Politically Inept with Homer Simpson:* Homer becomes the new voice of American politics.
8.00 **Dance Moms: A New Era** New edition Corinne makes a beeline for Tammi, the mother of Miss Glo's favourite student, Audrey.
9.00 **The Honesty Box** New edition 8/9. Lucinda makes a timely visit to offer her words of wisdom.
10.05 **Gogglebox** Views on *James May: Oh Cook, The Crown* and *Strictly Come Dancing*.
11.05 **Naked Attraction**
12.10 AM **First Dates**
1.15 **The Honesty Box**
2.20 **Gogglebox**
3.10 **Ramsay's Kitchen Nightmares USA**
4.00 **Modern Family**
4.25 **to 6.00** AM **The Goldbergs**

+1 hr 235/236 306 30 123 256

Tuesday primetime primetime

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E: South Africa** Documentary.
7.00 **The Real A&E**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S4)
1.00 PM **The Rookie: Feds** (S1)
2.00 **FBI** 6/22. A senator's daughter is kidnapped and held at ransom. (S1)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 Matlock

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **FBI: Most Wanted** *False Flag:* 10/22. The team discover the abductor of a police detective is linked to a recent case. (S4)

9 PM
9.00 **Matlock** New episode *Tricks of the Trade – Part One:* 18/19. Billy attempts to help Sarah with a murder case. (S1)

10 PM
10.00 **The Cleaning Lady** *Truth or Consequences:* 7/12. Flores digs deeper into the cause of Marco's death. (S2)
11.00 **The Rookie** 4/10. (S6)
12.00 M'T **FBI** 9/19. (S2)
1.00 AM **FBI: Most Wanted**
2.00 **The Equalizer** New episode 14/18. Crime drama. (S5)
3.00 **The Good Doctor** 11/20. (S4)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **UK Border Force**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Boardwalk Empire** (S4)
10.10 **Billions** 5&6/12. (S3)
12.20 PM **Game of Thrones** (S3)
1.25 **Das Boot** Double bill. (S2&3)
3.40 **Boardwalk Empire** 6/12. Nucky heads to Tampa to work out details of his land deal with Bill McCoy. **4.45** 7/12. Eli's son Willie asks Nucky for a job. (S4)
5.50 **Billions** 5/12. Taylor travels to Silicon Valley to explore new business opportunities. (S3)

9.00 Gangs of Milan: Blocco 181

7.00 **Nothing to Declare**
6.55 **Billions** *The Third Ortolan:* 6/12. Axe tracks down a critical piece of evidence that could destroy him. (S3)

8.00 **FBI: Most Wanted** *False Flag:* 10/22. The team discover the abductor of a police detective is linked to a recent case. (S4)
8.00 **Game of Thrones** *And Now His Watch Is Ended:* 4/10. Varys meets his match when he talks to Lady Olenna. (S3)

9.00 **Matlock** New episode *Tricks of the Trade – Part One:* 18/19. Billy attempts to help Sarah with a murder case. (S1)
9.00 **Gangs of Milan: Blocco 181** New episode 5/8. Bea distances herself from her mother after Celeste's death.

10.00 **The Cleaning Lady** *Truth or Consequences:* 7/12. Flores digs deeper into the cause of Marco's death. (S2)
10.00 **Gangs of Milan: Blocco 181** New episode 6/8. Snake takes refuge in a Chinese community. Subtitled. (S2)
11.00 **The Rookie** 4/10. (S6)
11.15 **Homicide: Life on the Street** 8/22. Police drama. (S5)
12.00 M'T **FBI** 9/19. (S2)
12.15 AM **Penelope** 5&6/8. (S1)
1.00 AM **FBI: Most Wanted**
1.15 **The Undoing** 1/6.
2.00 **The Equalizer** New episode 14/18. Crime drama. (S5)
2.15 **The Wire** 12/13. (S4)
3.00 **The Good Doctor** 11/20. (S4)
3.20 **Game of Thrones** As 8pm.
4.00 **Highway Patrol**
4.20 **to 6.00** AM **Richard E Grant's Hotel Secrets**
5.00 **to 6.00** AM **UK Border Force**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S5)
8.00 **The Flash** 2/18. (S7)
9.00 **Stargate SG-1** (S7)
11.00 **Supergirl** 15/23. (S3)
12.00 NOON **The Flash** 3/18. (S7)
1.00 PM **Hawaii Five-0** (S5)
3.00 **Magnum P.I.** 19/20. (S5)
4.00 **S.W.A.T.** 18/23. (S2)
5.00 **Supergirl** 14/23. A copycat Toyman strikes, forcing Winn to team up with his estranged mother. (S3)
6.00 **Stargate SG-1** 5/22. The team help the residents of a shrinking biodome. (S7)

10.00 Never Mind the Buzzcocks

7.00 **Stargate SG-1** *Lifeboat:* 6/22. Daniel's body is taken over by the multiple personalities of spacecraft crash survivors. (S7)

8.00 **A League of Their Own: Mexican Road Trip** 1/6. The gang set out on an adventure around Mexico.

9.00 **Joe Lycett's United States of Birmingham** Series finale 4/4. Joe visits his final Birmingham, located in Alabama.

10.00 **Never Mind the Buzzcocks** With guest panellists Katherine Ryan, Suggs and Talia Mar. **10.45** With guests Jordan Stephens, Phil Wang. and Ashnikko.
11.30 **Brassic** 7/8. (S3)
12.30 AM **Flintoff's Road to Nowhere** 2/2. Conclusion.
1.30 **Road Wars** Double bill.
3.00 **Magnum P.I.** 19/20. (S5)
4.00 **S.W.A.T.** 18/23. (S2)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
10.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Wheel of Fortune**
3.00 **Hart of Dixie** 7/22. A star football player becomes infatuated with Dr Hart. (S2)
4.00 **Gilmore Girls** 7/22. Lorelai and Christopher visit Paris. (S7)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Ade Adepitan, Clare Balding and Robert Webb.

8.00 Wheel of Fortune

7.00 **Deal or No Deal** Stephen Mulhern hosts as Ash takes on the Banker for the chance to win a life-changing cash prize.

8.00 **Wheel of Fortune** Graham Norton hosts as Sheila, Leo and Austin compete to win big money prizes.

9.00 **Family Guy** 20/21. Peter and his friends tour a local brewery. **9.30** 21/21. Peter gets Chris a job. (S2)

10.00 **Plebs** 1/8. Marcus and Grumio are thrown into turmoil by Stylax. **10.30** 2/8. The boys' bar gets a bad review. (S4)
11.00 **Family Guy** 13/21. Brian and Stewie hide on a train. (S2)
11.30 **American Dad!** (S6)
12.35 AM **Bob's Burgers** (S11)
1.35 **Plebs** 1&2/8. (S4)
2.35 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.25 **The Royal** *Doing Time.*
11.30 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.40 **Downton Abbey** 5/9. The entire household is shaken by bad news from the front. (S2)
6.00 **Heartbeat** *The Dreams That You Dream:* Gina and Phil make final wedding preparations.

4.40 Downton Abbey

7.00 **Heartbeat** *Mind Games:* Rosie is viciously attacked while attending a broken-down vehicle stranded on the moors.

8.00 **Vera** *Parent Not Expected:* The DCI must unravel a tangled web of deceit between two wildly different families when a young man's body is washed up on the shore of a salmon farm in Northumberland.

10.00 **Scott & Bailey** 2/8. The duo take on a high-profile historical case after Mandy Sweeting's body is found in a quarry. (S4)
11.00 **Scott & Bailey** 3/8. (S4)
11.55 **Cracker** 5/9. Fitz's fears for Joanne prove justified. (S2)
12.55 AM **Where the Heart Is**
1.50 **The Royal** *Doing Time.*
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 LIVE **Football: Sportscene – Premiership Play-Off** The first leg of the Premiership play-off semi-final, as the winners of the quarter-final host the team that finished second in the Championship. Kick-off is at 7.45.
10.00 **Paramedics on Scene** New edition 7/10. The Special Operations Response Team are called in when a tourist suffers a fall near the summit of Arthur's Seat.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **Martin Compston's Scottish Fling** 2/6. The actor and Phil MacHugh head to the Western Isles.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Silicon Valley** (S5)
9.15 **The Conners** (S5)
10.15 **Entourage** (S2)
11.15 **Insecure** (S2&3)
12.50 PM **Curb Your Enthusiasm** (S12)
2.20 **Entourage** (S2)
3.20 **Silicon Valley** (S5)
4.30 **Insecure** (S2&3)
6.00 **The Office (US)** (S4)
6.50 **The Conners** (S5)
7.40 **Curb Your Enthusiasm** 1/10. Larry heads to Georgia to appear at the birthday party of a prominent businessman. **8.20** 2/10. Jeff pays the price for taking Larry's advice for Susie's birthday gift. (S12)
9.00 **And Just Like That...** 7&8/11. Double bill. (S2)
10.40 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
11.40 **Divorce** 5&6/6. (S3)
1.00 AM **Barry** 3&4/8. (S3)
2.20 **Silicon Valley** (S6)
3.45 **to 5.00** AM **Dice**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Rising Stars with JulianLloyd Webber**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Art of Architecture**
12.00 NOON **Portrait Artist of the Year 2023**
1.00 PM **Tales of the...**
2.00 **Art's Wildest Movement: Mannerism**
3.00 **The Art of Architecture**
4.00 **Discovering**
5.00 **Portrait Artist 2023**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Michael Flatley: Lord of the Dance – Dangerous Games**
9.50 **The Sound of Music: Live!** Musical.
12.15 AM **Cirque du Soleil**
2.00 NEW **Garbo: Where Did You Go?**
3.55 **Unmuted**
4.55 **Arts Uncovered**
5.05 **to 6.00** AM **The Art of Architecture**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Nothing to Declare**
10.00 **Send in the Dogs**
11.00 **Border Security: America's Front Line**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **Send in the Dogs**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S3)
6.00 **Stargate Atlantis** (S4)
7.00 **Star Trek: Voyager** (S6)
8.00 **Hawaii Five-0** (S10)
9.00 **FBI: Most Wanted** *Taxman:* 2/22. Rookie agent Ray Cannon joins the Fugitive Task Force as they hunt a killer. (S4)
10.00 **FBI: International** (S2)
11.00 **Grimm** 15/22. (S2)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.45 **The Family Diaries**
8.50 **Culinary Cruise**
9.50 **Buying and Selling**
10.50 **The Real Housewives of Atlanta** Reality series.
11.40 **The Family Diaries**
1.10 PM **Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Vacation House Rules**
4.05 **The Real Housewives of Atlanta** Reality series.
5.05 **The Real Housewives of New York City** New edition Reality show.
6.00 **Buying and Selling**
7.00 **Culinary Cruise**
8.00 **Dinner Date**
9.00 **The Real Housewives of Orange County** New edition Reality show.
10.00 **Botched** Medical series.
10.55 **My Mum, Your Dad**
11.55 **The Only Way Is Essex**
12.55 AM **Backyard Builds**
1.20 **Unwind**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S1)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 1/8. (S1)
12.00 NOON **Sue Thomas: F.B.Eye** 2/19. (S2)
1.00 PM **Hart to Hart** (S1)
2.00 **Father Dowling Mysteries** 6/8. (S1)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 15-18/22. (S10)
9.00 **Randall and Hopkirk (Deceased)** *The Smile Behind the Veil:* 26/26. A smiling mourner at a funeral arouses Marty's suspicions. (S1)
10.00 **The New Avengers** *Gnaws:* 13/13. (S1)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S10)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Dramatic Finishes**
6.05 **Minder**
7.05 **The Professionals**
8.10 **The Saint**
9.20 **Magnum, PI**
10.20 **Kojak**
11.25 **Giant Lobster Hunters**
12.25 PM **The Saint**
1.35 **Magnum, PI**
2.35 **Kojak**
3.40 **Minder**
4.50 **The Professionals**
5.55 **The Chase** Quiz show hosted by Bradley Walsh.

5.55 The Chase

6.55 **The Motorbike Show** Henry Cole goes green-laning in Oxfordshire and visits speed week in Yorkshire.

8.00 **King of the Roads** Action from the Cookstown 100, the first event of the year held at Orritor Circuit, Co Tyrone.

9.00 **The 1% Club** Quiz hosted by Lee Mack in which the questions are all about logic and common sense.

10.00 **Wrestling: AEW Collision** Hard-hitting action, featuring stars including FTR, Thunder Rosa, Jon Moxley, Bryan Danielson and Miro.
12.00 M'T **English Football League Highlights** The play-offs.
12.40 AM **Minder**
1.40 **The Professionals**
2.35 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 17/26. (S5)
2.00 **Atlantis** 11/13. (S2)
3.00 **Stargate Universe** 2/20. (S2)
4.00 **Star Trek: Voyager** (S4)
5.00 **Star Trek: The Next Generation** 17/26. Riker embarks on a romance. (S5)
6.00 **Star Trek: Enterprise** 2/26. T'Pol recalls a story about her great-grandmother. (S2)

9.00 Grimm

7.00 **Atlantis** *Kin:* 11/13. Aeson undertakes a brave and deadly mission to rescue his son. (S2)

8.00 **Stargate Universe** *Aftermath:* 2/20. The battle between the crew and the Lucian Alliance rages on. (S2)

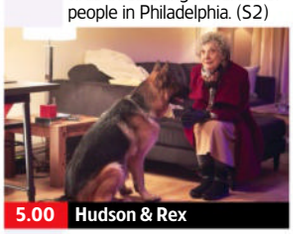
9.00 **Grimm** *The Grimm Identity:* 1/22. Nick tries to come to terms with fathering a child with Adalind. (S5)

10.00 **The Walking Dead** *Swear:* 6/16. Tara and Heath's wanderings bring them into contact with a new society. (S7)
11.00 **Wynonna Earp** 4/12. The Earp heir and her Black Badge bearers face a new threat. **12.00** M'T 5/12. Sisterly grievances are aired. (S2)
1.00 AM **The Ark** 5&6/12. (S2)
3.00 **Fact or Faked: Paranormal Files** A ghostly figure spotted on a theatre balcony.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 8/13. (S2)
11.00 **Hudson & Rex** 6/16. (S1)
12.00 NOON **The Mentalist** (S7)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S16)
4.00 **Father Brown**
5.00 **Hudson & Rex** 6/16. (S1)
6.00 **Body of Proof** 19/20. Part two of two. Megan and the team try to stop the deadly virus threatening hundreds of people in Philadelphia. (S2)


5.00 Hudson & Rex

7.00 **The Mentalist** *Byzantium:* 11/13. A man claiming to be a psychic offers to help the agents solve a double murder. (S7)

8.00 **Death in Paradise** *Murder on the Airwaves:* 7/8. A radio presenter is murdered live on air. With Richard Blackwood. (S8)

9.00 **Father Brown** *The Resurrectionists:* The priest investigates a case of body-snatching.

10.00 **I, Jack Wright** *A Tougher Love:* 3/6. Sally is determined to push ahead with the exhumation. (S1)
11.00 **The Mentalist** As 7pm.
12.00 M'T **Body of Proof** As 6pm.
1.00 AM **Elementary** 5/24. Holmes investigates the murder of a man who led a secret life on dating websites. (S5)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
9.30 **My Hero**
10.10 **Hi-de-Hi!**
10.45 **Porridge**
11.20 **Last of the Summer Wine**
12.40 PM **The Green Green Grass**
1.20 **My Hero**
2.00 **Dad's Army**
2.35 **Porridge**
3.15 **Hi-de-Hi!**
3.55 **Last of the Summer Wine**
5.10 **The Green Green Grass**
5.50 **Hi-de-Hi!**
6.25 **Porridge**

6.25 Porridge

7.00 **Dad's Army** Mainwaring's Home Guard heroes have a bash at Morris dancing.
7.40 **Only Fools and Horses** Del pays a stripper to attend a party at the Nag's Head with Rodney. **8.20** Del tries to make a quick profit with Denzil's redundancy money.

9.00 **The Fast Show** The Suit You tailors get a taste of their own medicine.
9.40 **Bottom** Eddie hatches a get-rich-quick scheme that actually works.
10.20 **Absolutely Fabulous** Edina's ex-husband threatens to cut off her alimony payments.
11.00 **Live at the Apollo**
12.00 M'T **Porridge**
12.35 AM **The Fast Show** As 9pm.
1.15 **Bottom** As 9.40pm.
1.55 **Absolutely Fabulous**
2.40 **Live at the Apollo**
3.25 **to 4.00** AM **Only Fools and Horses**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **World's Most Dangerous Roads** Angus Deayton and Mariella Frostrup drive up the eastern coast of Madagascar.
8.00 **Special Ops: To Catch a Criminal** Double bill.
10.00 **Speed with Guy Martin: F1 Challenge** Guy joins a Formula One pit crew.
11.00 **Rick Stein's Fresh Food**
12.00 NOON **Storage Hunters UK**
1.25 PM **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's Fresh Food**

7.00 Would I Lie to You?

7.00 **Would I Lie to You?** With Alex Jones, Chris Tarrant, Mel Giedroyc and Alexander Armstrong.
7.45 **Richard Osman's House of Games** With Charlie Stayt and Eddie Kadi. **8.20** Johnny Ball, Suzi Ruffell, Nina Wadia and Danny Wallace take part.

9.00 **Have I Got a Bit More News for You** Mel Giedroyc hosts the quiz, with Hal Cruttenden and Sathnam Sanghera.

10.00 **QI XL** Guests Jo Brand, David Mitchell and Phill Jupitus join regular panellist Alan Davies and host Stephen Fry.
11.00 **8 Out of 10 Cats** With guests Melanie C, Charlotte Ritchie and Romesh Ranganathan.
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.50 **Australian Ninja Warrior**
3.15 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

Tuesday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
10.00 **A Place in the Sun**
12.00 NOON **Come Dine with Me** From Southend.
2.30 PM **A Place in the Sun**
3.00 **Narrow Escapes**
4.00 **Chateau DIY**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** From Bristol.
7.00 **The Great Celebrity Bake Off for Stand Up to Cancer** With Dermot O'Leary, Greg James, Fern Brady and Mel B.
8.00 **Greggs vs McDonald's: The Fast Feud** Dani Dyer explores the rivalry between the British and US fast food chains.
9.00 **Gogglebox**
10.00 **Open House: The Great Sex Experiment**
11.05 **Virgin Island**
1.15 AM **FILM Primal** Thriller. (2019, 15, 97min) ★★★
3.05 **Gogglebox: 10 Year Anniversary Special**
4.30 **to 5.00** AM **Come Dine with Me**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.05 **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Docked:* 7/21. The officers investigate the death of a man on a cruise ship. **7.00** *Peacekeeper:* 8/21. Kasie weighs the pros and cons of buying a gun. **8.00** *Collective Memory:* 9/21. A murder victim's 3D hologram becomes a witness. (S19)
9.00 **Law & Order: Special Victims Unit** *Duty to Report:* 4/13. Benson handles a delicate investigation. (S25) **10.00** *Turn Me On Take Me Private:* 5/16. An online role play session turns violent. (S22)
11.00 **Law & Order: Special Victims Unit** (S22&21)
1.50 AM **Quantum Leap** (S1)
2.45 **The Good Wife** (S4)
3.35 **to 4.00** AM **Cops** New edition

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **GPs: Behind Closed Doors** Medical series.
9.00 **Casualty 24/7: Every Second Counts**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Dogs Behaving (Very) Badly** Documentary.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Killer at the Crime Scene** New edition The murder of a millionaire.
10.00 **999: Critical Condition**
11.00 **Skin A&E**
12.00 M'T **Love You to Death: Mommy's Missing** New edition The case of Susan Powell.
2.00 AM **The Block** New edition DIY series.
3.10 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Trucking Hell**
10.15 **Traffic Cops**
11.15 **Police Interceptors**
12.15 PM **FILM Journey to Shiloh** Civil War Western. (1967, PG, 101min) ★★
2.20 **FILM Bullet for a Badman** Western. (1964, PG, 80min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Dog handler Darren tries to end a stand-off. **7.00** A tracker dog tries to track down a car thief. **8.00** Liam and Ben attempt to catch a gang of late-night burglars.
9.00 **The Motorway** A patrol team deal with a freak accident.
10.00 **Police 999: Clear & Present Danger**
11.00 **Yellowstone** 7/10. (S2)
12.05 AM **Outback Truckers**
2.05 **New York Undercover**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
12.00 NOON **DIY SOS: Million Pound Build...**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: Million Pound Build for Children in Need**
7.00 **Emergency: First Time Medics** Documentary.
8.00 **Don't Hate Your House with the Property Brothers**
9.00 **NEW SERIES First Responders**
10.00 **Katie Piper: Locked Up in Louisiana**
11.00 **Gemma and Gorka: Life Behind the Lens**
12.00 M'T **Pete Wicks: For Dogs' Sake**
1.00 AM **MasterChef USA**
1.45 **to 3.00** AM **Changing Rooms Australia**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **At Home with the Braithwaites**
8.25 **Doctors**
9.35 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Eldorado**
3.15 **Hetty Wainthropp Investigates**
4.20 **At Home with the Braithwaites**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Dalziel & Pascoe** *Deadheads:* A rose-grower is suspected of being a serial killer. Guest stars Keith Barron. (S2)
10.05 **New Tricks**
11.25 **Bergerac**
12.25 AM **Sister Boniface Mysteries** 6/10. (S1)
1.25 **The Last Detective**
3.00 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Puglia.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Celebrity Antiques Road Trip** Double bill.
4.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Double bill of editions.
9.00 **Long Lost Family: What Happened Next** Davina McCall and Nicky Campbell revisit three memorable stories. **10.00** Updates on three stories of siblings brought together after decades apart
11.00 **Long Lost Family**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Classic Who Wants to Be a Millionaire?**
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill.
6.00 **The Bidding Room** Items include a set of mid-century chairs.
7.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Tenable** A team of family members from London compete.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **Wild West Chronicles** Western.
8.50 **Battle Honours**
10.00 **The Avengers** (S5)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Kentucky Rifle** Western drama. (1956, U, 84min) ★★
2.50 **FILM Seminole Uprising** Western. (1955, PG, 74min) ★★
4.40 **FILM Depth Charge** Thriller. (2008, 12) ★★
6.30 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S5)
9.00 **FILM The Double** Thriller. (2011, 12, 94min) ★★
11.00 **FILM The Trust** Thriller. (2016, 15, 90min) ★★★
1.05 AM **FILM Disaster Zone: Volcano in New York** Disaster drama. (2006, 12, 90min) ★★
2.50 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Coast Guard Alaska**
11.00 **Saving Lives at Sea**
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Cradle Swapping** Drama. (2017, 12, 88min) ★★
2.55 **FILM Cruel Fixation** Suspense thriller. (2019, 12, 90min) ★★
5.05 **FILM The Gourmet Detective: Roux the Day** Crime drama starring Dylan Neal. (2020, PG, 83min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Driven** Thriller starring Jason Sudeikis. (2018, 15, 113min) ★★★
11.30 **FILM 10 Minutes Gone** Action mystery starring Bruce Willis. (2019, 15, 89min) ★
1.35 AM **Jack Hunter**
4.00 **to 6.00** AM **FILM Witness Unprotected** Thriller with Adam Huss. (2018, 15, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Flip That Romance** Drama. (2019, PG, 90min) ★★
10.05 **FILM Sweet As Maple Syrup** (2021, PG) ★★
12.00 NOON **FILM An Hour Behind** (2017, PG) ★★
2.00 PM **FILM Love in Design** Romantic comedy. (2018, PG, 86min) ★★
4.05 **FILM Love, Fall & Order** Romantic drama. (2019, U, 84min) ★★
6.00 **FILM The Wedding Rule** Romantic comedy. (2023, U, 90min) ★★
8.00 **FILM Love Stories in Sunflower Valley** Comedy. (2021, PG) ★★
10.00 **FILM Love Is a Piece of Cake** Romantic drama. (2020, PG, 90min) ★★
12.00 M'T **FILM Surprised by Love** (2015, PG) ★★
2.05 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM The 27-Hour Day** Drama. (2021, PG, 84min) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Surgical Spirit** (S4)
10.30 **Watching** 1/8. (S1)
11.00 **A Fine Romance** (S3)
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **Carry On Laughing**
1.00 **Please Sir!** (S2)
1.30 **You're Only Young Twice**
2.00 **Bramwell** (S2)
3.00 **Shine on Harvey Moon**
4.00 **Bubblegum & Cheese**
5.00 **A Fine Romance** (S3)
5.30 **The Monkees** (S1)
6.00 **Watching** 1/8. (S1)
6.30 **Lucky Feller**
7.00 **Bramwell** (S2)
8.00 **Please Sir!** (S2)
8.30 **You're Only Young Twice**
9.00 **Carry On Laughing**
9.30 **Thick as Thieves**
10.00 **Lucky Feller**
10.30 **The Cuckoo Waltz** (S2)
11.00 **Department S** (S2)
12.00 M'T **Sapphire and Steel**
1.00 AM **Shine on Harvey...**
2.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Tensions rise on board the *Northwestern*. **8.00** A mutiny transpires on the *Cornelia Marie*.
9.00 **Outback Opal Hunters** The Bushmen put their lives on the line in the most dangerous mine they have ever worked. **10.00** A miner gets trapped in a mine shaft.
11.00 **Aussie Gold Hunters**
12.00 M'T **British Speedway**
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **River Cottage Every Day** Lunch ideas.
7.00 **30 Minute Meals**
9.00 **Nigel Slater's Simple Suppers** Double bill.
10.00 **John Torode's Asia**
11.00 **Great British Bake Off**
1.00 PM **River Cottage Every Day** Lunch ideas.
2.00 **James Martin's French Adventure** Versailles.
3.00 **30 Minute Meals**
5.00 **Nigel Slater's Simple Suppers** Double bill.
6.00 **John Torode's Asia**
7.00 **Great British Bake Off**
9.00 **Jamie's Quick & Easy Food** Jamie Oliver makes Asian fishcakes. **9.30** A recipe for a one-pan fish dish.
10.00 **Jamie's Fish Supper**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food Nation**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 8/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 16/22. (S1)
11.00 **FILM Time Without Pity** Crime thriller. (1957, b/w, PG, 88min) ★★
1.00 PM **FILM House on Haunted Hill** Chiller with Vincent Price. (1958, b/w, 12, 75min) ★★★
2.25 **FILM Silverado** Western adventure. (1985, PG, 132min) ★★★
5.00 **Star Trek** 6/30. (S1)
6.00 **Knight Rider** 17/22. (S1)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Entrapment** Romantic action thriller. (1999, 12, 112min) ★★★
11.10 **FILM Impostor** Thriller. (2002, 15, 96min) ★★
1.05 AM **FILM The Escapist** Drama with Brian Cox. (2007, 15, 102min) ★★
3.05 **to 4.50** AM **FILM Curse of the Crimson Altar** Horror. (1968, 15) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Independents' Day** As 5.00pm.
8.00 **FILM Malibu Shark Attack** Disaster drama. (2009, 15, 120min) ★★
10.00 **Farscape** 21/22. (S4)
11.00 **FILM Arctic Apocalypse** Action disaster movie. (2019, PG, 90min) ★
1.00 PM **FILM The Shape of Things to Come** Sci-fi thriller adaptation. (1979, 15, 94min) ★★★
3.00 **Farscape** 21/22. (S4)
4.00 **The A-Team** 13/14. (S1)
5.00 **FILM Independents' Day** Sci-fi adventure. (2016, 15, 91min) ★★
7.00 **Farscape** 22/22. (S4)
8.00 **The A-Team** 14/14. (S1)
9.00 **FILM The Resident** Horror with Hilary Swank. (2011, 15, 91min) ★★
10.50 **FILM Bad Lieutenant** Crime drama. (1992, 18, 98min) ★★★★
1.00 **to 3.00** AM **FILM The Resident** As 9.00pm.

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Storage Wars: Texas**
8.00 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **UFO Files**
11.10 **Skinwalker Ranch**
12.10 PM **Mysteries from Above** A chalk figure.
1.05 **Secrets in the Jungle**
2.05 **Storage Hunters**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **UFO Files**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **Contraband: Seized at Sea** New edition
10.00 **Airport Security: USA** New edition
11.00 **Cops Who Kill**
12.00 M'T **UFOs Declassified**
1.00 AM **UFO Files**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Big Antique Adventure with Susan Calman**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **Walking Victorian Britain** From Lancashire.
6.00 **Inside the Tower of London** Documentary.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **How the Nazis Lost the War** How military blunders undermined confidence in the Nazis.
10.00 **Nazi Megastructures** Heinrich Himmler's role in establishing the SS.
11.00 **Prisoner: Cell Block H**
1.00 AM **Bargain-Loving Brits in the Sun**
3.00 **Big Antique Adventure with Susan Calman**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun: Home or Away**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **Love Your Garden**
3.00 **Beach Hunters**
4.00 **Escape to the Country**
6.00 **A Place in the Sun: Home or Away**
7.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 **Married to Real Estate** New edition Helping a blended family to find their first home together.
10.00 **Bargain Block** New edition Bringing a Detroit home to life.
11.00 **Home Town**
12.00 M'T **A Place in the Sun: Home or Away**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Curvy Brides Boutique**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World** Double bill.
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **Unbelievable Me**
9.00 **Take My Tumour**
10.00 **My Feet Are Killing Me**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Cheapskates**
1.30 **Extreme Couponing**
2.00 **My Feet Are Killing Me**
3.00 **Sex Sent Me to the ER**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Extreme Couponing**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S5)
8.00 **Friends** 22/24. Joey gets a shock in Las Vegas. **8.30** 23/24. Part one of two. The gang head to Las Vegas. (S5)
9.00 **FILM Ted** Offbeat buddy comedy starring Mark Wahlberg and Mila Kunis, and featuring the voice of Seth MacFarlane. (2012, 15, 106min) ★★★★
11.00 **Whose Line Is It Anyway? USA**
12.00 M'T **South Park** (S2)
1.30 AM **Lee Evans Live at Her Majesty's Theatre**
3.00 **Beavis and Butt-Head**
3.15 **Reno 911!** 3/11. (S8)
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 13&14/22. (S1)
11.00 **Friends** 2-5/25. (S6)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** 8&9/13. (S4)
4.00 **Guessable?**
5.00 **Becker** 13&14/22. (S1)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 1/22. The gang attend a wedding. **9.30** 2/22. Schmidt uses an app to give Jess a few lessons in the art of dating. (S4)
10.00 **Friends** 6-11/24. (S5)
1.00 AM **The Ren & Stimpy Show** Double bill. (S5)
2.00 **Reno 911!** (S4)
2.55 **The Ricky Gervais Show** 3&4/13. (S1)
3.45 **Becker** 13&14/22. (S1)
4.30 **New Girl** 1&2/22. (S4)
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Bondi Rescue**
12.00 NOON **DC's Legends of Tomorrow** (S6)
2.00 PM **Caught on Dashcam**
3.00 **Motorway Patrol**
4.00 **Bondi Rescue**
5.00 **Border Patrol**
6.00 **Supergirl** (S1)
8.00 **Caught on Dashcam** Double bill of editions.
10.00 **Brit Cops: Frontline Crime UK** Documentary.
11.00 **Dan Brown's The Lost Symbol** *L'enfant Orientation:* 4/10. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own: Best Of**
2.00 **Last King of the Cross**
3.00 **Duck Quacks Don't Echo** With Jason Byrne.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **Teen Mom Australia**
7.10 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **Help! I'm in a Secret Relationship!**
9.00 **MTV's Greatest Cribs Ever** The mansions of DJ Khaled and Usher.
10.00 **Aussie Shore** New edition Callum gives Lexie the cold shoulder.
11.00 **Dating Naked UK** New edition Two familiar faces return.
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Nina Agdal welcome Jenni Farley.
12.30 AM **Ridiculousness**
1.00 **Just Tattoo of Us**
2.00 **Ink Master: Revenge**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaskan Bush People**
9.00 **Mega Shippers**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Documentary.
3.00 **Gold Divers** 1&2/2. Shawn and Kris attempt to settle their feud for good.
5.00 **Building Off the Grid** A family set out to build an underground home in Idaho.
6.00 **Junkyard Empire** A customer asks Andy Cohen to restore his father's 1964 Mustang.

10.00 Gold Rush: Mine Rescue

7.00 Wheeler Dealers Mike Brewer gets his hands on one of the rarest BMWs ever made – a 1999 Z3 M Coupe.

8.00 Hoffman Family Gold In a desperate search for unfrozen ground, Andy creates a novel solution – digging up the road.

9.00 Gold Rush: White Water New edition On a resupply mission, Wes goes missing after a fall from the airboat.

10.00 NEW SERIES Gold Rush: Mine Rescue with Freddy & Juan The guys must devise a unique fix to a 4,000ft-high issue.

12.00 M'T **Expedition Bigfoot** A 3D-scan discovers possible man-made structures deep in the forest and a ghostly image.
1.00 AM **Gold Rush: White Water**
2.00 **Gold Rush: Mine Rescue with Freddy & Juan**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **Crikey! It's the Irwins**
10.00 **Bad Dog!**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked** With Akon.
1.00 PM **Crikey! It's the Irwins**
2.00 **Guardians of Rescue**
3.00 **Animal Cops Houston**
4.00 **Dogs 101** Travel companions.
5.00 **Alaska: Homestead Rescue** The Raneys help a family struggling to survive in their home made of tyre bales.
6.00 **Tanked** A Las Vegas restaurant seeks a scorpion terrarium.

7.00 Crikey! It's the Irwins

7.00 Crikey! It's the Irwins Moving day arrives for Acco, the zoo's biggest crocodile, but his mate Cassie goes into hiding.

8.00 Flying Wild Alaska Luke flies dangerous chemicals to a remote village, and winter claims its first victim in Unalakleet.

9.00 Pit Bulls & Parolees: Tia's Tales Tia, Tania and Mariah reflect on adopting out some of their favourite canines.

10.00 Alaskan Bush People A major diagnosis leaves the Brown clan shaken and forces everyone to re-evaluate their goals.

11.00 **Lair of the Killer Crocs** Documentary following attempts to relocate dangerous crocodiles in Australia.
12.00 M'T **Monster Croc Invasion**
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101** Travel companions.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Colossal Machines**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Vikings: The Rise and Fall** Double bill of editions.
2.00 PM **Hitler's Last Stand**
4.00 **Sunken Treasures Revealed: Drain the Ocean**
5.00 **Car S.O.S** Fuzz and Tim restore a 1970s Datsun 240z.
6.00 **Air Crash Investigation** Focusing on the 2007 case of Sriwijaya Air Flight 182, which crashed into the Java Sea.

8.00 Apocalypse: The Rise of...

7.00 Air Crash Investigation The 2007 case of Adam Air Flight 574, which crashed into the Java Sea.

8.00 Apocalypse: The Rise of Hitler 1/2. Documentary charting the dictator's rise to power.

9.00 Apocalypse: The Rise of Hitler 2/2. Exploring Hitler's rise to the position of chancellor in 1933.

10.00 Hitler: The Lost Tapes of the Third Reich Hitler embarks on a genocidal war of conquest, which threatens Europe's future.

11.00 **Air Crash Investigation**
12.00 M'T **Car S.O.S**
1.00 AM **History: The Interesting Bits** History's richest people.
2.00 **Food Factory**
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory**
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Walking Through History**
6.50 **Dirty Old Cars**
7.20 **Storage Hunters**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Swamp People: Serpent Invasion**
1.00 PM **Storm Stories**
2.00 **Colosseum**
4.00 **Flipping Bangers**
5.00 **Pawn Stars** A seller visits with a letter from Stephen King.
6.00 **American Pickers**

9.00 Greatest Escapes of WWII

7.00 Forged in Fire Previous champions have to pick a box and build a signature blade using whatever method is inside.

8.00 Storage Hunters The Berniers go to Las Vegas. **8.30** Jesse taunts Lori and Brandon in the hope of instigating a fight.

9.00 Greatest Escapes of WWII New edition Featuring a US bomber crew's Soviet secret and a German breakout.

10.00 Hitler's Handmaidens An examination of the 'Nazi Woman' through a contemporary lens.

11.00 **Hitler's Handmaidens** Investigating female Nazi involvement in the Holocaust.
12.00 M'T **Ross Kemp: Mafia and Britain** The connection between USA and Britain in the rise of the Mafia.
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **The Curse of Oak Island**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nazi Hunters** As 4.00pm.
11.00 **Adolf Hitler's War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **Nazi Hunters** A Jewish group that hunted down persecutors.
5.00 **Adolf Hitler's War** A betrayed Stalin fights the German army in the Soviet states.
6.00 **Antiques Roadshow** Fiona Bruce hosts from Powis Castle.

7.00 Canal Boat Diaries

7.00 Canal Boat Diaries Robbie Cumming travels from Knottingley to Ripon. **7.30** A journey from Sheffield to Keadby.

8.00 Bangers & Cash: Restoring Classics The team buy a 1950s Austin Westminster rally car.

9.00 Bangers & Cash: Restoring Classics The team fall for a Subaru pick-up which has all the Mathewsons in agreement.

10.00 Bangers & Cash: Restoring Classics The team take on a fast Ford to see if a 'quick flip' could make some easy money.

11.00 **Bangers & Cash** A 1967 Aston Martin DB6 could be the most expensive car ever sold at the auction.
12.00 M'T **Dream Car Fixers** Sheldon and Peter take on a Reliant Scimitar GTE.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Tuesday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Salvage Hunters: Classic Cars**
7.00 **Salvage Hunters: The Restorers**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Documentary.
1.00 PM **The Repair Shop**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Giro D'Italia Highlights** Action from stage four.
8.00 **Shed and Buried: Classic Cars** Henry and Fuzz explore Shane's epic collection, where a stylish Lanchester LD10 catches their eye.
9.00 **Shed and Buried:**
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress: UK** Double bill.
9.00 **Say Yes to the Dress**
10.00 **Say Yes... Lancashire**
11.00 **Disappeared**
12.00 NOON **Betrayed**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories** Documentary.
8.00 **Murder on CCTV**
9.00 **The Night That Didn't End** True-crime.
10.00 **Bloodline Detectives**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Carla Fuqua.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **The Truth About My Murder** Dr Richard Shepherd investigates the cold case murder of Linda Curry whose husband poisoned her with nicotine.
8.00 **See No Evil** The murder of Carl Starke.
9.00 **Storm of Suspicion** New edition A woman goes missing after a night out at a local bar.
10.00 **Donal MacIntyre's UK Killer Evidence** New edition A body is found in a pub freezer and police uncover suspicious text messages.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Donal MacIntyre's UK Killer Evidence**
3.00 **See No Evil**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Crimes That Shook Australia** Double bill.
11.00 **Medical Detectives**
2.00 PM **Crimes That Shook Australia** Double bill.
4.00 **Medical Detectives** A neighbour witnesses a man stab his wife. **4.30** A house fire turns out to be no accident. **5.00** Police search for a man who committed several crimes in 1957. **5.30** Investigators piece together tiny clues at the scene of a hit-and-run accident. **6.00** Investigators must determine what caused a fire that killed an elderly couple. **6.30** Investigators close in on a killer 20 years after the murder.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Send in the Dogs**
9.00 **The Force: Manchester**
10.00 **Brit Cops: Rapid Response** Documentary.
11.00 **Killer in My Village**
12.00 NOON **How I Caught...**
1.00 PM **Catching the Killer**
2.00 **Murders That Shocked the Nation** Peter Manuel.
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **The Murderer & Me**
10.45 **The Real Manhunter**
11.50 **World's Most Evil Killers**
12.55 AM **Killer in My Village**
2.00 **Murdered at First Sight**
3.00 **Love You to Death**
4.00 **Brit Cops: Frontline Crime UK** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **Prince Albert...**
9.40 **Wrecks That Changed...**
10.40 **The First World War...**
11.50 **Verdun, the Battle...**
1.00 PM **Peru, Sacrifices in the Kingdom of Chimor**
2.20 **Prince Albert...**
3.25 **Wrecks That Changed the World**
4.25 **The First World War: The People's Story**
5.35 **Verdun, the Battle of the Great War**
6.40 **Prince Albert: A Victorian Hero Revealed**
7.45 **Wrecks That Changed the World**
8.50 **The First World War: The People's Story**
9.55 **Verdun, the Battle of the Great War**
11.00 **Wrecks That Changed the World**
12.00 M'T **The First World War: The People's Story**
1.15 **to 2.00** AM **America the Bountiful**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Nineties**
7.00 **Discovering: Octavia Spencer**
8.00 **The Directors**
9.00 **The Invisible Pilot**
10.00 **The Man Who Bought Cricket**
11.00 **Kingdom of Dreams**
12.00 NOON **Queen of Speed**
2.00 PM **The Last Rider**
4.00 **The Directors**
5.00 **Discovering: Octavia Spencer**
6.00 **The Invisible Pilot**
7.00 **The Man Who Bought Cricket** 3/3. Allen Stanford moves his operation to Antigua.
8.00 **Bibaa & Nicole: Murder in the Park** 1&2/3. Documentary about the murder of sisters Bibaa Henry and Nicole Smallman in 2020, examining the shocking case of police misconduct that followed
10.00 **The Body Next Door**
1.00 AM **Dublin Narcos**
2.00 SERIES RESUMES **David Frost Vs** Recalling the journalist's interviews with Richard Nixon.
3.00 **Klitschko: More Than a Fight**
5.00 **to 6.00** AM **Discovering: Octavia Spencer**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Tales from Zambia**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Orangutan Jungle School**
10.00 **Arctic Secrets**
11.00 **Africa's Hunters**
12.00 NOON **Africa's Wild Horizons**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Orangutan Jungle School**
4.00 **Arctic Secrets**
5.00 **Gangs of Baboon Falls**
6.00 **Africa's Wild Horizons**
7.00 **Monkey Life** Double bill.
8.00 **Living Beach** Australia's Fraser Island – a complex ecosystem built entirely upon sand.
9.00 **Survival of the Beast** The survival skills of Earth's animals.
10.00 **Africa's Wild Horizons**
11.00 **Gangs of Baboon Falls**
12.00 M'T **Africa's Hunters**
1.00 AM **Into the Wild: Colombia**
2.00 **Living Beach**
3.00 **Survival of the Beast**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Jungle**
9.00 **Bomber: Terror of WWII**
10.00 **Mystery Places**
11.00 **Ancient Aliens**
1.00 PM **Lost Relic Hunters**
2.00 **Al Murray: Why Do the Brits Win Every War?**
3.00 **Empire Builders**
4.00 **Bomber: Terror of WWII**
5.00 **Swamp Mysteries with Troy Landry** Troy bids to reach a legendary treasure hidden deep within the bayou.
6.00 **Mystery Places**
7.00 **Alien Files: Unsealed**
8.00 **Al Murray: Why Does Everyone Hate the British Empire?** Colonial rule in Jamaica.
9.00 **Queens of Ancient Egypt**
10.00 **Secrets in the Jungle**
11.00 **The Lost Pirate Kingdom**
12.05 AM **Ancient Aliens**
2.00 **Al Murray: Why Do the Brits Win Every War?**
3.00 **Empire Builders**
4.00 **Alien Files: Unsealed**
5.00 **to 6.00** AM **Swamp Mysteries with Troy Landry**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files: DNA...**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **When Missing Turns to Murder**
10.00 **Sin City Murders**
11.00 **An Hour to Kill**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **Killer in Plain Sight**
3.00 **When Missing Turns to Murder**
4.00 **Sin City Murders**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files: DNA Speaks**
7.00 **The First 48 Presents: Critical Minutes** Documentary.
8.00 **Imperfect Murder**
9.00 **Fatal Family Feuds** New edition A couple are gunned down.
10.00 **Spring Break Murders** New edition Documentary.
11.00 **Cruise Ship Killers**
12.00 M'T **Crimes That Shook Britain**
1.00 AM **Fatal Family Feuds**
2.00 **Spring Break Murders**
3.00 **The Real Murders of Atlanta**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **An Hour to Kill**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Africa's Deadliest**
10.00 **America's National Parks**
11.00 **Exotic Animal ER**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Built to Survive**
3.00 **Tree Kangaroos: Ghosts of the Forest**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City: Uncharted**
7.00 **Secrets of the Zoo: Tampa**
8.00 **Something Bit Me** Two boys enjoying summer meet two predators looking for a meal.
9.00 **Russia's Wild Tiger** Cameras follow a young tiger for the first year after leaving its mother.
10.00 **Alaska: The Next Generation** Michael Manzo navigates the most challenging rivers of his life.
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom: Uprising**
1.00 AM **Lawless Island**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **The Dark Side of the Sun**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Cooper's Treasure**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** The risk to manned space exploration of cosmic rays.
8.00 **The Dark Side of the Sun** The past and future of the sun.
9.00 **Secret Space Escapes** The events of a classified mission during which the crew of space shuttle *Atlantis* discovered fatal damage to heat shields on the underbelly of their ship.
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.20 **Parkinson**
2.00 PM **Bargain Hunt**
4.00 **Parkinson**
5.25 **Doctor Who** Four episodes of the sci-fi drama, including at: **7.00** *Colony in Space – Part Three:* 17/25. The Doctor comes into conflict with the Master when he attempts to retrieve a stolen Doomsday Machine. (S8)
7.35 **Bargain Hunt** From Deene Park in Northamptonshire. **8.35** Hunting for antiques in Oswestry, Shropshire.
9.35 **Parkinson** The host chats to Charlotte Church and Michael Aspel. Plus, music legend Lionel Richie performs a selection of his greatest hits. **10.55** With guests George Clooney, Heather Mills McCartney and Dawn French. Plus, music from Simply Red.
12.15 AM **Doctor Who**
2.20 **Bargain Hunt**
3.10 **Parkinson**
5.15 **to 6.00** AM **Bargain Hunt**

+1 hour 266 376

ID

154 141 166

8.00 AM **Murder Comes to Town**
9.00 **Murder Chose Me**
11.00 **Never Say Goodbye**
1.00 PM **Evil Talks: Chilling Confessions** Double bill.
3.00 **The Murder Tapes**
5.00 **Who Killed Jane Doe?**
7.00 **Diabolical: Deadly Love** How, when 93-year-old Penny Knell was admitted to a special care facility, a devious mastermind was waiting to prey upon society's most vulnerable. **8.00** How, in Michigan, an affair between two colleagues became more complex as the lovers proved willing to do anything – even commit murder – to protect their secret.
9.00 **Feuds Turned Fatal** Two men start an auto body repair business, but a feud erupts.
10.00 **They Called Him Mostly Harmless** Documentary.
12.00 M'T **Britain's Deadliest Kids**
2.00 AM **Who Killed Jane Doe?**
4.00 **to 6.00** AM **Diabolical: Deadly Love**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **Incredible Engineering Blunders: Fixed**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Massive Engineering Mistakes**
4.00 **Last Chance Garage**
5.00 **Richard Hammond's Workshop** Motoring series.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Last Chance Garage** A botched 2020 Jeep comes in with an engine from 20 years prior.
9.00 **Motor Pickers**
10.00 **Massive Engineering Mistakes**
11.00 **Shed and Buried**
12.00 M'T **Last Chance Garage**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **RMD Garage**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.25 AM **Omni Loop** As 3.00am.
8.25 **Rebellious** Animated fantasy adventure. (2024, PG, 94min)
10.05 **Twisters** As 5.50pm.
12.10 PM **Speak No Evil** As 8pm.
2.10 **Between the Temples** Comedy drama with Jason Schwartzman. (2024, 15, 111min) ★★★★
4.05 **Cleaner** As 10.00pm.
5.50 **Twisters** Disaster drama sequel starring Daisy Edgar-Jones and Glen Powell. (2024, 12, 122min) ★★★★

5.50 Twisters

8.00 **Speak No Evil** Horror starring James McAvoy and Aisling Franciosi. A dream holiday turns into a nightmare when an American family stay at a British couple's idyllic estate. With Mackenzie Davis and Scoot McNairy. (2024, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Cleaner** Action thriller starring Daisy Ridley. Environmental activists hijack an energy company's gala and take 300 hostages. With Clive Owen and Matthew Tuck. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Mob Cops** Crime drama with David Arquette and Kevin Connolly. (2024, 15, 87min) ★
1.20 AM **The Damned** Horror mystery with Odessa Young. (2024, 15, 89min) ★★★★
3.00 **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★
5.00 **to 6.40** AM **Mob Cops** (2024)

Sky Cinema Mega Hits

303 303 403 503 517

6.00 AM **Transformers One** Animated sci-fi adventure. (2024, PG, 104min) ★★★★
8.00 **Anyone But You** As 12.00m't.
9.50 **Dunkirk** Wartime drama. (2017, 12, 106min) ★★★★★
11.50 **Oppenheimer** Epic biopic. (2023, 15, 180min) ★★★★★
2.50 PM **Saving Private Ryan** Steven Spielberg's war drama. (1998, 15, 169min) ★★★★★
5.40 **A Star Is Born** Drama. (2018, 15, 136min) ★★★★★

8.00 Mamma Mia!

8.00 **Mamma Mia!** Musical starring Meryl Streep. A young bride-to-be living on a Greek island invites three of her mother's old boyfriends to her wedding, hoping to find out which one is her father. (2008, PG, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Chicago** Oscar-winning screen version of the hit Broadway musical, starring Renée Zellweger, Catherine Zeta-Jones and Richard Gere. (2002, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Anyone But You** Romantic comedy with Sydney Sweeney and Glen Powell. (2023, 15, 103min) ★★★★
1.55 AM **The Dry** Crime drama. (2020, 15, 117min) ★★★★
4.00 **to 6.00** AM **Force of Nature: The Dry 2** Thriller sequel. (2024, 15, 120min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.10 AM **Straight Outta Compton** Biopic. (2015, 15, 147min) ★★★
9.50 **Phantom Thread** As 12.25am.
12.15 PM **Whiplash** As 10.30pm.
2.15 **The Great Escaper** Drama. (2023, 12, 96min) ★★★★
4.05 **Nobody's Fool** Comedy drama. (1994, 15, 111min) ★★★★
6.10 **Aisha** Drama starring Letitia Wright and Josh O'Connor. (2022, 12, 94min) ★★★★
8.00 **Catch Me If You Can** Steven Spielberg's fact-based adventure starring Leonardo DiCaprio and Tom Hanks. In the 1960s, a runaway teenager enjoys a remarkable crime spree, passing himself off as a pilot, a doctor and a lawyer, and cashing millions of dollars in false cheques. With Christopher Walken. (2002, 12, 141min) ★★★★★
10.30 **Whiplash** Drama starring Miles Teller and JK Simmons. (2014, 15, 106min) ★★★★★
12.25 AM **Phantom Thread** Drama starring Daniel Day-Lewis. (2017, 15, 130min) ★★★★★
2.40 **Manodrome** Offbeat thriller. (2023, 15, 96min) ★★★
4.25 **to 6.20** AM **The Illusionist** Mystery starring Edward Norton. (2006, PG, 110min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.25 AM **Kill** As shown at 1.40am.
9.10 **There's Something in the Barn**
11.00 **The Crazies** Horror remake. (2010, 15, 101min) ★★★★
12.50 PM **Star Trek Beyond** Sci-fi adventure starring Chris Pine. (2016, 12, 122min) ★★★★
3.00 **Gravity** Space thriller. (2013, 12, 91min) ★★★★★
4.40 **The First Purge** Horror thriller prequel. (2018, 15, 98min) ★★
6.25 **Paranormal Activity: The Ghost Dimension** Horror sequel with Chris J Murray and Brit Shaw. (2015, 15, 88min) ★
8.00 **World War Z** Apocalyptic action thriller starring Brad Pitt. A UN investigator tries to stop the fast-spreading zombie virus that is overwhelming the world. (2013, 15, 116min) ★★★★
10.10 **Thanksgiving** Horror thriller starring Patrick Dempsey, Nell Verlaque and Addison Rae. (2023, 18, 106min) ★★★
12.05 AM **The Pact** Mystery thriller. (2012, 15, 85min) ★★★
1.40 **Kill** Thriller with Daniel Portman. (2023, 15, 94min) ★★★
3.20 **There's Something in the Barn** Horror comedy. (2023, 15) ★★
5.10 **to 6.55** AM **Monolith** Thriller. (2022, 15, 90min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.30 AM **Beethoven's 2nd** (1993)
9.05 **Big Fat Liar** Teen comedy. (2002, PG, 88min) ★★★
10.40 **Spy Kids** Action comedy. (2001, U, 88min) ★★★★
12.25 PM **Spy Kids 2: Island of Lost Dreams** (2002, U) ★★★★
2.20 **Spy Kids 3: Game Over** Action comedy. (2003, U) ★★★
4.00 **Jackie Chan's The Tuxedo** Action comedy. (2002, 12) ★★
5.55 **Paul Blart: Mall Cop** Crime comedy. (2009, PG, 91min) ★

5.55 Paul Blart: Mall Cop

7.35 **Paul Blart: Mall Cop 2** Crime comedy sequel starring Kevin James and Raini Rodriguez. (2015, PG, 92min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **The Horse Dancer** Drama starring Sophie Bolen. A promising young gymnast starts a horse-dancing team to raise money for a horse camp that is being threatened with closure. With Kristen Ryda. (2017, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Beethoven's 2nd** Comedy sequel. (1993, U, 89min) ★★
12.50 AM **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy adventure. (2005, U, 98min) ★★
2.35 **Mee-Shee: The Water Giant** Family fantasy adventure. (2005, PG, 94min) ★★★
4.25 **Sky Cinema Preview**
5.10 **to 6.55** AM **Pups United** Family comedy adventure. (2015, U, 89min) ★★★

Sky Cinema Action

307 307 407 507 521

6.40 AM **The Cinema List: Westerns**
6.55 **Shaolin Soccer** As 1.55am.
8.50 **The Locksmith** As 3.50am.
10.25 **Game of Death II** As 5.30am.
12.05 PM **Godzilla** Thriller remake. (2014, 12, 118min) ★★★
2.10 **Ghost Rider** Adventure. (2006, 12, 106min) ★★★
4.05 **Rampage** Fantasy adventure. (2018, 12, 107min) ★★★
5.55 **Justice League** Sci-fi adventure starring Ben Affleck. (2017, 12, 120min) ★★

8.00 Bad Boys: Ride or Die

8.00 **Bad Boys: Ride or Die** Action comedy adventure sequel starring Will Smith and Martin Lawrence. Miami cops Mike Lowrey and Marcus Burnett go on the run to clear their late captain's name. With Vanessa Hudgens. (2024, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

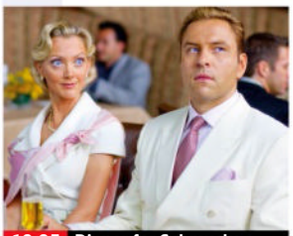
10.00 **Mad Max: Fury Road** Sci-fi thriller starring Tom Hardy, Charlize Theron and Nicholas Hoult. (2015, 15, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Once Upon a Time in Mexico** Epic action thriller starring Antonio Banderas. (2003, 15, 102min) ★★★
1.55 **Shaolin Soccer** Hong Kong martial arts sports comedy. (2001, 12, 113min) ★★★
3.50 **The Locksmith** Mystery. (2022, 15, 88min) ★★★
5.30 **to 7.10** AM **Game of Death II** Martial arts crime adventure. (1980, 18, 96min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **Babes** As 12.10am.
9.00 **Dad's Army** As 4.10am.
10.45 **See No Evil, Hear No Evil** Comedy. (1989, 15) ★★★
12.35 PM **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
2.15 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★
4.05 **Talladega Nights: The Ballad of Ricky Bobby** Comedy. (2006, 15, 108min) ★★★★
6.15 **David Brent: Life on the Road** Comedy. (2016, 15) ★★


10.05 Dinner for Schmucks

8.00 **School of Rock** Comedy starring Jack Black and Joan Cusack. A wannabe rock guitarist poses as a substitute teacher at an elite private school and attempts to turn his young pupils into a rock band. With Mike White. (2003, PG, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Dinner for Schmucks** Comedy starring Steve Carell and Paul Rudd. A corporate climber tries to get ahead by bringing a dumb acquaintance to amuse his boss at a dinner party for idiots. (2010, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Babes** Comedy. (2024, 15, 104min) ★★★★
2.10 **Junior** Family comedy. (1994, PG, 110min) ★★★
4.10 **Dad's Army** Comedy spin-off. (1971, U, 95min) ★★★★
5.55 **to 7.55** AM **Bye Bye Birdie** Musical. (1963, PG) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.15 AM **Caddo Lake** As 1.35am.
9.05 **False Positive** As 6.20pm.
10.45 **Naked Singularity** Crime comedy starring John Boyega. (2021, 15, 93min) ★★★
12.35 PM **Angels & Demons** Mystery thriller. (2009, 12, 138min) ★★
3.00 **Breakdown** Suspense thriller. (1997, 15, 94min) ★★★★
4.40 **Unhinged** Psychological thriller. (2020, 15, 90min) ★★★
6.20 **False Positive** Horror thriller. (2021, 15, 92min) ★★

6.20 False Positive

8.00 **Inferno** Director Ron Howard's adaptation of the Dan Brown thriller, starring Tom Hanks, Felicity Jones and Irrfan Khan. While suffering from amnesia, Professor Robert Langdon tries to stop a lethal virus from killing millions of people. (2016, 12, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **The Royal Hotel** Thriller starring Julia Garner and Jessica Henwick. Two backpackers take a job in a remote Australian pub. (2023, 18, 91min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Last Stop in Yuma County** Thriller. (2023, 15) ★★★★
1.35 AM **Caddo Lake** Thriller. (2024, 12, 99min) ★★★
3.30 **The Cinema List: Thriller**
3.50 **One Day as a Lion** Action thriller. (2023, 15, 87min) ★★★
5.20 **to 6.50** AM **The Big Heat** Fritz Lang's gangster thriller. (1953, b/w, 15, 90min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Time Lock** Thriller. (1957, b/w, PG, 73min) ★★
12.35 PM **Kind Hearts and Coronets** Comedy. (1949, b/w, U, 106min) ★★★★★
2.45 **San Demetrio, London** War drama. (1943, b/w, PG) ★★★★
4.45 **The Colditz Story** Classic World War Two escape drama. (1954, b/w, U, 97min) ★★★
6.45 **Fisherman's Friends** Comedy drama. (2019, 12, 112min) ★★★

11.15 Wild Card

8 PM **Fisherman's Friends** (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Men in Black: International** Fantasy comedy sequel starring Chris Hemsworth and Tessa Thompson. The intergalactic law enforcers tackle their biggest threat – a mole in the Men in Black organisation. (2019, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM **11.15** **Wild Card** Action thriller starring Jason Statham and Michael Angarano. A Las Vegas bodyguard with a gambling problem finds himself on the wrong side of a mob boss. (2015, 15, 92min) ★★★
1.05 **to 3.45** AM **xXx** Espionage thriller starring Vin Diesel, Asia Argento and Samuel L Jackson. (2002, 12, 124min) ★★

+1hour 314 430 47 301 257

Sky Cinema Tom Cruise

302 302 402 502 516

6.50 AM **Mission: Impossible**
8.45 **Mission: Impossible II**
10.50 **Mission: Impossible III**
1.00 PM **Mission: Impossible**
2.55 **Mission: Impossible II**
5.00 **Mission: Impossible III** Action thriller sequel with Tom Cruise. Secret agent Ethan Hunt tries to free his kidnapped wife from the clutches of an arms dealer. (2005, 12, 126min) ★★★★

7.10 **Mission: Impossible** Brian De Palma's action thriller based on the 1960s TV series, starring Tom Cruise. An undercover agent devises a risky plan to expose the traitor who betrayed him and his colleagues. (1996, PG, 110min) ★★★
9.05 **Mission: Impossible II** Action thriller sequel with Tom Cruise. Special agent Ethan Hunt must track down a villain who has a deadly virus at his disposal. (2000, 15, 124min) ★★★

11.10 **Mission: Impossible III** Action thriller sequel with Tom Cruise and Philip Seymour Hoffman. (2005, 12, 126min) ★★★★
1.20 AM **Mission: Impossible**
3.15 **Mission: Impossible II**
5.20 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Greats

304 304 404 504 518

7.35 AM **I'm All Right, Jack** (1959)
9.25 **The Great Gatsby** F Scott Fitzgerald's melancholy tale. (1974, 12, 146min) ★★★
11.50 **Robin Hood: Prince of Thieves** Adventure starring Kevin Costner. (1991, PG, 138min) ★★
2.15 PM **Gorillas in the Mist** Fact-based drama with Sigourney Weaver and Bryan Brown. (1988, 12, 124min) ★★★★

4.25 **A Shot in the Dark** Inspector Clouseau comedy starring Peter Sellers and Elke Sommer. (1964, PG, 98min) ★★★★
6.10 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★
8.00 **The Naked Gun** Spoof police thriller starring Leslie Nielsen. (1988, 15, 85min) ★★★★
9.40 **Raiders of the Lost Ark** Steven Spielberg's adventure starring Harrison Ford and Karen Allen. (1981, PG, 115min) ★★★★★

11.40 **A Shot in the Dark** As 4.25pm.
1.25 AM **Kiss Me, Stupid** Billy Wilder's outrageous comedy. (1964, b/w, PG, 124min) ★★★
3.45 **I'm All Right, Jack** Classic satire. (1959, b/w, U, 105min) ★★★
5.40 **to 6.05** AM **The Cinema List: Black British Actors**

Sky Cinema Animation

305 305 412 500 514

7.20 AM **Monster Family 2** Animated sequel. (2021, U, 90min) ★
9.15 **The Angry Birds Movie** Animated family comedy. (2016, U, 97min) ★★★
11.00 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 93min) ★★★
12.45 PM **Trolls** As shown at 5.30pm.
2.25 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★

4.00 **Over the Hedge** Animation. (2006, U, 83min) ★★★★
5.30 **Trolls** Animated musical. (2016, U, 92min) ★★★
7.10 **The Garfield Movie** Animation. (2023, U, 101min) ★★★
9.00 **Maya the Bee** Animated adventure. (2014, U, 86min) ★★
10.35 **The Adventures of Tom Thumb and Thumbelina** Animation. (2002, U, 72min) ★★
12.00 M'T **Sinbad: Legend of the Seven Seas** Animated adventure. (2003, U, 85min) ★★★★

1.35 AM **DC Super Hero Girls: Legends of Atlantis** Animation. (2018, PG, 75min) ★★★
3.00 **Rock Dog** Animated adventure. (2016, PG, 90min) ★★★
4.40 **to 6.20** AM **Rock Dog 3: Battle the Beat** Animated sequel. (2022, U, 90min) ★★

Movies 24

312 313 419

7.00 AM **Love & Jane** Romantic fantasy. (2024, PG, 84min) ★★
9.00 **Betty's Bad Luck In Love** Comedy. (2024, PG, 84min) ★★
11.00 **The Real West** Romantic comedy. (2024, PG, 84min) ★★
1.00 PM **Lease on Love** Romantic comedy. (2022, PG, 86min) ★★
3.00 **Love Under the Lemon Tree** Romantic comedy drama. (2022, PG, 88min) ★★

5.00 **Love on Retreat** Romantic drama. (2023, PG, 85min) ★★
7.00 **Hidden Gems** Romantic comedy starring Hunter King. (2022, PG, 85min) ★★
9.00 **Love's Fast Lane** Romantic drama starring Grace Patterson and Thomas Gipson. A mechanic becomes an online celebrity, and falls for the publicist helping her manage her new-found fame. (2023, PG, 90min) ★★
11.00 **Perfect Harmony** Romantic comedy. (2022, PG, 84min) ★★

1.00 AM **Mountain Rescue Romance** Romantic comedy. (2023, PG, 84min) ★★
3.00 **to 5.00** AM **The Wedding Contest** Romantic comedy. (2023, PG, 88min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Carry On Admiral** Comedy. (1957, b/w, U, 85min) ★★
7.40 **What's On TPTV with Noel**
7.50 **Home to Danger** Mystery. (1951, b/w, PG, 67min) ★★
9.10 **Child in the House** Drama. (1956, b/w, U, 88min) ★★★
10.50 **Kill Her Gently** Crime thriller. (1957, b/w, PG, 73min) ★★★
12.20 PM **Traffic** Jacques Tati's comedy. (1970, PG, 96min) ★★★

2.10 **The Great Game** Satirical drama. (1953, b/w, U, 80min) ★★★
3.45 **Miranda** Vintage comedy. (1947, b/w, U, 80min) ★★★★
5.20 **Edgar Wallace Mystery Theatre**
6.30 **Man from Interpol** 5/39. (S1)
7.05 **Batman** 8/60. (S2)
7.35 **Dial 999** 4/39. (S1)
8.10 **The Intruder** Drama. (1953, PG, 84min) ★★★
9.50 **Cellar Club with Caroline Munro**
9.55 **The Cabinet of Caligari** Horror. (1962, b/w, 18, 106min) ★★★
12.05 AM **Cellar Club with Caroline...**

12.10 **Mortuary** Horror thriller. (1982, 18, 93min) ★★★
2.00 **Cellar Club with Caroline Munro**
2.05 **Hammer House of Mystery and Suspense** 1/13. (S1)
3.40 **The Black Book** Drama. (1949, b/w, PG, 89min) ★★★
5.30 **to 6.00** AM **Beverly Hillbillies**

Tuesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 LIVE **WTA & ATP Tennis** Coverage of the eighth day of the Internazionali BNL d'Italia, a clay-court event staged at Foro Italico in Rome. Alejandro Tabilo followed up his stunting victory over Novak Djokovic last year by successfully navigating his way past Karen Khachanov in round four, triumphing 7-6, 7-6 to book his passage into the quarter-finals. Elsewhere, number two seed Daniil Medvedev saw his quest for the title come to an end as he was beaten 1-6, 4-6 by Tommy Paul.
2.00 PM **PGA Championship Golf** Build-up to the 107th edition of the Major. This will be just the second time this course has played host to the tournament, with the previous occasion being in 2017, when American Justin Thomas played his way to victory.
7.30 LIVE **EFL** The second Championship play-off semi-final second-leg, with the team who finished fourth hosting the side who finished fifth. Kick-off **8.00pm**.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
8.30 **SNF** Bournemouth v Aston Villa.
9.00 **Premier League Highlights**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **Premier League Highlights** Man United v West Ham United.
1.30 Action from Tottenham Hotspur v Crystal Palace.
2.00 Highlights of Nottingham Forest v Leicester City.
2.30 Liverpool v Arsenal.
3.00 Fulham v Everton.
3.30 Ipswich Town v Brentford.
4.00 Southampton v Man City.
4.30 **SNF** Bournemouth v Aston Villa.
5.00 **Premier League Best Goals**
6.00 **Netbusters** Recent action.
6.30 **Premier League 100: David James** The former goalkeeper looks back at his career.
7.00 **Premier League Review**
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League Review**
10.00 **Premier League Icons**
11.00 **Premier League Years**
1.00 AM **PL Retro** Arsenal v Spurs.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2014/15 play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2014 final.
12.00 NOON **EFL** Championship.
2.00 PM **Bundesliga Highlights Show**
3.00 **EFL Highlights**
4.30 **Scottish Premiership Round-Up** Top-flight action.
4.45 **SPFL Highlights**
5.00 **WSL** Recent action.
5.30 **EFL Highlights** A League Two play-off semi-final first-leg. **6.00** The first League One play-off semi-final first-leg. **6.30** Championship play-offs.
7.30 LIVE **EFL** Coverage of the second Championship play-off semi-final second-leg, with the team who finished fourth in the table hosting the side who finished fifth. Kick-off **8.00pm**.
11.00 **EFL Highlights** The first League One play-off semi-final first-leg.
11.30 **EFL Greatest Games**
12.00 M'T **EFL Highlights**
12.30 AM **EFL Cup Retro**
2.30 **EFL Trophy** The 2024 final.
3.00 **EFL Greatest Games**
4.00 **EFL** Action from 2017/18.
4.30 **Jimmy Glass: The Great Escape**
5.00 **to 6.00** AM **SPFL**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** A match replay.
10.10 **Ashes Greats** Andrew Flintoff.
10.30 **Best of ICC WT20**
11.00 **IPL** Recent action from India.
2.50 PM LIVE **IPL Royal Challengers Bengaluru v Sunrisers Hyderabad.** Coverage of the T20 match from M. Chinnaswamy Stadium. The visitors won this fixture last year in a high-scoring affair at this ground as they made the highest score in an IPL innings. Sunrisers hit a huge 287-3 in their 20 overs as Travis Head hit 102 from just 41 balls, before RCB put in a valiant effort to make 262-7 in their reply, eventually losing by 25 runs.
7.00 LIVE **Pakistan Super League** Coverage of the qualifier match from Rawalpindi Cricket Stadium.
8.00 **Best of ICC WT20**
9.00 **IPL** Royal Challengers Bengaluru v Sunrisers Hyderabad and Chennai Super Kings v Rajasthan Royals.
11.00 **Pakistan Super League** Highlights of the qualifier match from Rawalpindi Cricket Stadium.
12.00 M'T **IPL** Recent action from India.
5.10 AM **Ashes Greats**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Champs Official Film 2011** From Atlanta Athletic Club.
7.00 **PGA Champs Official Film 2013**
8.00 **PGA Champs Official Film 2015**
9.00 **PGA Champs Official Film 2016**
10.00 **McGinley & Chamblee at the PGA Championship**
11.30 **PGA Tour**
12.30 PM **McGinley & Chamblee at the PGA Championship**
2.00 **PGA Championship** Build-up to this year's PGA Championship, the 107th edition of the Major tournament.
10.00 **Ladies European Tour** The Aramco Korea Championship.
11.00 **PGA Tour** Highlights.
1.00 AM **DP World Tour**
1.30 **Golf Academy** Expert tips.
3.00 **PGA Champs Official Film 2013** From Pittsford, New York.
4.00 **PGA Champs Official Film 2014** From Valhalla Golf Club.
5.00 **to 6.00** AM **PGA Champs Official Film 2015**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage of day eight of the Internazionali BNL d'Italia staged at Foro Italico in Rome.
6.00 PM LIVE **WTA & ATP Tennis** Continued coverage of day eight of the Internazionali BNL d'Italia staged at Foro Italico in Rome.
10.00 **WTA Tennis** Madrid Open.
10.30 **ATP Tour This Week**
11.00 **WTA & ATP Tennis** The Dubai Tennis Championships finals.
1.00 AM **WTA Tennis** Rouen Open.
2.00 AM **ATP Sizzle Reel 2024**
2.15 **WTA Sizzle Reel 2024**
2.30 **ATP 2024 Best of Jack Draper**
2.45 **Bitesize Tennis** San Diego Open.
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **FIA World Endurance Championship Highlights**
7.00 **Serie A** Action from Italy.
9.00 **Premier League Review**
10.00 **Ally's Social Club**
10.45 **The Rugby Review**
11.30 LIVE **Cycling: Men's Giro d'Italia** Coverage of the fourth stage of the race in Italy, a 187km route from Alberobello to Lecce.
5.00 PM **Premier League Review**
6.00 **Premier League Netbusters**
6.30 **Premier League Stories**
7.00 **European Rally Championship Highlights** Rally Hungary.
7.30 **The WRC Magazine**
8.00 **British Speedway**
9.00 **MotoGP Rewind**
9.15 **Premier League Reload** Featuring Liverpool v Arsenal.
9.30 **MLB Highlights**
10.30 **MLB Classic** Archive action.
11.00 **MLB Lead Off**
11.30 LIVE **MLB Detroit Tigers v Boston Red Sox.** The American League match from Comerica Park. Start-time **11.40pm**.
2.45 AM **MLB Closer**
3.15 **MLB Classic** All-Star game.
3.30 **to 6.00** AM LIVE **NBA** Coverage from a play-off match.

TNT Sports 2

411 414 522 409 431

6.00 AM **Cycling: Men's Giro d'Italia**
7.00 **The Breakaway**
7.30 **WRC: More Than Machine**
8.00 **The WRC Magazine**
8.30 **MotoGP** Highlights from the Moto3 Grand Prix of France. **9.30** Moto2 Grand Prix of France. **10.30** Action from the Grand Prix of France sprint race. **11.00** Highlights from the MotoGP Grand Prix of France.
12.00 NOON **MotoGP Chequered Flag** Post-race show.
1.00 PM **MLB Highlights**
2.00 **NBA** A play-off match.
3.30 **NBA Originals** Archive action.
4.00 **FIA World Endurance Championship Highlights**
5.00 **The Rugby Review** A look back at the latest rugby action from the Gallagher Premiership.
5.45 **Under the Lights** Anfield.
6.00 **MLB Highlights**
7.00 **NBA Originals**
7.30 **NBA** A play-off match.
9.00 **UFC** A replay of Belal Muhammad v Jack Della Maddalena.
12.00 M'T **NBA** A play-off match.
1.30 AM **NBA Originals**
2.30 **Cycling: Men's Giro d'Italia**
3.30 **The Breakaway**
4.00 **to 6.00** AM **Serie A**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **The Rugby Championship** Australia v South Africa at Suncorp Stadium in 2024. **8.00** Another chance to see New Zealand v Argentina at Sky Stadium, Wellington in 2024. **10.00** Another chance to see Australia v South Africa staged at Optus Stadium in 2024.
12.00 NOON **The Rugby Championship** A replay of New Zealand v Argentina staged at Eden Park, Auckland in 2024. **2.00** PM Another chance to see Argentina v Australia from 2024. **4.00** Another chance to see South Africa v New Zealand at Emirates Airline Park in 2024.
6.15 **The Rugby Championship** A replay of Argentina v Australia at Stadium Brigadier General Estanislao Lopez from 2024. **8.15** Another chance to see South Africa v New Zealand at DHL Stadium in 2024.
10.15 **The Rugby Championship** Argentina v South Africa at Estadio Unico Madre de Ciudades in Santiago del Estero from 2024.
12.15 **to 6.00** AM **The Rugby Championship**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 LIVE **WTA & ATP Tennis** Coverage of the eighth day of the Internazionali BNL d'Italia, a clay-court event staged at Foro Italico in Rome. Alejandro Tabilo followed up his stunting victory over Novak Djokovic last year by successfully navigating his way past Karen Khachanov in round four, triumphing 7-6, 7-6 to book his passage into the quarter-finals. Elsewhere, number two seed Daniil Medvedev saw his quest for the title come to an end as he was beaten 1-6, 4-6 by Tommy Paul.
8.00 PM **Sky Sports News** Round-up of the sports news with live analysis and comment, plus interviews with headline-makers.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 **Sky Sports News**
12.00 M'T **Super League** Wigan Warriors v Warrington Wolves at St James' Park in Newcastle.
2.15 AM **Super League** Castleford Tigers v Wakefield Trinity from St James' Park in Newcastle.
5.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **IPL** Recent action from India.
8.00 **PGA Tour Golf**
9.00 **Premier League Darts**
1.00 PM **PDC Classics** Archive action.
1.30 **Best of ICC WT20**
2.00 **Pakistan Super League**
3.50 LIVE **Pakistan Super League** Coverage of the qualifier match from Rawalpindi Cricket Stadium.
8.00 **Best of ICC WT20**
8.30 **Ashes Greats** Archive action.
9.00 **IPL** Highlights from Punjab Kings v Mumbai Indians.
10.00 **DP World Tour Golf**
10.30 **IPL** Royal Challengers Bengaluru v Sunrisers Hyderabad.
11.30 **Pakistan Super League**
12.30 AM **DP World Tour Golf**
1.00 **Fight Night** Buatsi v Azeez.
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **PGA Champs Official Film 2015**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
8.00 **UEFA Europa League & Conference League Highlights**
8.30 **Isuzu UTE A-League**
10.30 **Cycling: Men's Giro d'Italia**
11.30 LIVE **Cycling: Men's Giro d'Italia** Coverage of the fourth stage of the race in Italy, a 187km route from Alberobello to Lecce.
5.00 PM **The WRC Magazine**
5.30 **Isuzu UTE A-League**
7.30 **Serie A** Action from Italy.
9.30 **Cycling: Men's Giro d'Italia** Action from the fourth stage.
10.30 **The Breakaway** Analysis and discussion following stage four.
11.00 **AFL** A chance to see Essendon Bombers v Sydney Swans.
12.30 AM **AFL** A chance to see Gold Coast Suns v Western Bulldogs.
2.00 **AFL** Two match replays.
5.00 **UEFA Europa League & Conference League Highlights**
5.30 **to 6.00** AM **UEFA Champions League Magazine**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** A replay of Essendon Bombers v Sydney Swans. **7.30** Another chance to see Gold Coast Suns v Western Bulldogs. **9.00** A chance to see Port Adelaide Power v Adelaide Crows.
10.30 **AFL** Geelong Cats v GWS Giants.
12.00 NOON **UEFA Champions League – Stories of the Finals**
12.30 PM **Motocross World Championship** In Lugo, Spain.
3.30 **MotoGP** Grand Prix of France.
7.00 **MotoGP Chequered Flag**
8.00 **The Rugby Review**
8.45 **UEFA Champions League – Stories of the Finals**
9.00 **UEFA Europa League & Conference League Highlights**
9.30 **UEFA Champions League Magazine** The latest news.
10.00 **Champions League Classics**
10.30 **Motocross World Championship**
1.30 AM **MotoGP** Grand Prix of France.
5.00 **to 6.00** AM **MotoGP Chequered Flag**

Premier Sports 1

419 551

6.00 AM **UK Independent Kart Racing**
7.30 **Michelin Le Mans Cup**
8.00 **British Minibikes**
10.00 **Scottish Football Social Club**
11.00 **URC Match Highlights**
12.00 NOON **Transworld Sport**
1.00 PM **Euro Le Mans Highlights**
2.00 **URC Match Highlights**
2.30 **LaLiga Highlights**
4.00 **NASCAR Highlights**
5.00 LIVE **LaLiga Real Valladolid v Girona.** The Spanish top-flight match. Kick-off **6.00pm**.
8.00 LIVE **LaLiga Sevilla v Las Palmas.** The Spanish top-flight match. Kick-off **8.30pm**.
11.30 **Top 14 Rugby Union**
12.00 M'T **NASCAR Highlights**
1.00 AM **Top 14 Rugby Union**
1.30 **Michelin Le Mans Cup**
2.00 LIVE **NHL Ice Hockey** Coverage of a play-off match.
5.00 **Sporting Greats**
5.30 **to 6.00** AM **Sporting Countdowns**

Premier Sports 2

420 552

6.00 AM **NASCAR** AdventHealth 400.
10.00 **GP Confidential**
10.30 **Bike World** Magazine.
11.00 **Top 14 Rugby Union**
1.00 PM **GP Confidential** All the latest Formula One news.
1.30 **Temples of Sport**
2.00 **LaLiga News**
2.30 **Football's Greatest**
3.00 **United Rugby Championship** A replay of Connacht v Edinburgh.
4.55 **FastZone** Motorsport highlights show covering everything from prototypes to endurance racing.
5.25 **Bike World** Magazine.
5.55 LIVE **Swedish Speedway Vastervik v Dackarna.**
8.00 **GP Confidential** The latest news.
8.30 **Temples of Sport**
9.30 **NHL Ice Hockey** A play-off.
11.30 **NHL: This is Hockey**
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Temples of Sport**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Highlights.
1.10 PM **F1 Explained: Altitude**
1.15 **Formula 1** A replay of the 2021 Emilia Romagna Grand Prix.
3.30 **F1 Academy: Weekend Wrapped** A race review.
4.00 **Indycar** The Sonsio Grand Prix.
5.00 LIVE **Indycar** The Indianapolis 500 first practice session.
9.00 LIVE **Indycar** Indianapolis 500 second practice session ahead of the sixth round of the season at Indianapolis Motor Speedway.
11.00 **Indycar** The Sonsio Grand Prix.
12.00 M'T **Formula 1** Miami Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday

14 May

Evening Planner

Factual

25 Years of Location, Location, Location

C4, 9pm

Tune into an evening of programming on C4 to mark 25 years of Kirstie and Phil.

Documentary

David Frost Vs

Sky Documentaries & Sky Showcase, 9pm (box set, Sky Box Sets)

The series continues with a look at David Frost's meetings with Richard Nixon.

Documentary

Garbo: Where Did You Go?

Sky Arts, 9pm

Actor Noomi Rapace narrates this profile of Hollywood legend Greta Garbo, who retired in 1941, at the peak of her career.

OnDemand

NETFLIX

Fred and Rose West: A British Horror Story

Available today

Documentary focusing on the families of the Wests' victims.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Interior Design Masters with Alan Carr		9.00 Race Across the World		10.00 News; Local News	10.40 Glow... †
	102 BBC2	7.00 The Great House Revival		8.00 Celebrity Antiques Road Trip		9.00 Saving Lives in Cardiff		10.00 Live at the...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Genius Game		10.10 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 25 Years of Location, Location, Location		10.00 Kirstie & Phil...	10.30 Location...
	105 5	7.00 Shop Smart, Save Money		8.00 Our Little Farm on the Prairie		9.00 The Game		10.00 The Poisoning: How to Kill Your...	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Kingdom of...		9.00 David Frost Vs		10.00 JFK Revisited: Through the Looking...	
ENTERTAINMENT	115 BBC3	7.00 Sort Your Life Out with Stacey Solomon		8.00 Glow Up: Britain's Next Make-Up Star		9.00 Stacey Dooley: Tourism and the Truth...		10.00 Stacey Dooley: Tourism and the...	
	116 BBC4	7.00 Great British...	7.30 Wainwright...	8.00 Atlantic: The Wildest Ocean on Earth		9.00 Shipwrecks: Britain's Sunken History		10.10 The Singing Detective	
	118 ITV2	7.00 Deal or No Deal		8.00 Wheel of Fortune		9.00 Family Guy		10.00 Plebs	
	136 MORE4	‹ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 24 Hours in A&E			
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Dance Moms: A New Era		9.00 The Honesty Box: The Final		10.05 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 The Equalizer		10.00 Fire Country	
	108 SKY ATLANTIC	‹ 6.50 Billions		7.55 Game of Thrones		9.00 The Last of Us		10.00 Gangs of London	
	110 U&GOLD	7.00 Dad's Army	7.40 Only Fools and Horses			9.00 The Fast Show	9.40 Bottom		10.20 Absolutely Fabulous
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 McDonald & Dodds				10.00 Scott & Bailey	
	120 ITV4	7.00 Gallagher Premiership Unleashed		8.00 Film: A View to a Kill		9.10 Film: A View to a Kill			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Alan Carr Live: Spexy Beast		10.00 8 Out of 10 Cats	
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Universe		9.00 Grimm	9.50 The Walking Dead		
	113 SKY MAX	7.00 Stargate SG-1		8.00 An Idiot Abroad 3		9.00 Film: Bullet to the Head			
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise		9.00 I, Jack Wright		10.00 Catch Me a Killer	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering: Jean Harlow		9.00 Garbo: Where Did You Go?			
	132 U&W	7.00 Emergency: First Time Medics		8.00 Ambulance Australia		9.00 Pete Wicks: For Dogs' Sake		10.00 One Born Every Minute	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Hoffman Family Gold		9.00 Kindig Customs		10.00 Wheeler Dealers World Tour	
	162 ANIMAL PLANET	7.00 Crikey! It's the Irwins		8.00 Return to the Isle of Jaws		9.00 Sharkwrecked: Crash Landing		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Destruction Decoded		9.00 Construction Fails		10.00 Car S.O.S.	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Storage Hunters		9.00 The Curse of Oak Island		10.00 Ghost Ships	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Great British Railway Journeys		9.00 Ireland with Simon Reeve		10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	7.00 Jackie Stewart				9.00 David Frost Vs		10.00 JFK Revisited: Through the Looking...	
FILMS – Sky Cinema	301 PREMIERE	‹ 5.55 Twisters		8.00 Cleaner			9.45 Speak No Evil		
	302 TOM CRUISE	‹ 5.35 Far and Away		8.00 Jack Reacher				10.15 Jack Reacher: Never Go...	
	303 MEGA HITS	‹ 6.10 The Spiderwick Chronicles		8.00 Jumanji			9.45 The Mummy		
	304 GREATS	‹ 6.00 Beverly Hills Cop II		8.00 The Naked Gun 2½: The Smell of Fear			9.30 Indiana Jones and the Temple of Doom		
	305 ANIMATION		7.20 The Prince of Egypt			9.10 Rock Dog			
	306 FAMILY	‹ 5.50 Harold and the...	7.35 Look Who's Talking Too			9.00 Look Who's Talking Now			10.40 Ride On
	307 ACTION	‹ 5.35 Man of Steel		8.00 Superman Returns					10.35 Blue Beetle
	308 COMEDY	‹ 6.00 National Lampoon's Animal House		8.00 Daddy's Home 2			9.45 Junior		
	309 THRILLER	‹ 5.55 Green Zone		8.00 Ocean's Eight				9.55 Public Enemies	
	310 DRAMA	‹ 4.15 Ben-Hur		8.00 Forrest Gump					10.30 The Illusionist
	311 SCI-FI	‹ 6.20 Ouija		8.00 Terminator Salvation				10.05 Annabelle	
	313 FILM4	‹ 6.30 Charlotte Gray				9.00 Jack Reacher: Never Go Back			
SPORT	401 MAIN EVENT	‹ 5.00 Tennis – Live	7.30 EFL – Live: Coverage of the first League One play-off semi-final second-leg match (Kick-off 8.00)						
	402 PREMIER LEAGUE	7.00 PL Stories	7.30 PL 100 Club	8.00 Gary Neville's Soccerbox		9.00 PL Review		10.00 PL Stories	10.30 PL Icons
	403 FOOTBALL	7.00 WSL	7.30 SPFL – Live: Aberdeen v Celtic (Kick-off 8.00)						10.30 EFL Highlights
	404 CRICKET	7.00 Pakistan Super League – Live		8.00 Best of ICC WT20		9.00 IPL			
	410 TNT SPORTS 1	‹ 6.00 MLB – Live: Philadelphia Phillies v St Louis Cardinals (Start-time 6.05)					9.30 Reload	10.00 Fight Week	10.30 NBA
	411 TNT SPORTS 2	7.00 MotoGP Rewind	7.30 Ultimate Pool			9.00 MLB – Live: Seattle Mariners v New York Yankees (Start-time 9.10)			

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** From Lowestoft. (S)(R)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Scam Interceptors** (S)(R)
2.30 **Expert Witness** (S)(R)
3.00 **Escape to the Country** A woman and her dog search for a rural property in Surrey. (S)(R)
3.45 **The Bidding Room** New edition Items include a French wartime wheelchair and a pocket watch. (S)
4.30 **The Finish Line** (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Interior Design Masters

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** The Beales welcome home a new member of the family, but Cindy has other plans for the celebration. (S)(AD)

8 PM

8.00 **Interior Design Masters with Alan Carr** New edition 6/8. The designers transform two high street shops in Rye, East Sussex – one selling textiles, the other a women's boutique – before being critiqued by Mary Portas. (S)(AD)

9 PM

9.00 **Race Across the World** New edition 4/9. The teams discover they are headed to Varanasi, one of the world's oldest living cities – and with one pair almost 24 hours in front, the others are desperate to close the gap. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Glow Up: Britain's Next Make-Up Star** 2/8. The contestants create looks for global messaging app Snapchat, while drag star Courtney Act judges their drag-inspired 'serving realness' make-up. (S)(R)(AD)
11.40 **Glow Up: Britain's Next Make-Up Star** 3/8. The contestants enter the realm of fantasy, tackling SFX make-up for *House of the Dragon*. (S)(R)(AD)
12.40 AM **Pointless Celebrities** A comedy special, with contestants including Geoff Norcott, Ed Byrne and James Buckley. (S)(R)
1.25 **Weather for the Week Ahead** (S)
1.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Escape to the Country** (S)(R)
7.15 **Bargain Hunt** (S)(R)(AD)
8.00 **Sign Zone: Celebrity Antiques Road Trip** With Ian McElhinney and Tara Lynne O'Neill. (S)(R)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **Impossible** Quiz show. (S)(R)
1.45 **Lightning** Game show. (S)(R)
2.15 **Unbeatable** Quiz show. (S)(R)
3.00 **Saved and Remade** (S)(R)
3.45 **Villages by the Sea** (S)(R)
4.15 **Lost Land of the Tiger** (S)(R)
5.15 **Flog It!** From the RAF Museum in Hendon, London. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Anna Haugh's Big Irish Food Tour** New edition 8/15. Angela Scanlon and Anna explore Co Mayo and harvest mussels. (S)

7.00 The Great House Revival

7.00 **NEW SERIES The Great House Revival** 1/4. Architect Hugh Wallace meets a couple who are renovating a Georgian house in Churchtown, Co Cork. (S)
7.50 **Britain's Wild Places: Ravens Return** (S)(R)

8.00 **Celebrity Antiques Road Trip** Reality TV star Gemma Collins and radio DJ Melvin Odoom compete to find the best antiques on a road trip through Essex. They're joined by James Braxton and Margie Cooper to help them on their way. (S)(R)

9.00 **Saving Lives in Cardiff** Series finale 6/6. A child whose hearing has significantly reduced undergoes a life-changing operation, and surgeon Dheeraj Mehta uses the 'beating heart' technique to save a father. (S)(AD)

10.00 **Live at the Apollo** Suzi Ruffell introduces sets by Alfie Brown and Sikisa at the Hammersmith Apollo. (S)(R)
10.30 **Newsnight** (S)
11.00 **Unspun World with John Simpson** The week's major global news stories. (S)
11.30 **Inside Our ADHD Minds** 1/2. Chris Packham helps neurodivergent people explain what's going on inside their minds. (S)(R)(AD)
12.30 AM **Sign Zone: Murder Trial – Body in the Warehouse** (S)(R)(AD)
1.30 **Sign Zone: Surgeons: At the Edge of Life** 1/6. The work of leading surgeons in Scotland. (S)(R)(AD)
2.30 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. ,(S)
1.30 **ITV News** (S)
1.50 **Local News** (S)
2.00 **LIVE Racing** Ed Chamberlin and Francesca Cumani present coverage of day one of the Dante Meeting from York, where the Duke of York Stakes is the feature race. Plus, action from Yarmouth. (S)
4.30 **Tipping Point: Best Ever Finals** New edition Compilation of some of the most dramatic endgames from the game show. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Coronation Street

7.30 **Emmerdale** Mack feels left out, Moira is haunted by memories of the past, while Bear is worried for his future. (S)(AD)

8.00 **Coronation Street** Gary gives Mick a taste of his own medicine after finding out what he did to Liam, a drunken Debbie reveals she has had some bad news, and Roy gets caught in the crossfire when Betsy and Lauren clash. (S)(AD)

9.00 **Genius Game** New edition 5/8. David Tennant hosts as the seven remaining players take on the next Main Match, Safari Race, a game in which contestants must back the winning animals to gain points. (S)(AD)
■ Continues tomorrow

10.10 **ITV News** (S)
10.40 **Local News** (S)
10.55 **Peston** Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.55 **Gallagher Premiership Unleashed** Action from the 16th round of fixtures, including Saracens v Newcastle Falcons and Leicester Tigers v Sale Sharks. (S)(R)
12.25 AM **Teleshopping**
3.00 **Tonight: How to Get Healthy at Home** Advice on how to stay healthy at home. (S)(SL)(R)
3.25 **The Dry** 8/8. (S1) (S)(SL)(R)(AD)
3.55 **Unwind with ITV** (S)
5.05 **to 6.00** AM **99 to Beat** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 9-12/25. (S3) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S7&8) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A couple seek a home near the town of Coin in Spain's Málaga province. (S)(R)
4.00 **Narrow Escapes** New edition Emma braves the Manchester Ship Canal on her own. (S)(AD)
5.00 **Chateau DIY** Erin and JB renovate one of the turrets at Château de Bourneau. (S)(R)(AD)
6.00 **A Place in the Sun** New edition A couple view five holiday homes on the island of Cyprus that are within their £120,000 budget. (S)

10.00 Kirstie & Phil: Bleeps, Bloops...

7.00 **News** (S)
7.55 **The Political Slot** Clare Haughey MSP discusses the Scottish National Party's plan to harness technology to improve health and social care in Scotland. (S)

8.00 **NEW SERIES Location, Location, Location** Kirstie Allsopp helps two sisters find a two-bedroom flat in trendy north London, while Phil Spencer is with a couple who are looking for a detached family in north Wales. (S)(AD)

9.00 **NEW 25 Years of Location, Location, Location** Kirstie Allsopp and Phil Spencer look at the timeline of the UK property market since the start of their show, showing the ups and downs of a nation wanting a place to call home. (S)(AD)

10.00 **NEW Kirstie & Phil: Bleeps, Bloops & Best Bits** Never-before-seen bloopers and out-takes. (S)(AD)
10.30 **Location, Location, Location** The first-ever edition of the series, featuring a property search in London. (S)(R)(AD)
11.05 **Building Britain's Superhomes** 1/2. An insight into superhome construction. (S)(R)(AD)
12.05 AM **First Dates** (S)(SL)(R)(AD)
1.00 **Ramsay's Kitchen Nightmares USA** From Pennsylvania. (S)(SL)(R)
1.50 **The Supervet** (S)(SL)(R)(AD)
2.45 **The Piano** (S)(SL)(R)(AD)
3.40 **Jamie's Comfort Food** (S)(R)
3.55 **A Cotswold Farmshop** (S)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **A Wedding to Die For: Vows & Vendettas** Mystery drama starring Nikki Deloach. (S) (2023, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition In Benidorm, restaurant manager Georgia is running an eating competition involving spicy chicken. (S)(AD)
5.00 **News** (S)
6.00 **Police Interceptors** Several officers join in the pursuit of two men in a van. (S)(R)
6.55 **News** (S)

8.00 Our Little Farm on the Prairie

7.00 **Shop Smart, Save Money** Series finale 12/12. Gaby Roslin and Ortis Deley are joined by special guests to conduct a test of a household staple – bin bags. (S)
7.55 **News** (S)

8.00 NEW SERIES **Our Little Farm on the Prairie** Documentary following the Doan family as they run the 17,000-acre Black Leg Ranch in North Dakota through the summer of 2022. (S)

9.00 **The Game** New episode 3/4. Huw is adamant that he heard Patrick admit to being the Ripton Stalker, but Patrick bluffs. (S1) (S)(AD) ■ Concludes tomorrow

10.00 **The Poisoning: How to Kill Your Husband** The case of Heather Mook, who poisoned her husband John with rat killer in an attempt to cover up the theft of more than £40,000 from his mother. (S)(R)

11.30 **I Escaped a Murderer** (S)(R)
12.30 AM **Car Pound Cops** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S4) (S)(R)(AD)
3.50 **Autumn Gardening with Carol Klein** Advice on choosing and cultivating peonies. (S)(R)
4.40 **Nick Knowles' Big House Clearout** From Deal. (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S7) (R)
11.00 **Africa's Hunters** (S)(R)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S5) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 19/23. (S2) (S)(R)(AD)
5.00 **The Simpsons** *Homer v Lisa and the Eighth Commandment:* Lisa is shocked by Homer's ploy to get illegal cable TV. (S)(R) **5.30** *Bart v Thanksgiving:* Bart runs away from home at Thanksgiving. (S)(R)
6.00 **The Office (US)** 17/19. Michael sets up a stall at a job fair at Pam's college. (S)(R) **6.30** 18/19. Part one of two. Phyllis puts on a huge bash for Toby's farewell party. (S4) (S)(R)

9.00 David Frost Vs

7.00 **The Simpsons** *Bart's Dog Gets an F:* Bart tries to train Santa's Little Helper. With the guest voice of Tracey Ullman. (S)(R) **7.30** *Principal Charming:* Homer plays matchmaker for Marge's sister, Selma. (S)(R)

8.00 **David Attenborough's Kingdom of Plants** 1/3. The naturalist explores the varieties of plant life at the Royal Botanic Gardens in Kew, and explains what they reveal about the natural world. (S)(R)(AD)

9.00 SERIES RESUMES **David Frost Vs** Recalling the journalist's interviews with Richard Nixon in 1977, which covered topics including his role in the Watergate scandal. ■ Entire series on Box Sets

10.00 **JFK Revisited: Through the Looking Glass** Examining the assassination of US president John F Kennedy, using recently declassified files to shine a light on what happened in November 1963. (S)(R)(AD)

12.10 AM **An Idiot Abroad 3** 1/3. Ricky Gervais sends Karl Pilkington on another world tour, from Italy to China, and this time he has company – film and TV star Warwick Davis. (S)(R)
1.10 **The Force: North East** (S)(R)
2.05 **Road Wars** (S)(R)
3.00 **Magnum P.I.** (S2) (S)(R)(AD)
4.00 **S.W.A.T.** 19/23. (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
2.30pm Politics Scotland (S) **3.15-3.45** Expert Witness (S)(R) **10.40** Sportscene: Premiership Highlights (S) **11.55** Debate Night (S)(R) **12.55am** Scotcast (S)(R) **1.25** Glow Up: Britain's Next Make-Up Star (S)(R)(AD) **2.25** Weather for the Week Ahead (S) **2.30-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm NEW Bad Nanny (S) **11.30pm-1.30am** Glow Up: Britain's Next Make-Up Star: Double bill. (S)(R)(AD)

WALES
Sky 965, Virgin 864, Freesat 965
10.40pm Walescast (S) **11.10** Glow Up: Britain's Next Make-Up Star (S)(R)(AD) **1.10am** Pointless Celebrities (S)(R) **1.55-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Hardy Bucks New episode (S)

WALES
Sky 968, Freesat 968
9.00-10.00pm Inside Our ADHD Minds New episode (S)(AD)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Ein Llwybrau Celtaidd **12.30** Heno **1.00** Bwrdd i Dri (AD) **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Y Cosmos **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Sir Benfro (AD) **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Cartrefi Cymru New edition **8.55** Newyddion a'r Tywydd **9.00** Bariau (AD) **9.40** Prosiect Pum Mil **10.40-11.45pm** Wrecsam – Clwb Ni!

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BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Sort Your Life Out with Stacey Solomon** 3/6. Craft-loving Sue and retired electrician Wayne try to part with 30 years of possessions.
7.55 **The Catch Up**
8.00 **Glow Up: Britain's Next Make-Up Star** New edition 3/8. The MUAs enter the realm of fantasy, tackling SFX make-up for *House of the Dragon*.
9.00 **Stacey Dooley: Tourism and the Truth – Thailand** 1/2. The darker side of Thailand's tourism industry.
10.00 **Stacey Dooley: Tourism and the Truth – Kenya** 2/2. The impact of the Kenyan tourist industry on the people who live there.
11.00 **Convicting My Ex**
11.45 **I Kissed a Boy**
12.35 AM **Ashley Cain: Into the Danger Zone**
1.35 **Glow Up: Britain's Next Make-Up Star**
2.35 **Laugh Lessons**
2.40 **Spinster**
2.55 **to 3.55** AM **Charlie Cooper's Myth Country**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Michael Portillo travels to leafy Hatch End.
7.30 **Wainwright Walks** Exploring Cat Bells fell.
8.00 **Atlantic: The Wildest Ocean on Earth** Dolphin pods and penguin colonies in the South Atlantic.
9.00 **Shipwrecks: Britain's Sunken History** 2/3. Wrecks of the Georgian age.
10.00 **Alison Steadman Remembers... The Singing Detective** The actor reminisces about Dennis Potter's 1986 drama.
10.10 **The Singing Detective** *Skin:* 1/6. Dennis Potter's surreal drama starring Michael Gambon. **11.20** *Heat:* 2/6. Marlow clashes with a psychiatrist. **12.30** AM *Lovely Days:* 3/6. Marlow is tortured by memories of his mother. (S1)
1.35 **Great British Railway Journeys** As 7.00pm.
2.05 **Wainwright Walks**
2.35 **to 3.35** AM **Atlantic: The Wildest Ocean on Earth**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
11.00 **A New Life in the Sun**
12.00 NOON **A Place in the Sun**
2.35 PM **Come Dine with Me** From Yeovil, Somerset.
5.15 **Four in a Bed** The contest begins at Knockaloe Beg Farm on the Isle of Man. **5.45** The B&Bers visit The Arches on the Isle of Man. **6.20** The contestants arrive at The Trafford in Blackpool. **6.50** The fourth and final visit of the week is to Sheepy Lodge in Warwickshire.
7.25 **Four in a Bed** The week's winning B&B is announced.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer meet the Farhalls in Windsor, who are unsure whether to sell their four-bedroom detached house or transform the layout of their home.
9.00 **24 Hours in A&E** A 74-year-old is rushed in with a dangerously high heart rate after becoming dizzy while out shopping. **10.00** A nurse shares her story of finding a career she loves, and doctors suspect a man with a low heart rate, dizziness and confusion may need a new pacemaker.
11.05 **Emergency Helicopter Medics** Double bill.
1.15 AM **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons**
7.00 **Hollyoaks** Things turn physical when Darren demands answers from Rex.
7.30 **The Simpsons** *The D'oh-cial Network:* Lisa creates a social network that takes Springfield by storm.
8.00 **Dance Moms: A New Era** New edition Glo rolls the dice by giving Audrey an immensely difficult ballet routine in Atlantic City.
9.00 **The Honesty Box: The Final** Series finale 9/9. Every Truetopian must prove their connection is built on strength and authenticity.
10.05 **Gogglebox** Opinions on *Tiny World* and *This Morning*.
11.05 **First Dates**
12.10 AM **Naked Attraction**
1.15 **The Honesty Box: Final**
2.15 **Gogglebox**
3.15 **Naked Attraction**
4.05 **Modern Family**
4.30 **to 6.00** AM **The Goldbergs**

+1 hr 235/236 306 30 123 256

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E: South Africa** Documentary.
7.00 **The Real A&E**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S4)
1.00 PM **The Rookie: Feds** (S1)
2.00 **FBI** 7/22. Maggie and OA are on the hunt for a ruthless gang of thieves. (S1)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 The Equalizer

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **FBI: Most Wanted** *Crypto Wars:* 11/22. The team track the suspects behind an explosion at an Ohio energy plant. (S4)

9 PM
9.00 **The Equalizer** New episode *The Grave Digger:* 14/18. McCall visits a serial killer that she put behind bars. (S5)

10 PM
10.00 **Fire Country** *No Good Deed:* 9/22. An internal investigation is opened after a difficult rescue fails to go to plan. (S1)
11.00 **The Rookie** 5/10. (S6)
12.00 M'T **FBI** 10/19. (S2)
1.00 AM **FBI: Most Wanted** (S4)
2.00 **Law & Order: Special Victims Unit** New episode 7/20. (S26)
3.00 **The Good Doctor** 12/20. (S4)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **UK Border Force**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Boardwalk Empire** (S4)
10.10 **Billions** 7&8/12. (S3)
12.20 PM **Game of Thrones** (S3)
1.25 **Das Boot** 2&3/10. (S3)
3.35 **Boardwalk Empire** 8/12. Knox gets a break. **4.40** 9/12. The Capone brothers recruit Van Alden for a hit on O'Banion. (S4)
5.45 **Billions** 7/12. Taylor questions Wendy's motivations. **6.50** 8/12. Chuck asserts his political autonomy. (S3)

10.00 Gangs of London

7.55 **Game of Thrones** *Kissed by Fire:* 5/10. The Hound is judged by the gods, Robb is betrayed, Jon proves himself and Tyrion learns the true cost of a wedding. (S3)

9.00 **The Last of Us** 5/7. Post-apocalyptic drama starring Pedro Pascal and Bella Ramsey. (S2)

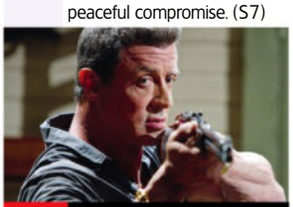
10.00 **Gangs of London** 8/8. The extent of the conspiracy is revealed, while Elliot's past and present collide. (S3)
11.05 **Homicide: Life on the Street** 9/22. Pembleton investigates a mother's murder. (S5)
12.05 AM **Succession** 8&9/10. (S4)
2.50 **The Pacific** 6/10. (S1)
3.50 **Game of Thrones** As 7.55pm.
4.55 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S5)
8.00 **The Flash** 3/18. (S7)
9.00 **Stargate SG-1** (S7)
11.00 **Supergirl** 16/23. (S3)
12.00 NOON **The Flash** 4/18. (S7)
1.00 PM **Hawaii Five-0** (S5)
3.00 **Magnum P.I.** 20/20. (S5)
4.00 **S.W.A.T.** 19/23. Mumford marks a career milestone. (S2)
5.00 **Supergirl** 15/23. J'onn faces the truth about his father. (S3)
6.00 **Stargate SG-1** 7/22. Daniel reunites with former comrade Chaka in a bid to reach a peaceful compromise. (S7)


9.00 Bullet to the Head

7.00 **Stargate SG-1** *Space Race:* 8/22. A saboteur targets Carter's Naquadah-powered space cruiser. (S7)

8.00 **An Idiot Abroad 3** 1/3. Karl Pilkington goes touring again – this time accompanied by film and TV star Warwick Davis.

9.00 **FILM Bullet to the Head** Action thriller starring Sylvester Stallone and Sung Kang. A New Orleans hitman and a visiting Washington DC cop reluctantly team up to defeat two corrupt property tycoons. (2012, 15, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Joe Lycett's United States of Birmingham** 4/4. Joe visits his final Birmingham in Alabama.
12.00 M'T **Hacks** 6/10. Comedy drama with Jean Smart. (S4)
12.40 AM **The Force: North East**
1.30 **Road Wars** Double bill.
3.00 **Magnum P.I.** 20/20. (S5)
4.00 **S.W.A.T.** 19/23. (S2)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
10.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Wheel of Fortune**
3.00 **Hart of Dixie** 8/22. Wade supervises a camping trip. (S2)
4.00 **Gilmore Girls** 8/22. Rory discovers Lorelai has married Christopher. (S7)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Richard Blackwood, Julia Bradbury and Roman Kemp.

6.00 Celebrity Catchphrase

7.00 **Deal or No Deal** Stephen Mulhern hosts as Chris takes on the Banker for the chance to win a life-changing prize.

8.00 **Wheel of Fortune** Graham Norton invites Kerrick and Declan, Ricky and Sarah, and Sadiq and Shabina to compete.

9.00 **Family Guy** 2/18. Brian changes his politics. (S9) **9.30** 14/21. Peter pretends to be a student at Meg's school. (S2)

10.00 **Plebs** 3/8. Marcus spies a chance to make money. **10.30** 4/8. The boys launch a cabaret night in the bar. (S4)
11.00 **Family Guy** 15/21. A girl steals Stewie's heart. (S2)
11.30 **American Dad!** 16&10/19. (S6)
12.35 AM **Bob's Burgers** (S11)
1.35 **Plebs** 3&4/8. (S4)
2.35 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.25 **The Royal** *Home to Roost.*
11.30 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.45 **Downton Abbey** 6/9. A Canadian officer is brought to Downton for recuperation. (S2)
6.00 **Heartbeat** *The Medium Is the Message:* The vicar's wife is murdered.

8.00 McDonald & Dodds

7.00 **Heartbeat** *One Small Step:* Geoff and Phil find two men acting suspiciously, but two others flee from the scene.

8.00 **McDonald & Dodds** *The War of the Rose:* 3/4. A social media influencer checks into an exclusive clinic for a nose job, but the procedure goes horribly wrong and she dies on the operating table. With Sarah Parish and Rhashan Stone. (S3)

10.00 **Scott & Bailey** 4/8. When a woman is found dead in a hotel room, a series of ads on a website look like they might hold the answer. (S4)
11.00 **Scott & Bailey** 5/8. (S4)
11.55 **Cracker** 6/9. (S2)
12.55 AM **Where the Heart Is**
1.50 **The Royal** *Home to Roost.*
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** The judges visit Central & Tayside.
8.00 **Ballers: Ball or Nothing** 1/8. Following Scotland's only professional basketball team. **8.30** 2/8. The new owners announce the team has a new name.
9.00 **Debate Night** New edition Topical discussion on the big issues affecting Scotland and beyond.
10.00 **Martin Compston's Scottish Fling** 3/6. The actor and his friend Phil MacHugh travel from St Andrews to Aberdeen.
10.30 **Jules and Greg's Wild Swim** 2/5. Julie and Greg try bodysurfing.
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **David Wilson's Crime Files**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Silicon Valley** (S6)
9.15 **The Conners** (S5)
10.15 **Entourage** (S2)
11.20 **Insecure** 2&3/8. (S3)
12.35 PM **Curb Your Enthusiasm** (S12)
2.00 **Entourage** (S2)
3.00 **Silicon Valley** (S6)
4.20 **Insecure** 2&3/8. (S3)
5.35 **The Office (US)** (S4)
6.35 **The Conners** (S5)
7.35 **Curb Your Enthusiasm**
9.00 **Entourage** 3/8. Vince's new project attracts the interest of an old enemy. **9.40** 4/8. Vince is taken into custody by the police. (S8)
10.15 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
11.15 **Sex and the City** 17/18. Carrie submits her first article for *Vogue.* **11.55** 18/18. Miranda goes into labour. (S4)
12.35 AM **Girls** 9&10/10. (S2)
1.55 **Silicon Valley** 7/7. (S6)
2.55 **to 5.00** AM **Dice**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Pavarotti in the Park**
8.05 **The Joy of Painting**
9.05 **Tales of the Unexpected**
10.05 **Hitchcock Presents**
11.05 **The Art of Architecture**
12.00 NOON **Portrait Artist...**
1.00 PM **Tales of the...**
2.00 **Wordsworth & Coleridge Road Trip with Frank Skinner and Denise Mina**
3.00 **The Art of Architecture**
4.00 **Discovering**
5.00 **Portrait Artist 2023**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering**
9.00 **NEW Garbo: Where Did You Go?**
10.55 **Katharine Hepburn: Call Me Kate**
12.55 AM **Nina Simone: The Lost Album**
2.25 **Rose**
4.45 **Opera North's Resonance**
5.00 **to 6.00** AM **The Art of Architecture**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Nothing to Declare**
10.00 **Send in the Dogs**
11.00 **Border Security: America's Front Line**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **Send in the Dogs**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S3)
6.00 **Stargate Atlantis** (S4)
7.00 **Star Trek: Voyager** *Good Shepherd:* 20/26. Janeway takes three mismatched junior crew members on a routine exploratory mission. (S6)
8.00 **Hawaii Five-0** (S10)
9.00 **The Rookie** (S4)
11.00 **Grimm** 16/22. (S2)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Billie and Greg: The Family Diaries**
9.10 **Culinary Cruise**
10.10 **Buying and Selling**
11.10 **The Real Housewives of Atlanta** Reality series.
12.05 PM **Georgia and Tommy: Baby Steps**
1.10 **The Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Vacation House Rules**
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New York City** New edition Reality show.
6.00 **Buying and Selling**
7.00 **Culinary Cruise**
8.00 **Dinner Date**
9.00 **The Bardsley Bunch** New edition
10.00 **Botched** Medical series.
11.00 **My Mum, Your Dad**
12.00 M'T **Only Way Is Essex**
1.00 AM **Backyard Builds**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S1)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 2/8. (S1)
12.00 NOON **Sue Thomas: F.B.Eye** 3/19. (S2)
1.00 PM **Hart to Hart** (S1)
2.00 **Father Dowling Mysteries** 7/8. (S1)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 19–22/22. (S10)
9.00 **Randall and Hopkirk (Deceased)** 1/26. (S1)
10.00 **The New Avengers** *Dirtier by the Dozen:* 12/13. A murdered agent is found in possession of a suspicious film. (S1)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S10)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Hot Shots**
6.05 **Minder**
7.05 **The Professionals**
8.10 **The Saint**
9.20 **Magnum, PI**
10.20 **Kojak**
11.25 **Giant Lobster Hunters**
12.25 PM **The Saint**
1.35 **Magnum, PI**
2.35 **Kojak**
3.40 **Minder**
4.50 **The Professionals**
5.55 **The Chase** Quiz show hosted by Bradley Walsh.

8.00 A View to a Kill

7.00 **Gallagher Premiership Unleashed** Action from the 16th round of fixtures, including Saracens v Newcastle Falcons.

8.00 FILM **A View to a Kill** James Bond espionage adventure starring Roger Moore and Christopher Walken. Agent 007 strives to arrest the ambitions of a crazed industrialist. With Christopher Walken and Grace Jones. (1985, PG, 121min) ★★
SEX●●● VIOLENCE●●● LANG●●●

10.45 FILM **Alien Resurrection** Sci-fi horror thriller sequel starring Sigourney Weaver. Ripley wakes to discover she is a clone of the original heroine. (1997, 15, 110min) ★★★
SEX●●● VIOLENCE●●● LANG●●●

12.50 AM **Two and a Half Men**
1.35 **Minder**
2.35 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 18/26. (S5)
2.00 **Atlantis** 12/13. (S2)
3.00 **Stargate Universe** 3/20. (S2)
4.00 **Star Trek: Voyager** 1/26. (S5)
5.00 **Star Trek: The Next Generation** 18/26. The crew get trapped in a time warp. (S5)
6.00 **Star Trek: Enterprise** 3/26. The ship becomes stranded in a Romulan minefield. (S2)

9.50 The Walking Dead

7.00 **Atlantis** *The Queen Must Die – Part One:* 12/13. Jason vows to rescue his fellow prisoners from the amphitheatre. (S2)

8.00 **Stargate Universe** *Awakening:* 3/20. The *Destiny* finds itself on a collision course with another ship. (S2)

9.00 **Grimm** *Clear and Wesen Danger:* 2/22. Nick makes some major changes to keep Adalind safe. (S5)

9.50 **The Walking Dead** *Sing Me a Song:* 7/16. As Eugene and Rosita head to the bullet factory, Rick and Aaron search for Negan's supplies. (S7)

11.00 FILM **Cabin Fever 2: Spring Fever** Horror thriller sequel starring Noah Segan. (2009, 18, 86min) ★
1.00 AM FILM **Swim** Action horror. (2021, 15, 86min) ★★
3.00 **Fact or Faked: Paranormal Files** A UFO that apparently drops glowing seeds in water.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 9/13. (S2)
11.00 **Hudson & Rex** 7/16. (S1)
12.00 NOON **The Mentalist** (S7)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S16)
4.00 **Father Brown**
5.00 **Hudson & Rex** 7/16. Sarah finds herself in the middle of a hostage situation. (S1)
6.00 **Body of Proof** 20/20. A case raises doubts over a convicted man's guilt. (S2)

9.00 I, Jack Wright

7.00 **The Mentalist** *Brown Shag Carpet:* 12/13. Jane is abducted by the fingernail-stealing serial killer. (S7)

8.00 **Death in Paradise** *Murder Begins at Home:* 8/8. The dead body of a horse rider turns up in the police station. (S8)

9.00 **I, Jack Wright** New episode *Juggling Snakes:* 4/6. Bobby and Rose make a decision. (S1)
■ Entire series on U

10.00 **Catch Me a Killer** *Cleveland:* 3/11. Micki meets Brigadier Brink in Pretoria and is assigned to a new case. (S1)

11.00 **The Mentalist** As 7pm.
12.00 M'T **Body of Proof** As 6pm.
1.00 AM **Elementary** 6/24. Holmes and Watson investigate when seven leading names in the IT world are poisoned. (S5)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
9.15 **My Hero**
9.55 **Hi-de-Hi!**
10.30 **Porridge**
11.10 **Last of the Summer Wine**
12.30 PM **The Green Green Grass**
1.05 **My Hero**
1.40 **Dad's Army**
2.20 **Porridge**
3.00 **Hi-de-Hi!**
3.40 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.35 **Hi-de-Hi!**
6.15 **Porridge**

9.00 The Fast Show

7.00 **Dad's Army** The platoon prepare for an official visit from a French general.
7.40 **Only Fools and Horses** The Trotters meet a pregnant German woman who is in need of help. **8.20** A weeping statue in the church gives Del a money-making idea.

9.00 **The Fast Show** Cliff the Crafty Copper goes on the beat.
9.40 **Bottom** The grubby duo steal a car and discover the tickets for the owner's honeymoon inside.
10.20 **Absolutely Fabulous** Edina finally gets round to redesigning her kitchen.

11.00 **Not Going Out**
11.35 **Porridge**
12.15 AM **The Fast Show** As 9pm.
12.55 **Bottom** As 9.40pm.
1.35 **Absolutely Fabulous**
2.20 **Not Going Out**
2.50 **Miranda**
3.20 **to 4.00** AM **Only Fools and...**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **World's Most Dangerous Roads** From Georgia.
8.00 **Special Ops: To Catch a Criminal** Double bill.
10.00 **Speed with Guy Martin**
11.30 **Rick Stein's Fresh Food**
12.30 PM **Storage Hunters UK**
1.25 **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's Fresh Food** An initiative to help families cook healthy food on a tight budget. **6.30** Featuring an ex-teacher who lives like a Victorian.

11.00 8 Out of 10 Cats

7.00 **Would I Lie to You?** Richard Madeley, Sanjeev Bhaskar, Kate Humble and Miles Jupp take part.
7.40 **Richard Osman's House of Games** With Faye Tozer and Eddie Kadi. **8.20** Johnny Ball, Suzi Ruffell, Nina Wadia and Danny Wallace take part.

9.00 **QI XL** Guests Ross Noble, Dara O Briain and Jeremy Clarkson join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Victoria Coren Mitchell hosts, with guests Ignacio Lopez and Carol Vorderman.

11.00 **8 Out of 10 Cats** With Jamie Cullum, Kirsty Young, Joe Wilkinson and Katherine Ryan.
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.50 **Australian Ninja Warrior**
3.15 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

Wednesday 7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
10.00 **A Place in the Sun**
12.00 NOON **Come Dine with Me** From Inverness.
2.30 PM **A Place in the Sun**
3.00 **Narrow Escapes**
4.00 **Chateau DIY**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** From Croydon.
7.00 **Greggs vs McDonald's: The Fast Feud**
8.00 **The Piano** Claudia Winkleman, Mika and Jon Batiste visit Heathrow Airport's Terminal 5.
9.00 FILM **Mission: Impossible – Ghost Protocol** Action thriller with Tom Cruise. (2011, 12, 133min) ★★★★
11.45 FILM **Oblivion** Sci-fi action adventure starring Tom Cruise. (2013, 12, 119min) ★★★★
2.05 AM **Night Coppers**
3.05 **Murder Case: The Digital Detectives**
4.05 **to 5.00** AM **24 Hours in A&E**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.05 **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Pledge of Allegiance:* 10/21. A chief warrant officer is suspected of selling classified software. **7.00** *All Hands:* 11/21. A research vessel is invaded by terrorists. **8.00** *Fight or Flight:* 12/21. A case leads the team into the world of cage fighting. (S19)
9.00 **Criminal Minds** *The Crimson Kings:* 1/22. A new agent faces a baptism of fire. **10.00** *Sick Day:* 2/22. JJ recounts the events of a case involving two abducted children. (S12)
11.00 **Law & Order: Special Victims Unit** (S22&21)
2.45 AM **The Good Wife** (S4)
3.35 **to 4.00** AM **Cops** New edition

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **GPs: Behind Closed Doors** Medical series.
9.00 **Casualty 24/7: Every Second Counts**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Dogs Behaving (Very) Badly**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Critical Condition**
10.00 **A&E: Crash Scene Emergency** Surgeons try to separate a patient's hand from her hip.
11.00 **Skin A&E**
12.00 M'T **999: Killer on the Line** Alan Jermey.
1.00 AM **Junior Doctors Down Under**
2.00 **The Block** New editions
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Trucking Hell**
10.25 **Traffic Cops**
11.25 **Police Interceptors**
12.25 PM FILM **Horizons West** Western starring Robert Ryan and Rock Hudson. (1952, PG, 81min) ★★
2.05 FILM **The Great Northfield Minnesota Raid** Western drama starring Cliff Robertson. (1971, 15, 90min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Traffic Cops** Officers are on the hunt for a transit van taken without keys from a driveway.
10.00 **999: Police Hour of Duty** Officers finally track down a man suspected of a series of armed robberies.
11.00 **Yellowstone** 8/10. (S2)
12.05 AM **Outback Truckers**
2.05 **New York Undercover**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **Emergency: First Time Medics** Tej spots some worrying test results.
8.00 **Ambulance Australia** A double stabbing pushes the ambulance services to their limits.
9.00 **Pete Wicks: For Dogs' Sake** Pete meets a litter of puppies known as the Potato Pups.
10.00 **One Born Every Minute**
11.00 **Katie Piper: Locked Up in Louisiana**
12.00 M'T **999 Rescue Squad**
1.00 AM **MasterChef USA: United Tastes of America** Culinary show.
2.00 **to 3.00** AM **Changing Rooms Australia**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **At Home with the Braithwaites**
8.25 **Doctors**
9.35 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
1.55 **Eldorado**
2.35 **Hetty Wainthropp Investigates**
3.45 **At Home with the Braithwaites**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Miss Marple** *At Bertram's Hotel:* The amateur sleuth's holiday is interrupted by a cleric's disappearance.
10.00 **New Tricks**
11.20 **Bergerac**
12.20 AM **Sister Boniface Mysteries** 7/10. (S1)
1.20 **The Last Detective**
2.55 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

WEDNESDAY Entertainment

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **1000-lb Sisters** New edition Tammy reveals her personal life to her family, and Amy's life gets even more chaotic, pushing her to make a rash decision.
10.00 **My 600lb Life: Where Are They Now?** New edition The cast share their experiences on their extreme weight loss journeys.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Classic Who Wants to Be a Millionaire?**
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill.
6.00 **The Bidding Room** Items include a childhood Viewmaster collection and a set of art deco candle holders.
7.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
8.00 **The Chase** Double bill.
10.00 **Tenable** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **Wild West Chronicles** Western.
8.50 **Battle Honours**
10.00 **The Avengers** (S5)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM The Lone Gun** Western. (1954, U) ★★
2.30 **FILM Apache Territory** Western. (1958, U) ★★
4.00 **FILM Prairie Fever** Western. (2008, PG, 81min) ★★★
6.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S5)
9.00 **FILM Trigger Point** Thriller with Barry Pepper. (2021, 12, 85min) ★★
10.50 **FILM Shadow Wolves** Action adventure. (2019, 95min) ★★
1.05 AM **FILM Meteor Storm** Sci-fi action adventure. (2010, 12, 90min) ★
2.50 **to 5.00** AM **Wild West Chronicles**
+1hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Coast Guard Alaska**
11.00 **Saving Lives at Sea**
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Deadly Switch** Mystery thriller. (2019, PG, 97min) ★★
2.55 **FILM Presumed Guilty** Mystery drama. (2016, 15, 102min) ★★
5.05 **FILM Murder 101: If Wishes Were Horses** Crime mystery. (2007, PG, 115min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Lucky Number Slevin** Thriller starring Josh Hartnett. (2006, 18, 110min) ★★★
11.20 **FILM Bunraku** Fantasy. (2010, 15, 119min) ★★★
1.55 AM **FILM The Air I Breathe** Crime drama. (2007, 15, 95min) ★★
4.00 **to 6.00** AM **FILM Secrets at the Lake** Crime thriller. (2019, PG, 86min) ★★★
+1hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Love Off the Page** Romantic drama. (2022, PG, 87min) ★★
10.00 **FILM Blue Moon Ball** Drama. (2021, U) ★★
12.05 PM **FILM Matching Hearts** Romantic drama. (2020, PG, 100min) ★★
2.00 **FILM Sweet Pecan Summer** Drama. (2021, PG, 84min) ★★
4.05 **FILM Appetite for Love** Comedy. (2016, PG) ★★
6.05 **FILM Love Struck Cafe** Drama. (2017, PG) ★★
8.00 **FILM A Country Romance** Drama. (2021, PG, 83min) ★★
9.55 **FILM Love Knots** Romantic comedy. (2021, PG, 90min) ★★
11.55 **FILM Love on the Sidelines** Comedy. (2016, PG, 86min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Unleashing Mr Darcy** Drama. (2016, PG) ★★
+1hour 320 317 63

Rewind TV
182 92 150

6.00 AM **Highlights**
9.00 **Stereo Underground**
10.00 **Surgical Spirit** (S4)
10.30 **Watching** 2/8. (S1)
11.00 **A Fine Romance** (S3)
11.30 **The Monkees** (S1)
12.00 NOON **Cuckoo Waltz**
12.30 PM **Carry On Laughing**
1.00 **Please Sir!** (S2)
1.30 **You're Only Young Twice**
2.00 **Bramwell** (S2)
3.00 **Shine on Harvey Moon**
4.00 **Stereo Underground**
5.00 **A Fine Romance** (S3)
5.30 **The Monkees** (S1)
6.00 **Watching** 2/8. (S1)
6.30 **Lucky Feller**
7.00 **Bramwell** (S2)
8.00 **Please Sir!** (S2)
8.30 **You're Only Young Twice**
9.00 **Carry On Laughing**
9.30 **Thick as Thieves**
10.00 **Lucky Feller**
10.30 **The Cuckoo Waltz** (S2)
11.00 **Department S** (S2)
12.00 M'T **Sapphire and Steel**
1.00 AM **Shine on Harvey...**
2.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The police are called in after a confrontation on the *Cornelia Maria*. **8.00** A fierce storm strikes, and a valued fisherman leaves.
9.00 **Alaska: Homestead Rescue** Facing summer wildfires, the Raneys battle still-frozen ground to secure food stores.
11.00 **Aussie Gold Hunters** The Gold Devils leave their main base.
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Jamie's Quick & Easy Food** Double bill.
7.00 **30 Minute Meals**
9.00 **Nigel Slater's Simple Suppers** Double bill.
10.00 **John Torode's Asia**
11.00 **Great British Bake Off**
1.00 PM **Jamie's Quick & Easy Food** Double bill.
2.00 **James Martin's French Adventure** From Paris.
3.00 **30 Minute Meals**
5.00 **Nigel Slater's Simple Suppers** Double bill.
6.00 **John Torode's Asia**
7.00 **Great British Bake Off**
9.00 **Ottolenghi's Mediterranean Island Feast** Yotam Ottolenghi heads to Crete.
10.00 **The Hairy Bikers' Comfort Food**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food Nation**
2.00 **to 3.00** AM **Restaurant: Impossible**
+1hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 9/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 17/22. (S1)
11.00 **FILM The 7 Adventures of Sinbad** Fantasy. (2010, PG, 90min) ★★
1.00 PM **FILM Iron Eagle II** Drama. (1988, PG) ★
3.00 **FILM Walker, Texas Ranger: Trial by Fire** Action drama spin-off. (2005, 12, 90min) ★★
5.00 **Star Trek** 7/30. (S1)
6.00 **Knight Rider** 18/22. (S1)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM The Sweeney** Action thriller. (2012, 15, 112min) ★★★
11.15 **FILM Daylight Robbery** Crime thriller. (2008, 15, 98min) ★★★
1.10 AM **FILM Executive Command** Thriller. (1997, 15, 95min) ★★
3.05 **to 5.00** AM **FILM The Blood on Satan's Claw** Horror. (1970, 18) ★★★
+1hour 324 319

Legend Xtra
317 316 171 69 138 51

6.00 AM **Farscape: The Peacekeeper Wars**
8.00 **FILM The Shape of Things to Come** Drama. (1979, 15, 94min) ★★
10.00 **Farscape** 22/22. (S4)
11.00 **FILM Independents' Day** Sci-fi adventure. (2016, 15, 91min) ★★
1.00 PM **FILM The Land That Time Forgot** Sci-fi action fantasy. (2009, 12, 90min) ★★
3.00 **Farscape** 22/22. (S4)
4.00 **The A-Team** 14/14. (S1)
5.00 **Farscape: The Peacekeeper Wars**
7.00 **The Lost World** (S1)
8.00 **The A-Team** 1/23. (S2)
9.00 **FILM Trespass** Thriller with Bill Paxton. (1992, 18, 101min) ★★★
11.00 **FILM Assault on Precinct 13** Thriller with Austin Stoker. (1976, 15, 90min) ★★★★★
1.00 **to 3.00** AM **FILM Trespass** As 9.00pm.
+1hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Storage Wars: Texas**
8.00 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **UFO Files**
11.10 **Skinwalker Ranch**
12.10 PM **Mysteries from Above** Documentary.
1.05 **Secrets in the Jungle**
2.05 **Storage Hunters**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **UFO Files**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **Weird Britain** New edition Yorkshire.
10.00 **The UnXplained**
11.00 **Bermuda Triangle: Into Cursed Waters**
12.00 M'T **MonsterQuest**
1.00 AM **UFO Files**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Big Antique Adventure with Susan Calman**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **Walking Tudor Britain**
6.00 **Inside the Tower of London** Documentary.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Michael Palin in North Korea** Exploring life for many of the millions living in North Korea.
10.00 **Amazing Railway Adventures with Nick Knowles** The presenter explores Norway.
11.00 **Prisoner: Cell Block H**
1.00 AM **Bargain-Loving Brits in the Sun**
3.00 **Big Antique Adventure with Susan Calman**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun: Home or Away**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **Love Your Garden**
3.00 **Beach Hunters**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 **Rich House, Poor House**
10.00 **Home Town** New edition The Napiers create a home that delivers from the inside out.
11.00 **Home Town** Ben and Erin show a couple a classic Victorian with an unusual backyard vault.
12.00 M'T **A Place in the Sun: Home or Away**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Curvy Brides Boutique**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish: Jeremiah** Reality series.
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Sister Wives**
8.00 **You, Me & My Ex**
9.00 **Love & Translation** New edition
10.00 **Forbidden Love** New edition
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Couponing**
2.00 **Forbidden Love**
3.00 **Sex Sent Me to the ER**
4.00 **You, Me & My Ex**
5.00 **to 6.00** AM **Extreme Couponing**
+1hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing** (S7)
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S5&6)
8.00 **Friends** 6/25. Joey and Chandler celebrate their last night as flatmates. **8.30** 7/25. An Australian dancer moves in with Joey. (S6)
9.00 **Alan Carr Live: Spexy Beast** Stand-up show.
10.00 **8 Out of 10 Cats**
11.00 **Reno 911!** New episode 4/11. The deputies face an imposing foe. (S8)
11.25 **Whose Line Is It Anyway? USA**
12.25 AM **South Park** (S2)
1.25 **Michael McIntyre: Happy & Glorious**
2.25 **Dara O Briain – Voice of Reason**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 15&16/22. (S1)
11.00 **Friends** 4-7/25. (S6)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** 10&11/13. (S4)
4.00 **Guessable?**
5.00 **Becker** 15&16/22. (S1)
6.00 **Home Improvement**
8.00 **Last Man Standing** 18/22. Vanessa is unsure that Ed is the right man. **8.30** 19/22. Rev Paul asks Mike to helm Sunday School. (S7)
9.00 **South Park** (S5&1)
12.00 M'T **The Ren & Stimpy Show** Four episodes.
2.00 AM **Reno 911!** (S4)
2.55 **The Ricky Gervais Show**
3.45 **Becker** 15&16/22. (S1)
4.30 **Al Murray: And a Glass of White Wine for the Lady** Stand-up comedy.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Bondi Rescue**
12.00 NOON **DC's Legends of Tomorrow** (S6)
2.00 PM **Caught on Dashcam**
3.00 **Motorway Patrol**
4.00 **Bondi Rescue**
5.00 **Border Patrol**
6.00 **Supergirl** (S1)
8.00 **Caught on Dashcam**
10.00 **Brit Cops: Frontline Crime UK** Documentary.
11.00 **Dan Brown's The Lost Symbol** 5/10. Nunez follows a hunch. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Tyson Fury.
2.00 **Last King of the Cross**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **Teen Mom Australia**
7.10 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: On the Run**
2.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **Teen Mom: The Next Chapter** New edition Maci, Cate, Tyler, Leah and Gary celebrate 16 years of the show.
9.00 **Catfish: The TV Show**
10.00 **Caught in the Act: Unfaithful** Reality series.
11.00 **Plastic Surgery Knifemares**
12.00 M'T **Ridiculousness** New edition Rob, Steelo, Nina and Jenni Farley hit the kitchen in 'cooking with kids.'
12.30 AM **Ridiculousness**
1.00 **Just Tattoo of Us**
2.00 **Ink Master: Revenge**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaskan Bush People**
9.00 **Mega Shippers** Double bill.
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** The Raneys convert an old barn into a fishing kitchen.
3.00 **Gold Divers** Double bill.
5.00 **Building off the Grid** Building an off-grid retreat overlooking Tennessee's Ocoee River.
6.00 **Junkyard Empire** Father-son duo Bobby and Andy restore a Jeep Wrangler and a 1986 Monte Carlo.

9.00 Kindig Customs

7.00 Wheeler Dealers Mike and Ant welcome a zippy little 1974 Fiat X1/9 sports car to the workshop, but big problems lurk.

8.00 Hoffman Family Gold Todd's crew race to beat 1,000 ounces and make a profitable final season for Grampa Jack.

9.00 Kindig Customs New edition The team go full throttle to finish the Porsche before its debut at the SEMA show.

10.00 Wheeler Dealers World Tour In Poland, Mike and Elvis discover and restore a weathered Polski Fiat 126.

11.00 **Border Control Sweden** Tomas suspects forbidden foods in a couple's luggage.
12.00 M'T **Expedition Bigfoot**
1.00 AM **Kindig Customs**
2.00 **Wheeler Dealers World Tour**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** A terrarium.
9.00 **Crikey! It's the Irwins**
10.00 **Dogs 101** Active companions.
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked**
1.00 PM **Crikey! It's the Irwins**
2.00 **Treetop Cat Rescue**
3.00 **Tanked** With Theresa Caputo.
4.00 **Dogs 101** Dog grooming.
5.00 **Alaska: Homestead Rescue** The Raneys continue rescuing a tire bale home in Ohio.
6.00 **Tanked** The team create a custom fish tank for a distinctive petrol station.

8.00 Return to the Isle of Jaws

7.00 Crikey! It's the Irwins The Irwins caravan into the Outback to release baby kangaroos onto their conservation area.

8.00 Return to the Isle of Jaws Investigating an unusual lack of females at a great white shark breeding ground.

9.00 Sharkwrecked: Crash Landing A unique exploration of the world's most remote and shark-infested waters.

10.00 Alaskan Bush People The Browns prepare to close down their homestead following Ami's diagnosis.

11.00 **Flying Wild Alaska**
12.00 M'T **Pit Bulls & Parolees: Tia's Tales** Tia, Tania and Mariah recount their biggest successes and losses.
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101** Dog grooming.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Colossal Machines**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **The Jesus Mysteries**
2.00 PM **World War II: Secrets from Above** Double bill.
4.00 **Amsterdam Central 24/7**
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw enlist the help of actor Roger Moore.
6.00 **Air Crash Investigation** A C-130 firebomber crashes while battling an epic Australian wildfire.

7.00 Air Crash Investigation

7.00 Air Crash Investigation The inquiry into the crash of American Eagle Flight 4184 near Roselawn, Indiana in 1994.

8.00 Destruction Decoded New edition The top 10 apocalyptic scenarios, including quakes, deadly viruses and asteroids.

9.00 Construction Fails How Notre Dame cathedral caught fire despite state-of-the-art smoke detection equipment.

10.00 Car S.O.S Tim Shaw and Fuzz Townshend restore a 2002 Suzuki Jimny, gifted to retired NHS nurse Joanna by her late father.

11.00 **Air Crash Investigation**
12.00 M'T **To Catch a Smuggler**
1.00 AM **Mysterious Islands**
2.00 **Food Factory** Cheesy Scottish breakfast pies.
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Walking Through History**
6.50 **Dirty Old Cars**
7.20 **Storage Hunters**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Swamp People: Serpent Invasion**
1.00 PM **Storm Stories**
2.00 **Colosseum**
4.00 **Flipping Bangers**
5.00 **Pawn Stars** A signature worthy of presidential praise.
6.00 **American Pickers**

9.00 The Curse of Oak Island

7.00 Forged in Fire Two previous champions face off in a five-hour challenge making a blade inspired by Hollywood.

8.00 Storage Hunters An old rival causes problems. **8.30** Brandon Bernier and his wife Lori make a big find in Boston.

9.00 The Curse of Oak Island New edition The Fellowship believe the treasure is near when its members find Oak Logs.

10.00 Ghost Ships Efforts to locate wreckage of the *SS Mont Blanc* and the *SS Imo*, which sank in December 1917.

11.00 **Encounter: UFO**
12.00 M'T **Ross Kemp: Mafia and Britain** Ross learns how prevalent cocaine is in Colombia as he joins a raid.
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **The UnBelievable with Dan Aykroyd**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nazi Hunters** As 4.00pm.
11.00 **Adolf Hitler's War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics** Double bill.
4.00 **Nazi Hunters** Reinhard Heydrich's assassination.
5.00 **Adolf Hitler's War**
6.00 **Antiques Roadshow** A visit to Althorp, Northamptonshire, the childhood home of Diana, Princess of Wales.

9.00 Ireland with Simon Reeve

7.00 Canal Boat Diaries Robbie Cumming tackles the River Trent. **7.30** Robbie breaks down in Nottingham.

8.00 Great British Railway Journeys Michael visits Bradford and Shipley. **8.30** Michael travels to London's Barbican.

9.00 Ireland with Simon Reeve Simon explores the history of both the Republic of Ireland and Northern Ireland.

10.00 Bangers & Cash: Restoring Classics A 1990s Alfa lives up to its stereotype, and the team revisit a road roller.

11.00 **Bangers & Cash** A haulier offloads part of his vintage commercial vehicle collection.
12.00 M'T **Dream Car Fixers** Sheldon and Peter take on the first ever European Car of the Year – a Rover P6.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Wednesday

7 PM 8 PM 9 PM 10 PM

Quest

144 149 137 12 144 17

6.00 AM **Salvage Hunters: Classic Cars**
7.00 **Salvage Hunters: The Restorers**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Documentary.
1.00 PM **The Repair Shop**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Giro D'Italia Highlights** Action from stage five.
8.00 **The Yorkshire Auction House** Double bill.
10.00 **The Derbyshire Auction House** Irita explores a house full of wonders, including a huge 'tavern' clock.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Lancashire** Reality show.
11.00 **Disappeared**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories** Documentary.
8.00 **Murder on CCTV**
9.00 **I'd Kill for You**
10.00 **Deadly Women**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **The Truth About My Murder** Dr Richard Shepherd investigates the murder of Laureline Garcia-Bertaux.
8.00 **See No Evil** Examining the murder of Christopher Duncan, who left his apartment in San Antonio, Texas, never to return again.
9.00 **Storm of Suspicion** New edition A predator stalks unsuspecting victims in Virginia.
10.00 **Millionaire Murders** New edition A handyman arrives at a home and is horrified to find a woman dead in the family pool.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Millionaire Murders**
3.00 **See No Evil** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Crimes That Shook Australia** Double bill.
11.00 **Medical Detectives**
2.00 PM **The Jury Room**
4.00 **Medical Detectives** Hunters make a grisly find in a Texas canyon – a human skull. **4.30** A wife goes missing in Key West. **5.00** A woman is found dead in bed with a gun in hand and suicide notes close by. **5.30** Investigators piece together fragments of a disc to find a woman's murderer. **6.00** Investigators must sift through shards of evidence to hone in on a perpetrator. **6.30** A plastic bag found near a suffocated woman made her death look accidental.
7.00 **Judge Judy** Real-life small-claims cases.
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Customs UK**
9.00 **The Force: Manchester**
10.00 **Brit Cops UK**
11.00 **Killer in My Village**
12.00 NOON **How I Caught the Killer** True-crime.
1.00 PM **Forensics: Catching the Killer**
2.00 **Murders That Shocked the Nation**
3.00 **Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **Most Evil Killers**
9.00 **Murder Uncut**
10.00 **How I Caught the Killer**
11.00 **Forensics: Catching the Killer** True-crime.
12.00 M'T **Most Evil Killers**
1.00 AM **Killer in My Village**
2.00 **Murdered at First Sight**
3.00 **Love You to Death**
4.00 **Brit Cops UK**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **The Ottoman Empire: Battle for the Mediterranean**
9.40 **Wrecks That Changed the World**
10.40 **The First World War: The People's Story**
11.50 **Forts of Verdun**
1.00 PM **Pompeii: Buried Secrets of the Villa Giuliana** Documentary.
2.05 **The Ottoman Empire...**
3.10 **Wrecks That Changed...**
4.10 **The First World War: The People's Story**
5.20 **Forts of Verdun**
6.35 **The Ottoman Empire...**
7.40 **Wrecks That Changed the World**
8.40 **The First World War: The People's Story**
9.50 **Forts of Verdun**
11.00 **Wrecks That Changed...**
12.00 M'T **The First World War: The People's Story**
1.10 **to 2.00** AM **America the Bountiful**

WEDNESDAY

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Nineties**
7.00 **Discovering: Fredric March**
8.00 **The Directors**
9.00 **The Invisible Pilot**
10.00 **Ren Faire**
11.00 **Kingdom of Dreams**
12.00 NOON **FILM Man on Wire** Oscar-winning documentary. (2007, 12, 93min) ★★★★
2.00 PM **QPR: The Four Year Plan**
3.50 **My Icon: Chris Hughton**
4.00 **The Directors**
5.00 **Discovering: Fredric March**
6.00 **The Invisible Pilot**
7.00 **Jackie Stewart** Documentary.
9.00 **SERIES RESUMES David Frost Vs** Recalling the journalist's interviews with Richard Nixon. ■ Entire series on Box Sets
10.00 **JFK Revisited: Through the Looking Glass** Examining the assassination of John F Kennedy.
12.15 AM **Nixon by Nixon: In His Own Words** Documentary.
1.45 **Taylor Mac's 24-Decade History of Popular Music**
3.45 **Adam Hills: Foot Fault**
5.00 **to 6.00** AM **Discovering: Fredric March**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Tales from Zambia**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Orangutan Jungle School**
10.00 **Arctic Secrets**
11.00 **Africa's Hunters**
12.00 NOON **Africa's Wild Horizons**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Orangutan Jungle School**
4.00 **Arctic Secrets**
5.00 **Gangs of Baboon Falls**
6.00 **Africa's Wild Horizons**
7.00 **Monkey Life** Double bill.
8.00 **David Attenborough's Kingdom of Plants** The wonders of the botanical world.
9.00 **Africa's Underwater Wonders**
10.00 **Africa's Wild Horizons**
11.00 **Gangs of Baboon Falls**
12.00 M'T **Africa's Hunters**
1.00 AM **Into the Wild: Colombia**
2.00 **David Attenborough's Kingdom of Plants**
3.00 **Africa's Underwater Wonders**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Jungle**
9.00 **Bomber: Terror of WWII**
10.00 **Mystery Places**
11.00 **Ancient Aliens**
1.00 PM **Lost Relic Hunters**
2.00 **Al Murray: Why Do the Brits Win Every War?**
3.00 **Empire Builders**
4.00 **Bomber: Terror of WWII**
5.00 **Swamp Mysteries with Troy Landry** Troy investigates reports of a Nile crocodile in Florida.
6.00 **Mystery Places**
7.00 **UFOs Declassified**
8.00 **Great Escapes with Morgan Freeman** A prison break frees hundreds of captured Union soldiers during the US Civil War.
9.00 **How Disney Built America**
10.00 **Secrets in the Jungle**
11.00 **Clash of the Gods**
12.00 M'T **Ancient Aliens**
2.00 AM **Al Murray: Why Do the Brits Win Every War?**
3.00 **Empire Builders**
4.00 **UFOs Declassified**
5.00 **to 6.00** AM **Swamp Mysteries with Troy Landry**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files: DNA...**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **When Missing Turns to Murder**
10.00 **Sin City Murders**
11.00 **An Hour to Kill**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **Killer in Plain Sight**
3.00 **When Missing Turns to Murder**
4.00 **Sin City Murders**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files: DNA Speaks**
7.00 **The First 48 Presents: Critical Minutes** Documentary.
8.00 **Imperfect Murder**
9.00 **When Missing Turns to Murder** New edition
10.00 **Beyond the Headlines: The Elizabeth Thomas Story**
11.00 **Gypsy Rose: Life After Lock Up**
12.00 M'T **Crimes That Shook Britain**
1.00 AM **When Missing Turns to...**
2.00 **Beyond the Headlines: The...**
3.00 **Green Eyed Killers**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **An Hour to Kill**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Africa's Deadliest**
10.00 **America's National Parks**
11.00 **Exotic Animal ER**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Saving Giraffes: The Long Journey Home**
3.00 **An Elephant's World**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City: Uncharted**
7.00 **NEW Jaguar: Jungle Icon of Guyana** Following a young jaguar in Guyana's rainforests.
8.00 **America's Mighty Mountains** Animals who live in the shadow of America's giant volcanoes.
9.00 **America's Northwest Giants** California's giant cliff faces and redwood trees.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom: Uprising**
1.00 AM **Lawless Island**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Somali Pirate Takedown: The Real Story** As 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Cooper's Treasure**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Experts explore how close the Earth has come to destruction.
8.00 **Somali Pirate Takedown: The Real Story** The operation to free cargo ship captain Richard Phillips following a four-day stand-off with the Somali pirates holding him hostage.
9.00 **Secret Space Escapes**
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.20 **Parkinson**
2.00 PM **Bargain Hunt**
4.00 **Parkinson**
5.20 **Doctor Who** Four episodes of the sci-fi drama, including at: **7.05** *The Daemons – Part One:* 21/25. The Doctor and his assistant Jo travel to Devil's End where an archaeological dig has uncovered a tomb acting as a cell for an ancient evil. (S8)
7.35 **Bargain Hunt** Philip Serrell and Charles Hanson help the teams at Swinderby Antiques Fair. **8.35** Two teams visit an antiques fair at Gateshead International Stadium.
9.35 **Parkinson** With guests Kevin Spacey and Lenny Henry. Plus, music from Donny Osmond. **10.50** The host is joined by Jeremy Clarkson, Neil Morrissey and Denise Van Outen.
12.05 AM **Doctor Who**
2.25 **Bargain Hunt**
3.15 **Parkinson**
5.15 **to 6.00** AM **Bargain Hunt**

+1 hour 266 376

ID

154 141 166

8.00 AM **Who Killed Jane Doe?**
9.00 **Evil Talks: Chilling Confessions** Double bill.
11.00 **The Murder Tapes**
1.00 PM **The Perfect Murder**
3.00 **Evil Lives Here**
5.00 **Homicide City: Charlotte**
6.00 **Southern Fried Homicide**
7.00 **Faking It: Tears of a Crime** The case of Laci Peterson. **8.00** The disappearance of a young mother.
9.00 **Body Cam** The case of an armed man who stole a police car, then fired at officers during a citywide chase.
10.00 **Before They Kill Again** As Washington, DC, burns, police realise they are hunting the most prolific arsonist in US history – and he has been getting away with it for decades.
11.00 **British Police Murdered on Duty** Triple bill of editions.
2.00 AM **Homicide City: Charlotte**
3.00 **Southern Fried Homicide**
4.00 **to 6.00** AM **Faking It: Tears of a Crime**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **Massive Engineering Mistakes**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Massive Engineering Mistakes**
4.00 **Last Chance Garage**
5.00 **Richard Hammond's Workshop** A bizarre military vehicle enters the workshop.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Last Chance Garage** Tony takes on a botched Scout nightmare with wiring issues.
9.00 **Motor Pickers**
10.00 **Massive Engineering Mistakes**
11.00 **Shed and Buried**
12.00 M'T **Last Chance Garage**
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **RMD Garage**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.40 AM **The Cinema List: Fast Cars**
7.00 **Rebellious** Animated fantasy adventure. (2024, PG, 94min)
8.40 **Between the Temples** (2024)
10.40 **The Parenting** Horror comedy. (2025, 15, 94min) ★★★
12.25 PM **Mob Cops** Crime drama. (2024, 15, 87min) ★
2.05 **Speak No Evil** As 9.45pm.
4.05 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★
5.55 **Twisters** Disaster drama sequel. (2024, 12, 122min) ★★★★

9.45 Speak No Evil

8.00 Cleaner Action thriller starring Daisy Ridley. Environmental activists hijack an energy company's gala and take 300 hostages. With Clive Owen and Matthew Tuck. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Speak No Evil Horror thriller starring James McAvoy. A dream holiday turns into a nightmare when an American family stay at a British couple's idyllic estate. (2024, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Damned** Horror starring Odessa Young and Joe Cole. (2024, 15, 89min) ★★★★
1.25 AM **Cleaner** As 8.00pm.
3.10 **Omni Loop** Sci-fi drama starring Mary-Louise Parker. (2024, 12, 112min) ★★★★
5.10 **to 7.05** AM **Between the Temples** Comedy drama starring Jason Schwartzman. (2024, 15, 111min) ★★★★

Sky Cinema Mega Hits

303 303 403 503 517

6.00 AM **Furiosa: A Mad Max Saga**
8.40 **Saving Private Ryan** Director Steven Spielberg's war drama. (1998, 15, 169min) ★★★★★
11.40 **A Star Is Born** Drama. (2018, 15, 136min) ★★★★★
2.10 PM **Chicago** Musical. (2002, 12, 112min) ★★★★
4.10 **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
6.10 **The Spiderwick Chronicles** Children's fantasy adventure. (2008, PG, 91min) ★★★★

8.00 Jumanji

8.00 Jumanji Fantasy adventure starring Robin Williams and Bonnie Hunt. A mysterious board game unleashes a series of wild creatures upon an American town. (1995, PG, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 The Mummy Action adventure starring Brendan Fraser and Rachel Weisz. In 1920s Egypt, a dashing American, an English librarian and her wastrel brother unwittingly revive an evil high priest. (1999, 15, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Five Nights at Freddy's** Horror with Josh Hutcherson. (2023, 15, 109min) ★★
1.45 AM **Furiosa: A Mad Max Saga** Fantasy adventure. (2023, 15, 148min) ★★★★
4.15 **to 6.00** AM **Fight or Flight** Thriller starring Josh Hartnett. (2025, 15, 98min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.20 AM **Ben-Hur** As 4.15pm.
10.00 **Rob Peace** As 12.25am.
12.05 PM **Catch Me If You Can** Fact-based crime adventure starring Leonardo DiCaprio. (2002, 12, 141min) ★★★★★
2.30 **Aisha** Drama with Letitia Wright. (2022, 12, 94min) ★★★★
4.15 **Ben-Hur** Multi-Oscar-winning epic starring Charlton Heston. (1959, PG, 212min) ★★★★★

8.00 **Forrest Gump** Whimsical fable starring Tom Hanks as an Alabama-born man who leads a charmed existence over four turbulent decades of US history. (1994, 12, 136min) ★★★★
10.30 **The Illusionist** Period mystery starring Edward Norton, Paul Giamatti and Jessica Biel. In 1900 Vienna, a stage magician engages in a battle of wits and illusions with a prince over the love of a beautiful aristocrat. (2006, PG, 110min) ★★★★

12.25 AM **Rob Peace** Drama. (2024, 15, 120min) ★★★
2.30 **Black Dog** Chinese drama. (2024, 12, 110min) ★★★
4.35 **to 6.55** AM **The Man Who Shot Liberty Valance** Classic John Ford Western. (1962, b/w, U, 122min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.55 AM **Ex Machina** As 11.50pm.
8.50 **Something in the Dirt** (2022)
10.55 **The First Purge** Thriller prequel. (2018, 15, 98min) ★★
12.40 PM **Paranormal Activity: The Ghost Dimension** Horror sequel. (2015, 15, 88min) ★
2.15 **World War Z** Apocalyptic thriller. (2013, 15, 116min) ★★★★
4.25 **Insidious: Chapter 2** Thriller sequel. (2013, 15, 103min) ★★★

6.20 **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★
8.00 **Terminator Salvation** Sci-fi action thriller sequel starring Christian Bale, Sam Worthington and Anton Yelchin. In 2018, resistance hero John Connor leads the fight back against the killer robots. (2009, 12, 110min) ★★★
10.05 **Annabelle** Horror spin-off from *The Conjuring*, starring Annabelle Wallis and Ward Horton. (2014, 15, 97min) ★★

11.50 **Ex Machina** Sci-fi drama. (2014, 15, 104min) ★★★★
1.45 AM **Something in the Dirt** Sci-fi comedy drama. (2022, 15, 116min) ★★★★
3.50 **Dashcam** Horror. (2021, 18) ★★★
5.20 **to 7.05** AM **Little Bone Lodge** Horror. (2023, 15, 93min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.55 AM **Batteries Not Included**
8.55 **Harold and the Purple Crayon**
10.35 **Jackie Chan's The Tuxedo** Action comedy. (2002, 12) ★★
12.30 PM **Zathura: A Space Adventure** Fantasy adventure. (2005, PG, 113min) ★★★★
2.20 **Paul Blart: Mall Cop** Comedy. (2009, PG, 91min) ★
4.00 **Paul Blart: Mall Cop 2** Comedy sequel. (2015, PG) ★★
5.50 **Harold and the Purple Crayon** Adventure. (2024, PG) ★★★

5.50 Harold and the Purple...

7.35 **Look Who's Talking Too** Comedy sequel with John Travolta and Kirstie Alley. (1990, 12, 77min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Look Who's Talking Now** Comedy sequel starring John Travolta and Kirstie Alley, and featuring the voices of Danny DeVito and Diane Keaton as a pair of mismatched dogs. (1993, 12, 95min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Ride On** Chinese action drama. Subtitled. (2023, PG, 126min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Mee-Shee: The Water Giant** Fantasy adventure. (2005, PG, 94min) ★★★
2.30 **Sky Cinema Preview**
3.30 **Pups United** Adventure. (2015, U, 89min) ★★★
5.05 **Sky Cinema Preview**
5.35 **to 7.30** AM **Batteries Not Included** Sci-fi fantasy. (1987, PG, 105min) ★★★★

Sky Cinema Action

307 307 407 507 521

7.10 AM **Ghost Rider** Adventure. (2006, 12, 106min) ★★★
9.10 **Twilight of the Warriors: Walled In** As 12.45am.
11.20 **Bad Boys: Ride or Die** Action comedy adventure. (2024, 15, 115min) ★★★
1.20 PM **Justice League** Adventure. (2017, 12, 120min) ★★
3.25 **Mad Max: Fury Road** Thriller. (2015, 15, 120min) ★★★★★
5.35 **Man of Steel** Fantasy. (2013, 12, 143min) ★★★

10.35 Blue Beetle

8.00 **Superman Returns** Superhero adventure starring Brandon Routh, Kate Bosworth and Kevin Spacey. After a five-year absence, Superman returns and finds that old flame Lois Lane is a mother and that old foe Lex Luthor is cooking up more trouble. With Parker Posey and James Marsden. (2006, 12, 154min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Blue Beetle** Fantasy starring Xolo Maridueña. An ancient relic of alien biotechnology chooses a college graduate as its symbiotic host. (2023, 12, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Twilight of the Warriors: Walled In** Crime thriller. (2024, 15, 126min) ★★★
2.55 **Project A** Martial arts thriller. (1985, 12, 72min) ★★★
4.45 **to 6.55** AM **Gods of Egypt** Adventure. (2016, 12) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.55 AM **Swede Caroline** (2024)
9.50 **Talladega Nights: The Ballad of Ricky Bobby** Comedy. (2006, 15, 108min) ★★★★
12.00 NOON **David Brent: Life on the Road** (2016, 15) ★★
1.50 PM **School of Rock** Comedy. (2003, PG, 109min) ★★★★
3.55 **How to Lose a Guy in 10 Days** Comedy. (2003, 12) ★★★
6.00 **National Lampoon's Animal House** Campus comedy. (1978, 15, 109min) ★★★★★

3.55 How to Lose a Guy in 10...

8.00 **Daddy's Home 2** Comedy sequel starring Will Ferrell and Mark Wahlberg. Having settled their differences, Brad and Dusty must now deal with their intrusive fathers. (2017, 12, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Junior** Comedy starring Arnold Schwarzenegger as a research scientist who becomes the world's first pregnant man. With Danny DeVito and Emma Thompson. (1994, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Bye Bye Birdie** Musical starring Janet Leigh, Dick Van Dyke and Ann-Margret. (1963, PG, 112min) ★★★
1.45 AM **Swede Caroline** Comedy. (2024, 15, 98min) ★★★
3.35 **I Love My Dad** Comedy. (2022, 15, 96min) ★★★
5.20 **to 7.10** AM **Ferris Bueller's Day Off** Teen comedy. (1986, 12, 103min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.50 AM **The Cinema List: Thriller**
7.05 **Naked Singularity** Crime comedy. (2021, 15) ★★★
8.45 **Unhinged** (2020, 15) ★★★
10.25 **American Star** As 12.20am.
12.20 PM **One Day as a Lion** Action thriller. (2023, 15, 87min) ★★★
2.00 **Inferno** Thriller starring Tom Hanks. (2016, 12, 121min) ★★★
4.15 **The Big Heat** Gangster thriller. (1953, b/w, 15, 90min) ★★★★
5.55 **Green Zone** Action thriller. (2010, 15, 110min) ★★★★

5.55 Green Zone

8.00 **Ocean's Eight** Crime caper starring Sandra Bullock. Following in the footsteps of brother Danny, light-fingered Debbie Ocean plans a complex heist. With Cate Blanchett and Anne Hathaway. (2018, 12, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

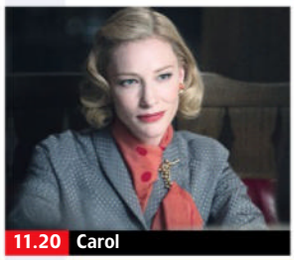
9.55 **Public Enemies** Gangster biopic starring Johnny Depp as 1930s bank robber John Dillinger, whose freewheeling crime spree across America's Midwest during the Depression turned him into a folk hero. With Christian Bale. (2009, 15, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **American Star** Thriller. (2023, 15, 107min) ★★★★
2.15 **Desperation Road** Thriller. (2023, 18, 112min) ★★★★
4.15 **to 6.05** AM **Cult Killer** Crime thriller with Antonio Banderas. (2024, 15, 105min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Hell is a City** Thriller. (1959, b/w, PG, 100min) ★★★
12.55 PM **It Should Happen To You** Vintage romantic comedy. (1953, b/w, U, 100min) ★★★
2.50 **The Admirable Crichton** Comedy. (1957, U) ★★★
4.40 **3.10 to Yuma** Classic Western. (1957, b/w, PG, 80min) ★★★★
6.30 **Charlotte Gray** Wartime drama starring Cate Blanchett. (2001, 15, 121min) ★★★★


11.20 Carol

Charlotte Gray (film started at 6.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Jack Reacher: Never Go Back** Action thriller sequel starring Tom Cruise and Cobie Smulders. The vigilante tries to save an army major who has been framed for murder by a sinister conspiracy. (2016, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.20 **Carol** Romantic drama starring Cate Blanchett and Rooney Mara. Two women from different backgrounds fall in love in 1950s New York, but have to keep their relationship a secret. With Kyle Chandler. (2015, 15, 114min) ★★★★★
1.45 **to 4.00** AM **Proxima** Drama with Eva Green and Matt Dillon. (2019, 12, 107min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Tom Cruise

302 302 402 502 516

6.00 AM **Far and Away** As 5.35pm.
8.30 **The Firm** As shown at 2.40am.
11.10 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★
1.15 PM **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★
3.35 **Days of Thunder** High-speed drama. (1990, 15, 107min) ★★★
5.35 **Far and Away** Romantic epic. (1992, 15, 140min) ★★

8.00 **Jack Reacher** Action thriller starring Tom Cruise. Former military cop Jack Reacher uncovers a murderous conspiracy after an unseen gunman shoots five people in Pittsburgh. (2012, 15, 130min) ★★★
10.15 **Jack Reacher: Never Go Back** Action thriller sequel with Tom Cruise and Cobie Smulders. The vigilante tries to save an army major who has been framed for murder by a sinister conspiracy. (2016, 12, 118min) ★★★

12.15 AM **Born on the Fourth of July** Director Oliver Stone's fact-based drama starring Tom Cruise. (1989, 18, 138min) ★★★★★
2.40 **The Firm** Thriller based on John Grisham's novel, starring Tom Cruise. (1993, 15, 155min) ★★★
5.15 **to 7.05** AM **Days of Thunder**

Sky Cinema Greats

304 304 404 504 518

6.05 AM **The Taming of the Shrew**
8.20 **The Young Ones** As 3.35am.
10.20 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★
12.20 PM **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
2.00 **Raiders of the Lost Ark** Steven Spielberg's action adventure. (1981, PG, 115min) ★★★★★
4.00 **The Return of the Pink Panther**

6.00 **Beverly Hills Cop II** Comedy thriller sequel starring Eddie Murphy. (1987, 15, 99min) ★★★
8.00 **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel starring Leslie Nielsen. (1991, 15, 81min) ★★★
9.30 **Indiana Jones and the Temple of Doom** Steven Spielberg's adventure starring Harrison Ford. (1984, PG, 118min) ★★★
11.30 **The Return of the Pink Panther** Crime comedy sequel. (1974, PG, 113min) ★★★

1.25 AM **The Taming of the Shrew** Director Franco Zeffirelli's screen version of Shakespeare's play. (1967, U, 126min) ★★★★
3.35 **The Young Ones** Pop musical. (1960, U, 104min) ★★★
5.35 **to 6.00** AM **The Cinema List: The 90s** With Alex Zane.

Sky Cinema Animation

305 305 412 500 514

6.20 AM **The Canterville Ghost**
7.55 **DC Super Hero Girls: Legends of Atlantis** Animated adventure. (2018, PG, 75min) ★★★
9.20 **Over the Hedge** Animation. (2006, U, 83min) ★★★★
10.50 **Monsters vs Aliens** As 5.40pm.
12.30 PM **Rock Dog** As 9.10pm.
2.10 **The Garfield Movie** Animation featuring the voice of Chris Pratt. (2023, U, 101min) ★★★

4.00 **Kung Fu Panda** Animation. (2008, PG, 92min) ★★★★
5.40 **Monsters vs Aliens** Animation. (2009, PG, 90min) ★★★
7.20 **The Prince of Egypt** Animation. (1998, U, 99min) ★★★★
9.10 **Rock Dog** Animated adventure. (2016, PG, 90min) ★★★
10.45 **Rock Dog 3: Battle the Beat** Animated adventure sequel. (2022, U, 90min) ★★
12.25 AM **The Canterville Ghost** Animated comedy adventure. (2023, PG, 89min) ★★

2.00 **The Inventor** Animation. (2023, PG, 100min) ★★★
3.45 **Under the Boardwalk** Animated musical comedy. (2023, PG, 83min) ★★★
5.20 **to 7.20** AM **Deep Sea** Animated family adventure. (2023, PG, 112min) ★★★

Movies 24

312 313 419

7.00 AM **Groundswell** Romantic comedy. (2022, PG, 84min) ★★
9.00 **Love Hacks** Romantic drama. (2022, PG, 90min) ★★
11.00 **Wedding of a Lifetime** Comedy. (2022, PG, 84min) ★★
1.00 PM **The Royal Nanny** Christmas comedy. (2022, PG, 84min) ★★
3.00 **Two Tickets to Paradise** Romantic drama starring Ashley Williams. (2022, PG, 84min) ★★

5.00 **Love on the Right Course** Romantic comedy drama. (2024, PG, 84min) ★★
7.00 **A Pinch of Portugal** Romantic drama with Heather Hemmens. (2023, PG, 84min) ★★
9.00 **Hashtag Proposal** Romantic comedy starring Scout Taylor-Compton and Mark Famiglietti. A fake marriage proposal becomes an online sensation, and the two strangers involved decide to play along. (2023, PG, 87min) ★★

11.00 **Harmony From the Heart** Comedy. (2022, PG, 87min) ★★
1.00 AM **Love & Jane** Romantic fantasy. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **Betty's Bad Luck in Love** Comedy. (2024, PG) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Stagecoach West** (S1)
7.05 **Dateline Diamonds** Musical thriller. (1965, PG, 73min) ★★
8.35 **The Scarlet Web** Mystery. (1954, b/w, PG, 63min) ★
9.50 **Four Star Theatre** 39/41. (S4)
10.25 **Room to Let** Macabre thriller. (1949, b/w, PG, 70min) ★★
11.45 **Hell Drivers** Action drama. (1957, b/w, PG, 104min) ★★★
1.55 PM **The Brothers** 10/14. (S4)

3.00 **The Sundowners** Western. (1950, PG, 83min) ★★★
4.45 **Laxdale Hall** Comedy. (1953, b/w, U, 77min) ★★
6.20 **Cinebox Memories**
6.25 **Strange But True**
7.00 **Z Cars** 12/13. (S11)
8.00 **Manhunt** 24/26. (S1)
9.05 **Maigret** 1/13. (S10)
10.55 **Radio Days** Woody Allen comedy starring Mia Farrow. (1987, PG, 87min) ★★★★
12.40 AM **Hunting Venus** One-off comedy starring Martin Clunes.

2.40 **The Naked Kiss** Director Samuel Fuller's melodrama. (1964, 18, 93min) ★★★
4.30 **Cavalcade of Variety** Compilation of musical and comedy performances. (1940, b/w, U, 70min) ★★★
5.45 **to 6.00** AM **Look at Life**

WEDNESDAY Sport

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **The Football Show** A look at the major stories making the football headlines this morning.
12.00 NOON **LIVE WTA & ATP Tennis** Coverage of day nine of the Internazionali BNL d'Italia held at Foro Italico in Rome, featuring the women's quarter-finals.
2.00 PM **LIVE WTA & ATP Tennis** Further coverage of day nine of the Internazionali BNL d'Italia staged at Foro Italico, featuring the first two men's quarter-finals.
5.00 **LIVE WTA & ATP Tennis** Continued coverage of day nine of the Internazionali BNL d'Italia held at Foro Italico in Rome, featuring the women's quarter-finals.
7.30 **LIVE EFL** Coverage of the first League One play-off semi-final second-leg, with the team who finished third in the table hosting the side who finished sixth. Kick-off **8.00pm.**
10.45 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **Premier League Highlights**
2.30 **SNF** Bournemouth v Aston Villa.
3.00 **Premier League Highlights** Man United v West Ham United. **3.30** Action from Tottenham Hotspur v Crystal Palace. **4.00** Nottingham Forest v Leicester City at the City Ground. **4.30** Liverpool v Arsenal.
5.00 **Premier League Best Goals**
6.00 **Premier League 100: Dion Dublin** The forward's best goals.
6.30 **Premier League 100 Club**
7.00 **Premier League Stories**
7.30 **Premier League 100 Club**
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League Review**
10.00 **Premier League Stories**
10.30 **Premier League Icons**
11.00 **Premier League Years** A look back at the 1998/99 season.
1.00 AM **PL Retro** Chelsea v Manchester United from 2011/12.
3.00 **PL Greatest Games**
4.00 **Best PL Goals 1997/98**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2015/16 play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2015 final.
12.00 NOON **EFL** Recent action.
2.00 PM **WSL** Highlights.
2.30 **EFL Highlights**
3.00 **Bundesliga Highlights Show**
4.00 **EFL Highlights**
4.30 **WSL** Recent action.
5.00 **EFL Highlights**
7.00 **WSL** Recent highlights.
7.30 **LIVE SPFL Aberdeen v Celtic.** Coverage of the Scottish Premiership match at Pittodrie, as the team meet for the fifth time this season. The first contest last October finished in a 2-2 at Celtic Park, but the Bhoys have dominated the last three games, winning 6-0 in the Scottish League Cup semi-final, as well as 1-0 and 5-1 in the league. Kick-off **8.00pm**.
10.30 **EFL Highlights** Championship.
11.00 **WSL** Recent action.
11.30 **EFL Highlights** League One.
12.30 AM **EFL Cup Retro**
3.15 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **SPFL** The 2014/15 season.
5.30 **to 6.00** AM **Best Scottish Premiership Goals 2021/22**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** Royal Challengers Bengaluru v Sunrisers Hyderabad.
10.10 **Ashes Greats** Action from 2001.
10.30 **Best of ICC WT20**
11.00 **IPL** Recent highlights.
2.50 PM **LIVE IPL Gujarat Titans v Lucknow Super Giants.** Coverage of the T20 match staged at Narendra Modi Stadium in Ahmedabad. The visitors comfortably won their only meeting with Gujarat last year by 33 runs as they defended their total of 163-5, which was set up by Marcus Stoinis' brilliant 58 from 43 balls. Yash Thakur took a brilliant 5-30 in 3.5 overs to help Lucknow bowl Gujarat out for just 130 inside 19 overs.
7.00 **LIVE Pakistan Super League** Coverage of the eliminator match from Gaddafi Stadium, Lahore.
8.00 **Best of ICC WT20**
9.00 **IPL** Highlights from Gujarat Titans v Lucknow Super Giants. **10.00** Royal Challengers Bengaluru v Sunrisers Hyderabad.
11.00 **Pakistan Super League**
12.00 M'T **IPL** Recent action from India.
5.10 AM **Ashes Greats**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Champs Official Film 2017-2019** Archive action.
9.00 **PGA Tour**
10.00 **McGinley & Chamblee at the PGA Championship**
11.30 **Ladies European Tour**
12.30 PM **McGinley & Chamblee at the PGA Championship**
2.00 **PGA Championship** Build-up to the Major at Quail Hollow Golf & Country Club.
10.00 **PGA Tour: The Cut**
10.30 **HotelPlanner Tour Highlights** Action from the Challenge De España.
11.00 **PGA Tour** Action from the Truist Championship.
12.00 M'T **Asian Tour**
1.00 AM **DP World Tour**
1.30 **Golf Academy** Expert tips.
3.00 **PGA Champs Official Film 2018 & 2019**
5.00 **to 6.00** AM **PGA Champs Official Film 2023**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
12.00 NOON **LIVE WTA & ATP Tennis** Coverage of day nine of the Internazionali BNL d'Italia staged at Foro Italico in Rome.
5.00 PM **LIVE WTA & ATP Tennis** Continued coverage of the ninth day of the Internazionali BNL d'Italia at Foro Italico, featuring the women's quarter-finals.
10.00 **WTA Tennis** Doha Open final.
11.00 **ATP Tour This Week**
11.30 **ATP Tennis** Doha Open final.
12.30 AM **WTA Tennis** Highlights.
1.30 **ATP Tour This Week**
2.00 **Bitesize Tennis**
2.45 **Frances Tiafoe Podcast 2024**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Cycling: Giro d'Italia**
7.00 **The Breakaway** Analysis.
7.30 **British Speedway**
8.30 **FIA World Endurance Championship Highlights**
9.30 **The WRC Magazine**
10.00 **WRC: More Than Machine**
10.45 **European Rally Championship Highlights** The Rally Hungary.
11.15 **In My Blood** With Blossoms.
11.45 **The Rugby Review** Action from the Gallagher Premiership.
12.30 PM **LIVE Cycling: Giro d'Italia** Coverage of the fifth stage of the race in Italy, a route of 145km from Ceglie Messapica to Matera.
5.00 **MLB Highlights**
6.00 **LIVE MLB Philadelphia Phillies v St Louis Cardinals.** Coverage of the National League match staged at Citizens Bank Park. Start-time **6.05pm**.
9.15 **Premier League Reload**
9.30 **TNT Sports Reload**
10.00 **Fight Week** UFC 315 review.
10.30 **NBA** Play-off action.
12.00 M'T **LIVE NBA** Coverage of a game in the play-offs.
2.30 AM **NBA Originals**
4.00 **to 6.00** AM **Isuzu UTE A-League**

TNT Sports 2

411 414 522 409 431

6.00 AM **The Football Archives: UEFA Champions League**
8.30 **Champions League Classics**
10.30 **Serie A** Action from Italy.
12.30 PM **MLB Highlights**
1.30 **LIVE Men's Cycling Pro Series** Coverage of stage one of the Tour of Hungary, a 210km route from Budapest to Gyor.
3.30 **European Rally Championship Highlights** The Rally Hungary.
4.00 **Premier League**
5.30 **Premier League Netbusters**
6.00 **TNT Sports Reload**
6.30 **Serie A: Full Impact**
7.00 **MotoGP Rewind**
7.15 **Playing for Our Future: Rugby**
7.30 **Ultimate Pool** Recent action.
9.00 **LIVE MLB Seattle Mariners v New York Yankees.** Coverage of the American League match from T-Mobile Park. Start-time **9.10pm**.
12.15 AM **FIA World Endurance Championship Highlights**
1.15 **The WRC Magazine**
1.45 **The Rugby Review**
2.30 **Cycling: Men's Giro d'Italia**
3.30 **The Breakaway** Analysis.
4.00 **Men's Cycling Pro Series**
5.00 **to 6.00** AM **Formula E Unplugged**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night International**
10.00 **Fight Night International**
1.00 PM **Fight Night International** Another chance to see Efe Ajagba v Joe Goodall in 2023. **2.00** Efe Ajagba v Stephan Shaw from January 2023. **3.00** Emanuel Navarrete v Eduardo Baez from August 2022.
4.00 **Fight Night International** Emanuel Navarrete v Oscar Valdez from August 2023. **5.00** George Kambosos Jr v Maxi Hughes from July 2023. **6.00** George Kambosos Jr v Devin Haney from June 2022.
7.00 **Fight Night International** Naoya Inoue v Michael Dasmarinas from June 2021. **8.00** Jose Pedraza v Richard Commey from August 2022. **9.00** Jose Ramirez v Jose Pedraza from March 2022. **10.00** Vasyl Lomachenko v Masayoshi Nakatani from 2021. **11.00** Miguel Berchelt v Jeremiah Nakathila from 2022.
12.00 M'T **Fight Night International** Naya Inoue v Marlon Tapales from December 2023.
1.00 **to 6.00** AM **Fight Night International**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **The Football Show** A look at the major stories making the football headlines this morning.
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk** Sports news with live analysis and comments.
5.00 **Sports Centre**
7.00 **Sky Sports News**
7.30 **LIVE EFL** Coverage of the first League One play-off semi-final second-leg, with the team who finished third hosting the side who finished sixth. Kick-off **8.00pm**.
10.45 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News**
12.00 M'T **Premier League Darts** Another chance to see night 14 of the tournament at First Direct Arena in Leeds, with a format featuring quarter-finals, semi-finals and a final all in one night. The quarter-finals were Rob Cross v Gerwyn Price, Nathan Aspinall v Luke Littler, Michael van Gerwen v Luke Humphries, and Stephen Bunting v Chris Dobey.
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **IPL** Recent highlights.
8.00 **Pakistan Super League**
9.00 **Formula 1** Action from 2024.
10.00 **Indycar** From Alabama.
11.00 **PGA Tour Golf** Recent highlights.
12.00 NOON **DP World Tour Golf**
12.30 PM **Golf Academy**
1.00 **PDC Classics** From 1997.
1.30 **Best of ICC WT20**
2.00 **Pakistan Super League**
3.50 **LIVE Pakistan Super League** Coverage of the eliminator match from Gaddafi Stadium in Lahore.
8.00 **Best of ICC WT20**
8.30 **Ashes Greats** Archive action.
9.00 **Fight Night** Two bout replays.
11.00 **IPL** Recent highlights from India.
12.00 M'T **Pakistan Super League**
1.00 AM **Formula 1** Emilia Romagna.
2.00 **Indycar** From Alabama.
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **PGA Champs Official Film 2023**

TNT Sports 3

413 415 523 410 432

6.00 AM **Autumn Nations Series**
7.15 **The Rugby Review**
8.00 **T100 Triathlon World Tour Highlights** From Singapore.
9.00 **Isuzu UTE A-League**
11.00 **Premier League Reload**
11.15 **Playing for Our Future: Cycling**
11.30 **Cycling: Giro d'Italia**
12.30 PM **LIVE Cycling: Giro d'Italia** Coverage of the fifth stage of the race in Italy, a route of 145km.
5.00 **The Rugby Review**
5.45 **NBA** Play-off action.
7.15 **Premier League Reload**
7.30 **Premier League Stories**
8.00 **MotoGP Highlights**
9.00 **MotoE Highlights**
9.30 **British Speedway**
10.30 **Cycling: Giro d'Italia**
11.30 **The Breakaway** Analysis.
12.00 M'T **Men's Cycling Pro Series**
1.00 AM **UFC** Recent action.
4.00 **UFC Fight Flashback**
5.00 **to 6.00** AM **UEFA Champions League – Stories of the Finals**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Recent action.
10.30 **MotoGP** Highlights from the Grand Prix of France.
2.00 PM **MotoGP Chequered Flag**
3.00 **NBA** Play-off action.
4.30 **British Speedway**
5.30 **European Rally Championship Highlights** The Rally Hungary.
6.00 **The WRC Magazine**
6.30 **FIA World Endurance Championship Highlights** The Six Hours of Spa-Franorchamps.
7.30 **AFL** A replay of Melbourne Demons v Hawthorn Hawks. **9.00** A chance to see Richmond Tigers v West Coast Eagles. **10.30** Another chance to see Geelong Cats v GWS Giants. **12.00** M'T North Melbourne Kangaroos v Brisbane Lions.
1.30 AM **Ultimate Pool**
3.00 **Born Racers** Double bill.
5.15 **Sport in Focus**
5.30 **to 6.00** AM **Premier League Legends**

Premier Sports 1

419 551

6.00 AM **British Minibikes**
8.00 **PSA Squash Highlights**
9.00 **World Surf League**
10.00 **Transworld Sport** Magazine.
11.00 **Scottish Football Social Club**
12.00 NOON **Euro Le Mans Highlights**
1.00 PM **LaLiga Highlights**
2.00 **Top 14 Rugby Union**
2.30 **LaLiga Match Highlights**
2.40 **NHL: This is Hockey**
3.10 **LIVE IIHF World Championships USA v Norway.** Face-off **3.20pm**.
6.00 **NHL: This is Hockey**
6.30 **Football's Greatest**
7.30 **LaLiga** Highlights and features.
7.55 **LIVE Coppa Italia Bologna v AC Milan.** Kick-off **8.00pm**.
11.00 **Football** Highlights and features.
12.30 AM **NASCAR Highlights**
1.30 **Football's Greatest**
2.00 **LIVE NHL Ice Hockey** Coverage of a play-off match.
5.00 **Sporting Countdowns**
5.30 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
7.00 **Top 14 Rugby Union**
9.00 **GP Confidential**
9.30 **LaLiga** Another chance to see Real Sociedad v Celta Vigo.
11.30 **NHL Ice Hockey**
1.30 PM **FastZone** Motorsports action.
2.00 **LaLiga News**
2.30 **Football's Greatest**
3.00 **LaLiga** Another chance to see Barcelona v Real Madrid.
5.00 **LIVE LaLiga Villarreal v Leganes.** The Spanish top-flight match staged at Estadio de la Ceramica. Kick-off **6.00pm**.
8.00 **LIVE LaLiga Real Madrid v Mallorca.** Coverage of the Spanish top-flight match from Bernabeu. Kick-off **8.30pm**.
11.30 **NHL: This is Hockey**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Temples of Sport**
3.30 **Football's Greatest**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

406 406 516 506 424 444

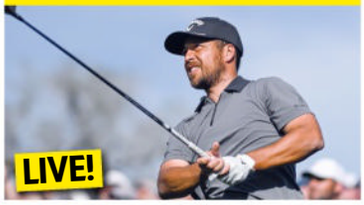
6.00 AM **Formula 1** Highlights from the Emilia Romagna Grand Prix.
2.25 PM **F1 Feature**
2.30 **Formula 1** Action from 2024.
4.35 **F1 Feature**
5.00 **LIVE Indycar** The Indianapolis 500 third practice session at Indianapolis Motor Speedway.
9.00 **LIVE Indycar** The Indianapolis 500 fourth practice session at Indianapolis Motor Speedway.
11.00 **Formula 1** Action from the 2020 Emilia Romagna Grand Prix. **12.00** M'T The 2021 Emilia Romagna Grand Prix in Italy.
1.00 **to 6.00** AM **The Home of F1**

Thursday

15 May

Evening Planner

Golf



PGA Championship
Sky Sports Main Event & Sky Sports Golf, coverage from 1pm
Xander Schauffele defends his title as the second Major of the year tees off.

Music

Eurovision Song Contest: Semi-Final
BBC1, 8pm
Countries including Ireland compete, and UK entry Remember Sunday perform.

OnDemand

NETFLIX

Secrets We Keep
Available today
A woman uncovers shocking secrets after a young Filipino au pair disappears, in this Danish drama.

OnDemand

Disney+

The Secret Lives of Mormon Wives
Available today
Season two of the reality series about a group of TikTok influencers.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Eurovision Song Contest Semi-Final					10.20 News; Local News
	102 BBC2	7.00 Forever Home		8.00 Digging for Britain		9.00 Marie Antoinette		10.00 Detectorists	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale		8.30 Tonight †	9.00 Genius Game		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Bad Dog Academy		9.00 Taskmaster		10.00 Ramsay's Kitchen Nightmares USA	
	105 5	7.00 Michael Portillo's Travel Diaries		8.00 The Yorkshire Vet		9.00 The Game		10.00 The Trial of Harold Shipman	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Rob & Romesh vs UFC		9.00 Poker Face		10.00 Film: Now You See Me	
ENTERTAINMENT	115 BBC3	7.00 Sort Your Life Out with Stacey Solomon		8.00 Top Gear		9.00 Man Like Mobeen		10.10 Suits	
	116 BBC4	7.00 Great British...	7.30 Film: Brooklyn			9.10 Imagine: Colm Tóibín – His Mother's Son		10.15 Film: In the Heights	
	118 ITV2	7.00 Deal or No Deal		8.00 Wheel of Fortune		9.00 Family Guy		10.00 Olivia Attwood: Getting Filthy Rich	
	136 MORE4	◂ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 £2 Million Restoration: Historic House...		10.00 The Good Doctor	
	135 E4	7.00 The Simpsons		8.00 Dance Moms: A New Era		9.00 The Inbetweeners		10.05 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Law & Order: Special Victims Unit		10.00 FBI: International	
	108 SKY ATLANTIC	◂ 6.55 Billions		8.00 Game of Thrones		9.00 Big Little Lies		10.00 Penelope	
	110 U&GOLD	7.00 Dad's Army	7.40 Only Fools and Horses			9.00 The Fast Show	9.35 Bottom		10.15 Mrs Brown's Boys
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Scott & Bailey	
	120 ITV4	◂ 6.55 The Motorbike Show		8.00 LaLiga – Live: Espanyol v Barcelona (Kick-off 8.30)					
	112 COMEDY CENTRAL	7.00 Friends				9.00 Whose Line Is It Anyway? USA		10.00 Film: Mallrats	
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Universe		9.00 Grimm	9.50 The Walking Dead		
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob & Romesh vs UFC		9.00 Poker Face		10.00 Resident Alien	
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise		9.00 Murdoch Mysteries		10.00 Father Brown	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Classic Movies: The Story of The Dam...		9.00 Film: Take Me High			
	132 U&W	7.00 Emergency: First Time Medics		8.00 Ambulance Australia		9.00 Katie Piper: Locked Up in Louisiana		10.00 One Born Every Minute	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Harpoon Hunters		9.00 Naked and Afraid			10.30 Caught!
	162 ANIMAL PLANET	7.00 Crikey! It's the Irwins		8.00 Project Grizzly				10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.				10.00 Northwoods Survival	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 The UnBelievable with Dan Aykroyd		10.00 Mysteries from Above	
	155 U&YESTERDAY	7.00 Canal Boat...	7.30 Great British...	8.00 Bangers & Cash: Restoring Classics					
	121 SKY DOCS	7.00 Williams & Mansell: Red 5				9.00 Gary			
FILMS – Sky Cinema	301 PREMIERE	◂ 6.00 Omni Loop		8.00 Speak No Evil				10.00 Cleaner	
	302 TOM CRUISE	◂ 6.00 Jack Reacher: Never Go Back		8.00 Collateral				10.00 Born on the Fourth of July	
	303 MEGA HITS	◂ 6.05 The Hangover		8.00 The Hangover Part II			9.55 The Hangover Part III		
	304 GREATS	◂ 6.05 Beverly Hills Cop 3		8.00 The Naked Gun 33 1/3: The Final Insult			9.30 Indiana Jones and the Last Crusade		
	305 ANIMATION		7.20 Rugrats in Paris		8.50 Extinct				10.20 Deep Sea
	306 FAMILY		7.15 Journey 2: The Mysterious Island		8.55 Bean				
	307 ACTION	◂ 6.15 Swordfish		8.00 Fast & Furious 7					10.20 Gods of Egypt
	308 COMEDY	◂ 6.10 Brewster's Millions		8.00 Disaster Movie			9.40 I Love My Dad		
	309 THRILLER	◂ 5.50 Hotel Mumbai		8.00 Miami Vice					10.20 Wanted
	310 DRAMA	◂ 6.10 Dunkirk		8.00 Meet Joe Black					
	311 SCI-FI	◂ 6.15 Gothika		8.00 The Nun II			9.55 Arrival		
	313 FILM4	◂ 6.40 The Day After Tomorrow				9.00 She Said			
SPORT	401 MAIN EVENT	◂ 1.00 Golf – Live	7.30 EFL – Live: Coverage of the second League One play-off semi-final second-leg match (Kick-off 8.00)					10.00 PGA Championship Golf – Live	
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 Gary Neville's Soccerbox		9.00 Big Interview	9.30 PL Stories	10.00 PL Icons	
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Coverage of the second League One play-off semi-final second-leg match (Kick-off 8.00)						
	404 CRICKET	7.00 Ashes Greats	7.30 Best of ICC...	8.00 IPL					
	410 TNT SPORTS 1	◂ 6.30 MotoGP...	7.30 MotoE Highlights	8.00 MLB – Live: Toronto Blue Jays v Tampa Bay Rays (Start-time 8.07)					
	411 TNT SPORTS 2	◂ 5.30 MLB – Live: Baltimore Orioles v Minnesota Twins (Start-time 5.35)			8.45 MLB: Off the Bat		9.30 MotoGP Highlights		10.30 Rugby Union

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** New edition Properties in West Sussex, London and Cheshire. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Scam Interceptors** (S)(R)
2.30 **Expert Witness** (S)(R)
3.00 **Escape to the Country** A search for a new home in Cornwall. (S)(R)
3.45 **The Bidding Room** Items include fairground signs, a 1930s vanity case and a Chinese card box. (S)(R)
4.30 **The Finish Line** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Eurovision: Semi Final

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Residents of the Square reel at Cindy's footage, while Kathy and Ian head home, and she reveals all about her affair. (S)(AD)

8 PM

8.00 **LIVE Eurovision Song Contest Semi-Final** Hazel Brugger and Sandra Studer host the second semi-final from Basel, Switzerland, which sees Ireland, Australia, Montenegro, Greece, Latvia, Armenia and Denmark competing for a place in Saturday's main show. United Kingdom trio Remember Monday also perform their entry, *What the Hell Just Happened?* Commentary from Scott Mills and Rylan Clark. (S)

9 PM

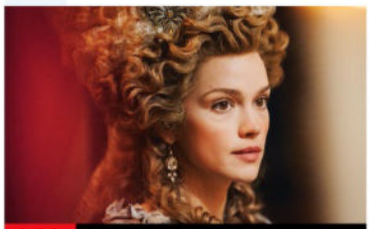
10 PM

10.20 **BBC News** (S)
10.50 **Local News** (S)
11.00 **Question Time** Fiona Bruce chairs the topical debate from Aldershot, Hampshire, where a panel of politicians and other guests answer questions from an invited audience. (S)
12.00 M'T **Newscast** Discussion on the week's political events. (S)
12.30 AM **Who Do You Think You Are?** 4/8. Actor Layton Williams finds generations of Londoners in his family and is delighted to find they walked the same streets as him. In Jamaica, he makes some distressing discoveries. (S)(R)(AD)
1.30 **Weather for the Week Ahead** Seven-day forecast. (S)
1.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **The Bidding Room** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Lightning** Game show. (S)(R)
2.15 **Unbeatable** Quiz show. (S)(R)
3.00 **Saved and Remade** (S)(R)
3.45 **Villages by the Sea** (S)(R)
4.15 **Lost Land of the Tiger** (S)(R)
5.15 **Flog It!** Items are valued at Norwich Cathedral, Norfolk. (S)(R)
6.00 **Richard Osman's House of Games** With Craig Doyle, Tanni Grey-Thompson, Anne-Marie Imafidon and Leo Reich. (S)(R)
6.30 **Anna Haugh's Big Irish Food Tour** New edition 9/15. The chef meets actor Ian McElhinney in the seaside town of Portrush. (S)



9.00 Marie Antoinette

7.00 **NEW Forever Home** Helen Skelton meets a couple leaving London to build a dream house in their hometown in Powys, and provides them with the assistance of an award-winning architect. (S)

8.00 **Digging for Britain** 1/6. Alice Roberts joins archaeologists on digs of northern Britain, revealing a Roman Emperor's lost bath house, and the sunken treasures of medieval pilgrims. (S)(R)(AD)

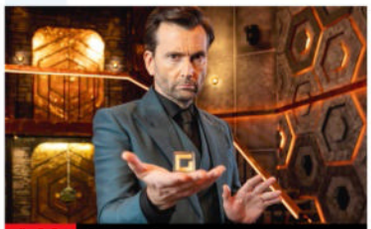
9.00 **Marie Antoinette** New episode *A Poison Pen:* 2/8. Putting on a comic play has serious consequences, Jeanne advances her criminal scheme, and France's finances begin to falter. (S2) (S)(AD)
■ Entire series on BBC iPlayer

10.00 **Detectorists** 6/6. Terry is expecting a big turnout for the DMDC's annual rally. (S2) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **Unforgotten: The Bradford City Fire** Stories of people affected by the 1985 disaster in which 56 spectators died after the wooden stands of Bradford City's Valley Parade stadium caught fire. (S)(R)
12.30 AM **Sign Zone: Saving Lives in Cardiff** 5/6. A man enduring excruciating facial pain undergoes surgery to transform his life. (S)(R)
1.30 **Sign Zone: Doctor Who** *The Story & The Engine: 5/8.* (S15) (S)(R)(AD)
2.20 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Men** Craig Doyle and Sam Thompson are joined by Dr Amir Khan and Charles Spencer. (S)
1.30 **ITV News** (S)
1.50 **Local News** (S)
2.00 **LIVE Racing** Ed Chamberlin and Francesca Cumani present coverage of day two of the Dante Meeting in York, where the Dante Stakes is the feature race. (S)
4.30 **Tipping Point: Best Ever Finals** New edition Compilation of some of the most dramatic endgames from the game show. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)



9.00 Genius Game

7.30 **Emmerdale** Everyone is in high spirits for the stag night, Ross faces many questions, and Mackenzie has a plan, but it remains to be seen if he will be outsmarted. (S)(AD)

8.30 **Tonight: Parking Problems – The True Cost** New edition Ginny Buckley investigates parking pricing, whether charge penalties are fair, and finds out about the latest in parking scams. (S)

9.00 **Genius Game** New edition 6/8. David Tennant hosts as the players face their sixth Main Match, Diamond Dilemma, a game in which the contestants are randomly split into two teams and need to work together to win. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Regional Programmes** See Local Variations. (S)
11.15 **The Assembly** 4/4. Gary Lineker gets the grilling of a lifetime. (S)(R)
11.45 **Heathrow: Britain's Busiest Airport** Veteran Border Force officers Glen and Amarjit hunt down smuggled cargo. (S)(R)(AD)
12.15 AM **Teleshopping**
3.00 **The Essex Millionaire Murders** 2/2. Documentary. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jimmy & Shivi's Farmhouse Breakfast** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 13-16/25. (S3) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 4-7/24. (S8) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A couple seek a retirement property on Spain's Costa del Sol. (S)(R)
4.00 **Narrow Escapes** New edition Joe's holiday boat *Maddox* receives its final touches. (S)(AD)
5.00 **Chateau DIY** Erin and JB struggle to get the windows back into their turret renovation. (S)(R)(AD)
6.00 **A Place in the Sun** New edition Jasmine Harman helps civil servant Lisa find a holiday home in Alicante on a £65,000 budget. (S)

9.00 Taskmaster

7.00 **News** (S)
7.55 **The Political Slot** Sarah Smith, Labour MP for Hyndburn in Lancashire, sets out the Government's vision to create more opportunities for young people. (S)

8.00 **Bad Dog Academy** New edition Tips for the owners of a rescue dog posing a threat to delivery drivers, and a boundless Great Dane puppy that needs reigning in. Hosted by Nick Grimshaw. (S)(AD)

9.00 **Taskmaster** New edition 3/10. Contestants Fatiha El-Ghorri, Jason Mantzoukas, Mathew Baynton, Rosie Ramsey and Stevie Martin are released from the *Taskmaster* grounds to explore an old abbey. (S)(AD)

10.00 **Ramsay's Kitchen Nightmares USA** New edition Gordon Ramsay attempts to revamp Voleo's Seafood Restaurant, a second-generation family-run restaurant in Westwego, Louisiana. (S)
10.55 **24 Hours in A&E** A 46-year-old woman is rushed in with head and chest injuries after a car crash. (S)(R)
12.00 M'T **24 Hours in A&E** (S)(R)(AD)
12.55 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.45 **FILM Heatwave** Mystery thriller starring Kat Graham. (S)(SL) (2022, 15, 105min) ★★★
3.30 **Jamie's One-Pan Wonders** (S)(R)
3.55 **A Cotswold Farmshop** (S)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **Deadly Surrogacy** Drama starring Rhonda Dent. (S) (2022, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Following Elvis impersonator Kenny, who is returning to the stage. (S)(AD)
5.00 **News** (S)
6.00 **Britain's Poshest Farm Shop** 2/2. Celebrating the nation's love of the Great British farm shop, visiting four of the most outstanding examples. (S)(R)
6.55 **News** (S)

9.00 The Game

7.00 **Michael Portillo's Travel Diaries** 1/3. Michael explores Prague, the capital of Czechia, starting with an exploration of the city's architecture. (S)(R)
7.55 **News** (S)
8.00 **The Yorkshire Vet** New edition Rohin Aojula attempts to save a pregnant goat and her kid, while Peter Wright treats a working spaniel who suffered a toe injury on the moors. (S)
9.00 **The Game** Series finale 4/4. Under arrest, Huw is faced with tough evidence, including the cufflinks given to him by Jenny, while Patrick burns evidence. (S1) (S)(AD)
10.00 **The Trial of Harold Shipman** Documentary examining the murder trial of Dr Harold Shipman, a man charged with killing 15 of his patients, who was sentenced to life imprisonment in 2000. (S)(R)
11.30 **Killer at the Crime Scene** The search for the murderer of 17-year-old Jodie Chesney. (S)(R)
12.30 AM **Car Pound Cops** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S4) (S)(R)(AD)
3.50 **Autumn Gardening with Carol Klein** (S)(R)
4.40 **Nick Knowles' Big House Clearout** In Stanwell. (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S7) (R)
11.00 **Africa's Hunters** (S)(R)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S5) (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **The Simpsons** *Oh Brother, Where Art Thou?* Homer learns he has a half-brother. (S)(R)
5.30 *Bart the Daredevil:* Bart decides to become a daredevil skateboarder. (S)(R)
6.00 **The Office (US)** 19/19. Part two of two. Andy publicly asks Angela to marry him. (S4) (S)(R)
6.30 1/28. Part one of two. A weight-loss initiative causes staff to become obsessed with their weight. (S5) (S)(R)

9.00 Poker Face

7.00 **The Simpsons** *Old Money:* Grampa inherits $100,000 from a woman he fell in love with. (S)(R)
7.30 *Brush with Greatness:* Marge rediscovers her flair for art, and is commissioned to paint Mr Burns. (S)(R)
8.00 **Rob & Romesh vs UFC** Rob Beckett and Romesh Ranganathan enter the world of mixed martial arts, visiting the Ultimate Fighting Championship's International Fight Week in Las Vegas to train with the stars. (S)(R)(AD)
9.00 **Poker Face** New episode *The Taste of Human Blood:* 4/12. Adapting to a new life, Charlie joins an animal liberation organisation. Guest stars Kumail Nanjiani. (S2)
10.00 FILM **Now You See Me** Heist thriller starring Jesse Eisenberg, Mark Ruffalo, Woody Harrelson and Isla Fisher. A quartet of Las Vegas magicians go on a crime spree, puzzling the FBI and Interpol. With Dave Franco and Michael Caine. (S) (2013, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.10 AM **Curb Your Enthusiasm** 3/10. Larry and Cheryl attend a dinner party. (S)(R)
12.50 4/10. Larry tries to buy a bracelet for Cheryl. (S1) (S)(R)
1.30 **The Force: North East** (S)(R)
2.30 **Road Wars** (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.15am Bargain Hunt **12.00noon-1.00pm** First Minister's Questions **12.30am** Scotcast **1.00** Glow Up: Britain's Next Make-Up Star **2.00** Who Do You Think You Are? **3.00** Weather **3.05-6.00am** BBC News
N. IRELAND
Sky 966, Virgin 863, Freesat 966
11.00pm The View **11.40** Question Time **12.40am** Newscast **1.10** Have I Got a Bit More News for You **1.55-6.00am** BBC News
WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
11.00pm The Crime I Can't Forget **11.55** Live at the Apollo **12.25-12.30am** Suzie Lee: Home Cook Hero
WALES
Sky 968, Freesat 968
7.00pm Scrum V: Warm Up **7.30** The Hairy Bikers' Asian Adventure **8.00-9.00pm** Forever Home

ITV1

ANGLIA
10.45-11.15pm Anglia Late Edition
BORDER/TYNE TEES
10.45-11.15pm Around the House
LONDON
10.45-11.15pm The Late Debate
CENTRAL
10.45-11.15pm Central Lobby
GRANADA
10.45-11.15pm The Granada Debate
MERIDIAN
10.45-11.15pm Last Word
WALES
10.45-11.15pm Face to Face
WEST/WESTCOUNTRY
10.45-11.15pm The Westcountry Debate
YORKSHIRE
10.45-11.15pm Last Orders

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cymry ar Gynfas **12.30** Heno **1.00** Colleen Ramsey: Bywyd a Bwyd **1.30** Gerddi Cymru **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Prosiect Pum Mil **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cysgu O Gwmpas **6.30** Clwb Rygbi **6.57** Newyddion **7.00** Heno **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm **8.25** Rownd a Rownd **8.55** Newyddion a'r Tywydd **9.00** Iolo: Natur Bregus Cymru **10.00** Amour & Mynydd **11.00-11.35pm** Arfordir Cymru: Sir Benfro

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Sort Your Life Out with Stacey Solomon** 4/6. A couple hope to transform their chaotic two-bed home.
7.55 **The Catch Up**
8.00 **Top Gear** Richard Hammond tests the Porsche 918 Spyder.
9.00 **Man Like Mobeen** New episode *The Curse:* 5/6. Istanbul offers many distractions, and Mobeen struggles to keep the gang focused on their mission to rescue Aqsa and kill Khan. **9.25** Series finale *That's Life:* 6/6. Mobeen and the gang face Khan in a final showdown. (S5)
9.55 NEW **Zoners** Comedy short about a stolen package.
10.10 **Suits** 15/16. Louis considers the offer from Anita Gibbs. **10.50** 16/16. Mike makes one final play to win his freedom. (S5)
11.35 **The Young Offenders**
12.40 AM **I Kissed a Boy**
2.20 **Man Like Mobeen**
2.45 **Mobility** One-off comedy.
2.55 **to 3.55** AM **Ashley Cain: Into the Danger Zone**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Michael Portillo visits the town of Guildford.
7.30 FILM **Brooklyn** Drama based on Colm Tóibín's novel, starring Saoirse Ronan and Domhnall Gleeson. An Irish immigrant starts a new life in 1950s New York, but her past catches up with her and she faces a harsh choice. (2015, 12, 109min) ★★★★
9.10 **Imagine: Colm Tóibín – His Mother's Son** The writer talks to Alan Yentob about his life and career.
10.15 FILM **In the Heights** Musical starring Anthony Ramos and Corey Hawkins. A New York bodega owner saves every penny every day as he imagines and sings about a better life. (2021, PG, 143min) ★★★
12.30 AM **The Sky at Night**
1.00 **Great British Railway Journeys** As 7.00pm.
1.30 **Imagine: Colm Tóibín – His Mother's Son**
2.35 **to 3.35** AM **Shipwrecks: Britain's Sunken History**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
11.00 **A New Life in the Sun**
12.00 NOON **A Place in the Sun**
2.35 PM **Come Dine with Me** Five editions of the culinary contest from Exeter.
5.15 **Four in a Bed** The contest begins at Dunsandles Guest House in New Brighton. **5.45** A visit to the *Lady Teal* Hotel Boat in Lancashire. **6.20** From York House in Tetbury, Gloucestershire. **6.50** The final visit is to Heyford House, Oxfordshire.
7.25 **Four in a Bed** The week's winner is announced.
7.55 **Kirstie and Phil's Love It or List It** Kirstie and Phil meet Alex and Danny in Preston, and offer the pair advice on whether they should renovate their home or put it on the market.
9.00 NEW **£2 Million Restoration: Historic House Rescue** A guide to the project to restore the five-storey Fairburn Tower.
10.00 **The Good Doctor** *Frontline – Part Two:* 2/20. Shaun and the team deal with the life-changing effects of the COVID-19 pandemic. (S4)
11.00 **999: On the Front Line**
12.00 M'T **Warplane Workshop**
1.05 AM **Emergency Helicopter Medics**
2.05 **24 Hours in A&E**
3.10 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Triple bill.
8.00 **Dance Moms: A New Era** New edition Glo looks for a reaction from her elite team by making it clear she is considering bringing a new dancer in.
9.00 **The Inbetweeners** 1/6. Simon is eager to participate in Carli's fashion show. **9.35** 2/6. Simon tries to impress an attractive girl by going to a gig. (S3)
10.05 **Gogglebox** Views on *Tiny World* and *Coronation Street*.
11.10 **Naked Attraction**
12.15 AM **First Dates: Valentine's Special**
1.20 **Rick and Morty**
1.50 **YOLO: Rainbow Trinity** New episode 5/8. (S3)
2.05 **Mike Tyson Mysteries** New episode 5/20. (S3)
2.20 **Gogglebox**
3.10 **Naked Attraction**
4.05 **Modern Family**
4.30 **to 6.00** AM **The Goldbergs**

+1 hr 235/236 306 30 123 256

Thursday primetime primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E: South Africa** Documentary.
7.00 **The Real A&E**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor**
1.00 PM **The Rookie: Feds** (S1)
2.00 **FBI** 8/22. Maggie and OA search for a former biological weapons chemist. (S1)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 Law & Order: SVU

7 PM 7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM 8.00 **FBI: Most Wanted** *Transaction:* 13/22. The team must navigate the mistrust of authorities in a tight-knit community. (S4)

9 PM 9.00 **Law & Order: Special Victims Unit** New episode *Tenfold:* 7/20. Bruno attempts to track down a rapist. (S26)

10 PM 10.00 **FBI: International** *Jealous Mistress:* 17/22. An American ballerina is the victim of an acid attack in Vienna. (S2)
11.00 **The Good Doctor** 13/20. (S3)
12.00 M'T **FBI** 11/19. (S2)
1.00 AM **Chicago Med** New episode 3/22. (S10)
2.00 **Chicago Fire** New episode
3.00 **Chicago PD** New episode
4.00 **Highway Patrol**
5.00 to 6.00 AM **UK Border Force**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Boardwalk Empire** (S4)
10.10 **Billions** 9&10/12. (S3)
12.20 PM **Game of Thrones** (S3)
1.25 **Das Boot** 4&5/10. (S3)
3.35 **Boardwalk Empire** 10/12. Rothstein offers Margaret a place to stay. **4.40** 11/12. Chalky takes Daughter to the home of his mentor Oscar Boneau. (S4)
5.50 **Billions** 9/12. Axe makes a bold play to secure capital from a controversial source. (S3)

10.35 Penelope

6.55 **Billions** *Redemption:* 10/12. Axe explores an unappealing investment at a desperate moment. (S3)

8.00 **Game of Thrones** *The Climb:* 6/10. Robb weighs up a compromise to repair his alliance with House Frey. (S3)

9.00 **Big Little Lies** *Serious Mothering:* 2/7. Madeline is outraged, and Jane deflects Ziggy's questions about moving. (S1)

10.00 **Penelope** New episode 7/8. Winter brings freezing temperatures. **10.35** Series finale 8/8. The teenager is tempted to check in on her former life. (S1)
11.10 **Homicide: Life on the Street**
12.10 AM **The Gilded Age** (S2)
2.10 **Game of Thrones** As 8pm.
3.15 **In Treatment** (S2)
3.55 to 6.00 AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S5)
8.00 **The Flash** 4/18. (S7)
9.00 **Stargate SG-1** (S7)
11.00 **Poker Face** New episode 4/12. Charlie joins an animal liberation organisation. Guest stars Kumail Nanjiani. (S2)
12.00 NOON **The Flash** 5/18. (S7)
1.00 PM **Hawaii Five-0** (S5)
3.00 **SEAL Team** 1/22. (S1)
4.00 **S.W.A.T.** 20/23. (S2)
5.00 **Supergirl** 16/23. (S3)
6.00 **Stargate SG-1** 9/22. The Stargate system is plunged into chaos. (S7)

10.00 Resident Alien

7.00 **Stargate SG-1** *Birthright:* 10/22. The team try to help the beautiful leader of Ha'ktyl. Guest stars Jolene Blalock. (S7)

8.00 **Rob & Romesh vs UFC** Rob Beckett and Romesh Ranganathan head to Las Vegas to enter the world of mixed martial arts.

9.00 **Poker Face** *The Taste of Human Blood:* 4/12. Charlie joins an animal liberation organisation. With Kumail Nanjiani. (S2)

10.00 **Resident Alien** *Escape from New York:* 7/16. As danger closes in, Harry and Asta find what they are looking for. (S2)
11.00 **Resident Alien** 8/16. Everyone gathers for a surprise party in celebration of Harry, but some guests cause havoc. (S2)
12.00 M'T **The Force: North East**
1.00 AM **Supergirl** 17/23. (S3)
2.00 **Hacks** New episodes (S4)
3.20 **SEAL Team** 1/22. (S1)
4.10 **S.W.A.T.** 20/23. (S2)
5.00 to 6.00 AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
10.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Wheel of Fortune**
3.00 **Hart of Dixie** 9/22. Wade feels like a spare part. (S2)
4.00 **Gilmore Girls** 9/22. Lorelai worries her friends will not accept Christopher. (S7)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Charlene White, Russell Kane and Laurence Llewelyn-Bowen.

10.00 Getting Filthy Rich

7.00 **Deal or No Deal** Stephen Mulhern hosts as Wendy takes on the Banker for the chance to win a life-changing cash prize.

8.00 **Wheel of Fortune** Graham Norton hosts the game show as three contestants compete to win big money prizes.

9.00 **Family Guy** 3/18. Peter discovers Lois's father is having an affair. (S9) **9.30** 16/21. The Griffins visit a Mob boss. (S2)

10.00 **Olivia Attwood: Getting Filthy Rich** 3/6. Olivia meets people that have monetised their XL body types.
11.00 **Family Guy** 17/21. (S2)
11.30 **American Dad!** 17&11/19. (S6)
12.35 AM **Bob's Burgers** (S11)
1.35 **Extraordinary** 6/8. (S1)
2.10 **The Stand Up Sketch Show**
2.40 **Unwind with ITV**
3.00 **Teleshopping**
4.30 to 5.00 AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.25 **The Royal** *For Better, for Worse.*
11.30 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.45 **Downton Abbey** 7/9. Thomas embarks on a new money-making scheme. (S2)
6.00 **Heartbeat** *Troubled Waters:* Bernie attracts the attentions of a predatory widow.

7.00 Heartbeat

7.00 **Heartbeat** *Where There's Smoke:* Phil and Geoff keep watch on the illegal gambling club owned by Kenny Dekin.

8.00 **Vera** *Dirty:* The murder of a cleaner whose death occurred several hours after the killer blow puts DCI Vera Stanhope on an intriguing trail, as she pieces together his final hours.

10.00 **Scott & Bailey** 6/8. Syndicate 9 investigate when a couple are shot dead in their pub in the early hours. (S4)
11.00 **Scott & Bailey** 7/8. (S4)
11.55 **Cracker** 7/9. Fitz investigates a series of rapes. (S2)
12.55 AM **Where the Heart Is**
1.50 **The Royal** *For Better, for Worse.*
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 to 5.00 AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Greatest Escape** Grado and Judith Ralston head to Perthshire to see what the area has to offer.
8.00 **Beechgrove Garden** New edition Calum and George plant out onions.
8.30 **Landward** New edition A look at plans to develop a pumped hydro-electric storage scheme at Loch Ness.
9.00 **Mrs Brown's Boys** 3/7. Agnes tries to persuade the health visitor Grandad is in need of respite care. (S3)
9.30 **Two Doors Down** 1/6. Ian and Gordon throw Beth and Eric a surprise anniversary party. (S4)
10.00 **Paramedics on Scene**
11.00 **Scotcast** New edition
11.30 PM to 12.00 M'T **Scot Squad** 1/6. (S2)

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Silicon Valley** (S6)
9.15 **The Conners** (S5)
10.15 **Entourage** (S2)
11.15 **Insecure** (S3)
12.35 PM **Curb Your Enthusiasm** (S12)
2.00 **Entourage** (S2)
3.00 **Silicon Valley** (S6)
4.20 **Insecure** (S3)
5.35 **The Office (US)** (S4)
6.35 **The Conners** (S5)
7.35 **Curb Your Enthusiasm** 5/10. Larry asks his friends to vouch for him. **8.20** 6/10. Larry offers acting advice. (S12)
9.00 **Girls** 1/12. Hannah and Adam host a meal. **9.40** 2/12. Hannah, Shoshanna and Adam go on a road trip. (S3)
10.20 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
11.20 **Barry** 3&4/8. (S3)
12.40 AM **Curb Your Enthusiasm** (S1)
2.00 **Jerrod Carmichael: 8**
3.10 to 5.00 AM **Dice**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Jesus Christ Superstar: Live**
7.50 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Art of Architecture**
12.00 NOON **Portrait Artist...**
1.00 PM **Tales of the...**
2.00 **Wonderland: From JM Barrie to JRR Tolkien**
3.00 **The Art of Architecture**
4.00 **Discovering**
5.00 **Portrait Artist 2023**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Classic Movies: The Story of The Dam Busters** New edition
9.00 **FILM Take Me High** Musical. (1973, U) ★
10.45 **Garbo: Where Did You Go?** Documentary.
12.40 AM **The Directors**
1.40 **I Am Bruce Lee**
3.40 **Arts Uncovered**
4.00 **Sky Arts Book Club**
5.00 to 6.00 AM **The Art of Architecture**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Nothing to Declare**
10.00 **Send in the Dogs**
11.00 **Border Security: America's Front Line**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **Send in the Dogs**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S3)
6.00 **Stargate Atlantis** (S5)
7.00 **Star Trek: Voyager**
8.00 **Hawaii Five-0** (S10)
9.00 **Murder Uncut** Police officers in Texas suspect a killer is on the loose.
10.00 **How I Caught the Killer** The case of a woman killed by her ex-partner.
11.00 **Grimm** 17/22. (S2)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 to 6.00 AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Buying the View**
8.10 **Georgia and Tommy: Baby Steps**
9.10 **Culinary Cruise**
10.15 **Buying and Selling**
11.10 **The Real Housewives of Atlanta** Reality series.
12.05 PM **Georgia and Tommy: Baby Steps**
1.10 **The Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Vacation House Rules**
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New York City** New edition Reality show.
6.00 **Buying and Selling**
7.00 **Culinary Cruise**
8.00 **Dinner Date**
9.00 **Million Pound Pawn**
10.00 **Botched** Medical series.
11.00 **My Mum, Your Dad**
12.00 M'T **Only Way Is Essex**
1.00 AM **Backyard Builds**
1.30 **Teleshopping**
2.30 to 6.00 AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S1)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 3/8. (S1)
12.00 NOON **Sue Thomas: F.B.Eye** 4/19. (S2)
1.00 PM **Hart to Hart** (S1)
2.00 **Father Dowling Mysteries** 8/8. (S1)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** (S11)
9.00 **Randall and Hopkirk (Deceased)** *A Disturbing Case:* 2/26. Jeannie is concerned when she overhears Jeff talking to Marty. (S1)
10.00 **The New Avengers** *Sleeper:* 10/13. (S1)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S11)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 to 5.00 AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Dramatic Finishes**
6.05 **Minder**
7.05 **The Professionals**
8.15 **The Saint**
9.20 **Magnum, PI**
10.20 **Kojak**
11.25 **Giant Lobster Hunters**
12.25 PM **The Saint**
1.35 **Magnum, PI**
2.35 **Kojak**
3.40 **Minder**
4.50 **The Professionals**
5.55 **The Chase** Quiz show hosted by Bradley Walsh.

6.55 The Motorbike Show

6.55 **The Motorbike Show** Henry Cole meets the California-based Brit who is reviving the American chopper.

8.00 LIVE **Football: LaLiga** Espanyol v Barcelona: Coverage of the derby in the Spanish top flight, held at Stage Front Stadium. Barca won the reverse fixture 3-1 thanks to a goal from Raphinha and a brace by Daniel Olmo. Kick-off is at 8.30.

10.50 FILM **Everest** Fact-based adventure starring Jason Clarke. Two expeditions climb the mountain, only to get caught in a storm. (2015, 12, 121 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

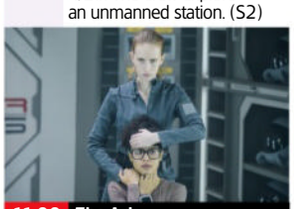
1.00 AM **On the Road**
2.00 **The Protectors**
2.25 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 19/26. (S5)
2.00 **Atlantis** 13/13. (S2)
3.00 **Stargate Universe** 4/20. (S2)
4.00 **Star Trek: Voyager** (S5)
5.00 **Star Trek: The Next Generation** 19/26. Wesley gets involved in a cover-up. (S5)
6.00 **Star Trek: Enterprise** 4/26. The crew explore an unmanned station. (S2)


11.00 The Ark

7.00 **Atlantis** *The Queen Must Die – Part Two:* 13/13. Jason realises that the only hope for the future is to kill the queen. (S2)

8.00 **Stargate Universe** *Pathogen:* 4/20. Chloe's behaviour causes concern among the crew members. (S2)

9.00 **Grimm** *Lost Boys:* 3/22. Monroe, Nick and Hank race against the clock to prevent a tragedy. (S5)
9.50 **The Walking Dead** *Hearts Still Beating:* 8/16. Negan and his followers return to Alexandria to receive their tribute. (S7)

11.00 **The Ark** 7/12. After an attempted murder, the crew work together to find who's responsible before it's too late. **12.00** M'T 8/12. The ship is taken under siege. (S2)
1.00 AM **True Blood** (S3)
3.00 **Fact or Faked: Paranormal Files** A spooky swing.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 10/13. (S2)
11.00 **Hudson & Rex** 8/16. (S1)
12.00 NOON **The Mentalist** (S7)
1.00 PM **Death in Paradise** (S9)
2.00 **Murdoch Mysteries** (S17)
4.00 **Father Brown**
5.00 **Hudson & Rex** 8/16. Charlie finds himself torn between two love interests. (S1)
6.00 **Body of Proof** 1/13. Part one of two. Megan returns to work following Peter's death. (S3)

9.00 Murdoch Mysteries

7.00 **The Mentalist** *White Orchids:* 13/13. Last-ever episode of the drama. Jane asks Lisbon for her hand in marriage. (S7)

8.00 **Death in Paradise** *La Murder Le Diable:* 1/8. A masked man stabs a woman in her own home on New Year's Eve. (S9)

9.00 **Murdoch Mysteries** New episode *When Irish Eyes are Lying:* 15/22. Murdoch witnesses a murder on the street. (S18)

10.00 **Father Brown** *The Wrath of Baron Samdi:* A voodoo priest is intent on winning back the woman he loves – no matter the cost.

11.00 **The Mentalist** As 7pm.
12.00 M'T **Body of Proof** As 6pm.
1.00 AM **Elementary** 7/24. A base jumper is shot out of the sky by one killer, and has his parachute sabotaged by another. (S5)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.15 AM **Highlights**
9.00 **My Hero**
9.40 **Hi-de-Hi!**
10.20 **Only Fools and Horses**
11.00 **Last of the Summer Wine**
12.20 PM **The Green Green Grass**
1.00 **My Hero**
1.40 **Dad's Army**
2.20 **Only Fools and Horses**
3.00 **Hi-de-Hi!**
3.40 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Only Fools and Horses**

10.15 Mrs Brown's Boys

7.00 **Dad's Army** The platoon are picked to appear in an army training film.
7.40 **Only Fools and Horses** The Trotters are caught up in an attempted robbery at a supermarket. **8.20** Tempers flare as the Trotter brothers fall for the same woman.

9.00 **The Fast Show** Ron Manager meets a female commentator.
9.35 **Bottom** Richie and Eddie get caught up in a local carnival.
10.15 **Mrs Brown's Boys** Dermot gets cold feet in the run-up to his wedding.
10.55 **Not Going Out** Tim and Lee both volunteer to help Lucy with a speech.

11.30 **Only Fools and Horses**
12.10 AM **The Fast Show**
12.50 **Bottom** As 9.35pm.
1.30 **Bottom Live: The Big Number 2 Tour**
3.30 **to 4.00** AM **Not Going Out**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Fast Justice**
8.00 **Special Ops: To Catch a Criminal** Double bill.
10.00 **Speed with Guy Martin**
11.30 **Rick Stein's Fresh Food**
12.30 PM **Storage Hunters UK**
1.25 **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** The links between American and British culinary cultures.
6.00 **Rick Stein's Fresh Food** A cookery school for children. **6.30** The chef prepares a feast based on cider.

6.30 Rick Stein's Fresh Food

7.00 **Would I Lie to You?** With Dale Winton, Richard Bacon, Miranda Hart and Clare Balding.
7.40 **Richard Osman's House of Games** With Eddie Kadi and Charlie Stayt. **8.20** Johnny Ball, Suzi Ruffell, Nina Wadia and Danny Wallace take part.

9.00 **QI XL** Guests Brian Blessed, Sean Lock and Ross Noble join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Alexander Armstrong hosts the satirical quiz, with Miles Jupp and Olivia Utley.
11.00 **Silence Is Golden**
12.00 M'T **Mock the Week** With James Acaster, Tom Allen, Ed Byrne and Tez Ilyas.
12.40 AM **Would I Lie to You?**
2.00 **Australian Ninja Warrior**
3.25 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

Thursday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
10.00 **A Place in the Sun**
12.00 NOON **Come Dine with Me** From Lincolnshire.
2.30 PM **A Place in the Sun**
3.00 **Narrow Escapes**
4.00 **Chateau DIY**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** Double bill.
8.00 **Stacey Solomon's Renovation Rescue**
9.00 **25 Years of Location, Location, Location** The changing trends of the UK property market.
10.00 **Kirstie & Phil: Bleeps, Bloops & Best Bits** The duo share their house-hunting memories.
10.35 **Location, Location, Location** From London.
11.05 **Gogglebox**
12.05 AM **Celebrity Gogglebox**
1.10 **The Sixty Million Dollar Conman** Double bill.
3.15 **24 Hours in A&E**
4.15 **to 4.45** AM **Come Dine with Me**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.05 **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The Helpers:* 13/21. Jimmy and Kasie are exposed to a deadly bio-toxin. **7.00** *First Steps:* 14/21. Vance's daughter assists in a dangerous mission. **8.00** *Thick as Thieves:* 15/21. Parker's delinquent past resurfaces during an investigation. (S19)
9.00 **Blue Bloods** *Mob Rules:* 4/22. Eddie and Jamie witness a dishonest arrest. (S7)
10.00 **Law & Order: Special Victims Unit** *Return of the Prodigal Son:* 9/16. Stabler's family are threatened. (S22)
11.00 **Law & Order: Special Victims Unit** (S22&21)
1.50 AM **Quantum Leap** (S1)
2.45 **The Good Wife** (S4)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **GPs: Behind Closed Doors** Medical series.
9.00 **Casualty 24/7: Every Second Counts**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Dogs Behaving (Very) Badly**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark**
10.00 **Ambulance: Code Red** A man who has overdosed on heroin is barely breathing.
11.00 **Skin A&E**
12.00 M'T **Don't Tell the Doctor** Documentary.
1.00 AM **Junior Doctors Down Under**
2.00 **The Block** New editions
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Motorway Patrol**
9.35 **Trucking Hell**
10.35 **Traffic Cops**
11.35 **Police Interceptors**
12.40 PM FILM **Dawn at Socorro** Western. (1954, 15, 79min) ★★
2.25 FILM **Comanche Territory** Western. (1950, U, 75min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 NEW SERIES **Trucking Hell** Recovery ops are dispatched to a toppled trailer and tractor unit.
10.00 **Trucking Hell: Rollover Specials**
11.00 **Yellowstone** 9/10. (S2)
12.00 M'T **Outback Truckers**
2.00 AM **New York Undercover** Double bill.
3.45 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.00 AM **MasterChef Australia** Culinary series.
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
12.00 NOON **DIY SOS: Grenfell** A new home for Grenfell Boxing Club.
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: Grenfell**
7.00 **Emergency: First Time Medics** Adrian bites off more than he can chew.
8.00 **Ambulance Australia** Paramedics search for a semi-conscious participant during Sydney's City2Surf.
9.00 **Katie Piper: Locked Up in Louisiana**
10.00 **One Born Every Minute** Double bill.
12.00 M'T **999 Rescue Squad**
1.00 AM **MasterChef USA: United Tastes of America** Culinary series.
1.45 **to 3.00** AM **Changing Rooms Australia**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.20 AM **At Home with the Braithwaites**
8.25 **Doctors**
9.40 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.50 PM **Classic EastEnders**
2.05 **Pie in the Sky**
3.05 **Hetty Wainthropp Investigates**
4.05 **Lovejoy**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Signora Volpe** Series finale *Death of a Ghost:* 3/3. Sylvia is abducted by an old adversary. (S2)
10.00 **New Tricks**
11.20 **Bergerac**
12.25 AM **Sister Boniface Mysteries** *Queen of the Kitchen:* 8/10. (S1)
1.25 **The Last Detective**
3.00 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In Whitstable.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Ghost Adventures** New edition A team of experts investigate haunted locations both home and abroad.
10.00 **Celebrity Help! My House Is Haunted** New edition England rugby star Chris Robshaw and wife, singer Camilla Kerslake, learn their 15th-century mansion is connected to a drowning.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase** Triple bill.
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Classic Who Wants to Be a Millionaire?**
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill.
6.00 **The Bidding Room**
7.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Tenable** Quiz show hosted by Warwick Davis.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **Wild West...**
8.40 **The Blitz on Berlin**
10.00 **The Avengers** (S5)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM The Tall T** Western. (1957, PG) ★★
2.45 **FILM Fury At Gunsight Pass** Western. (1955, b/w, 15, 67min) ★
4.15 **FILM The Texas Rangers** Western. (1951, U, 75min) ★★★
6.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S5)
9.00 **FILM Hell Boats** World War Two drama. (1969, PG, 95min) ★★
11.05 **FILM Good Day for a Hanging** Western. (1958, U, 85min) ★★
1.10 AM **FILM NYC: Tornado Terror** Disaster movie. (2008, PG, 90min) ★★
3.00 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Coast Guard Alaska**
11.00 **Saving Lives at Sea**
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM A Housekeeper's Revenge** Thriller. (2016, PG, 82min) ★★
2.55 **FILM Murder at the Mansion** Crime thriller. (2018, PG, 90min) ★★
5.05 **FILM Murder 101: Locked Room Mystery** Crime drama. (2008, PG, 85min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Knight and Day** Comedy thriller. (2010, 12, 105min) ★★★
11.20 **FILM American Heist** Crime drama. (2014, 15, 94min) ★★
1.30 AM **FILM Son of a Gun** Crime drama. (2013, 15, 108min) ★★★
4.00 **to 6.00** AM **FILM A Daughter's Deception** Thriller. (2019, 12) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM The Clue to Love** Romantic drama. (2021, U, 89min) ★★
10.10 **FILM Undercover Bridesmaid** Comedy. (2012, PG, 86min) ★★
12.05 PM **FILM The Vows We Keep** Romantic drama. (2021, U, 84min) ★★
2.00 **FILM A Vineyard Romance** Drama. (2021, PG, 86min) ★★
4.00 **FILM Cabin Connection** Drama. (2022, PG) ★★
5.55 **FILM The Perfect Catch** Drama. (2017, PG) ★★
8.00 **FILM A Feeling of Home** Romantic drama. (2019, PG, 90min) ★★
10.00 **FILM The Story of Us** Romantic comedy. (2019, PG, 85min) ★★
11.55 **FILM Sunrise in Heaven** Drama. (2019, PG) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM I Do, I Do, I Do** Fantasy. (2015, PG, 90min) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Surgical Spirit** (S4)
10.30 **Watching** 3/8. (S1)
11.00 **A Fine Romance** (S3)
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **Carry On Laughing**
1.00 **Please Sir!** 4/13. (S2)
1.30 **You're Only Young Twice**
2.00 **Bramwell** (S2)
3.00 **Shine on Harvey Moon**
4.00 **Bubblegum & Cheese**
5.00 **A Fine Romance** (S3)
5.30 **The Monkees** (S1)
6.00 **Watching** 3/8. (S1)
6.30 **Lucky Feller**
7.00 **Bramwell** (S2)
8.00 **Please Sir!** 4/13. (S2)
8.30 **You're Only Young Twice**
9.00 **Carry On Laughing**
9.30 **Thick as Thieves**
10.00 **Lucky Feller**
10.30 **The Cuckoo Waltz** (S2)
11.00 **Department S** (S2)
12.00 M'T **Sapphire and Steel**
1.00 AM **Shine on Harvey...**
2.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** A new captain takes command of the *Cornelia Marie*. **8.00** Injuries cause the captains to consider desperate measures.
9.00 **Expedition Unknown: Hunt for the Yeti** 3/4. Josh's quest takes him to Mount Everest. **10.00** 4/4. Josh rafts to the corners of Bhutan to capture some of his best evidence.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Mediterranean Island Feast**
7.00 **30 Minute Meals**
8.00 **The Pioneer Woman**
8.30 **30 Minute Meals**
9.00 **Simple Suppers**
10.00 **John Torode's Asia**
11.00 **Great British Bake Off**
1.00 PM **Mediterranean Island Feast**
2.00 **French Adventure**
3.00 **30 Minute Meals**
4.00 **The Pioneer Woman**
4.30 **30 Minute Meals**
5.00 **Simple Suppers**
6.00 **John Torode's Asia**
7.00 **Great British Bake Off**
9.00 **Secrets of the Curry Kitchen** New edition
9.30 **Nadiya Bakes**
10.00 **James Martin's Islands to Highlands**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food Nation**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 10/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 18/22. (S1)
11.00 **FILM The Return of the Man from U.N.C.L.E** Spy thriller spoof. (1983, PG, 93min) ★★★
1.00 PM **Category 7: The End of the World**
4.30 **The Twilight Zone** (S3)
5.00 **Star Trek** 8/30. (S1)
6.00 **Knight Rider** 19/22. (S1)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM USS Indianapolis: Men of Courage** World War Two drama. (2016, 15, 125min) ★★
11.30 **FILM The Inglorious Bastards** War thriller. (1978, 15, 99min) ★★
1.30 AM **FILM Smokey and the Bandit III** Comedy adventure sequel. (1983, 15, 80min) ★★
3.15 **to 5.00** AM **FILM Demon Eye** Horror. (2019, 15, 87min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **Farscape: The Peacekeeper Wars**
8.00 **FILM The Land That Time Forgot** Fantasy. (2009, 12, 90min) ★★
10.00 **The Lost World** (S1)
11.00 **Farscape: The Peacekeeper Wars**
1.00 PM **FILM Ape vs Monster** Sci-fi adventure starring Quinn Baker. (2021, 12, 88min) ★★
3.00 **The Lost World** (S1)
4.00 **The A-Team** 1/23. (S2)
5.00 **Farscape: The Peacekeeper Wars**
7.00 **The Lost World** (S1)
8.00 **The A-Team** 2/23. (S2)
9.00 **FILM Backtrace** Thriller with Sylvester Stallone and Ryan Guzman. (2018, 15, 92min) ★★★
10.55 **FILM Mercenaries** Thriller starring Billy Zane and Robert Fucilla. (2011, 15, 97min) ★★
1.00 **to 3.00** AM **FILM Backtrace** As 9.00pm.

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Lancashire.
6.40 **Junk and Disorderly**
7.35 **Storage Wars: Texas**
8.00 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **UFO Files**
11.10 **Curse of Skinwalker Ranch** Documentary.
12.10 PM **Mysteries from Above** Ancient Kush.
1.05 **Secrets in the Jungle**
2.05 **Storage Hunters**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **UFO Files**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **UFO Encounters UK**
11.00 **Close Encounters**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **UFO Files**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Big Antique Adventure with Susan Calman**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Documentary.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Royal Doctors: Treating the Monarchy** How the health of the Royals has been scrutinised like never before since 2024.
10.15 **NEW Katharine of Kent: How to Quietly Quit the Royals** A look at the life of Katharine, Duchess of Kent.
11.20 **Prisoner: Cell Block H**
1.20 AM **Bargain-Loving Brits in the Sun**
3.10 **to 4.00** AM **Big Antique Adventure with Susan Calman**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **Love Your Garden**
3.00 **Beach Hunters**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 **Christina on the Coast** New edition Christina renovates a couple's home to achieve a modern aesthetic.
10.00 **Fixer to Fabulous** New edition Dave and Jenny rebuild a home filled with memories.
11.00 **Home Town** Ben and Erin face their most ambitious project yet.
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Curvy Brides Boutique**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish: Sabrina** Sabrina's efforts to balance her life.
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **I Didn't Know I Was Pregnant** Double bill.
9.00 **1000-lb Sisters**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Couponing**
2.00 **1000-lb Sisters**
3.00 **Sex Sent Me to the ER**
4.00 **I Didn't Know I Was Pregnant** Double bill.
5.00 **to 6.00** AM **Extreme Couponing**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S5&6)
7.00 **Friends** 12/25. Joey takes a job as a waiter. **7.30** 13/25. Guest stars Reese Witherspoon. **8.00** 14/25. Phoebe is mistaken for a porn star. **8.30** 15/25. The gang think about what might have been. (S6)
9.00 **Whose Line Is It Anyway? USA**
10.00 **FILM Mallrats** Comedy. (1995, 18, 97min) ★★★
11.55 **8 Out of 10 Cats**
12.55 AM **South Park** (S2)
2.25 **Lee Evans Live at Her Majesty's Theatre**
3.45 **Rosie Jones Tries to Help** With Sophie Duker.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 17&18/22. (S1)
11.00 **Friends** 6-9/25. (S6)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** 12&13/13. (S4)
4.00 **Guessable?**
5.00 **Becker** 17&18/22. (S1)
6.00 **Home Improvement**
8.00 **Last Man Standing** (S7)
9.00 **New Girl** 3/22. Schmidt enlists the gang's help. **9.30** 4/22. Winston and Cece trick Schmidt and Coach. (S4)
10.00 **Friends** 12-17/24. (S5)
1.00 AM **The Ren & Stimpy Show** 1&2/6. (S1)
2.00 **Reno 911!** (S4)
3.00 **Al Murray: And a Glass of White Wine for the Lady** Stand-up comedy.
3.45 **Becker** 17&18/22. (S1)
4.30 **New Girl** 3&4/22. (S4)
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Bondi Rescue**
12.00 NOON **DC's Legends of Tomorrow** (S6)
2.00 PM **Caught on Dashcam**
3.00 **Motorway Patrol**
4.00 **Bondi Rescue**
5.00 **Border Patrol**
6.00 **FBI** 1&2/15. (S3)
8.00 **Caught on Dashcam**
10.00 **Brit Cops: Frontline Crime UK** Documentary.
11.00 **Dan Brown's The Lost Symbol** 6/10. Mal'akh puts pressure on Langdon and Peter. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Luke Littler.
2.00 **Last King of the Cross**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **Teen Mom Australia**
7.10 **Teen Mom OG**
8.00 **Teen Mom OG Uncut**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **Rich Kids Go Skint** The son of millionaires lives with a North London family on benefits.
9.00 **Teen Mom: The Next Chapter** Maci, Cate, Tyler, Leah and Gary reunite to celebrate 16 years of the show.
10.00 **Dating Naked UK**
11.00 **Aussie Shore**
12.00 M'T **Love & Hip Hop: Atlanta** New edition Scrappy finds out if his instincts were correct.
1.00 AM **Just Tattoo of Us**
2.00 **Ink Master: Revenge**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaskan Bush People**
9.00 **Mega Shippers** Double bill.
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Documentary.
3.00 **Gold Divers** 1/2. Shawn and Vernon embark on a harrowing rescue mission. **4.00** 2/2. Shawn and Vernon continue their rescue mission.
5.00 **Building off the Grid** A couple construct a container home.
6.00 **Junkyard Empire** Andy gives a Jeep Wrangler a power boost.

9.00 Naked and Afraid

7.00 Wheeler Dealers Mike finds a British motoring icon, a 1976 Land Rover Series III, but Ant has work to do.

8.00 Harpoon Hunters Four harpooners compete to land a monster bluefin tuna, and Joe hunts to support his family.

9.00 Naked and Afraid New edition Three former fans attempt to make it to 21 days in the Belizean jungle. But when one has to leave due to an emergency, a new survivalist arrives.

10.30 Caught! Caught on camera clip show.

11.00 **Border Control Sweden** A man at Arlanda airport is trying to smuggle a lot of gold.
12.00 M'T **Expedition Bigfoot**
1.00 AM **Naked and Afraid**
2.30 **Caught!** As 10.30pm.
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** A custom tank.
9.00 **Crikey! It's the Irwins**
10.00 **Dogs 101** Family pets.
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked**
1.00 PM **Crikey! It's the Irwins**
2.00 **Lair of the Killer Crocs**
3.00 **Monster Croc Invasion**
4.00 **Dogs 101** How different breeds of dogs behave.
5.00 **Alaska: Homestead Rescue** The Raneys help a couple with a toxic salt water well.
6.00 **Tanked** Alli Simpson donates an aquarium to a charity.

11.00 Flying Wild Alaska

7.00 Crikey! It's the Irwins Robert wrangles western diamondback rattlesnakes in Arizona using his dad's techniques.

8.00 Project Grizzly Jeff teaches the bears how to den up for the winter, and they get territorial when Jeff's friend pays a visit.

9.00 Project Grizzly As the bears' training nears its end, Jeff has one lesson left to teach – fear of humans.

10.00 Alaskan Bush People The kids join Matt back in Alaska to help him pack up Browntown while Ami awaits treatment options.

11.00 **Flying Wild Alaska** Construction crews race to complete a hangar before the winter snow arrives.
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101** As 4.00pm.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Colossal Machines**
9.00 **To Catch a Smuggler: Tropical Takedown**
10.00 **Air Crash Investigation**
12.00 NOON **Tut's Toxic Tomb**
2.00 PM **Nazi Death Camp: The Great Escape** Documentary.
3.00 **Eyewitness: D-Day**
4.00 **World's Biggest Battleship: Drain the Oceans**
5.00 **Car S.O.S** Restoring a Singer Le Mans sports car.
6.00 **Air Crash Investigation** A cargo flight loses both engines moments after takeoff.

10.00 Northwoods Survival

7.00 Air Crash Investigation The 1985 Manchester runway disaster, in which an aircraft's engine failed, causing 55 deaths.

8.00 Car S.O.S Series finale Tim Shaw and Fuzz Townshend work to restore a Ferrari 308 GTS.

9.00 Car S.O.S Tim Shaw and Fuzz Townshend head to Berkshire where they hope to surprise the owner of a Daimler SP250 'Dart'.

10.00 Northwoods Survival New edition Emilie and Gilbert make headway on their family cabin by putting up the walls.

11.00 **Air Crash Investigation**
12.00 M'T **To Catch a Smuggler**
1.00 AM **Drain the Oceans: Deep Dive** Documentary.
2.00 **Food Factory**
2.30 **Bid & Destroy**
2.55 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Walking Through History**
6.50 **Storage Hunters**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Swamp People: Serpent Invasion**
1.00 PM **Storm Stories**
2.00 **Colosseum**
4.00 **Flipping Bangers**
5.00 **Pawn Stars**
6.00 **American Pickers** A Maryland car enthusiast reveals his late father's huge collection.

10.00 Mysteries from Above

7.00 Forged in Fire Champions from previous seasons compete against one of the expert judges in a bladesmithing challenge.

8.00 Swamp People New edition Daniel and Zak prepare for a night filled with challenges and opportunities.

9.00 The UnBelievable with Dan Aykroyd New edition The host views a car that hovers in midair and a fire-breathing robot dog.

10.00 Mysteries from Above New edition A deep dive into a sunken city, and an underwater cemetery in the Florida Keys.

11.00 **Encounter: UFO** The aircraft that encountered an object that failed to appear on radar.
12.00 M'T **Ross Kemp: Mafia and Britain** How the Spanish coast a haven for the mafia and criminal masterminds.
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **Ancient Aliens**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nazi Hunters** As 4.00pm.
11.00 **Adolf Hitler's War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics** Double bill.
4.00 **Nazi Hunters** How Adolf Eichmann was tracked down.
5.00 **Adolf Hitler's War** Hitler's Spring Offensive is stopped.
6.00 **Antiques Roadshow** Fiona Bruce and the team visit Ascot Racecourse.

8.00 Bangers & Cash...

7.00 Canal Boat Diaries The Grand Union Canal.
7.30 Great British Railway Journeys A journey from Maltby to Hinckley.

8.00 Bangers & Cash: Restoring Classics Series finale The team purchase a 1973 Ford Escort Mexico.

9.00 Bangers & Cash: Restoring Classics A rare Reliant Scimitar GTC undergoes an expert recommission.

10.00 Bangers & Cash: Restoring Classics The team take Derek's advice when he sniffs out the last remaining Hillman GT.

11.00 **Bangers & Cash** An Argentinian Army Mercedes G wagon arrives at the North Yorkshire car auction.
12.00 M'T **Dream Car Fixers** Peter and Sheldon try to source and restore a Porsche 944.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Quest

144 149 137 12 144 17

6.00 AM **Salvage Hunters: Classic Cars**
7.00 **Salvage Hunters: The Restorers**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Documentary.
1.00 PM **The Repair Shop**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Giro D'Italia Highlights**
8.00 **Outback Crystal Hunters** New edition Neil Wilkinson Jr abseils down a mineshaft.
9.00 **Aussie Gold Hunters** New edition Sheryl and Simon struggle.
10.00 **Aussie Gold Hunters**
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Lancashire**
11.00 **Disappeared**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 NEW SERIES **Evil Lives Here: The Killer Speaks**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** George Jodoin.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **The Truth About My Murder** Dr Richard Shepherd investigates the murders of Sam Herr and Julie Kibuishi, both shot for financial gain.
8.00 **See No Evil** Cameras may provide police with evidence to find out who killed Jessika Kalaher.
9.00 **Storm of Suspicion** New edition Years after Jessica Arredondo's body is found, another woman is reported missing.
10.00 **Killers: Caught on Camera** New edition A look at how Martika Ferguson and Tiffiney Crawford were killed.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Killers: Caught on Camera** As 10.00pm.
3.00 **See No Evil** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **The Jury Room**
11.00 **Medical Detectives**
2.00 PM **The Jury Room**
4.00 **Medical Detectives** Police search for a boy – first they find his backpack, then his body. **4.30** When police arrive at the scene of a car accident, they suspect foul play. **5.00** Two victims are found in an irrigation canal, but the evidence is washed away. **5.30** Police discover the downside to behavioural profiling in one case. **6.00** Blood evidence contradicts a man's story about his wife's murder. **6.30** Using science to find the killer of a battered teenager.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Customs UK**
9.00 **The Force: Manchester**
10.00 **Brit Cops UK**
11.00 **Killer in My Village**
12.00 NOON **How I Caught...**
1.00 PM **Catching the Killer**
2.00 **Murders That Shocked the Nation**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Murder Next Door**
10.00 **Murdered at First Sight**
11.00 **Catching the Killer**
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murdered at First Sight**
3.00 **Love You to Death**
4.00 **Brit Cops: Rapid Response** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **The Ottoman Empire: Battle for the Mediterranean**
9.40 **Wrecks That Changed the World**
10.35 **Sicily: Conquered Isle**
12.00 NOON **Forgotten Allies: The Search for Burma's Lost Heroes**
1.00 PM **The Lafayette Squadron** Documentary.
2.05 **The Ottoman Empire...**
3.15 **Wrecks That Changed the World**
4.10 **Sicily: Conquered Isle**
5.35 **Forgotten Allies...**
6.35 **The Ottoman Empire...**
7.40 **Wrecks That Changed the World**
8.35 NEW SERIES **Sicily: Conquered Isle**
10.00 **Forgotten Allies...**
11.00 **Wrecks That Changed the World** As 7.40pm.
12.00 M'T **Sicily: Conquered...**
1.20 **to 2.00** AM **America the Bountiful**

THURSDAY

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Nineties**
7.00 **Discovering: Russell Crowe**
8.00 **The Directors**
9.00 **Gaming Wall St**
10.00 **Ren Faire**
11.00 **Kingdom of Dreams**
12.00 NOON **FILM Undefeated** Oscar-winning documentary. (2011, 12, 113min) ★★★★★
2.15 PM **Nike's Big Bet**
4.00 **The Directors**
5.00 **Discovering: Russell Crowe**
6.00 **Urban Secrets** Actor Alan Cumming visits Liverpool.
7.00 **Williams & Mansell: Red 5** The rise of driver Nigel Mansell and the Williams F1 racing team.
8.45 **My Icon: Thierry Henry**
9.00 **Gary** A look at the life and mysterious death of actor Gary Coleman, who shot to fame in hit sitcom *Diff'rent Strokes*.
11.00 **The Truth vs Alex Jones**
1.20 AM **The Great Horsemeat Scandal** Documentary.
2.00 **Fashion Reimagined**
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Russell Crowe**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Tales from Zambia**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Orangutan Jungle School**
10.00 **Arctic Secrets**
11.00 **Africa's Hunters**
12.00 NOON **Africa's Wild Horizons**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Orangutan Jungle School**
4.00 **Arctic Secrets**
5.00 **Gangs of Baboon Falls**
6.00 **Africa's Wild Horizons**
7.00 **Monkey Life** Double bill.
8.00 **Europe's Amazon** The great floodplains that lie along the Drava River.
9.00 **Macro Worlds** Examining the success of beetles.
10.00 **Africa's Wild Horizons**
11.00 **Gangs of Baboon Falls**
12.00 M'T **Africa's Hunters**
1.00 AM **Into the Wild: Colombia**
2.00 **Europe's Amazon** As 8.00pm.
3.00 **Macro Worlds** As 9.00pm.
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Jungle**
9.00 **Bomber: Terror of WWII**
10.00 **Mystery Places**
11.00 **Ancient Aliens**
1.00 PM **Lost Relic Hunters**
2.00 **Al Murray: Why Do the Brits Win Every War?**
3.00 **Empire Builders**
4.00 **Bomber: Terror of WWII**
5.00 **Swamp Mysteries with Troy Landry** Troy investigates reports of a possible beast known as the Skunk Ape.
6.00 **Mystery Places**
7.00 **UFOs Declassified** Flying objects spotted above military bases during the Cold War.
8.00 **The Secret Nazi Expeditions**
9.00 **Scary Tales of New York**
10.10 **Secrets in the Jungle**
11.05 **Colosseum**
12.00 M'T **Ancient Aliens**
2.00 AM **Al Murray: Why Do the Brits Win Every War?**
3.00 **Empire Builders**
4.00 **UFOs Declassified**
5.00 **to 6.00** AM **Swamp Mysteries with Troy Landry**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **When Missing Turns to Murder**
10.00 **Sin City Murders**
11.00 **An Hour to Kill**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **Killer in Plain Sight**
3.00 **When Missing Turns to Murder**
4.00 **Sin City Murders**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files**
7.00 **The First 48 Presents: Critical Minutes** Documentary.
8.00 **Imperfect Murder**
9.00 **The First 48 Presents: Critical Minutes** New edition
10.00 **Fugitive Hunters: Mexico** New edition Documentary.
11.00 **Court Cam**
12.00 M'T **Crimes That Shook Britain**
1.00 AM **The First 48 Presents...**
2.00 **Fugitive Hunters: Mexico**
3.00 **Green Eyed Killers**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **An Hour to Kill**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Africa's Deadliest**
10.00 **America's National Parks**
11.00 **Exotic Animal ER**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Jaguar: Jungle Icon of Guyana**
3.00 **Crocodiles Revealed**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes In The City: Venomous Face-Off**
7.00 **Secrets of the Zoo: Tampa** The staff members at Zoo Tampa help expand the pygmy hippo population.
8.00 **When Predators Attack** A look at how crocodiles have remained dominant predators since prehistoric times.
9.00 **South Africa: Cradle of Killers** The country's deadliest animals.
10.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom**
1.00 AM **Lawless Island**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Quest for Captain Kidd**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Cooper's Treasure**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Experts explore the most astonishing discoveries of the *Voyager* spacecraft.
8.00 **Quest for Captain Kidd** Barry Clifford travels to Madagascar, where he discovers relics and traces of the ship that once belonged to one of the world's most infamous pirates.
9.00 **Secret Space Escapes**
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.20 **Parkinson**
1.55 PM **Bargain Hunt**
3.55 **Parkinson**
5.10 **Doctor Who** Four episodes of the sci-fi drama, including at: **6.55** *The Daemons – Part Five:* 25/25. The Brigadier attempts to penetrate the Master's defences, allowing the Doctor to enter to church, rescue Jo and stop his old nemesis from destroying the world. (S8)
7.25 **Bargain Hunt** From Oswestry Showground in Shropshire. **8.25** From Swinderby Antiques Fair in Lincolnshire.
9.25 **Parkinson** With guests Des O'Connor, Matthew Perry and Hugh Jackman. Plus, Heather Small provides the music. **10.40** With Helen Mirren, Jo Brand and Cilla Black. Plus, music from Annie Lennox.
11.55 **Doctor Who**
2.05 AM **Bargain Hunt**
3.00 **Parkinson**
5.00 **to 6.00** AM **Bargain Hunt**

+1 hour 266 376

ID

154 141 166

8.00 AM **Southern Fried Homicide**
9.00 **The Perfect Murder**
11.00 **Evil Lives Here**
1.00 PM **A Crime to Remember**
3.00 **Forbidden: Dying for Love**
5.00 **Killer Unknown**
7.00 **Disappeared** The case of 26-year-old Kirsten Breuggeman, who mysteriously vanished from view on a CCTV camera one night in 2021. **8.00** The disappearance of Dee Ann Warner, a successful businesswoman and mother.
9.00 **What Happened to Valentino Dixon?** A young man is gunned down in front of scores of witnesses – but what should have been an open-and-shut case turns into a web of mystery.
10.00 **No One Can Hear You Scream** A 31-year-old mother-of-three vanishes without a trace in Montana.
11.00 **Feuds Turned Fatal**
12.00 M'T **I Almost Got Away with It**
2.00 AM **Killer Unknown**
4.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **Massive Engineering Mistakes**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Massive Engineering Mistakes**
4.00 **Last Chance Garage**
5.00 **Richard Hammond's Workshop** Richard threatens to ditch the whole project.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Last Chance Garage** A Ford Torino finally gets repaired to the owner's liking.
9.00 **Motor Pickers**
10.00 **Massive Engineering Mistakes**
11.00 **Shed and Buried**
12.00 M'T **Last Chance Garage**
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **RMD Garage**

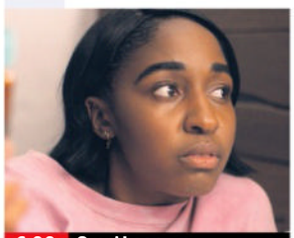
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.05 AM **Rebellious** Animated fantasy. (2024, PG, 94min)
8.45 **A Mistake** As 4.50am.
10.35 **Cleaner** As 10.00pm.
12.20 PM **Trap** Psychological thriller. (2024, 15, 105min) ★★★★
2.10 **Twisters** Disaster drama sequel starring Daisy Edgar-Jones. (2024, 12, 122min) ★★★★
4.15 **Mob Cops** Crime drama. (2024, 15, 87min) ★
6.00 **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★



6.00 Omni Loop

8.00 Speak No Evil Horror starring James McAvoy and Aisling Franciosi. A dream holiday turns into a nightmare when an American family stay at a British couple's idyllic estate. With Mackenzie Davis and Scoot McNairy. (2024, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

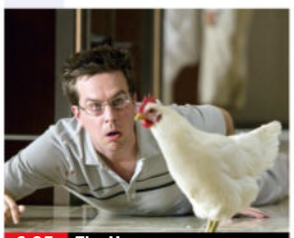
10.00 Cleaner Action thriller starring Daisy Ridley. Environmental activists hijack an energy company's gala and take 300 hostages. With Clive Owen and Matthew Tuck. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Mob Cops** Crime drama. (2024, 15, 87min) ★
1.25 AM **The Parenting** Horror comedy starring Nik Dodani. (2025, 15, 94min) ★★★
3.10 **Cleaner** As 10.00pm.
4.50 **to 6.40** AM **A Mistake** Medical drama with Elizabeth Banks. (2024, 15, 101min) ★★★

Sky Cinema Mega Hits

303 303 403 503 517

6.00 AM **Lee** As shown at 3.55am.
8.05 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★
9.55 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★
11.55 **The Mummy** Adventure. (1999, 15, 124min) ★★★★
2.05 PM **The BFG** Fantasy. (2016, PG, 117min) ★★★★
4.05 **Five Nights at Freddy's** Horror. (2023, 15, 109min) ★★
6.05 **The Hangover** Dark comedy. (2009, 15, 99min) ★★★★



6.05 The Hangover

8.00 The Hangover Part II Comedy sequel starring Bradley Cooper. A drug-fuelled bachelor party in Bangkok leaves three friends looking for the bride's vanished brother despite severe memory loss. (2011, 15, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 The Hangover Part III Comedy sequel starring Bradley Cooper, Ed Helms and Zach Galifianakis. The friends go in search of a Chinese criminal after they are captured by his mobster rival. With Ken Jeong and Justin Bartha. (2013, 15, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Jason Bourne** Action thriller sequel starring Matt Damon. (2016, 12, 123min) ★★★
2.00 AM **The Beekeeper** Thriller. (2023, 15, 105min) ★★★
3.55 **to 6.05** AM **Lee** Biopic. (2023, 15, 117min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.55 AM **Meet Joe Black** As 8pm.
10.00 **Drift** As shown at 11pm.
11.45 **Forrest Gump** Whimsical fable. (1994, 12, 136min) ★★★★
2.10 PM **The Man Who Shot Liberty Valance** Western. (1962, b/w, U, 122min) ★★★★★
4.15 **Dear John** Romantic drama. (2010, 12, 108min) ★★
6.10 **Dunkirk** Wartime drama. (2017, 12, 106min) ★★★★★

8.00 Meet Joe Black Supernatural romantic drama starring Brad Pitt and Anthony Hopkins. Death comes to Earth and experiences love after giving a temporary reprieve to a media tycoon. (1998, 12, 181min) ★★★★

11.00 Drift Drama starring Cynthia Erivo and Alia Shawkat. A young woman escapes her war-torn country to a Greek island, growing close with a tour guide as the pair find hope in each other. (2023, 15, 93min) ★★★★

12.35 AM **The Convert** Action drama. (2024, 15, 119min) ★★★★
2.35 **You Can Live Forever** Drama. (2022, 15, 96min) ★★★
4.20 **Sky Cinema Preview**
5.05 **to 7.10** AM **Girl You Know It's True** Biographical drama. (2023, 15, 124min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.05 AM **Turn Me On** As 3.00am.
8.55 **Slingshot** As 4.45am.
10.50 **Insidious: Chapter 2** Horror sequel. (2013, 15, 103min) ★★★
12.45 PM **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★
2.25 **Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★
4.30 **Annabelle** Horror thriller spin-off. (2014, 15, 97min) ★★

6.15 **Gothika** Horror starring Halle Berry. (2003, 15, 98min) ★★★
8.00 **The Nun II** Horror sequel with Taissa Farmiga. Sister Irene is reacquainted with demonic Valak at a boarding school in France. (2023, 15, 110min) ★★
9.55 **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. A linguist must find a way to communicate with an alien race as the world teeters on the brink of global conflict. (2016, 12, 116min) ★★★★★

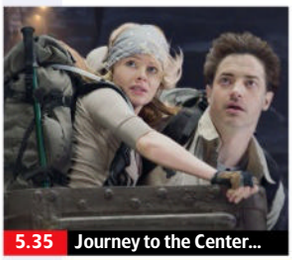
11.55 **Dashcam** Horror starring Annie Hardy. (2021, 18, 80min) ★★★
1.20 AM **Little Bone Lodge** Horror. (2023, 15, 93min) ★★★
3.00 **Turn Me On** Fantasy comedy. (2024, 15, 99min) ★★★
4.45 **to 6.40** AM **Slingshot** Sci-fi thriller. (2024, 15, 108min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.30 AM **The Muppets Take...**
9.10 **Beethoven** (1992, U) ★★★
10.45 **Zathura: A Space Adventure** Fantasy. (2005, PG) ★★★★
12.40 PM **Look Who's Talking Too** Comedy sequel. (1990, 12) ★
2.15 **Look Who's Talking Now** Comedy sequel. (1993, 12) ★
4.00 **The Cat in the Hat** Fantasy. (2003, PG, 82min) ★★★★
5.35 **Journey to the Center of the Earth** Fantasy adventure. (2008, PG, 92min) ★★


5.35 Journey to the Center...

7.15 **Journey 2: The Mysterious Island** Fantasy. (2012, PG, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.55 **Bean** Big-screen spin-off from the TV comedy, starring Rowan Atkinson. Disaster-prone Mr Bean creates havoc when he accompanies a valuable painting to America. (1997, PG, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Goosebumps 2: Haunted Halloween** Family comedy sequel. (2018, PG, 86min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Reuniting the Rubins** Comedy drama with Timothy Spall. (2010, PG, 98min) ★
2.00 **The Muppets Take Manhattan** Musical comedy. (1984, U, 94min) ★★★★
3.40 **Ride On** Action drama. (2023, PG, 126min) ★★★
5.50 **to 7.20** AM **The Little Rascals** Comedy. (1994, U, 83min) ★★

Sky Cinema Action

307 307 407 507 521

6.55 AM **Royal Warriors** (1986)
8.35 **Man of Steel** Adventure. (2013, 12, 143min) ★★★
11.00 **Superman Returns** Adventure. (2006, 12, 154min) ★★★
1.35 PM **Furiosa: A Mad Max Saga** Fantasy adventure. (2023, 15, 148min) ★★★★
4.05 **Blue Beetle** Fantasy. (2023, 12, 127min) ★★★★
6.15 **Swordfish** Thriller with John Travolta and Hugh Jackman. (2001, 15, 99min) ★★★

10.20 Gods of Egypt

8.00 **Fast & Furious 7** Action thriller sequel starring Vin Diesel and Paul Walker. A rogue special forces assassin seeks revenge against Dom, Brian and their crew for putting his brother in a coma. With Dwayne Johnson and Jason Statham. (2015, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Gods of Egypt** Fantasy adventure starring Nikolaj Coster-Waldau. An ancient Egyptian god seeks the aid of a thief in reclaiming his father's throne from his brother. (2016, 12, 127min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Royal Warriors** Thriller. (1986, 18, 96min) ★★★
2.10 **Hellboy** Horror fantasy. (2004, 12, 122min) ★★★★
4.25 **to 6.15** AM **Pompeii** Roman-era disaster movie. (2014, 12, 104min) ★★

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **Borat Subsequent...**
8.55 **How to Lose a Guy in 10 Days** Comedy. (2003, 12) ★★★
10.55 **National Lampoon's Animal House** Campus comedy. (1978, 15, 109min) ★★★★★
12.50 PM **I Love My Dad** As 9.40pm.
2.35 **Daddy's Home 2** Comedy sequel. (2017, 12, 100min) ★★★
4.25 **Bowfinger** Comedy. (1999, 12, 97min) ★★★★
6.10 **Brewster's Millions** Comedy. (1985, PG, 97min) ★★★

6.10 Brewster's Millions

8.00 **Disaster Movie** Spoof comedy with Matt Lanter and Vanessa Minnillo. Over the course of a single evening, a group of friends encounter a series of natural disasters. (2008, 12, 86min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

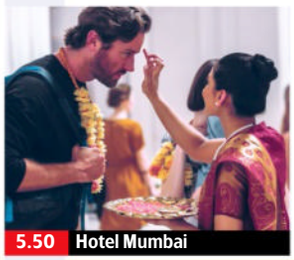
9.40 **I Love My Dad** Comedy starring Patton Oswalt and James Morosini. An estranged father cons his son in an attempt to bond and reconnect. (2022, 15, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Ferris Bueller's Day Off** Teen comedy from John Hughes, starring Matthew Broderick (1986, 12, 103min) ★★★★
1.20 AM **Borat Subsequent Moviefilm** Mockumentary sequel starring Sacha Baron Cohen. (2020, 15, 95min) ★
3.05 **48 Hrs** Action comedy thriller. (1982, 15, 97min) ★★★★★
4.50 **to 6.55** AM **The Pink Panther** Crime caper. (1963, PG, 113min) ★★★★★

Sky Cinema Thriller

309 309 409 509 523

6.05 AM **Greedy People** (2024)
8.00 **The Cinema List: Thriller**
8.15 **Into the Deep** As 4.10pm.
9.50 **Green Zone** Action thriller. (2010, 15, 110min) ★★★★
11.50 **Public Enemies** Biopic. (2009, 15, 140min) ★★★★
2.15 PM **Ocean's Eight** Crime caper. (2018, 12, 110min) ★★★★
4.10 **Into the Deep** Thriller. (2022, 15, 90min) ★★★
5.50 **Hotel Mumbai** Thriller. (2018, 15, 123min) ★★★★


5.50 Hotel Mumbai

8.00 **Miami Vice** Crime thriller based on the 1980s TV cop series, starring Colin Farrell, Jamie Foxx and Gong Li. A pair of undercover cops infiltrate a ruthless drug smuggling cartel in order to catch the killers of two federal agents. With Naomie Harris and Ciarán Hinds. (2006, 15, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

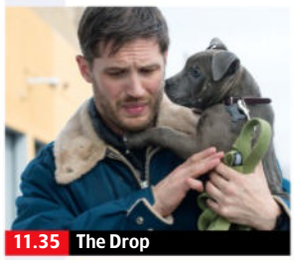
10.20 **Wanted** Fantasy thriller starring James McAvoy and Angelina Jolie. A timid office worker discovers that his destiny is linked to a secret fraternity of super-assassins. (2008, 18, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Cult Killer** Crime thriller. (2024, 15, 105min) ★★★
2.10 **Greedy People** Comedy. (2024, 15, 108min) ★★★★
4.10 **Kill** Thriller. (2023, 15) ★★★
5.55 **to 7.30** AM **Melancholia** Drama. (1989, 15) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Pool of London** Thriller. (1950, b/w, PG, 85min) ★★
12.45 PM **Patton** Wartime biopic. (1969, PG, 163min) ★★★★
4.05 **The Devil at 4 O'Clock** Adventure starring Spencer Tracy and Frank Sinatra. (1961, PG, 126min) ★★
6.40 **The Day After Tomorrow** Disaster movie starring Dennis Quaid and Jake Gyllenhaal. (2004, 12, 124min) ★★★★


11.35 The Drop

8 PM **The Day After Tomorrow** (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **She Said** Drama starring Zoe Kazan and Carey Mulligan. Two *New York Times* reporters break a story that helped ignite a movement and shattered decades of silence around the subject of sexual assault in Hollywood. (2022, 15, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM **11.35** **The Drop** Crime drama with Tom Hardy. A bartender who secretly works for gangsters gets involved in a robbery gone wrong that digs up long-buried secrets. (2014, 15, 107min) ★★★★
1.45 **to 3.55** AM **Trespass Against Us** Crime drama starring Michael Fassbender. (2016, 15, 100min) ★★★

+1hour 314 430 47 301 257

Sky Cinema Tom Cruise

302 302 402 502 516

7.05 AM **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★
9.00 **Far and Away** As 2.20am.
11.20 **The Firm** Thriller based on John Grisham's novel, starring Tom Cruise. (1993, 15, 155min) ★★★
1.55 PM **Tropic Thunder** War spoof. (2008, 15, 107min) ★★★★
3.45 **Jack Reacher** Action thriller. (2012, 15, 130min) ★★★

6.00 **Jack Reacher: Never Go Back** Action thriller sequel with Tom Cruise. (2016, 12, 118min) ★★★
8.00 **Collateral** Director Michael Mann's crime thriller starring Tom Cruise and Jamie Foxx. (2004, 15, 120min) ★★★★
10.00 **Born on the Fourth of July** Oliver Stone's powerful fact-based drama starring Tom Cruise as Vietnam veteran turned anti-war campaigner Ron Kovic. With Kyra Sedgwick. (1989, 18, 138min) ★★★★★

12.30 AM **Tropic Thunder** As 1.55pm.
2.20 **Far and Away** Romantic epic starring Tom Cruise and Nicole Kidman. (1992, 15, 140min) ★★
4.45 **to 7.05** AM **Vanilla Sky** Fantasy drama, a remake of the Spanish film *Open Your Eyes*, with Tom Cruise. (2001, 15, 136min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.00 AM **Bye Bye Birdie** As 1.25am.
8.05 **The Fortune Cookie** (1966)
10.25 **Beverly Hills Cop II** Comedy thriller sequel starring Eddie Murphy. (1987, 15, 99min) ★★★
12.25 PM **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel. (1991, 15, 81min) ★★★
2.05 **Indiana Jones and the Temple of Doom** Action adventure. (1984, PG, 118min) ★★★

4.05 **The Pink Panther Strikes Again** Comedy. (1976, PG, 103min) ★★
6.05 **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy. (1994, 15, 104min) ★★
8.00 **The Naked Gun 33⅓: The Final Insult** Spoof thriller sequel starring Leslie Nielsen. (1994, 12, 83min) ★★★
9.30 **Indiana Jones and the Last Crusade** Steven Spielberg's action adventure starring Harrison Ford and Sean Connery. (1989, PG, 127min) ★★★★★

11.40 **The Pink Panther Strikes Again**
1.25 AM **Bye Bye Birdie** Musical. (1963, PG, 112min) ★★★
3.20 **The Fortune Cookie** Billy Wilder's satirical comedy. (1966, b/w, U, 125min) ★★★★★
5.35 **to 6.00** AM **The Cinema List: Unmissable Sky Originals**

Sky Cinema Animation

305 305 412 500 514

7.20 AM **Mavka: The Forest Song**
9.05 **The Inventor** Animation. (2023, PG, 100min) ★★★
10.55 **Under the Boardwalk** Animation. (2023, PG) ★★★
12.30 PM **The Prince of Egypt** Animation. (1998, U) ★★★★
2.20 **Kung Fu Panda** Animation. (2008, PG, 92min) ★★★★
4.00 **Kung Fu Panda 2** Animation. (2011, PG, 90min) ★★★★

5.40 **Smallfoot** Animated adventure. (2018, U, 96min) ★★★
7.20 **Rugrats in Paris** Animation. (2000, U, 79min) ★★★
8.50 **Extinct** Animated adventure. (2021, U, 84min) ★★★
10.20 **Deep Sea** Animated adventure. (2023, PG, 112min) ★★★
12.15 AM **Mavka: The Forest Song** Animation. (2023, PG) ★★
2.00 **Lego DC Comics Super Heroes: Justice League vs Bizarro League** Animation. (2015, U, 49min) ★★★

3.00 **Scooby-Doo! The Sword and the Scoob** Animated adventure. (2021, PG, 76min) ★★★
4.25 **The Swan Princess: The Secret of the Castle** Animated adventure. (1997, U, 89min) ★★
5.45 **to 7.10** AM **Batman Unlimited: Animal Instincts** (2015, PG) ★★

Movies 24

312 313 419

7.00 AM **The Real West** Romantic comedy. (2024, PG, 84min) ★★
9.00 **Lease on Love** Romantic comedy. (2022, PG, 86min) ★★
11.00 **Love on Retreat** Romantic drama. (2023, PG, 85min) ★★
1.00 PM **Hidden Gems** Romantic comedy. (2022, PG, 85min) ★★
3.00 **The Best Version of Love** Romantic comedy drama. (2023, PG, 86min) ★★

5.00 **Perfect Harmony** Romantic comedy. (2022, PG, 84min) ★★
7.00 **Pumpkin Everything** Romantic comedy drama starring Taylor Cole and Corey Sevier. (2022, PG, 84min) ★★
9.00 **Love's Secret Ingredient** Romantic comedy starring Brianna Cohen and Chris Connell. A celebrity chef and an organic market owner see an opportunity to help each other professionally and personally. (2023, PG, 91min) ★★

11.00 **Lucky Hearts** Romantic comedy. (2023, PG, 89min) ★★
1.00 AM **Groundswell** Romantic comedy. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **Love Hacks** Drama. (2022, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Sherlock Holmes** (S1)
6.35 **Double Confession** Crime drama starring Derek Farr. (1950, b/w, PG, 85min) ★★★
8.15 **Your Money or Your Wife** Comedy starring Donald Sinden. (1959, b/w, PG, 91min) ★
10.00 **Nell Gwyn** Costume drama. (1934, b/w, U, 85min) ★★★
11.25 **Orders Are Orders** Comedy. (1954, b/w, U, 78min) ★★★

1.00 PM **Rebecca** 1/2. Dramatisation of the Daphne du Maurier novel, starring Emilia Fox.
3.00 **Crown Court** Triple bill
4.30 **My Brother Jonathan** Drama starring Michael Denison, Dulcie Gray and Ronald Howard. (1947, b/w, PG, 107min) ★★★
6.40 **Look at Life**
6.55 **Those British Faces**
7.30 **The Cheaters** 10/12. (S1)
8.00 **The Brothers** 9/13. (S6)
9.05 **Travelling Man** 2/7. (S2)
10.10 **The Gold Robbers** 12/13. (S1)

11.15 **The Tell-tale Heart** Horror. (1960, b/w, 18, 78min) ★★★
12.55 AM **A Child is Waiting** Drama. (1963, b/w, PG, 102min) ★★
3.00 **The Strange Woman** Period drama starring Hedy Lamarr. (1946, b/w, PG, 100min) ★★★★
5.00 **to 6.00** AM **The Rogues**

Thursday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** A look at today's early stories.
10.15 LIVE **Women's State of Origin New South Wales Sky Blues v Queensland Maroons.** Coverage of the second game of the annual three-match series staged at Allianz Stadium in Sydney. Kick-off **10.45am**.
12.30 PM **Lunchtime Live** A look at the sports stories making the headlines this lunchtime.
1.00 LIVE **PGA Championship Golf** Coverage of day one of the second Major of the year at Quail Hollow Club in Charlotte, North Carolina. *See feature, page 28.*
7.30 LIVE **EFL** Coverage of the second League One play-off semi-final second-leg, with the team who finished fourth in the table hosting the side who finished fifth. Kick-off **8.00pm**.
10.00 LIVE **PGA Championship Golf** Continued coverage of day one of the second Major of the year staged at Quail Hollow Club in Charlotte, North Carolina.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years** A look back at the 1998/99 season.
3.00 **PL Retro** Chelsea v Tottenham Hotspur in the 2015/16 season.
5.00 **Best PL Goals 2000/01** A selection of memorable strikes.
6.00 **Premier League 100: Peter Schmeichel** A look at the career of the former goalkeeper.
6.30 **Premier League 100 Club**
7.00 **The Big Interview**
7.30 **Premier League Stories**
8.00 **Gary Neville's Soccerbox**
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Premier League Icons** Luis Suarez and Ruud van Nistelrooy.
11.00 **Premier League Years** A look back at the the 1999/00 season.
1.00 AM **PL Retro** Leicester City v Manchester United from 2014.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2016/17 play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2017 final.
12.00 NOON **EFL** Another chance to see the first League One play-off semi-final second-leg.
2.00 PM **SPFL Highlights**
2.15 **EFL Highlights** Championship.
3.15 **SPFL Highlights**
3.30 **EFL Highlights**
4.00 **WSL** Action from a recent match.
4.30 **Bundesliga Highlights Show**
5.30 **EFL Highlights** League One.
6.00 **Bundesliga Weekly**
6.30 **SPFL Highlights**
6.45 **EFL Greatest Games**
7.00 **EFL Highlights**
7.30 LIVE **EFL** Coverage of the second League One play-off semi-final second-leg, with the team who finished fourth in the table hosting the side who finished fifth. Kick-off **8.00pm**.
10.45 **Scottish Premiership Round-Up**
11.00 **SPFL Highlights**
11.15 **EFL Greatest Games**
11.30 **EFL Highlights** Play-offs.
12.30 AM **SPFL** Archive action.
1.30 **SPFL Greatest Games**
5.30 **to 6.00** AM **Best Scottish Premiership Goals 2023/24**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** A chance to see Gujarat Titans v Lucknow Super Giants.
10.10 **Ashes Greats** Action from 2001.
10.30 **Best of ICC WT20**
11.00 **IPL** Delhi Capitals v Gujarat Titans. **12.00** NOON Chennai Super Kings v Rajasthan Royals. **1.00** PM Royal Challengers Bengaluru v Sunrisers Hyderabad. **1.55** Highlights from Gujarat Titans v Lucknow Super Giants.
2.50 LIVE **IPL Mumbai Indians v Delhi Capitals.** Coverage of the T20 match from Wankhede Stadium, Mumbai. The hosts won this fixture last year when the two sides met early on in the season in a high-scoring game.
7.00 **Ashes Greats** Archive action.
7.30 **Best of ICC WT20**
8.00 **IPL** Highlights from Gujarat Titans v Lucknow Super Giants. **9.00** Action from Mumbai Indians v Delhi Capitals. **10.00** Royal Challengers Bengaluru v Sunrisers Hyderabad. **11.00** Highlights of Mumbai Indians v Delhi Capitals.
12.00 M'T **IPL** Recent action from India.
5.10 AM **Ashes Greats**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Champs Official Film 2010** From Wisconsin.
7.00 **PGA Champs Official Film 2012** From South Carolina.
8.00 **PGA Champs Official Film 2014** From Valhalla Golf Club.
9.00 **PGA Tour**
10.00 **Asian Tour**
11.00 **HotelPlanner Tour Highlights** Challenge De Espana.
11.30 **McGinley & Chamblee at the PGA Championship**
1.00 PM LIVE **PGA Championship** Day one of the second Major of the year at Quail Hollow Club in Charlotte. Rory McIlroy will be looking to add another Major to his collection after his Masters win last month. *See feature, page 28.*
12.00 M'T **PGA Tour** The Oneflight Myrtle Beach Classic.
1.00 AM **HotelPlanner Tour Highlights** Challenge De Espana.
1.30 **Golf Academy** Expert tips.
3.00 **PGA Championship**
4.00 **PGA Champs Official Film 1999**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
12.00 NOON LIVE **WTA & ATP Tennis** Coverage from the Tours.
2.00 PM LIVE **WTA & ATP Tennis** Coverage of the 10th day of the Internazionali BNL d'Italia from Foro Italico in Rome, featuring the first women's semi-final and two concluding men's quarter-finals.
10.00 **ATP Tennis** Madrid Open final.
11.00 **WTA Tennis** Madrid Open final.
12.00 M'T **ATP Tour This Week**
12.30 AM **WTA All Access**
1.00 **ATP Tennis** Marrakech Open.
2.00 **Mirra Andreeva Podcast 2024**
2.15 **Bitesize Tennis** Highlights.
2.45 **Tim Henman Podcast 2024**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Cycling: Men's Giro d'Italia**
7.00 **The Breakaway** Analysis.
7.30 **The WRC Magazine**
8.00 **FIA World Endurance Championship Highlights**
9.00 **Premier League Stories**
9.30 **Premier League Reload** A whirlwind catch-up from the weekend's top-flight matches.
9.45 **Premier League Netbusters** The best action from the top flight.
10.15 LIVE **Cycling: Men's Giro d'Italia** Coverage of the sixth stage of the race in Italy, a 226km route from Potenza to Napoli.
5.00 PM **Premier League Stories**
5.30 **Premier League: Big Interview**
6.00 **Serie A – Full Impact**
6.30 **MotoGP Highlights**
7.30 **MotoE Highlights**
8.00 LIVE **MLB Toronto Blue Jays v Tampa Bay Rays.** Coverage of the American League East match from Rogers Centre. Start-time **8.07pm**.
11.15 **MLB: Off the Bat**
11.45 **TNT Sports Reload**
12.00 M'T **NBA** A play-off match.
1.30 AM LIVE **NBA** Coverage from a play-off match.
4.00 **to 6.00** AM **NBA Classic**

TNT Sports 2

411 414 522 409 431

6.00 AM **Serie A** Action from Italy.
8.00 **Ally's Social Club**
8.46 **The Rugby Review**
9.30 **TNT Sports Reload**
10.00 **Serie A – Full Impact**
10.30 **British Speedway**
11.30 **Ultimate Pool** Recent action.
1.00 PM **Premier League Netbusters**
1.30 LIVE **Men's Cycling Pro Series** The second stage of the Tour of Hungary, a 178km route.
3.30 **TNT Sports Reload**
4.00 **Serie A – Full Impact**
4.30 **MLB Highlights**
5.30 LIVE **MLB Baltimore Orioles v Minnesota Twins.** The American League match from Camden Yards. Start-time **5.35pm**.
8.45 **MLB: Off the Bat**
9.15 **TNT Sports Reload**
9.30 **MotoGP Highlights**
10.30 **Premiership Rugby Union** Leicester Tigers v Sale Sharks. **11.30** Highlights from Saracens v Newcastle Falcons.
12.30 AM **Premiership Rugby Union**
3.30 **The Rugby Review**
4.15 **Serie A – Full Impact**
4.45 **In My Blood** Newcastle United.
5.15 **to 6.00** AM **WRC: More Than Machine**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Premier League Darts**
10.00 LIVE **Women's State of Origin New South Wales Sky Blues v Queensland Maroons.** Coverage of the second game of the annual three-match series staged at Allianz Stadium in Sydney. Kick-off **10.45am**.
12.45 PM **State of Origin Rugby League** Recent highlights.
3.45 **Top Rank Boxing Archive**
4.00 **Fight Night International**
6.00 **Women's State of Origin**
7.00 **Super League Highlights** Wigan Warriors v Hull Kingston Rovers in the 2024 Grand Final. **7.15** Catalans Dragons v Leeds Rhinos from 2024.
7.30 LIVE **Super League St Helens v Catalans Dragons.** Coverage of the match in the 11th round of fixtures staged at Totally Wicked Stadium. Kick-off **8.00pm**.
10.15 **Women's State of Origin**
11.15 **My Icon** Sporting influences.
12.00 M'T **Super League**
2.45 AM **Women's State of Origin**
3.45 **Fight Night International**
4.45 **My Icon** Maggie Alphonsi.
5.00 **to 6.00** AM **Women's State of Origin**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News** A round-up of the latest sports news with live analysis and comment, plus extended interviews with headline makers.
7.00 **Good Morning Sports Fans** Views on today's early stories and a look at the back pages.
10.00 **The Football Show** A look at all the major stories making the football headlines this morning.
12.00 NOON **Lunchtime Live** A look at all the sports stories making the headlines this lunchtime.
2.00 PM **Sports Desk** Sports news with live analysis and comments.
5.00 **Sports Centre** A round-up of the latest sports news.
7.00 LIVE **Premier League Darts** Coverage of night 15 of the tournament staged at P&J Live, Aberdeen, with a format featuring quarter-finals, semi-finals and a final all in one night. The quarter-finals are Michael van Gerwen v Nathan Aspinall, Gerwyn Price v Stephen Bunting, Chris Dobey v Rob Cross, and Luke Littler v Luke Humphries.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Pakistan Super League**
9.00 **PGA Tour Golf**
10.00 **ATP Tennis** Madrid Open final.
11.00 **WTA Tennis** Madrid Open final.
12.00 NOON **Premier League Darts**
4.00 PM **Fight Night** Two bout replays.
6.00 **EFL Greatest Games**
7.00 **Pakistan Super League**
8.00 **ATP Tennis** Highlights from the Madrid Open men's final.
9.00 **WTA Tennis** Highlights from the Madrid Open women's final.
10.00 **PDC Classics** Archive action.
11.00 **IPL** Highlights of Mumbai Indians v Delhi Capitals. **12.00** M'T Action from Gujarat Titans v Lucknow Super Giants.
1.00 AM **Pakistan Super League**
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 3

413 415 523 410 432

6.00 AM **Ultimate Pool**
7.30 **Training Day** Nottingham Forest.
7.45 **TNT Sports Reload**
8.15 **O Arise, All You Sons**
9.15 **Cycling: Giro d'Italia**
10.15 LIVE **Cycling: Men's Giro d'Italia** Coverage of the sixth stage of the race in Italy, a 226km route from Potenza to Napoli.
5.00 PM **TNT Sports Reload**
5.30 **Ultimate Pool** Recent action.
7.00 LIVE **World Rally Championship** Special stage one of the Rally de Portugal, the fifth round of the season.
9.00 **AFL** Another chance to see Gold Coast Suns v Hawthorn Hawks.
10.30 **Cycling: Men's Giro d'Italia**
11.30 **The Breakaway** Analysis.
12.00 M'T **Men's Cycling Pro Series**
1.00 AM **British Speedway**
2.00 **Cycling: Men's Giro d'Italia**
3.00 **The Breakaway** Analysis.
3.30 **Men's Cycling Pro Series**
4.30 **to 6.00** AM **AFL**

TNT Sports 4

414 416 524 411 434

6.00 AM **Motocross World Championship** In Lugo, Spain.
9.00 **MotoGP Highlights**
10.00 **MotoE Highlights**
10.30 LIVE **AFL Gold Coast Suns v Hawthorn Hawks.** Coverage of the match staged at TIO Stadium in Darwin. Bounce-up **10.30am**.
1.30 PM **MLB Highlights**
2.30 **The WRC Magazine**
3.00 **NBA** A play-off match.
4.30 **NBA Action** Highlights.
5.00 **British Speedway**
6.00 **European Rally Championship Highlights** The Rally Hungary.
6.30 **NBA Action** Highlights.
7.00 **NBA** A play-off match.
8.30 **Serie A – Full Impact**
9.00 **UFC** A replay of Belal Muhammad v Jack Della Maddalena.
12.00 M'T **Fight Week** UFC 315 review.
12.30 AM **Rise of the UFC**
2.00 **UFC Fight Flashback**
4.00 **Fight Week** UFC 315 review.
4.30 **to 6.00** AM **Ultimate Pool**

Premier Sports 1

419 551

6.00 AM **DTM Highlights**
7.00 **PSA Squash Highlights**
8.00 **World Surf League**
9.00 **URC in 60** Recent action.
10.00 **Euro Le Mans Highlights**
11.00 **LaLiga Highlights**
12.00 NOON **Scottish Football**
1.00 PM **NASCAR Highlights**
2.00 **DTM Highlights**
3.00 **Top 14 Rugby Union Highlights**
3.30 **Women's Football Weekly**
4.00 **World Surf League**
5.00 LIVE **LaLiga Osasuna v Atlético Madrid.** Kick-off **6.00pm**.
8.00 LIVE **LaLiga Espanyol v Barcelona.** Kick-off **8.30pm**.
11.30 **Sporting Countdowns**
12.00 M'T **Scottish Football Social Club**
1.00 AM **Michelin Le Mans Cup**
1.30 **Women's Football Weekly**
2.00 LIVE **NHL Ice Hockey** Coverage of a play-off match.
5.00 **Sporting Greats**
5.30 **to 6.00** AM **Sporting Countdowns**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
7.00 **LaLiga** Alavés v Valencia.
9.00 **Coppa Italia** Bologna v AC Milan.
11.00 **FastZone** Motorsport highlights.
11.30 **NHL Ice Hockey**
1.30 PM **GP Confidential**
2.00 **LaLiga News**
2.30 **FastZone** Highlights show.
3.00 **Coppa Italia** Bologna v AC Milan.
5.00 **FastZone** Motorsport highlights.
5.30 **LaLiga Match Highlights**
5.40 **LaLiga Specials**
5.55 LIVE **LaLiga Rayo Vallecano v Real Betis.** Kick-off **6.00pm**.
8.00 **LaLiga Match Highlights**
8.25 LIVE **LaLiga Getafe v Athletic Bilbao.** Kick-off **8.30pm**.
10.30 **LaLiga Specials**
11.00 **Football's Greatest**
11.30 **NHL: This is Hockey**
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Football's Greatest**
3.30 **Temples of Sport**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Recent highlights.
8.30 **F1 Academy: Weekend Wrapped** Miami Grand Prix.
9.00 **Formula 1** Highlights from the Emilia Romagna Grand Prix.
2.00 PM **F1 Drivers Press Conference**
2.40 **Formula 1** Season highlights.
3.00 **Formula 1** The Miami Grand Prix.
4.00 **F1 Drivers Press Conference**
4.40 **Formula 1** Recent highlights.
5.00 LIVE **Indycar** The Indianapolis 500 fifth practice session.
9.00 LIVE **Indycar** The Indianapolis 500 sixth practice session at Indianapolis Motor Speedway.
11.00 **Formula 1** Emilia Romagna.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

16 May

Evening Planner

Fantasy Comedy

Beetlejuice Beetlejuice
Sky Premiere, 12.25pm & 8pm
Michael Keaton reprises his role as the creepy ghoul Betelgeuse, who again sets his sights on Lydia (Winona Ryder).

OnDemand

tv+

Murderbot
Available today
Alexander Skarsgård stars in this comedic sci-fi thriller as a security cyborg that has broken free of its program.

OnDemand

Disney+

Welcome to Wrexham
Available today
As the docuseries returns, Wrexham kick off the season in League One after back-to-back promotions.

OnDemand

tv+

Deaf President Now!
Available today
The story of the historic protests at Gallaudet University for the deaf in 1988.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Lost and... †	8.00 Would I Lie to...	8.30 Alison...	9.00 Have I Got...	9.30 Austin	10.00 News; Local News	10.40 Man...
	102 BBC2	7.00 Richard...	7.30 Beechgrove...	8.00 Gardeners' World		9.00 Hidden Treasures of the National Trust		10.00 Red Dwarf	10.30 Newsnight
	103 ITV1	◂ 6.30 News †	7.30 Emmerdale	8.00 Coronation Street		9.00 Martin Clunes' Islands of the Atlantic		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Millionaire Hoarders		9.00 Gogglebox		10.00 Open House: The Great Sex...	
	105 5	7.00 Corfu: Jewel of the Med		8.00 Cruising with Susan Calman		9.00 Michael Portillo's Travel Diaries		10.00 70s TV We Loved & Lost	
	106 SKY SHOWCASE	7.00 The F1 Show		8.00 Joe Lycett's United States of...		9.00 Hacks			10.20 Sex and the City
ENTERTAINMENT	115 BBC3	7.00 Film: Paddington 2				9.00 Confessions of a Teenage Fraudster			
	116 BBC4	7.00 TOTP: 1997		8.00 TOTP: 1989	8.30 TOTP: 1984	9.00 TOTP: 1985		10.00 Kate Bush at the BBC	
	118 ITV2	7.00 Deal or No Deal		8.00 Wheel of Fortune		9.00 Film: Pacific Rim			
	136 MORE4	◂ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 Panda		10.10 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 Dance Moms: A New Era		9.00 Film: The Transporter			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
	108 SKY ATLANTIC	◂ 6.50 Billions		7.55 Game of Thrones		9.00 The Last of Us		10.00 The Undoing	
	110 U&GOLD	7.00 Dad's Army	7.40 Only Fools and Horses			9.00 The Fast Show	9.35 Absolutely Fabulous		10.15 Film: Bottom: Hooligans...
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Scott & Bailey	
	120 ITV4	◂ 6.30 British Touring Car Championship...		8.00 Beat the Chasers		9.00 Film: Mission: Impossible II			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Whose Line Is It Anyway? USA	
	139 SKY SCI-FI	7.00 Fact or Faked: Paranormal Files		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Joe Lycett's United States of...		9.00 Hacks			10.20 Peacemaker
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 Beyond Paradise			10.20 Death in Paradise
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Classic Albums		9.00 AC/DC: Live at Donington			
	132 U&W	7.00 Emergency: First Time Medics		8.00 Inside the Ambulance: Coast and...		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Gold Rush: White Water		9.00 Expedition X		10.00 Blowing Up History	
	162 ANIMAL PLANET	7.00 Crikey! It's the Irwins		8.00 Dr Jeff: Rocky Mountain Vet		9.00 I Was Prey		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation				9.00 Airport Security: Rome		10.00 Amsterdam Central 24/7	
	123 SKY HISTORY	7.00 Forged in Fire				9.00 Buried: Knights Templar and the Holy...		10.00 Ancient Aliens	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Abandoned Engineering		9.00 Tony Robinson's Marvellous Machines		10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	7.00 David Frost Vs		8.00 Hitsville: The Making of Motown				10.00 The United Way	
FILMS - Sky Cinema	301 PREMIERE	◂ 6.10 Trap		8.00 Beetlejuice Beetlejuice				10.00 Speak No Evil	
	302 TOM CRUISE	◂ 6.00 Days of Thunder		8.00 Edge of Tomorrow				9.55 Vanilla Sky	
	303 MEGA HITS	◂ 6.05 Men in Black		8.00 Inception					10.30 It
	304 CULT CLASSICS	◂ 6.25 Planes, Trains and Automobiles		8.00 Airplane!			9.30 Airplane II – The Sequel		
	305 ANIMATION		7.20 Hotel Transylvania			8.55 The Swan Princess: The Secret of the Castle			10.15 Batman Unlimited: Animal...
	306 FAMILY	◂ 5.50 The Spiderwick...	7.35 The SpongeBob SquarePants Movie				9.15 Patch Adams		
	307 ACTION	◂ 5.05 Saving Private Ryan		8.00 Aquaman					10.25 Baby Driver
	308 COMEDY	◂ 6.00 Click		8.00 The Sting				10.10 48 Hrs	
	309 THRILLER	◂ 6.05 Mona Lisa and the Blood Moon		8.00 Ocean's Eleven				10.00 In the Line of Fire	
	310 DRAMA	◂ 6.00 Chicago		8.00 The Shawshank Redemption					10.25 The Color Purple
	311 SCI-FI	◂ 6.15 The Woman in Black		8.00 A Quiet Place: Day One			9.45 The Exorcist: Believer		
	313 FILM4	◂ 6.45 Charlie's Angels				9.00 Bloodshot			
SPORT	401 MAIN EVENT	7.00 FNF – Live: Chelsea v Manchester United (Kick-off 8.00)							10.30 Golf – Live
	402 PREMIER LEAGUE	7.00 FNF – Live: Chelsea v Manchester United (Kick-off 8.00)							
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Coverage of the first League Two play-off semi-final second-leg match (Kick-off 8.00)						
	404 CRICKET	7.00 Pakistan Super League – Live		8.00 Best of ICC WT20		9.00 IPL			
	410 TNT SPORTS 1	7.00 Gallagher Premiership Rugby Union – Live: Sale Sharks v Bristol Bears (Kick-off 7.45)						10.00 UEFA Magazine	10.30 FIA World...
	411 TNT SPORTS 2		7.15 MLB – Live: Chicago Cubs v Chicago White Sox (Start-time 7.20)						10.30 V8 Supercars...

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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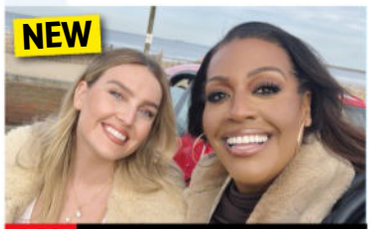
Friday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition From Ardingly, West Sussex. (S)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Shakespeare & Hathaway: Private Investigators** *And Rarest Parts:* Frank and Lu investigate a case of paranormal activity. (S)(R)
2.45 **Expert Witness** (S)(R)
3.15 **Escape to the Country** (S)(R)(AD)
3.45 **The Bidding Room** Series finale Items include a gym horse. (S)
4.30 **The Finish Line** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)



8.30 Alison Hammon's Big Weekend

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **Lost and Found in the Lakes** The scuba team members dive to their greatest depth yet in search of a drone for a pair of heartbroken newlyweds. (S)(R)

8 PM

8.00 **Would I Lie to You?** Guests include Gabby Logan and Chris McCausland. (S)(R)
8.30 NEW SERIES **Alison Hammond's Big Weekend** 1/6. Alison spends 48 hours with pop star Perrie Edwards. (S)(AD)
■ Entire series on BBC iPlayer

9 PM

9.00 **Have I Got News for You** New edition 7/10. Stephen Mangan hosts the quiz. (S)
9.30 **Austin** New episode *A Rough Cut:* 7/8. Ingrid rediscovers a former passion. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Man Like Mobeen** 5/6. In Turkey, Istanbul offers many distractions, and Mobeen struggles to keep the gang focused. (S5) (S)(R)(AD)
11.05 **Man Like Mobeen** 6/6. Mobeen and the gang face Khan in a final showdown. (S5) (S)(R)(AD)
11.30 FILM **Bodies Bodies Bodies** Horror comedy starring Amandla Stenberg, Maria Bakalova and Rachel Sennott. A murder-mystery game in a remote mansion leads to a genuine slaughter. (2022, 15, 90min) ★★★★
1.00 AM **Celebrity Bridge of Lies** (S)(R)
1.45 **Weather for the Week Ahead** (S)
1.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **The Bidding Room** (S)(R)
8.00 **Sign Zone: Chronicles of the Glens** Spring in the Glens of Antrim. (S)(R)
8.30 **Sign Zone: Jules and Greg's Wild Swim** The Isle of Skye. (S)(R)(AD)
9.00 **BBC News** (S)
12.30 PM **Political Thinking with Nick Robinson** Topical discussion. (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Lightning** Game show. (S)(R)
2.15 **Unbeatable** Quiz show. (S)(R)
3.00 **Villages by the Sea** (S)(R)
3.30 **Hidden Kingdoms** (S)(R)(AD)
4.30 **Flog It!** Paul Martin presents a collection of the best finds. (S)(R)
5.00 LIVE **Athletics: Diamond League Doha** Coverage of the Jetour Doha Meeting, the third round of the campaign, staged at Suheim bin Hamad Stadium. (S)

8.00 Gardeners' World

7 PM

7.00 **Richard Osman's House of Games** With Craig Doyle. (S)(R)
7.30 **Beechgrove Garden** New edition Calum Clunie and George Anderson plant out the onions that Calum started as seeds just before Christmas. (S)

8 PM

8.00 **Gardeners' World** New edition Monty Don is busy planting foxgloves and planting out his tomatoes, Carol Klein offers more inspiration with planting combinations, and Ashley Edwards travels to Holker Hall in Cumbria. (S)

9 PM

9.00 NEW SERIES **Hidden Treasures of the National Trust** 1/6. At Hill Top in Cumbria, Beatrix Potter's dolls' house undergoes major renovation. (S)
■ Entire series on BBC iPlayer

10 PM

10.00 **Red Dwarf** *White Hole:* 4/6. Lister and Rimmer put their lives in danger while trying to boost Holly's IQ. (S4) (S)(R)
10.30 **Newsnight** (S)
11.00 FILM **Eastern Promises** Director David Cronenberg's thriller starring Viggo Mortensen and Naomi Watts. A London midwife gets mixed up with the Russian mafia after delivering the baby of a dying 14-year-old girl and finding her diary. (S) (2007, 18, 100min) ★★★★
12.40 AM **Sign Zone: Who Do You Think You Are?** Ross Kemp. (S)(R)(AD)
1.40 **Sign Zone: Robson Green's Weekend Escapes** (S)(R)(AD)
2.10 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.50 **Local News** (S)
2.00 LIVE **Racing** Ed Chamberlin and Francesca Cumani host coverage of day three of the Dante Meeting from York, where the Yorkshire Cup is the feature race. (S)
4.30 **Tipping Point: Best Ever Finals** New edition Compilation of some of the most dramatic endgames from the game show. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Islands of the Atlantic

7 PM

7.30 **Emmerdale** Moira discovers the leak, contaminated water causes a risk to health, while Mack feels terrible. (S)(AD)

8 PM

8.00 **Coronation Street** Kit has flashbacks to his childhood, Gary, Mick, Maria and Lou clash over recent events, while Bernie demands to know why Kit is covering for Mick. (S)(AD)

9 PM

9.00 **Martin Clunes' Islands of the Atlantic** Series finale 3/3. Martin explores the windswept Faroe Islands and their Viking heritage, before completing his journey in Greenland. (S)(AD)
■ Entire series on ITVX

10 PM

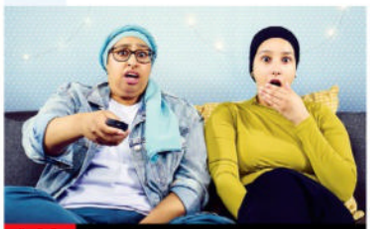
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 FILM **Around the World in 80 Days** Comedy adventure starring Jackie Chan and Steve Coogan. In late-Victorian London, eccentric English inventor Phileas Fogg sets out to circumnavigate the globe in 80 days. With Cécile de France. (S) (2004, PG, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.55 AM **Teleshopping**
3.00 **Martin Clunes' Islands of the Atlantic** 2/3. The actor visits Madeira and the Azores. (S)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Katie Piper's Weekend Escape** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 17-20/25. (S3) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 8-11/24. (S8) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** Horse-lovers Mel and James seek a property in Mijas Pueblo in Spain. (S)(R)
4.00 **Narrow Escapes** New edition Joe invites guests aboard *Maddox* for her maiden voyage. (S)(AD)
5.00 **Chateau DIY** Nicole and Nick struggle to install a kitchen before the arrival of their first baby. (S)(R)
6.00 **A Place in the Sun** New edition Laura Hamilton helps a couple who hope to buy a holiday home within easy reach of Rome. (S)



9.00 Gogglebox

7 PM

7.00 **News** (S)
7.55 **The Political Slot** Shadow Home Secretary Chris Philp MP highlights the Conservatives' call for a national inquiry on grooming gangs operating in the UK. (S)

8 PM

8.00 **Millionaire Hoarders** New edition Rita seeks advice on arranging, valuing and selling an inherited collection of clocks, while Kevin sets out to downsize his huge collection of dresses. (S)(AD)

9 PM

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10 PM

10.00 **Open House: The Great Sex Experiment** New edition 2/8. Having bottled out in the past, Welsh couple Jonny and Sarah try to overcome their nerves, as they plan to practise sex with other people for the first time. (S)(AD)
11.05 FILM **Scream** Horror sequel with Neve Campbell. Twenty-five years after a streak of brutal murders shocked a quiet town, a new killer targets a group of teenagers. (S) (AD) (2022, 18, 125min) ★★★★
1.10 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
2.00 **Undercover Boss USA** (S)(R)
2.55 **Come Dine with Me** (S)(R)(AD)
5.15 **to 6.00** AM **Location, Location, Location** (S)(SL)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley and Guests** (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **The Replacement Daughter** Thriller starring Stacy Haiduk and Emily Miceli. (S) (2024, PG, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** Husband and wife John and Vita hope to attract diners to their new restaurant. (S)(R)(AD)
5.00 **News** (S)
6.00 **Secrets of the Royal Traditions** A look at coronations, examining the rituals and customs that play a vital role in the crowning of a new monarch. (S)(R)
6.55 **News** (S)

7.00 Corfu: Jewel of the Med

7.00 NEW **Corfu: Jewel of the Med** Joanna Lumley narrates a profile of Corfu, as cameras follow locals and tourists, view local cuisine and explore ancient traditions. (S)
7.55 **News** (S)

8.00 **Cruising with Susan Calman** The comedian explores Greece and the Aegean Sea, beginning in Athens where she soaks up views of the Acropolis, followed by a lively sailaway party. (S)(R)

9.00 **Michael Portillo's Travel Diaries** 2/3. The presenter explores Prague's vibrant food scene, a secret bunker, and a centuries-old craft in 'the city of a hundred spires'. (S)(R)

10.00 **70s TV We Loved & Lost** Three modern families enjoy a night of prime-time TV from the 1970s, to discover what people watched, how they watched it and what it says about the different eras. (S)(R)

11.30 **Most Shocking Celebrity Moments** A look back at infamous incidents from the 1990s, including OJ Simpson's live TV car chase and Eric Cantona kicking a fan. (S)(R)
1.25 AM **PlayOJO Live Casino Show**
3.25 **Friends** (S4) (S)(R)(AD)
4.40 **Nick Knowles' Big House Clearout** In Suffolk. (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S7) (R)
11.00 **Africa's Hunters** (S)(R)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S5) (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 21/23. (S2) (S)(R)(AD)
5.00 **The Simpsons** *Lisa's Substitute:* Lisa develops a crush on her supply teacher. (S)(R) **5.30** *Itchy & Scratchy & Marge:* Marge leads a protest against violence on TV. (S)(R)
6.00 **The Office (US)** 2/28. Part two of two. Andy plans his wedding to Angela, while she continues her affair with Dwight. (S)(R) **6.30** 3/28. Holly holds a seminar on ethics. (S5) (S)(R)

9.00 Hacks

7.00 **The F1 Show** A look ahead to the Emilia Romagna Grand Prix, the seventh round of the season, held at Autodromo Enzo e Dino Ferrari in Imola, Italy.

8.00 **Joe Lycett's United States of Birmingham** 4/4. Joe's mission takes him to his final Birmingham, located in Alabama, where he takes in the history and hospitality of America's Deep South. (S)(R)(AD)

9.00 **Hacks** New episodes *D'christening:* 7/10. Comedy drama starring Jean Smart as comedian Deborah Vance. **9.40** *Witch of the Day:* 8/10. Comedy drama starring Jean Smart and Hannah Einbinder. (S4)

10.20 **Sex and the City** *Anchors Away:* 1/8. Charlotte decides that her marriage is over, Miranda gets to grips with the responsibilities of motherhood, while Carrie wonders whether she has already missed out on happiness. (S5) (S)(R)

11.00 **Sex and the City** *Unoriginal Sin:* 2/8. Samantha admits she is seeing Richard again, but does not receive the kind of support she had hoped for from her friends. (S5) (S)(R)
11.40 **The Force: North East** (S)(R)
1.35 AM **Road Wars** (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 21/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.30-8.00pm Landward (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
7.30-8.00pm NEW SERIES Suzie Lee's Great Food Made Simple (S)

WALES
Sky 965, Virgin 864, Freesat 965
7.30-8.00pm Best of Weatherman Walking: North Walian Wanders New edition (S) **10.40** Rewind: 60 Years of Welsh Pop (S)(R) **11.10** Man Like Mobeen (S)(R)(AD) **12.00m't** FILM Bodies Bodies Bodies (2022, 15, 90min) ★★★★ **1.30-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
5.55pm LIVE Scrum V (S) **8.00** Richard Osman's House of Games (S)(R) **8.30** Gardeners' World New edition (S) **9.30-10.30pm** NEW SERIES Hidden Treasures of the National Trust (S)(AD)

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Vanished Wales New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cais Quinnell **12.30** Heno **1.00** Ceffylau Cymru **1.30** Cartrefi Cymru **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Alun, Chris a Kiri yn Seland Newydd **4.00** Awr Fawr **5.00** Stwnsh **6.00** Pen Llyn Harri Parri (AD) **6.30** Garddio a Mwy **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Y Fets **8.55** Newyddion a'r Tywydd **9.00** Strip New editions **9.35** Y Llinell Las (AD) **10.35-11.40pm** Der' Dramor 'Da Fi! (AD)

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM FILM **Paddington 2** Comedy adventure sequel featuring the voice of Ben Whishaw. The bear's search for the perfect present for his aunt leads to being framed as a thief. (2017, PG, 104min) ★★★★★
8.35 **The Catch Up**
8.40 NEW **The Cast of Paddington in Peru with Ali Plumb** Interviews with Olivia Colman, Antonio Banderas and Ben Whishaw.
9.00 **Confessions of a Teenage Fraudster** 1/3. The story of a 16-year-old call centre worker who embarked on a five-year crime wave. **9.45** 2/3. Following the continuation of Elliot Castro's period as a fraudster. **10.30** 3/3. Elliot faces deportation to the UK.
11.15 **Glow Up: Britain's Next Make-Up Star**
12.15 AM **I Kissed a Boy**
1.55 **Ashley Cain: Into the Danger Zone**
2.55 **to 3.55** AM **Charlotte in Sunderland**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1997** Featuring Louise, All Saints, Mary J Blige and Steven Houghton. **7.30** With M-People, Kylie Minogue, The Verve, Todd Terry and Paul Weller.
8.00 **TOTP: 1989** Performances by Shakin' Stevens, Deacon Blue and Neneh Cherry.
8.30 **TOTP: 1984** Featuring Marillion, Hazell Dean, Ultravox and Duran Duran.
9.00 **TOTP: 1985** Performances by Madness, Wham!, Lionel Richie and Feargal Sharkey. **9.30** Music by The Cars, Baltimora, Kate Bush, Princess and Madonna.
10.00 **Kate Bush at the BBC** A compilation of the singer's performances at the BBC between 1978 and 1994.
11.00 **Pet Shop Boys: Live in Hyde Park** From 2019.
12.10 AM **The 80s: Music's Greatest Decade?**
1.10 **Bananarama: Young Guns Go for It**
1.40 **TOTP: 1997** Double bill.
2.40 **TOTP: 1989** As 8.00pm.
3.10 **to 3.40** AM **TOTP: 1984**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
11.00 **A New Life in the Sun**
12.00 NOON **A Place in the Sun**
2.35 PM **Come Dine with Me** From Peterborough.
5.15 **Four in a Bed** The competition begins at The Oak in Charing, Kent. **5.45** A visit to The White Lady in Worstead, Norfolk. **6.20** From Cranleigh House in Combe Martin, Devon. **6.50** The final visit of the week is to Beaches B&B in Paignton, Devon.
7.25 **Four in a Bed** The winning guest house is announced.
7.55 **Kirstie and Phil's Love It or List It** Kirstie and Phil meet Lucy and Lynton in East Grinstead, West Sussex, who are unsure whether to renovate or sell their home.
9.00 **Panda** New episode *Demon of Midnight:* 3/6. A stabbing leads the team to a bar by the sea that is known for its wild karaoke nights. Subtitled. (S1)
10.10 **24 Hours in A&E** A man is brought in after falling off his ladder while gardening. **11.15** A motorcyclist who lost control and went over the handlebars at high speed is sent for an urgent CT scan.
12.20 AM **999: On the Front Line** Medical series.
1.20 **24 Hours in A&E**
3.30 **to 4.00** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Triple bill.
8.00 **Dance Moms: A New Era** New edition Audrey sets her sights on regaining her position as top dog, but new girl Gina puts a spanner in the works.
9.00 FILM **The Transporter** Action thriller starring Jason Statham and Shu Qi. An underworld courier discovers he is transporting a kidnapped Chinese woman and uncovers an international slavery ring. (2002, 15, 88min) ★★★
10.50 **Naked Attraction** Singletons from London and Liverpool look for love. **11.55** Naturist Ian, the show's oldest ever picker, looks for his perfect partner.
12.55 AM **First Dates**
1.55 **Gogglebox**
2.55 **Naked Attraction**
3.55 **Modern Family**
4.20 **to 6.00** AM **The Goldbergs**

+1 hr 235/236 306 30 123 256

Friday primetime primetime

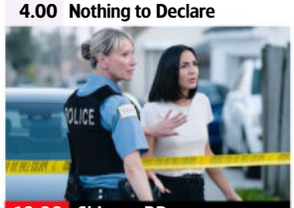
FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **The Real A&E**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S4)
1.00 PM **The Rookie: Feds** 9/22. Garza's character is called into question. (S1)
2.00 **FBI** 9/22. Leaked information leads to a double murder. (S1)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**



10.00 Chicago PD

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Chicago Med** New episode *Trust Fall:* 3/22. Goodwin receives a chilling message. (S10)

9 PM
9.00 **Chicago Fire** New episode *All Kinds of Crazy:* 3/22. Severide and Van Meter investigate a fire at a restaurant. (S13)

10 PM
10.00 **Chicago PD** New episode *Off Switch:* 3/22. Atwater teams up with a forensic psychologist on an armed robbery case. (S12)
11.00 **Matlock** 18/19. Billy helps Sarah with a murder case. (S1)
12.00 M'T **FBI** 12/19. (S2)
1.00 AM **FBI: Most Wanted** (S4)
2.00 **The Good Doctor** 13/20. (S4)
3.00 **The Cleaning Lady** 7/12. (S2)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **UK Border Force**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
8.00 **Boardwalk Empire** (S4&5)
10.10 **Billions** 11 & 12/12. (S3)
12.20 PM **Game of Thrones** (S3)
1.25 **Das Boot** 6&7/10. (S3)
3.35 **Boardwalk Empire** 12/12. Nucky sets out to kill Eli. (S4)
4.40 1/8. Nucky looks to the future as the end of Prohibition looms. (S5)
5.45 **Billions** 11/12. Chuck advances a dangerous plan. (S3)
6.50 12/12. Axe dominates a capital raise event, but is then challenged. (S3)

10.00 The Undoing

7.55 **Game of Thrones** *The Bear and the Maiden Fair:* 7/10. Tywin counsels the king, Daenerys exchanges gifts with a slave lord, and Melisandre reveals a secret to Gendry. (S3)

9.00 **The Last of Us** 5/7. Post-apocalyptic drama starring Pedro Pascal and Bella Ramsey. (S2)

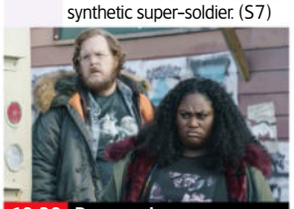
10.00 **The Undoing** *The Missing:* 2/6. Grace finds herself on the receiving end of detectives Mendoza and O'Rourke's questions. (S1)
11.05 **Homicide: Life on the Street** 11/22. Brodie screens his documentary. (S5)
12.10 AM **The Wire** 12/13. (S4)
1.25 **Gangs of Milan: Blocco 181**
3.50 **The Pacific** 7/10. (S1)
4.55 **to 6.00** AM **Game of Thrones**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S5)
8.00 **The Flash** 5/18. (S7)
9.00 **Stargate SG-1** (S7)
11.00 **Supergirl** 18/23. (S3)
12.00 NOON **The Flash** 6/18. (S7)
1.00 PM **Hawaii Five-0** (S5)
3.00 **SEAL Team** 2/22. (S1)
4.00 **S.W.A.T.** 21/23. The team come under investigation. (S2)
5.00 **Supergirl** 17/23. Kara braces herself for a battle against all three Worldkillers. (S3)
6.00 **Stargate SG-1** 11/22. Part one of two. The team encounter a synthetic super-soldier. (S7)



10.20 Peacemaker

7.00 **Stargate SG-1** *Evolution – Part Two:* 12/22. Daniel is taken hostage while searching for a device in South America. (S7)

8.00 **Joe Lycett's United States of Birmingham** 4/4. The comedian visits his final Birmingham, located in Alabama.

9.00 **Hacks** New episodes *D'christening:* 7/10. Comedy drama starring Jean Smart.
9.40 *Witch of the Day:* 8/10. Comedy drama starring Jean Smart. (S4)
10.20 **Peacemaker** *Better Goff Dead:* 3/8. Economos and Murn bond on their first official mission. (S1)
11.05 **Strike Back: Silent War** 4/10. Section 20's hunt for the warhead builds to a showdown with Vartak. (S7)
12.05 AM **The Force: North East**
2.00 **Road Wars**
3.00 **SEAL Team** 2/22. (S1)
4.00 **S.W.A.T.** 21/23. (S2)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
10.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Wheel of Fortune**
3.00 **Hart of Dixie** 10/22. Zoe upsets Wade. (S2)
4.00 **Gilmore Girls** 10/22. Lorelai and Christopher have a disagreement. (S7)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Alex Beresford, Sarah-Jane Crawford and Joe Absolom.

9.00 Pacific Rim

7.00 **Deal or No Deal** Stephen Mulhern hosts as Matt takes on the Banker for the chance to win a life-changing cash prize.

8.00 **Wheel of Fortune** Graham Norton hosts the game show as three contestants compete to win big money prizes.

9.00 **FILM Pacific Rim** Sci-fi action thriller starring Charlie Hunnam, Idris Elba and Rinko Kikuchi. Humanity creates giant fighting robots to repel alien monsters emerging through a breach in the Pacific Ocean. (2013, 12, 126min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.40 **Family Guy** 5/18. Lois displays skill as a boxer. (S9)
12.10 AM 18/21. (S2)
12.40 **American Dad!** (S6)
1.40 **Bob's Burgers** (S11)
2.35 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.25 **The Royal**
11.25 **Heartbeat** Double bill.
1.25 PM **Classic Emmerdale**
2.25 **Classic Coronation Street**
3.25 **Agatha Christie's Poirot**
4.30 **Downton Abbey** 8/9. Excitement is in the air as the wedding approaches. (S2)
6.00 **Heartbeat** *Laying the Ghost:* A newcomer intrigues the residents of Aidensfield.

8.00 Midsomer Murders

7.00 **Heartbeat** *Stop Gap:* A gang of bikers wreak havoc in Aidensfield, prompting the locals to demand a new bobby.

8.00 **Midsomer Murders** *Crime and Punishment:* A member of the Bleakridge Watch, a group of villagers who walk the streets reporting anyone who falls foul of the law, is found dead in his meat freezer. Guest stars Frances Barber.

10.00 **Scott & Bailey** 8/8. When Cal Pritchard's widow smells alcohol on Gill's breath, she tries to discredit the case. (S4)
11.00 **Scott & Bailey** 1/3. Rachel steps up to acting DI. (S5)
11.55 **Cracker** 8/9. (S2)
12.55 AM **Where the Heart Is**
1.50 **The Royal**
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **LIVE Football: Sportscene – Premiership Play-Off** Coverage of the second leg of the Premiership play-off semi-final, as the team that finished second in the Championship host the winners of the quarter-final. Kick-off is at 7.45.
10.00 **Still Game** 3/6. Jack falls in love with a woman who works in the local charity shop. (S1)
10.30 **Sacked in the Morning** New edition 3/10. With guest Dean Saunders.
11.00 PM **to 12.00** M'T **Pitch Invasion: How the Scottish and Irish Changed Football** 3/3. The impact of the likes of George Graham and Alex Ferguson on the English game.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Silicon Valley** (S6)
9.15 **The Conners** (S5)
10.15 **Entourage** (S2)
11.20 **Insecure** (S3)
12.35 PM **Curb Your Enthusiasm** (S12)
1.55 **Entourage** (S2)
3.00 **Silicon Valley** (S6)
4.15 **Insecure** (S3)
5.35 **The Office (US)** (S5)
6.35 **The Conners** (S5)
7.35 **Curb Your Enthusiasm**
9.00 **The Rehearsal** 1/6. Comedy created by and starring Nathan Fielder.
10.00 2/6. Nathan allows an Oregon woman to prepare for motherhood.
10.40 3/6. Nathan goes to new lengths to help a man prepare for a difficult conversation. (S1)
11.20 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.20 AM **Sex and the City**
1.50 **And Just Like That...**
3.30 **to 5.00** AM **Divorce**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **The South Bank Show Originals**
6.30 **André Rieu: Dreaming**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Art of Architecture**
12.00 NOON **Portrait Artist of the Year 2023**
1.00 PM **Tales of the...**
2.00 **Battle of the Bagpipes**
3.00 **The Art of Architecture**
4.00 **Discovering**
5.00 **Portrait Artist of the Year 2023**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Classic Albums**
9.00 **AC/DC: Live at Donington** From 1991.
11.30 **AC/DC: Forever Young**
12.45 AM **Motorhead at Wacken Open Air 2011**
2.00 **Music Icons**
2.50 **From the Artists Den**
4.05 **Death Songbook**
5.05 **to 6.00** AM **The Art of Architecture**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: Canada's Front Line**
8.00 **Nothing to Declare**
10.00 **Send in the Dogs**
11.00 **Border Security: Canada's Front Line**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **Send in the Dogs**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S3)
6.00 **Stargate Atlantis** (S5)
7.00 **Star Trek: Voyager** (S6)
8.00 **Hawaii Five-0** *Aloha (Goodbye):* 22/22. Danny is abducted by Wo Fat's wife. (S10)
9.00 **Forensics: Catching the Killer** Karen Price.
10.00 **S.W.A.T.** 7/23. (S2)
11.00 **Grimm** 18/22. (S2)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Rapid Response** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Buying the View**
8.10 **Georgia and Tommy: Baby Steps**
9.10 **Culinary Cruise**
10.10 **Buying and Selling**
11.10 **The Real Housewives of Atlanta** Reality series.
12.05 PM **Georgia and Tommy: Baby Steps**
1.10 **The Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Vacation House Rules**
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New York City** New edition Reality show.
6.00 **Buying and Selling**
7.00 **Culinary Cruise**
8.00 **Dinner Date**
9.00 **Botched** Double bill.
10.55 **My Mum, Your Dad**
11.55 **The Only Way Is Essex**
12.55 AM **Backyard Builds**
1.25 **Unwind**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S1)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 4/8. (S1)
12.00 NOON **Sue Thomas: F.B.Eye** 5/19. (S2)
1.00 PM **Hart to Hart** (S1)
2.00 **Father Dowling Mysteries** 1/13. (S2)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** (S11)
9.00 **Randall and Hopkirk (Deceased)** *All Work and No Pay:* 3/26. (S1)
10.00 **The New Avengers** *Three Handed Game:* 11/13. An enemy agent intercepts important documents. (S1)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S11)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 80s**
6.10 **The Protectors**
6.45 **The Professionals**
7.50 **The Saint**
8.55 **Magnum, PI**
9.55 **Kojak**
11.00 **Giant Lobster Hunters**
12.00 NOON **The Saint**
1.05 PM **Magnum, PI**
2.10 **Kojak**
3.15 **Minder**
4.20 **The Professionals**
5.30 **Giant Lobster Hunters** Skipper Squizzy cashes in on a plan.

5.30 Giant Lobster Hunters

6.30 **British Touring Car Championship Highlights** The second meeting of the season at Brands Hatch Indy circuit.

8.00 **Beat the Chasers** Bradley Walsh hosts as contestants from across the UK take on a team of five of the Chasers.

9.00 FILM **Mission: Impossible II** Action thriller sequel starring Tom Cruise. Special agent Ethan Hunt teams up with a cat burglar in order to track down a villain who has a deadly virus at his disposal. (2000, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
1.30 AM **Dark Side of the Ring**
2.20 **The Protectors**
2.45 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 20/26. (S5)
2.00 **Fact or Faked: Paranormal Files** A spooky swing.
3.00 **Stargate Universe** 5/20. (S2)
4.00 **Star Trek: Voyager** 3/26. (S5)
5.00 **Star Trek: The Next Generation** 20/26. (S5)
6.00 **Star Trek: Enterprise** 5/26. Archer becomes depressed when his dog falls ill. (S2)

11.00 True Blood

7.00 **Fact or Faked: Paranormal Files** A playground swing in Argentina that appears to move on its own.

8.00 **Stargate Universe** *Cloverdale:* 5/20. Scott is attacked by a plant-like creature while exploring a new planet. (S2)

9.00 **Grimm** *Maiden Quest:* 4/22. A wealthy mobster sends three men on a quest to win his daughter's hand in marriage. (S5)

10.00 **The Walking Dead** *Rock in the Road:* 9/16. Rick and his group are led to a new community. (S7)

11.00 **True Blood** 1/12. Bill and Eric try to regain the trust of their human neighbours. **12.00** M'T 2/12. Sookie tries to adjust to her new living arrangements. (S4)
1.00 AM **Wynonna Earp** (S2)
3.00 **Fact or Faked: Paranormal Files** A chupacabra sighting.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 11/13. (S2)
11.00 **Hudson & Rex** 9/16. (S1)
12.00 NOON **Father Brown**
1.00 PM **Death in Paradise** (S9)
2.00 **Murdoch Mysteries** (S17)
4.00 **Father Brown**
5.00 **Hudson & Rex** 9/16. A media mogul is found dead. (S1)
6.00 **Body of Proof** 2/13. Part two of two. Megan finds a bomb implanted in Dr Wallace's latest victim. (S3)

8.00 Death in Paradise

7.00 **Father Brown** *The Wheels of Wrath:* The arrival of a group of bikers cause outrage and excitement in equal measure.

8.00 **Death in Paradise** *A Murder in Portrait:* 2/8. An acclaimed artist is found dead in suspicious circumstances. (S9)

9.00 **Beyond Paradise** 3/6. When a dying woman goes missing from a local fishing trawler, Humphrey suspects there's more to her disappearance than meets the eye. (S2)

10.20 **Death in Paradise** *A Personal Murder:* 4/8. Dwayne receives a text message from beyond the grave. (S5)

11.20 **Body of Proof** (S3)
1.15 AM FILM **Killing Daddy** Thriller starring Elizabeth Gillies. (2014, 12, 85min) ★★★
2.40 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Last of the Summer Wine**
8.35 **The Green Green Grass**
9.15 **My Hero**
9.55 **Hi-de-Hi!**
10.30 **Only Fools and Horses**
11.10 **Last of the Summer Wine**
12.30 PM **The Green Green Grass**
1.05 **Dad's Army**
2.20 **Only Fools and Horses**
3.00 **Hi-de-Hi!**
3.40 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.15 **Only Fools and Horses**

7.40 Only Fools and Horses

7.00 **Dad's Army** Pike receives his call-up papers and passes his medical.

7.40 **Only Fools and Horses** Rodney's plans to make a film are spoiled by Del. **8.20** An old friend returns from Australia and offers Del a share in his business empire.

9.00 **The Fast Show** The Off-Roaders go white-water rafting.

9.35 **Absolutely Fabulous** Patsy and Edina have a rebirthing experience in the living room.

10.15 **Bottom: Hooligans Island Live 1997** Eddie and Richie are marooned on a desert island – with only a nuclear bomb for company.

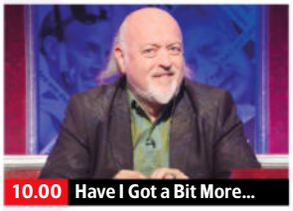
12.30 AM **Only Fools and Horses**
1.10 **The Fast Show** As 9.00pm.
1.50 **Absolutely Fabulous**
2.20 **The Outlaws**
3.25 **to 4.00** AM **Miranda**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Fast Justice**
8.00 **Special Ops: To Catch a Criminal** Documentary.
9.00 **Border Force: America's Gatekeepers** Documentary.
10.00 **Speed with Guy Martin**
11.30 **Rick Stein's Secret France**
12.30 PM **Storage Hunters UK**
2.00 **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** The duo reflect on the 1960s.
6.00 **Rick Stein's Secret France** The chef takes a culinary tour of France, starting in Dieppe.


10.00 Have I Got a Bit More...

7.00 **Would I Lie to You?** Rhod Gilbert, Sally Phillips, Des O'Connor and Tess Daly take part.

7.40 **Richard Osman's House of Games** With Eddie Kadi and Natasha Raskin Sharp. **8.20** Johnny Ball, Suzi Ruffell, Nina Wadia and Danny Wallace take part.

9.00 **QI XL** Celebrating 2012's Cultural Olympiad, with Bill Bailey, David Mitchell, Sue Perkins, Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Bill Bailey hosts the satirical quiz show, with Helen Lewis and Daliso Chaponda.

11.00 **8 Out of 10 Cats** With Carol Vorderman, Krishnan Guru-Murthy and Sara Pascoe.
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.50 **Australian Ninja Warrior**
3.30 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

Friday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
10.00 **A Place in the Sun**
12.00 NOON **Come Dine with Me** Five editions.
2.30 PM **A Place in the Sun**
3.00 **Narrow Escapes**
4.00 **Chateau DIY**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** From Reading.
7.00 **George Clarke's Old House, New Home**
8.00 **George Clarke's Remarkable Renovations** Marcus and Kathryn renovate a railway goods shed to create a dream home.
9.00 **Building Britain's Superhomes**
10.00 **Night Coppers**
11.05 **Gogglebox** Double bill.
1.10 AM **Taskmaster**
2.15 **Open House: The Great Sex Experiment**
3.15 **Ramsay's Kitchen Nightmares USA**
4.10 **to 4.40** AM **Jamie's One-Pan Wonders**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.05 **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The Wake:* 16/21. The officers are led to the case of a missing teacher popularised on a true crime podcast. **7.00** *Starting Over:* 17/21. The team investigate a suicide. **8.00** *Last Dance:* 18/21. An arms dealer's release from prison leads to a fresh wave of violence. (S19)
9.00 **Person of Interest** *Get Carter:* 9/23. Reese and Finch are assigned to track Detective Carter. **10.00** *Number Crunch:* 10/23. Reese and Finch are puzzled when the machine brings up four numbers at once. (S1)
11.00 **Law & Order: Special Victims Unit** (S22&21)
2.45 AM **The Good Wife**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Rich Kids Go Skint**
9.00 **Shop Smart, Save Money** Documentary.
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Dogs Behaving (Very) Badly**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Emergency Call Out** A devastating car crash leads to a manhunt for the driver.
10.00 **Trauma Room One**
11.00 FILM **Flowers in the Attic 2: Petals on the Wind** Drama sequel. (2014, 12, 85min) ★★★
12.55 AM **Peeping Tom: The Landlord & His Secret Cameras**
2.15 **to 4.00** AM **The Block** New editions

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Trucking Hell**
10.05 **Traffic Cops**
11.05 **Police Interceptors**
12.05 PM FILM **Rough Night in Jericho** Western. (1967, PG, 97min) ★★
2.15 FILM **The Lawless Breed** Western drama. (1952, PG, 83min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Police Code Zero: Officer Under Attack** PC Mike Davey and his dog face an armed man.
10.00 **The Motorway** A patrol team deal with a freak accident.
11.00 **Yellowstone** 10/10. (S2)
12.05 AM FILM **Rise of the Footsoldier: Marbella** Action comedy. (2019, 18, 85min) ★
1.55 **New York Undercover**
3.35 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **MasterChef Australia** Culinary show.
7.30 **Simply Nigella**
8.00 **Tipping Point**
11.00 **DIY SOS: Grenfell**
12.00 NOON **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **Emergency: First Time Medics** Tejas steps up to his first trauma case.
8.00 **Inside the Ambulance: Coast and Country**
9.00 **999 Rescue Squad** Staff are scrambled to a block of flats after a huge explosion. **10.00** The team join the search for a missing pilot.
11.00 **The Catherine Tate Show** Triple bill.
12.55 AM **MasterChef USA: United Tastes of America** Culinary series.
1.50 **to 3.00** AM **Changing Rooms Australia**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Pie in the Sky**
8.30 **Doctors**
9.40 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.50 PM **Classic EastEnders**
2.05 **Pie in the Sky**
3.05 **Hetty Wainthropp Investigates**
4.10 **Lovejoy**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown**
10.00 **New Tricks** *17 Years of Nothing:* A Home Office pathologist joins the team in trying to find out the identity of a body found in woodland in 1987. With Timothy West.
11.20 **Bergerac**
12.20 AM **Sister Boniface Mysteries** 9/10. (S1)
1.20 **The Last Detective**
3.00 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

FRIDAY Entertainment

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Morocco.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** James Braxton and Charles Hanson seek treasure in Kent. **8.00** Charles and James are on the hunt for antiques in Hampshire.
9.00 **Ambulance** An elderly woman appeals for help in caring for her husband. **10.30** The pandemic starts to take its toll.
11.30 **Helicopter ER**
12.30 AM **Ghost Bait**
1.00 **Help! My House Is Haunted** From Hertford.
2.00 **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Classic Who Wants to Be a Millionaire?**
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill.
6.00 **The Bidding Room**
7.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Tenable** Quiz show hosted by Warwick Davis.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **Wild West Chronicles** Western.
8.40 **The West Wall**
10.00 **Wanted: Dead or Alive**
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Four Fast Guns** Western. (1960, b/w, U, 72min) ★★
2.40 **FILM Any Gun Can Play** Spaghetti Western. (1967, 12, 98min) ★★
5.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **FILM Broken Lance** Western starring Spencer Tracy. (1954, U, 96min) ★★★★
10.10 **FILM Big Kill** Western starring Jason Patric. (2019, 15, 126min) ★★
1.00 AM **FILM Seattle Superstorm** Thriller starring Esai Morales. (2012, PG, 95min) ★★
2.50 **to 5.00** AM **Wild West Chronicles**
+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Coast Guard Alaska**
11.00 **Saving Lives at Sea**
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM In Bed with a Killer** Crime thriller. (2019, PG, 92min) ★★
3.00 **FILM Mommy's Little Boy** Thriller. (2017, PG, 88min) ★★
5.05 **FILM An Emma Fielding Mystery: Site Unseen** Crime thriller. (2017, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Paul** Sci-fi comedy with Simon Pegg. (2011, 15, 104min) ★★★★
11.15 **FILM Supercell** Action drama with Skeet Ulrich. (2023, 12, 100min) ★★
1.30 AM **FILM The Recall** Sci-fi action thriller. (2017, 15, 90min) ★★
3.30 **Air Rescue**
4.00 **to 6.00** AM **FILM The Black Widow Killer** Thriller. (2018, 12) ★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Love, Fall & Order** Romantic drama. (2019, U, 84min) ★★
10.05 **FILM Love Afloat** Drama. (2022, PG, 85min) ★★
12.00 NOON **FILM Mid-Love Crisis** Romantic drama. (2022, PG, 85min) ★★
2.00 PM **FILM Love on Harbor Island** Drama. (2020, PG, 80min) ★★
4.00 **FILM The Way to the Heart** Comedy drama. (2022, PG, 86min) ★★
6.00 **FILM Blue Moon Ball** Drama. (2021, U) ★★
8.00 **FILM Home for Harvest** Drama. (2019, PG) ★★
10.05 **FILM One of a Kind Love** Romantic drama. (2021, PG, 90min) ★★
12.05 AM **FILM Love & Where to Find It** Comedy. (2021, PG, 85min) ★★
2.05 **Highway to Heaven**
3.00 **to 5.00** AM **FILM Love at the Parade** Drama. (2012, PG, 84min) ★★
+1 hour 320 317 63

Rewind TV
182 92 150

6.00 AM **Highlights**
9.05 **Stereo Underground**
10.00 **Surgical Spirit**
10.30 **Watching** 4/8. (S1)
11.00 **A Fine Romance** (S3)
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **Carry On Laughing**
1.00 **Please Sir!** 5/13. (S2)
1.30 **You're Only Young Twice**
2.00 **Bramwell** (S2)
3.00 **Shine on Harvey Moon**
4.00 **Stereo Underground**
5.00 **A Fine Romance** (S3)
5.30 **The Monkees** (S1)
6.00 **Watching** 4/8. (S1)
6.30 **Lucky Feller**
7.00 **Bramwell** (S2)
8.00 **Please Sir!** 5/13. (S2)
8.30 **You're Only Young Twice**
9.00 **Carry On Laughing**
9.30 **Thick as Thieves** (S1)
10.00 **Lucky Feller**
10.30 **The Cuckoo Waltz** (S2)
11.00 **Department S** (S2)
12.00 M'T **The Zoo Gang** (S1)
1.00 AM **Shine on Harvey...**
2.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Motor Pickers** Paul Cowland and Helen Stanley help a man look for a hot hatchback. **9.30** A man seeks out a family friendly motor with a big boot. **10.00** A 4x4 customiser knows his Land Rover Defenders. **10.30** A dad-of-five decides he wants to join the EV revolution.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Secrets of the Curry Kitchen**
6.30 **Nadiya Bakes**
7.00 **30 Minute Meals**
9.00 **Simple Suppers**
10.00 **John Torode's Asia**
11.00 **Great British Bake Off**
1.00 PM **Secrets of the Curry Kitchen**
1.30 **Nadiya Bakes**
2.00 **James Martin's French Adventure**
3.00 **30 Minute Meals**
5.00 **Simple Suppers**
6.00 **John Torode's Asia**
7.00 **Great British Bake Off**
9.00 **Mary Berry's Foolproof Cooking** Quick recipes. **9.30** Dishes that are perfect for a party.
10.00 **Paul Hollywood: City Bakes** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food Nation**
2.00 **to 3.00** AM **Restaurant: Impossible**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 11/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 19/22. (S1)
11.00 **FILM The Lone Ranger** Western. (1956, U) ★★★
1.00 PM **FILM Boot Hill** Comedy Western. (1969, PG, 91min) ★★
3.00 **FILM Wild Horses** Contemporary Western. (1985, PG, 95min) ★★
5.00 **Star Trek** 9/30. (S1)
6.00 **Knight Rider** 20/22. (S1)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Highlander III: The Final Dimension** Fantasy sequel starring Christopher Lambert. (1995, 15, 99min) ★★
11.00 **FILM Last Knights** Action adventure. (2015, 15, 112min) ★★
1.15 AM **FILM Freight** Thriller. (2010, 18, 90min) ★★
3.05 **to 4.50** AM **FILM The Uncanny** Horror. (1977, 18, 85min) ★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM The People That Time Forgot**
8.00 **FILM Ape vs Monster** Sci-fi fantasy adventure. (2021, 12, 88min) ★★
10.00 **The Lost World** (S1)
11.00 **Farscape: The Peacekeeper Wars**
1.00 PM **FILM Sherlock Holmes** Mystery. (2010, 12, 89min) ★★
3.00 **The Lost World** (S1)
4.00 **The A-Team** 2/23. (S2)
5.00 **FILM The People That Time Forgot** Fantasy adventure sequel. (1977, U, 96min) ★★
7.00 **The Lost World** (S1)
8.00 **The A-Team** 3/23. (S2)
9.00 **FILM The Legend of Hercules** Adventure starring Kellan Lutz. (2014, 12, 97min) ★★
11.00 **FILM The Butterfly Room** Crime thriller. (2012, 15, 87min) ★★
1.00 **to 3.00** AM **FILM The Legend of Hercules**
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Storage Wars: Texas**
8.00 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **UFO Files**
11.10 **Curse of Skinwalker Ranch** Documentary.
12.10 PM **Mysteries from Above** Strange markings.
1.05 **Secrets in the Jungle**
2.05 **Storage Hunters**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **UFO Files**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **Bermuda Triangle: Into Cursed Waters**
10.00 **Weird Britain**
11.00 **The UnXplained**
12.00 M'T **My Paranormal Nightmare**
1.00 AM **UFO Files**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Big Antique Adventure with Susan Calman**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **Walking Tudor Britain**
6.00 **Inside the Tower of London** Documentary.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Ellis** 2/3. DCI Ellis and assistant DS Harper arrive in the town of Callorwell to investigate the disappearance of a local detective. (S1)
11.00 **Prisoner: Cell Block H**
1.00 AM **The Madame Blanc Mysteries** 5/6. (S4)
2.00 **Bargain-Loving Brits in the Sun** Documentary.
3.00 **Big Antique Adventure with Susan Calman**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **Love Your Garden**
3.00 **Beach Hunters**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Love Your Garden** A couple who founded a charity to support bereaved families.
9.00 **My Lottery Dream Home** Four editions.
11.00 **Home Town** Ben and Erin show two homes to a couple relocating from Chicago and one has that special something they may not be able to resist.
12.00 M'T **A Place in the Sun: Home or Away**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Curvy Brides Boutique**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish: The Schmuckers' Story**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Dr Mercy** Becca has a birthmark that covers most of her face.
8.00 **My 600lb Life** A co-dependent relationship based on a shared love of food. **10.00** The weight-loss journey of estranged brothers John and Lonnie.
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Couponing**
2.00 **to 6.00** AM **My 600lb Life**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S6)
9.00 **Michael McIntyre's Big Show** With Alan Carr and Kerry Godliman.
10.00 **Whose Line Is It Anyway? USA** New edition
10.30 **Whose Line Is It Anyway? USA**
11.00 **8 Out of 10 Cats**
12.00 M'T **Alan Carr Live: Spexy Beast**
1.00 AM **FILM This Is the End** End-of-the-world comedy starring James Franco, Jonah Hill and Seth Rogen. (2013, 15, 106min) ★★★★
3.10 **Reno 911!** 4/11. (S8)
3.30 **Key & Peele**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 19&20/22. (S1)
11.00 **Friends** (S6&7)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** 1&2/14. (S5)
4.00 **Guessable?**
5.00 **Becker** 19&20/22. (S1)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 5/22. Jess introduces a 'no romance' rule at school. **9.30** 6/22. Winston has to pass a home visit. (S4)
10.00 **Friends** 18-21/24. (S5)
12.00 M'T **Rhod Gilbert: The Book of John**
1.35 AM **Al Murray: And a Glass of White Wine for the Lady**
3.00 **CC Live: Stand Up Shorts** Double bill.
3.50 **Becker** 19&20/22. (S1)
4.35 **New Girl** 5&6/22. (S4)
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Bondi Rescue**
12.00 NOON **DC's Legends of Tomorrow** (S6)
2.00 PM **Caught on Dashcam**
3.00 **Motorway Patrol**
4.00 **Bondi Rescue**
5.00 **Border Patrol**
6.00 **FBI** 3&4/15. (S3)
8.00 **Caught on Dashcam**
9.00 **Brit Cops: Frontline Crime UK** Double bill.
11.00 **Dan Brown's The Lost Symbol** 7/10. Mal'akh sheds light on Zach's final days in prison. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Danny Dyer.
2.00 **Last King of the Cross**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **Teen Mom Australia**
7.10 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: Models**
2.00 **Catfish: The TV Show**
7.00 **Fresh Out Live** The most important music and pop culture news.
8.00 **Help! I'm in a Secret Relationship!** Emma needs to know why Barry won't introduce her to his mum.
9.00 **Skin A&E** A hairdresser wants to watch his own surgery as it happens.
10.00 **FILM Resident Evil: Afterlife** Sci-fi horror thriller sequel starring Milla Jovovich. (2010, 15, 96min) ★★★
12.00 M'T **MTV Unplugged**
1.00 AM **Just Tattoo of Us**
2.00 **Ink Master: Revenge**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaskan Bush People**
9.00 **Mega Shippers** Double bill.
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Documentary.
3.00 **Gold Divers** A shocking injury jeopardises Kris Kelly's gold goal for the season.
5.00 **Building off the Grid** A couple plan to build a unique retreat with the help of donkeys.
6.00 **Junkyard Empire** Andy makes another attempt at the world speed record for tow trucks.

9.00 Expedition X

7.00 Wheeler Dealers To Ant's dismay, Mike buys a 1979 Triumph TR7 with some quirks under its disco-era styling.

8.00 Gold Rush: White Water On a resupply mission, Wes goes missing after a life-threatening fall from the airboat.

9.00 Expedition X New edition Heather and Phil search for the ancient Mayan spirit known as the Stone Lady.

10.00 Blowing Up History Exploring a mysterious Roman settlement buried in ashes and revealing new evidence.

11.00 **Border Control Sweden** At Arlanda, a man tries to sneak 30 million in cash abroad.
12.00 M'T **Expedition Bigfoot**
1.00 AM **Expedition X**
2.00 **Blowing Up History**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** An aquarium.
9.00 **Crikey! It's the Irwins**
10.00 **Dogs 101** Travel companions.
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked**
1.00 PM **Crikey! It's the Irwins**
2.00 **Flying Wild Alaska**
3.00 **Pit Bulls & Parolees: Tia's Tales** Documentary.
4.00 **Pit Bulls & Parolees**
5.00 **Alaska: Homestead Rescue** Marty moves a failing cabin onto a flood-proof foundation.
6.00 **Tanked** Transforming a fridge into an aquarium.

8.00 Dr Jeff: Rocky Mountain...

7.00 Crikey! It's the Irwins Bindi swims alongside whale sharks, assisting with research efforts on the world's largest fish.

8.00 Dr Jeff: Rocky Mountain Vet A micro-pig with an injured leg requires surgery, but anaesthesia could be deadly.

9.00 I Was Prey A man who accidentally stepped on a crocodile in South Africa, and an attack on a woman and her dog by raccoons.

10.00 Alaskan Bush People The family work to keep spirits high as Ami prepares for her cancer treatment in California.

11.00 **Project Grizzly** Jeff teaches the bears how to den up. **12.00** M'T Jeff teaches the bears to be scared of humans before they are released.
1.00 AM **Alaskan Bush People**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Colossal Machines**
9.00 **Air Crash Investigation**
12.00 NOON **King Tut In Colour**
1.00 PM **Egypt's Sun King: Secrets and Treasures**
2.00 **Apocalypse: Hitler Takes on the West** Double bill.
4.00 **Egypt's Lost Wonders: Drain the Oceans** The Nile.
5.00 **Car S.O.S** Tim and Fuzz restore a Ferrari 308 GTS.
6.00 **Air Crash Investigation** A plane that fell out of the sky just a few miles short of Luxembourg airport.

5.00 Car S.O.S

7.00 Air Crash Investigation A fatal collision at Los Angeles International Airport in 1991.

8.00 Air Crash Investigation A look at how a former airline employee managed to smuggle a gun through airport security.

9.00 Airport Security: Rome At Italy's busiest airport, police seize bundles of drug money and detain a man hiding his past.

10.00 Amsterdam Central 24/7 During the Formula 1 Grand Prix, employees try to control the flow of travelers and goods.

11.00 **Air Crash Investigation**
12.00 M'T **To Catch a Smuggler: Tropical Takedown**
1.00 AM **Destruction Decoded**
2.00 **Food Factory**
2.30 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Walking Through History**
6.50 **Swamp People**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Swamp People: Serpent Invasion**
1.00 PM **Storm Stories**
2.00 **Forged in Fire**
4.00 **Flipping Bangers**
5.00 **Pawn Stars**
6.00 **American Pickers** A California almond farm serves up a stash of retro surf shop relics.

10.00 Ancient Aliens

7.00 Forged in Fire Four teams of expert builders are tasked with making some of the largest and most notorious siege weapons ever seen on the battlefield.

9.00 Buried: Knights Templar and the Holy Grail Mikey Kay and Garth Baldwin focus on the Templars moment of reckoning.

10.00 Ancient Aliens New edition The top 10 unexplained technologies, such as strange golden orbs discovered in Mexico.

11.00 **Encounter: UFO** How, apparently, UFO sightings are at an all-time high.
12.00 M'T **Ross Kemp: Mafia and Britain** A look at Britain's surprising and deep-rooted links with the Mafia.
1.00 AM **Pawn Stars**
1.55 **Mengele Unveiled**
3.05 **Storm Stories**
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nazi Hunters**
11.00 **Adolf Hitler's War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics** Double bill.
4.00 **Nazi Hunters** The hunt for John Demjanjuk and Klaus Barbie.
5.00 **Adolf Hitler's War** In Kursk, the Soviets push back.
6.00 **Antiques Roadshow** Fiona Bruce and the team visit Lanhydrock, Cornwall.

8.00 Abandoned Engineering

7.00 Canal Boat Diaries Robbie Cumming journeys through Royal Leamington Spa and the historic town of Warwick.

8.00 Abandoned Engineering Series finale Exploring derelict villas in Sicily that reveal the island's history with the Mafia.

9.00 Tony Robinson's Marvellous Machines Tony goes on safari to find machines inspired by the animal kingdom.

10.00 Bangers & Cash: Restoring Classics The team take on their biggest restoration yet – a Series 1 Land Rover.

11.00 **Bangers & Cash** Derek has three scooters to collect, while also finding room for a Daimler and a teardrop caravan.
12.00 M'T **Classic Car Garage** Following mechanic Colin Denton as he fixes classic cars.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM 8 PM 9 PM 10 PM

Quest

144 149 137 12 144 17

6.00 AM **Salvage Hunters: Classic Cars**
7.00 **Salvage Hunters: The Restorers**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Documentary.
1.00 PM **The Repair Shop**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Giro D'Italia Highlights**
8.00 **Shed and Buried**
9.00 **The Repair Shop** Working on a china dog, a handmade kennel and a treasured wallet. **10.00** Restoring a watch with an extraordinary history.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Say Yes... Lancashire**
11.00 **Disappeared**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Ian Huntley.
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories** Documentary.
8.00 **Murder on CCTV**
9.00 **The Playboy Murders** New edition
10.00 NEW SERIES **The Fall of Diddy** Double bill.
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** True-crime.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **The Truth About My Murder** Investigating the murder of William Spiller who was dismembered and stored in boxes used as a TV stand.
8.00 **See No Evil** Hufracio Arteaga is found stabbed to death in his Michigan City office.
9.00 **Storm of Suspicion** New edition On a perfect summer day in New York, a young wife mysteriously disappears.
10.00 **Cold Cases Reopened** Mary Hague-Kelly is discovered raped and strangled to death in her home in Texas.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Cold Cases Reopened**
3.00 **See No Evil** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **The Jury Room**
11.00 **Medical Detectives**
2.00 PM **The Jury Room**
4.00 **Medical Detectives** Police use evidence inside a submerged car to track down the missing driver. **4.30** A reported suicide turns out to be much worse than it seems. **5.00** Evidence of a Native American woman's murder. **5.30** Arsenic was found in the blood of a dead woman who was due to testify in court. **6.00** The murder of a dry cleaning employee. **6.30** Police believe the death of a millionaire was made to look like a robbery gone wrong.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Customs UK**
9.00 **The Force: Manchester**
10.00 **Brit Cops UK**
11.00 **Killer in My Village**
12.00 NOON **How I Caught...**
1.00 PM **Catching the Killer**
2.00 **Murders That Shocked the Nation**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Killer Siblings**
10.00 **Family Secrets: The Disappearance of Alissa Turney**
11.45 **World's Most Evil Killers**
12.50 AM **Killer in My Village**
1.55 **Murdered at First Sight**
3.00 **Love You to Death**
4.00 **Brit Cops UK**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Minnesota.
8.35 **The Ottoman Empire: Battle for the Mediterranean**
9.40 **Wrecks That Changed the World**
10.35 **Sicily: Conquered Isle**
11.50 **A Final Landing on Iwo Jima** Documentary.
1.00 PM **The Lafayette Squadron** Documentary.
2.05 **The Ottoman Empire...**
3.10 **Wrecks That Changed the World**
4.10 **Sicily: Conquered Isle**
5.25 **A Final Landing on Iwo Jima** Documentary.
6.35 **The Ottoman Empire...**
7.40 **Wrecks That Changed the World**
8.40 **Sicily: The Conquered Isle** Series finale
9.55 **A Final Landing on Iwo Jima** Documentary.
11.00 **Wrecks That Changed the World**
12.00 M'T **Sicily: Conquered...**
1.15 **to 2.00** AM **America...**

Sky Documentaries

121/122 111/112 188 352 367

- 6.00 AM **The 2000s**
- 7.00 **Discovering: Julianne Moore**
- 8.00 **The Directors**
- 9.00 **Gaming Wall St**
- 10.00 **Ren Faire**
- 11.00 **Kingdom of Dreams**
- 12.00 NOON **Michael X: Hustler, Revolutionary, Outlaw**
- 2.00 PM **Klitschko: More Than a Fight** A profile of Kyiv mayor and former boxer Vitali Klitschko.
- 4.00 **The Directors**
- 5.00 **FILM Busby** A profile of Matt Busby. (2019, PG, 102min) ★★★
- 7.00 **David Frost Vs** Recalling the journalist's interviews with former US president Richard Nixon.
- 8.00 **Hitsville: The Making of Motown** The history and origins of the Motown record label.
- 10.00 **The United Way** The story of Manchester United Football Club.
- 11.50 **Hatton** A profile of Ricky Hatton.
- 1.50 AM **Mike Tyson: Undisputed Truth** Spike Lee's documentary.
- 3.30 **Giroud** A profile of French footballer Olivier Giroud.
- 5.00 **to 6.00** AM **Discovering: Julianne Moore**

Sky Nature

124/125 113/114 189 354 369

- 6.00 AM **Tales from Zambia**
- 7.00 **Monkey Life**
- 8.00 **Hope for Wildlife**
- 9.00 **Orangutan Jungle School**
- 10.00 **Arctic Secrets**
- 11.00 **Africa's Hunters**
- 12.00 NOON **The Great Elephant Tale**
- 1.00 PM **Monkey Life**
- 2.00 **Hope for Wildlife**
- 3.00 **Orangutan Jungle School**
- 4.00 **Arctic Secrets**
- 5.00 **Gangs of Baboon Falls**
- 6.00 **The Great Elephant Tale**
- 7.00 **Monkey Life** Double bill.
- 8.00 **Wild Tales from the Farm**
- 9.00 **Survival of the Beast** The survival skills of Earth's animals.
- 10.00 **The Great Elephant Tale** Following three different elephant herds in Africa.
- 11.00 **Gangs of Baboon Falls**
- 12.00 M'T **Africa's Hunters**
- 1.00 AM **Into the Wild: Colombia**
- 2.00 **Wild Tales from the Farm**
- 3.00 **Survival of the Beast**
- 4.00 **Hope for Wildlife**
- 5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

- 6.00 AM **Ancient Aliens**
- 8.00 **Secrets in the Jungle**
- 9.00 **Bomber: Terror of WWII**
- 10.00 **Mystery Places**
- 11.00 **Ancient Aliens**
- 1.00 PM **Lost Relics of the Knights Templar** The reliquary casket.
- 2.00 **Al Murray: Why Do the Brits Win Every War?**
- 3.00 **Empire Builders**
- 4.00 **Bomber: Terror of WWII**
- 5.00 **Swamp Ghost: WWII Plane Rescue** A bid to recover a World War Two B-17 Bomber.
- 6.00 **Mystery Places**
- 7.00 **UFOs Declassified**
- 8.00 **Greatest Heists with Pierce Brosnan** The Museum of Natural History heist.
- 9.00 **Secrets of the Hells Angels**
- 10.00 **Secrets in the Jungle**
- 11.00 **Sex: A Bonkers History**
- 12.00 M'T **Ancient Aliens**
- 2.00 AM **Al Murray: Why Do the Brits Win Every War?**
- 3.00 **Empire Builders**
- 4.00 **UFOs Declassified**
- 5.00 **to 6.00** AM **Swamp Ghost: WWII Plane Rescue**

Crime+Investigation

156 142 133

- 6.00 AM **Cold Case Files: Murder...**
- 7.00 **Homicide Hunter**
- 8.00 **Interrogation Raw**
- 9.00 **When Missing Turns to Murder**
- 10.00 **Sin City Murders**
- 11.00 **An Hour to Kill**
- 12.00 NOON **Murder By Medic**
- 1.00 PM **Green Eyed Killers**
- 2.00 **Killer in Plain Sight**
- 3.00 **When Missing Turns to Murder**
- 4.00 **Sin City Murders**
- 5.00 **Accident, Suicide or Murder?**
- 6.00 **Cold Case Files: Murder in the Bayou** Documentary.
- 7.00 **The First 48 Presents: Critical Minutes** Documentary.
- 8.00 **Imperfect Murder**
- 9.00 **Court Cam** New editions
- 10.00 **Ross Kemp: Mafia and Britain**
- 11.00 **Fugitive Hunters: Mexico**
- 12.00 M'T **Crimes That Shook Britain**
- 1.00 AM **Court Cam**
- 2.00 **Interrogation Cam**
- 2.30 **Interrogation Files**
- 3.00 **Green Eyed Killers**
- 4.00 **When Missing Turns to Murder**
- 5.00 **to 6.00** AM **An Hour to Kill**

+1 hour 256 333

WILD

165 145/133 182

- 8.00 AM **Secrets of the Zoo: Tampa**
- 9.00 **Africa's Deadliest**
- 10.00 **America's National Parks**
- 11.00 **Exotic Animal ER**
- 12.00 NOON **The Incredible Dr Pol**
- 1.00 PM **Yukon Vet**
- 2.00 **Giants of the Deep Blue**
- 3.00 **Legend of the Giant Squid**
- 4.00 **Secrets of the Zoo**
- 5.00 **The Incredible Dr Pol**
- 6.00 **Snakes in the City: Venomous Face-Off** A look back at highlights from the series.
- 7.00 **Secrets of the Zoo: Tampa** Featuring a baby siamang and a wolf born missing a leg.
- 8.00 **Africa's Deadliest** In Africa's wild, a high-stakes game of hide and seek unfolds. **9.00** Predators defend shrinking water sources.
- 10.00 **Alaska: The Next Generation**
- 11.00 **Ice Road Rescue**
- 12.00 M'T **Savage Kingdom**
- 1.00 AM **Lawless Island**
- 2.00 **The Incredible Dr Pol**
- 3.00 **Secrets of the Zoo**
- 4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

- 7.00 AM **Attack and Capture: The Story of U-Boat 505**
- 8.00 **Salvage Hunters: Classic Cars**
- 9.00 **Combat Dealers**
- 10.00 **Blowing Up History**
- 12.00 NOON **Expedition Unknown**
- 2.00 PM **NASA's Unexplained Files**
- 3.00 **How the Universe Works**
- 4.00 **Cooper's Treasure**
- 5.00 **Mysteries at the Museum**
- 7.00 **How the Universe Works**
- 8.00 **Attack and Capture: The Story of U-Boat 505** The story of the only German submarine captured by the US Navy during World War Two, examining the battle and its aftermath using archive footage and eyewitness accounts.
- 9.00 **Secret Space Escapes**
- 10.00 **How Do They Do It?**
- 11.00 **A Crime to Remember**
- 12.00 M'T **Forensic Detectives**
- 1.00 AM **Blowing Up History**
- 2.00 **How the Universe Works**
- 3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

- 9.05 AM **Doctor Who**
- 11.20 **Parkinson**
- 2.00 PM **Bargain Hunt**
- 4.00 **Parkinson**
- 5.10 **Doctor Who** Four episodes of the sci-fi drama, including at: **6.55** *The Curse of Peladon – Part Four:* 8/26. The Ice Warriors help the Doctor fight treacherous factions who object to a galactic union on Peladon. Stars Jon Pertwee. (S9)
- 7.25 **Bargain Hunt** From the South of England Showground near Ardingly in West Sussex. **8.25** Two teams scour the medieval Sussex town of Lewes.
- 9.25 **Parkinson** The host chats to Ewan McGregor, Stephen Fry and Ronni Ancona. Plus, Dido provides the music. **10.40** With Clint Eastwood, Ben Elton and Jennifer Saunders. Plus, music from Sheryl Crow.
- 12.00 M'T **Doctor Who**
- 2.10 AM **Bargain Hunt**
- 3.10 **Parkinson**
- 5.10 **to 6.00** AM **Bargain Hunt**

+1 hour 266 376

ID

154 141 166

- 8.00 AM **Killer Unknown**
- 9.00 **A Crime to Remember**
- 11.00 **Forbidden: Dying for Love**
- 1.00 PM **Reasonable Doubt**
- 3.00 **Murder Under the Friday Night Lights** Double bill.
- 5.00 **Murder in the Heartland**
- 7.00 **I'd Kill for You** How the marriage of Anne Treonis-Bowen and Danny Bowen became increasingly hostile, spiralling into a violent custody battle, which eventually turned deadly. **8.00** The story of 79-year-old real-estate broker Vern Holbrook, who died a few months after being attacked in an arranged ambush in 2013.
- 9.00 **They Called Him Mostly Harmless** When an emaciated victim is found dead in a tent, surrounded by food and cash, but no ID, police rely on sleuths around the world to identify him.
- 11.00 **Who the (Bleep) Did I Marry?**
- 12.00 M'T **The Playboy Murders**
- 2.00 AM **Murder in the Heartland**
- 4.00 **to 6.00** AM **I'd Kill for You**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

- 6.00 AM **Extreme RVs**
- 7.00 **Kindig Customs**
- 8.00 **Mega Shippers**
- 9.00 **Massive Engineering Mistakes**
- 10.00 **Salvage Hunters: Classic Cars**
- 11.00 **Shed and Buried**
- 12.00 NOON **Outback Car Hunters**
- 1.00 PM **Junkyard Empire**
- 2.00 **Wheeler Dealers**
- 3.00 **Massive Engineering Mistakes**
- 4.00 **Last Chance Garage**
- 5.00 **Richard Hammond's Workshop** The Cogs restore an iconic 1970s motorbike.
- 6.00 **Salvage Hunters: Classic Cars**
- 7.00 **Shed and Buried**
- 8.00 **Last Chance Garage** Tony is surprised when Joey needs help with Tony's old Camaro.
- 9.00 **Motor Pickers**
- 10.00 **Massive Engineering Mistakes**
- 11.00 **Shed and Buried**
- 12.00 M'T **Last Chance Garage**
- 1.00 AM **Outback Car Hunters**
- 2.00 **Iron Resurrection**
- 3.00 **Wheeler Dealers**
- 4.00 **to 5.00** AM **RMD Garage**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

- 6.40 AM **Between the Temples** Comedy drama with Carol Kane. (2024, 15, 111 min) ★★★★
- 8.35 **Omni Loop** As 3.30am.
- 10.45 **Rebellious** Animated fantasy adventure. (2024, PG, 94min)
- 12.25 PM **PREMIERE Beetlejuice Beetlejuice** As 8.00pm.
- 2.25 **Speak No Evil** As 10.00pm.
- 4.25 **Mob Cops** Crime drama. (2024, 15, 87min) ★
- 6.10 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★

8.00 Beetlejuice Beetlejuice

8.00 PREMIERE Beetlejuice Beetlejuice Horror comedy sequel starring Michael Keaton. The mischievous demon is summoned once more when Delia Deetz returns to Winter River. (2024, 12, 105min) ★★★★ *See review, page 22.*
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Speak No Evil Horror thriller starring James McAvoy. A dream holiday turns into a nightmare when an American family stay at a British couple's idyllic estate. (2024, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.00 M'T **The Parenting** Horror comedy starring Nik Dodani. (2025, 15, 94min) ★★★
- 1.45 AM **The Damned** Horror. (2024, 15, 89min) ★★★★
- 3.30 **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★
- 5.30 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Mega Hits

303 303 403 503 517

- 6.05 AM **The Cinema List**
- 6.25 **Jules** As shown at 2.30am.
- 8.10 **The Beekeeper** Thriller. (2023, 15, 105min) ★★★
- 10.10 **Jason Bourne** (2016, 12) ★★★
- 12.20 PM **The Hangover** Comedy. (2009, 15, 99min) ★★★★
- 2.15 **The Hangover Part II** Comedy sequel. (2011, 15, 101 min) ★★
- 4.10 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
- 6.05 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★

10.30 It

8.00 Inception Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire, but his own guilty dreams of his dead wife threaten to sabotage the mission. With Ken Watanabe and Joseph Gordon-Levitt. (2010, 12, 148min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 It Adaptation of the Stephen King chiller starring Bill Skarsgård. A group of bullied New England kids plan to destroy a demonic clown. (2017, 15, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.50 AM **A Quiet Place** Horror. (2018, 15, 90min) ★★★★
- 2.30 **Jules** Comedy drama. (2023, 12, 87min) ★★★
- 4.10 **The Cinema List: Sky Originals**
- 4.30 **to 6.20** AM **Arthur's Whisky** Comedy. (2023, PG) ★★★

Sky Cinema Drama

310 310 410 510 524

- 7.10 AM **The Color Purple** (2023)
- 9.40 **Dear John** Romantic drama. (2010, 12, 108min) ★★
- 11.30 **Dunkirk** Wartime drama. (2017, 12, 106min) ★★★★★
- 1.30 PM **The Convert** Action drama. (2024, 15, 119min) ★★★★
- 3.35 **Far and Away** Romantic epic. (1992, 15, 140min) ★★
- 6.00 **Chicago** Oscar-winning musical. (2002, 12, 112min) ★★★★
- 8.00 **The Shawshank Redemption** Prison drama with Tim Robbins and Morgan Freeman. A mild-mannered banker convicted of murder forms an unlikely friendship with a fellow convict. (1994, 15, 142min) ★★★★★
- 10.25 **The Color Purple** Musical based on Alice Walker's novel, starring Fantasia Barrino and Taraji P Henson. Torn apart from her sister and children, a woman finds strength in new friendships. (2023, 12, 141 min) ★★★
- 12.55 AM **You Can Live Forever** Drama with Anwen O'Driscoll. (2022, 15, 96min) ★★★
- 2.40 **Girl You Know It's True** Music biopic. (2023, 15, 124min) ★★★
- 4.55 **to 7.00** AM **...And Justice for All** Satirical black comedy. (1979, 15, 119min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

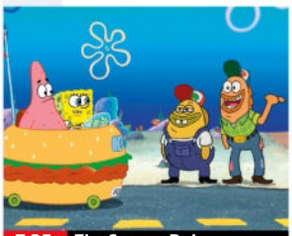
- 6.40 AM **Dark Skies** As 11.40pm.
- 8.25 **Concrete Utopia** As 3.25am.
- 10.40 **Gothika** Horror starring Halle Berry. (2003, 15, 98min) ★★★
- 12.25 PM **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. (2016, 12, 116min) ★★★★★
- 2.25 **The Nun II** Horror sequel. (2023, 15, 110min) ★★
- 4.20 **Congo** Jungle adventure. (1995, 12, 108min) ★★★
- 6.15 **The Woman in Black** Chiller starring Daniel Radcliffe. (2012, 12, 91 min) ★★★★
- 8.00 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o. A cancer patient tries to survive Earth's first contact with sightless creatures which hunt by sound. (2024, 15, 100min) ★★★★
- 9.45 **The Exorcist: Believer** Horror sequel starring Leslie Odom Jr. (2023, 15, 111 min) ★★★
- 11.40 **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
- 1.25 AM **Battle Royale** Japanese satirical thriller. Subtitled. (2000, 18, 113min) ★★★★
- 3.25 **Concrete Utopia** South Korean disaster drama. Subtitled. (2023, 15, 130min) ★★★★
- 5.40 **to 7.30** AM **Next Exit** Comedy (2022, 15, 106min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.20 AM **Patch Adams** As 9.15pm.
9.25 **Journey to the Center of the Earth** (2008, PG) ★★
11.05 **Journey 2: The Mysterious Island** (2012, PG) ★★★
12.50 PM **Bean** Comedy spin-off. (1997, PG, 90min) ★★★
2.30 **The Cat in the Hat** Fantasy. (2003, PG, 82min) ★★★★
4.00 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★
5.50 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★


7.35 The SpongeBob...

7.35 **The SpongeBob SquarePants Movie** Animated adventure based on the TV series. (2004, U, 87min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **Patch Adams** Fact-based comedy drama starring Robin Williams, about an unorthodox medical student whose views put him at odds with the establishment. With Monica Potter and Philip Seymour Hoffman. (1998, 12, 115min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Robo-Dog** Sci-fi adventure starring Michael Campion. (2015, PG, 87min) ★★★
1.00 AM **Muppets from Space** Children's sci-fi comedy. (1999, U, 85min) ★★★
2.35 **Step Dogs** Family comedy starring Joris Jarsky and Ryan Belleville. (2013, U, 82min) ★
4.10 **to 6.00** AM **Daddy Day Camp** Comedy sequel starring Cuba Gooding Jr and Paul Rae. (2007, PG, 88min) ★★

Sky Cinema Action

307 307 407 507 521

6.15 AM **Furiosa: A Mad Max Saga** Fantasy. (2023, 15) ★★★★
8.45 **The Three Musketeers: Milady** As shown at 2.20am.
10.45 **Hellboy** Horror fantasy. (2004, 12, 122min) ★★★★
1.00 PM **Swordfish** Action thriller. (2001, 15, 99min) ★★★
2.45 **Fast & Furious 7** Action thriller. (2015, 12, 132min) ★★★★
5.05 **Saving Private Ryan** Director Steven Spielberg's war drama. (1998, 15, 169min) ★★★★★

10.25 Baby Driver

8.00 **Aquaman** Superhero adventure starring Jason Momoa. The human-born heir to the kingdom of Atlantis embarks on a quest to prevent a war between the worlds of ocean and land. With Nicole Kidman, Willem Dafoe and Patrick Wilson. (2018, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

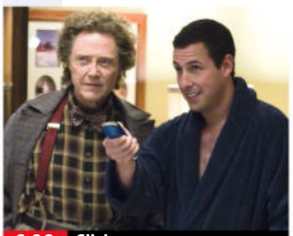
10.25 **Baby Driver** Action thriller starring Ansel Elgort and Kevin Spacey. A young getaway driver finds himself taking part in a heist doomed to fail. (2017, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Pompeii** Disaster movie. (2014, 12, 104min) ★★
2.20 **The Three Musketeers: Milady** Swashbuckling sequel. (2023, 12, 115min) ★★★★
4.20 **to 6.10** AM **Dragon Lord** Martial arts comedy thriller. (1982, 15, 102min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

6.55 AM **National Security** (2003)
8.35 **Bowfinger** Comedy. (1999, 12, 97min) ★★★★
10.25 **Brewster's Millions** Comedy. (1985, PG, 97min) ★★★
12.20 PM **Disaster Movie** Spoof comedy. (2008, 12, 86min) ★
2.00 **Borat Subsequent Moviefilm** Mockumentary. (2020, 15) ★
3.45 **Parenthood** Comedy drama. (1989, 15, 124min) ★★★★
6.00 **Click** Fantasy comedy. (2006, 12, 103min) ★★★★


6.00 Click

8.00 **The Sting** Oscar-winning comedy drama starring Paul Newman and Robert Redford as a pair of confidence tricksters in 1930s Chicago. With Robert Shaw. (1973, PG, 129min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **48 Hrs** Action comedy thriller starring Nick Nolte and Eddie Murphy. A cop springs a criminal from jail on a two-day pass to help him track down two escaped convicts. (1982, 15, 97min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **National Security** Crime comedy. (2003, 12, 88min) ★
1.40 AM **The Pink Panther** Crime caper. (1963, PG) ★★★★★
3.40 **Click** As shown at 6.00pm.
5.40 **to 7.45** AM **The Return of the Pink Panther** Comedy sequel. (1974, PG, 113min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.30 AM **Paradise Highway** (2022)
9.35 **Mona Lisa and the Blood...**
11.30 **Collateral** Michael Mann's thriller starring Tom Cruise. (2004, 15, 120min) ★★★★
1.40 PM **Miami Vice** Crime thriller. (2006, 15, 133min) ★★★★
4.00 **Paradise Highway** Thriller. (2022, 15, 115min) ★★★★
6.05 **Mona Lisa and the Blood Moon** Mystery thriller starring Ed Skrein and Jeon Jong-seo. (2021, 15, 106min) ★★★★

6.05 Mona Lisa and the Blood...

8.00 **Ocean's Eleven** Caper thriller starring George Clooney, Brad Pitt, Julia Roberts, Andy Garcia and Matt Damon. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **In the Line of Fire** Thriller starring Clint Eastwood as a veteran secret service agent trying to stop a killer assassinating the US president. With John Malkovich. (1993, 15, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Kill** Crime thriller. (2023, 15, 94min) ★★★
1.55 **Melancholia** Thriller. (1989, 15, 85min) ★★★
3.30 **Swallowed** Horror thriller. (2022, 18, 96min) ★★
5.10 **to 7.00** AM **The Lesson** Thriller with Daryl McCormack. (2023, 15, 103min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Blue Lamp** Drama. (1949, b/w, PG, 81min) ★★★★
12.45 PM **The Smallest Show on Earth** Vintage comedy. (1957, b/w, U, 80min) ★★★★
2.25 **First Men in the Moon** Sci-fi adventure starring Edward Judd. (1964, U, 99min) ★★★
4.30 **Starman** Sci-fi fantasy. (1984, PG, 115min) ★★★★
6.45 **Charlie's Angels** Comedy thriller. (2019, 12, 118min) ★★

4.30 Starman

Charlie's Angels (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Bloodshot** Sci-fi action thriller starring Vin Diesel, Eiza Gonzalez and Guy Pearce. A resurrected Marine with augmented abilities tries to solve a conspiracy that robbed him of the woman he loved. With Sam Heughan. (2020, 12, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.10 **The Innocents** Norwegian horror starring Rakel Lenora Flottum. During the summer, a group of children reveal their dark powers. Subtitled. (2021, 15, 117min) ★★★★
1.30 **to 4.00** AM **Miss Peregrine's Home for Peculiar Children** Fantasy adventure starring Eva Green and Asa Butterfield. (2016, 12, 127min) ★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Tom Cruise

302 302 402 502 516

7.05 AM **The Firm** Legal thriller. (1993, 15, 155min) ★★★
9.45 **Jack Reacher** As 12.15am.
12.00 NOON **Jack Reacher: Never Go Back** As 2.30am.
2.00 PM **Edge of Tomorrow** (2014)
4.00 **Collateral** Crime thriller. (2004, 15, 120min) ★★★★
6.00 **Days of Thunder** High-speed drama starring Tom Cruise. (1990, 15, 107min) ★★★

8.00 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise and Emily Blunt. A soldier fighting against an alien army is repeatedly killed and brought back to life to relive the same battle. (2014, 12, 113min) ★★★★
9.55 **Vanilla Sky** Romantic fantasy, a remake of the Spanish film *Open Your Eyes*, starring Tom Cruise. A wealthy young man's charmed life takes a bizarre turn after he meets the girl of his dreams. (2001, 15, 136min) ★★★

12.15 AM **Jack Reacher** Action thriller starring Tom Cruise as bestselling author Lee Child's vigilante hero. (2012, 15, 130min) ★★★
2.30 **Jack Reacher: Never Go Back** Action thriller sequel with Tom Cruise. (2016, 12, 118min) ★★★
4.30 **to 6.20** AM **Days of Thunder**

Sky Cinema Cult Classics

304 304 404 504 518

6.00 AM **Five Easy Pieces** (1970)
7.55 **High Noon** As 3.55am.
9.25 **Fords on Water** As 12.40am.
10.55 **Beverly Hills Cop 3** Comedy thriller sequel. (1994, 15) ★★
12.55 PM **The Naked Gun 33⅓: The Final Insult** Spoof sequel. (1994, 12, 83min) ★★★
2.35 **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★

4.45 **Revenge of the Pink Panther** Comedy sequel starring Peter Sellers. (1978, PG, 98min) ★★★
6.25 **Planes, Trains and Automobiles** Comedy starring Steve Martin and John Candy. (1987, 15, 92min) ★★★★★
8.00 **Airplane!** Spoof of air-disaster movies, starring Robert Hays. (1980, 12, 86min) ★★★★★
9.30 **Airplane II: The Sequel** Spoof sequel starring Robert Hays. (1982, 15, 81min) ★★★
11.00 **Revenge of the Pink Panther**

12.40 AM **Fords on Water** Comedy. (1983, 15, 83min) ★★★
2.05 **Five Easy Pieces** Cult drama. (1970, 15, 98min) ★★★★★
3.55 **High Noon** Vintage Western. (1952, b/w, U, 85min) ★★★★★
5.30 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

7.10 AM **Lego DC Comics Super Heroes: Justice League vs Bizarro League** (2015, U) ★★★
8.05 **Scooby-Doo! The Sword and the Scoob** (2021, PG) ★★★
9.30 **Extinct** Animated adventure. (2021, U, 84min) ★★★
11.05 **Rugrats in Paris** Animation. (2000, U, 79min) ★★★
12.35 PM **Smallfoot** Animation. (2018, U, 96min) ★★★

2.20 **Kung Fu Panda 2** Animation. (2011, PG, 90min) ★★★★
4.00 **Kung Fu Panda 3** Animation. (2016, PG, 95min) ★★★★
5.45 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
7.20 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
8.55 **The Swan Princess: The Secret of the Castle** Animated sequel. (1997, U, 89min) ★★
10.15 **Batman Unlimited: Animal Instincts** (2015, PG) ★★

11.40 **Spirit: Stallion of the Cimarron** Animation. (2002, U) ★★★
1.10 AM **Teen Titans Go! to the Movies** (2018, PG) ★★★
2.40 **Megamind vs The Doom Syndicate** (2024, U) ★★★
4.15 **to 6.00** AM **The Inseparables** Animation. (2023, U) ★★★

Movies 24

312 313 419

7.00 AM **Wedding of a Lifetime** Comedy. (2022, PG, 84min) ★★
9.00 **A Case for the Winemaker** Mystery. (2024, PG, 90min) ★★
11.00 **A Bridesmaid in Love** Comedy. (2022, PG, 87min) ★★
1.00 PM **A Pinch of Portugal** Drama. (2023, PG, 84min) ★★
3.00 **3 Bed, 2 Bath, 1 Ghost** Supernatural romantic comedy. (2023, PG, 84min) ★★

5.00 **Love On Your Doorstep** Drama. (2023, PG, 86min) ★★
7.00 **Be Mine, Valentine** Romantic comedy starring Kaitlyn Leeb. (2022, PG, 90min) ★★
9.00 **My Argentine Heart** Romantic comedy with Julie Gonzalo and Juan Pablo Di Pace. A business strategist returns to her home in Argentina to discover her ex intends to buy her family's ranch. (2025, PG, 84min) ★★
11.00 **Betty's Bad Luck in Love** Comedy. (2024, PG, 84min) ★★

1.00 AM **Heart of the Manor** Romantic comedy with Ashlynn Yennie. (2021, PG, 85min) ★★
3.00 **to 5.00** AM **Love Served Here** Romantic drama starring Eva Tavares. (2023, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Men Against The Sun** Adventure. (1953, b/w, PG) ★★★
7.10 **Hindle Wakes** Romantic drama. (1952, b/w, PG, 88min) ★★
8.55 **Stage 7** 9/25. (S1)
9.25 **Those People Next Door** Comedy. (1952, b/w, U) ★★★
11.00 **The Arsenal Stadium Mystery** Thriller. (1939, b/w, PG) ★★★
12.45 PM **Rebecca** 2/2. Drama.
2.45 **What's On TPTV with Noel**

3.00 **The Writing on the Wall**
3.35 **This Happy Breed** Noël Coward's sentimental saga. (1944, U, 114min) ★★★★
5.50 **The Super Secret Service**
6.15 **Journey to the Center of the Earth** Fantasy. (1989, PG) ★
7.50 **Scotland Yard**
8.25 **Strange But True**
9.00 **Cellar Club with Caroline Munro**
9.05 **Doomwatch** 10/13. (S2)
10.05 **Cellar Club with Caroline Munro**
10.10 **Woman Who Came Back** Horror. (1945, b/w, PG, 67min) ★★★

11.30 **Cellar Club with Caroline Munro**
11.35 **Dr Phibes Rises Again** Horror sequel. (1972, 15, 89min) ★★★
1.25 AM **Elmer Gantry** Drama. (1960, PG, 146min) ★★★★★
4.25 **Castle Sinister** Horror chiller. (1948, b/w, PG, 49min) ★★★
5.30 **to 6.00** AM **Time to Remember**

Friday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Total Football**
1.00 PM **LIVE PGA Championship Golf** Coverage of the second day of the second Major of the year at Quail Hollow Club in Charlotte, North Carolina. American golfers have dominated this event with the last nine winners coming from the United States.
7.00 **LIVE FNF Chelsea v Manchester United.** Coverage of the Premier League match from Stamford Bridge. The hosts are looking for another three points as they aim to finish in the top five and earn a place in next year's Champions League, while the visitors are struggling in the bottom half of the league. The hosts have only beaten the Red Devils twice in the last 10 meetings but six of those games have ended in draws. Kick-off **8.00pm**.
10.30 **LIVE PGA Championship Golf** Further coverage of day two of the second Major of the year at Quail Hollow Club in Charlotte.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **Total Football** Live press conferences and interviews.
5.00 PM **Premier League Best Goals**
6.00 **The Big Interview** Featuring a star of the past or present.
6.30 **Premier League Preview** A look ahead to the weekend's matches.
7.00 **LIVE FNF Chelsea v Manchester United.** Coverage of the Premier League match staged at Stamford Bridge. The hosts are looking for another important three points as they aim to finish in the top five and earn a place in next year's Champions League. Kick-off **8.00pm**.
11.00 **The Big Interview**
11.30 **Premier League Stories**
12.00 M'T **FNF** Highlights from Chelsea v Manchester United.
12.30 AM **Gary Neville's Soccerbox**
1.00 **PL Retro** Crystal Palace v Liverpool in the 2013/14 season.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2017/18 play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2018 final.
12.00 NOON **EFL** League One.
2.00 PM **Scottish Premiership Round-Up** Top flight action.
2.15 **SPFL Highlights**
2.30 **Bundesliga Weekly**
3.00 **EFL Highlights**
5.00 **Bundesliga Weekly**
5.30 **Scottish Premiership Round-Up**
5.45 **SPFL Highlights**
6.00 **EFL Highlights** Play-offs.
7.30 **LIVE EFL** Coverage of the first League Two play-off semi-final second-leg, with the team who finished fourth in the table hosting the side who finished seventh. Kick-off **8.00pm**.
10.45 **EFL Highlights** Highlights from the second League One play-off semi-final second-leg.
11.15 **EFL Greatest Games**
12.00 M'T **EFL Highlights**
12.30 AM **EFL Cup Retro**
2.30 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **Best Scottish Premiership Goals 2022/23**
5.30 **to 6.00** AM **Best Scottish Premiership Goals 2023/24**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** Mumbai Indians v Delhi Capitals from Wankhede Stadium.
10.10 **Ashes Greats** Action from 2001.
10.30 **Best of ICC WT20**
11.00 **IPL** Recent highlights from India.
2.50 PM **LIVE IPL Rajasthan Royals v Punjab Kings.** The T20 match at Sawai Mansingh Stadium. These two sides met last season in a low-scoring affair as the Kings came away with a five-wicket victory. The Royals made 144-9 in their 20 overs as Sam Curran took 2-24 in his three overs to restrict Rajasthan. The England international then led the way with the bat as he made 63 from 41 balls as Punjab chased down their total with seven balls to spare.
7.00 **LIVE Pakistan Super League** The second eliminator match from Gaddafi Stadium, Lahore.
8.00 **Best of ICC WT20**
9.00 **IPL** Action from Rajasthan Royals v Punjab Kings in Jaipur. **10.00** Royal Challengers Bengaluru v Sunrisers Hyderabad.
11.00 **Pakistan Super League**
12.00 M'T **IPL** Recent action from India.
5.10 AM **Ashes Greats** Player profiles.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Championship**
7.00 **PGA Champs Official Film 2019**
8.00 **PGA Championship**
9.00 **HotelPlanner Tour**
9.30 **DP World Tour**
10.00 **PGA Championship**
11.00 **PGA Champs Official Film 2000** From Valhalla Golf Club.
12.00 NOON **PGA Championship**
1.00 PM **LIVE PGA Championship** Coverage of the second day of the second Major of the year staged at Quail Hollow Club in Charlotte, North Carolina.
12.00 M'T **HotelPlanner Tour**
12.30 AM **DP World Tour**
1.00 **PGA Champs Official Film 2000** From Valhalla Golf Club.
2.00 **Golf Academy** Rory McIlroy.
3.00 **PGA Championship**
4.00 **PGA Champs Official Film 2012**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **ATP Tour This Week**
10.30 **WTA & ATP Tennis**
12.30 PM **LIVE WTA & ATP Tennis** Coverage of the 11th day of the Internazionali BNL d'Italia staged at Foro Italico in Rome, featuring the men's semi-finals.
10.00 **ATP Tennis** A recent final.
11.00 **WTA & ATP Tennis**
3.00 AM **Billie Jean King: My Story**
3.15 **Martina Navratilova: Unstoppable** An interview.
3.30 **ATP Sizzle Reel 2024**
3.45 **WTA Sizzle Reel 2024**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Cycling: Men's Giro d'Italia**
7.00 **The Breakaway** Analysis.
7.30 **Premier League Netbusters**
8.00 **Premier League: Big Interview**
8.30 **TNT Sports Reload**
9.00 **AFL** Suns v Hawks.
10.30 **LIVE AFL Sydney Swans v Carlton Blues.** At Sydney Cricket Ground. Bouce-up **10.40am**.
1.30 PM **LIVE Cycling: Men's Giro d'Italia** The seventh stage of the race in Italy, a 168km route from Castel di Sangro to Tagliacozzo.
5.00 **The Fantasy Show**
5.30 **NBA on Fire** The latest news.
6.00 **Premier League Netbusters**
6.30 **Premier League Preview**
7.00 **LIVE Gallagher Premiership Rugby Union Sale Sharks v Bristol Bears.** Coverage of the match from Salford Community Stadium. Kick-off **7.45pm**.
10.00 **UEFA Champions League**
10.30 **FIA World Endurance Championship Highlights**
11.30 **NBA on Fire** The latest news.
12.00 M'T **NBA** A play-off match.
1.30 AM **LIVE NBA** A play-off match.
4.00 **NBA Action** Highlights.
4.30 **World Rally Championship**
5.00 **to 6.00** AM **British Speedway**

TNT Sports 2

411 414 522 409 431

6.00 AM **British Speedway**
7.00 **MotoE Highlights**
7.30 **MotoGP Highlights**
8.30 **Superbike World Championship**
9.30 **LIVE Superbike World Championship** Coverage from the fifth round of the season.
10.30 **Superbike World Championship**
12.30 PM **Superbike Rewind**
12.45 **LIVE Superbike World Championship** Coverage from the fifth round of the season at Autodrom Most, Czech Republic.
3.30 **NBA** A play-off match.
5.00 **FIA World Endurance Championship Highlights**
6.00 **MotoGP Rewind**
6.15 **MLB Highlights**
7.15 **LIVE MLB Chicago Cubs v Chicago White Sox.** From Wrigley Field. Start-time **7.20pm**.
10.30 **V8 Supercars Highlights**
12.30 AM **Premier League Preview**
1.00 **LIVE NWSL Orlando Pride v Kansas City Current.** From Inter & Co Stadium. Kick-off **1.00am**.
3.15 **Ally's Social Club**
4.00 **to 7.00** AM **LIVE AFL Collingwood Magpies v Adelaide Crows.** Coverage from Melbourne. Bounce-up **4.20am**.

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night** Highlights.
8.00 **LIVE Super Rugby Hurricanes v Highlanders.** From Sky Stadium. Kick-off **8.05am**.
10.00 **Super League Highlights**
10.30 **LIVE Super Rugby NSW Waratahs v Crusaders.** Coverage from Allianz Stadium in Sydney. Kick-off **10.35am**.
12.30 PM **Premier League Darts**
4.30 **Women's State of Origin**
4.45 **Super League Highlights**
5.00 **LIVE Women's Super League Wigan Warriors v York Valkyrie.** Coverage of the match from the Brick Community Stadium. Kick-off **5.30pm**.
7.30 **LIVE Super League Wigan Warriors v Leigh Leopards.** Coverage from the 11th round of fixtures at the Brick Community Stadium. Kick-off **8.00pm**.
10.15 **Women's State of Origin**
10.30 **One Championship Weekly**
11.00 **Women's Super League**
1.30 AM **Super League**
4.15 **My Icon** Sporting influences.
4.35 **to 6.00** AM **LIVE Super Rugby Fijian Drua v Western Force.** From Churchill Park in Lautoka, Fiji. Kick-off **4.35am**.

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News** Round-up of the sports news, with live analysis and comment, plus interviews with the headline-makers.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages and a sporting weather forecast.
10.00 **Total Football** A definitive take from the managers and players themselves, with live press conferences ahead of the Premier League weekend to come.
5.00 PM **LIVE Women's Super League Wigan Warriors v York Valkyrie.** Coverage of the match from the opening round of fixtures at the Brick Community Stadium. Kick-off **5.30pm**.
7.30 **LIVE Super League Wigan Warriors v Leigh Leopards.** Coverage from the 11th round of fixtures at the Brick Community Stadium. Kick-off **8.00pm**.
10.15 **Super League Highlights** Wigan Warriors v Hull Kingston Rovers in the 2024 Grand Final.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **IPL** Recent highlights from India.
9.00 **Premier League Darts**
1.00 PM **PDC Classics**
1.30 **Best of ICC WT20**
2.00 **Pakistan Super League**
3.50 **LIVE Pakistan Super League** The second eliminator match from Gaddafi Stadium, Lahore.
8.00 **Best of ICC WT20**
8.30 **Ashes Greats** Archive action.
9.00 **PGA Championship Golf**
10.00 **DP World Tour Golf**
10.30 **IPL** Recent highlights.
11.30 **Pakistan Super League**
12.30 AM **Women's Super League**
3.15 **to 6.00** AM **Super League**

TNT Sports 3

413 415 523 410 432

6.00 AM **Formula E** Highlights.
8.00 **LIVE Formula E World Championship** The Tokyo ePrix.
9.00 **FIA World Endurance Championship Highlights**
10.00 **UEFA Champions League**
10.30 **Cycling: Men's Giro d'Italia**
11.30 **LIVE Cycling: Men's Giro d'Italia** The seventh stage.
5.00 PM **MLB Highlights**
6.00 **AFL** Sydney Swans v Carlton Blues.
7.30 **TNT Sports Reload**
8.00 **NBA** A play-off match.
9.30 **Cycling: Men's Giro d'Italia**
10.30 **The Breakaway** Analysis.
11.00 **Men's Cycling Pro Series**
12.00 M'T **LIVE Formula E World Championship** Tokyo ePrix second free practice session.
1.00 AM **World Rally Championship**
1.30 **European Rally Championship**
2.00 **LIVE Formula E World Championship** The Tokyo ePrix qualifying session.
4.00 **to 6.00** AM **V8 Supercars**

TNT Sports 4

414 416 524 411 434

6.00 AM **MLB: Off the Bat**
6.30 **FIA World Endurance Championship Highlights**
7.30 **LIVE World Rally Championship** Rally de Portugal.
8.30 **European Rally Championship**
9.00 **LIVE World Rally Championship** Rally de Portugal.
12.30 PM **Serie A – Full Impact**
1.00 **LIVE World Rally Championship** Rally de Portugal.
4.15 **Ally's Social Club**
5.00 **LIVE World Rally Championship** Rally de Portugal.
6.00 **TNT Sports Reload**
6.30 **LIVE World Rally Championship** Rally de Portugal.
8.15 **NBA on Fire** The latest news.
8.45 **Fight Week** UFC 315 review.
9.15 **Motorsport Highlights**
10.45 **Rugby Union**
2.00 AM **Cycling: Giro d'Italia**
3.30 **MotoGP Highlights**
4.30 **UEFA Champions League**
5.30 **to 6.00** AM **TNT Sports Reload**

Premier Sports 1

419 551

6.00 AM **World Surf League**
7.00 **Transworld Sport** Magazine.
8.00 **Euro Le Mans Highlights**
9.00 **LaLiga Highlights**
10.00 **DTM Highlights**
11.00 **NASCAR Highlights**
12.00 NOON **World Surf League**
1.00 PM **Scottish Football Social Club**
2.00 **British Minibikes**
4.00 **Top 14 Rugby Union Highlights**
4.30 **URC in 60** Highlights from the latest round of fixtures.
5.30 **LIVE United Rugby Championship Stormers v Cardiff.** Coverage from DHL Stadium. Kick-off **6.00pm**.
7.55 **LIVE United Rugby Championship Munster v Benetton.** Coverage from Virgin Media Park. Kick-off **8.00pm**.
10.30 **Sporting Greats**
11.00 **LaLiga** A Spanish top-flight game.
1.00 AM **NHL Tonight**
2.00 **to 6.00** AM **LIVE NHL Ice Hockey** A play-off match.

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
7.00 **Top 14 Rugby Union**
9.00 **Football's Greatest**
9.30 **LaLiga** Real Madrid v Mallorca.
11.30 **Coppa Italia** Bologna v AC Milan.
1.30 PM **Bike World** Magazine.
2.00 **LaLiga News**
2.30 **Football's Greatest**
3.00 **United Rugby Championship** A replay of Leinster v Zebre. **5.00** Another chance to see Connacht v Edinburgh.
7.00 **LIVE United Rugby Championship Edinburgh v Ulster.** Coverage from the Hive Stadium. Kick-off **7.35pm**.
10.00 **URC Match Highlights**
11.00 **NHL Tonight** Highlights from the previous evening's NHL action.
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Temples of Sport**
3.30 **Football's Greatest**
4.00 **to 6.00** AM **United Rugby Championship**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **F1 Academy**
6.30 **Formula 1** Miami Grand Prix.
7.30 **F1 Drivers Press Conference**
8.10 **Formula 1** Highlights.
8.45 **F1 Feature**
8.50 **LIVE Formula 3** Emilia Romagna Grand Prix practice session.
9.45 **F1 Features**
10.00 **LIVE Formula 2** Emilia Romagna Grand Prix practice session.
11.00 **F1 Drivers Press Conference**
11.40 **Formula 1** Highlights.
12.00 NOON **LIVE Formula 1** Emilia Romagna Grand Prix first practice.
2.00 **LIVE Formula 3** Emilia Romagna Grand Prix qualifying session.
2.45 **Formula 1** Highlights.
2.55 **LIVE Formula 2** Emilia Romagna Grand Prix qualifying session.
3.40 **LIVE Formula 1** Emilia Romagna Grand Prix second practice session.
5.15 **The F1 Show** A look ahead.
6.15 **LIVE Indycar** Indianapolis 500.
11.00 **The F1 Show**
12.00 M'T **Formula 1** Emilia Romagna.
2.25 AM **F1 Feature**
2.30 **Formula 1** Highlights.
3.55 **F1 Feature**
4.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

PREMIERE

sky cinema Rebellious

Available from Sunday, Sky Premiere

It's a fairytale as old as time: princess - tick; handsome suitor and his faithful steed - tick; an evil sorceror and a dragon - tick, tick.

No need to worry, though - this story has been updated for a new generation of wannabe princesses and their princes. Princess Mina hatches her own plans to free herself after she's kidnapped, while husband-to-be Ronan uses his brains rather than his brawn to help out.

With obvious nods to some Disney classics - it's fun trying to spot them all! - this is great fun.

NETFLIX The Super Mario Bros. Movie

Available now, Netflix

If you've not yet caught this animated adventure based on the super popular Nintendo game, you have a powered-up treat in store!

Brothers Mario and Luigi (voiced by Chris Pratt and Charlie Day) are pulled into the virtual Mushroom Kingdom, where they have to help Princess Peach (Anya Taylor-Joy) defeat the evil Bowser (Jack Black).

More great shows to watch this week...

Blue Peter: Epic Sport Special

Friday, 5pm, CBBC & BBC iPlayer

The team are joined by one of the fastest swimmers on the planet, Adam Peaty, and Lioness Ella Toone answers questions from viewers.

Megamind Rules!

Available now, ITVX

Based on the 2010 animated feature from Dreamworks, this fun series follows alien Megamind as he defends the Metro City with his friends, Ol' Chum and Keiko, while juggling his life as a online influencer.

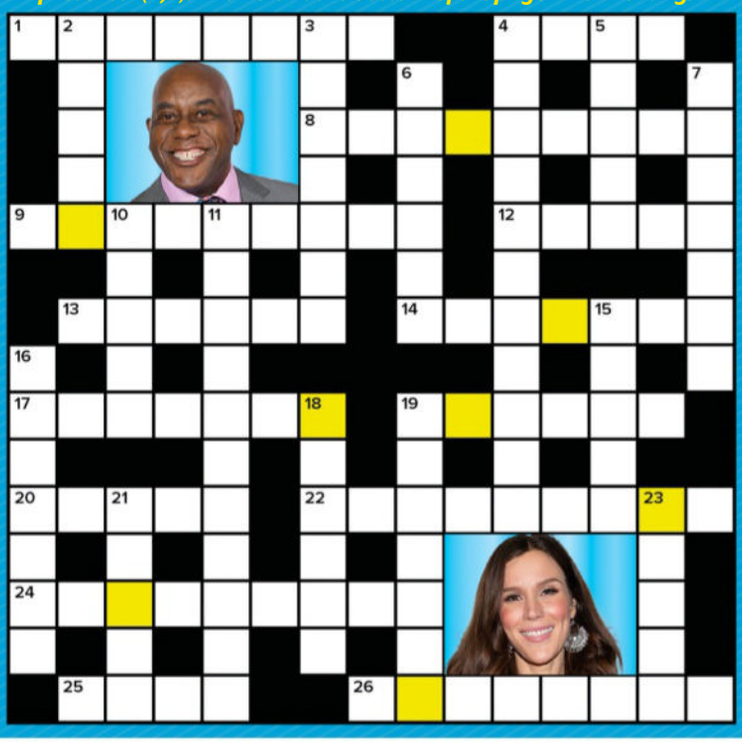
Toy Story 4

Available now, Disney+

Tom Hanks has been teasing us with pictures showing *Toy Story 5* - due in cinemas in June 2026 - is in production, so we have to get our fix of Woody, Buzz, Bo and their friends!

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out the name of an English TV presenter (4,4). Answers at the bottom of the page – no cheating!



ACROSS

1 See picture clue: English chef, Ainsley -------- (8)
4 2016 Gerard Butler film, ---- *of Egypt* (4)
8 Netflix comedy drama with Ricky Gervais (5,4)
9 Singer and former coach on reality show *The Voice UK*, Danny -'------ -- (1,8)
12 2004 movie with Daniel Craig, ----- *Cake* (5)
13 90s US sitcom, *The Fresh Prince of* --- --- (3-3)
14 Singer of *New York, New York*, Frank ------- (7)
17 Film about Mozart that won the Best Picture Academy Award in 1985 (7)
19 English actor from 2002 movie *Gosford Park*, Dame Eileen ------ (6)
20 *Ted* -----, sitcom starring Jason Sudeikis (5)
22 Psychological thriller from 1946 with George Brent, *The Spiral* --------- (9)
24 2011 drama starring Ryan Gosling, John Doman and Michelle Williams, *Blue* --------- (9)
25 Presenter, ---- Roslin (4)
26 Cyborg enemies in sci-fi series *Doctor Who* (8)

DOWN

2 Pop group with Nadine Coyle, Kimberley Walsh and Cheryl, Girls ----- (5)
3 Cameron Diaz film from 2011, *Bad* ------- (7)
4 Ex-footballer and *Match of the Day* host (4,7)
5 ----- Haggard, *Back to Life* actor/co-writer (5)
6 *The* ------, 2001 thriller with Christopher Eccleston and Nicole Kidman (6)
7 Star of cult 1999 romcom *You've Got Mail* (3,4)
10 *A Night at the* -----, 1975 Queen album (5)
11 2014 film starring Meryl Streep and Julia Roberts, *August:* ----- ------ (5,6)
15 Played EastEnder Rainie Cross, ----- Franks (5)
16 Russian prima ballerina, Anna ------- (7)
18 ------ Hampele, starred as Georgia Brooks in Aussie soap *Neighbours* (6)
19 Classic Steve Guttenberg comedy movie from 1984, *Police* ------- (7)
21 Star of 2003 biopic *Frida*, ----- Hayek (5)
23 See picture clue: English singer, Joss ----- (5)

WORDS BY LYNETTE BRIGHTON. PHOTOS: SHUTTERSTOCK, SKY CINEMA, NETFLIX, DISNEY+.

CROSSWORD SOLUTION

ANSWER: Tess Daly **ACROSS:** 1 Harriott 4 Gods 8 After Life 9 O'Donoghue 12 Layer 13 Bel-Air 14 Sinatra 17 Amadeus 19 Atkins 20 Lasso 22 Staircase 24 Valentine 25 Gaby 26 Cybermen **DOWN:** 2 Aloud 3 Teacher 4 Gary Lineker 5 Daisy 6 Others 7 Meg Ryan 10 Opera 11 Osage County 15 Tanya 16 Pavlova 18 Saskia 19 Academy 21 Salma 23 Stone

Coming soon

Celia Imrie, Sir Ben Kingsley, Dame Helen Mirren and Pierce Brosnan as Joyce, Ibrahim, Elizabeth and Ron

FIRST LOOK

The Thursday Murder Club

A starry cast play **OAP detectives** in a clever whodunnit

Here's an early look at Netflix's much-anticipated adaptation of Richard Osman's novel *The Thursday Murder Club*.

Available from Thursday 28 August, the film, directed by Chris Columbus and produced by Steven Spielberg, is based on the first of Osman's bestselling whodunnits about a group of pensioners who come together to try to crack unsolved crimes.

Dame Helen Mirren plays former spy Elizabeth, alongside Celia Imrie as one-time nurse Joyce, Pierce Brosnan as ex-union worker Ron, and Sir Ben Kingsley as retired psychiatrist Ibrahim. But when a body is discovered on the grounds of their retirement community, the quartet face danger as they battle to unmask the killer.

UNDERESTIMATED

Naomi Ackie co-stars as local cop Donna De Freitas, who befriends the senior-citizen sleuths. Meanwhile, Henry Lloyd-Hughes is enigmatic Bogdan, Sir Jonathan Pryce is Elizabeth's husband, Tom Ellis is Ron's son Jason, Ingrid Oliver is Joyce's daughter Joanna, David Tennant is Ian Ventham, who owns the retirement village, and Richard E. Grant, Daniel Mays and Paul Freeman also star.

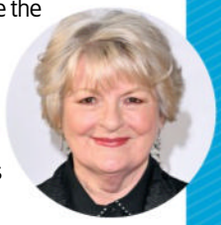
'These people are so overlooked. The idea that with their wisdom and invisibility [they] would be the perfect people to solve [a crime], is where *The Thursday Murder Club* comes from,' says Osman. 'Take these people who are underestimated but who have these incredible skills, put them together, and they can achieve anything.'

Lloyd-Hughes as Bogdan

WHAT'S NEXT FOR...

Brenda Blethyn

C4's adaptation of Barbara Taylor Bradford's novel **A Woman of Substance** will see the actor play driven Emma Harte, who moves from rags to riches across the 20th century. Jessica Reynolds is the young Emma.

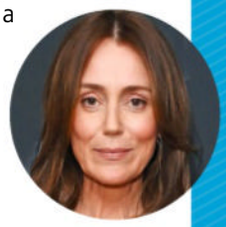


Sam Claflin

In U&Drama's version of Alexandre Dumas' **The Count of Monte Cristo**, the actor will portray a sailor who escapes prison and assumes an aristocratic identity before undertaking a vengeful mission.

Keeley Hawes

The actor will star in C4's drama **Falling**, penned by Jack Thorne, in which she plays a nun who starts to have feelings for a Catholic priest (Paapa Essiedu). Rakie Ayola and Jason Watkins also appear.



Coming Back

U&W's **Pete Wicks: For Dogs' Sake** is returning for a Christmas special and two more series, which will once again see the presenter work with staff and volunteers at Dogs Trust to help rescue canines find forever homes.

Next week — On sale Tuesday 13 May

Fountain of Youth

In Apple TV+'s action film, John Krasinski and Natalie Portman play siblings on an epic quest.

Code of Silence

ITV1's thriller sees Rose Ayling-Ellis as a deaf woman helping the police nail a criminal gang.

Eurovision

As the grand final gets under way in Basel on BBC1, Remember Monday fly the flag for the UK.

The Bombing of Pan Am 103

Connor Swindells and Lauren Lyle star in the BBC1 drama.

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